

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Girls 8 & Under 25 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Qualley, Reagan	8	Greater Des Moines YMCA-IA	16.96	16.85
2	Lamb, Addi	8	Greater Des Moines YMCA-IA	16.91	16.91
3	Harbert, Audrey	8	Central Iowa Aquatics-IA	17.68	17.04
4	Pedersen, Sam	8	Carroll Area Swim Team-IA	18.06	17.47
5	Cochran, Delaney	8	Central Iowa Aquatics-IA	17.68	17.68
6	Textor, Whitney (Whit)	7	Des Moines Swimming Federation-IA	18.70	18.00
7	Feld, Addy	8	Central Iowa Aquatics-IA	17.90	18.60
8	Bry, Emma	8	Mason City Swim Club-IA	19.70	19.07
9	Spear, Lilliana	8	Dowling Catholic Riptide-IA	17.36	19.60
10	Moore, Eliza	8	Des Moines Swimming Federation-IA	21.31	20.48
11	Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	19.03	20.57
12	Peshak, Fiona	8	Des Moines Swimming Federation-IA	22.06	20.76
13	Satterstrom, Nicolette	8	Dowling Catholic Riptide-IA	21.29	21.01
14	Kellenberger, Audrey	8	Greater Des Moines YMCA-IA	18.33	21.10
15	Collins, Miriam	8	Ames Cyclone Aquatics Club-IA	21.13	21.16
16	Schweers, Genevieve	7	Swordfish Academy-IA	21.40	21.28
17	Funke, Clara	8	Dowling Catholic Riptide-IA	22.88	21.30
18	Cramer, Alena	8	Greater Des Moines YMCA-IA	21.23	21.79
19	Freeseman, Josie	8	Dowling Catholic Riptide-IA	NT	21.86
20	Vallas, Effie	8	Central Iowa Aquatics-IA	21.28	21.94
21	Novelo, Raegan	7	South East Aquatics-IA	24.44	22.39
22	Thomas, Olivia	8	Rams Swim Club-IA	23.16	22.44
23	Baugh, Raylee	8	Carroll Area Swim Team-IA	24.22	22.60
24	Koziol, Alex	8	Johnston Blaze Swim Club-IA	NT	22.91
25	Jordison, Avery	7	Fort Dodge Area Swim Team-IA	NT	23.03
26	Johnson, Kyla	8	Dowling Catholic Riptide-IA	22.46	23.18
27	Torstenson, Syd	8	Greater Des Moines YMCA-IA	21.56	23.30
28	Menninga, Mabel	8	South East Aquatics-IA	25.11	23.72
29	Howe, Mollie	7	Central Iowa Aquatics-IA	25.31	24.06
30	Carter, Gigi	8	Dowling Catholic Riptide-IA	23.06	24.25
31	Frierott, Parker	8	Dowling Catholic Riptide-IA	26.06	24.36
32	Lukenbill, Vivi	8	Des Moines Swimming Federation-IA	25.66	24.54
33	Steck, Noelle	7	Fort Dodge Area Swim Team-IA	33.33	25.66
34	Daniel, Brinley	8	Carroll Area Swim Team-IA	21.42	25.67
35	Harvey, Lillybeth	7	Greater Des Moines YMCA-IA	24.86	25.88
36	Parriott, MJ	7	Dowling Catholic Riptide-IA	24.92	26.14
37	Blocker, Kiersten	8	Central Iowa Aquatics-IA	32.50	26.62
38	Mueggenberg, McKenna	7	Carroll Area Swim Team-IA	26.33	26.96
39	Hornung, Addy	6	Greater Des Moines YMCA-IA	24.59	27.37
40	Huitink, Allie	8	South East Aquatics-IA	24.51	27.76
41	Nieto, Emma	7	Dowling Catholic Riptide-IA	28.96	27.79
42	Luttgeharm, Elaina	7	Central Iowa Aquatics-IA	26.20	27.99
43	Wailes, Lydia	7	Greater Des Moines YMCA-IA	26.02	28.16
44	Bellcock, Breckyn	6	Carroll Area Swim Team-IA	27.02	28.21
45	Tews, Kallie	7	Fort Dodge Area Swim Team-IA	NT	28.46
46	Warg-Farver, Paige	6	Swordfish Academy-IA	29.77	28.75
47	Klaassen, Elly	7	Fort Dodge Area Swim Team-IA	NT	29.01
48	Lewis, Rylee	8	Central Iowa Aquatics-IA	28.59	29.11
49	Hemberger, Clara	8	Dowling Catholic Riptide-IA	33.42	30.23

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****(Girls 8 & Under 25 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
50	Thoreson, Vera	8	Des Moines Swimming Federation-IA	NT	31.72
51	Lux, Mary	7	Ames Cyclone Aquatics Club-IA	29.75	32.16
52	Brown, Inez	8	Dowling Catholic Riptide-IA	29.64	32.64
53	Huitink, Katelyn	6	South East Aquatics-IA	29.97	33.10
54	Carter, Haley	6	Carroll Area Swim Team-IA	27.96	35.21
55	Kitt, Hattie	8	Carroll Area Swim Team-IA	34.25	35.45
56	Basmajian, Ines	7	Ames Cyclone Aquatics Club-IA	35.37	36.69
57	Mathews, Ingrid	7	Ames Cyclone Aquatics Club-IA	32.75	36.74
58	Johnson, Ali	8	Fort Dodge Area Swim Team-IA	NT	40.90
59	Bry, Chloe	6	Mason City Swim Club-IA	NT	44.37
---	Lamoreux, Hazel	8	Greater Des Moines YMCA-IA	19.36	NS
---	Kakacek, Liv	7	Fort Dodge Area Swim Team-IA	NT	NS
---	Bean, Sage	8	Rams Swim Club-IA	23.62	SCR

Girls 8 & Under 50 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Lamb, Addi	8	Greater Des Moines YMCA-IA	36.76	38.28
2	Textor, Whitney (Whit)	7	Des Moines Swimming Federation-IA	40.57	39.19
3	Smith, Hayden	8	Des Moines Swimming Federation-IA	40.76	39.45
4	Harbert, Audrey	8	Central Iowa Aquatics-IA	41.55	39.85
5	Pedersen, Sam	8	Carroll Area Swim Team-IA	41.35	40.41
6	McNichols, Madilyn	8	Dowling Catholic Riptide-IA	40.96	40.88
7	Feld, Addy	8	Central Iowa Aquatics-IA	39.09	40.92
8	Holcomb, Kyla	8	Central Iowa Aquatics-IA	42.13	42.39
9	Kellenberger, Audrey	8	Greater Des Moines YMCA-IA	42.71	42.87
10	Moore, Eliza	8	Des Moines Swimming Federation-IA	48.60	45.33
11	Bry, Emma	8	Mason City Swim Club-IA	43.59	47.57
12	Schweers, Genevieve	7	Swordfish Academy-IA	NT	48.24
13	Peshak, Fiona	8	Des Moines Swimming Federation-IA	49.18	49.22
14	Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	44.40	49.42
15	Johnson, Kyla	8	Dowling Catholic Riptide-IA	52.59	49.45
16	Torstenson, Syd	8	Greater Des Moines YMCA-IA	49.22	49.77
17	Koziol, Alex	8	Johnston Blaze Swim Club-IA	NT	50.50
18	Cramer, Alena	8	Greater Des Moines YMCA-IA	48.45	50.75
19	Jordison, Avery	7	Fort Dodge Area Swim Team-IA	54.62	50.84
20	Frierott, Parker	8	Dowling Catholic Riptide-IA	56.77	50.92
21	Funke, Clara	8	Dowling Catholic Riptide-IA	54.94	51.15
22	Baugh, Raylee	8	Carroll Area Swim Team-IA	57.60	51.78
23	Lukenbill, Vivi	8	Des Moines Swimming Federation-IA	56.18	52.47
24	Burdick, Lena	7	Dowling Catholic Riptide-IA	55.58	53.75
25	Menninga, Mabel	8	South East Aquatics-IA	54.97	54.11
26	Daniel, Brinley	8	Carroll Area Swim Team-IA	52.53	54.53
27	Harvey, Lillybeth	7	Greater Des Moines YMCA-IA	56.15	54.99
28	Steck, Noelle	7	Fort Dodge Area Swim Team-IA	1:07.34	56.45
29	Howe, Mollie	7	Central Iowa Aquatics-IA	1:04.88	59.78
30	Nieto, Emma	7	Dowling Catholic Riptide-IA	1:07.65	1:01.48
31	Parriott, MJ	7	Dowling Catholic Riptide-IA	1:11.50	1:01.80
32	Huitink, Allie	8	South East Aquatics-IA	58.07	1:02.95
33	Mueggenberg, McKenna	7	Carroll Area Swim Team-IA	1:08.59	1:03.90
34	Luttgeharm, Elaina	7	Central Iowa Aquatics-IA	1:04.65	1:04.77

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 8 & Under 50 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
35	Tews, Kallie	7	Fort Dodge Area Swim Team-IA	NT	1:08.99
36	Brown, Inez	8	Dowling Catholic Riptide-IA	NT	1:13.62
37	Klaassen, Elly	7	Fort Dodge Area Swim Team-IA	NT	1:15.91
38	Huitink, Katelyn	6	South East Aquatics-IA	NT	1:15.96
39	Wailles, Lydia	7	Greater Des Moines YMCA-IA	59.63	1:17.86
40	Johnson, Ali	8	Fort Dodge Area Swim Team-IA	NT	1:24.07
41	Bry, Chloe	6	Mason City Swim Club-IA	NT	1:31.55
---	Lamoreux, Hazel	8	Greater Des Moines YMCA-IA	48.75	NS
---	Kakacek, Liv	7	Fort Dodge Area Swim Team-IA	45.86	NS
---	Bean, Sage	8	Rams Swim Club-IA	55.16	SCR

Girls 8 & Under 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Lamb, Addi	8	Greater Des Moines YMCA-IA	1:25.50	1:25.13
	39.08			1:25.13 (46.05)	
2	Smith, Hayden	8	Des Moines Swimming Federation-IA	1:29.80	1:25.77
	42.62			1:25.77 (43.15)	
3	Pedersen, Sam	8	Carroll Area Swim Team-IA	1:35.25	1:29.25
	41.85			1:29.25 (47.40)	
4	McNichols, Madilyn	8	Dowling Catholic Riptide-IA	1:29.45	1:31.24
	42.18			1:31.24 (49.06)	
5	DeYoung, Taelyn	8	Fort Dodge Area Swim Team-IA	1:35.78	1:33.46
	43.82			1:33.46 (49.64)	
6	Holcomb, Kyla	8	Central Iowa Aquatics-IA	1:42.91	1:35.93
	48.11			1:35.93 (47.82)	
7	Bry, Emma	8	Mason City Swim Club-IA	1:42.25	1:38.78
8	Kellenberger, Audrey	8	Greater Des Moines YMCA-IA	1:41.58	1:39.80
	45.27			1:39.80 (54.53)	
9	Cramer, Alena	8	Greater Des Moines YMCA-IA	1:57.15	1:51.28
	53.65			1:51.28 (57.63)	
10	Thomas, Olivia	8	Rams Swim Club-IA	2:35.94 L	2:05.18
	55.85			2:05.18 (1:09.33)	
11	Carter, Gigi	8	Dowling Catholic Riptide-IA	1:56.22	2:12.35
12	Huitink, Allie	8	South East Aquatics-IA	NT	2:18.85
13	Hornung, Addy	6	Greater Des Moines YMCA-IA	2:25.59	2:19.21
---	Kakacek, Liv	7	Fort Dodge Area Swim Team-IA	1:48.33	NS

Girls 8 & Under 25 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Lamb, Addi	8	Greater Des Moines YMCA-IA	19.61	20.27
2	Freeseman, Josie	8	Dowling Catholic Riptide-IA	23.22	20.80
3	DeYoung, Taelyn	8	Fort Dodge Area Swim Team-IA	22.44	20.83
4	Cochran, Delaney	8	Central Iowa Aquatics-IA	21.16	21.29
5	Textor, Whitney (Whit)	7	Des Moines Swimming Federation-IA	22.75	21.39
6	McNichols, Madilyn	8	Dowling Catholic Riptide-IA	21.78	21.71
7	Smith, Hayden	8	Des Moines Swimming Federation-IA	22.32	22.04
8	Kellenberger, Audrey	8	Greater Des Moines YMCA-IA	22.25	22.18
9	Moore, Eliza	8	Des Moines Swimming Federation-IA	23.67	22.82
10	Cramer, Alena	8	Greater Des Moines YMCA-IA	21.87	22.91
11	Torstenson, Syd	8	Greater Des Moines YMCA-IA	22.00	23.18
12	Satterstrom, Nicolette	8	Dowling Catholic Riptide-IA	26.03	23.32

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(Girls 8 & Under 25 Yard Backstroke)

	Name	Age	Team	Seed Time	Finals Time
13	Holcomb, Kyla	8	Central Iowa Aquatics-IA	24.71	24.16
14	Burdick, Lena	7	Dowling Catholic Riptide-IA	23.52	24.44
*15	Johnson, Kyla	8	Dowling Catholic Riptide-IA	24.53	25.09
*15	Schweers, Genevieve	7	Swordfish Academy-IA	25.48	25.09
17	Novelo, Raegan	7	South East Aquatics-IA	27.64	25.25
18	Peshak, Fiona	8	Des Moines Swimming Federation-IA	26.95	25.72
19	Carter, Gigi	8	Dowling Catholic Riptide-IA	24.02	26.16
20	Koziol, Alex	8	Johnston Blaze Swim Club-IA	NT	26.29
21	Thoreson, Vera	8	Des Moines Swimming Federation-IA	NT	26.65
22	Baugh, Raylee	8	Carroll Area Swim Team-IA	28.56	27.19
23	Vallas, Effie	8	Central Iowa Aquatics-IA	27.39	27.23
24	Jordison, Avery	7	Fort Dodge Area Swim Team-IA	28.57	27.25
25	Huitink, Allie	8	South East Aquatics-IA	28.52	27.70
26	Menninga, Mabel	8	South East Aquatics-IA	33.44	27.87
27	Parriott, MJ	7	Dowling Catholic Riptide-IA	27.71	27.90
28	Steck, Noelle	7	Fort Dodge Area Swim Team-IA	32.59	28.16
29	Blocker, Kiersten	8	Central Iowa Aquatics-IA	30.02	28.39
30	Davidson, Natalie	8	Central Iowa Aquatics-IA	25.99	28.66
31	Nieto, Emma	7	Dowling Catholic Riptide-IA	29.75	28.73
32	Collins, Miriam	8	Ames Cyclone Aquatics Club-IA	27.07	28.91
33	Howe, Mollie	7	Central Iowa Aquatics-IA	30.97	29.41
34	Harvey, Lillybeth	7	Greater Des Moines YMCA-IA	26.35	29.62
35	Funke, Clara	8	Dowling Catholic Riptide-IA	29.99	29.66
36	Hornung, Addy	6	Greater Des Moines YMCA-IA	29.82	29.76
37	Lewis, Rylee	8	Central Iowa Aquatics-IA	32.79	29.88
38	Hemberger, Clara	8	Dowling Catholic Riptide-IA	32.63	30.04
39	Daniel, Brinley	8	Carroll Area Swim Team-IA	29.24	31.38
40	Basmajian, Ines	7	Ames Cyclone Aquatics Club-IA	31.62	31.57
41	Wailes, Lydia	7	Greater Des Moines YMCA-IA	28.72	32.31
42	Luttgeharm, Elaina	7	Central Iowa Aquatics-IA	31.73	32.52
43	Johnson, Ali	8	Fort Dodge Area Swim Team-IA	NT	33.85
44	Warg-Farver, Paige	6	Swordfish Academy-IA	36.24	34.17
45	Kitt, Hattie	8	Carroll Area Swim Team-IA	38.65	35.37
46	Tews, Kallie	7	Fort Dodge Area Swim Team-IA	NT	35.49
47	Brown, Inez	8	Dowling Catholic Riptide-IA	36.08	35.99
48	Carter, Haley	6	Carroll Area Swim Team-IA	33.55	36.14
49	Lux, Mary	7	Ames Cyclone Aquatics Club-IA	39.06	36.41
50	Huitink, Katelyn	6	South East Aquatics-IA	44.30	37.82
51	Mathews, Ingrid	7	Ames Cyclone Aquatics Club-IA	44.28	37.96
52	Bellcock, Breckyn	6	Carroll Area Swim Team-IA	38.55	39.45
53	Bry, Chloe	6	Mason City Swim Club-IA	NT	57.62
---	Klaassen, Elly	7	Fort Dodge Area Swim Team-IA	NT	DQ 32.54
	Shoulders past vertical toward breast				
---	Lamoreux, Hazel	8	Greater Des Moines YMCA-IA	21.11	NS
---	Kakacek, Liv	7	Fort Dodge Area Swim Team-IA	NT	NS
---	Bean, Sage	8	Rams Swim Club-IA	28.60	SCR

Girls 8 & Under 50 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Qualley, Reagan	8	Greater Des Moines YMCA-IA	42.99	42.82

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Results

(Girls 8 & Under 50 Yard Backstroke)

	Name	Age	Team	Seed Time	Finals Time
2	McNichols, Madilyn	8	Dowling Catholic Riptide-IA	44.51	43.80
3	DeYoung, Taelyn	8	Fort Dodge Area Swim Team-IA	44.44	45.36
4	Textor, Whitney (Whit)	7	Des Moines Swimming Federation-IA	49.06	47.55
5	Smith, Hayden	8	Des Moines Swimming Federation-IA	49.04	47.68
6	Kellenberger, Audrey	8	Greater Des Moines YMCA-IA	48.68	47.93
7	Freeseaman, Josie	8	Dowling Catholic Riptide-IA	52.32	48.35
8	Satterstrom, Nicolette	8	Dowling Catholic Riptide-IA	50.87	49.42
9	Moore, Eliza	8	Des Moines Swimming Federation-IA	52.54	49.97
10	Cochran, Delaney	8	Central Iowa Aquatics-IA	48.47	50.02
11	Burdick, Lena	7	Dowling Catholic Riptide-IA	49.13	50.89
12	Johnson, Kyla	8	Dowling Catholic Riptide-IA	NT	53.82
13	Cramer, Alena	8	Greater Des Moines YMCA-IA	53.40	54.05
14	Torstenson, Syd	8	Greater Des Moines YMCA-IA	48.77	54.35
15	Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	52.81	54.46
16	Novelo, Raegan	7	South East Aquatics-IA	55.60	55.51
17	Frierott, Parker	8	Dowling Catholic Riptide-IA	1:00.73	58.35
18	Jordison, Avery	7	Fort Dodge Area Swim Team-IA	NT	1:00.44
19	Huitink, Allie	8	South East Aquatics-IA	NT	1:01.75
20	Blocker, Kiersten	8	Central Iowa Aquatics-IA	1:00.22	1:02.32
21	Thomas, Olivia	8	Rams Swim Club-IA	1:00.81	1:03.05
22	Parriott, MJ	7	Dowling Catholic Riptide-IA	NT	1:04.25
23	Basmajian, Ines	7	Ames Cyclone Aquatics Club-IA	1:10.04	1:06.50
24	Johnson, Ali	8	Fort Dodge Area Swim Team-IA	NT	1:09.76
25	Klaassen, Elly	7	Fort Dodge Area Swim Team-IA	NT	1:09.82
26	Wailles, Lydia	7	Greater Des Moines YMCA-IA	1:05.49	1:11.12
27	Luttgeharm, Elaina	7	Central Iowa Aquatics-IA	1:06.11	1:16.89
28	Mathews, Ingrid	7	Ames Cyclone Aquatics Club-IA	NT	1:24.88
29	Huitink, Katelyn	6	South East Aquatics-IA	NT	1:27.88
---	Schweers, Genevieve	7	Swordfish Academy-IA	NT	DQ 54.99
	No touch at turn				
---	Lamoreux, Hazel	8	Greater Des Moines YMCA-IA	46.09	NS
---	Kakacek, Liv	7	Fort Dodge Area Swim Team-IA	1:10.74	NS

Girls 8 & Under 25 Yard Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Qualley, Reagan	8	Greater Des Moines YMCA-IA	22.47	22.05
2	Harbert, Audrey	8	Central Iowa Aquatics-IA	24.35	23.41
3	Pedersen, Sam	8	Carroll Area Swim Team-IA	24.12	23.88
4	Spear, Lilliana	8	Dowling Catholic Riptide-IA	26.37	25.91
5	Frierott, Parker	8	Dowling Catholic Riptide-IA	26.44	26.29
6	Freeseaman, Josie	8	Dowling Catholic Riptide-IA	34.00	27.98
7	Funke, Clara	8	Dowling Catholic Riptide-IA	30.51	28.60
8	Davidson, Natalie	8	Central Iowa Aquatics-IA	27.83	28.65
9	Novelo, Raegan	7	South East Aquatics-IA	30.63	28.68
10	Smith, Hayden	8	Des Moines Swimming Federation-IA	28.56	29.07
11	Lukenbill, Vivi	8	Des Moines Swimming Federation-IA	29.95	29.67
12	Bry, Emma	8	Mason City Swim Club-IA	31.31	29.86
13	Vallas, Effie	8	Central Iowa Aquatics-IA	28.65	30.02
14	Cochran, Delaney	8	Central Iowa Aquatics-IA	31.68	30.31
15	Menninga, Mabel	8	South East Aquatics-IA	33.17	30.58

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Results

(Girls 8 & Under 25 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
16 Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	34.72	33.45
17 Luttgeharm, Elaina	7	Central Iowa Aquatics-IA	40.17	35.41
18 Hornung, Addy	6	Greater Des Moines YMCA-IA	38.28	36.07
19 Mueggenberg, McKenna	7	Carroll Area Swim Team-IA	41.58	41.61
20 Thoreson, Vera	8	Des Moines Swimming Federation-IA	NT	42.34
21 Lux, Mary	7	Ames Cyclone Aquatics Club-IA	51.31	43.37
22 Baugh, Raylee	8	Carroll Area Swim Team-IA	42.26	43.99
23 Mathews, Ingrid	7	Ames Cyclone Aquatics Club-IA	NT	55.99
--- Parriott, MJ	7	Dowling Catholic Riptide-IA	NT	DQ 25.27
Alternating Kick				
--- Daniel, Brinley	8	Carroll Area Swim Team-IA	30.99	DQ 29.45
Butterfly kick				
--- Moore, Eliza	8	Des Moines Swimming Federation-IA	NT	DQ 30.47
Arms past hipline				
--- Bellcock, Breckyn	6	Carroll Area Swim Team-IA	35.15	DQ 33.50
Scissors kick				
--- Blocker, Kiersten	8	Central Iowa Aquatics-IA	NT	DQ 35.14
Alternating Kick				
--- Collins, Miriam	8	Ames Cyclone Aquatics Club-IA	NT	DQ 35.31
Arms past hipline				
--- Schweers, Genevieve	7	Swordfish Academy-IA	NT	DQ 38.14
Scissors kick				
--- Brown, Inez	8	Dowling Catholic Riptide-IA	NT	DQ 39.68
Scissors kick				
--- Carter, Haley	6	Carroll Area Swim Team-IA	NT	DQ 40.21
Arms past hipline				
--- Nieto, Emma	7	Dowling Catholic Riptide-IA	NT	DQ 40.76
Double pull / kicks				
--- Lewis, Rylee	8	Central Iowa Aquatics-IA	NT	DQ 43.08
Alternating Kick				
--- Huitink, Katelyn	6	South East Aquatics-IA	NT	DQ 48.05
Alternating Kick				
--- Kitt, Hattie	8	Carroll Area Swim Team-IA	NT	DQ 49.75
Alternating Kick				
--- Hemberger, Clara	8	Dowling Catholic Riptide-IA	46.09	DQ 57.31
Scissors kick				
--- Bean, Sage	8	Rams Swim Club-IA	NT	SCR

Girls 8 & Under 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Qualley, Reagan	8	Greater Des Moines YMCA-IA	49.13	49.22
2 Pedersen, Sam	8	Carroll Area Swim Team-IA	54.64	54.60
3 Harbert, Audrey	8	Central Iowa Aquatics-IA	55.35	56.19
4 Frierott, Parker	8	Dowling Catholic Riptide-IA	1:03.82	1:02.02
5 Davidson, Natalie	8	Central Iowa Aquatics-IA	1:02.91	1:02.19
6 Novelo, Raegan	7	South East Aquatics-IA	1:08.05	1:04.96
7 Thomas, Olivia	8	Rams Swim Club-IA	1:25.80	1:10.35
8 Carter, Gigi	8	Dowling Catholic Riptide-IA	1:15.90	1:19.46
9 Burdick, Lena	7	Dowling Catholic Riptide-IA	NT	1:19.53
10 Mueggenberg, McKenna	7	Carroll Area Swim Team-IA	1:59.61	1:40.25

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 8 & Under 50 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
--- Vallas, Effie Arms past hipline	8	Central Iowa Aquatics-IA	1:05.74	DQ 1:03.82
--- Lukenbill, Vivi One hand touch	8	Des Moines Swimming Federation-IA	1:09.85	DQ 1:09.69
--- Satterstrom, Nicolette Butterfly kick	8	Dowling Catholic Riptide-IA	NT	DQ 1:11.26

Girls 8 & Under 25 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Feld, Addy	8	Central Iowa Aquatics-IA	21.08	20.01
2 Spear, Lilliana	8	Dowling Catholic Riptide-IA	20.70	20.77
3 Lamb, Addi	8	Greater Des Moines YMCA-IA	21.47	23.10
4 Harbert, Audrey	8	Central Iowa Aquatics-IA	23.64	23.35
5 Cochran, Delaney	8	Central Iowa Aquatics-IA	24.79	23.78
6 Textor, Whitney (Whit)	7	Des Moines Swimming Federation-IA	25.23	24.34
7 Holcomb, Kyla	8	Central Iowa Aquatics-IA	23.14	24.42
8 Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	24.31	25.01
9 Peshak, Fiona	8	Des Moines Swimming Federation-IA	26.15	25.92
10 Thomas, Olivia	8	Rams Swim Club-IA	26.83	26.52
11 Vallas, Effie	8	Central Iowa Aquatics-IA	32.68	27.77
12 Satterstrom, Nicolette	8	Dowling Catholic Riptide-IA	NT	28.68
13 Menninga, Mabel	8	South East Aquatics-IA	30.58	30.01
14 Davidson, Natalie	8	Central Iowa Aquatics-IA	30.32	30.89
15 Jordison, Avery	7	Fort Dodge Area Swim Team-IA	47.16	35.57
16 Harvey, Lillybeth	7	Greater Des Moines YMCA-IA	34.31	36.57
17 Lewis, Rylee	8	Central Iowa Aquatics-IA	NT	41.40
18 Brown, Inez	8	Dowling Catholic Riptide-IA	41.37	44.33
--- Howe, Mollie Arms underwater recovery	7	Central Iowa Aquatics-IA	33.70	DQ 32.00
--- Collins, Miriam Non-simultaneous arms	8	Ames Cyclone Aquatics Club-IA	34.71	DQ 33.11
--- Hornung, Addy Non-simultaneous arms	6	Greater Des Moines YMCA-IA	31.20	DQ 35.27
--- Blocker, Kiersten Arms underwater recovery	8	Central Iowa Aquatics-IA	35.27	DQ 38.56
--- Bellcock, Breckyn Arms underwater recovery	6	Carroll Area Swim Team-IA	NT	DQ 40.16
--- Carter, Haley Arms underwater recovery	6	Carroll Area Swim Team-IA	NT	DQ 40.70
--- Hemberger, Clara Arms underwater recovery	8	Dowling Catholic Riptide-IA	1:11.28	DQ 51.50
--- Mathews, Ingrid Arms underwater recovery	7	Ames Cyclone Aquatics Club-IA	NT	DQ 52.54
--- Lamoreux, Hazel	8	Greater Des Moines YMCA-IA	26.95	NS

Girls 8 & Under 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Feld, Addy	8	Central Iowa Aquatics-IA	50.60	49.77
2 Spear, Lilliana	8	Dowling Catholic Riptide-IA	49.11	50.76
3 DeYoung, Taelyn	8	Fort Dodge Area Swim Team-IA	54.23	55.66

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 8 & Under 50 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time
4 Holcomb, Kyla	8	Central Iowa Aquatics-IA	1:03.63	57.20
5 Torstenson, Syd	8	Greater Des Moines YMCA-IA	NT	1:11.42
--- Peshak, Fiona	8	Des Moines Swimming Federation-IA	1:02.44	DQ 57.38
Arms underwater recovery				

Girls 8 & Under 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Qualley, Reagan	8	Greater Des Moines YMCA-IA	1:35.14	1:33.39
43.45			1:33.39 (49.94)	
2 Feld, Addy	8	Central Iowa Aquatics-IA	1:43.61	1:45.58
50.21			1:45.58 (55.37)	
3 DeYoung, Taelyn	8	Fort Dodge Area Swim Team-IA	1:45.10	1:47.52
50.80			1:47.52 (56.72)	
4 McNichols, Madilyn	8	Dowling Catholic Riptide-IA	2:03.65	1:51.57
50.10			1:51.57 (1:01.47)	
5 Spear, Lilliana	8	Dowling Catholic Riptide-IA	1:50.23	1:53.69
50.90			1:53.69 (1:02.79)	
6 Bry, Emma	8	Mason City Swim Club-IA	2:06.79	2:08.21
1:02.32			2:08.21 (1:05.89)	
7 Carter, Gigi	8	Dowling Catholic Riptide-IA	2:17.81	2:21.78
1:02.14			2:21.78 (1:19.64)	
8 Wailes, Lydia	7	Greater Des Moines YMCA-IA	NT	2:53.74
--- Freeseman, Josie	8	Dowling Catholic Riptide-IA	NT	DQ 2:04.97
One hand touch - breast				
--- Davidson, Natalie	8	Central Iowa Aquatics-IA	NT	DQ 2:11.06
Arms underwater recovery - fly				
1:06.51			DQ 2:11.06 (1:04.55)	
--- Burdick, Lena	7	Dowling Catholic Riptide-IA	2:28.52	DQ 2:14.85
Arms past hipline - breast				
1:02.16			DQ 2:14.85 (1:12.69)	
--- Funke, Clara	8	Dowling Catholic Riptide-IA	NT	DQ 2:34.13
Double pull / kicks - breast				
1:16.32			DQ 2:34.13 (1:17.81)	

Girls 8 & Under 100 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	1:13.00	1:13.45
1) Cochran, Delaney 8	2) Feld, Addy 8	3) Holcomb, Kyla 8	4) Harbert, Audrey 8
40.41	1:13.45 (33.04)		
2 Greater Des Moines YMCA-IA	A	1:11.56	1:18.79
1) Qualley, Reagan 8	2) Kellenberger, Audrey 8	3) Cramer, Alena 8	4) Lamb, Addi 8
39.85	1:18.79 (38.94)		
3 Des Moines Swimming Federation	A	1:21.62	1:20.07
1) Smith, Hayden 8	2) Moore, Eliza 8	3) Peshak, Fiona 8	4) Textor, Whitney (Whit) 7
41.95	1:20.07 (38.12)		
4 Dowling Catholic Riptide-IA	B	1:33.40	1:21.33
1) Burdick, Lena 7	2) Carter, Gigi 8	3) Funke, Clara 8	4) Johnson, Kyla 8
48.60	1:21.33 (32.73)		
5 Dowling Catholic Riptide-IA	A	1:17.90	1:21.35
1) McNichols, Madilyn 8	2) Satterstrom, Nicolette 8	3) Freeseman, Josie 8	4) Spear, Lilliana 8
43.04	1:21.35 (38.31)		

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Results

(Girls 8 & Under 100 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
6 Central Iowa Aquatics-IA	B	1:34.63	1:36.97
1) Davidson, Natalie 8	2) Howe, Mollie 7	3) Luttgaharm, Elaina 7	4) Vallas, Effie 8
57.86	1:36.97 (39.11)		
7 Fort Dodge Area Swim Team-IA	A	NT	1:41.13
1) DeYoung, Taelyn 8	2) Steck, Noelle 7	3) Tews, Kallie 7	4) Jordison, Avery 7
52.99	1:41.13 (48.14)		
8 Greater Des Moines YMCA-IA	B	1:33.40	1:47.18
1) Hornung, Addy 6	2) Harvey, Lillybeth 7	3) Wailes, Lydia 7	4) Torstenson, Syd 8
57.06	1:47.18 (50.12)		
9 South East Aquatics-IA	A	1:44.85	1:50.64
1) Huitink, Allie 8	2) Menninga, Mabel 8	3) Huitink, Katelyn 6	4) Novelo, Raegan 7
1:04.96	1:50.64 (45.68)		
10 Ames Cyclone Aquatics Club-IA	A	1:42.66	1:52.78
1) Collins, Miriam 8	2) Lux, Mary 7	3) Mathews, Ingrid 7	4) Bilslend, Teagan 8
			x1:55.00
11 Dowling Catholic Riptide-IA	C	1:49.58	x1:55.00
1) Frierott, Parker 8	2) Brown, Inez 8	3) Hemberger, Clara 8	4) Parriott, MJ 7
56.53	1:55.00 (58.47)		
--- Carroll Area Swim Team-IA	A	1:45.23	DQ 1:45.61
Early take-off swimmer #2			
1) Bellcock, Breckyn 6	2) Mueggenberg, McKenna 7	3) Baugh, Raylee 8	4) Daniel, Brinley 8
1:04.64	DQ 1:45.61 (40.97)		

Girls 8 & Under 100 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	1:26.33	1:26.89
1) Cochran, Delaney 8	2) Harbert, Audrey 8	3) Feld, Addy 8	4) Holcomb, Kyla 8
47.06	1:26.89 (39.83)		
2 Dowling Catholic Riptide-IA	A	1:28.61	1:28.99
1) Freeseaman, Josie 8	2) Frierott, Parker 8	3) Spear, Lilliana 8	4) McNichols, Madilyn 8
50.23	1:28.99 (38.76)		
3 Greater Des Moines YMCA-IA	A	1:23.38	1:31.66
1) Cramer, Alena 8	2) Qualley, Reagan 8	3) Lamb, Addi 8	4) Kellenberger, Audrey 8
47.34	1:31.66 (44.32)		
4 Des Moines Swimming Federatio	A	1:36.09	1:31.92
1) Moore, Eliza 8	2) Textor, Whitney (Whit) 7	3) Peshak, Fiona 8	4) Smith, Hayden 8
48.15	1:31.92 (43.77)		
5 Dowling Catholic Riptide-IA	B	1:50.22	1:50.50
1) Burdick, Lena 7	2) Funke, Clara 8	3) Carter, Gigi 8	4) Satterstrom, Nicolette 8
53.36	1:50.50 (57.14)		
6 South East Aquatics-IA	A	2:01.56	1:55.95
1) Huitink, Allie 8	2) Novelo, Raegan 7	3) Menninga, Mabel 8	4) Huitink, Katelyn 6
55.22	1:55.95 (1:00.73)		
7 Carroll Area Swim Team-IA	A	1:48.83	2:06.97
1) Baugh, Raylee 8	2) Pedersen, Sam 8	3) Mueggenberg, McKenna 7	4) Daniel, Brinley 8
51.10	2:06.97 (1:15.87)		
8 Ames Cyclone Aquatics Club-IA	A	2:08.37	2:21.20
1) Basmajian, Ines 7	2) Lux, Mary 7	3) Bilslend, Teagan 8	4) Collins, Miriam 8
1:22.24	2:21.20 (58.96)		
--- Central Iowa Aquatics-IA	B	1:52.83	DQ 1:46.73
Stroke Infraction swimmer #1: Arms underwater recovery - fly			
1) Blocker, Kiersten 8	2) Davidson, Natalie 8	3) Howe, Mollie 7	4) Vallas, Effie 8
55.63	DQ 1:46.73 (51.10)		

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Results

(Girls 8 & Under 100 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time
--- Greater Des Moines YMCA-IA	B	1:57.36	DQ 2:05.60
Stroke Infraction swimmer #2: Alternating Kick - breast			
1) Harvey, Lillybeth 7	2) Torstenson, Syd 8	3) Hornung, Addy 6	4) Wailes, Lydia 7
1:05.63 DQ 2:05.60 (59.97)			
--- Dowling Catholic Riptide-IA	C	2:09.39	DQ 2:14.13
Stroke Infraction swimmer #2: Arms past hipline - breast			
1) Parriott, MJ 7	2) Johnson, Kyla 8	3) Nieto, Emma 7	4) Brown, Inez 8
1:06.53 DQ 2:14.13 (1:07.60)			
--- Fort Dodge Area Swim Team-IA	A	NT	SCR
1) Steck, Noelle 7	2) DeYoung, Taelyn 8	3) Jordison, Avery 7	

Girls 10 & Under 50 Yard Freestyle

37.09 Q Champ Qualifying

Meet Qualifying: Slower than 37.09

Name	Age	Team	Seed Time	Finals Time
1 Sisul, Jolie	10	South East Aquatics-IA	42.49	35.63 Q
2 Leder, Maeve	10	Dowling Catholic Riptide-IA	37.24	35.70 Q
3 Price, Jocelyn	10	Johnston Blaze Swim Club-IA	37.48	36.40 Q
4 Kliewer, Kenna	10	Fort Dodge Area Swim Team-IA	37.57	36.72 Q
5 Shaffer, Claire	10	Dowling Catholic Riptide-IA	38.70	37.50
6 Stoeckel, Madigan	10	Central Iowa Aquatics-IA	37.30	37.53
*7 Bellcock, Bristol	10	Carroll Area Swim Team-IA	37.77	37.72
*7 Bowman, Amelia	9	Johnston Blaze Swim Club-IA	37.10	37.72
9 Baker, Caroline	9	Johnston Blaze Swim Club-IA	37.48	37.86
10 Peterson, Kendall	9	Dowling Catholic Riptide-IA	38.43	38.29
11 Carter, June	10	Dowling Catholic Riptide-IA	37.70	38.38
12 Connolly, Grace	9	Greater Des Moines YMCA-IA	40.97	38.92
13 Pierce, Ellen	10	Dowling Catholic Riptide-IA	38.09	39.09
14 Hunt, Jojo	10	Johnston Blaze Swim Club-IA	41.96	39.51
15 Groenenboom, Kinzley	10	South East Aquatics-IA	40.37	39.54
*16 Driscoll, Jules	10	Dowling Catholic Riptide-IA	39.40	39.58
*16 Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	39.70	39.58
18 Zimmerman, Lily	10	South East Aquatics-IA	39.55	39.62
19 Guild, Bri	10	Johnston Blaze Swim Club-IA	40.76	39.63
20 Knox, Makayla	10	Fort Dodge Area Swim Team-IA	45.22	39.81
21 Piper, Maddy	9	Dowling Catholic Riptide-IA	42.45	39.89
22 Albrecht, Brynlee	9	Greater Des Moines YMCA-IA	43.44	39.98
23 Lankford, Abby	10	Carroll Area Swim Team-IA	41.82	39.99
24 Garrison, Jorgia	8	Rams Swim Club-IA	41.44	40.32
25 Stec, Sophia	10	Des Moines Swimming Federation-IA	42.18	41.33
26 Russell, Amelia	9	Johnston Blaze Swim Club-IA	42.60	41.49
27 Spear, Lilliana	8	Dowling Catholic Riptide-IA	40.76	42.08
28 Moon, Nora	10	Des Moines Swimming Federation-IA	51.49	42.27
29 Cole, Kenedy	9	Central Iowa Aquatics-IA	42.92	42.32
30 Rengel, Olivia	10	Des Moines Swimming Federation-IA	42.80	43.80
31 Gaulke, Kate	10	South East Aquatics-IA	49.39	44.00
32 Meyer, Gwen	9	Dowling Catholic Riptide-IA	44.16	45.13
33 Satterstrom, Molly	9	Dowling Catholic Riptide-IA	48.24	45.46
34 Hosis, Hanna	10	Johnston Blaze Swim Club-IA	NT	45.51
35 Nieto, Gaby	10	Dowling Catholic Riptide-IA	44.98	45.83

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Results

(Girls 10 & Under 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
36 Lepert, Alyse	9	Des Moines Swimming Federation-IA	52.84	46.25
37 Kopriva, Tinley	9	Des Moines Swimming Federation-IA	51.58	48.06
38 Berry, Collins	9	Ames Cyclone Aquatics Club-IA	49.87	48.11
39 Klesel, Ayla	10	Central Iowa Aquatics-IA	43.44	48.34
40 Baugh, Brynlee	9	Carroll Area Swim Team-IA	46.01	48.74
41 Bry, Emma	8	Mason City Swim Club-IA	43.59	48.91
42 Fox, Molly	10	Ames Cyclone Aquatics Club-IA	NT	48.92
43 Schaefer, Finley	9	Ames Cyclone Aquatics Club-IA	50.22	49.49
44 Sankey, Camille	9	Ames Cyclone Aquatics Club-IA	49.53	49.51
45 Dibbet, Harper	10	Dowling Catholic Riptide-IA	51.71	50.34
46 Novelo, Raegan	7	South East Aquatics-IA	56.01	50.37
47 McConville, Miren	9	Dowling Catholic Riptide-IA	1:07.82	50.47
48 Nguyen, Evy	9	Des Moines Swimming Federation-IA	52.34	52.18
49 Burdick, Lena	7	Dowling Catholic Riptide-IA	55.58	52.82
50 Driscoll, Bailey	9	Mason City Swim Club-IA	52.29	53.39
51 Carter, Gigi	8	Dowling Catholic Riptide-IA	53.58	53.56
52 Heiden, Brynn	9	Dowling Catholic Riptide-IA	53.65	53.63
53 Punt, Clara	9	South East Aquatics-IA	57.57	55.48
54 Thomas, Olivia	8	Rams Swim Club-IA	49.48	56.43
55 Peer, Shawn	9	South East Aquatics-IA	57.93	56.57
56 Anderson, Lottie	10	Dowling Catholic Riptide-IA	57.15	56.71
57 Meyer, Charlie	10	Fort Dodge Area Swim Team-IA	1:03.88	56.90
58 Cassler, Norah	10	Rams Swim Club-IA	57.55	57.78
59 Nieto, Emma	7	Dowling Catholic Riptide-IA	1:07.65	58.10
60 Scebold, Maddie	9	Ames Cyclone Aquatics Club-IA	1:00.51	1:00.87
61 Miller, Etta	10	Johnston Blaze Swim Club-IA	1:00.12	1:02.75
62 Lewis, Rylee	8	Central Iowa Aquatics-IA	1:13.91	1:08.44
63 Bellcock, Breckyn	6	Carroll Area Swim Team-IA	1:03.07	1:16.10
64 Bry, Chloe	6	Mason City Swim Club-IA	NT	1:18.29
--- Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	40.38	NS
--- Birusingh, Ari	9	Des Moines Swimming Federation-IA	NT	NS
--- Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	44.40	NS
--- Cramer, Arya	9	Ames Cyclone Aquatics Club-IA	45.91	NS
--- Ortega, Evelyn	9	Rams Swim Club-IA	37.81	SCR

Girls 10 & Under 100 Yard Freestyle

1:19.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:19.99

Name	Age	Team	Seed Time	Finals Time
1 Kettles, Tenley	9	Greater Des Moines YMCA-IA	1:21.21	1:15.83 Q
35.24	1:15.83 (40.59)			
2 Peterson, Greta	9	Des Moines Swimming Federation-IA	1:21.07	1:16.40 Q
36.95	1:16.40 (39.45)			
3 Halbur, Allison	9	Ames Cyclone Aquatics Club-IA	1:24.46	1:19.76 Q
37.01	1:19.76 (42.75)			
4 Price, Jocelyn	10	Johnston Blaze Swim Club-IA	1:20.82	1:20.35
37.60	1:20.35 (42.75)			
5 Lewis, Madysen	10	Central Iowa Aquatics-IA	1:30.52	1:21.35
40.03	1:21.35 (41.32)			

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Results

(Girls 10 & Under 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
6	Leder, Maeve	10	Dowling Catholic Riptide-IA	1:24.53	1:22.35
	38.79				1:22.35 (43.56)
7	Brugman, Cece	10	Greater Des Moines YMCA-IA	1:26.36	1:24.04
	40.24				1:24.04 (43.80)
8	Shaffer, Claire	10	Dowling Catholic Riptide-IA	1:31.75	1:24.40
	40.52				1:24.40 (43.88)
9	Harmon, Josie	10	Carroll Area Swim Team-IA	1:31.33	1:24.67
	39.38				1:24.67 (45.29)
10	Sisul, Jolie	10	South East Aquatics-IA	1:41.86	1:24.82
	40.47				1:24.82 (44.35)
11	Weber, Mya	10	Carroll Area Swim Team-IA	1:25.33	1:25.03
	37.65				1:25.03 (47.38)
12	Walston, Lucy	9	Des Moines Swimming Federation-IA	1:26.59	1:26.33
	40.37				1:26.33 (45.96)
13	Benskin, Stella	10	Dowling Catholic Riptide-IA	1:31.28	1:26.49
	41.22				1:26.49 (45.27)
14	Pierce, Ellen	10	Dowling Catholic Riptide-IA	1:27.14	1:26.50
	40.47				1:26.50 (46.03)
15	Albrecht, Brynlee	9	Greater Des Moines YMCA-IA	1:27.04	1:26.82
	40.87				1:26.82 (45.95)
16	Ocheltree, Kinnick	9	Greater Des Moines YMCA-IA	1:37.65	1:27.34
	39.99				1:27.34 (47.35)
17	Bellcock, Bristol	10	Carroll Area Swim Team-IA	1:27.63	1:27.52
	40.51				1:27.52 (47.01)
18	Hunt, Jojo	10	Johnston Blaze Swim Club-IA	1:31.19	1:28.66
	43.09				1:28.66 (45.57)
19	Guild, Bri	10	Johnston Blaze Swim Club-IA	1:33.78	1:28.74
	44.78				1:28.74 (43.96)
20	Kliewer, Kenna	10	Fort Dodge Area Swim Team-IA	1:25.86	1:29.08
	40.94				1:29.08 (48.14)
21	Groenenboom, Kinzley	10	South East Aquatics-IA	1:29.33	1:29.42
	42.99				1:29.42 (46.43)
22	Moon, Nora	10	Des Moines Swimming Federation-IA	1:32.47	1:29.86
23	Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	1:30.70	1:29.90
24	Driscoll, Jules	10	Dowling Catholic Riptide-IA	1:28.15	1:30.63
	43.90				1:30.63 (46.73)
25	Stec, Sophia	10	Des Moines Swimming Federation-IA	1:35.51	1:35.84
	44.29				1:35.84 (51.55)
26	Signani, Katherine	9	Greater Des Moines YMCA-IA	1:33.08	1:36.32
	44.11				1:36.32 (52.21)
27	Cole, Kenedy	9	Central Iowa Aquatics-IA	1:36.61	1:36.56
	45.09				1:36.56 (51.47)
28	Schoolen, Ruby	10	Rams Swim Club-IA	1:44.78	1:37.59
	46.56				1:37.59 (51.03)
29	Piper, Maddy	9	Dowling Catholic Riptide-IA	1:43.83	1:39.53
	44.66				1:39.53 (54.87)
30	Meyer, Gwen	9	Dowling Catholic Riptide-IA	1:42.07	1:41.38
	48.33				1:41.38 (53.05)
31	Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	NT	1:42.83
32	Rengel, Olivia	10	Des Moines Swimming Federation-IA	1:35.48	1:46.83
	47.84				1:46.83 (58.99)

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Results

(Girls 10 & Under 100 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
33 Birusingh, Ari	9	Des Moines Swimming Federation-IA	NT	1:47.98
49.38	1:47.98 (58.60)			
34 Berry, Collins	9	Ames Cyclone Aquatics Club-IA	NT	1:48.19
35 Kopriva, Tinley	9	Des Moines Swimming Federation-IA	3:13.97 L	1:50.41
52.37	1:50.41 (58.04)			
36 Eberly, Addyson	10	Rams Swim Club-IA	1:51.24	1:50.49
48.78	1:50.49 (1:01.71)			
37 Heiden, Brynn	9	Dowling Catholic Riptide-IA	1:56.70	1:53.95
55.32	1:53.95 (58.63)			
38 Peer, Shawn	9	South East Aquatics-IA	2:01.61	2:00.73
57.42	2:00.73 (1:03.31)			
39 Schaefer, Finley	9	Ames Cyclone Aquatics Club-IA	1:59.28	2:01.97
56.13	2:01.97 (1:05.84)			
40 Driscoll, Bailey	9	Mason City Swim Club-IA	1:57.90	2:10.54
1:00.75	2:10.54 (1:09.79)			
41 Punt, Clara	9	South East Aquatics-IA	2:06.11	2:13.16
--- Sheridan, Lily	10	Carroll Area Swim Team-IA	2:02.28	NS
--- Stoeckel, Madigan	10	Central Iowa Aquatics-IA	1:27.76	NS

Girls 10 & Under 200 Yard Freestyle

2:57.19 Q Champ Qualifying

Meet Qualifying: Slower than 2:57.19

Name	Age	Team	Seed Time	Finals Time
1 Kettles, Tenley	9	Greater Des Moines YMCA-IA	3:07.03	2:47.04 Q
35.92	1:19.21 (43.29)	2:04.82 (45.61)	2:47.04 (42.22)	
2 Larson, Rachel	9	Greater Des Moines YMCA-IA	2:58.72	2:49.67 Q
37.60	1:21.72 (44.12)	2:06.05 (44.33)	2:49.67 (43.62)	
3 Hornung, Harper	9	Greater Des Moines YMCA-IA	NT	2:52.34 Q
38.44	1:23.48 (45.04)	2:07.64 (44.16)	2:52.34 (44.70)	
4 Leder, Maeve	10	Dowling Catholic Riptide-IA	3:05.62	2:59.24
38.82	1:25.74 (46.92)	2:15.02 (49.28)	2:59.24 (44.22)	
5 Walston, Lucy	9	Des Moines Swimming Federation-IA	3:01.70	3:01.21
41.19	1:29.68 (48.49)	2:16.89 (47.21)	3:01.21 (44.32)	
6 Peterson, Kendall	9	Dowling Catholic Riptide-IA	3:12.78	3:08.09
40.64	1:29.51 (48.87)	2:20.34 (50.83)	3:08.09 (47.75)	
7 Albrecht, Brynlee	9	Greater Des Moines YMCA-IA	3:13.67	3:09.79
42.87	1:32.73 (49.86)	2:21.52 (48.79)	3:09.79 (48.27)	
8 Kliewer, Kenna	10	Fort Dodge Area Swim Team-IA	NT	3:11.52
41.27	1:32.95 (51.68)	2:23.04 (50.09)	3:11.52 (48.48)	
9 Stoeckel, Madigan	10	Central Iowa Aquatics-IA	3:10.53	3:13.17
42.38	1:33.11 (50.73)	2:23.77 (50.66)	3:13.17 (49.40)	
10 Bellcock, Bristol	10	Carroll Area Swim Team-IA	3:16.78	3:15.83
41.34	1:32.24 (50.90)	2:26.13 (53.89)	3:15.83 (49.70)	
11 Groenenboom, Kinzley	10	South East Aquatics-IA	3:41.24	3:18.58
45.15	1:36.79 (51.64)	2:28.42 (51.63)	3:18.58 (50.16)	
12 Sisul, Jolie	10	South East Aquatics-IA	3:37.78	3:20.49
44.90	1:40.66 (55.76)	2:34.29 (53.63)	3:20.49 (46.20)	
13 Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	NT	3:24.34
45.72	1:39.43 (53.71)	2:33.65 (54.22)	3:24.34 (50.69)	
14 Garrison, Jorgia	8	Rams Swim Club-IA	NT	3:26.60
44.37	1:38.13 (53.76)	2:34.26 (56.13)	3:26.60 (52.34)	

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
15 Stec, Sophia	10	Des Moines Swimming Federation-IA	3:17.14	3:30.13
	45.09	1:38.65 (53.56)	2:36.07 (57.42)	3:30.13 (54.06)
16 Bry, Emma	8	Mason City Swim Club-IA	4:55.84 L	3:33.98
	46.92	1:43.53 (56.61)	2:41.88 (58.35)	3:33.98 (52.10)
17 Zimmerman, Lily	10	South East Aquatics-IA	NT	3:47.53
	47.39	1:49.13 (1:01.74)	2:51.38 (1:02.25)	3:47.53 (56.15)

Girls 10 & Under 500 Yard Freestyle

7:34.89 10&U Q Champ Qualifying

9:06.59 10&U REG Regional Qualifying

Meet Qualifying 10&U: 7:34.90 - 9:06.59

Name	Age	Team	Seed Time	Finals Time
--- Pekarek, Anna	10	Rams Swim Club-IA	7:48.81	SCR

Girls 10 & Under 50 Yard Backstroke

44.49 Q Champ Qualifying

Meet Qualifying: Slower than 44.49

Name	Age	Team	Seed Time	Finals Time
1 Baker, Caroline	9	Johnston Blaze Swim Club-IA	48.01	43.37 Q
2 Albrecht, Brynlee	9	Greater Des Moines YMCA-IA	45.14	43.77 Q
3 Carter, June	10	Dowling Catholic Riptide-IA	44.59	44.81
4 Hunt, Jojo	10	Johnston Blaze Swim Club-IA	45.56	44.86
5 Guild, Bri	10	Johnston Blaze Swim Club-IA	44.95	45.22
6 Groenenboom, Kinzley	10	South East Aquatics-IA	44.98	45.44
7 Pierce, Ellen	10	Dowling Catholic Riptide-IA	48.24	45.67
8 Tran, Victoria	9	Central Iowa Aquatics-IA	44.89	45.75
9 Bowman, Amelia	9	Johnston Blaze Swim Club-IA	45.72	46.04
10 Walston, Lucy	9	Des Moines Swimming Federation-IA	44.64	46.13
11 Stoeckel, Madigan	10	Central Iowa Aquatics-IA	45.17	46.50
12 Connolly, Grace	9	Greater Des Moines YMCA-IA	47.04	46.62
13 Shaffer, Claire	10	Dowling Catholic Riptide-IA	48.42	46.92
14 Lewis, Madyson	10	Central Iowa Aquatics-IA	48.75	46.94
15 Leder, Maeve	10	Dowling Catholic Riptide-IA	51.33	47.19
16 Zimmerman, Lily	10	South East Aquatics-IA	NT	48.33
17 Sisul, Jolie	10	South East Aquatics-IA	52.10	48.52
18 Driscoll, Jules	10	Dowling Catholic Riptide-IA	48.53	49.32
19 Piper, Maddy	9	Dowling Catholic Riptide-IA	49.61	49.93
20 Garrison, Jorgia	8	Rams Swim Club-IA	46.74	49.94
21 Russell, Amelia	9	Johnston Blaze Swim Club-IA	48.07	49.95
22 Moon, Nora	10	Des Moines Swimming Federation-IA	1:00.48	50.04
23 Spear, Lilliana	8	Dowling Catholic Riptide-IA	1:00.32	50.22
24 Rengel, Olivia	10	Des Moines Swimming Federation-IA	53.73	50.41
25 Lankford, Abby	10	Carroll Area Swim Team-IA	49.32	50.61
26 Nieto, Gaby	10	Dowling Catholic Riptide-IA	49.73	50.78
27 Knox, Makayla	10	Fort Dodge Area Swim Team-IA	54.95	51.27
28 Dibbet, Harper	10	Dowling Catholic Riptide-IA	52.56	51.51
29 Satterstrom, Molly	9	Dowling Catholic Riptide-IA	54.83	52.62
30 Anderson, Lottie	10	Dowling Catholic Riptide-IA	51.59	53.41
31 Novelo, Raegan	7	South East Aquatics-IA	55.60	54.01
32 Meyer, Gwen	9	Dowling Catholic Riptide-IA	54.05	54.19

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
33 Fox, Molly	10	Ames Cyclone Aquatics Club-IA	NT	54.83
34 Heiden, Brynn	9	Dowling Catholic Riptide-IA	56.12	55.21
35 Gaulke, Kate	10	South East Aquatics-IA	58.06	55.28
36 Baugh, Brynlee	9	Carroll Area Swim Team-IA	54.33	55.39
37 Engelman, Maggie	10	Ames Cyclone Aquatics Club-IA	58.52	55.49
38 Kopriva, Tinley	9	Des Moines Swimming Federation-IA	51.56	56.70
39 Klesel, Ayla	10	Central Iowa Aquatics-IA	NT	56.77
40 Nguyen, Evy	9	Des Moines Swimming Federation-IA	58.41	56.81
41 Carter, Gigi	8	Dowling Catholic Riptide-IA	55.11	56.95
42 Cole, Kenedy	9	Central Iowa Aquatics-IA	58.21	57.19
43 Schaefer, Finley	9	Ames Cyclone Aquatics Club-IA	55.50	57.91
44 Thomas, Olivia	8	Rams Swim Club-IA	1:00.81	58.36
45 Bry, Emma	8	Mason City Swim Club-IA	1:01.89	59.24
46 McConville, Miren	9	Dowling Catholic Riptide-IA	55.80	59.71
47 Peer, Shawn	9	South East Aquatics-IA	1:01.98	1:00.54
48 Cassler, Norah	10	Rams Swim Club-IA	56.45	1:00.79
49 Lepert, Alyse	9	Des Moines Swimming Federation-IA	1:29.79 L	1:02.65
50 Sankey, Camille	9	Ames Cyclone Aquatics Club-IA	1:03.84	1:05.32
51 Punt, Clara	9	South East Aquatics-IA	1:12.39	1:05.37
52 Lewis, Rylee	8	Central Iowa Aquatics-IA	NT	1:09.59
53 Meyer, Charlie	10	Fort Dodge Area Swim Team-IA	1:21.27	1:09.88
54 Scebold, Maddie	9	Ames Cyclone Aquatics Club-IA	1:07.41	1:10.35
55 Driscoll, Bailey	9	Mason City Swim Club-IA	1:05.19	1:10.97
--- Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	46.37	DQ 44.37
Delay initiating turn				
--- Burdick, Lena	7	Dowling Catholic Riptide-IA	49.13	DQ 55.71
Not on back off wall				
--- Hosic, Hanna	10	Johnston Blaze Swim Club-IA	NT	DQ 58.04
Delay initiating turn				
--- Miller, Etta	10	Johnston Blaze Swim Club-IA	1:07.51	DQ 58.50
Not on back off wall				
--- McNichols, Madilyn	8	Dowling Catholic Riptide-IA	44.51	NS
--- Bilslend, Teagan	8	Ames Cyclone Aquatics Club-IA	52.81	NS
--- Cramer, Arya	9	Ames Cyclone Aquatics Club-IA	59.64	NS
--- Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	55.48	NS

Girls 10 & Under 100 Yard Backstroke

1:30.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:30.69

Name	Age	Team	Seed Time	Finals Time
1 Mettenbrink, Amelia	10	Central Iowa Aquatics-IA	NT	1:20.86 Q
38.74		1:20.86 (42.12)		
2 Kettles, Tenley	9	Greater Des Moines YMCA-IA	1:40.14	1:28.84 Q
3 Brugman, Cece	10	Greater Des Moines YMCA-IA	1:36.34	1:31.24
44.33		1:31.24 (46.91)		
4 Peterson, Kendall	9	Dowling Catholic Riptide-IA	1:34.30	1:32.37
45.40		1:32.37 (46.97)		
5 Pekarek, Anna	10	Rams Swim Club-IA	1:31.02	1:32.94
42.56		1:32.94 (50.38)		

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
6 Halbur, Allison	9	Ames Cyclone Aquatics Club-IA	1:56.19 L	1:33.90
45.30	1:33.90 (48.60)			
7 Peterson, Greta	9	Des Moines Swimming Federation-IA	1:36.83	1:33.96
45.21	1:33.96 (48.75)			
8 Groenenboom, Kinzley	10	South East Aquatics-IA	1:36.37	1:34.09
46.76	1:34.09 (47.33)			
9 Ocheltree, Kinnick	9	Greater Des Moines YMCA-IA	1:39.66	1:35.33
45.27	1:35.33 (50.06)			
10 Albrecht, Brynlee	9	Greater Des Moines YMCA-IA	2:09.91 L	1:38.12
48.12	1:38.12 (50.00)			
11 Signani, Katherine	9	Greater Des Moines YMCA-IA	1:41.19	1:38.72
47.99	1:38.72 (50.73)			
12 Hunt, Jojo	10	Johnston Blaze Swim Club-IA	1:35.87	1:38.97
50.52	1:38.97 (48.45)			
13 Lewis, Madyson	10	Central Iowa Aquatics-IA	1:50.42	1:39.31
49.87	1:39.31 (49.44)			
14 Price, Jocelyn	10	Johnston Blaze Swim Club-IA	NT	1:43.40
48.92	1:43.40 (54.48)			
15 Tran, Victoria	9	Central Iowa Aquatics-IA	1:41.96	1:44.54
48.40	1:44.54 (56.14)			
16 Benskin, Stella	10	Dowling Catholic Riptide-IA	1:43.47	1:44.98
51.09	1:44.98 (53.89)			
17 Stec, Sophia	10	Des Moines Swimming Federation-IA	1:45.45	1:48.79
52.61	1:48.79 (56.18)			
18 Guild, Bri	10	Johnston Blaze Swim Club-IA	NT	1:49.99
19 Moon, Nora	10	Des Moines Swimming Federation-IA	NT	1:51.14
53.81	1:51.14 (57.33)			
20 Schoolen, Ruby	10	Rams Swim Club-IA	1:52.36	1:56.98
49.76	1:56.98 (1:07.22)			
21 Dibbet, Harper	10	Dowling Catholic Riptide-IA	1:58.39	1:58.66
57.68	1:58.66 (1:00.98)			
22 Kopriva, Tinley	9	Des Moines Swimming Federation-IA	1:55.98	2:03.64
57.94	2:03.64 (1:05.70)			
23 Peer, Shawn	9	South East Aquatics-IA	2:12.01	2:08.87
1:00.05	2:08.87 (1:08.82)			
24 Cassler, Norah	10	Rams Swim Club-IA	2:07.25	2:11.25
25 Punt, Clara	9	South East Aquatics-IA	NT	2:39.48
--- Thompson, Chloe	10	Ames Cyclone Aquatics Club-IA	1:34.41	DQ 1:25.99
Delay initiating turn				
--- Pierce, Ellen	10	Dowling Catholic Riptide-IA	1:42.60	DQ 1:36.24
Delay initiating turn				
46.71	DQ 1:36.24 (49.53)			
--- Leder, Maeve	10	Dowling Catholic Riptide-IA	NT	DQ 1:44.85
Delay initiating turn				
50.27	DQ 1:44.85 (54.58)			
--- Berry, Collins	9	Ames Cyclone Aquatics Club-IA	NT	NS
--- Stoeckel, Madigan	10	Central Iowa Aquatics-IA	1:41.69	NS
--- Ortega, Evelyn	9	Rams Swim Club-IA	1:39.76	SCR

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Girls 10 & Under 50 Yard Breaststroke

50.39 Q Champ Qualifying

Meet Qualifying: Slower than 50.39

Name	Age	Team	Seed Time	Finals Time	
1 Nieto, Gaby	10	Dowling Catholic Riptide-IA	50.89	48.58	Q
2 Stalder, Tatym	10	Carroll Area Swim Team-IA	49.00	49.32	Q
3 Sisul, Jolie	10	South East Aquatics-IA	52.38	49.77	Q
4 Tran, Victoria	9	Central Iowa Aquatics-IA	50.46	50.33	Q
5 Price, Jocelyn	10	Johnston Blaze Swim Club-IA	51.10	50.53	
6 Peterson, Kendall	9	Dowling Catholic Riptide-IA	51.38	51.22	
7 Kliewer, Kenna	10	Fort Dodge Area Swim Team-IA	50.52	51.28	
8 Nguyen, Emmy	10	Des Moines Swimming Federation-IA	54.62	51.93	
9 Moon, Nora	10	Des Moines Swimming Federation-IA	54.81	52.01	
10 Harmon, Josie	10	Carroll Area Swim Team-IA	51.47	52.13	
11 Birusingh, Ari	9	Des Moines Swimming Federation-IA	NT	52.33	
12 Benskin, Stella	10	Dowling Catholic Riptide-IA	52.82	52.57	
13 Driscoll, Jules	10	Dowling Catholic Riptide-IA	52.92	52.72	
14 Baker, Caroline	9	Johnston Blaze Swim Club-IA	54.19	52.90	
15 Lewis, Madyson	10	Central Iowa Aquatics-IA	54.88	53.54	
16 Signani, Katherine	9	Greater Des Moines YMCA-IA	57.25	56.14	
17 Fewins, Ella	10	Rams Swim Club-IA	55.24	56.90	
18 Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	57.17	58.13	
19 Schoolen, Ruby	10	Rams Swim Club-IA	1:06.97	59.96	
20 Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	1:08.08	1:01.03	
21 Piper, Maddy	9	Dowling Catholic Riptide-IA	1:09.63	1:01.88	
22 Fox, Molly	10	Ames Cyclone Aquatics Club-IA	NT	1:02.01	
23 Cole, Kenedy	9	Central Iowa Aquatics-IA	1:02.58	1:03.83	
24 Meyer, Gwen	9	Dowling Catholic Riptide-IA	1:03.25	1:04.05	
25 Berry, Collins	9	Ames Cyclone Aquatics Club-IA	1:07.57	1:04.66	
26 Dibbet, Harper	10	Dowling Catholic Riptide-IA	1:08.26	1:04.97	
27 Rengel, Olivia	10	Des Moines Swimming Federation-IA	1:05.83	1:06.22	
28 Ocheltree, Kinnick	9	Greater Des Moines YMCA-IA	1:06.71	1:06.68	
29 Guild, Bri	10	Johnston Blaze Swim Club-IA	1:11.29	1:07.96	
30 Heiden, Brynn	9	Dowling Catholic Riptide-IA	1:11.45	1:08.36	
31 Driscoll, Bailey	9	Mason City Swim Club-IA	1:07.51	1:09.00	
32 Lepert, Alyse	9	Des Moines Swimming Federation-IA	1:23.53	1:10.87	
33 Schaefer, Finley	9	Ames Cyclone Aquatics Club-IA	NT	1:23.88	
34 Cassler, Norah	10	Rams Swim Club-IA	1:21.79	1:25.52	
--- Kopriva, Tinley	9	Des Moines Swimming Federation-IA	NT	DQ 1:08.98	
Double pull / kicks					
--- Nguyen, Evy	9	Des Moines Swimming Federation-IA	NT	DQ 1:09.88	
Scissors kick					
--- Eberly, Addyson	10	Rams Swim Club-IA	NT	DQ 1:13.78	
One hand touch					
--- Engelman, Maggie	10	Ames Cyclone Aquatics Club-IA	NT	DQ 1:19.55	
One hand touch					
--- Punt, Clara	9	South East Aquatics-IA	NT	DQ 1:21.27	
Non-simultaneous arms					
--- Scebold, Maddie	9	Ames Cyclone Aquatics Club-IA	NT	DQ 1:35.05	
Scissors kick					
--- Sheridan, Lily	10	Carroll Area Swim Team-IA	54.72	NS	

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Name	Age	Team	Seed Time	Finals Time
--- Stoeckel, Madigan	10	Central Iowa Aquatics-IA	57.01	NS
--- Ortega, Evelyn	9	Rams Swim Club-IA	51.96	SCR

Girls 10 & Under 100 Yard Breaststroke**1:44.99 Q Champ Qualifying****Meet Qualifying: Slower than 1:44.99**

Name	Age	Team	Seed Time	Finals Time
1 Kettles, Tenley 47.06	9	Greater Des Moines YMCA-IA	1:48.05	1:42.31 Q
2 Groenenboom, Kinzley 49.56	10	South East Aquatics-IA	1:47.30	1:43.68 Q
3 Hornung, Harper 49.70	9	Greater Des Moines YMCA-IA	1:45.18	1:46.44
4 Halbur, Allison 50.33	9	Ames Cyclone Aquatics Club-IA	1:49.09	1:46.83
5 Larson, Rachel 50.27	9	Greater Des Moines YMCA-IA	1:47.71	1:47.27
6 Carter, June 50.84	10	Dowling Catholic Riptide-IA	1:47.43	1:47.47
7 Nieto, Gaby 51.48	10	Dowling Catholic Riptide-IA	NT	1:48.58
8 Tran, Victoria 53.06	9	Central Iowa Aquatics-IA	1:58.73	1:50.36
9 Connolly, Grace 52.51	9	Greater Des Moines YMCA-IA	1:48.19	1:50.73
10 Lewis, Madyson 53.40	10	Central Iowa Aquatics-IA	1:55.67	1:50.92
11 Sisul, Jolie 53.59	10	South East Aquatics-IA	1:59.15	1:52.15
12 Nguyen, Emmy 53.97	10	Des Moines Swimming Federation-IA	2:05.77	1:52.44
13 Kliewer, Kenna 52.59	10	Fort Dodge Area Swim Team-IA	1:51.16	1:53.02
14 Bellcock, Bristol 54.91	10	Carroll Area Swim Team-IA	1:49.84	1:54.01
15 Peterson, Kendall 54.89	9	Dowling Catholic Riptide-IA	1:55.69	1:54.36
16 Lankford, Abby 53.63	10	Carroll Area Swim Team-IA	1:53.73	1:56.00
17 Stec, Sophia 53.28	10	Des Moines Swimming Federation-IA	1:48.50	1:56.26
18 Driscoll, Jules 54.82	10	Dowling Catholic Riptide-IA	NT	1:56.93
19 Moon, Nora 54.91	10	Des Moines Swimming Federation-IA	2:05.90	1:57.75
20 Zimmerman, Lily 1:03.09	10	South East Aquatics-IA	NT	2:09.24
21 Spear, Lilliana 1:01.06	8	Dowling Catholic Riptide-IA	2:17.15	2:10.76
22 Berry, Collins	9	Ames Cyclone Aquatics Club-IA	NT	2:19.83

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
23 Baugh, Brynlee	9	Carroll Area Swim Team-IA	NT	2:24.42
			1:07.50	2:24.42 (1:16.92)
24 Driscoll, Bailey	9	Mason City Swim Club-IA	2:31.15	2:30.97
25 Burdick, Lena	7	Dowling Catholic Riptide-IA	NT	2:51.45
26 Cassler, Norah	10	Rams Swim Club-IA	NT	2:55.42
			1:25.29	2:55.42 (1:30.13)
--- Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	2:03.25	DQ 1:58.32
			Scissors kick	
			54.54	DQ 1:58.32 (1:03.78)
--- Gaulke, Kate	10	South East Aquatics-IA	NT	DQ 2:09.64
			One hand touch	
			1:00.29	DQ 2:09.64 (1:09.35)
--- Sankey, Camille	9	Ames Cyclone Aquatics Club-IA	2:20.11	DQ 2:15.37
			Butterfly kick	
--- Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	NT	NS
--- Birusingh, Ari	9	Des Moines Swimming Federation-IA	NT	NS
--- Ortega, Evelyn	9	Rams Swim Club-IA	1:58.19	SCR

Girls 10 & Under 50 Yard Butterfly

44.59 Q Champ Qualifying

Meet Qualifying: Slower than 44.59

Name	Age	Team	Seed Time	Finals Time
1 Walston, Lucy	9	Des Moines Swimming Federation-IA	44.90	44.63
2 Weber, Mya	10	Carroll Area Swim Team-IA	45.11	44.71
3 Larson, Rachel	9	Greater Des Moines YMCA-IA	46.38	44.85
4 Kettles, Tenley	9	Greater Des Moines YMCA-IA	46.33	45.68
5 Stalder, Tatym	10	Carroll Area Swim Team-IA	44.97	46.67
6 Peterson, Kendall	9	Dowling Catholic Riptide-IA	52.72	47.38
7 Connolly, Grace	9	Greater Des Moines YMCA-IA	44.67	48.09
8 Crowley, Quinn	9	Greater Des Moines YMCA-IA	49.50	48.92
9 Tran, Victoria	9	Central Iowa Aquatics-IA	44.63	49.11
10 Carter, June	10	Dowling Catholic Riptide-IA	51.32	49.14
11 Kliewer, Kenna	10	Fort Dodge Area Swim Team-IA	47.89	50.56
12 Meyer, Gwen	9	Dowling Catholic Riptide-IA	55.54	51.91
13 Benskin, Stella	10	Dowling Catholic Riptide-IA	52.17	52.78
14 Nieto, Gaby	10	Dowling Catholic Riptide-IA	57.56	53.97
15 Stec, Sophia	10	Des Moines Swimming Federation-IA	52.97	55.77
16 Baker, Caroline	9	Johnston Blaze Swim Club-IA	54.81	56.37
17 Olswing, Amelia	9	Ames Cyclone Aquatics Club-IA	53.03	57.01
18 Schoolen, Ruby	10	Rams Swim Club-IA	1:00.68	57.86
19 Eberly, Addyson	10	Rams Swim Club-IA	1:06.52	58.47
20 Guild, Bri	10	Johnston Blaze Swim Club-IA	57.55	1:04.41
21 Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	NT	1:08.47
22 Fox, Molly	10	Ames Cyclone Aquatics Club-IA	NT	1:15.03
--- Sisul, Jolie	10	South East Aquatics-IA	52.10	DQ 48.47
			Not toward the breast off wall	
--- Nguyen, Evy	9	Des Moines Swimming Federation-IA	NT	DQ 1:09.32
			Non-simultaneous arms	
--- Scebold, Maddie	9	Ames Cyclone Aquatics Club-IA	NT	DQ 1:38.26
			Arms underwater recovery	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 50 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time
--- Ortega, Evelyn	9	Rams Swim Club-IA	45.34	SCR

Girls 10 & Under 100 Yard Butterfly

1:39.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:39.09

Name	Age	Team	Seed Time	Finals Time
1 Thompson, Chloe	10	Ames Cyclone Aquatics Club-IA	NT	1:34.58 Q
40.13		1:34.58 (54.45)		
2 Price, Jocelyn	10	Johnston Blaze Swim Club-IA	NT	1:35.88 Q
43.70		1:35.88 (52.18)		
--- Tran, Victoria	9	Central Iowa Aquatics-IA	NT	DQ 1:51.24
Re-Submerged				
48.77		DQ 1:51.24 (1:02.47)		
--- Pekarek, Anna	10	Rams Swim Club-IA	1:49.40	NS

Girls 10 & Under 100 Yard IM

1:31.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:31.69

Name	Age	Team	Seed Time	Finals Time
1 Kettles, Tenley	9	Greater Des Moines YMCA-IA	1:32.53	1:30.11 Q
43.61		1:30.11 (46.50)		
2 Crowley, Quinn	9	Greater Des Moines YMCA-IA	1:32.46	1:31.01 Q
44.21		1:31.01 (46.80)		
3 Price, Jocelyn	10	Johnston Blaze Swim Club-IA	1:33.23	1:32.51
44.03		1:32.51 (48.48)		
4 Hornung, Harper	9	Greater Des Moines YMCA-IA	1:34.03	1:32.71
43.31		1:32.71 (49.40)		
5 Peterson, Greta	9	Des Moines Swimming Federation-IA	1:33.69	1:33.25
46.23		1:33.25 (47.02)		
6 Pierce, Ellen	10	Dowling Catholic Riptide-IA	1:39.50	1:33.83
48.19		1:33.83 (45.64)		
7 Larson, Rachel	9	Greater Des Moines YMCA-IA	1:33.46	1:34.20
43.91		1:34.20 (50.29)		
8 Carter, June	10	Dowling Catholic Riptide-IA	1:41.75	1:35.18
45.66		1:35.18 (49.52)		
9 Halbur, Allison	9	Ames Cyclone Aquatics Club-IA	1:34.54	1:35.26
43.82		1:35.26 (51.44)		
10 Harmon, Josie	10	Carroll Area Swim Team-IA	1:38.00	1:37.10
46.41		1:37.10 (50.69)		
11 Stalder, Tatym	10	Carroll Area Swim Team-IA	1:34.89	1:37.55
46.53		1:37.55 (51.02)		
12 Shaffer, Claire	10	Dowling Catholic Riptide-IA	1:46.23	1:37.90
45.01		1:37.90 (52.89)		
13 Leder, Maeve	10	Dowling Catholic Riptide-IA	1:40.76	1:39.82
50.69		1:39.82 (49.13)		
14 Connolly, Grace	9	Greater Des Moines YMCA-IA	1:37.89	1:41.14
49.17		1:41.14 (51.97)		
15 Groenenboom, Kinzley	10	South East Aquatics-IA	1:38.01	1:41.57
49.62		1:41.57 (51.95)		
16 Brugman, Cece	10	Greater Des Moines YMCA-IA	1:44.26	1:41.65
48.07		1:41.65 (53.58)		
17 Walston, Lucy	9	Des Moines Swimming Federation-IA	1:36.90	1:41.66

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 100 Yard IM)

	Name	Age	Team	Seed Time	Finals Time
18	Lewis, Madyson	10	Central Iowa Aquatics-IA	1:55.11	1:41.77
	50.62		1:41.77 (51.15)		
19	Albrecht, Brynlee	9	Greater Des Moines YMCA-IA	1:40.54	1:43.54
	52.81		1:43.54 (50.73)		
20	Bellcock, Bristol	10	Carroll Area Swim Team-IA	1:41.38	1:45.22
	52.14		1:45.22 (53.08)		
21	Sisul, Jolie	10	South East Aquatics-IA	1:49.20	1:46.10
	50.05		1:46.10 (56.05)		
22	Hunt, Jojo	10	Johnston Blaze Swim Club-IA	1:43.64	1:46.94
	52.06		1:46.94 (54.88)		
23	Weber, Mya	10	Carroll Area Swim Team-IA	1:41.38	1:47.10
	48.50		1:47.10 (58.60)		
24	Driscoll, Jules	10	Dowling Catholic Riptide-IA	1:45.27	1:47.74
	52.31		1:47.74 (55.43)		
25	Ocheltree, Kinnick	9	Greater Des Moines YMCA-IA	1:54.68	1:48.72
	50.46		1:48.72 (58.26)		
26	Baker, Caroline	9	Johnston Blaze Swim Club-IA	1:49.50	1:48.95
27	Signani, Katherine	9	Greater Des Moines YMCA-IA	1:47.22	1:50.07
	49.25		1:50.07 (1:00.82)		
28	Fewins, Ella	10	Rams Swim Club-IA	1:57.03	1:51.35
	55.56		1:51.35 (55.79)		
29	Stec, Sophia	10	Des Moines Swimming Federation-IA	1:45.28	1:51.43
	54.88		1:51.43 (56.55)		
30	Piper, Maddy	9	Dowling Catholic Riptide-IA	1:55.30	1:55.96
	53.35		1:55.96 (1:02.61)		
31	Meyer, Gwen	9	Dowling Catholic Riptide-IA	1:53.38	1:57.46
	55.49		1:57.46 (1:01.97)		
32	Cole, Kenedy	9	Central Iowa Aquatics-IA	1:59.30	1:58.90
	58.93		1:58.90 (59.97)		
33	Fox, Molly	10	Ames Cyclone Aquatics Club-IA	NT	2:11.03
34	Kopriva, Tinley	9	Des Moines Swimming Federation-IA	2:12.21	2:12.44
	1:06.11		2:12.44 (1:06.33)		
35	Dibbet, Harper	10	Dowling Catholic Riptide-IA	NT	2:14.51
36	Lepert, Alyse	9	Des Moines Swimming Federation-IA	2:31.12	2:24.13
37	Punt, Clara	9	South East Aquatics-IA	NT	2:33.82
38	Cassler, Norah	10	Rams Swim Club-IA	NT	2:35.41
---	Hildreth, Quinn	10	Fort Dodge Area Swim Team-IA	NT	DQ 2:00.91
	Shoulders past vertical toward breast - back				
---	Peer, Shawn	9	South East Aquatics-IA	NT	DQ 2:23.57
	Arms underwater recovery - fly				
---	Engelman, Maggie	10	Ames Cyclone Aquatics Club-IA	NT	DQ 2:24.04
	Arms underwater recovery - fly				
---	Stoeckel, Madigan	10	Central Iowa Aquatics-IA	1:42.94	NS

Girls 10 & Under 200 Yard IM

3:15.59 Q Champ Qualifying

Meet Qualifying: Slower than 3:15.59

	Name	Age	Team	Seed Time	Finals Time
1	Halbur, Allison	9	Ames Cyclone Aquatics Club-IA	3:18.77	3:19.75
	42.59		1:34.44 (51.85) 2:33.83 (59.39)	3:19.75 (45.92)	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 10 & Under 200 Yard IM)

Name	Age	Team	Seed Time	Finals Time
2 Tran, Victoria	9	Central Iowa Aquatics-IA	3:26.44	3:34.10
49.23	1:44.02 (54.79)	2:52.09 (1:08.07)	3:34.10 (42.01)	
3 Stec, Sophia	10	Des Moines Swimming Federation-IA	NT	3:49.10
53.01	1:54.25 (1:01.24)	2:55.45 (1:01.20)	3:49.10 (53.65)	
--- Hornung, Harper	9	Greater Des Moines YMCA-IA	NT	NS
--- Burdick, Lena	7	Dowling Catholic Riptide-IA	NT	NS
--- Engelman, Maggie	10	Ames Cyclone Aquatics Club-IA	NT	NS
--- Pekarek, Anna	10	Rams Swim Club-IA	3:21.54	NS

Girls 10 & Under 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Johnston Blaze Swim Club-IA	A	2:32.82	2:30.55
1) Bowman, Amelia 9	2) Baker, Caroline 9	3) Guild, Bri 10	4) Price, Jocelyn 10
39.01	1:14.87 (35.86)	1:57.97 (43.10)	2:30.55 (32.58)
2 Ames Cyclone Aquatics Club-IA	A	2:35.33	2:36.03
1) Halbur, Allison 9	2) Olswing, Amelia 9	3) Fox, Molly 10	4) Thompson, Chloe 10
36.08	1:17.52 (41.44)	2:16.68 (59.16)	2:36.03 (19.35)
3 Dowling Catholic Riptide-IA	B	2:44.71	2:48.06
1) Shaffer, Claire 10	2) Piper, Maddy 9	3) Meyer, Gwen 9	4) Driscoll, Jules 10
37.87	1:20.69 (42.82)	2:06.49 (45.80)	2:48.06 (41.57)
4 South East Aquatics-IA	A	2:59.05	2:54.83
1) Groenenboom, Kinzley 10	2) Sisul, Jolie 10	3) Punt, Clara 9	4) Zimmerman, Lily 10
41.04	1:17.78 (36.74)	2:14.19 (56.41)	2:54.83 (40.64)
5 Des Moines Swimming Federatio	A	3:08.05	3:00.06
1) Moon, Nora 10	2) Stec, Sophia 10	3) Rengel, Olivia 10	4) Kopriva, Tinley 9
45.85	1:29.04 (43.19)	2:10.76 (41.72)	3:00.06 (49.30)
6 Johnston Blaze Swim Club-IA	B	NT	3:07.63
1) Russell, Amelia 9	2) Miller, Etta 10	3) Holic, Hanna 10	4) Hunt, Jojo 10
42.69	1:42.82 (1:00.13)	2:28.69 (45.87)	3:07.63 (38.94)
7 Dowling Catholic Riptide-IA	C	3:18.58	3:08.91
1) Pierce, Ellen 10	2) Dibbet, Harper 10	3) Heiden, Brynn 9	4) Nieto, Gaby 10
	1:28.82 ()	2:26.99 (58.17)	3:08.91 (41.92)
8 Central Iowa Aquatics-IA	A	2:35.41	3:21.36
1) Stoeckel, Madigan 10	2) Klesel, Ayla 10	3) Cole, Kenedy 9	4) Lewis, Rylee 8
41.13	1:31.13 (50.00)	2:09.88 (38.75)	3:21.36 (1:11.48)
9 Ames Cyclone Aquatics Club-IA	B	3:30.13	3:36.02
1) Engelman, Maggie 10	2) Schaefer, Finley 9	3) Scebold, Maddie 9	4) Sankey, Camille 9
50.44	1:43.34 (52.90)	2:51.61 (1:08.27)	3:36.02 (44.41)
--- Dowling Catholic Riptide-IA	A	2:31.46	DQ 2:38.25
Early take-off swimmer #3			
1) Peterson, Kendall 9	2) Satterstrom, Molly 9	3) Carter, June 10	4) Leder, Maeve 10
38.45	1:28.02 (49.57)	2:02.79 (34.77)	DQ 2:38.25 (35.46)
--- Rams Swim Club-IA	A	2:53.55	SCR
1) Garrison, Jorgia 8	2) Thomas, Olivia 8	3) Schoolen, Ruby 10	4) Ortega, Evelyn 9

Girls 10 & Under 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Dowling Catholic Riptide-IA	A	3:01.75	2:55.57
1) Carter, June 10	2) Nieto, Gaby 10	3) Peterson, Kendall 9	4) Leder, Maeve 10
44.90	1:36.73 (51.83)	2:21.46 (44.73)	2:55.57 (34.11)

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(Girls 10 & Under 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time
2 Johnston Blaze Swim Club-IA	A	3:02.98	3:02.67
1) Guild, Bri 10	2) Price, Jocelyn 10	3) Hunt, Jojo 10	4) Baker, Caroline 9
46.85	1:35.66 (48.81)	2:25.06 (49.40)	3:02.67 (37.61)
3 Dowling Catholic Riptide-IA	B	3:15.30	3:05.41
1) Pierce, Ellen 10	2) Benskin, Stella 10	3) Meyer, Gwen 9	4) Shaffer, Claire 10
44.88	1:37.43 (52.55)	2:27.34 (49.91)	3:05.41 (38.07)
4 Dowling Catholic Riptide-IA	C	NT	x3:36.58
1) Dibbet, Harper 10	2) Driscoll, Jules 10	3) Piper, Maddy 9	4) Heiden, Brynn 9
55.07	1:46.79 (51.72)	2:45.43 (58.64)	3:36.58 (51.15)
5 South East Aquatics-IA	A	3:40.31	3:48.00
1) Peer, Shawn 9	2) Sisul, Jolie 10	3) Groenenboom, Kinzley 10	4) Punt, Clara 9
1:01.12	1:52.16 (51.04)	2:47.86 (55.70)	3:48.00 (1:00.14)
6 Des Moines Swimming Federatio	B	3:55.69	3:51.28
1) Kopriva, Tinley 9	2) Rengel, Olivia 10	3) Moon, Nora 10	4) Nguyen, Evy 9
56.56	2:00.69 (1:04.13)	3:06.16 (1:05.47)	3:51.28 (45.12)
--- Ames Cyclone Aquatics Club-IA	A	3:01.53	DQ 3:06.28
Stroke Infraction swimmer #2: Head not up - breast			
1) Schaefer, Finley 9	2) Thompson, Chloe 10	3) Halbur, Allison 9	4) Olswing, Amelia 9
1:02.29	1:44.52 (42.23)	2:25.74 (41.22)	DQ 3:06.28 (40.54)
--- Des Moines Swimming Federatio	A	3:13.57	DQ 3:08.49
Stroke Infraction swimmer #2: Head not up - breast			
1) Walston, Lucy 9	2) Nguyen, Emmy 10	3) Peterson, Greta 9	4) Stec, Sophia 10
51.85	1:39.82 (47.97)	2:26.33 (46.51)	DQ 3:08.49 (42.16)
--- Rams Swim Club-IA	A	3:16.72	DQ 3:47.27
Stroke Infraction swimmer #3: Arms underwater recovery - fly			
1) Schoolen, Ruby 10	2) Fewins, Ella 10	3) Eberly, Addyson 10	4) Cassler, Norah 10
51.05	1:47.43 (56.38)	2:46.28 (58.85)	DQ 3:47.27 (1:00.99)
--- Ames Cyclone Aquatics Club-IA	B	NT	DQ 4:31.60
Stroke Infraction swimmer #2: One hand touch - breast			
1) Engelman, Maggie 10	2) Berry, Collins 9	3) Fox, Molly 10	4) Scebold, Maddie 9
1:09.43	2:16.01 (1:06.58)	3:41.21 (1:25.20)	DQ 4:31.60 (50.39)
--- Central Iowa Aquatics-IA	A	3:07.60	SCR
1) Stoeckel, Madigan 10	2) Lewis, Madyson 10	3) Tran, Victoria 9	4) Cole, Kenedy 9

Girls 11-12 50 Yard Freestyle

29.99 Q Champ Qualifying

Meet Qualifying: Slower than 29.99

Name	Age	Team	Seed Time	Finals Time
1 Henning, Joelle	11	Life Time Iowa Swim Team-IA	30.25	30.14
2 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	31.28	30.65
3 Schmulbach, Reagan	12	Dowling Catholic Riptide-IA	30.49	30.68
4 Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	30.91	30.75
5 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	30.31	30.87
6 Miller, Coraline	12	Johnston Blaze Swim Club-IA	31.87	31.01
7 Evans, Ella	12	Johnston Blaze Swim Club-IA	32.49	31.12
8 Hurley, Brooklyn	11	Rams Swim Club-IA	31.50	31.14
9 Peterson, Brooklyn	11	Dowling Catholic Riptide-IA	31.79	31.16
10 Hedrick, Piper	11	Central Iowa Aquatics-IA	32.24	31.22
11 Dahlen, Ella	12	Des Moines Swimming Federation-IA	31.14	31.44
12 Baker, Norah	12	Johnston Blaze Swim Club-IA	31.63	31.54
13 Thilges, Ella	12	Johnston Blaze Swim Club-IA	31.31	31.77

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Results

(Girls 11-12 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
14 Ballard, Caitlin	12	Des Moines Swimming Federation-IA	33.52	31.84
15 Filmer, Lauren	11	Greater Des Moines YMCA-IA	31.85	31.91
16 Thoreson, Hazel	12	Des Moines Swimming Federation-IA	31.98	32.04
17 Van Der Molen, Baylie	12	Johnston Blaze Swim Club-IA	32.08	32.10
18 Swaim, Madison	11	Life Time Iowa Swim Team-IA	33.11	32.33
19 Driscoll, Rylee	12	Mason City Swim Club-IA	31.43	32.42
20 Pekarek, Lila	12	Rams Swim Club-IA	32.58	32.45
21 Kiekhaefer, Chloe	12	Johnston Blaze Swim Club-IA	32.40	32.78
22 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	34.18	32.89
23 Burke, Reece	11	Dowling Catholic Riptide-IA	33.97	32.90
24 Combs, Peyton	11	Ames Cyclone Aquatics Club-IA	34.28	33.11
25 Smith, Ella	12	Des Moines Swimming Federation-IA	33.78	33.19
26 Mason, Adelyn	12	Central Iowa Aquatics-IA	32.23	33.23
27 Lindemann, Josefina	11	Life Time Iowa Swim Team-IA	33.31	33.27
28 Witt, ava	12	Mason City Swim Club-IA	NT	33.35
29 Wilcoxson, Helena	12	Des Moines Swimming Federation-IA	32.93	33.76
30 Gruenisen, Sami	12	Johnston Blaze Swim Club-IA	32.86	33.86
31 Dacey, Alivia	11	Central Iowa Aquatics-IA	35.25	33.94
32 Seifert, Stella	12	Central Iowa Aquatics-IA	33.68	33.98
33 Honkamp, Claire	12	Des Moines Swimming Federation-IA	34.75	34.33
34 McDonough, Bridget	12	Des Moines Swimming Federation-IA	35.76	34.52
35 Meyer, Addie	11	Dowling Catholic Riptide-IA	33.78	34.56
36 Mccune, Zella	12	Johnston Blaze Swim Club-IA	33.94	34.59
37 Cariglino, Siena	11	North Side Swim Team-IA	33.85	34.75
38 Morales, Karla	12	Johnston Blaze Swim Club-IA	34.45	34.99
39 Doolittle, Jillian	11	Mason City Swim Club-IA	33.23	35.19
40 Jacobson, Anna	11	Dowling Catholic Riptide-IA	37.30	35.30
41 Chen, Leighton	11	Des Moines Swimming Federation-IA	36.06	35.52
42 Bancroft, Brianna	11	Ames Cyclone Aquatics Club-IA	37.41	35.62
43 Hudson, Natalie	11	Des Moines Swimming Federation-IA	35.20	36.49
44 Freeseaman, Gabby	11	Dowling Catholic Riptide-IA	38.05	36.82
45 Green, Raegan	12	Rams Swim Club-IA	38.61	37.17
46 Mathews, Sonja	11	Ames Cyclone Aquatics Club-IA	39.65	37.29
47 Hardman, Ellie	11	South East Aquatics-IA	39.02	37.43
48 McFall, Gianna	11	Johnston Blaze Swim Club-IA	46.30	38.46
49 Hunt, Ceci	11	Johnston Blaze Swim Club-IA	38.69	39.19
50 Jensen, Kendal	11	Johnston Blaze Swim Club-IA	42.85	39.73
51 McGinnis, Izzy	11	Johnston Blaze Swim Club-IA	41.11	40.08
52 Lastovica, Keegan	12	Swordfish Academy-IA	42.93	40.46
53 Peterson, Isabella	11	Carroll Area Swim Team-IA	40.37	40.59
54 Jacobus, Maddie	11	Johnston Blaze Swim Club-IA	41.33	41.17
55 Lingbeek, Aubrey	12	Mason City Swim Club-IA	41.45	41.76
56 Reineke, Lexi	12	North Side Swim Team-IA	1:02.91	41.88
57 Cunningham, Lydia	11	North Side Swim Team-IA	41.43	42.19
58 Hawks, Joni	11	Des Moines Swimming Federation-IA	43.04	43.48
59 Hoogestraat, Maci	11	Carroll Area Swim Team-IA	46.85	46.39
60 Bellcock, Brylie	12	Carroll Area Swim Team-IA	45.21	46.95
61 Kunkel, Kapri	11	Rams Swim Club-IA	49.26	48.26
62 Schnepf, Mae	11	Des Moines Swimming Federation-IA	56.00	52.32
63 Root, Norah	11	Central Iowa Aquatics-IA	48.67	52.79

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Results

(Girls 11-12 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
--- Innanji, Vrishti	11	Johnston Blaze Swim Club-IA	55.34	NS
--- Birusingh, Siri	12	Des Moines Swimming Federation-IA	40.55	NS
--- Tchaprazova, Kalida	12	Central Iowa Aquatics-IA	30.30	NS
--- Johnson, Irina	11	Dowling Catholic Riptide-IA	40.39	NS
--- Payne, Lily	12	Rams Swim Club-IA	38.45	SCR
--- Douglas, Allie	12	Rams Swim Club-IA	33.71	SCR
--- Reineke, Mia	12	North Side Swim Team-IA	35.78	SCR

Girls 11-12 100 Yard Freestyle

1:05.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:05.69

Name	Age	Team	Seed Time	Finals Time
1 Henning, Joelle	11	Life Time Iowa Swim Team-IA	1:07.13	1:04.97 Q
31.22				1:04.97 (33.75)
2 Brugman, Abigail	12	Greater Des Moines YMCA-IA	1:07.24	1:05.30 Q
31.27				1:05.30 (34.03)
3 DeMuth, Betty	12	South East Aquatics-IA	1:06.99	1:07.19
30.14				1:07.19 (37.05)
4 Hurley, Brooklyn	11	Rams Swim Club-IA	1:09.31	1:07.65
32.05				1:07.65 (35.60)
5 DeWall, Sami	11	Greater Des Moines YMCA-IA	1:06.49	1:08.04
33.17				1:08.04 (34.87)
6 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	1:07.60	1:08.19
32.17				1:08.19 (36.02)
7 Ballard, Caitlin	12	Des Moines Swimming Federation-IA	1:12.60	1:08.59
33.80				1:08.59 (34.79)
8 Dahlen, Ella	12	Des Moines Swimming Federation-IA	1:09.59	1:08.72
32.19				1:08.72 (36.53)
9 Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	1:09.76	1:08.83
32.83				1:08.83 (36.00)
10 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	1:08.18	1:08.87
32.51				1:08.87 (36.36)
11 Hedrick, Piper	11	Central Iowa Aquatics-IA	1:13.56	1:09.36
32.53				1:09.36 (36.83)
12 Swaim, Madison	11	Life Time Iowa Swim Team-IA	1:12.35	1:10.40
34.14				1:10.40 (36.26)
13 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	1:09.16	1:10.51
32.68				1:10.51 (37.83)
14 Evans, Ella	12	Johnston Blaze Swim Club-IA	1:10.72	1:10.75
33.63				1:10.75 (37.12)
15 Baker, Norah	12	Johnston Blaze Swim Club-IA	1:10.07	1:10.92
33.41				1:10.92 (37.51)
16 Thilges, Ella	12	Johnston Blaze Swim Club-IA	1:12.61	1:11.13
34.33				1:11.13 (36.80)
17 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	1:15.38	1:11.26
33.62				1:11.26 (37.64)
18 Smith, Ella	12	Des Moines Swimming Federation-IA	1:17.63	1:11.35
34.40				1:11.35 (36.95)
19 Kiekhaefer, Chloe	12	Johnston Blaze Swim Club-IA	1:10.35	1:11.39
34.49				1:11.39 (36.90)

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 100 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
*20 Filmer, Lauren	11	Greater Des Moines YMCA-IA	1:10.47	1:11.50
33.96	1:11.50 (37.54)			
*20 Driscoll, Rylee	12	Mason City Swim Club-IA	1:13.08	1:11.50
34.30	1:11.50 (37.20)			
22 Seifert, Stella	12	Central Iowa Aquatics-IA	1:12.06	1:11.95
34.75	1:11.95 (37.20)			
23 Mason, Adelyn	12	Central Iowa Aquatics-IA	1:13.65	1:11.99
33.88	1:11.99 (38.11)			
24 Lindemann, Josefina	11	Life Time Iowa Swim Team-IA	1:29.73	1:13.48
35.07	1:13.48 (38.41)			
25 Meyer, Addie	11	Dowling Catholic Riptide-IA	1:18.58	1:14.00
35.47	1:14.00 (38.53)			
26 Newton, Merryn	11	Greater Des Moines YMCA-IA	1:19.16	1:14.40
20.92	1:14.40 (53.48)			
27 Burke, Reece	11	Dowling Catholic Riptide-IA	1:15.93	1:14.58
34.84	1:14.58 (39.74)			
28 Dacey, Alivia	11	Central Iowa Aquatics-IA	1:18.09	1:14.89
35.68	1:14.89 (39.21)			
29 Cariglino, Siena	11	North Side Swim Team-IA	1:15.88	1:15.30
34.92	1:15.30 (40.38)			
30 Honkamp, Claire	12	Des Moines Swimming Federation-IA	1:16.39	1:15.90
35.70	1:15.90 (40.20)			
31 Combs, Peyton	11	Ames Cyclone Aquatics Club-IA	1:17.91	1:18.73
34.53	1:18.73 (44.20)			
32 Gruenisen, Sami	12	Johnston Blaze Swim Club-IA	1:16.75	1:18.79
36.00	1:18.79 (42.79)			
33 Chen, Leighton	11	Des Moines Swimming Federation-IA	1:22.05	1:19.02
36.56	1:19.02 (42.46)			
34 Fewins, Emma	12	Rams Swim Club-IA	1:18.08	1:19.39
36.44	1:19.39 (42.95)			
35 Lee, Blythe	11	Johnston Blaze Swim Club-IA	1:15.60	1:19.48
38.96	1:19.48 (40.52)			
36 Anderson, Davan	12	North Side Swim Team-IA	1:15.24	1:20.48
38.41	1:20.48 (42.07)			
37 Gassmann, Vivian	12	Ames Cyclone Aquatics Club-IA	1:20.77	1:21.20
38.75	1:21.20 (42.45)			
38 Mathews, Sonja	11	Ames Cyclone Aquatics Club-IA	1:27.62	1:21.67
39.16	1:21.67 (42.51)			
39 Hudson, Natalie	11	Des Moines Swimming Federation-IA	1:19.45	1:22.81
38.12	1:22.81 (44.69)			
40 Ahlrich, Mady	12	Fort Dodge Area Swim Team-IA	1:27.53	1:25.60
40.36	1:25.60 (45.24)			
41 Hardman, Ellie	11	South East Aquatics-IA	1:44.62	1:26.37
40.32	1:26.37 (46.05)			
42 Birusingh, Siri	12	Des Moines Swimming Federation-IA	1:34.54	1:27.90
40.52	1:27.90 (47.38)			
43 Hunt, Ceci	11	Johnston Blaze Swim Club-IA	1:27.58	1:27.96
42.04	1:27.96 (45.92)			
44 Freeseaman, Gabby	11	Dowling Catholic Riptide-IA	1:30.62	1:28.07
41.56	1:28.07 (46.51)			
45 Azogu, Chioma	12	Carroll Area Swim Team-IA	1:29.05	1:29.23

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 100 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
46 Narayanan, Anika	12	Des Moines Swimming Federation-IA	1:39.00	1:30.63
41.42				1:30.63 (49.21)
47 Thacker, Callie	11	Dowling Catholic Riptide-IA	1:37.06	1:33.24
45.06				1:33.24 (48.18)
48 Cunningham, Lydia	11	North Side Swim Team-IA	1:39.31	1:34.10
45.86				1:34.10 (48.24)
49 Lingbeek, Aubrey	12	Mason City Swim Club-IA	1:35.45	1:36.37
50 Hawks, Joni	11	Des Moines Swimming Federation-IA	1:34.80	1:36.60
45.16				1:36.60 (51.44)
51 Reineke, Lexi	12	North Side Swim Team-IA	1:43.67	1:37.43
45.34				1:37.43 (52.09)
52 Freiburger, Valentina	11	Rams Swim Club-IA	1:38.86	1:38.14
47.10				1:38.14 (51.04)
53 Hollebrands, Abby	11	South East Aquatics-IA	NT	1:41.09
45.77				1:41.09 (55.32)
54 Kunkel, Kapri	11	Rams Swim Club-IA	1:49.13	1:47.36
55 Bellcock, Brylie	12	Carroll Area Swim Team-IA	1:44.04	1:48.42
49.11				1:48.42 (59.31)
56 Schnepf, Mae	11	Des Moines Swimming Federation-IA	NT	2:05.28
55.02				2:05.28 (1:10.26)
--- Peterson, Brooklyn	11	Dowling Catholic Riptide-IA	1:10.09	DQ 1:09.64
False start				
34.08				DQ 1:09.64 (35.56)
--- Innanji, Vrishti	11	Johnston Blaze Swim Club-IA	1:57.72	NS
--- Kinkade, Brynn	11	Fort Dodge Area Swim Team-IA	NT	NS
--- Powell, Morgynne	12	Des Moines Swimming Federation-IA	1:18.42	NS
--- Johnson, Irina	11	Dowling Catholic Riptide-IA	1:28.00	NS
--- Shenouda, Elizabeth	11	Dowling Catholic Riptide-IA	1:35.04	NS
--- Reineke, Mia	12	North Side Swim Team-IA	1:20.80	SCR
--- Douglas, Allie	12	Rams Swim Club-IA	1:14.81	SCR

Girls 11-12 200 Yard Freestyle

2:23.29 Q Champ Qualifying

Meet Qualifying: Slower than 2:23.29

Name	Age	Team	Seed Time	Finals Time
1 Dahlen, Ella	12	Des Moines Swimming Federation-IA	2:23.48	2:25.21
31.99				1:09.40 (37.41)
				1:47.74 (38.34)
				2:25.21 (37.47)
2 Filmer, Lauren	11	Greater Des Moines YMCA-IA	2:29.48	2:31.47
34.50				1:13.61 (39.11)
				1:53.38 (39.77)
				2:31.47 (38.09)
3 Smith, Ella	12	Des Moines Swimming Federation-IA	2:33.23	2:31.56
34.31				1:12.89 (38.58)
				1:54.02 (41.13)
				2:31.56 (37.54)
4 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	3:07.03	2:33.75
34.40				1:14.01 (39.61)
				1:55.56 (41.55)
				2:33.75 (38.19)
5 Peterson, Brooklyn	11	Dowling Catholic Riptide-IA	2:36.81	2:33.80
32.40				1:14.44 (42.04)
				1:55.80 (41.36)
				2:33.80 (38.00)
6 Hedrick, Piper	11	Central Iowa Aquatics-IA	2:47.02	2:35.32
35.32				1:17.11 (41.79)
				1:58.10 (40.99)
				2:35.32 (37.22)
7 Seifert, Stella	12	Central Iowa Aquatics-IA	2:44.68	2:36.45
36.11				1:15.73 (39.62)
				1:56.60 (40.87)
				2:36.45 (39.85)
8 Meyer, Addie	11	Dowling Catholic Riptide-IA	2:37.51	2:36.84
36.77				1:17.80 (41.03)
				1:59.44 (41.64)
				2:36.84 (37.40)

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
9 Swaim, Madison	11	Life Time Iowa Swim Team-IA	2:45.89	2:37.49
35.52	1:15.99 (40.47)	1:58.97 (42.98)	2:37.49 (38.52)	
10 Thilges, Ella	12	Johnston Blaze Swim Club-IA	2:42.59	2:37.52
37.51	1:18.41 (40.90)	2:00.05 (41.64)	2:37.52 (37.47)	
11 Schmulbach, Reagan	12	Dowling Catholic Riptide-IA	2:36.90	2:37.55
35.98	1:18.57 (42.59)	1:59.52 (40.95)	2:37.55 (38.03)	
12 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	2:32.88	2:37.68
34.97	1:14.57 (39.60)	1:56.57 (42.00)	2:37.68 (41.11)	
13 Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	2:42.67	2:38.52
35.33	1:16.72 (41.39)	2:38.52 (1:21.80)		
14 Driscoll, Rylee	12	Mason City Swim Club-IA	2:42.43	2:41.01
37.70	1:20.88 (43.18)	2:02.34 (41.46)	2:41.01 (38.67)	
15 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	2:37.47	2:41.11
35.79	1:17.77 (41.98)	2:00.53 (42.76)	2:41.11 (40.58)	
16 Witt, ava	12	Mason City Swim Club-IA	2:49.97	2:45.14
35.92	1:18.61 (42.69)	2:03.20 (44.59)	2:45.14 (41.94)	
17 Anderson, Davan	12	North Side Swim Team-IA	2:48.70	2:49.61
39.93	1:24.59 (44.66)	2:08.88 (44.29)	2:49.61 (40.73)	
18 Chen, Leighton	11	Des Moines Swimming Federation-IA	3:00.73	2:52.10
36.28	1:21.15 (44.87)	2:07.74 (46.59)	2:52.10 (44.36)	
19 Mccune, Zella	12	Johnston Blaze Swim Club-IA	2:54.42	2:56.17
39.68	1:23.70 (44.02)	2:11.83 (48.13)	2:56.17 (44.34)	
20 Freeseman, Gabby	11	Dowling Catholic Riptide-IA	NT	3:25.64
42.96	1:36.80 (53.84)	2:34.62 (57.82)	3:25.64 (51.02)	
21 Cunningham, Lydia	11	North Side Swim Team-IA	3:32.29	3:26.26
22 Reineke, Lexi	12	North Side Swim Team-IA	4:14.92	3:40.49
47.19	1:43.86 (56.67)	2:43.29 (59.43)	3:40.49 (57.20)	
--- Powell, Morgynne	12	Des Moines Swimming Federation-IA	2:52.04	NS
--- Reineke, Mia	12	North Side Swim Team-IA	3:12.99	SCR

Girls 11-12 500 Yard Freestyle

6:22.89 11-12 Q Champ Qualifying

7:20.39 11-12 REG Regional Qualifying

Meet Qualifying 11-12: 6:22.90 - 7:20.39

Name	Age	Team	Seed Time	Finals Time
1 Filmer, Lauren	11	Greater Des Moines YMCA-IA	6:54.78	6:49.11 REG
36.01	1:17.22 (41.21)	1:58.57 (41.35)	2:40.01 (41.44)	
3:22.54 (42.53)	4:04.16 (41.62)	4:46.62 (42.46)	5:28.32 (41.70)	
6:09.93 (41.61)	6:49.11 (39.18)			
2 Meyer, Addie	11	Dowling Catholic Riptide-IA	7:08.84	6:52.35 REG
35.78	1:17.10 (41.32)	1:59.90 (42.80)	2:42.87 (42.97)	
3:26.28 (43.41)	4:09.58 (43.30)	4:51.68 (42.10)	5:33.22 (41.54)	
6:14.01 (40.79)	6:52.35 (38.34)			
3 Mason, Adelyn	12	Central Iowa Aquatics-IA	7:06.96	7:08.71 REG
36.34	1:18.51 (42.17)	2:02.33 (43.82)	2:46.52 (44.19)	
3:31.18 (44.66)	4:16.22 (45.04)	5:00.55 (44.33)	5:43.99 (43.44)	
6:27.61 (43.62)	7:08.71 (41.10)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Girls 11-12 50 Yard Backstroke

34.99 Q Champ Qualifying

Meet Qualifying: Slower than 34.99

Name	Age	Team	Seed Time	Finals Time	
1 Driscoll, Rylee	12	Mason City Swim Club-IA	35.79	34.08	Q
2 Wilcoxson, Helena	12	Des Moines Swimming Federation-IA	36.68	35.75	
3 Henning, Joelle	11	Life Time Iowa Swim Team-IA	37.39	35.88	
4 DeWall, Sami	11	Greater Des Moines YMCA-IA	36.03	36.63	
5 Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	38.49	36.86	
6 Hajdich, Emma	11	Greater Des Moines YMCA-IA	36.39	37.02	
7 Dahlen, Ella	12	Des Moines Swimming Federation-IA	38.34	37.13	
8 Mason, Adelyn	12	Central Iowa Aquatics-IA	37.08	37.64	
9 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	37.46	37.75	
10 Baker, Norah	12	Johnston Blaze Swim Club-IA	37.78	37.89	
*11 Ballard, Caitlin	12	Des Moines Swimming Federation-IA	38.82	37.98	
*11 Smith, Ella	12	Des Moines Swimming Federation-IA	41.17	37.98	
13 Hurley, Brooklyn	11	Rams Swim Club-IA	38.61	38.08	
14 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	37.57	38.13	
15 Swaim, Madison	11	Life Time Iowa Swim Team-IA	43.69	38.51	
16 Combs, Peyton	11	Ames Cyclone Aquatics Club-IA	39.16	38.52	
17 Evans, Ella	12	Johnston Blaze Swim Club-IA	38.33	38.80	
18 Lee, Blythe	11	Johnston Blaze Swim Club-IA	40.38	39.12	
19 Lindemann, Josefina	11	Life Time Iowa Swim Team-IA	40.82	39.40	
20 Peterson, Brooklyn	11	Dowling Catholic Riptide-IA	39.73	39.90	
21 Thilges, Ella	12	Johnston Blaze Swim Club-IA	38.84	39.95	
22 Doolittle, Jillian	11	Mason City Swim Club-IA	38.66	39.96	
23 Cariglino, Siena	11	North Side Swim Team-IA	38.79	40.34	
24 Meyer, Addie	11	Dowling Catholic Riptide-IA	40.43	40.64	
25 McDonough, Bridget	12	Des Moines Swimming Federation-IA	39.75	40.65	
26 Handsaker, Lydia	11	Ames Cyclone Aquatics Club-IA	39.76	40.73	
27 Dacey, Alivia	11	Central Iowa Aquatics-IA	40.26	40.80	
28 Bancroft, Brianna	11	Ames Cyclone Aquatics Club-IA	41.25	40.87	
29 Seifert, Stella	12	Central Iowa Aquatics-IA	40.31	40.96	
30 Gassmann, Vivian	12	Ames Cyclone Aquatics Club-IA	42.20	40.99	
31 Honkamp, Claire	12	Des Moines Swimming Federation-IA	40.39	41.42	
32 Gatzionis, Elena	11	Greater Des Moines YMCA-IA	41.22	41.51	
33 Burke, Reece	11	Dowling Catholic Riptide-IA	42.12	41.63	
34 Hudson, Natalie	11	Des Moines Swimming Federation-IA	45.02	42.86	
35 Fewins, Emma	12	Rams Swim Club-IA	43.42	43.79	
36 Newton, Merryn	11	Greater Des Moines YMCA-IA	44.45	43.93	
37 Chen, Leighton	11	Des Moines Swimming Federation-IA	42.52	44.08	
38 Mathews, Sonja	11	Ames Cyclone Aquatics Club-IA	42.27	44.18	
39 Gruenisen, Sami	12	Johnston Blaze Swim Club-IA	46.64	44.29	
40 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	43.25	44.52	
41 Thacker, Callie	11	Dowling Catholic Riptide-IA	44.50	44.65	
42 Ahlrich, Mady	12	Fort Dodge Area Swim Team-IA	47.20	46.35	
43 Narayanan, Anika	12	Des Moines Swimming Federation-IA	46.73	46.63	
44 Azogu, Chioma	12	Carroll Area Swim Team-IA	47.63	48.81	
45 Lingbeek, Aubrey	12	Mason City Swim Club-IA	45.83	48.85	
46 Hunt, Ceci	11	Johnston Blaze Swim Club-IA	46.65	48.89	
47 Freeseaman, Gabby	11	Dowling Catholic Riptide-IA	45.29	49.98	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
48 Hardman, Ellie	11	South East Aquatics-IA	51.12	50.09
49 Schnepf, Mae	11	Des Moines Swimming Federation-IA	53.49	52.27
50 Bean, Ember	11	Rams Swim Club-IA	51.26	52.95
51 Cunningham, Lydia	11	North Side Swim Team-IA	51.96	53.57
52 Polich, Jenna	11	Johnston Blaze Swim Club-IA	NT	53.58
53 Reineke, Lexi	12	North Side Swim Team-IA	58.02	54.26
54 Kunkel, Kapri	11	Rams Swim Club-IA	51.82	54.72
55 Freiburger, Valentina	11	Rams Swim Club-IA	1:02.59	59.86
56 Bellcock, Brylie	12	Carroll Area Swim Team-IA	1:15.83	1:04.66
--- Shenouda, Elizabeth	11	Dowling Catholic Riptide-IA	51.31	NS
--- Hollebrands, Abby	11	South East Aquatics-IA	54.76	NS
--- Hoogestraat, Maci	11	Carroll Area Swim Team-IA	53.55	NS
--- Innanji, Vrishti	11	Johnston Blaze Swim Club-IA	1:06.31	NS
--- Peterson, Isabella	11	Carroll Area Swim Team-IA	51.60	NS
--- Reineke, Mia	12	North Side Swim Team-IA	41.58	SCR
--- Douglas, Allie	12	Rams Swim Club-IA	40.32	SCR

Girls 11-12 100 Yard Backstroke

1:16.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:16.09

Name	Age	Team	Seed Time	Finals Time
1 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	1:16.41	1:14.70 Q
35.46				1:14.70 (39.24)
2 Driscoll, Rylee	12	Mason City Swim Club-IA	1:20.73	1:18.25
37.37				1:18.25 (40.88)
3 Ballard, Caitlin	12	Des Moines Swimming Federation-IA	1:23.03	1:20.03
38.64				1:20.03 (41.39)
4 Peterson, Brooklyn	11	Dowling Catholic Riptide-IA	1:24.65	1:20.46
39.82				1:20.46 (40.64)
5 Seifert, Stella	12	Central Iowa Aquatics-IA	1:24.71	1:21.60
39.79				1:21.60 (41.81)
6 Wilcoxson, Helena	12	Des Moines Swimming Federation-IA	1:21.24	1:22.67
7 Mason, Adelyn	12	Central Iowa Aquatics-IA	1:25.93	1:24.51
41.76				1:24.51 (42.75)
8 Thilges, Ella	12	Johnston Blaze Swim Club-IA	1:24.53	1:24.91
40.82				1:24.91 (44.09)
9 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	1:23.26	1:25.58
42.31				1:25.58 (43.27)
10 Meyer, Addie	11	Dowling Catholic Riptide-IA	1:26.42	1:26.46
42.83				1:26.46 (43.63)
11 Doolittle, Jillian	11	Mason City Swim Club-IA	1:24.12	1:26.50
42.43				1:26.50 (44.07)
12 Combs, Peyton	11	Ames Cyclone Aquatics Club-IA	1:27.34	1:26.57
41.08				1:26.57 (45.49)
13 Lindemann, Josefina	11	Life Time Iowa Swim Team-IA	1:27.51	1:26.68
40.96				1:26.68 (45.72)
14 Dacey, Alivia	11	Central Iowa Aquatics-IA	1:25.23	1:27.10
42.37				1:27.10 (44.73)
15 Honkamp, Claire	12	Des Moines Swimming Federation-IA	1:26.34	1:27.57
42.61				1:27.57 (44.96)

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
16 Burke, Reece	11	Dowling Catholic Riptide-IA	1:29.18	1:27.83
42.44	1:27.83 (45.39)			
17 Schmulbach, Reagan	12	Dowling Catholic Riptide-IA	1:28.75	1:27.86
42.25	1:27.86 (45.61)			
18 Gatzionis, Elena	11	Greater Des Moines YMCA-IA	1:33.51	1:28.90
43.52	1:28.90 (45.38)			
19 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	1:36.75	1:32.83
44.34	1:32.83 (48.49)			
20 Hudson, Natalie	11	Des Moines Swimming Federation-IA	1:35.36	1:33.09
44.69	1:33.09 (48.40)			
21 Mccune, Zella	12	Johnston Blaze Swim Club-IA	1:34.34	1:35.31
46.98	1:35.31 (48.33)			
22 Jacobus, Maddie	11	Johnston Blaze Swim Club-IA	2:01.98	1:40.34
23 Mathews, Sonja	11	Ames Cyclone Aquatics Club-IA	NT	1:40.75
49.10	1:40.75 (51.65)			
24 Lingbeek, Aubrey	12	Mason City Swim Club-IA	1:46.35	1:45.46
50.73	1:45.46 (54.73)			
25 Hardman, Ellie	11	South East Aquatics-IA	NT	1:46.41
49.26	1:46.41 (57.15)			
26 Schnepf, Mae	11	Des Moines Swimming Federation-IA	2:03.94	1:49.63
50.69	1:49.63 (58.94)			
27 McGinnis, Izzy	11	Johnston Blaze Swim Club-IA	1:51.03	1:52.32
54.55	1:52.32 (57.77)			
28 Cunningham, Lydia	11	North Side Swim Team-IA	1:52.90	1:54.72
54.97	1:54.72 (59.75)			
29 Freeseaman, Gabby	11	Dowling Catholic Riptide-IA	NT	1:55.96
30 Reineke, Lexi	12	North Side Swim Team-IA	1:51.51	1:57.88
56.07	1:57.88 (1:01.81)			
31 Hoogestraat, Maci	11	Carroll Area Swim Team-IA	1:58.16	1:58.08
57.00	1:58.08 (1:01.08)			
32 Kunkel, Kapri	11	Rams Swim Club-IA	1:58.27	1:59.88
56.97	1:59.88 (1:02.91)			
--- Cariglino, Siena	11	North Side Swim Team-IA	1:31.81	DQ 1:27.34
Delay initiating turn				
42.27	DQ 1:27.34 (45.07)			
--- Morales, Karla	12	Johnston Blaze Swim Club-IA	1:28.19	DQ 1:36.27
Delay initiating turn				
47.38	DQ 1:36.27 (48.89)			
--- Hunt, Ceci	11	Johnston Blaze Swim Club-IA	1:40.98	DQ 1:40.22
Delay initiating turn				
48.14	DQ 1:40.22 (52.08)			
--- McFall, Gianna	11	Johnston Blaze Swim Club-IA	NT	DQ 1:44.29
Shoulders past vertical toward breast				
48.53	DQ 1:44.29 (55.76)			
--- Evans, Ella	12	Johnston Blaze Swim Club-IA	NT	NS
--- Innanji, Vrishti	11	Johnston Blaze Swim Club-IA	NT	NS
--- Powell, Morgynne	12	Des Moines Swimming Federation-IA	1:28.14	NS
--- Payne, Lily	12	Rams Swim Club-IA	1:52.81	SCR
--- Reineke, Mia	12	North Side Swim Team-IA	1:39.11	SCR
--- Douglas, Allie	12	Rams Swim Club-IA	1:24.26	SCR

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Girls 11-12 200 Yard Backstroke

2:43.99 Q Champ Qualifying

3:08.59 REG Regional Qualifying

Meet Qualifying: 2:44.00 - 3:08.59

Name	Age	Team	Seed Time	Finals Time	
1 DeMuth, Betty	12	South East Aquatics-IA	2:45.13	2:42.23	Q
34.90	1:15.68 (40.78)	1:59.18 (43.50)	2:42.23 (43.05)		
2 Brugman, Abigail	12	Greater Des Moines YMCA-IA	2:46.43	2:42.99	Q
37.51	1:19.18 (41.67)	2:02.34 (43.16)	2:42.99 (40.65)		
3 Hajduch, Emma	11	Greater Des Moines YMCA-IA	2:46.81	2:49.01	REG
39.58	1:22.89 (43.31)	2:06.97 (44.08)	2:49.01 (42.04)		
4 DeMuth, Caroline	12	South East Aquatics-IA	2:49.07	2:50.92	REG
37.19	1:19.42 (42.23)	2:04.92 (45.50)	2:50.92 (46.00)		
5 Thilges, Ella	12	Johnston Blaze Swim Club-IA	2:59.93	2:56.63	REG
41.24	1:24.30 (43.06)	2:11.10 (46.80)	2:56.63 (45.53)		
--- Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	3:00.76	DQ 2:47.09	
Delay initiating turn					
37.56	1:19.33 (41.77)	2:04.48 (45.15)	DQ 2:47.09 (42.61)		
--- Powell, Morgynne	12	Des Moines Swimming Federation-IA	3:04.20	NS	
--- Driscoll, Rylee	12	Mason City Swim Club-IA	2:58.78	SCR	

Girls 11-12 50 Yard Breaststroke

39.99 Q Champ Qualifying

Meet Qualifying: Slower than 39.99

Name	Age	Team	Seed Time	Finals Time	
1 Evans, Ella	12	Johnston Blaze Swim Club-IA	42.53	39.52	Q
2 Murray, Brynn	12	Mason City Swim Club-IA	41.56	39.90	Q
3 Pekarek, Lila	12	Rams Swim Club-IA	40.29	40.28	
4 Dacey, Alivia	11	Central Iowa Aquatics-IA	41.91	40.93	
5 Hurley, Brooklyn	11	Rams Swim Club-IA	40.56	40.95	
6 Filmer, Lauren	11	Greater Des Moines YMCA-IA	42.50	41.66	
7 Mason, Adelyn	12	Central Iowa Aquatics-IA	42.94	41.92	
8 Smith, Ella	12	Des Moines Swimming Federation-IA	44.85	42.23	
9 Doolittle, Jillian	11	Mason City Swim Club-IA	43.09	42.32	
10 Thoreson, Hazel	12	Des Moines Swimming Federation-IA	48.59	43.00	
11 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	43.06	43.41	
12 Miller, Coraline	12	Johnston Blaze Swim Club-IA	43.89	43.74	
13 Hedrick, Piper	11	Central Iowa Aquatics-IA	44.88	43.97	
14 Van Der Molen, Baylie	12	Johnston Blaze Swim Club-IA	43.45	44.71	
15 McDonough, Bridget	12	Des Moines Swimming Federation-IA	44.73	44.91	
16 Bancroft, Brianna	11	Ames Cyclone Aquatics Club-IA	43.75	45.26	
17 Henning, Joelle	11	Life Time Iowa Swim Team-IA	47.57	45.29	
18 Gatzionis, Elena	11	Greater Des Moines YMCA-IA	46.43	45.70	
19 Hudson, Natalie	11	Des Moines Swimming Federation-IA	47.06	45.73	
20 Cariglino, Siena	11	North Side Swim Team-IA	46.53	46.67	
21 Schmulbach, Reagan	12	Dowling Catholic Riptide-IA	44.94	47.03	
22 Thilges, Ella	12	Johnston Blaze Swim Club-IA	46.89	47.45	
23 Lindemann, Josefina	11	Life Time Iowa Swim Team-IA	47.94	48.31	
24 Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	51.07	49.96	
25 Mathews, Sonja	11	Ames Cyclone Aquatics Club-IA	48.76	50.20	
26 Lingbeek, Aubrey	12	Mason City Swim Club-IA	50.64	50.24	
27 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	52.31	50.60	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 50 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
28 Anderson, Davan	12	North Side Swim Team-IA	48.47	51.27
29 McGinnis, Izzy	11	Johnston Blaze Swim Club-IA	53.35	52.26
30 Jensen, Kendal	11	Johnston Blaze Swim Club-IA	53.82	52.32
31 Jacobus, Maddie	11	Johnston Blaze Swim Club-IA	53.44	52.78
32 Chen, Leighton	11	Des Moines Swimming Federation-IA	50.52	53.00
33 McFall, Gianna	11	Johnston Blaze Swim Club-IA	NT	53.06
34 Bellcock, Brylie	12	Carroll Area Swim Team-IA	52.97	54.10
35 Reineke, Lexi	12	North Side Swim Team-IA	1:19.49	54.42
36 Hardman, Ellie	11	South East Aquatics-IA	59.91	55.74
37 Cunningham, Lydia	11	North Side Swim Team-IA	57.48	56.94
38 Lastovica, Keegan	12	Swordfish Academy-IA	1:01.21	58.35
39 Green, Raegan	12	Rams Swim Club-IA	1:01.84	1:00.61
40 Kunkel, Kapri	11	Rams Swim Club-IA	1:01.38	1:02.31
41 Hawks, Joni	11	Des Moines Swimming Federation-IA	1:05.82	1:06.48
--- Seifert, Stella	12	Central Iowa Aquatics-IA	1:06.02 L	DQ 46.15
Butterfly kick				
--- Burke, Reece	11	Dowling Catholic Riptide-IA	49.36	DQ 50.07
Two strokes under water				
--- Peterson, Isabella	11	Carroll Area Swim Team-IA	55.53	DQ 59.87
Butterfly kick				
--- Innanji, Vrishti	11	Johnston Blaze Swim Club-IA	1:10.39	NS
--- Birusingh, Siri	12	Des Moines Swimming Federation-IA	47.99	NS
--- Johnson, Irina	11	Dowling Catholic Riptide-IA	49.53	NS
--- Gruenisen, Sami	12	Johnston Blaze Swim Club-IA	40.16	NS
--- Payne, Lily	12	Rams Swim Club-IA	46.22	SCR
--- Reineke, Mia	12	North Side Swim Team-IA	55.26	SCR
--- Douglas, Allie	12	Rams Swim Club-IA	47.04	SCR

Girls 11-12 100 Yard Breaststroke

1:27.19 Q Champ Qualifying

Meet Qualifying: Slower than 1:27.19

Name	Age	Team	Seed Time	Finals Time
1 DeMuth, Caroline	12	South East Aquatics-IA	1:28.00	1:28.38
39.81			1:28.38 (48.57)	
2 Smith, Ella	12	Des Moines Swimming Federation-IA	1:32.62	1:28.39
42.48			1:28.39 (45.91)	
3 Kiekhaefer, Chloe	12	Johnston Blaze Swim Club-IA	1:28.55	1:28.86
41.34			1:28.86 (47.52)	
4 Evans, Ella	12	Johnston Blaze Swim Club-IA	1:30.09	1:29.55
42.19			1:29.55 (47.36)	
5 Gruenisen, Sami	12	Johnston Blaze Swim Club-IA	1:30.45	1:30.52
42.81			1:30.52 (47.71)	
6 Pekarek, Lila	12	Rams Swim Club-IA	1:27.93	1:30.53
43.22			1:30.53 (47.31)	
7 Filmer, Lauren	11	Greater Des Moines YMCA-IA	1:31.50	1:30.60
42.60			1:30.60 (48.00)	
8 Dacey, Alivia	11	Central Iowa Aquatics-IA	1:31.39	1:31.25
43.80			1:31.25 (47.45)	
9 Doolittle, Jillian	11	Mason City Swim Club-IA	1:33.81	1:31.56
42.76			1:31.56 (48.80)	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Finals Time
10	Murray, Brynn 43.28	12	Mason City Swim Club-IA	1:33.31	1:31.75
				1:31.75 (48.47)	
11	Brugman, Abigail 42.29	12	Greater Des Moines YMCA-IA	1:29.37	1:32.50
				1:32.50 (50.21)	
12	Hurley, Brooklyn 42.52	11	Rams Swim Club-IA	1:32.29	1:32.51
				1:32.51 (49.99)	
13	Bancroft, Brianna 45.26	11	Ames Cyclone Aquatics Club-IA	1:33.96	1:32.79
				1:32.79 (47.53)	
14	DeWall, Sami 44.25	11	Greater Des Moines YMCA-IA	1:40.36	1:35.73
				1:35.73 (51.48)	
15	Hedrick, Piper 44.64	11	Central Iowa Aquatics-IA	1:36.63	1:35.88
				1:35.88 (51.24)	
16	Fewins, Emma 46.03	12	Rams Swim Club-IA	1:36.98	1:38.12
				1:38.12 (52.09)	
17	Handsaker, Lydia 47.06	11	Ames Cyclone Aquatics Club-IA	1:38.64	1:38.95
				1:38.95 (51.89)	
18	Hudson, Natalie 48.80	11	Des Moines Swimming Federation-IA	1:40.81	1:40.81
				1:40.81 (52.01)	
19	Gatzionis, Elena 48.44	11	Greater Des Moines YMCA-IA	1:40.17	1:40.88
				1:40.88 (52.44)	
20	Honkamp, Claire 46.82	12	Des Moines Swimming Federation-IA	1:37.84	1:41.53
				1:41.53 (54.71)	
21	Cariglino, Siena 47.56	11	North Side Swim Team-IA	1:42.86	1:42.85
				1:42.85 (55.29)	
22	Birusingh, Siri	12	Des Moines Swimming Federation-IA	2:06.59	1:43.91
23	Mathews, Sonja 50.78	11	Ames Cyclone Aquatics Club-IA	1:47.53	1:47.14
				1:47.14 (56.36)	
24	Anderson, Davan 53.25	12	North Side Swim Team-IA	1:44.62	1:48.88
				1:48.88 (55.63)	
25	Chen, Leighton 53.52	11	Des Moines Swimming Federation-IA	1:49.74	1:54.95
				1:54.95 (1:01.43)	
26	Bean, Ember 55.62	11	Rams Swim Club-IA	2:04.92	1:58.46
				1:58.46 (1:02.84)	
27	Bellcock, Brylie 56.35	12	Carroll Area Swim Team-IA	1:55.90	1:58.52
				1:58.52 (1:02.17)	
28	Azogu, Chioma 55.74	12	Carroll Area Swim Team-IA	1:55.99	1:59.20
				1:59.20 (1:03.46)	
29	Reineke, Lexi	12	North Side Swim Team-IA	2:13.56	2:00.16
30	Cunningham, Lydia 56.79	11	North Side Swim Team-IA	2:10.55	2:04.04
				2:04.04 (1:07.25)	
---	Polich, Jenna One hand touch	11	Johnston Blaze Swim Club-IA	NT	DQ 2:14.35
---	Johnson, Irina	11	Dowling Catholic Riptide-IA	NT	NS
---	Reineke, Mia	12	North Side Swim Team-IA	1:51.61	SCR

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Girls 11-12 200 Yard Breaststroke

3:06.59 Q Champ Qualifying

3:34.59 REG Regional Qualifying

Meet Qualifying: 3:06.60 - 3:34.59

Name	Age	Team	Seed Time	Finals Time	
1 Evans, Ella	12	Johnston Blaze Swim Club-IA	3:08.57	3:04.90	Q
41.97	1:29.99 (48.02)	2:18.19 (48.20)	3:04.90 (46.71)		
2 Wilcoxson, Helena	12	Des Moines Swimming Federation-IA	3:17.32	3:06.40	Q
40.10	1:27.32 (47.22)	2:17.13 (49.81)	3:06.40 (49.27)		
3 Smith, Ella	12	Des Moines Swimming Federation-IA	NT	3:10.25	REG
41.78	1:28.24 (46.46)	2:19.19 (50.95)	3:10.25 (51.06)		
4 Gruenisen, Sami	12	Johnston Blaze Swim Club-IA	3:16.56	3:13.23	REG
43.95	1:34.66 (50.71)	2:25.61 (50.95)	3:13.23 (47.62)		
5 Kiekhaefer, Chloe	12	Johnston Blaze Swim Club-IA	3:16.91	3:13.55	REG
44.04	1:34.49 (50.45)	2:24.92 (50.43)	3:13.55 (48.63)		
6 Dacey, Alivia	11	Central Iowa Aquatics-IA	3:11.59	3:15.52	REG
44.11	1:34.77 (50.66)	2:25.69 (50.92)	3:15.52 (49.83)		
7 Hurley, Brooklyn	11	Rams Swim Club-IA	3:20.33	3:16.61	REG
43.51	1:33.19 (49.68)	2:25.32 (52.13)	3:16.61 (51.29)		
8 Doolittle, Jillian	11	Mason City Swim Club-IA	3:16.81	3:17.70	REG
43.84	1:33.73 (49.89)	2:27.61 (53.88)	3:17.70 (50.09)		
9 Pekarek, Lila	12	Rams Swim Club-IA	3:18.18	3:18.69	REG
45.20	1:35.33 (50.13)	2:28.82 (53.49)	3:18.69 (49.87)		
10 Nguyen, Marianne	11	Dowling Catholic Riptide-IA	3:20.47	3:23.89	REG
42.32	1:32.23 (49.91)	2:28.22 (55.99)	3:23.89 (55.67)		
11 Mason, Adelyn	12	Central Iowa Aquatics-IA	3:32.69	3:24.91	REG
47.23	1:39.85 (52.62)	2:32.77 (52.92)	3:24.91 (52.14)		

Girls 11-12 50 Yard Butterfly

33.89 Q Champ Qualifying

Meet Qualifying: Slower than 33.89

Name	Age	Team	Seed Time	Finals Time	
1 DeMuth, Caroline	12	South East Aquatics-IA	34.09	33.86	Q
2 Dahlen, Ella	12	Des Moines Swimming Federation-IA	35.40	34.11	
3 Hedrick, Piper	11	Central Iowa Aquatics-IA	38.52	35.02	
4 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	36.59	36.54	
5 Gassmann, Vivian	12	Ames Cyclone Aquatics Club-IA	37.58	36.70	
6 Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	36.83	36.71	
7 Ballard, Caitlin	12	Des Moines Swimming Federation-IA	40.01	37.22	
8 Peterson, Brooklyn	11	Dowling Catholic Riptide-IA	39.94	37.74	
9 Lindemann, Josefina	11	Life Time Iowa Swim Team-IA	38.20	38.27	
10 Seifert, Stella	12	Central Iowa Aquatics-IA	39.08	39.17	
11 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	37.77	39.36	
12 Pekarek, Lila	12	Rams Swim Club-IA	40.28	39.45	
13 Mason, Adelyn	12	Central Iowa Aquatics-IA	40.65	39.48	
14 Newton, Merryn	11	Greater Des Moines YMCA-IA	39.66	40.05	
15 Wilcoxson, Helena	12	Des Moines Swimming Federation-IA	40.12	40.41	
16 Doolittle, Jillian	11	Mason City Swim Club-IA	39.31	40.89	
17 Lee, Blythe	11	Johnston Blaze Swim Club-IA	43.64	41.64	
18 Burke, Reece	11	Dowling Catholic Riptide-IA	42.04	41.65	
19 Bancroft, Brianna	11	Ames Cyclone Aquatics Club-IA	40.01	42.44	
20 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	45.05	42.82	

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Results

(Girls 11-12 50 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time
21 Fewins, Emma	12	Rams Swim Club-IA	40.32	42.85
22 Anderson, Davan	12	North Side Swim Team-IA	43.46	44.82
23 Ahlrich, Mady	12	Fort Dodge Area Swim Team-IA	49.91	51.26
24 Freeseaman, Gabby	11	Dowling Catholic Riptide-IA	NT	51.75
25 Bean, Ember	11	Rams Swim Club-IA	56.95	51.82
26 Lingbeek, Aubrey	12	Mason City Swim Club-IA	56.00	54.16
27 Hawks, Joni	11	Des Moines Swimming Federation-IA	54.05	56.13
28 Freiburger, Valentina	11	Rams Swim Club-IA	1:07.50	1:05.53
--- Kinkade, Brynn	11	Fort Dodge Area Swim Team-IA	53.67	NS
--- Baker, Norah	12	Johnston Blaze Swim Club-IA	42.66	NS
--- Shenouda, Elizabeth	11	Dowling Catholic Riptide-IA	NT	NS
--- Douglas, Allie	12	Rams Swim Club-IA	37.31	SCR
--- Thilges, Ella	12	Johnston Blaze Swim Club-IA	42.94	SCR

Girls 11-12 100 Yard Butterfly

1:17.59 Q Champ Qualifying

Meet Qualifying: Slower than 1:17.59

Name	Age	Team	Seed Time	Finals Time
1 Vaske, Elena	11	Dowling Catholic Riptide-IA	1:23.42	1:14.50 Q
35.25	1:14.50 (39.25)			
2 Henning, Joelle	11	Life Time Iowa Swim Team-IA	1:22.62	1:16.99 Q
37.57	1:16.99 (39.42)			
3 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	1:31.13	1:31.63
37.54	1:31.63 (54.09)			
4 Danielson, Zoey	11	Ames Cyclone Aquatics Club-IA	NT	1:38.18
45.19	1:38.18 (52.99)			
5 Anderson, Davan	12	North Side Swim Team-IA	1:51.94	1:43.85
45.65	1:43.85 (58.20)			
6 Green, Raegan	12	Rams Swim Club-IA	1:51.53	1:46.50
--- Van Der Molen, Baylie	12	Johnston Blaze Swim Club-IA	NT	DQ 1:36.30

Girls 11-12 100 Yard IM

1:18.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:18.09

Name	Age	Team	Seed Time	Finals Time
1 Henning, Joelle	11	Life Time Iowa Swim Team-IA	1:21.79	1:13.52 Q
32.86	1:13.52 (40.66)			
2 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	1:18.27	1:15.80 Q
34.54	1:15.80 (41.26)			
3 DeMuth, Betty	12	South East Aquatics-IA	1:19.72	1:18.51
33.50	1:18.51 (45.01)			
4 Hedrick, Piper	11	Central Iowa Aquatics-IA	1:21.11	1:18.75
35.82	1:18.75 (42.93)			
5 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	1:21.62	1:19.81
37.47	1:19.81 (42.34)			
6 Hajduch, Emma	11	Greater Des Moines YMCA-IA	1:19.74	1:20.25
36.45	1:20.25 (43.80)			
7 Filmer, Lauren	11	Greater Des Moines YMCA-IA	1:21.64	1:20.63
37.94	1:20.63 (42.69)			
8 Smith, Ella	12	Des Moines Swimming Federation-IA	1:24.76	1:21.46
38.85	1:21.46 (42.61)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 100 Yard IM)

	Name	Age	Team	Seed Time	Finals Time
9	Kiekhaefer, Chloe 41.31	12	Johnston Blaze Swim Club-IA	1:45.58	1:21.84
				1:21.84 (40.53)	
10	Evans, Ella 39.08	12	Johnston Blaze Swim Club-IA	1:22.61	1:22.46
				1:22.46 (43.38)	
11	Olswing, Maddie	11	Ames Cyclone Aquatics Club-IA	1:34.69	1:22.61
12	Doolittle, Jillian 41.18	11	Mason City Swim Club-IA	1:24.69	1:23.20
				1:23.20 (42.02)	
13	Binkowski, Addyson 36.82	11	Ames Cyclone Aquatics Club-IA	1:23.60	1:23.89
				1:23.89 (47.07)	
14	Nguyen, Marianne 41.32	11	Dowling Catholic Riptide-IA	1:27.52	1:25.76
				1:25.76 (44.44)	
15	Thilges, Ella 42.58	12	Johnston Blaze Swim Club-IA	1:24.66	1:26.01
				1:26.01 (43.43)	
16	Seifert, Stella 39.81	12	Central Iowa Aquatics-IA	1:27.69	1:26.34
				1:26.34 (46.53)	
17	McDonough, Bridget 41.32	12	Des Moines Swimming Federation-IA	1:31.20	1:27.92
				1:27.92 (46.60)	
18	Cariglino, Siena 42.29	11	North Side Swim Team-IA	1:29.64	1:27.99
				1:27.99 (45.70)	
19	Dacey, Alivia 43.15	11	Central Iowa Aquatics-IA	1:32.13	1:28.38
				1:28.38 (45.23)	
20	Meyer, Addie 41.93	11	Dowling Catholic Riptide-IA	1:28.13	1:28.45
				1:28.45 (46.52)	
21	Lee, Blythe 41.73	11	Johnston Blaze Swim Club-IA	1:30.93	1:28.79
				1:28.79 (47.06)	
22	Baker, Norah 42.34	12	Johnston Blaze Swim Club-IA	1:25.47	1:28.94
				1:28.94 (46.60)	
23	Danielson, Zoey 43.06	11	Ames Cyclone Aquatics Club-IA	1:33.26	1:29.11
				1:29.11 (46.05)	
24	Gruenisen, Sami 44.09	12	Johnston Blaze Swim Club-IA	1:32.37	1:29.47
				1:29.47 (45.38)	
25	Handsaker, Lydia 43.27	11	Ames Cyclone Aquatics Club-IA	1:36.72	1:29.87
				1:29.87 (46.60)	
26	Honkamp, Claire 43.66	12	Des Moines Swimming Federation-IA	1:31.14	1:30.91
				1:30.91 (47.25)	
27	Newton, Merryn 42.60	11	Greater Des Moines YMCA-IA	1:34.97	1:31.41
				1:31.41 (48.81)	
28	Gassmann, Vivian 42.05	12	Ames Cyclone Aquatics Club-IA	1:37.12	1:34.11
				1:34.11 (52.06)	
29	Hudson, Natalie 43.94	11	Des Moines Swimming Federation-IA	1:36.95	1:34.60
				1:34.60 (50.66)	
30	Anderson, Davan 49.32	12	North Side Swim Team-IA	1:32.07	1:37.30
				1:37.30 (47.98)	
31	Mathews, Sonja 47.68	11	Ames Cyclone Aquatics Club-IA	1:35.24	1:38.98
				1:38.98 (51.30)	
32	Hardman, Ellie 48.02	11	South East Aquatics-IA	1:59.56	1:41.66
				1:41.66 (53.64)	
33	Hunt, Ceci 50.48	11	Johnston Blaze Swim Club-IA	1:53.90	1:42.46
				1:42.46 (51.98)	
34	Thacker, Callie 48.83	11	Dowling Catholic Riptide-IA	2:01.33	1:44.36
				1:44.36 (55.53)	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 11-12 100 Yard IM)

Name	Age	Team	Seed Time	Finals Time
35 Ahlrich, Mady	12	Fort Dodge Area Swim Team-IA	1:49.79	1:44.76
50.37	1:44.76 (54.39)			
36 Azogu, Chioma	12	Carroll Area Swim Team-IA	1:58.93	1:45.04
48.23	1:45.04 (56.81)			
37 Bean, Ember	11	Rams Swim Club-IA	1:52.62	1:49.29
53.50	1:49.29 (55.79)			
38 Cunningham, Lydia	11	North Side Swim Team-IA	1:53.09	1:53.50
56.71	1:53.50 (56.79)			
39 Hawks, Joni	11	Des Moines Swimming Federation-IA	1:59.93	1:56.16
52.79	1:56.16 (1:03.37)			
40 Kunkel, Kapri	11	Rams Swim Club-IA	1:57.30	1:56.61
54.68	1:56.61 (1:01.93)			
41 Reineke, Lexi	12	North Side Swim Team-IA	2:45.63	1:58.43
59.60	1:58.43 (58.83)			
42 Hollebrands, Abby	11	South East Aquatics-IA	NT	2:06.66
--- Bancroft, Brianna	11	Ames Cyclone Aquatics Club-IA	1:26.51	DQ 1:29.44
Shoulders past vertical toward breast - back				
--- Kinkade, Brynn	11	Fort Dodge Area Swim Team-IA	NT	NS
--- Shenouda, Elizabeth	11	Dowling Catholic Riptide-IA	1:47.86	NS
--- Reineke, Mia	12	North Side Swim Team-IA	2:15.19	SCR

Girls 11-12 200 Yard IM

2:47.29 Q Champ Qualifying

Meet Qualifying: Slower than 2:47.29

Name	Age	Team	Seed Time	Finals Time
1 Hedrick, Piper	11	Central Iowa Aquatics-IA	2:54.56	2:49.10
36.01	1:18.51 (42.50)	2:12.43 (53.92)	2:49.10 (36.67)	
2 Filmer, Lauren	11	Greater Des Moines YMCA-IA	3:04.91	2:54.40
38.39	1:24.88 (46.49)	2:16.53 (51.65)	2:54.40 (37.87)	
3 Smith, Mylie	11	Ames Cyclone Aquatics Club-IA	2:59.14	2:55.98
42.63	1:23.73 (41.10)	2:16.40 (52.67)	2:55.98 (39.58)	
4 Doolittle, Ali	12	Ames Cyclone Aquatics Club-IA	3:25.68	2:57.62
40.62	1:27.32 (46.70)	2:19.70 (52.38)	2:57.62 (37.92)	
5 Dahlen, Ella	12	Des Moines Swimming Federation-IA	3:49.07 L	2:57.98
37.28	1:21.95 (44.67)	2:21.55 (59.60)	2:57.98 (36.43)	
6 Binkowski, Addyson	11	Ames Cyclone Aquatics Club-IA	3:00.58	3:02.01
38.59	1:22.38 (43.79)	2:21.46 (59.08)	3:02.01 (40.55)	
7 Meyer, Addie	11	Dowling Catholic Riptide-IA	3:09.00	3:12.04
45.99	1:31.63 (45.64)	2:33.67 (1:02.04)	3:12.04 (38.37)	
8 Anderson, Davan	12	North Side Swim Team-IA	3:16.46	3:21.91
44.81	1:40.95 (56.14)	2:41.35 (1:00.40)	3:21.91 (40.56)	
9 Mathews, Sonja	11	Ames Cyclone Aquatics Club-IA	NT	3:24.94
50.98	1:41.55 (50.57)	2:41.49 (59.94)	3:24.94 (43.45)	
10 Hawks, Joni	11	Des Moines Swimming Federation-IA	NT	3:56.83
56.43	1:52.41 (55.98)	3:05.20 (1:12.79)	3:56.83 (51.63)	
--- Cariglino, Siena	11	North Side Swim Team-IA	3:22.57	DQ 3:12.02
Delay initiating turn - back				
42.45	1:29.32 (46.87)	2:28.71 (59.39)	DQ 3:12.02 (43.31)	
--- Innanji, Vrishti	11	Johnston Blaze Swim Club-IA	NT	NS

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Results

Girls 11-12 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	2:04.08	2:02.68
1) Binkowski, Addyson 11	2) Olswing, Maddie 11	3) Smith, Mylie 11	4) Doolittle, Ali 12
31.20	1:02.42 (31.22)	1:32.69 (30.27)	2:02.68 (29.99)
2 Johnston Blaze Swim Club-IA	A	2:08.11	2:07.41
1) Baker, Norah 12	2) Van Der Molen, Baylie 12	3) Thilges, Ella 12	4) Miller, Coraline 12
32.03	1:04.14 (32.11)	1:36.74 (32.60)	2:07.41 (30.67)
3 Dowling Catholic Riptide-IA	A	2:10.03	2:07.54
1) Schmulbach, Reagan 12	2) Meyer, Addie 11	3) Burke, Reece 11	4) Peterson, Brooklyn 11
31.04	1:05.21 (34.17)	1:37.75 (32.54)	2:07.54 (29.79)
4 Des Moines Swimming Federatio	A	2:09.57	2:12.07
1) Dahlen, Ella 12	2) Thoreson, Hazel 12	3) Wilcoxson, Helena 12	4) Smith, Ella 12
31.38	1:13.09 (41.71)	1:38.56 (25.47)	2:12.07 (33.51)
5 Central Iowa Aquatics-IA	A	2:13.40	2:12.78
1) Hedrick, Piper 11	2) Seifert, Stella 12	3) Dacey, Alivia 11	4) Mason, Adelyn 12
31.68	1:05.36 (33.68)	1:39.60 (34.24)	2:12.78 (33.18)
6 Johnston Blaze Swim Club-IA	B	2:11.86	2:13.92
1) Evans, Ella 12	2) Gruenisen, Sami 12	3) Mccune, Zella 12	4) Morales, Karla 12
32.41	1:05.24 (32.83)	1:39.50 (34.26)	2:13.92 (34.42)
7 Des Moines Swimming Federatio	B	2:20.35	2:16.42
1) Ballard, Caitlin 12	2) McDonough, Bridget 12	3) Honkamp, Claire 12	4) Chen, Leighton 11
31.86	1:08.18 (36.32)	1:41.76 (33.58)	2:16.42 (34.66)
8 Mason City Swim Club-IA	A	2:28.11	2:16.49
1) Doolittle, Jillian 11	2) Witt, ava 12	3) Murray, Brynn 12	4) Driscoll, Rylee 12
35.56	1:44.90 (1:09.34)	2:16.49 (31.59)	
9 Ames Cyclone Aquatics Club-IA	B	2:25.52	2:21.72
1) Combs, Peyton 11	2) Bancroft, Brianna 11	3) Mathews, Sonja 11	4) Danielson, Zoey 11
33.46	1:14.20 (40.74)	1:46.68 (32.48)	2:21.72 (35.04)
10 Rams Swim Club-IA	A	2:21.57	2:28.00
1) Hurley, Brooklyn 11	2) Kunkel, Kapri 11	3) Green, Raegan 12	4) Pekarek, Lila 12
31.22	1:22.14 (50.92)	1:55.93 (33.79)	2:28.00 (32.07)
11 Johnston Blaze Swim Club-IA	C	2:37.56	x2:39.93
1) Hunt, Ceci 11	2) McGinnis, Izzy 11	3) Jacobus, Maddie 11	4) Jensen, Kendal 11
37.91	1:18.48 (40.57)	2:03.56 (45.08)	2:39.93 (36.37)
--- North Side Swim Team-IA	A	2:24.70	DQ 2:31.01
Early take-off swimmer #4			
1) Anderson, Davan 12	2) Cunningham, Lydia 11	3) Reineke, Lexi 12	4) Cariglino, Siena 11
33.98	1:15.28 (41.30)	2:03.32 (48.04)	DQ 2:31.01 (27.69)
--- Des Moines Swimming Federatio	C	2:37.09	SCR
1) Hudson, Natalie 11	2) Powell, Morgynne 12	3) Hawks, Joni 11	4) Birusingh, Siri 12
--- Dowling Catholic Riptide-IA	B	2:29.99	SCR
1) Jacobson, Anna 11	2) Freeseaman, Gabby 11	3) Johnson, Irina 11	4) Nguyen, Marianne 11

Girls 11-12 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	2:20.13	2:20.42
1) Smith, Mylie 11	2) Doolittle, Ali 12	3) Binkowski, Addyson 11	4) Olswing, Maddie 11
35.63	1:13.15 (37.52)	1:50.40 (37.25)	2:20.42 (30.02)
2 Des Moines Swimming Federatio	A	2:30.45	2:25.03
1) Wilcoxson, Helena 12	2) Smith, Ella 12	3) Dahlen, Ella 12	4) Ballard, Caitlin 12
36.67	1:17.96 (41.29)	1:53.00 (35.04)	2:25.03 (32.03)

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Results

(Girls 11-12 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time
3 Johnston Blaze Swim Club-IA	A	2:29.29	2:28.68
1) Thilges, Ella 12	2) Evans, Ella 12	3) Miller, Coraline 12	4) Baker, Norah 12
39.35	1:19.13 (39.78)	1:55.91 (36.78)	2:28.68 (32.77)
4 Central Iowa Aquatics-IA	A	2:28.34	2:32.36
1) Mason, Adelyn 12	2) Dacey, Alivia 11	3) Seifert, Stella 12	4) Hedrick, Piper 11
45.19	1:20.96 (35.77)	2:01.62 (40.66)	2:32.36 (30.74)
5 Ames Cyclone Aquatics Club-IA	B	2:34.67	2:36.19
1) Handsaker, Lydia 11	2) Bancroft, Brianna 11	3) Gassmann, Vivian 12	4) Danielson, Zoey 11
40.64	1:24.97 (44.33)	2:02.22 (37.25)	2:36.19 (33.97)
6 Mason City Swim Club-IA	A	2:38.11	2:39.32
1) Driscoll, Rylee 12	2) Murray, Brynn 12	3) Doolittle, Jillian 11	4) Lingbeek, Aubrey 12
35.08	1:17.67 (42.59)	1:58.47 (40.80)	2:39.32 (40.85)
7 Dowling Catholic Riptide-IA	A	2:43.98	2:39.70
1) Meyer, Addie 11	2) Burke, Reece 11	3) Peterson, Brooklyn 11	4) Nguyen, Marianne 11
43.50	1:29.23 (45.73)	2:07.22 (37.99)	2:39.70 (32.48)
8 Rams Swim Club-IA	A	2:45.03	2:44.55
1) Fewins, Emma 12	2) Pekarek, Lila 12	3) Hurley, Brooklyn 11	4) Freiburger, Valentina 11
45.31	1:27.21 (41.90)	2:02.70 (35.49)	2:44.55 (41.85)
9 Des Moines Swimming Federatio	B	2:49.64	2:45.34
1) Honkamp, Claire 12	2) Hudson, Natalie 11	3) McDonough, Bridget 12	4) Chen, Leighton 11
40.00	1:27.04 (47.04)	2:10.30 (43.26)	2:45.34 (35.04)
10 South East Aquatics-IA	A	2:51.52	2:51.16
1) Hardman, Ellie 11	2) DeMuth, Betty 12	3) DeMuth, Caroline 12	4) Hollebrands, Abby 11
51.16	1:35.21 (44.05)	2:07.81 (32.60)	2:51.16 (43.35)
11 North Side Swim Team-IA	A	3:03.79	3:02.65
1) Reineke, Lexi 12	2) Cariglino, Siena 11	3) Anderson, Davan 12	4) Cunningham, Lydia 11
52.85	1:38.03 (45.18)	2:20.09 (42.06)	3:02.65 (42.56)
--- Johnston Blaze Swim Club-IA	B	3:05.96	DQ 3:05.53
Changed order of swimmers			
1) Hunt, Ceci 11	2) Gruenisen, Sami 12	3) Lee, Blythe 11	4) Polich, Jenna 11
48.48	1:30.00 (41.52)	2:32.31 (1:02.31)	DQ 3:05.53 (33.22)
--- Des Moines Swimming Federatio	C	3:05.64	NS
1) Narayanan, Anika 12	2) Birusingh, Siri 12	3) Hawks, Joni 11	4) Schnepf, Mae 11
--- Johnston Blaze Swim Club-IA	C	2:53.15	SCR
1) Morales, Karla 12	3) Jacobus, Maddie 11	4) Mccune, Zella 12	
--- Dowling Catholic Riptide-IA	B	NT	SCR
1) Thacker, Callie 11	2) Johnson, Irina 11	3) Shenouda, Elizabeth 11	4) Freeseaman, Gabby 11

Girls 13-14 50 Yard Freestyle

27.89 Q Champ Qualifying

Meet Qualifying: Slower than 27.89

Name	Age	Team	Seed Time	Finals Time
*1 Powell, Izzy	13	Des Moines Swimming Federation-IA	28.79	28.53
*1 Mogard, Miah	14	Ames Cyclone Aquatics Club-IA	42.14 L	28.53
3 Davis, Ava	14	Des Moines Swimming Federation-IA	29.58	28.61
4 Vallas, Finley	14	Central Iowa Aquatics-IA	29.46	28.70
5 Dunham, Keegan	14	Greater Des Moines YMCA-IA	28.39	28.71
6 Fertig, Jodi	13	Rams Swim Club-IA	29.13	29.03
7 Cook, Mallory	13	Mason City Swim Club-IA	29.77	29.24
8 Seckington, Tillie	13	Des Moines Swimming Federation-IA	29.30	29.31
9 Ruan, Catherine	14	Dowling Catholic Riptide-IA	31.16	29.65
10 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	31.28	29.72

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Results

(Girls 13-14 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
11 Hoss, Brooke	13	Central Iowa Aquatics-IA	29.70	29.86
12 Lock, Meg	14	Dowling Catholic Riptide-IA	29.94	30.05
13 Ruppert, Millie	13	Des Moines Swimming Federation-IA	30.85	30.22
14 Kinnison, Amanda	13	Dowling Catholic Riptide-IA	30.05	30.45
15 Nedder, Julia	13	South East Aquatics-IA	31.00	30.89
16 Subbert, Kambelle	14	Swordfish Academy-IA	31.97	31.03
17 Kimmel, Teaghyn	13	Rams Swim Club-IA	30.01	31.26
18 Herrick, Lilli	13	Rams Swim Club-IA	31.92	31.41
19 Bylund, Amelia	14	Des Moines Swimming Federation-IA	31.94	31.58
20 Jacobs, Kate	13	Dowling Catholic Riptide-IA	32.03	31.66
21 Reyes, Abigail	13	North Side Swim Team-IA	29.50	31.83
22 Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	32.15	31.98
23 Bloom, Ellie	14	Fort Dodge Area Swim Team-IA	32.17	32.59
24 Stravers, Kinsley	13	Johnston Blaze Swim Club-IA	34.42	32.77
25 Conn, Lillie	14	Rams Swim Club-IA	32.15	32.82
26 Lebeck, Jocelyn	13	Des Moines Swimming Federation-IA	34.13	33.12
27 Middlekauff, Alivia	13	Dowling Catholic Riptide-IA	34.19	33.16
28 Prendergast, Claire	13	North Side Swim Team-IA	34.09	33.29
29 Kvach, Kiersten	13	Ames Cyclone Aquatics Club-IA	34.01	34.64
30 Chaney, Charleigh	13	Carroll Area Swim Team-IA	35.20	35.55
31 Kearn, Zoella	14	North Side Swim Team-IA	36.81	35.75
32 Russell, Ava	13	Central Iowa Aquatics-IA	37.06	35.97
33 Borkowski, Alexis	13	Carroll Area Swim Team-IA	34.71	36.69
34 Nalan, Emily	14	North Side Swim Team-IA	41.65	40.81
--- Stone, Kylee	13	Greater Des Moines YMCA-IA	28.58	NS

Girls 13-14 100 Yard Freestyle

1:00.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:00.49

Name	Age	Team	Seed Time	Finals Time
1 Thompson, Ky	14	Ames Cyclone Aquatics Club-IA	1:00.97	58.99 Q
28.02	58.99 (30.97)			
2 Lubensky, Kysten	13	Fort Dodge Area Swim Team-IA	1:01.02	1:00.09 Q
29.13	1:00.09 (30.96)			
3 Cline, Haven	14	Greater Des Moines YMCA-IA	1:00.85	1:00.50
28.56	1:00.50 (31.94)			
4 Reid, Abigail	14	Central Iowa Aquatics-IA	1:01.17	1:00.64
28.75	1:00.64 (31.89)			
5 Hermsen, Mady	14	Ames Cyclone Aquatics Club-IA	1:00.68	1:00.70
28.84	1:00.70 (31.86)			
6 Kramer, Marley	13	Central Iowa Aquatics-IA	1:02.25	1:01.12
29.56	1:01.12 (31.56)			
7 Stec, Sienna	14	Des Moines Swimming Federation-IA	1:02.13	1:01.13
29.44	1:01.13 (31.69)			
8 Davis, Ava	14	Des Moines Swimming Federation-IA	1:03.34	1:01.30
29.37	1:01.30 (31.93)			
9 Powell, Izzy	13	Des Moines Swimming Federation-IA	1:01.67	1:01.41
29.27	1:01.41 (32.14)			
10 Dunham, Keegan	14	Greater Des Moines YMCA-IA	1:02.92	1:01.69
29.44	1:01.69 (32.25)			

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(Girls 13-14 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
11	Cook, Mallory	13	Mason City Swim Club-IA	1:06.59	1:03.40
	30.73			1:03.40 (32.67)	
12	Seckington, Tillie	13	Des Moines Swimming Federation-IA	1:04.18	1:03.64
	30.83			1:03.64 (32.81)	
13	Hoss, Brooke	13	Central Iowa Aquatics-IA	1:05.33	1:03.83
	30.95			1:03.83 (32.88)	
14	Stone, Kylee	13	Greater Des Moines YMCA-IA	1:05.12	1:04.62
	30.48			1:04.62 (34.14)	
15	Vallas, Finley	14	Central Iowa Aquatics-IA	1:05.79	1:04.72
	31.12			1:04.72 (33.60)	
16	Yedake, Anika	14	Greater Des Moines YMCA-IA	1:05.89	1:06.21
	31.81			1:06.21 (34.40)	
17	Rice, Mary	14	North Side Swim Team-IA	1:09.61	1:06.93
	31.61			1:06.93 (35.32)	
18	Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	1:09.10	1:08.12
19	Bylund, Amelia	14	Des Moines Swimming Federation-IA	1:17.23	1:08.60
	32.60			1:08.60 (36.00)	
20	Beauchamp, Maddy	13	Greater Des Moines YMCA-IA	1:07.27	1:08.66
	32.77			1:08.66 (35.89)	
21	Sexton, Claire	13	Central Iowa Aquatics-IA	1:11.17	1:09.19
	33.06			1:09.19 (36.13)	
22	Kinnison, Amanda	13	Dowling Catholic Riptide-IA	1:07.64	1:09.20
	32.65			1:09.20 (36.55)	
23	Ocheltree, Hayden	13	Greater Des Moines YMCA-IA	1:15.15	1:09.33
	32.55			1:09.33 (36.78)	
24	Rohloff, Kate	14	Greater Des Moines YMCA-IA	1:09.05	1:10.36
	34.19			1:10.36 (36.17)	
25	Conn, Lillie	14	Rams Swim Club-IA	1:11.56	1:10.92
	33.73			1:10.92 (37.19)	
26	Herrick, Lilli	13	Rams Swim Club-IA	1:12.29	1:11.09
	32.47			1:11.09 (38.62)	
27	Subbert, Kambelle	14	Swordfish Academy-IA	1:13.11	1:11.20
	33.42			1:11.20 (37.78)	
28	Kruger, Olivia	13	Johnston Blaze Swim Club-IA	1:13.37	1:12.99
	34.98			1:12.99 (38.01)	
29	Prendergast, Claire	13	North Side Swim Team-IA	1:13.80	1:13.12
	35.33			1:13.12 (37.79)	
30	Middlekauff, Alivia	13	Dowling Catholic Riptide-IA	1:13.72	1:13.23
	34.26			1:13.23 (38.97)	
31	Prichard, Avery	13	Greater Des Moines YMCA-IA	1:12.86	1:14.03
	35.06			1:14.03 (38.97)	
32	Reyes, Abigail	13	North Side Swim Team-IA	1:11.64	1:14.07
	36.12			1:14.07 (37.95)	
33	Lebeck, Jocelyn	13	Des Moines Swimming Federation-IA	1:15.64	1:14.82
	35.80			1:14.82 (39.02)	
34	Mootz, Natalie	14	Rams Swim Club-IA	1:19.67	1:17.03
	38.68			1:17.03 (38.35)	
35	Bloom, Ellie	14	Fort Dodge Area Swim Team-IA	1:16.86	1:17.82
	36.16			1:17.82 (41.66)	
36	Steinbach, Eleanor	13	North Side Swim Team-IA	1:24.15	1:21.58
	37.83			1:21.58 (43.75)	

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****(Girls 13-14 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
37	Kearn, Zoella	14	North Side Swim Team-IA	1:20.72	1:22.24
	38.93	1:22.24 (43.31)			
38	Nalan, Emily	14	North Side Swim Team-IA	1:41.90	1:30.99
	41.71	1:30.99 (49.28)			
---	Shenouda, Esther	13	Dowling Catholic Riptide-IA	1:07.62	NS
---	Fertig, Jodi	13	Rams Swim Club-IA	1:03.78	SCR

Girls 13-14 200 Yard Freestyle**2:10.39 Q Champ Qualifying****Meet Qualifying: Slower than 2:10.39**

	Name	Age	Team	Seed Time	Finals Time
1	Hancock, Ellie	14	Central Iowa Aquatics-IA	2:14.57	2:10.50
	29.71	1:03.72 (34.01)	1:37.99 (34.27)	2:10.50 (32.51)	
2	Thompson, Ky	14	Ames Cyclone Aquatics Club-IA	2:13.71	2:11.27
	29.07	1:01.73 (32.66)	1:36.78 (35.05)	2:11.27 (34.49)	
3	Hermsen, Mady	14	Ames Cyclone Aquatics Club-IA	2:12.71	2:11.34
	29.91	1:02.88 (32.97)	1:37.18 (34.30)	2:11.34 (34.16)	
4	Reid, Abigail	14	Central Iowa Aquatics-IA	2:18.65	2:13.50
	31.14	1:05.31 (34.17)	1:39.69 (34.38)	2:13.50 (33.81)	
5	Loo, Ivy	13	Central Iowa Aquatics-IA	2:13.37	2:13.58
	30.74	1:04.32 (33.58)	1:39.14 (34.82)	2:13.58 (34.44)	
6	Powell, Izzy	13	Des Moines Swimming Federation-IA	2:12.42	2:14.46
	30.07	1:04.42 (34.35)	1:39.87 (35.45)	2:14.46 (34.59)	
7	Davis, Ava	14	Des Moines Swimming Federation-IA	2:17.52	2:14.48
	30.08	1:04.52 (34.44)	1:39.86 (35.34)	2:14.48 (34.62)	
8	MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	2:16.99	2:17.60
	30.59	1:04.97 (34.38)	1:41.10 (36.13)	2:17.60 (36.50)	
9	Stec, Sienna	14	Des Moines Swimming Federation-IA	2:21.61	2:19.26
	30.48	1:06.14 (35.66)	1:43.15 (37.01)	2:19.26 (36.11)	
10	Seckington, Tillie	13	Des Moines Swimming Federation-IA	2:22.35	2:20.80
	31.43	1:06.59 (35.16)	1:43.58 (36.99)	2:20.80 (37.22)	
11	Fertig, Jodi	13	Rams Swim Club-IA	2:28.93	2:21.88
	31.74	1:07.42 (35.68)	1:45.56 (38.14)	2:21.88 (36.32)	
12	Ruan, Catherine	14	Dowling Catholic Riptide-IA	3:03.91	2:22.97
	32.82	1:09.76 (36.94)	1:46.21 (36.45)	2:22.97 (36.76)	
13	Vallas, Finley	14	Central Iowa Aquatics-IA	2:27.99	2:27.35
	33.23	1:11.17 (37.94)	1:50.83 (39.66)	2:27.35 (36.52)	
14	Hoss, Brooke	13	Central Iowa Aquatics-IA	2:23.75	2:27.78
	33.98	1:11.91 (37.93)	1:50.89 (38.98)	2:27.78 (36.89)	
15	Lock, Meg	14	Dowling Catholic Riptide-IA	2:30.06	2:28.99
	33.95	1:12.04 (38.09)	1:51.50 (39.46)	2:28.99 (37.49)	
16	Mogard, Miah	14	Ames Cyclone Aquatics Club-IA	NT	2:29.65
	32.52	1:11.52 (39.00)	1:52.45 (40.93)	2:29.65 (37.20)	
17	Kinnison, Amanda	13	Dowling Catholic Riptide-IA	2:26.08	2:30.05
	33.35	1:12.20 (38.85)	1:52.03 (39.83)	2:30.05 (38.02)	
18	Sexton, Claire	13	Central Iowa Aquatics-IA	2:35.86	2:32.45
	35.31	1:13.90 (38.59)	1:54.03 (40.13)	2:32.45 (38.42)	
19	Ruppert, Millie	13	Des Moines Swimming Federation-IA	2:32.80	2:34.36
	34.61	1:12.43 (37.82)	1:53.58 (41.15)	2:34.36 (40.78)	
20	Damge, Camryn	14	North Side Swim Team-IA	2:32.12	2:35.31
	33.96	1:15.30 (41.34)	1:57.83 (42.53)	2:35.31 (37.48)	

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 13-14 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
21 Rice, Mary	14	North Side Swim Team-IA	2:35.34	2:35.74
34.39	1:15.19 (40.80)	1:57.66 (42.47)	2:35.74 (38.08)	
22 Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	2:39.24	2:37.69
34.93	1:14.74 (39.81)	2:37.69 (1:22.95)		
23 Nedder, Julia	13	South East Aquatics-IA	2:42.82	2:39.95
33.57	1:15.17 (41.60)	1:58.33 (43.16)	2:39.95 (41.62)	
24 Stravers, Kinsley	13	Johnston Blaze Swim Club-IA	2:40.77	2:41.32
36.64	1:18.57 (41.93)	2:01.65 (43.08)	2:41.32 (39.67)	
25 Prendergast, Claire	13	North Side Swim Team-IA	2:36.33	2:42.30
37.75	1:18.93 (41.18)	2:02.06 (43.13)	2:42.30 (40.24)	
26 Herrick, Lilli	13	Rams Swim Club-IA	2:44.29	2:42.93
36.33	1:19.91 (43.58)	2:02.78 (42.87)	2:42.93 (40.15)	
27 Lebeck, Jocelyn	13	Des Moines Swimming Federation-IA	2:42.73	2:46.40
37.51	1:20.53 (43.02)	2:04.81 (44.28)	2:46.40 (41.59)	
28 Conn, Lillie	14	Rams Swim Club-IA	2:45.10	2:46.84
35.55	1:18.44 (42.89)	2:03.68 (45.24)	2:46.84 (43.16)	
29 Croll, Molly	13	Johnston Blaze Swim Club-IA	2:52.90	2:48.40
38.88	1:22.49 (43.61)	2:07.46 (44.97)	2:48.40 (40.94)	
30 Reyes, Abigail	13	North Side Swim Team-IA	2:52.36	2:48.72
38.01	1:20.54 (42.53)	2:04.94 (44.40)	2:48.72 (43.78)	
31 Kvach, Kiersten	13	Ames Cyclone Aquatics Club-IA	3:05.98	3:01.00
38.04	1:26.81 (48.77)	2:16.30 (49.49)	3:01.00 (44.70)	
32 Kearn, Zoella	14	North Side Swim Team-IA	3:18.06	3:13.73
44.01	1:34.54 (50.53)	2:25.44 (50.90)	3:13.73 (48.29)	
33 Nalan, Emily	14	North Side Swim Team-IA	3:35.58	3:27.87
	1:39.13 ()	2:34.76 (55.63)	3:27.87 (53.11)	
--- Bloom, Ellie	14	Fort Dodge Area Swim Team-IA	3:02.95	NS
--- Kramer, Marley	13	Central Iowa Aquatics-IA	2:22.73	NS
--- Stone, Kylee	13	Greater Des Moines YMCA-IA	2:38.36	NS

Girls 13-14 500 Yard Freestyle

5:49.59 Q Champ Qualifying

6:24.59 REG Regional Qualifying

Meet Qualifying: 5:49.60 - 6:24.59

Name	Age	Team	Seed Time	Finals Time
1 Davis, Ava	14	Des Moines Swimming Federation-IA	6:06.86	5:47.30 Q
30.69	1:04.84 (34.15)	1:39.29 (34.45)	2:14.48 (35.19)	
2:49.79 (35.31)	3:25.10 (35.31)	4:00.86 (35.76)	4:37.25 (36.39)	
5:13.11 (35.86)	5:47.30 (34.19)			
2 Powell, Izzy	13	Des Moines Swimming Federation-IA	5:54.41	5:55.21 REG
30.92	1:06.08 (35.16)	1:42.30 (36.22)	2:19.04 (36.74)	
2:54.69 (35.65)	3:31.05 (36.36)	4:07.74 (36.69)	4:43.98 (36.24)	
5:20.09 (36.11)	5:55.21 (35.12)			
3 Cline, Haven	14	Greater Des Moines YMCA-IA	5:52.43	5:59.11 REG
31.04	1:06.44 (35.40)	1:43.23 (36.79)	2:20.46 (37.23)	
2:57.24 (36.78)	3:34.68 (37.44)	4:11.51 (36.83)	4:47.85 (36.34)	
5:24.74 (36.89)	5:59.11 (34.37)			
4 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	6:22.23	5:59.48 REG
32.67	1:08.60 (35.93)	1:44.60 (36.00)	2:21.01 (36.41)	
2:57.81 (36.80)	3:34.82 (37.01)	4:11.59 (36.77)	4:48.36 (36.77)	
5:24.01 (35.65)	5:59.48 (35.47)			

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 13-14 500 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time	
5 Hermsen, Mady	14	Ames Cyclone Aquatics Club-IA	6:05.97	6:00.61	REG
31.68	1:07.59 (35.91)	1:45.17 (37.58)	2:22.23 (37.06)		
2:59.42 (37.19)	3:35.86 (36.44)	4:12.23 (36.37)	4:49.36 (37.13)		
5:26.22 (36.86)	6:00.61 (34.39)				
6 Dunham, Keegan	14	Greater Des Moines YMCA-IA	6:12.79	6:09.31	REG
31.94	1:07.64 (35.70)	1:44.80 (37.16)	2:22.62 (37.82)		
3:00.32 (37.70)	3:38.50 (38.18)	4:17.19 (38.69)	4:55.42 (38.23)		
5:32.74 (37.32)	6:09.31 (36.57)				
7 Thompson, Ky	14	Ames Cyclone Aquatics Club-IA	6:09.70	6:09.58	REG
31.56	1:07.58 (36.02)	1:44.15 (36.57)	2:21.30 (37.15)		
2:58.59 (37.29)	3:35.51 (36.92)	4:13.56 (38.05)	4:52.72 (39.16)		
5:31.73 (39.01)	6:09.58 (37.85)				
8 Stec, Sienna	14	Des Moines Swimming Federation-IA	5:37.74 L	6:22.48	REG
31.25	1:07.99 (36.74)	1:46.08 (38.09)	2:24.97 (38.89)		
3:04.55 (39.58)	3:44.66 (40.11)	4:25.19 (40.53)	5:05.55 (40.36)		
5:44.26 (38.71)	6:22.48 (38.22)				
9 Beauchamp, Maddy	13	Greater Des Moines YMCA-IA	6:23.62	6:32.31	
33.12	1:10.24 (37.12)	1:48.76 (38.52)	2:28.69 (39.93)		
3:09.04 (40.35)	3:49.87 (40.83)	4:31.56 (41.69)	5:12.23 (40.67)		
5:53.41 (41.18)	6:32.31 (38.90)				

Girls 13-14 1000 Yard Freestyle

12:07.59 13-14 Q Champ Qualifying

13:20.39 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 12:07.60 - 13:20.39

Name	Age	Team	Seed Time	Finals Time	
1 Powell, Izzy	13	Des Moines Swimming Federation-IA	12:27.97	12:14.12	REG
31.48	1:08.20 (36.72)	1:45.93 (37.73)	2:23.91 (37.98)		
3:01.04 (37.13)	3:38.14 (37.10)	4:15.86 (37.72)	4:52.96 (37.10)		
5:30.37 (37.41)	6:07.39 (37.02)	6:44.14 (36.75)	7:21.51 (37.37)		
7:58.71 (37.20)	8:36.37 (37.66)	9:13.21 (36.84)	9:49.50 (36.29)		
10:25.71 (36.21)	11:02.84 (37.13)	11:39.28 (36.44)	12:14.12 (34.84)		

Girls 13-14 1650 Yard Freestyle

20:24.39 13-14 Q Champ Qualifying

22:26.89 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 20:24.40 - 22:26.89

Name	Age	Team	Seed Time	Finals Time	
1 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	20:41.69	20:36.92	REG
32.10	1:07.67 (35.57)	1:44.51 (36.84)	2:21.62 (37.11)		
2:58.55 (36.93)	3:35.48 (36.93)	4:13.03 (37.55)	4:50.10 (37.07)		
5:27.01 (36.91)	6:04.71 (37.70)	6:42.11 (37.40)	7:20.42 (38.31)		
7:58.16 (37.74)	8:35.57 (37.41)	9:13.26 (37.69)	9:50.96 (37.70)		
10:28.57 (37.61)	11:06.98 (38.41)	11:45.11 (38.13)	12:22.49 (37.38)		
13:00.61 (38.12)	13:39.15 (38.54)	14:17.30 (38.15)	14:55.57 (38.27)		
15:34.23 (38.66)	16:11.12 (36.89)	16:49.90 (38.78)	17:27.57 (37.67)		
18:05.69 (38.12)	18:43.59 (37.90)	19:21.48 (37.89)	20:00.00 (38.52)	20:36.92 (36.92)	

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****Girls 13-14 100 Yard Backstroke****1:08.49 Q Champ Qualifying****Meet Qualifying: Slower than 1:08.49**

	Name	Age	Team	Seed Time	Finals Time
1	Ernsperger, Isabel 34.00	14	Central Iowa Aquatics-IA	1:08.85	1:09.68
			1:09.68 (35.68)		
2	Dunham, Keegan 34.61	14	Greater Des Moines YMCA-IA	1:10.71	1:11.37
			1:11.37 (36.76)		
3	Damge, Camryn 34.14	14	North Side Swim Team-IA	1:10.52	1:12.20
			1:12.20 (38.06)		
4	Davis, Ava 35.30	14	Des Moines Swimming Federation-IA	1:14.33	1:12.84
			1:12.84 (37.54)		
5	Vallas, Finley 36.22	14	Central Iowa Aquatics-IA	1:14.40	1:13.80
			1:13.80 (37.58)		
6	Hoss, Brooke 36.08	13	Central Iowa Aquatics-IA	1:13.90	1:14.95
			1:14.95 (38.87)		
7	Kimmel, Teaghyn 36.87	13	Rams Swim Club-IA	1:15.55	1:16.86
			1:16.86 (39.99)		
8	Rice, Mary 38.27	14	North Side Swim Team-IA	1:19.88	1:17.92
			1:17.92 (39.65)		
9	Ruppert, Millie 38.19	13	Des Moines Swimming Federation-IA	1:20.54	1:17.96
			1:17.96 (39.77)		
10	Kinnison, Amanda 38.72	13	Dowling Catholic Riptide-IA	1:15.68	1:17.99
			1:17.99 (39.27)		
11	Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	1:19.51	1:18.86
12	Lock, Meg 38.75	14	Dowling Catholic Riptide-IA	1:17.65	1:19.02
			1:19.02 (40.27)		
13	Damge, Evelyn 38.20	14	North Side Swim Team-IA	1:14.77	1:19.83
			1:19.83 (41.63)		
14	Jacobs, Kate	13	Dowling Catholic Riptide-IA	1:20.75	1:20.03
15	Subbert, Kambelle 38.45	14	Swordfish Academy-IA	1:25.04	1:20.62
			1:20.62 (42.17)		
16	Kruger, Olivia 40.22	13	Johnston Blaze Swim Club-IA	1:23.96	1:21.46
			1:21.46 (41.24)		
17	Nedder, Julia 39.42	13	South East Aquatics-IA	1:20.59	1:21.78
			1:21.78 (42.36)		
18	Ruan, Catherine 39.92	14	Dowling Catholic Riptide-IA	1:20.48	1:22.29
			1:22.29 (42.37)		
19	Mogard, Miah 40.04	14	Ames Cyclone Aquatics Club-IA	1:28.88	1:22.60
			1:22.60 (42.56)		
20	Lebeck, Jocelyn 41.92	13	Des Moines Swimming Federation-IA	1:23.76	1:25.09
			1:25.09 (43.17)		
21	Stravers, Kinsley 42.77	13	Johnston Blaze Swim Club-IA	1:20.85	1:25.34
			1:25.34 (42.57)		
22	Eure, Veronica 40.44	14	Dowling Catholic Riptide-IA	1:23.83	1:25.76
			1:25.76 (45.32)		
23	Middlekauff, Alivia 42.15	13	Dowling Catholic Riptide-IA	1:28.91	1:27.43
			1:27.43 (45.28)		
24	Russell, Ava 43.59	13	Central Iowa Aquatics-IA	1:31.73	1:29.63
			1:29.63 (46.04)		
25	Kvach, Kiersten 43.45	13	Ames Cyclone Aquatics Club-IA	1:33.59	1:29.96
			1:29.96 (46.51)		
26	Bylund, Amelia	14	Des Moines Swimming Federation-IA	1:26.55	1:32.22

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 13-14 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
27 Kearn, Zoella	14	North Side Swim Team-IA	1:36.22	1:34.51
46.33	1:34.51 (48.18)			
28 Chaney, Charleigh	13	Carroll Area Swim Team-IA	1:34.36	1:35.65
43.90	1:35.65 (51.75)			
29 Reyes, Abigail	13	North Side Swim Team-IA	1:40.71	1:36.23
47.79	1:36.23 (48.44)			
30 Nalan, Emily	14	North Side Swim Team-IA	1:53.41	1:42.39
49.08	1:42.39 (53.31)			
31 Borkowski, Alexis	13	Carroll Area Swim Team-IA	1:39.69	1:43.66
51.69	1:43.66 (51.97)			
--- Cook, Mallory	13	Mason City Swim Club-IA	1:18.33	DQ 1:15.19
Other				
37.08	DQ 1:15.19 (38.11)			
--- Stone, Kylee	13	Greater Des Moines YMCA-IA	1:09.79	NS

Girls 13-14 200 Yard Backstroke

2:28.99 Q Champ Qualifying

2:51.39 REG Regional Qualifying

Meet Qualifying: 2:29.00 - 2:51.39

Name	Age	Team	Seed Time	Finals Time
1 Powell, Izzy	13	Des Moines Swimming Federation-IA	2:32.20	2:26.82 Q
34.75	1:12.49 (37.74)	1:50.62 (38.13)	2:26.82 (36.20)	
2 Kramer, Marley	13	Central Iowa Aquatics-IA	2:30.36	2:27.36 Q
35.42	1:13.07 (37.65)	1:51.08 (38.01)	2:27.36 (36.28)	
3 Stone, Kylee	13	Greater Des Moines YMCA-IA	2:33.38	2:28.45 Q
34.24	1:12.22 (37.98)	1:51.05 (38.83)	2:28.45 (37.40)	
4 Hermsen, Mady	14	Ames Cyclone Aquatics Club-IA	2:34.94	2:31.82 REG
36.43	1:15.16 (38.73)	1:53.75 (38.59)	2:31.82 (38.07)	
5 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	2:33.75	2:37.64 REG
36.73	1:16.26 (39.53)	1:56.92 (40.66)	2:37.64 (40.72)	
6 Vallas, Finley	14	Central Iowa Aquatics-IA	2:41.69	2:39.18 REG
38.16	1:17.75 (39.59)	1:58.82 (41.07)	2:39.18 (40.36)	
7 Damge, Camryn	14	North Side Swim Team-IA	2:34.70	2:39.49 REG
35.10	1:16.68 (41.58)	1:58.72 (42.04)	2:39.49 (40.77)	
8 Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	2:51.01	2:49.75 REG
39.51	1:21.13 (41.62)	2:49.75 (1:28.62)		
--- Dunham, Keegan	14	Greater Des Moines YMCA-IA	2:38.50	NS

Girls 13-14 100 Yard Breaststroke

1:18.59 Q Champ Qualifying

Meet Qualifying: Slower than 1:18.59

Name	Age	Team	Seed Time	Finals Time
1 Damge, Camryn	14	North Side Swim Team-IA	1:20.13	1:20.05
37.55	1:20.05 (42.50)			
2 Ernsperger, Isabel	14	Central Iowa Aquatics-IA	1:21.03	1:20.16
37.64	1:20.16 (42.52)			
3 Davis, Ava	14	Des Moines Swimming Federation-IA	1:26.75	1:21.62
38.08	1:21.62 (43.54)			
4 Thompson, Ky	14	Ames Cyclone Aquatics Club-IA	1:24.26	1:23.47
39.29	1:23.47 (44.18)			
5 Stec, Sienna	14	Des Moines Swimming Federation-IA	1:24.28	1:25.03
40.34	1:25.03 (44.69)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 13-14 100 Yard Breaststroke)

	Name	Age	Team	Seed Time	Finals Time
6	Sexton, Claire	13	Central Iowa Aquatics-IA	1:25.53	1:25.91
	39.18				1:25.91 (46.73)
7	Damge, Evelyn	14	North Side Swim Team-IA	1:26.71	1:26.18
	39.95				1:26.18 (46.23)
8	Hoss, Brooke	13	Central Iowa Aquatics-IA	1:29.73	1:26.69
	40.87				1:26.69 (45.82)
9	Yedake, Anika	14	Greater Des Moines YMCA-IA	1:28.32	1:26.76
	41.47				1:26.76 (45.29)
10	Murray, Keira	14	Mason City Swim Club-IA	1:29.04	1:27.41
	40.87				1:27.41 (46.54)
11	Bylund, Amelia	14	Des Moines Swimming Federation-IA	1:47.58	1:28.41
	41.08				1:28.41 (47.33)
12	Prichard, Avery	13	Greater Des Moines YMCA-IA	1:27.72	1:30.47
	42.05				1:30.47 (48.42)
13	Jacobs, Kate	13	Dowling Catholic Riptide-IA	1:33.53	1:32.60
	42.79				1:32.60 (49.81)
14	Kruger, Olivia	13	Johnston Blaze Swim Club-IA	1:32.89	1:34.05
	44.98				1:34.05 (49.07)
15	Subbert, Kambelle	14	Swordfish Academy-IA	1:36.43	1:35.53
	44.54				1:35.53 (50.99)
16	Rice, Mary	14	North Side Swim Team-IA	1:43.73	1:37.35
	45.44				1:37.35 (51.91)
17	Prendergast, Claire	13	North Side Swim Team-IA	1:40.19	1:38.26
	47.27				1:38.26 (50.99)
18	Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	1:39.36	1:38.32
19	Conn, Lillie	14	Rams Swim Club-IA	1:41.13	1:39.42
	47.13				1:39.42 (52.29)
20	Kinnison, Amanda	13	Dowling Catholic Riptide-IA	1:37.27	1:39.75
	46.12				1:39.75 (53.63)
21	Rohloff, Kate	14	Greater Des Moines YMCA-IA	1:39.27	1:40.14
	48.72				1:40.14 (51.42)
22	Ocheltree, Hayden	13	Greater Des Moines YMCA-IA	NT	1:40.36
	48.54				1:40.36 (51.82)
23	Bloom, Ellie	14	Fort Dodge Area Swim Team-IA	1:36.86	1:42.20
	47.31				1:42.20 (54.89)
24	Lebeck, Jocelyn	13	Des Moines Swimming Federation-IA	1:50.41	1:44.96
	48.37				1:44.96 (56.59)
25	Middlekauff, Alivia	13	Dowling Catholic Riptide-IA	1:45.64	1:47.45
	50.72				1:47.45 (56.73)
26	Herrick, Lilli	13	Rams Swim Club-IA	1:57.93	1:53.75
	50.65				1:53.75 (1:03.10)
27	Steinbach, Eleanor	13	North Side Swim Team-IA	NT	1:55.74
	52.02				1:55.74 (1:03.72)
---	Shenouda, Esther	13	Dowling Catholic Riptide-IA	1:37.35	NS
---	Kramer, Marley	13	Central Iowa Aquatics-IA	1:23.53	NS

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Girls 13-14 200 Yard Breaststroke

2:50.49 Q Champ Qualifying

3:16.09 REG Regional Qualifying

Meet Qualifying: 2:50.50 - 3:16.09

Name	Age	Team	Seed Time	Finals Time	
1 Hancock, Ellie	14	Central Iowa Aquatics-IA	2:51.59	2:43.02	Q
36.51	1:18.17 (41.66)	2:00.32 (42.15)	2:43.02 (42.70)		
2 Ernsperger, Isabel	14	Central Iowa Aquatics-IA	2:53.23	2:54.57	REG
39.15	1:22.57 (43.42)	2:54.57 (1:32.00)			
3 Sexton, Claire	13	Central Iowa Aquatics-IA	3:05.68	3:05.24	REG
38.94	1:26.17 (47.23)	2:15.73 (49.56)	3:05.24 (49.51)		
4 Damge, Evelyn	14	North Side Swim Team-IA	3:05.72	3:06.27	REG
41.18	1:28.32 (47.14)	2:17.25 (48.93)	3:06.27 (49.02)		
5 Stec, Sienna	14	Des Moines Swimming Federation-IA	3:03.01	3:09.79	REG
43.07	1:31.49 (48.42)	2:21.56 (50.07)	3:09.79 (48.23)		
--- Kramer, Marley	13	Central Iowa Aquatics-IA	3:00.79		NS

Girls 13-14 100 Yard Butterfly

1:08.19 Q Champ Qualifying

Meet Qualifying: Slower than 1:08.19

Name	Age	Team	Seed Time	Finals Time	
1 Dunham, Keegan	14	Greater Des Moines YMCA-IA	1:09.15	1:07.11	Q
30.13	1:07.11 (36.98)				
2 Kramer, Marley	13	Central Iowa Aquatics-IA	1:08.45	1:10.03	
32.77	1:10.03 (37.26)				
3 Davis, Ava	14	Des Moines Swimming Federation-IA	1:16.91	1:10.47	
32.06	1:10.47 (38.41)				
4 Stone, Kylee	13	Greater Des Moines YMCA-IA	1:09.98	1:12.58	
32.93	1:12.58 (39.65)				
5 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	1:22.02	1:13.43	
34.35	1:13.43 (39.08)				
6 Seckington, Tillie	13	Des Moines Swimming Federation-IA	1:13.75	1:14.75	
34.33	1:14.75 (40.42)				
7 Damge, Evelyn	14	North Side Swim Team-IA	1:16.07	1:15.39	
36.07	1:15.39 (39.32)				
8 Hoss, Brooke	13	Central Iowa Aquatics-IA	1:19.21	1:16.62	
34.72	1:16.62 (41.90)				
9 Yedake, Anika	14	Greater Des Moines YMCA-IA	1:17.42	1:17.60	
35.43	1:17.60 (42.17)				
10 Ocheltree, Hayden	13	Greater Des Moines YMCA-IA	1:17.24	1:17.98	
36.23	1:17.98 (41.75)				
11 Eure, Veronica	14	Dowling Catholic Riptide-IA	1:23.20	1:22.55	
37.56	1:22.55 (44.99)				
12 Rice, Mary	14	North Side Swim Team-IA	1:24.49	1:23.50	
37.22	1:23.50 (46.28)				
13 Beauchamp, Maddy	13	Greater Des Moines YMCA-IA	1:22.81	1:23.62	
37.68	1:23.62 (45.94)				
14 Damge, Camryn	14	North Side Swim Team-IA	1:21.20	1:25.41	
39.08	1:25.41 (46.33)				
15 Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	1:22.19	1:27.37	
16 Prichard, Avery	13	Greater Des Moines YMCA-IA	1:28.02	1:27.61	
37.86	1:27.61 (49.75)				

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 13-14 100 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time
17 Mootz, Natalie	14	Rams Swim Club-IA	1:38.10	1:39.13
45.75	1:39.13 (53.38)			
18 Kearn, Zoella	14	North Side Swim Team-IA	1:57.67	1:57.54
54.57	1:57.54 (1:02.97)			
19 Nalan, Emily	14	North Side Swim Team-IA	2:18.16	2:03.49
54.21	2:03.49 (1:09.28)			
--- Vallas, Finley	14	Central Iowa Aquatics-IA	1:23.28	NS
--- Shenouda, Esther	13	Dowling Catholic Riptide-IA	NT	NS
--- Fertig, Jodi	13	Rams Swim Club-IA	1:26.68	SCR

Girls 13-14 200 Yard Butterfly

2:36.89 13-14 Q Champ Qualifying

3:00.49 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 2:36.90 - 3:00.49

Name	Age	Team	Seed Time	Finals Time
1 Kramer, Marley	13	Central Iowa Aquatics-IA	2:40.37	2:40.56 REG
33.86	1:16.68 (42.82)	1:59.62 (42.94)	2:40.56 (40.94)	

Girls 13-14 200 Yard IM

2:27.49 Q Champ Qualifying

Meet Qualifying: Slower than 2:27.49

Name	Age	Team	Seed Time	Finals Time
1 Hancock, Ellie	14	Central Iowa Aquatics-IA	2:28.91	2:25.71 Q
29.90	1:08.38 (38.48)	1:51.30 (42.92)	2:25.71 (34.41)	
2 Ernsperger, Isabel	14	Central Iowa Aquatics-IA	2:27.51	2:27.11 Q
31.37	1:10.06 (38.69)	1:53.52 (43.46)	2:27.11 (33.59)	
3 Dunham, Keegan	14	Greater Des Moines YMCA-IA	2:31.94	2:27.32 Q
30.31	1:07.77 (37.46)	1:51.73 (43.96)	2:27.32 (35.59)	
4 Reid, Abigail	14	Central Iowa Aquatics-IA	2:32.83	2:27.96
32.03	1:09.56 (37.53)	1:54.28 (44.72)	2:27.96 (33.68)	
5 Davis, Ava	14	Des Moines Swimming Federation-IA	2:36.28	2:31.71
31.71	1:12.35 (40.64)	1:58.93 (46.58)	2:31.71 (32.78)	
6 Hermsen, Mady	14	Ames Cyclone Aquatics Club-IA	2:30.74	2:33.35
34.50	1:12.52 (38.02)	1:57.78 (45.26)	2:33.35 (35.57)	
7 Kramer, Marley	13	Central Iowa Aquatics-IA	2:34.30	2:33.63
33.74	1:13.49 (39.75)	1:59.49 (46.00)	2:33.63 (34.14)	
8 Damge, Camryn	14	North Side Swim Team-IA	2:40.70	2:40.10
35.02	1:14.36 (39.34)	2:01.48 (47.12)	2:40.10 (38.62)	
9 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	2:39.14	2:40.16
33.58	1:13.07 (39.49)	2:02.16 (49.09)	2:40.16 (38.00)	
10 Hoss, Brooke	13	Central Iowa Aquatics-IA	2:44.60	2:41.00
33.78	1:14.56 (40.78)	2:04.02 (49.46)	2:41.00 (36.98)	
11 Damge, Evelyn	14	North Side Swim Team-IA	2:45.90	2:45.57
34.30	1:19.47 (45.17)	2:07.20 (47.73)	2:45.57 (38.37)	
12 Rice, Mary	14	North Side Swim Team-IA	2:54.15	2:52.26
36.15	1:16.55 (40.40)	2:11.18 (54.63)	2:52.26 (41.08)	
13 Kruger, Olivia	13	Johnston Blaze Swim Club-IA	3:03.72	2:56.57
41.84	1:24.26 (42.42)	2:16.05 (51.79)	2:56.57 (40.52)	
14 Eure, Veronica	14	Dowling Catholic Riptide-IA	3:08.83	3:01.45
37.75	1:21.79 (44.04)	2:18.39 (56.60)	3:01.45 (43.06)	
15 Bylund, Amelia	14	Des Moines Swimming Federation-IA	3:05.66	3:03.52
43.47	1:32.50 (49.03)	2:22.90 (50.40)	3:03.52 (40.62)	

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Results

(Girls 13-14 200 Yard IM)

Name	Age	Team	Seed Time	Finals Time
16 Herrick, Lilli	13	Rams Swim Club-IA	NT	3:11.65
39.62	1:26.25 (46.63)	2:25.73 (59.48)	3:11.65 (45.92)	
17 Borkowski, Alexis	13	Carroll Area Swim Team-IA	NT	3:27.99
1:42.48 ()	2:39.78 (57.30)	3:27.99 (48.21)		
18 Bloom, Ellie	14	Fort Dodge Area Swim Team-IA	NT	3:29.69
1:43.71 ()	2:45.01 (1:01.30)	3:29.69 (44.68)		
--- Nedder, Julia	13	South East Aquatics-IA	3:00.77	DQ 2:52.51
Delay initiating turn - back				
35.04	1:19.03 (43.99)	2:12.08 (53.05)	DQ 2:52.51 (40.43)	
--- Riley, Isabella	14	Ames Cyclone Aquatics Club-IA	3:16.03	DQ 2:55.87
Delay initiating turn - back				
39.50	1:23.34 (43.84)	2:15.60 (52.26)	DQ 2:55.87 (40.27)	
--- Croll, Molly	13	Johnston Blaze Swim Club-IA	3:21.10	DQ 3:19.77
Delay initiating arm pull - back				
43.70	1:33.39 (49.69)	2:37.87 (1:04.48)	DQ 3:19.77 (41.90)	
--- Kimmel, Teaghyn	13	Rams Swim Club-IA	2:53.02	NS

Girls 13-14 400 Yard IM

5:24.69 13-14 Q Champ Qualifying

5:57.19 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 5:24.70 - 5:57.19

Name	Age	Team	Seed Time	Finals Time
1 MacLeod, Megan	14	Ames Cyclone Aquatics Club-IA	5:38.26	5:33.58 REG
33.27	1:12.85 (39.58)	1:55.13 (42.28)	2:36.42 (41.29)	
3:27.14 (50.72)	4:18.29 (51.15)	4:56.46 (38.17)	5:33.58 (37.12)	

Girls 13-14 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	1:55.33	1:53.04
1) Kramer, Marley 13	2) Vallas, Finley 14	3) Hoss, Brooke 13	4) Reid, Abigail 14
27.81	56.79 (28.98)	1:25.71 (28.92)	1:53.04 (27.33)
2 Des Moines Swimming Federatio	A	1:58.52	1:56.08
1) Powell, Izzy 13	2) Davis, Ava 14	3) Seckington, Tillie 13	4) Ruppert, Millie 13
28.89	56.64 (27.75)	1:29.28 (32.64)	1:56.08 (26.80)
3 Dowling Catholic Riptide-IA	A	2:01.48	2:02.90
1) Kinnison, Amanda 13	2) Jacobs, Kate 13	3) Ruan, Catherine 14	4) Lock, Meg 14
31.00	1:03.05 (32.05)	1:32.94 (29.89)	2:02.90 (29.96)
4 North Side Swim Team-IA	A	1:57.61	2:03.08
1) Damge, Camryn 14	2) Reyes, Abigail 13	3) Rice, Mary 14	4) Damge, Evelyn 14
29.91	1:02.11 (32.20)	1:33.09 (30.98)	2:03.08 (29.99)
5 Ames Cyclone Aquatics Club-IA	A	2:19.58L	2:04.43
1) Mogard, Miah 14	2) Kvach, Kiersten 13	3) Riley, Isabella 14	4) MacLeod, Megan 14
28.29	1:02.63 (34.34)	1:34.99 (32.36)	2:04.43 (29.44)
6 Rams Swim Club-IA	A	2:03.21	2:05.38
1) Kimmel, Teaghyn 13	2) Herrick, Lilli 13	3) Conn, Lillie 14	4) Fertig, Jodi 13
30.53	1:03.70 (33.17)	1:36.82 (33.12)	2:05.38 (28.56)

Girls 13-14 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	2:14.39	2:12.08
1) Ernsperger, Isabel 14	2) Kramer, Marley 13	3) Reid, Abigail 14	4) Vallas, Finley 14
33.26	1:10.08 (36.82)	1:40.39 (30.31)	2:12.08 (31.69)

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Team	Relay	Seed Time	Finals Time
2 Des Moines Swimming Federation	A	2:14.31	2:14.60
1) Davis, Ava 14	2) Stec, Sienna 14	3) Seckington, Tillie 13	4) Powell, Izzy 13
33.81	1:14.08 (40.27)	1:46.73 (32.65)	2:14.60 (27.87)
3 North Side Swim Team-IA	A	2:16.98	2:25.59
1) Rice, Mary 14	2) Dange, Camryn 14	3) Dange, Evelyn 14	4) Reyes, Abigail 13
36.24	1:14.40 (38.16)	1:47.76 (33.36)	2:25.59 (37.83)
4 Dowling Catholic Riptide-IA	A	2:28.72	2:32.03
1) Eure, Veronica 14	2) Jacobs, Kate 13	3) Kinnison, Amanda 13	4) Middlekauff, Alivia 13
36.99	1:20.55 (43.56)	1:59.17 (38.62)	2:32.03 (32.86)
5 Rams Swim Club-IA	A	2:32.57	2:33.92
1) Kimmel, Teaghyn 13	2) Conn, Lillie 14	3) Mootz, Natalie 14	4) Herrick, Lilli 13
35.11	1:20.30 (45.19)	2:02.14 (41.84)	2:33.92 (31.78)
6 North Side Swim Team-IA	B	2:54.87	2:55.98
1) Nalan, Emily 14	2) Prendergast, Claire 13	3) Steinbach, Eleanor 13	4) Kearn, Zoella 14
47.55	1:32.51 (44.96)	2:55.98 (1:23.47)	

Girls 15 & Over 50 Yard Freestyle**26.39 Q Champ Qualifying****Meet Qualifying: Slower than 26.39**

Name	Age	Team	Seed Time	Finals Time
1 Smith, Kiley	16	Des Moines Swimming Federation-IA	26.95	27.47
2 Chase, Anna	16	Des Moines Swimming Federation-IA	28.47	27.77
3 Chance, Charlotte	16	Dowling Catholic Riptide-IA	26.55	27.81
4 Corwin, Briley	16	Dowling Catholic Riptide-IA	26.93	27.88
5 Sexton, Haylee	15	Ames Cyclone Aquatics Club-IA	28.20	28.14
6 Brown, Ella	16	Dowling Catholic Riptide-IA	27.81	28.26
7 Dvorak, Layla	15	Johnston Blaze Swim Club-IA	28.94	28.96
8 Kramer, Nina	16	Central Iowa Aquatics-IA	28.20	29.04
9 Mengel, Maddie	15	Des Moines Swimming Federation-IA	30.53	29.19
10 Fields, Clara	17	Ames Cyclone Aquatics Club-IA	28.99	29.76
11 Wigant, Kadence	17	Dowling Catholic Riptide-IA	29.45	30.25
12 Punt, Chloe	15	South East Aquatics-IA	30.81	30.39
13 Kiekhaefer, Lucy	15	Central Iowa Aquatics-IA	31.94	30.46
14 Reisdorf, Olivia	16	Dowling Catholic Riptide-IA	29.99	30.71
15 Labresh, Joella	15	North Side Swim Team-IA	30.83	31.14
16 Vaske, Audrey	15	Dowling Catholic Riptide-IA	30.45	31.27
17 McRoberts, Ryen	15	Central Iowa Aquatics-IA	31.39	32.57
18 Sethi, Milie	15	Johnston Blaze Swim Club-IA	31.85	33.14
19 Schafer, Sophia	15	North Side Swim Team-IA	31.29	33.16
20 Kent, Avery	15	North Side Swim Team-IA	32.82	33.77
21 Sargent, Audrey	15	North Side Swim Team-IA	50.28	48.41
--- Braun, Nelah	15	Rams Swim Club-IA	39.38	NS
--- Ballenger-Hudson, Aquila	17	North Side Swim Team-IA	28.88	SCR

Girls 15 & Over 100 Yard Freestyle**57.39 Q Champ Qualifying****Meet Qualifying: Slower than 57.39**

Name	Age	Team	Seed Time	Finals Time
1 Smith, Kiley	16	Des Moines Swimming Federation-IA	58.40	57.92
27.67	57.92 (30.25)			

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(Girls 15 & Over 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
2	Heddinger, Ginny	15	Dowling Catholic Riptide-IA	58.75	58.37
	27.28	58.37 (31.09)			
3	Chase, Anna	16	Des Moines Swimming Federation-IA	1:01.64	1:00.43
	28.66	1:00.43 (31.77)			
4	Penne, Addison	17	Central Iowa Aquatics-IA	1:02.18	1:00.52
	28.89	1:00.52 (31.63)			
5	Kramer, Nina	16	Central Iowa Aquatics-IA	1:01.54	1:01.13
	29.25	1:01.13 (31.88)			
6	Dvorak, Layla	15	Johnston Blaze Swim Club-IA	1:02.72	1:01.31
	29.62	1:01.31 (31.69)			
7	Brown, Ella	16	Dowling Catholic Riptide-IA	1:00.85	1:01.56
	29.65	1:01.56 (31.91)			
8	Mengel, Maddie	15	Des Moines Swimming Federation-IA	1:06.43	1:03.73
	30.36	1:03.73 (33.37)			
9	Cunningham, Clara	15	North Side Swim Team-IA	1:06.64	1:04.37
	30.17	1:04.37 (34.20)			
10	Fields, Clara	17	Ames Cyclone Aquatics Club-IA	1:02.40	1:04.95
	31.35	1:04.95 (33.60)			
11	Kiekhaefer, Lucy	15	Central Iowa Aquatics-IA	1:08.24	1:06.77
	31.36	1:06.77 (35.41)			
12	Labresh, Joella	15	North Side Swim Team-IA	1:08.53	1:09.86
	32.08	1:09.86 (37.78)			
13	Reisdorf, Olivia	16	Dowling Catholic Riptide-IA	1:06.28	1:09.98
	33.16	1:09.98 (36.82)			
14	Ballenger-Hudson, Aquila	17	North Side Swim Team-IA	1:02.09	1:12.26
	33.76	1:12.26 (38.50)			
15	Sethi, Milie	15	Johnston Blaze Swim Club-IA	1:16.97	1:13.68
	34.64	1:13.68 (39.04)			
16	Kent, Avery	15	North Side Swim Team-IA	1:14.46	1:13.70
	35.04	1:13.70 (38.66)			
17	Schafer, Sophia	15	North Side Swim Team-IA	1:15.08	1:17.60
	36.94	1:17.60 (40.66)			
18	Sargent, Audrey	15	North Side Swim Team-IA	1:45.26	1:42.39
---	Braun, Nelah	15	Rams Swim Club-IA	1:23.26	NS

Girls 15 & Over 200 Yard Freestyle

2:03.09 Q Champ Qualifying

Meet Qualifying: Slower than 2:03.09

	Name	Age	Team	Seed Time	Finals Time
1	Smith, Kiley	16	Des Moines Swimming Federation-IA	2:08.60	2:06.18
	28.80	1:00.21 (31.41)	1:32.94 (32.73)	2:06.18 (33.24)	
2	Fertig, Jordan	15	Rams Swim Club-IA	2:07.27	2:08.89
	29.06	1:01.01 (31.95)	1:34.68 (33.67)	2:08.89 (34.21)	
3	Chance, Charlotte	16	Dowling Catholic Riptide-IA	2:07.54	2:09.59
	29.11	1:01.48 (32.37)	1:35.48 (34.00)	2:09.59 (34.11)	
4	Kramer, Nina	16	Central Iowa Aquatics-IA	2:15.55	2:15.76
	30.50	1:04.99 (34.49)	1:40.71 (35.72)	2:15.76 (35.05)	
5	Fields, Clara	17	Ames Cyclone Aquatics Club-IA	2:18.37	2:20.72
	32.08	1:07.94 (35.86)	1:44.58 (36.64)	2:20.72 (36.14)	
6	Cunningham, Clara	15	North Side Swim Team-IA	2:29.28	2:24.57
	32.38	1:10.66 (38.28)	1:48.97 (38.31)	2:24.57 (35.60)	

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 15 & Over 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
7 Mengel, Maddie	15	Des Moines Swimming Federation-IA	2:20.83	2:25.58
32.52	1:09.65 (37.13)	1:48.23 (38.58)	2:25.58 (37.35)	
8 Kiekhaefer, Lucy	15	Central Iowa Aquatics-IA	2:31.57	2:30.89
34.17	1:12.98 (38.81)	1:52.32 (39.34)	2:30.89 (38.57)	
9 McRoberts, Ryan	15	Central Iowa Aquatics-IA	2:43.12	2:32.69
36.04	1:16.09 (40.05)	1:55.04 (38.95)	2:32.69 (37.65)	
10 Reisdorf, Olivia	16	Dowling Catholic Riptide-IA	2:24.92	2:33.33
34.39	1:13.18 (38.79)	1:53.98 (40.80)	2:33.33 (39.35)	
11 Labresh, Joella	15	North Side Swim Team-IA	2:33.53	2:40.18
34.22	1:14.50 (40.28)	2:40.18 (1:25.68)		
12 Punt, Chloe	15	South East Aquatics-IA	2:59.19	2:50.57
35.48	1:20.16 (44.68)	2:06.17 (46.01)	2:50.57 (44.40)	
13 Kent, Avery	15	North Side Swim Team-IA	2:50.54	2:51.29
39.04	1:22.49 (43.45)	2:08.68 (46.19)	2:51.29 (42.61)	
14 Schafer, Sophia	15	North Side Swim Team-IA	3:00.96	2:51.46
38.97	1:23.98 (45.01)	2:10.87 (46.89)	2:51.46 (40.59)	
15 Sargent, Audrey	15	North Side Swim Team-IA	3:50.58	3:40.19
48.75	3:40.19 (2:51.44)			
--- Braun, Nelah	15	Rams Swim Club-IA	3:05.21	NS

Women 15 & Over 500 Yard Freestyle

5:39.99 15&0 Q Champ Qualifying

6:13.99 15&0 REG Regional Qualifying

Meet Qualifying 15&0: 5:40.00 - 6:13.99

Name	Age	Team	Seed Time	Finals Time
1 Smith, Kiley	16	Des Moines Swimming Federation-IA	5:45.42	5:44.05 REG
30.52	1:04.27 (33.75)	1:39.16 (34.89)	2:14.40 (35.24)	
2:49.65 (35.25)	3:25.19 (35.54)	4:00.37 (35.18)	4:35.67 (35.30)	
5:10.77 (35.10)	5:44.05 (33.28)			
2 Kramer, Nina	16	Central Iowa Aquatics-IA	5:51.06	5:44.93 REG
31.11	1:05.57 (34.46)	1:41.03 (35.46)	2:16.11 (35.08)	
2:51.63 (35.52)	3:27.06 (35.43)	4:02.02 (34.96)	4:36.74 (34.72)	
5:11.53 (34.79)	5:44.93 (33.40)			
3 Penne, Addison	17	Central Iowa Aquatics-IA	5:57.35	5:55.40 REG
31.44	1:05.74 (34.30)	1:40.91 (35.17)	2:16.81 (35.90)	
2:52.67 (35.86)	3:28.85 (36.18)	4:05.15 (36.30)	4:41.79 (36.64)	
5:18.81 (37.02)	5:55.40 (36.59)			
4 Fields, Clara	17	Ames Cyclone Aquatics Club-IA	6:06.43	6:19.31
33.27	1:11.84 (38.57)	1:52.19 (40.35)	2:30.24 (38.05)	
3:10.41 (40.17)	3:49.89 (39.48)	4:28.75 (38.86)	5:06.83 (38.08)	
5:43.91 (37.08)	6:19.31 (35.40)			
--- Braun, Jenna	18	Mason City Swim Club-IA	5:45.64	NS

Girls 15 & Over 100 Yard Backstroke

1:04.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:04.49

Name	Age	Team	Seed Time	Finals Time
1 Corwin, Briley	16	Dowling Catholic Riptide-IA	1:06.07	1:06.25
32.45	1:06.25 (33.80)			
2 Smith, Maysen	15	Ames Cyclone Aquatics Club-IA	1:05.51	1:07.46
33.20	1:07.46 (34.26)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 15 & Over 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
3 Sexton, Haylee	15	Ames Cyclone Aquatics Club-IA	1:09.20	1:11.11
34.00	1:11.11 (37.11)			
4 Mengel, Maddie	15	Des Moines Swimming Federation-IA	1:14.76	1:12.14
34.90	1:12.14 (37.24)			
5 Fields, Clara	17	Ames Cyclone Aquatics Club-IA	1:14.25	1:16.34
37.59	1:16.34 (38.75)			
6 Labresh, Joella	15	North Side Swim Team-IA	1:14.51	1:19.50
37.84	1:19.50 (41.66)			
7 Vaske, Audrey	15	Dowling Catholic Riptide-IA	1:17.25	1:20.61
40.73	1:20.61 (39.88)			
8 Punt, Chloe	15	South East Aquatics-IA	1:23.62	1:22.55
39.35	1:22.55 (43.20)			
9 Kent, Avery	15	North Side Swim Team-IA	1:28.65	1:27.99
42.31	1:27.99 (45.68)			
10 Schafer, Sophia	15	North Side Swim Team-IA	1:28.55	1:28.54
42.65	1:28.54 (45.89)			
11 Sargent, Audrey	15	North Side Swim Team-IA	1:59.52	1:55.38
--- Braun, Nelah	15	Rams Swim Club-IA	1:43.60	NS
--- Ballenger-Hudson, Aquila	17	North Side Swim Team-IA	1:17.91	SCR

Women 15 & Over 200 Yard Backstroke

2:22.29 15&O Q Champ Qualifying

2:43.69 15&O REG Regional Qualifying

Meet Qualifying 15&O: 2:22.30 - 2:43.69

Name	Age	Team	Seed Time	Finals Time
1 Smith, Kiley	16	Des Moines Swimming Federation-IA	2:22.66	2:22.21 Q
33.24	1:08.57 (35.33)	2:22.21 (1:13.64)		
2 Cunningham, Clara	15	North Side Swim Team-IA	2:35.36	2:31.47 REG
34.01	1:12.67 (38.66)	1:52.70 (40.03)	2:31.47 (38.77)	
3 Fields, Clara	17	Ames Cyclone Aquatics Club-IA	2:38.93	2:39.67 REG
37.85	1:18.41 (40.56)	1:59.82 (41.41)	2:39.67 (39.85)	

Girls 15 & Over 100 Yard Breaststroke

1:14.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:14.49

Name	Age	Team	Seed Time	Finals Time
1 Braun, Jenna	18	Mason City Swim Club-IA	1:14.52	1:13.04 Q
34.78	1:13.04 (38.26)			
2 Penne, Addison	17	Central Iowa Aquatics-IA	1:25.13	1:18.25
37.05	1:18.25 (41.20)			
3 Kiekhaefer, Lucy	15	Central Iowa Aquatics-IA	1:28.98	1:26.62
41.15	1:26.62 (45.47)			
4 Reisdorf, Olivia	16	Dowling Catholic Riptide-IA	1:24.98	1:30.50
40.60	1:30.50 (49.90)			
5 Sethi, Milie	15	Johnston Blaze Swim Club-IA	1:31.48	1:31.81
43.74	1:31.81 (48.07)			
6 Dvorak, Layla	15	Johnston Blaze Swim Club-IA	1:33.07	1:33.15
43.69	1:33.15 (49.46)			
7 Mengel, Maddie	15	Des Moines Swimming Federation-IA	1:37.42	1:34.77
44.13	1:34.77 (50.64)			
8 Kent, Avery	15	North Side Swim Team-IA	1:40.44	1:36.70
44.55	1:36.70 (52.15)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 15 & Over 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
9 Ballenger-Hudson, Aquila	17	North Side Swim Team-IA	1:30.95	1:40.17
	46.91	1:40.17 (53.26)		
10 Sargent, Audrey	15	North Side Swim Team-IA	2:21.09	2:18.07
	1:06.18	2:18.07 (1:11.89)		
--- Braun, Nelah	15	Rams Swim Club-IA	1:49.08	NS
--- Fertig, Jordan	15	Rams Swim Club-IA	1:17.81	SCR

Girls 15 & Over 200 Yard Breaststroke

2:47.99 Q Champ Qualifying

3:13.19 REG Regional Qualifying

Meet Qualifying: 2:48.00 - 3:13.19

Name	Age	Team	Seed Time	Finals Time
1 Smith, Maysen	15	Ames Cyclone Aquatics Club-IA	2:48.78	2:48.10 REG
	37.35	1:19.31 (41.96) 2:03.09 (43.78)	2:48.10 (45.01)	
2 Wigant, Kadence	17	Dowling Catholic Riptide-IA	2:49.30	2:52.95 REG
	38.65	1:23.12 (44.47) 2:07.64 (44.52)	2:52.95 (45.31)	
3 Cunningham, Clara	15	North Side Swim Team-IA	2:59.85	2:58.86 REG
	40.38	1:26.29 (45.91) 2:12.31 (46.02)	2:58.86 (46.55)	
4 Kiekhaefer, Lucy	15	Central Iowa Aquatics-IA	3:12.13	3:12.50 REG
	43.21	1:31.91 (48.70) 2:22.14 (50.23)	3:12.50 (50.36)	
5 Reisdorf, Olivia	16	Dowling Catholic Riptide-IA	3:11.57	3:12.92 REG
	41.55	1:31.30 (49.75) 2:23.26 (51.96)	3:12.92 (49.66)	

Girls 15 & Over 100 Yard Butterfly

1:04.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:04.09

Name	Age	Team	Seed Time	Finals Time
1 Brown, Ella	16	Dowling Catholic Riptide-IA	1:05.58	1:07.06
	31.20	1:07.06 (35.86)		
2 Corwin, Briley	16	Dowling Catholic Riptide-IA	NT	1:09.55
	32.16	1:09.55 (37.39)		
3 Chase, Anna	16	Des Moines Swimming Federation-IA	1:16.97	1:10.15
	33.11	1:10.15 (37.04)		
4 Kramer, Nina	16	Central Iowa Aquatics-IA	1:11.67	1:13.70
	33.47	1:13.70 (40.23)		
5 Dvorak, Layla	15	Johnston Blaze Swim Club-IA	1:21.18	1:20.29
	36.39	1:20.29 (43.90)		
6 Cunningham, Clara	15	North Side Swim Team-IA	1:18.63	1:21.45
	37.09	1:21.45 (44.36)		
7 Labresh, Joella	15	North Side Swim Team-IA	1:24.29	1:27.41
	38.54	1:27.41 (48.87)		
--- Ballenger-Hudson, Aquila	17	North Side Swim Team-IA	1:24.21	NS
--- Fertig, Jordan	15	Rams Swim Club-IA	1:07.82	SCR

Girls 15 & Over 200 Yard IM

2:22.09 Q Champ Qualifying

Meet Qualifying: Slower than 2:22.09

Name	Age	Team	Seed Time	Finals Time
1 Smith, Kiley	16	Des Moines Swimming Federation-IA	2:23.44	2:21.53 Q
	30.24	1:05.73 (35.49) 1:48.83 (43.10)	2:21.53 (32.70)	
2 Chance, Charlotte	16	Dowling Catholic Riptide-IA	2:24.81	2:22.52
	30.06	1:05.75 (35.69) 1:49.10 (43.35)	2:22.52 (33.42)	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Girls 15 & Over 200 Yard IM)

Name	Age	Team	Seed Time	Finals Time
3 Smith, Maysen	15	Ames Cyclone Aquatics Club-IA	2:30.34	2:26.35
31.18	1:07.52 (36.34)	1:52.24 (44.72)	2:26.35 (34.11)	
4 Fertig, Jordan	15	Rams Swim Club-IA	2:22.44	2:26.97
31.16	1:08.80 (37.64)	1:52.50 (43.70)	2:26.97 (34.47)	
5 Brown, Ella	16	Dowling Catholic Riptide-IA	2:31.82	2:32.41
30.66	1:10.36 (39.70)	1:56.96 (46.60)	2:32.41 (35.45)	
6 Chase, Anna	16	Des Moines Swimming Federation-IA	2:36.40	2:33.31
32.24	1:11.64 (39.40)	1:55.94 (44.30)	2:33.31 (37.37)	
7 Kramer, Nina	16	Central Iowa Aquatics-IA	2:36.79	2:36.16
33.60	1:12.49 (38.89)	2:00.01 (47.52)	2:36.16 (36.15)	
8 Cunningham, Clara	15	North Side Swim Team-IA	2:45.37	2:39.18
35.02	1:13.96 (38.94)	2:01.62 (47.66)	2:39.18 (37.56)	
9 Wigant, Kadence	17	Dowling Catholic Riptide-IA	2:38.94	2:45.53
35.36	1:18.28 (42.92)	2:05.35 (47.07)	2:45.53 (40.18)	
10 Dvorak, Layla	15	Johnston Blaze Swim Club-IA	2:55.12	2:53.78
37.78	1:24.17 (46.39)	2:16.74 (52.57)	2:53.78 (37.04)	
--- Ballenger-Hudson, Aquila	17	North Side Swim Team-IA	2:53.15	SCR

Women 15 & Over 400 Yard IM

5:06.49 15&O Q Champ Qualifying

5:37.19 15&O REG Regional Qualifying

Meet Qualifying 15&O: 5:06.50 - 5:37.19

Name	Age	Team	Seed Time	Finals Time
1 Corwin, Briley	16	Dowling Catholic Riptide-IA	5:08.46	5:14.35 REG
31.79	1:10.56 (38.77)	1:49.00 (38.44)	2:27.23 (38.23)	
3:16.46 (49.23)	4:07.56 (51.10)	4:40.84 (33.28)	5:14.35 (33.51)	

Girls 15 & Over 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Dowling Catholic Riptide-IA	A	1:54.64	1:55.76
1) Corwin, Briley 16	2) Wigant, Kadence 17	3) Vaske, Audrey 15	4) Brown, Ella 16
27.66	56.74 (29.08)	1:28.33 (31.59)	1:55.76 (27.43)
2 North Side Swim Team-IA	A	1:59.92	2:11.23
1) Labresh, Joella 15	2) Kent, Avery 15	3) Schafer, Sophia 15	4) Cunningham, Clara 15
32.67	1:06.46 (33.79)	1:42.18 (35.72)	2:11.23 (29.05)

Girls 15 & Over 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Dowling Catholic Riptide-IA	A	2:06.64	2:09.80
1) Corwin, Briley 16	2) Reisdorf, Olivia 16	3) Brown, Ella 16	4) Hedding, Ginny 15
32.14	1:13.25 (41.11)	1:43.26 (30.01)	2:09.80 (26.54)
2 North Side Swim Team-IA	A	2:19.58	2:24.14
1) Labresh, Joella 15	2) Kent, Avery 15	3) Cunningham, Clara 15	4) Ballenger-Hudson, Aquila 17
35.21	1:18.79 (43.58)	1:52.35 (33.56)	2:24.14 (31.79)

Boys 8 & Under 25 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Whitmore, Bryson	8	South East Aquatics-IA	20.65	17.41
2 Van Niewaal, Oakley	8	Greater Des Moines YMCA-IA	17.16	17.94
3 Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	17.39	18.42
4 Starr, Jackson	8	Ames Cyclone Aquatics Club-IA	19.30	18.84
5 Larson, Luke	8	Carroll Area Swim Team-IA	18.86	19.27

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	Name	Age	Team	Seed Time	Finals Time
6	Marshall, Johnny	8	Dowling Catholic Riptide-IA	20.38	19.63
7	Price, Keegan	8	Johnston Blaze Swim Club-IA	21.12	19.70
8	Ocheltree, Hawk	8	Greater Des Moines YMCA-IA	18.71	20.13
9	Sisul, Jenner	8	South East Aquatics-IA	20.41	20.19
10	Steven, Tatum	7	Central Iowa Aquatics-IA	23.03	20.56
11	Kokjohn, Colin	8	Des Moines Swimming Federation-IA	20.06	20.57
12	Pierce, Freddy	7	Dowling Catholic Riptide-IA	19.83	21.16
13	Nakagawa Kawahira, Camilo	8	Greater Des Moines YMCA-IA	26.43	21.27
14	Bylander, Finn	8	Greater Des Moines YMCA-IA	21.24	21.64
15	Poen, Axl	7	Carroll Area Swim Team-IA	23.92	22.40
16	Goehring, Oliver	8	Des Moines Swimming Federation-IA	22.28	23.17
17	Hibben, Elliot	8	Ames Cyclone Aquatics Club-IA	22.59	23.29
18	Thomas, Francis	8	Greater Des Moines YMCA-IA	23.98	23.34
19	Clover, Max	7	Swordfish Academy-IA	24.47	23.74
20	Mortier, Charlie	8	Dowling Catholic Riptide-IA	26.27	23.93
*21	Kliewer, Krue	6	Fort Dodge Area Swim Team-IA	28.32	24.47
*21	Janssen, Enoch	8	Carroll Area Swim Team-IA	21.69	24.47
23	Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	25.69	24.97
24	Schulte, Trice	6	Greater Des Moines YMCA-IA	25.91	25.42
25	Tran, Colin	7	Central Iowa Aquatics-IA	24.05	26.33
26	Nakagawa Kawahira, Benicio	6	Greater Des Moines YMCA-IA	25.32	27.18
27	Rees, Brighton	7	Ames Cyclone Aquatics Club-IA	37.03	30.99
28	Whitmore, Barryk	6	South East Aquatics-IA	40.69	33.01
29	Wilson, Isaac	7	Swordfish Academy-IA	NT	33.09
30	Hudson, William	5	Des Moines Swimming Federation-IA	37.78	34.28
31	Peterson, Wesley	7	Ames Cyclone Aquatics Club-IA	41.94	38.74
32	Naig, Kian	7	Ames Cyclone Aquatics Club-IA	39.97	40.52
---	Gray, Milo	8	Dowling Catholic Riptide-IA	25.78	NS

Boys 8 & Under 50 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Mintle, Easton	8	Life Time Iowa Swim Team-IA	37.17	35.37
2	Venditti, Matteo	8	Ames Cyclone Aquatics Club-IA	38.49	36.80
3	Watanabe, Kai	8	Ames Cyclone Aquatics Club-IA	NT	38.20
4	Van Niewaal, Oakley	8	Greater Des Moines YMCA-IA	39.02	42.34
5	Starr, Jackson	8	Ames Cyclone Aquatics Club-IA	44.44	43.44
6	Larson, Luke	8	Carroll Area Swim Team-IA	42.82	43.58
7	Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	39.91	44.57
8	Ocheltree, Hawk	8	Greater Des Moines YMCA-IA	43.99	45.35
9	Kokjohn, Colin	8	Des Moines Swimming Federation-IA	49.87	46.52
10	Price, Keegan	8	Johnston Blaze Swim Club-IA	47.35	46.74
11	Bylander, Finn	8	Greater Des Moines YMCA-IA	50.92	47.86
12	Pierce, Freddy	7	Dowling Catholic Riptide-IA	46.49	50.28
13	Marshall, Johnny	8	Dowling Catholic Riptide-IA	NT	50.66
14	Poen, Axl	7	Carroll Area Swim Team-IA	54.03	51.29
15	Clover, Max	7	Swordfish Academy-IA	57.77	51.73
*16	Thomas, Francis	8	Greater Des Moines YMCA-IA	52.32	52.27
*16	Goehring, Oliver	8	Des Moines Swimming Federation-IA	55.78	52.27
18	Hibben, Elliot	8	Ames Cyclone Aquatics Club-IA	57.43	55.17
19	Kliewer, Krue	6	Fort Dodge Area Swim Team-IA	1:01.34	57.33

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Results

(Boys 8 & Under 50 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
20	Mortier, Charlie	8	Dowling Catholic Riptide-IA	54.39	57.66
21	Nakagawa Kawahira, Benicio	6	Greater Des Moines YMCA-IA	1:00.77	59.00
22	Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	57.69	1:00.70
23	Schulte, Trice	6	Greater Des Moines YMCA-IA	1:09.31	1:01.10
24	Hudson, William	5	Des Moines Swimming Federation-IA	NT	1:14.10
25	Rex, Eric	7	Swordfish Academy-IA	1:09.41	1:14.88
26	Whitmore, Barryk	6	South East Aquatics-IA	1:27.72	1:19.43
27	Peterson, Wesley	7	Ames Cyclone Aquatics Club-IA	1:33.79	1:36.78
---	Janssen, Enoch	8	Carroll Area Swim Team-IA	52.17	NS
---	Gray, Milo	8	Dowling Catholic Riptide-IA	59.70	NS

Boys 8 & Under 100 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Mintle, Easton	8	Life Time Iowa Swim Team-IA	1:18.00	1:17.65
	37.90		1:17.65 (39.75)		
2	Venditti, Matteo	8	Ames Cyclone Aquatics Club-IA	1:27.32	1:24.21
	39.28		1:24.21 (44.93)		
3	Watanabe, Kai	8	Ames Cyclone Aquatics Club-IA	1:31.60	1:28.61
	41.25		1:28.61 (47.36)		
4	Van Niewaal, Oakley	8	Greater Des Moines YMCA-IA	1:29.58	1:35.75
	42.48		1:35.75 (53.27)		
5	Ocheltree, Hawk	8	Greater Des Moines YMCA-IA	1:50.57	1:40.00
	47.03		1:40.00 (52.97)		
6	Hudson, Thomas	8	Des Moines Swimming Federation-IA	1:42.14	1:42.12
	48.56		1:42.12 (53.56)		
7	Kliewer, Kace	8	Fort Dodge Area Swim Team-IA	1:46.28	1:49.04
	51.10		1:49.04 (57.94)		
8	Bylander, Finn	8	Greater Des Moines YMCA-IA	1:45.54	1:51.60
	51.52		1:51.60 (1:00.08)		
9	Schulte, Trice	6	Greater Des Moines YMCA-IA	NT	2:07.32
	57.61		2:07.32 (1:09.71)		
10	Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	NT	2:09.16
	59.64		2:09.16 (1:09.52)		
11	Kliewer, Krue	6	Fort Dodge Area Swim Team-IA	2:34.00	2:10.37
---	Goehring, Oliver	8	Des Moines Swimming Federation-IA	1:56.28	DQ 1:51.45
	No touch on turn				
	54.12		DQ 1:51.45 (57.33)		
---	Thomas, Francis	8	Greater Des Moines YMCA-IA	2:08.78	DQ 1:52.99
	False start				
	55.05		DQ 1:52.99 (57.94)		
---	Adelman, Sam	8	Des Moines Swimming Federation-IA	NT	NS
---	Janssen, Enoch	8	Carroll Area Swim Team-IA	1:57.53	NS

Boys 8 & Under 25 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Van Niewaal, Oakley	8	Greater Des Moines YMCA-IA	22.37	20.98
2	Watanabe, Kai	8	Ames Cyclone Aquatics Club-IA	NT	21.28
3	Whitmore, Bryson	8	South East Aquatics-IA	23.51	21.81
4	Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	22.46	22.69
5	Larson, Luke	8	Carroll Area Swim Team-IA	26.03	23.06
6	Hudson, Thomas	8	Des Moines Swimming Federation-IA	23.23	23.11

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 8 & Under 25 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
7 Ocheltree, Hawk	8	Greater Des Moines YMCA-IA	21.82	23.19
8 Marshall, Johnny	8	Dowling Catholic Riptide-IA	23.35	23.40
9 Sisul, Jenner	8	South East Aquatics-IA	24.07	23.90
10 Groenenboom, Landan	8	South East Aquatics-IA	24.85	24.17
11 Kokjohn, Colin	8	Des Moines Swimming Federation-IA	25.92	24.62
12 Bylander, Finn	8	Greater Des Moines YMCA-IA	24.29	24.72
13 Mortier, Charlie	8	Dowling Catholic Riptide-IA	24.24	25.09
14 Starr, Jackson	8	Ames Cyclone Aquatics Club-IA	24.81	25.35
15 Steven, Tatum	7	Central Iowa Aquatics-IA	29.47	26.18
16 Hibben, Elliot	8	Ames Cyclone Aquatics Club-IA	24.44	26.23
17 Pierce, Freddy	7	Dowling Catholic Riptide-IA	25.80	26.39
18 Goehring, Oliver	8	Des Moines Swimming Federation-IA	25.08	27.94
19 Nakagawa Kawahira, Benicio	6	Greater Des Moines YMCA-IA	32.69	28.89
20 Rex, Eric	7	Swordfish Academy-IA	33.56	30.08
21 Thomas, Francis	8	Greater Des Moines YMCA-IA	29.12	30.25
22 Kliewer, Krue	6	Fort Dodge Area Swim Team-IA	29.43	30.79
23 Tran, Colin	7	Central Iowa Aquatics-IA	29.24	32.08
24 Schulte, Trice	6	Greater Des Moines YMCA-IA	28.28	32.11
25 Peterson, Wesley	7	Ames Cyclone Aquatics Club-IA	36.13	33.97
26 Hudson, William	5	Des Moines Swimming Federation-IA	47.48	34.16
27 Whitmore, Barryk	6	South East Aquatics-IA	33.73	35.37
28 Naig, Kian	7	Ames Cyclone Aquatics Club-IA	42.56	36.74
29 Rees, Brighton	7	Ames Cyclone Aquatics Club-IA	37.00	39.71
--- Price, Keegan	8	Johnston Blaze Swim Club-IA	29.72	DQ 31.39
Shoulders past vertical toward breast				
--- Gray, Milo	8	Dowling Catholic Riptide-IA	27.61	NS
--- Janssen, Enoch	8	Carroll Area Swim Team-IA	27.91	NS

Boys 8 & Under 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Van Niewaal, Oakley	8	Greater Des Moines YMCA-IA	46.23	44.94
2 Whitmore, Bryson	8	South East Aquatics-IA	48.94	48.52
3 Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	49.86	49.70
4 Sisul, Jenner	8	South East Aquatics-IA	50.21	49.88
5 Hudson, Thomas	8	Des Moines Swimming Federation-IA	50.99	50.07
6 Hibben, Elliot	8	Ames Cyclone Aquatics Club-IA	57.49	51.91
7 Mortier, Charlie	8	Dowling Catholic Riptide-IA	52.35	54.29
8 Groenenboom, Landan	8	South East Aquatics-IA	55.59	54.59
9 Marshall, Johnny	8	Dowling Catholic Riptide-IA	NT	55.51
10 Kliewer, Kace	8	Fort Dodge Area Swim Team-IA	56.82	57.78
11 Bylander, Finn	8	Greater Des Moines YMCA-IA	53.79	58.27
12 Pierce, Freddy	7	Dowling Catholic Riptide-IA	NT	58.57
13 Thomas, Francis	8	Greater Des Moines YMCA-IA	58.50	58.95
14 Goehring, Oliver	8	Des Moines Swimming Federation-IA	57.90	1:00.54
15 Nakagawa Kawahira, Benicio	6	Greater Des Moines YMCA-IA	1:04.60	1:01.07
16 Schulte, Trice	6	Greater Des Moines YMCA-IA	1:01.70	1:02.69
17 Kliewer, Krue	6	Fort Dodge Area Swim Team-IA	1:05.54	1:05.11
18 Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	1:01.71	1:08.05
19 Naig, Kian	7	Ames Cyclone Aquatics Club-IA	NT	1:17.78

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 8 & Under 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
--- Kokjohn, Colin Shoulders past vertical toward breast	8	Des Moines Swimming Federation-IA	58.18	DQ 54.92
--- Whitmore, Barryk Multiple strokes	6	South East Aquatics-IA	1:23.69	DQ 1:17.73
--- Peterson, Wesley Shoulders past vertical toward breast	7	Ames Cyclone Aquatics Club-IA	1:32.08	DQ 1:17.89
--- Gray, Milo	8	Dowling Catholic Riptide-IA	1:03.58	NS

Boys 8 & Under 25 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Starr, Jackson	8	Ames Cyclone Aquatics Club-IA	23.64	23.85
2 Watanabe, Kai	8	Ames Cyclone Aquatics Club-IA	NT	24.23
3 Kokjohn, Colin	8	Des Moines Swimming Federation-IA	30.14	27.29
4 Nakagawa Kawahira, Camilo	8	Greater Des Moines YMCA-IA	30.75	27.33
5 Groenenboom, Landan	8	South East Aquatics-IA	27.03	27.40
6 Straw, Landan	8	Greater Des Moines YMCA-IA	27.78	28.36
7 Hudson, Thomas	8	Des Moines Swimming Federation-IA	27.86	28.92
8 Pierce, Freddy	7	Dowling Catholic Riptide-IA	28.47	29.08
9 Tran, Colin	7	Central Iowa Aquatics-IA	31.02	29.69
10 Rees, Brighton	7	Ames Cyclone Aquatics Club-IA	NT	34.20
11 Steven, Tatum	7	Central Iowa Aquatics-IA	NT	34.74
12 Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	NT	36.92
--- Larson, Luke Alternating Kick	8	Carroll Area Swim Team-IA	25.82	DQ 24.62
--- Sisul, Jenner Alternating Kick	8	South East Aquatics-IA	27.85	DQ 25.34
--- Marshall, Johnny Butterfly kick	8	Dowling Catholic Riptide-IA	NT	DQ 30.45
--- Price, Keegan Non-simultaneous arms	8	Johnston Blaze Swim Club-IA	NT	DQ 31.11
--- Peterson, Wesley Non-simultaneous arms	7	Ames Cyclone Aquatics Club-IA	50.12	DQ 38.36
--- Whitmore, Barryk Non-simultaneous arms	6	South East Aquatics-IA	NT	DQ 46.82
--- Adelman, Sam	8	Des Moines Swimming Federation-IA	NT	NS
--- Gray, Milo	8	Dowling Catholic Riptide-IA	NT	NS

Boys 8 & Under 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Venditti, Matteo	8	Ames Cyclone Aquatics Club-IA	52.03	52.34
2 Starr, Jackson	8	Ames Cyclone Aquatics Club-IA	54.30	52.52
3 Groenenboom, Landan	8	South East Aquatics-IA	1:00.55	59.61
4 Sisul, Jenner	8	South East Aquatics-IA	1:02.61	1:01.17
5 Straw, Landan	8	Greater Des Moines YMCA-IA	1:00.91	1:01.18
6 Tran, Colin	7	Central Iowa Aquatics-IA	1:05.41	1:02.18
7 Nakagawa Kawahira, Camilo	8	Greater Des Moines YMCA-IA	1:08.62	1:03.53
8 Kliewer, Kace	8	Fort Dodge Area Swim Team-IA	1:04.82	1:07.83
--- Price, Keegan Scissors kick	8	Johnston Blaze Swim Club-IA	1:08.17	DQ 1:08.01

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Boys 8 & Under 25 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Straw, Landan	8	Greater Des Moines YMCA-IA	23.56	21.87
2 Watanabe, Kai	8	Ames Cyclone Aquatics Club-IA	NT	23.22
3 Larson, Luke	8	Carroll Area Swim Team-IA	23.86	23.44
4 Whitmore, Bryson	8	South East Aquatics-IA	25.13	23.76
5 Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	23.65	24.98
6 Groenenboom, Landan	8	South East Aquatics-IA	27.01	27.12
7 Steven, Tatum	7	Central Iowa Aquatics-IA	29.84	28.11
8 Tran, Colin	7	Central Iowa Aquatics-IA	35.88	29.29
9 Nakagawa Kawahira, Camilo	8	Greater Des Moines YMCA-IA	29.41	32.60
10 Mortier, Charlie	8	Dowling Catholic Riptide-IA	36.44	32.90
--- Ocheltree, Hawk	8	Greater Des Moines YMCA-IA	23.78	DQ 24.98
Non-simultaneous arms				
--- Rees, Brighton	7	Ames Cyclone Aquatics Club-IA	NT	DQ 47.40
Arms underwater recovery				
--- Nakagawa Kawahira, Benicio	6	Greater Des Moines YMCA-IA	36.47	NS

Boys 8 & Under 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Venditti, Matteo	8	Ames Cyclone Aquatics Club-IA	53.15	51.31
2 Straw, Landan	8	Greater Des Moines YMCA-IA	NT	56.92
--- Kliewer, Kace	8	Fort Dodge Area Swim Team-IA	1:10.95	DQ 1:11.26
Alternating Kick				

Boys 8 & Under 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Venditti, Matteo	8	Ames Cyclone Aquatics Club-IA	1:41.97	1:39.92
47.85				1:39.92 (52.07)
2 Whitmore, Bryson	8	South East Aquatics-IA	1:53.35	1:45.42
49.21				1:45.42 (56.21)
3 Hudson, Thomas	8	Des Moines Swimming Federation-IA	2:23.77	2:09.08
1:09.74				2:09.08 (59.34)
4 Nakagawa Kawahira, Camilo	8	Greater Des Moines YMCA-IA	2:12.26	2:11.37
2:11.38				2:11.37 ()
--- Straw, Landan	8	Greater Des Moines YMCA-IA	1:52.57	DQ 1:48.23
False start - Misc				
50.95				DQ 1:48.23 (57.28)
--- Kliewer, Kace	8	Fort Dodge Area Swim Team-IA	2:02.21	DQ 2:05.14
Arms underwater recovery - fly				
1:02.56				DQ 2:05.14 (1:02.58)

Boys 8 & Under 100 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	1:11.21	1:12.57
1) Washington, Hugh 7	2) Watanabe, Kai 8	3) Starr, Jackson 8	4) Venditti, Matteo 8
36.20	1:12.57 (36.37)		
2 Greater Des Moines YMCA-IA	A	1:14.83	1:19.65
1) Straw, Landan 8	2) Ocheltree, Hawk 8	3) Bylander, Finn 8	4) Van Niewaal, Oakley 8
38.30	1:19.65 (41.35)		
3 South East Aquatics-IA	A	1:40.07	1:34.69
1) Sisul, Jenner 8	2) Groenenboom, Landan 8	3) Whitmore, Barryk 6	4) Whitmore, Bryson 8
43.50	1:34.69 (51.19)		

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 8 & Under 100 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
4 Greater Des Moines YMCA-IA	B	1:42.05	1:40.67
1) Nakagawa Kawahira, Benicio 6	2) Schulte, Trice 6	3) Nakagawa Kawahira, Camilo 8	4) Thomas, Francis 8
54.36	1:40.67 (46.31)		
5 Des Moines Swimming Federation	A	1:41.41	1:41.59
1) Hudson, Thomas 8	2) Goehring, Oliver 8	3) Hudson, William 5	4) Kokjohn, Colin 8
45.36	1:41.59 (56.23)		
6 Ames Cyclone Aquatics Club-IA	B	2:07.25	2:03.04
1) Schaefer, Miles 7	2) Hibben, Elliot 8	3) Peterson, Wesley 7	4) Rees, Brighton 7
57.32	2:03.04 (1:05.72)		
--- Dowling Catholic Riptide-IA	A	1:32.88	SCR
1) Marshall, Johnny 8	2) Mortier, Charlie 8	3) Gray, Milo 8	4) Pierce, Freddy 7

Boys 8 & Under 100 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	1:25.14	1:25.44
1) Washington, Hugh 7	2) Starr, Jackson 8	3) Venditti, Matteo 8	4) Watanabe, Kai 8
46.59	1:25.44 (38.85)		
2 Greater Des Moines YMCA-IA	A	1:31.85	1:36.14
1) Ocheltree, Hawk 8	2) Nakagawa Kawahira, Camilo 8	3) Van Niewaal, Oakley 8	4) Straw, Landan 8
55.58	1:36.14 (40.56)		
3 South East Aquatics-IA	A	1:53.49	1:47.18
1) Sisul, Jenner 8	2) Groenenboom, Landan 8	3) Whitmore, Bryson 8	4) Whitmore, Barryk 6
49.55	1:47.18 (57.63)		
4 Des Moines Swimming Federation	A	2:11.27	2:07.81
1) Goehring, Oliver 8	2) Kokjohn, Colin 8	3) Hudson, Thomas 8	4) Hudson, William 5
56.88	2:07.81 (1:10.93)		
5 Ames Cyclone Aquatics Club-IA	B	NT	2:22.88
1) Hibben, Elliot 8	2) Rees, Brighton 7	3) Schaefer, Miles 7	4) Naig, Kian 7
1:02.69	2:22.88 (1:20.19)		
--- Greater Des Moines YMCA-IA	B	2:09.40	DQ 2:09.73
Stroke Infraction swimmer #2: Arms past hipline - breast			
1) Schulte, Trice 6	2) Thomas, Francis 8	3) Nakagawa Kawahira, Benicio 6	4) Bylander, Finn 8
1:01.51	DQ 2:09.73 (1:08.22)		
--- Dowling Catholic Riptide-IA	A	1:54.04	SCR
1) Marshall, Johnny 8	2) Pierce, Freddy 7	3) Mortier, Charlie 8	4) Gray, Milo 8

Boys 10 & Under 50 Yard Freestyle

36.29 Q Champ Qualifying

Meet Qualifying: Slower than 36.29

Name	Age	Team	Seed Time	Finals Time
1 Fausch, Zach	9	Central Iowa Aquatics-IA	36.46	34.95 Q
2 Mintle, Easton	8	Life Time Iowa Swim Team-IA	37.17	35.07 Q
3 Mintle, Harrison	10	Life Time Iowa Swim Team-IA	36.54	35.37 Q
4 Novelo, Dominic	9	South East Aquatics-IA	38.23	35.78 Q
5 Ly, Daniel	10	Dowling Catholic Riptide-IA	40.00	36.22 Q
6 Vos, Ephraim	10	Ames Cyclone Aquatics Club-IA	37.48	36.31
7 Barthole, Conner	10	Central Iowa Aquatics-IA	37.23	36.59
8 Halackiewicz, Ian	9	Dowling Catholic Riptide-IA	37.97	36.68
9 Mathes, Camden	10	Central Iowa Aquatics-IA	37.34	36.88
10 Platt, Harrison	9	Johnston Blaze Swim Club-IA	36.32	36.90
11 Strosahl, Judah	10	Ames Cyclone Aquatics Club-IA	37.88	37.77
12 Hawks, Jimmy	9	Des Moines Swimming Federation-IA	39.13	38.05

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Results

(Boys 10 & Under 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
13 Siebrecht, Ryder	9	Carroll Area Swim Team-IA	39.79	39.20
14 Carter, Thomas	9	Carroll Area Swim Team-IA	42.15	39.89
15 McFall, Rex	9	Johnston Blaze Swim Club-IA	56.75	40.61
16 Hogan, Finn	9	Des Moines Swimming Federation-IA	43.07	41.05
17 Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	39.91	41.36
18 Thoreson, Anders	10	Des Moines Swimming Federation-IA	47.14	41.51
19 Williams, Owen	9	Carroll Area Swim Team-IA	43.39	41.70
20 Coonan, Ross	10	Dowling Catholic Riptide-IA	47.67	42.24
21 Viteri, Sebastian	9	Rams Swim Club-IA	42.21	42.80
22 Whitmore, Bryson	8	South East Aquatics-IA	44.52	43.09
23 Sexton, James	9	Central Iowa Aquatics-IA	50.50	43.11
24 Six, Tristan	10	Rams Swim Club-IA	42.35	43.13
25 Garrison, Jaden	10	Rams Swim Club-IA	38.71	43.42
26 Naylor, Jackson	9	Central Iowa Aquatics-IA	44.34	44.61
27 Freeseaman, Griffin	10	Dowling Catholic Riptide-IA	44.55	44.75
28 Zhang, Allen	10	Des Moines Swimming Federation-IA	45.87	44.86
29 Tunink, Johnny	10	Dowling Catholic Riptide-IA	48.35	45.90
30 McGarry, Michael	9	Central Iowa Aquatics-IA	45.03	46.06
31 Groenenboom, Landan	8	South East Aquatics-IA	47.51	46.85
32 Todsens, Gavin	9	Central Iowa Aquatics-IA	51.25	47.05
33 Greenley, Ethan	10	Dowling Catholic Riptide-IA	46.69	47.60
34 Thomas, Ethan	10	Rams Swim Club-IA	51.09	48.02
35 Voynov, Leo	9	Des Moines Swimming Federation-IA	49.06	49.06
36 Hedding, Ryan	9	Dowling Catholic Riptide-IA	46.82	49.28
37 Sisul, Jenner	8	South East Aquatics-IA	51.88	49.50
38 Vedantham, Vaibhava	9	Des Moines Swimming Federation-IA	47.30	50.71
39 Hiller, Cooper	9	Rams Swim Club-IA	47.17	51.20
40 Lux, Thurston	9	Ames Cyclone Aquatics Club-IA	53.92	54.08
41 Mortier, Charlie	8	Dowling Catholic Riptide-IA	54.39	55.57
42 Garrison, Jonah	7	Rams Swim Club-IA	55.78	1:00.29
43 Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	57.69	1:03.01
--- Heeley, Hudson	10	Dowling Catholic Riptide-IA	41.01	NS
--- Phelps, Briggs	9	Johnston Blaze Swim Club-IA	48.41	NS

Boys 10 & Under 100 Yard Freestyle**1:18.79 Q Champ Qualifying****Meet Qualifying: Slower than 1:18.79**

Name	Age	Team	Seed Time	Finals Time
1 Mintle, Harrison	10	Life Time Iowa Swim Team-IA	1:22.66	1:16.16 Q
36.35		1:16.16 (39.81)		
2 Campbell, Blake	9	Greater Des Moines YMCA-IA	1:29.06	1:18.98
37.77		1:18.98 (41.21)		
3 Stokka, Elijah	10	Rams Swim Club-IA	1:25.69	1:20.35
37.28		1:20.35 (43.07)		
4 Howe, Jake	10	Central Iowa Aquatics-IA	1:28.25	1:20.46
37.36		1:20.46 (43.10)		
5 Vander Linden, Benten	10	South East Aquatics-IA	1:23.33	1:21.47
37.99		1:21.47 (43.48)		
6 Novelo, Dominic	9	South East Aquatics-IA	1:26.42	1:21.67
38.36		1:21.67 (43.31)		

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 10 & Under 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
7	Halaczkiewicz, Ian	9	Dowling Catholic Riptide-IA	1:26.90	1:21.94
	38.31				1:21.94 (43.63)
8	Vos, Ephraim	10	Ames Cyclone Aquatics Club-IA	1:31.07	1:23.81
	38.06				1:23.81 (45.75)
9	Barthole, Conner	10	Central Iowa Aquatics-IA	1:25.62	1:23.82
	39.80				1:23.82 (44.02)
10	Strosahl, Judah	10	Ames Cyclone Aquatics Club-IA	1:23.60	1:24.39
	40.15				1:24.39 (44.24)
11	Hawks, Jimmy	9	Des Moines Swimming Federation-IA	1:30.32	1:26.39
	39.63				1:26.39 (46.76)
12	Platt, Harrison	9	Johnston Blaze Swim Club-IA	1:24.86	1:26.83
	38.62				1:26.83 (48.21)
13	Azogu, Jamie	10	Carroll Area Swim Team-IA	1:26.65	1:28.42
	41.89				1:28.42 (46.53)
14	Siebrecht, Ryder	9	Carroll Area Swim Team-IA	1:27.94	1:28.84
	42.28				1:28.84 (46.56)
15	Viteri, Sebastian	9	Rams Swim Club-IA	1:35.82	1:33.50
16	Six, Tristan	10	Rams Swim Club-IA	1:38.46	1:33.53
	44.13				1:33.53 (49.40)
17	Peterson, Ross	10	Greater Des Moines YMCA-IA	1:35.83	1:35.56
18	Williams, Owen	9	Carroll Area Swim Team-IA	1:48.15	1:35.98
	41.79				1:35.98 (54.19)
19	Sorensen-Ceesay, Malik	10	Rams Swim Club-IA	1:38.50	1:36.00
	43.54				1:36.00 (52.46)
20	Hibben, Henry	9	Ames Cyclone Aquatics Club-IA	1:38.17	1:38.93
	45.37				1:38.93 (53.56)
21	Freeseaman, Griffin	10	Dowling Catholic Riptide-IA	NT	1:39.69
	46.58				1:39.69 (53.11)
22	Sandquist, Edward	9	Central Iowa Aquatics-IA	1:41.51	1:42.03
	47.66				1:42.03 (54.37)
23	Sullivan, Mickey	9	Dowling Catholic Riptide-IA	NT	1:43.23
	47.44				1:43.23 (55.79)
24	Zhang, Allen	10	Des Moines Swimming Federation-IA	1:40.09	1:43.79
	46.39				1:43.79 (57.40)
25	Hiller, Cooper	9	Rams Swim Club-IA	1:47.63	1:45.83
26	Sandquist, Henry	9	Central Iowa Aquatics-IA	1:46.82	1:46.25
	47.43				1:46.25 (58.82)
27	Voynov, Leo	9	Des Moines Swimming Federation-IA	2:02.10	1:47.09
	49.42				1:47.09 (57.67)
28	Thomas, Ethan	10	Rams Swim Club-IA	1:55.07	1:48.33
	48.21				1:48.33 (1:00.12)
29	Burdick, Cole	10	Dowling Catholic Riptide-IA	1:57.84	1:52.13
	50.01				1:52.13 (1:02.12)
30	Vedantham, Vaibhava	9	Des Moines Swimming Federation-IA	1:43.91	1:57.52
	55.80				1:57.52 (1:01.72)
31	Place, Warren	9	South East Aquatics-IA	2:25.26	2:17.30
---	Heddinger, Ryan	9	Dowling Catholic Riptide-IA	NT	NS

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****Boys 10 & Under 200 Yard Freestyle****2:47.99 Q Champ Qualifying****Meet Qualifying: Slower than 2:47.99**

	Name	Age	Team	Seed Time	Finals Time
1	Washington, Gus	9	Ames Cyclone Aquatics Club-IA	3:01.54	2:55.78
	39.96	1:26.60 (46.64)	2:12.96 (46.36)	2:55.78 (42.82)	
2	Vander Linden, Benten	10	South East Aquatics-IA	3:09.47	2:58.81
	43.05	1:28.66 (45.61)	2:15.39 (46.73)	2:58.81 (43.42)	
3	Novelo, Dominic	9	South East Aquatics-IA	3:43.57	2:59.11
	40.83	1:27.23 (46.40)	2:14.87 (47.64)	2:59.11 (44.24)	
4	Howe, Jake	10	Central Iowa Aquatics-IA	3:04.78	3:00.11
	39.76	1:25.47 (45.71)	2:11.71 (46.24)	3:00.11 (48.40)	
5	Barthole, Conner	10	Central Iowa Aquatics-IA	3:08.76	3:06.88
		1:29.67 ()	2:18.92 (49.25)	3:06.88 (47.96)	
6	Stokka, Elijah	10	Rams Swim Club-IA	3:06.37	3:08.94
	40.05	1:29.43 (49.38)	2:20.88 (51.45)	3:08.94 (48.06)	
7	Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	3:19.87	3:33.25
	46.12	1:42.05 (55.93)	2:39.92 (57.87)	3:33.25 (53.33)	
8	Garrison, Jaden	10	Rams Swim Club-IA	NT	3:37.07
	47.98	1:46.17 (58.19)	2:43.71 (57.54)	3:37.07 (53.36)	
9	Thomas, Ethan	10	Rams Swim Club-IA	4:14.83	3:49.99
	49.41	1:48.67 (59.26)	2:49.83 (1:01.16)	3:49.99 (1:00.16)	
10	Burdick, Cole	10	Dowling Catholic Riptide-IA	4:04.17	4:08.92
	54.00	2:00.28 (1:06.28)	3:05.77 (1:05.49)	4:08.92 (1:03.15)	
11	Lux, Thurston	9	Ames Cyclone Aquatics Club-IA	NT	4:44.83
		2:17.48 ()	4:44.83 (2:27.35)		
---	Greenley, Ethan	10	Dowling Catholic Riptide-IA	NT	DQ 4:23.90
	No touch on turn				
	58.97	DQ 4:23.90 (3:24.93)			

Boys 10 & Under 50 Yard Backstroke**44.89 Q Champ Qualifying****Meet Qualifying: Slower than 44.89**

	Name	Age	Team	Seed Time	Finals Time
1	Howe, Jake	10	Central Iowa Aquatics-IA	NT	42.82 Q
2	Fausch, Zach	9	Central Iowa Aquatics-IA	44.92	43.12 Q
3	Washington, Gus	9	Ames Cyclone Aquatics Club-IA	45.49	44.14 Q
4	Platt, Harrison	9	Johnston Blaze Swim Club-IA	46.11	44.55 Q
5	Hawks, Jimmy	9	Des Moines Swimming Federation-IA	49.34	47.44
6	Mathes, Camden	10	Central Iowa Aquatics-IA	46.77	47.57
7	Naylor, Jackson	9	Central Iowa Aquatics-IA	48.45	48.31
8	Viteri, Sebastian	9	Rams Swim Club-IA	48.10	48.55
9	Stokka, Elijah	10	Rams Swim Club-IA	46.42	49.71
10	Coonan, Ross	10	Dowling Catholic Riptide-IA	55.81	49.81
11	Carter, Thomas	9	Carroll Area Swim Team-IA	52.46	49.97
12	Whitmore, Bryson	8	South East Aquatics-IA	48.94	50.00
13	Williams, Owen	9	Carroll Area Swim Team-IA	48.05	50.19
14	Sisul, Jenner	8	South East Aquatics-IA	50.21	50.49
15	Schmidt, Sawyer	10	Ames Cyclone Aquatics Club-IA	52.62	51.61
16	Mortier, Charlie	8	Dowling Catholic Riptide-IA	52.35	52.33
17	Heddinger, Ryan	9	Dowling Catholic Riptide-IA	55.73	52.95
18	Hogan, Finn	9	Des Moines Swimming Federation-IA	53.03	53.09

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 10 & Under 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
19 Hiller, Cooper	9	Rams Swim Club-IA	51.00	53.43
20 Washington, Hugh	7	Ames Cyclone Aquatics Club-IA	49.86	53.74
21 Todsén, Gavin	9	Central Iowa Aquatics-IA	55.78	54.52
22 Thomas, Ethan	10	Rams Swim Club-IA	56.26	54.79
23 Groenenboom, Landan	8	South East Aquatics-IA	55.59	54.85
24 Freeseaman, Griffin	10	Dowling Catholic Riptide-IA	51.92	54.96
25 McGarry, Michael	9	Central Iowa Aquatics-IA	1:00.53	55.52
26 Sexton, James	9	Central Iowa Aquatics-IA	52.99	55.66
27 Tunink, Johnny	10	Dowling Catholic Riptide-IA	1:01.72	55.84
28 Voynov, Leo	9	Des Moines Swimming Federation-IA	54.24	55.85
29 Siebrecht, Ryder	9	Carroll Area Swim Team-IA	55.77	57.00
30 Burdick, Cole	10	Dowling Catholic Riptide-IA	56.08	57.63
31 Lux, Thurston	9	Ames Cyclone Aquatics Club-IA	1:09.38	58.25
32 Schaefer, Miles	7	Ames Cyclone Aquatics Club-IA	1:01.71	1:02.85
33 Garrison, Jaden	10	Rams Swim Club-IA	56.06	1:04.21
--- Vander Linden, Benten Multiple strokes	10	South East Aquatics-IA	46.07	DQ 43.03
--- Six, Tristan Delay initiating turn	10	Rams Swim Club-IA	52.31	DQ 52.48
--- Greenley, Ethan	10	Dowling Catholic Riptide-IA	54.80	DQ 54.00
--- Phelps, Briggs	9	Johnston Blaze Swim Club-IA	55.41	NS
--- Heeley, Hudson	10	Dowling Catholic Riptide-IA	47.10	NS
--- Garrison, Jonah	7	Rams Swim Club-IA	NT	NS

Boys 10 & Under 100 Yard Backstroke

1:29.29 Q Champ Qualifying

Meet Qualifying: Slower than 1:29.29

Name	Age	Team	Seed Time	Finals Time
1 Green, Reilly	9	South East Aquatics-IA	1:29.77	1:23.02 Q
40.24	1:23.02 (42.78)			
2 Strosahl, Judah	10	Ames Cyclone Aquatics Club-IA	1:30.18	1:30.73
3 Bru, Reece	9	Central Iowa Aquatics-IA	1:29.83	1:31.79
46.07	1:31.79 (45.72)			
4 Novelo, Dominic	9	South East Aquatics-IA	1:54.71	1:32.01
44.46	1:32.01 (47.55)			
5 Vander Linden, Benten	10	South East Aquatics-IA	1:35.68	1:32.64
45.29	1:32.64 (47.35)			
6 Halaczkiwicz, Ian	9	Dowling Catholic Riptide-IA	1:38.50	1:35.64
46.64	1:35.64 (49.00)			
7 Zhang, Allen	10	Des Moines Swimming Federation-IA	1:41.75	1:40.29
47.14	1:40.29 (53.15)			
8 Stokka, Elijah	10	Rams Swim Club-IA	1:43.94	1:46.00
9 Viteri, Sebastian	9	Rams Swim Club-IA	1:49.71	1:48.90
10 Azogu, Jamie	10	Carroll Area Swim Team-IA	1:49.56	1:49.30
51.59	1:49.30 (57.71)			
11 Williams, Owen	9	Carroll Area Swim Team-IA	1:51.68	1:51.95
51.97	1:51.95 (59.98)			
12 Peterson, Ross	10	Greater Des Moines YMCA-IA	1:54.72	1:52.73
52.59	1:52.73 (1:00.14)			
13 Sandquist, Henry	9	Central Iowa Aquatics-IA	NT	1:55.43
54.24	1:55.43 (1:01.19)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 10 & Under 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
14 Voynov, Leo	9	Des Moines Swimming Federation-IA	2:04.19	1:57.64
55.58	1:57.64 (1:02.06)			
15 Freeseaman, Griffin	10	Dowling Catholic Riptide-IA	NT	1:58.89
56.77	1:58.89 (1:02.12)			
16 Sullivan, Mickey	9	Dowling Catholic Riptide-IA	NT	1:59.91
57.57	1:59.91 (1:02.34)			
17 Thomas, Ethan	10	Rams Swim Club-IA	2:05.43	2:02.28
56.99	2:02.28 (1:05.29)			
18 Vedantham, Vaibhava	9	Des Moines Swimming Federation-IA	2:12.91	2:09.49
1:00.10	2:09.49 (1:09.39)			
19 Burdick, Cole	10	Dowling Catholic Riptide-IA	2:09.81	2:12.93
1:02.17	2:12.93 (1:10.76)			
20 Place, Warren	9	South East Aquatics-IA	NT	2:33.97

Boys 10 & Under 50 Yard Breaststroke

49.39 Q Champ Qualifying

Meet Qualifying: Slower than 49.39

Name	Age	Team	Seed Time	Finals Time
1 Bru, Reece	9	Central Iowa Aquatics-IA	54.39	47.13 Q
2 Washington, Gus	9	Ames Cyclone Aquatics Club-IA	51.76	47.52 Q
3 Fausch, Zach	9	Central Iowa Aquatics-IA	49.89	47.69 Q
4 Smith, Harry	10	Des Moines Swimming Federation-IA	52.95	49.89
5 Halaczkiwicz, Ian	9	Dowling Catholic Riptide-IA	50.28	51.29
6 Barthole, Conner	10	Central Iowa Aquatics-IA	54.18	51.58
7 Mintle, Easton	8	Life Time Iowa Swim Team-IA	57.66	51.92
8 Howe, Jake	10	Central Iowa Aquatics-IA	52.73	52.86
9 Vander Linden, Benten	10	South East Aquatics-IA	56.89	55.57
10 Naylor, Jackson	9	Central Iowa Aquatics-IA	59.00	58.06
11 Sandquist, Edward	9	Central Iowa Aquatics-IA	NT	59.88
12 Siebrecht, Ryder	9	Carroll Area Swim Team-IA	1:03.35	1:01.79
13 Thomas, Ethan	10	Rams Swim Club-IA	1:02.86	1:02.06
14 Burdick, Cole	10	Dowling Catholic Riptide-IA	1:06.13	1:02.23
15 Sexton, James	9	Central Iowa Aquatics-IA	NT	1:02.52
16 Freeseaman, Griffin	10	Dowling Catholic Riptide-IA	NT	1:07.79
17 Voynov, Leo	9	Des Moines Swimming Federation-IA	1:11.34	1:12.14
18 Sandquist, Henry	9	Central Iowa Aquatics-IA	1:12.45	1:16.71
19 Vedantham, Vaibhava	9	Des Moines Swimming Federation-IA	NT	1:31.57
--- Peterson, Ross	10	Greater Des Moines YMCA-IA	1:35.27	DQ 1:02.59
Alternating Kick				
--- Phelps, Briggs	9	Johnston Blaze Swim Club-IA	1:20.03	DQ 1:07.50
Non-simultaneous arms				
--- Hibben, Henry	9	Ames Cyclone Aquatics Club-IA	1:06.74	DQ 1:07.78
One hand touch				
--- Six, Tristan	10	Rams Swim Club-IA	NT	DQ 1:13.49
Arms past hipline				
--- Hiller, Cooper	9	Rams Swim Club-IA	NT	DQ 1:14.38
Scissors kick				
--- Place, Warren	9	South East Aquatics-IA	1:34.99	DNF
Did not finish				

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****Boys 10 & Under 100 Yard Breaststroke****1:41.69 Q Champ Qualifying****Meet Qualifying: Slower than 1:41.69**

Name	Age	Team	Seed Time	Finals Time
1 Mintle, Harrison 46.53	10	Life Time Iowa Swim Team-IA	1:41.75	1:37.83 Q
2 Green, Reilly 47.53	9	South East Aquatics-IA	1:47.30	1:39.01 Q
3 Vos, Ephraim 49.60	10	Ames Cyclone Aquatics Club-IA	1:42.80	1:41.82
4 Fausch, Zach 49.86	9	Central Iowa Aquatics-IA	1:52.63	1:46.32
5 Halaczkiwicz, Ian 51.69	9	Dowling Catholic Riptide-IA	1:54.56	1:49.24
6 Barthole, Conner 55.32	10	Central Iowa Aquatics-IA	1:55.08	1:52.04
7 Smith, Harry 52.75	10	Des Moines Swimming Federation-IA	1:53.93	1:53.88
8 Whitmore, Bryson 55.03	8	South East Aquatics-IA	NT	1:56.23
9 Schmidt, Sawyer 1:00.84	10	Ames Cyclone Aquatics Club-IA	NT	2:00.96
10 Thoreson, Anders 59.09	10	Des Moines Swimming Federation-IA	2:12.92	2:01.25
11 Groenenboom, Landan 59.01	8	South East Aquatics-IA	2:11.07	2:06.43
12 McGarry, Michael 1:03.08	9	Central Iowa Aquatics-IA	2:14.02	2:08.10
13 McFall, Rex 1:04.90	9	Johnston Blaze Swim Club-IA	NT	2:18.60
14 Thomas, Ethan 1:07.32	10	Rams Swim Club-IA	2:16.63	2:22.96
15 Siebrecht, Ryder 1:07.69	9	Carroll Area Swim Team-IA	2:20.44	2:23.98
16 Burdick, Cole 1:04.92	10	Dowling Catholic Riptide-IA	NT	2:24.47
17 Voynov, Leo 1:12.31	9	Des Moines Swimming Federation-IA	NT	2:25.96
18 Carter, Thomas 1:08.04	9	Carroll Area Swim Team-IA	NT	2:28.47
19 Vedantham, Vaibhava ---	9	Des Moines Swimming Federation-IA	NT	3:09.77
Naylor, Jackson Hands not separated 55.80	9	Central Iowa Aquatics-IA	1:56.62	DQ 1:57.70
---	8	South East Aquatics-IA	2:23.30	DQ 2:15.88
Sisul, Jenner One hand touch 1:03.37				DQ 2:15.88 (1:12.51)

Boys 10 & Under 50 Yard Butterfly**43.09 Q Champ Qualifying****Meet Qualifying: Slower than 43.09**

Name	Age	Team	Seed Time	Finals Time
1 Vos, Ephraim	10	Ames Cyclone Aquatics Club-IA	43.46	43.05 Q

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 10 & Under 50 Yard Butterfly)

	Name	Age	Team	Seed Time	Finals Time
2	Smith, Harry	10	Des Moines Swimming Federation-IA	48.89	45.40
3	Campbell, Blake	9	Greater Des Moines YMCA-IA	47.36	45.48
4	Bru, Reece	9	Central Iowa Aquatics-IA	NT	47.41
5	Stokka, Elijah	10	Rams Swim Club-IA	52.03	47.60
6	Strosahl, Judah	10	Ames Cyclone Aquatics Club-IA	47.02	48.78
7	Mintle, Easton	8	Life Time Iowa Swim Team-IA	46.20	49.16
8	Mintle, Harrison	10	Life Time Iowa Swim Team-IA	50.84	49.28
9	Azogu, Jamie	10	Carroll Area Swim Team-IA	49.25	50.67
10	Barthole, Conner	10	Central Iowa Aquatics-IA	52.34	52.61
11	Siebrecht, Ryder	9	Carroll Area Swim Team-IA	49.15	52.71
12	Hawks, Jimmy	9	Des Moines Swimming Federation-IA	52.79	54.03
13	Sorensen-Cesay, Malik	10	Rams Swim Club-IA	54.97	1:05.69
14	Sexton, James	9	Central Iowa Aquatics-IA	1:02.56	1:06.11
---	Sandquist, Edward	9	Central Iowa Aquatics-IA	54.06	DQ 52.74
	Non-simultaneous arms				
---	Six, Tristan	10	Rams Swim Club-IA	NT	DQ 1:03.69
	Non-simultaneous arms				
---	Vedantham, Vaibhava	9	Des Moines Swimming Federation-IA	NT	DQ 1:24.92
	Non-simultaneous arms				

Boys 10 & Under 100 Yard Butterfly

1:37.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:37.09

	Name	Age	Team	Seed Time	Finals Time
1	Vos, Ephraim	10	Ames Cyclone Aquatics Club-IA	1:43.04	1:36.62 Q
	44.79		1:36.62 (51.83)		
2	Strosahl, Judah	10	Ames Cyclone Aquatics Club-IA	1:50.17	1:45.30
	46.45		1:45.30 (58.85)		
---	Vedantham, Vaibhava	9	Des Moines Swimming Federation-IA	NT	DQ 3:05.74
	Non-simultaneous arms				
	1:27.98		DQ 3:05.74 (1:37.76)		
---	Staiert, Easton	10	Des Moines Swimming Federation-IA	1:44.76	NS

Boys 10 & Under 100 Yard IM

1:28.89 Q Champ Qualifying

Meet Qualifying: Slower than 1:28.89

	Name	Age	Team	Seed Time	Finals Time
1	Campbell, Blake	9	Greater Des Moines YMCA-IA	1:30.37	1:29.35
	42.62		1:29.35 (46.73)		
2	Vos, Ephraim	10	Ames Cyclone Aquatics Club-IA	1:34.73	1:29.54
	42.64		1:29.54 (46.90)		
3	Smith, Harry	10	Des Moines Swimming Federation-IA	1:33.32	1:30.55
4	Fausch, Zach	9	Central Iowa Aquatics-IA	1:36.36	1:34.55
	46.40		1:34.55 (48.15)		
5	Halaczkiwicz, Ian	9	Dowling Catholic Riptide-IA	1:40.90	1:34.67
	43.72		1:34.67 (50.95)		
6	Washington, Gus	9	Ames Cyclone Aquatics Club-IA	2:01.69	1:37.42
	47.69		1:37.42 (49.73)		
7	Barthole, Conner	10	Central Iowa Aquatics-IA	1:38.68	1:38.51
	46.80		1:38.51 (51.71)		

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 10 & Under 100 Yard IM)

Name	Age	Team	Seed Time	Finals Time
8 Novelo, Dominic	9	South East Aquatics-IA	1:44.17	1:38.52
44.41	1:38.52 (54.11)			
9 Vander Linden, Benten	10	South East Aquatics-IA	1:42.05	1:38.73
46.73	1:38.73 (52.00)			
10 Howe, Jake	10	Central Iowa Aquatics-IA	1:43.54	1:43.37
50.99	1:43.37 (52.38)			
11 Naylor, Jackson	9	Central Iowa Aquatics-IA	1:51.55	1:46.20
51.61	1:46.20 (54.59)			
12 Siebrecht, Ryder	9	Carroll Area Swim Team-IA	1:51.06	1:52.68
53.59	1:52.68 (59.09)			
13 Sandquist, Edward	9	Central Iowa Aquatics-IA	2:34.14	1:55.08
54.64	1:55.08 (1:00.44)			
14 Sorensen-Cesay, Malik	10	Rams Swim Club-IA	1:54.16	1:56.60
54.51	1:56.60 (1:02.09)			
15 Zhang, Allen	10	Des Moines Swimming Federation-IA	2:01.50	2:02.51
52.53	2:02.51 (1:09.98)			
16 Sandquist, Henry	9	Central Iowa Aquatics-IA	NT	2:03.76
58.97	2:03.76 (1:04.79)			
17 Hibben, Henry	9	Ames Cyclone Aquatics Club-IA	NT	2:04.15
1:03.23	2:04.15 (1:00.92)			
18 Burdick, Cole	10	Dowling Catholic Riptide-IA	NT	2:14.63
1:08.96	2:14.63 (1:05.67)			
--- Bru, Reece	9	Central Iowa Aquatics-IA	1:38.42	DQ DQ
False start - Misc				
--- Azogu, Jamie	10	Carroll Area Swim Team-IA	1:49.61	DQ 1:48.87
Shoulders past vertical toward breast - back				
49.64	DQ 1:48.87 (59.23)			
--- Voynov, Leo	9	Des Moines Swimming Federation-IA	2:24.79	DQ 2:14.02
Not on back off wall - back				
1:08.99	DQ 2:14.02 (1:05.03)			
--- Hiller, Cooper	9	Rams Swim Club-IA	NT	DQ 2:15.01
Scissors kick - breast				
1:01.57	DQ 2:15.01 (1:13.44)			
--- Place, Warren	9	South East Aquatics-IA	NT	DQ 3:00.80
One hand touch - breast				

Boys 10 & Under 200 Yard IM

3:13.19 Q Champ Qualifying

Meet Qualifying: Slower than 3:13.19

Name	Age	Team	Seed Time	Finals Time
1 Barthole, Conner	10	Central Iowa Aquatics-IA	NT	3:22.52
51.80	1:38.67 (46.87)	2:40.62 (1:01.95)	3:22.52 (41.90)	
2 Novelo, Dominic	9	South East Aquatics-IA	3:53.62	3:24.47
45.71	1:35.24 (49.53)	2:42.36 (1:07.12)	3:24.47 (42.11)	
3 Schmidt, Sawyer	10	Ames Cyclone Aquatics Club-IA	NT	3:45.87
55.07	1:50.13 (55.06)	3:45.87 (1:55.74)		
--- Ly, Daniel	10	Dowling Catholic Riptide-IA	NT	DQ 3:41.57
Alternating Kick - fly				
51.48	1:44.72 (53.24)	DQ 3:41.57 (1:56.85)		

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Results

(Boys 10 & Under 200 Yard IM)

Name	Age	Team	Seed Time	Finals Time
--- Burdick, Cole	10	Dowling Catholic Riptide-IA	NT	DQ 4:37.81
Arms underwater recovery - fly	2:24.09 ()	3:38.91 (1:14.82)	DQ 4:37.81 (58.90)	

Boys 10 & Under 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	2:43.83	2:31.92
1) Vos, Ephraim 10	2) Strosahl, Judah 10	3) Schmidt, Sawyer 10	4) Washington, Gus 9
37.57	1:59.65 ()	2:31.92 (32.27)	
2 Central Iowa Aquatics-IA	A	2:37.93	2:37.76
1) Mathes, Camden 10	2) Fausch, Zach 9	3) McGarry, Michael 9	4) Barthole, Conner 10
38.28	1:15.28 (37.00)	2:37.76 (38.01)	
3 South East Aquatics-IA	A	2:47.53	2:40.70
1) Novelo, Dominic 9	2) Whitmore, Bryson 8	3) Groenenboom, Landan 8	4) Vander Linden, Benten 10
36.53	1:24.57 (48.04)	2:40.70 (36.78)	
4 Des Moines Swimming Federatio	A	2:55.21	2:45.87
1) Hawks, Jimmy 9	2) Hogan, Finn 9	3) Thoreson, Anders 10	4) Zhang, Allen 10
36.73	1:19.38 (42.65)	2:45.87 (39.81)	
5 Rams Swim Club-IA	A	2:50.44	3:00.98
1) Garrison, Jaden 10	2) Six, Tristan 10	3) Hiller, Cooper 9	4) Viteri, Sebastian 9
44.20	1:28.17 (43.97)	3:00.98 (41.62)	
6 Dowling Catholic Riptide-IA	B	3:09.53	3:12.72
1) Burdick, Cole 10	2) Coonan, Ross 10	3) Tunink, Johnny 10	4) Greenley, Ethan 10
50.00	1:40.05 (50.05)	3:12.72 (48.72)	
--- Dowling Catholic Riptide-IA	A	2:43.53	DQ 2:42.04
Early take-off swimmer #4			
1) Halackiewicz, Ian 9	2) Hedding, Ryan 9	3) Freese, Griffin 10	4) Ly, Daniel 10
37.64	1:23.98 (46.34)	2:06.30 (42.32)	DQ 2:42.04 (35.74)

Boys 10 & Under 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	3:18.09	2:56.57
1) Strosahl, Judah 10	2) Washington, Gus 9	3) Vos, Ephraim 10	4) Hibben, Henry 9
54.58	1:34.85 (40.27)	2:13.55 (38.70)	2:56.57 (43.02)
2 Central Iowa Aquatics-IA	A	3:00.29	3:02.98
1) Howe, Jake 10	2) Fausch, Zach 9	3) Sandquist, Edward 9	4) Barthole, Conner 10
43.98	1:32.66 (48.68)	2:24.04 (51.38)	3:02.98 (38.94)
3 Des Moines Swimming Federatio	A	3:20.28	3:19.51
1) Zhang, Allen 10	2) Smith, Harry 10	3) Hawks, Jimmy 9	4) Voynov, Leo 9
49.36	1:38.73 (49.37)	2:33.53 (54.80)	3:19.51 (45.98)
4 South East Aquatics-IA	A	3:51.37	3:27.32
1) Vander Linden, Benten 10	2) Whitmore, Bryson 8	3) Novelo, Dominic 9	4) Place, Warren 9
45.55	1:38.36 (52.81)	3:27.32 (1:48.96)	
5 Central Iowa Aquatics-IA	B	3:36.08	3:28.17
1) Naylor, Jackson 9	2) Bru, Reece 9	3) Sandquist, Henry 9	4) Sexton, James 9
51.23	1:37.54 (46.31)	2:45.02 (1:07.48)	3:28.17 (43.15)
6 Dowling Catholic Riptide-IA	A	3:39.23	3:35.86
1) Freese, Griffin 10	2) Burdick, Cole 10	3) Halackiewicz, Ian 9	4) Sullivan, Mickey 9
57.93	2:04.39 (1:06.46)	2:51.67 (47.28)	3:35.86 (44.19)
7 Rams Swim Club-IA	A	3:26.46	3:40.38
1) Stokka, Elijah 10	2) Thomas, Ethan 10	3) Sorensen-Ceesay, Malik 10	4) Viteri, Sebastian 9
48.94	1:51.69 (1:02.75)	3:40.38 (1:48.69)	

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Boys 11-12 50 Yard Freestyle

29.99 Q Champ Qualifying

Meet Qualifying: Slower than 29.99

Name	Age	Team	Seed Time	Finals Time	
1 Marks, Clayton	12	Central Iowa Aquatics-IA	30.01	29.44	Q
2 Vallas, Brooks	12	Central Iowa Aquatics-IA	30.19	29.66	Q
3 Wittmayer, Matthew	11	Central Iowa Aquatics-IA	31.53	29.96	Q
4 Johnson, Jacob	11	Dowling Catholic Riptide-IA	30.51	30.15	
5 Van Der Linden, Owen	12	Ames Cyclone Aquatics Club-IA	30.70	30.18	
6 Boender, Sully	12	South East Aquatics-IA	31.16	31.08	
7 Jean, Tate	12	Greater Des Moines YMCA-IA	30.44	31.09	
8 Holms, Donny	12	Johnston Blaze Swim Club-IA	31.83	31.17	
9 Schumacher, Brant	12	Central Iowa Aquatics-IA	32.36	31.86	
10 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	32.78	31.89	
11 Klocke, Coehen	11	Carroll Area Swim Team-IA	33.22	32.06	
12 Sikora, Owen	11	Rams Swim Club-IA	34.94	32.28	
13 Devlic, Ben	12	North Side Swim Team-IA	33.31	32.47	
14 Huf, Zane	12	Johnston Blaze Swim Club-IA	33.24	32.54	
15 Sanders, Grayson	11	Dowling Catholic Riptide-IA	34.14	32.95	
16 Wittenwyler, Nolan	11	Dowling Catholic Riptide-IA	35.91	34.38	
17 Lauter, Ashton	12	Ames Cyclone Aquatics Club-IA	35.22	34.51	
18 Keenan, Jude	11	Central Iowa Aquatics-IA	36.05	35.52	
19 McCammon, Jake	11	Johnston Blaze Swim Club-IA	36.01	35.58	
20 Anderson, Vinny	11	Dowling Catholic Riptide-IA	35.69	35.68	
21 Wuest, Aaron	11	Dowling Catholic Riptide-IA	35.87	36.35	
22 Kent, Harper	12	North Side Swim Team-IA	40.96	37.46	
23 Spradling, Tyler	11	Central Iowa Aquatics-IA	39.46	37.75	
24 Warrington, Grant	11	Dowling Catholic Riptide-IA	39.40	38.33	
25 Gaulke, Silas	11	South East Aquatics-IA	39.54	38.46	
26 Punt, Cameron	11	South East Aquatics-IA	40.22	39.08	
27 Magalski, Ryan	11	Johnston Blaze Swim Club-IA	38.28	39.70	
28 Gagov, Alex	11	Central Iowa Aquatics-IA	37.51	40.25	
29 Wigant, Grayson	11	Dowling Catholic Riptide-IA	40.32	41.26	
30 Oaks, Gavin	11	South East Aquatics-IA	47.92	43.63	
31 Canales-Burr, Gian	11	Greater Des Moines YMCA-IA	44.65	46.19	
32 Onnen, Oliver	11	Rams Swim Club-IA	49.69	46.52	
33 Shonka, Voeden	11	Rams Swim Club-IA	43.59	47.01	
34 McLaughlin, George	11	Dowling Catholic Riptide-IA	NT	59.87	
--- Johnson, Cade	11	Greater Des Moines YMCA-IA	30.95	NS	
--- Challis, John	11	Ames Cyclone Aquatics Club-IA	50.20	NS	
--- Challis, Dan	12	Ames Cyclone Aquatics Club-IA	35.92	NS	

Boys 11-12 100 Yard Freestyle

1:05.89 Q Champ Qualifying

Meet Qualifying: Slower than 1:05.89

Name	Age	Team	Seed Time	Finals Time	
1 Signani, Nicholas	11	Greater Des Moines YMCA-IA	1:05.97	1:01.56	Q
29.33		1:01.56 (32.23)			
2 Van Der Linden, Owen	12	Ames Cyclone Aquatics Club-IA	1:05.91	1:06.34	
31.83		1:06.34 (34.51)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 11-12 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
3	Deardorff, Dysen	11	Des Moines Swimming Federation-IA	1:13.62	1:07.55
	32.96	1:07.55 (34.59)			
4	Johnson, Jacob	11	Dowling Catholic Riptide-IA	1:08.95	1:08.13
	32.40	1:08.13 (35.73)			
5	Vallas, Brooks	12	Central Iowa Aquatics-IA	1:09.31	1:08.24
	32.05	1:08.24 (36.19)			
6	Boender, Sully	12	South East Aquatics-IA	1:10.81	1:09.77
	32.94	1:09.77 (36.83)			
7	Hales, Alex	11	Greater Des Moines YMCA-IA	1:13.02	1:09.86
	33.75	1:09.86 (36.11)			
8	Iwig, Jackson	12	Johnston Blaze Swim Club-IA	1:13.22	1:09.88
	33.06	1:09.88 (36.82)			
9	Thomas, Joseph	12	Greater Des Moines YMCA-IA	1:15.00	1:10.53
	33.50	1:10.53 (37.03)			
10	Holms, Donny	12	Johnston Blaze Swim Club-IA	1:09.56	1:10.63
	34.07	1:10.63 (36.56)			
11	Schumacher, Brant	12	Central Iowa Aquatics-IA	1:15.33	1:13.24
12	Sanders, Grayson	11	Dowling Catholic Riptide-IA	1:16.75	1:13.88
	35.41	1:13.88 (38.47)			
13	Sikora, Owen	11	Rams Swim Club-IA	1:15.40	1:14.37
	35.79	1:14.37 (38.58)			
14	Gagov, Alex	11	Central Iowa Aquatics-IA	1:17.58	1:14.87
	35.62	1:14.87 (39.25)			
15	Devlic, Ben	12	North Side Swim Team-IA	1:17.64	1:16.57
	36.34	1:16.57 (40.23)			
16	Hanafi, Adam	11	Mason City Swim Club-IA	1:17.84	1:17.36
17	Wittenwyler, Nolan	11	Dowling Catholic Riptide-IA	1:22.82	1:17.47
	37.61	1:17.47 (39.86)			
18	Kincaid, Austin	11	Ames Cyclone Aquatics Club-IA	1:19.06	1:18.06
	37.10	1:18.06 (40.96)			
19	Anderson, Vinny	11	Dowling Catholic Riptide-IA	1:23.97	1:21.70
	39.28	1:21.70 (42.42)			
20	Iwig, Ryan	12	Johnston Blaze Swim Club-IA	1:20.40	1:23.50
	37.24	1:23.50 (46.26)			
21	Peterson, Joel	12	Greater Des Moines YMCA-IA	1:23.83	1:23.54
	42.56	1:23.54 (40.98)			
22	Spradling, Tyler	11	Central Iowa Aquatics-IA	1:24.15	1:24.32
	39.47	1:24.32 (44.85)			
23	Horton, Eddie	11	Ames Cyclone Aquatics Club-IA	1:30.16	1:24.83
	37.87	1:24.83 (46.96)			
24	Kent, Harper	12	North Side Swim Team-IA	1:26.78	1:25.40
	40.59	1:25.40 (44.81)			
25	Peterson, Max	11	Des Moines Swimming Federation-IA	1:30.03	1:26.50
26	Place, Henry	12	South East Aquatics-IA	1:36.55	1:29.29
	40.44	1:29.29 (48.85)			
27	Warrington, Grant	11	Dowling Catholic Riptide-IA	1:26.55	1:29.83
	42.58	1:29.83 (47.25)			
28	Burdick, Ben	12	Dowling Catholic Riptide-IA	1:30.08	1:31.91
	42.01	1:31.91 (49.90)			
29	Magalski, Ryan	11	Johnston Blaze Swim Club-IA	NT	1:34.05
	42.74	1:34.05 (51.31)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 11-12 100 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
30 Punt, Cameron	11	South East Aquatics-IA	1:35.43	1:37.32
45.22	1:37.32 (52.10)			
31 Schuman, Blake	11	Johnston Blaze Swim Club-IA	1:37.09	1:40.02
32 Oaks, Gavin	11	South East Aquatics-IA	1:42.25	1:42.24
45.07	1:42.24 (57.17)			
33 Shonka, Voeden	11	Rams Swim Club-IA	1:46.74	1:46.99
34 Potratz, Jaden	11	Rams Swim Club-IA	1:44.95	1:52.21
51.29	1:52.21 (1:00.92)			
35 Raymer, Evan	12	Dowling Catholic Riptide-IA	1:44.93	1:58.59
36 Heap, Lucas	12	South East Aquatics-IA	NT	2:39.00
--- Keenan, Jude	11	Central Iowa Aquatics-IA	1:23.21	DQ 1:20.65
False start				
37.72	DQ 1:20.65 (42.93)			
--- Challis, Dan	12	Ames Cyclone Aquatics Club-IA	1:31.31	NS
--- Johnson, Cade	11	Greater Des Moines YMCA-IA	1:08.42	NS
--- Shenouda, Nehemiah	12	Dowling Catholic Riptide-IA	1:27.02	NS
--- Challis, John	11	Ames Cyclone Aquatics Club-IA	1:53.73	NS

Boys 11-12 200 Yard Freestyle

2:23.49 Q Champ Qualifying

Meet Qualifying: Slower than 2:23.49

Name	Age	Team	Seed Time	Finals Time
1 Wittmayer, Matthew	11	Central Iowa Aquatics-IA	2:43.40	2:23.22 Q
33.41	1:09.97 (36.56)	1:48.40 (38.43)	2:23.22 (34.82)	
2 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	2:27.77	2:23.24 Q
33.47	1:09.83 (36.36)	1:47.08 (37.25)	2:23.24 (36.16)	
3 Johnson, Jacob	11	Dowling Catholic Riptide-IA	2:30.93	2:27.99
34.81	1:12.59 (37.78)	1:51.79 (39.20)	2:27.99 (36.20)	
4 Holms, Donny	12	Johnston Blaze Swim Club-IA	2:29.17	2:29.86
35.28	1:14.78 (39.50)	1:53.99 (39.21)	2:29.86 (35.87)	
5 Vallas, Brooks	12	Central Iowa Aquatics-IA	2:40.78	2:33.31
34.65	1:13.39 (38.74)	1:54.29 (40.90)	2:33.31 (39.02)	
6 Boender, Sully	12	South East Aquatics-IA	2:35.40	2:34.20
36.51	1:16.76 (40.25)	1:55.73 (38.97)	2:34.20 (38.47)	
7 Cunningham, Titus	12	North Side Swim Team-IA	2:36.87	2:35.75
36.05	1:15.94 (39.89)	1:56.71 (40.77)	2:35.75 (39.04)	
8 Sikora, Owen	11	Rams Swim Club-IA	2:52.00	2:44.74
36.67	1:20.20 (43.53)	2:04.27 (44.07)	2:44.74 (40.47)	
9 Gagov, Alex	11	Central Iowa Aquatics-IA	3:08.88	2:47.45
37.68	1:21.93 (44.25)	2:06.17 (44.24)	2:47.45 (41.28)	
10 McMahan, Griffin	11	Des Moines Swimming Federation-IA	2:40.20	2:52.30
39.82	1:23.35 (43.53)	2:08.47 (45.12)	2:52.30 (43.83)	
11 Wittenwyler, Nolan	11	Dowling Catholic Riptide-IA	NT	2:55.17
39.57	1:24.83 (45.26)	2:11.35 (46.52)	2:55.17 (43.82)	
12 Schumacher, Brant	12	Central Iowa Aquatics-IA	2:55.44	2:56.80
39.86	1:25.75 (45.89)	2:12.62 (46.87)	2:56.80 (44.18)	
13 Devlic, Ben	12	North Side Swim Team-IA	2:47.64	2:57.38
44.83	1:28.94 (44.11)	2:15.36 (46.42)	2:57.38 (42.02)	
14 Spradling, Tyler	11	Central Iowa Aquatics-IA	3:12.58	3:01.94
40.93	1:28.38 (47.45)	2:17.51 (49.13)	3:01.94 (44.43)	

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Results

(Boys 11-12 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
15 Kent, Harper	12	North Side Swim Team-IA	3:10.73	3:08.64
41.98	1:31.02 (49.04)	2:20.84 (49.82)	3:08.64 (47.80)	
16 Burdick, Ben	12	Dowling Catholic Riptide-IA	3:20.12	3:20.33
43.47	1:34.92 (51.45)	2:29.61 (54.69)	3:20.33 (50.72)	

Boys 11-12 500 Yard Freestyle

6:27.49 11-12 Q Champ Qualifying

7:25.69 11-12 REG Regional Qualifying

Meet Qualifying 11-12: 6:27.50 - 7:25.69

Name	Age	Team	Seed Time	Finals Time
1 Fischer, Tyler	12	Ames Cyclone Aquatics Club-IA	6:39.16	6:33.63 REG
34.44	1:13.55 (39.11)	1:53.27 (39.72)	2:33.43 (40.16)	
3:14.15 (40.72)	3:55.72 (41.57)	4:36.74 (41.02)	5:17.06 (40.32)	
5:55.79 (38.73)	6:33.63 (37.84)			
2 Cunningham, Titus	12	North Side Swim Team-IA	7:01.78	7:00.25 REG
35.44	1:16.97 (41.53)	2:00.17 (43.20)	2:42.62 (42.45)	
3:25.67 (43.05)	4:08.55 (42.88)	4:51.91 (43.36)	5:35.20 (43.29)	
6:18.37 (43.17)	7:00.25 (41.88)			
3 Christopherson, Gabe	11	Greater Des Moines YMCA-IA	6:42.13	7:19.86 REG
37.97	1:21.80 (43.83)	2:05.43 (43.63)	2:50.47 (45.04)	
3:36.38 (45.91)	4:23.06 (46.68)	5:08.81 (45.75)	5:55.00 (46.19)	
6:39.69 (44.69)	7:19.86 (40.17)			

Boys 11-12 1000 Yard Freestyle

13:30.19 Q Champ Qualifying

15:31.79 REG Regional Qualifying

Meet Qualifying: 13:30.20 - 15:31.79

Name	Age	Team	Seed Time	Finals Time
1 Locher, Henry	12	Greater Des Moines YMCA-IA	12:55.51	12:41.27 Q
33.09	1:09.96 (36.87)	1:48.47 (38.51)	2:26.97 (38.50)	
3:05.70 (38.73)	3:44.30 (38.60)	4:23.11 (38.81)	5:02.21 (39.10)	
5:41.47 (39.26)	6:20.28 (38.81)	6:59.31 (39.03)	7:38.48 (39.17)	
8:17.76 (39.28)	8:56.75 (38.99)	9:35.53 (38.78)	10:14.03 (38.50)	
10:51.70 (37.67)	11:29.79 (38.09)	12:06.62 (36.83)	12:41.27 (34.65)	
2 Fischer, Tyler	12	Ames Cyclone Aquatics Club-IA	14:36.86	13:13.06 Q
35.60	1:16.28 (40.68)	1:58.86 (42.58)	2:39.39 (40.53)	
3:20.34 (40.95)	4:00.14 (39.80)	4:41.37 (41.23)	5:21.58 (40.21)	
6:02.34 (40.76)	6:42.30 (39.96)	7:23.01 (40.71)	8:02.69 (39.68)	
8:42.63 (39.94)	9:22.38 (39.75)	10:01.80 (39.42)	10:40.93 (39.13)	
11:19.19 (38.26)	11:57.62 (38.43)	12:35.53 (37.91)	13:13.06 (37.53)	
3 Hales, Alex	11	Greater Des Moines YMCA-IA	13:31.32	13:21.09 Q
33.05	1:10.96 (37.91)	1:49.77 (38.81)	2:30.08 (40.31)	
3:09.96 (39.88)	3:50.25 (40.29)	4:30.98 (40.73)	5:12.76 (41.78)	
5:53.25 (40.49)	6:34.47 (41.22)	7:14.17 (39.70)	7:55.48 (41.31)	
8:36.57 (41.09)	9:18.36 (41.79)	10:00.19 (41.83)	10:41.05 (40.86)	
11:21.51 (40.46)	12:02.82 (41.31)	12:42.92 (40.10)	13:21.09 (38.17)	
4 Cunningham, Titus	12	North Side Swim Team-IA	14:35.13	14:31.06 REG
37.62	1:20.84 (43.22)	2:06.09 (45.25)	2:50.12 (44.03)	
3:34.64 (44.52)	4:19.23 (44.59)	5:02.96 (43.73)	5:47.27 (44.31)	
6:31.63 (44.36)	7:16.00 (44.37)	8:01.70 (45.70)	8:45.54 (43.84)	
9:29.99 (44.45)	10:14.38 (44.39)	10:57.05 (42.67)	11:40.79 (43.74)	
12:24.63 (43.84)	13:07.38 (42.75)	13:49.90 (42.52)	14:31.06 (41.16)	

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Results

Boys 11-12 50 Yard Backstroke

34.99 Q Champ Qualifying

Meet Qualifying: Slower than 34.99

Name	Age	Team	Seed Time	Finals Time	
1 Linderblood, Jude	12	Central Iowa Aquatics-IA	36.31	34.31	Q
2 Fischer, Tyler	12	Ames Cyclone Aquatics Club-IA	37.78	36.48	
3 Schumacher, Brant	12	Central Iowa Aquatics-IA	37.10	36.49	
4 Van Der Linden, Owen	12	Ames Cyclone Aquatics Club-IA	36.81	36.63	
5 Bertsch, Nolan	12	Greater Des Moines YMCA-IA	36.84	36.66	
6 Smith, Carter	11	Des Moines Swimming Federation-IA	37.45	36.91	
7 Boender, Sully	12	South East Aquatics-IA	37.63	36.98	
8 Hales, Alex	11	Greater Des Moines YMCA-IA	36.73	37.21	
9 Pellett, Colton	11	Greater Des Moines YMCA-IA	37.45	37.23	
10 Sikora, Owen	11	Rams Swim Club-IA	37.65	37.39	
11 Johnson, Jacob	11	Dowling Catholic Riptide-IA	37.67	38.40	
12 Iwig, Jackson	12	Johnston Blaze Swim Club-IA	39.37	38.67	
13 Holms, Donny	12	Johnston Blaze Swim Club-IA	38.29	38.88	
14 Vallas, Brooks	12	Central Iowa Aquatics-IA	38.70	39.02	
15 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	38.03	39.30	
16 Hanafi, Adam	11	Mason City Swim Club-IA	41.50	39.49	
17 Devlic, Ben	12	North Side Swim Team-IA	43.11	40.22	
18 Kincaid, Austin	11	Ames Cyclone Aquatics Club-IA	40.27	40.76	
19 Thomas, Joseph	12	Greater Des Moines YMCA-IA	40.53	40.88	
20 Wittenwyler, Nolan	11	Dowling Catholic Riptide-IA	41.32	41.40	
21 Wuest, Aaron	11	Dowling Catholic Riptide-IA	43.62	42.46	
22 Christopherson, Gabe	11	Greater Des Moines YMCA-IA	41.77	43.57	
23 Horton, Eddie	11	Ames Cyclone Aquatics Club-IA	42.14	43.96	
24 Gagov, Alex	11	Central Iowa Aquatics-IA	41.91	44.42	
25 Kent, Harper	12	North Side Swim Team-IA	44.25	44.80	
26 Peterson, Joel	12	Greater Des Moines YMCA-IA	43.68	44.84	
27 Anderson, Vinny	11	Dowling Catholic Riptide-IA	47.36	45.40	
28 Shonka, Voeden	11	Rams Swim Club-IA	47.10	46.62	
29 Spradling, Tyler	11	Central Iowa Aquatics-IA	43.73	47.18	
30 Peterson, Max	11	Des Moines Swimming Federation-IA	46.13	47.55	
31 Place, Henry	12	South East Aquatics-IA	52.50	48.48	
32 Punt, Cameron	11	South East Aquatics-IA	55.52	49.47	
33 Burdick, Ben	12	Dowling Catholic Riptide-IA	58.66	49.92	
34 Magalski, Ryan	11	Johnston Blaze Swim Club-IA	47.50	50.65	
35 Canales-Burr, Gian	11	Greater Des Moines YMCA-IA	48.01	54.59	
36 Schuman, Blake	11	Johnston Blaze Swim Club-IA	57.69	54.63	
37 Oaks, Gavin	11	South East Aquatics-IA	1:01.96	56.11	
38 Raymer, Evan	12	Dowling Catholic Riptide-IA	58.15	56.38	
39 Potratz, Jaden	11	Rams Swim Club-IA	54.12	1:00.76	
40 Heap, Lucas	12	South East Aquatics-IA	NT	1:29.04	
--- Johnson, Cade	11	Greater Des Moines YMCA-IA	36.60	NS	
--- Challis, John	11	Ames Cyclone Aquatics Club-IA	1:01.58	NS	
--- Challis, Dan	12	Ames Cyclone Aquatics Club-IA	51.23	NS	
--- McLaughlin, George	11	Dowling Catholic Riptide-IA	NT	NS	
--- Notz, Bennett	12	Swordfish Academy-IA	38.80	SCR	

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Results

Boys 11-12 100 Yard Backstroke

1:15.69 Q Champ Qualifying

Meet Qualifying: Slower than 1:15.69

Name	Age	Team	Seed Time	Finals Time
1 Van Der Linden, Owen	12	Ames Cyclone Aquatics Club-IA	1:24.21	1:17.09
2 Smith, Carter	11	Des Moines Swimming Federation-IA	1:19.11	1:18.19
3 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	1:20.96	1:18.88
4 Schumacher, Brant	12	Central Iowa Aquatics-IA	1:24.22	1:19.91
5 Johnson, Jacob	11	Dowling Catholic Riptide-IA	1:22.34	1:20.00
6 Fischer, Tyler	12	Ames Cyclone Aquatics Club-IA	1:19.55	1:20.17
7 Boender, Sully	12	South East Aquatics-IA	1:21.79	1:20.87
8 Vallas, Brooks	12	Central Iowa Aquatics-IA	1:24.78	1:21.63
9 Sikora, Owen	11	Rams Swim Club-IA	1:21.78	1:22.90
10 Devlic, Ben	12	North Side Swim Team-IA	1:28.75	1:26.13
11 McCammon, Jake	11	Johnston Blaze Swim Club-IA	1:53.11 L	1:27.57
12 Wittenwyler, Nolan	11	Dowling Catholic Riptide-IA	1:32.41	1:28.20
13 Klocke, Coehen	11	Carroll Area Swim Team-IA	1:26.19	1:28.21
14 Gagov, Alex	11	Central Iowa Aquatics-IA	1:31.22	1:30.21
15 Lauter, Ashton	12	Ames Cyclone Aquatics Club-IA	NT	1:31.26
16 Kent, Harper	12	North Side Swim Team-IA	1:39.39	1:38.38
17 Keenan, Jude	11	Central Iowa Aquatics-IA	1:39.40	1:39.87
18 Gaulke, Silas	11	South East Aquatics-IA	NT	1:41.35
19 Anderson, Vinny	11	Dowling Catholic Riptide-IA	2:08.73	1:42.18
20 Shonka, Voeden	11	Rams Swim Club-IA	1:54.58	1:43.04
21 Spradling, Tyler	11	Central Iowa Aquatics-IA	1:41.96	1:43.63
22 Burdick, Ben	12	Dowling Catholic Riptide-IA	1:53.30	1:43.92
23 Punt, Cameron	11	South East Aquatics-IA	1:59.01	1:45.73
24 Canales-Burr, Gian	11	Greater Des Moines YMCA-IA	1:46.64	1:46.86
25 Magalski, Ryan	11	Johnston Blaze Swim Club-IA	NT	1:52.57
26 Wigant, Grayson	11	Dowling Catholic Riptide-IA	1:53.56	1:56.17

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 11-12 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
27 Onnen, Oliver	11	Rams Swim Club-IA	2:06.44	2:05.10
				1:02.35 2:05.10 (1:02.75)
28 Oaks, Gavin	11	South East Aquatics-IA	2:16.15	2:11.48
--- Challis, John	11	Ames Cyclone Aquatics Club-IA	2:13.87	NS
--- Johnson, Cade	11	Greater Des Moines YMCA-IA	1:18.12	NS
--- Challis, Dan	12	Ames Cyclone Aquatics Club-IA	1:49.12	NS
--- Holms, Donny	12	Johnston Blaze Swim Club-IA	1:23.63	NS

Boys 11-12 200 Yard Backstroke

2:39.69 Q Champ Qualifying

3:03.69 REG Regional Qualifying

Meet Qualifying: 2:39.70 - 3:03.69

Name	Age	Team	Seed Time	Finals Time
1 Wittmayer, Matthew	11	Central Iowa Aquatics-IA	2:41.42	2:31.35 Q
				35.16 1:13.48 (38.32) 1:52.92 (39.44) 2:31.35 (38.43)
2 Signani, Nicholas	11	Greater Des Moines YMCA-IA	2:41.64	2:32.56 Q
				36.10 1:14.90 (38.80) 1:54.14 (39.24) 2:32.56 (38.42)
3 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	2:43.62	2:49.27 REG
				40.51 1:23.77 (43.26) 2:07.33 (43.56) 2:49.27 (41.94)
4 Pellett, Colton	11	Greater Des Moines YMCA-IA	3:02.26	2:50.21 REG
				38.67 1:22.70 (44.03) 2:07.43 (44.73) 2:50.21 (42.78)
5 Sikora, Owen	11	Rams Swim Club-IA	3:01.86	2:57.80 REG
				40.89 1:26.85 (45.96) 2:14.24 (47.39) 2:57.80 (43.56)
6 Cunningham, Titus	12	North Side Swim Team-IA	2:59.51	2:58.69 REG
				1:26.26 () 2:58.69 (1:32.43)

Boys 11-12 50 Yard Breaststroke

39.49 Q Champ Qualifying

Meet Qualifying: Slower than 39.49

Name	Age	Team	Seed Time	Finals Time
1 MacFarland, Ryan	12	Johnston Blaze Swim Club-IA	42.45	39.41 Q
2 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	43.09	41.46
3 Boender, Sully	12	South East Aquatics-IA	42.51	41.87
4 Smith, Carter	11	Des Moines Swimming Federation-IA	42.99	42.93
5 Sanders, Grayson	11	Dowling Catholic Riptide-IA	49.13	45.59
6 McMahan, Griffin	11	Des Moines Swimming Federation-IA	46.37	45.89
7 Devlic, Ben	12	North Side Swim Team-IA	47.49	45.98
8 Huf, Zane	12	Johnston Blaze Swim Club-IA	48.51	46.71
9 Vallas, Brooks	12	Central Iowa Aquatics-IA	46.12	47.69
10 Klocke, Coehen	11	Carroll Area Swim Team-IA	48.81	48.10
11 Johnson, Jacob	11	Dowling Catholic Riptide-IA	47.39	48.12
12 Gaulke, Silas	11	South East Aquatics-IA	50.23	48.69
13 Gagov, Alex	11	Central Iowa Aquatics-IA	48.27	48.79
14 McCammon, Jake	11	Johnston Blaze Swim Club-IA	48.72	49.46
15 Warrington, Grant	11	Dowling Catholic Riptide-IA	52.18	51.43
16 Kent, Harper	12	North Side Swim Team-IA	51.83	51.70
17 Punt, Cameron	11	South East Aquatics-IA	56.81	53.81
18 Spradling, Tyler	11	Central Iowa Aquatics-IA	52.65	53.96
19 Keenan, Jude	11	Central Iowa Aquatics-IA	55.92	54.51
20 Wigant, Grayson	11	Dowling Catholic Riptide-IA	51.35	55.49
21 Burdick, Ben	12	Dowling Catholic Riptide-IA	1:03.04	1:01.29

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 11-12 50 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
22 Onnen, Oliver	11	Rams Swim Club-IA	1:07.02	1:06.71
23 Canales-Burr, Gian	11	Greater Des Moines YMCA-IA	1:09.60	1:10.33
--- Magalski, Ryan	11	Johnston Blaze Swim Club-IA	1:04.43	DQ 1:05.48
Butterfly kick				
--- Oaks, Gavin	11	South East Aquatics-IA	1:17.25	DQ 1:08.31
Butterfly kick				
--- McLaughlin, George	11	Dowling Catholic Riptide-IA	NT	DQ 1:11.10
Non-simultaneous arms				
--- Challis, John	11	Ames Cyclone Aquatics Club-IA	NT	NS
--- Challis, Dan	12	Ames Cyclone Aquatics Club-IA	51.52	NS

Boys 11-12 100 Yard Breaststroke

1:24.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:24.49

Name	Age	Team	Seed Time	Finals Time
1 Deardorff, Dysen	11	Des Moines Swimming Federation-IA	1:28.20	1:27.64
42.34			1:27.64 (45.30)	
2 MacFarland, Ryan	12	Johnston Blaze Swim Club-IA	1:33.38	1:27.88
41.68			1:27.88 (46.20)	
3 Boender, Sully	12	South East Aquatics-IA	1:33.82	1:31.34
44.78			1:31.34 (46.56)	
4 Devlic, Ben	12	North Side Swim Team-IA	1:42.00	1:40.92
47.44			1:40.92 (53.48)	
5 Gagov, Alex	11	Central Iowa Aquatics-IA	1:42.80	1:44.63
50.27			1:44.63 (54.36)	
6 Kincaid, Austin	11	Ames Cyclone Aquatics Club-IA	1:42.21	1:44.66
50.08			1:44.66 (54.58)	
7 Iwig, Ryan	12	Johnston Blaze Swim Club-IA	1:43.35	1:45.03
47.17			1:45.03 (57.86)	
8 Wuest, Aaron	11	Dowling Catholic Riptide-IA	1:45.72	1:46.91
51.36			1:46.91 (55.55)	
9 Place, Henry	12	South East Aquatics-IA	NT	1:50.49
49.70			1:50.49 (1:00.79)	
10 Warrington, Grant	11	Dowling Catholic Riptide-IA	1:49.64	1:50.79
52.82			1:50.79 (57.97)	
11 Jacobs, Will	11	Dowling Catholic Riptide-IA	1:54.14	1:50.95
50.95			1:50.95 (1:00.00)	
12 Spradling, Tyler	11	Central Iowa Aquatics-IA	1:57.64	1:59.18
56.15			1:59.18 (1:03.03)	
13 Punt, Cameron	11	South East Aquatics-IA	2:02.35	1:59.20
58.58			1:59.20 (1:00.62)	
14 Keenan, Jude	11	Central Iowa Aquatics-IA	2:07.14	2:00.22
56.79			2:00.22 (1:03.43)	
15 Horton, Eddie	11	Ames Cyclone Aquatics Club-IA	NT	2:09.55
58.32			2:09.55 (1:11.23)	
16 Burdick, Ben	12	Dowling Catholic Riptide-IA	NT	2:10.01
1:02.43			2:10.01 (1:07.58)	
17 Raymer, Evan	12	Dowling Catholic Riptide-IA	NT	2:17.71
18 Potratz, Jaden	11	Rams Swim Club-IA	2:28.75	2:19.46
1:03.39			2:19.46 (1:16.07)	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 11-12 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
19 Oaks, Gavin	11	South East Aquatics-IA	NT	2:29.06
			1:12.72 2:29.06 (1:16.34)	
20 Canales-Burr, Gian	11	Greater Des Moines YMCA-IA	2:33.38	2:41.31
			1:17.07 2:41.31 (1:24.24)	
--- Bertsch, Nolan	12	Greater Des Moines YMCA-IA	1:25.15	DQ DQ
			False start	
--- Sanders, Grayson	11	Dowling Catholic Riptide-IA	NT	DQ 1:42.66
			Head not up	
			47.78 DQ 1:42.66 (54.88)	
--- Kent, Harper	12	North Side Swim Team-IA	1:56.44	DQ 1:50.17
			Hands not separated	
			52.13 DQ 1:50.17 (58.04)	
--- Schuman, Blake	11	Johnston Blaze Swim Club-IA	NT	DQ 1:58.30
			Scissors kick	
			55.08 DQ 1:58.30 (1:03.22)	
--- Shenouda, Nehemiah	12	Dowling Catholic Riptide-IA	2:12.59	NS
--- Challis, Dan	12	Ames Cyclone Aquatics Club-IA	1:43.01	NS

Boys 11-12 200 Yard Breaststroke

3:00.19 Q Champ Qualifying

3:27.29 REG Regional Qualifying

Meet Qualifying: 3:00.20 - 3:27.29

Name	Age	Team	Seed Time	Finals Time
1 Signani, Nicholas	11	Greater Des Moines YMCA-IA	3:00.51	2:56.74 Q
			39.78 1:25.11 (45.33) 2:10.76 (45.65) 2:56.74 (45.98)	
2 MacFarland, Ryan	12	Johnston Blaze Swim Club-IA	3:16.63	3:09.75 REG
			43.20 1:29.62 (46.42) 2:21.50 (51.88) 3:09.75 (48.25)	

Boys 11-12 50 Yard Butterfly

34.19 Q Champ Qualifying

Meet Qualifying: Slower than 34.19

Name	Age	Team	Seed Time	Finals Time
1 Wittmayer, Matthew	11	Central Iowa Aquatics-IA	35.78	33.55 Q
2 Johnson, Jacob	11	Dowling Catholic Riptide-IA	34.72	34.09 Q
3 Van Der Linden, Owen	12	Ames Cyclone Aquatics Club-IA	35.10	34.25
4 Holms, Donny	12	Johnston Blaze Swim Club-IA	34.84	34.36
5 Jean, Tate	12	Greater Des Moines YMCA-IA	34.91	34.77
6 Hyman, Brady	11	Ames Cyclone Aquatics Club-IA	36.82	34.79
7 Smith, Carter	11	Des Moines Swimming Federation-IA	36.14	35.18
8 Vallas, Brooks	12	Central Iowa Aquatics-IA	39.96	36.91
9 Iwig, Jackson	12	Johnston Blaze Swim Club-IA	38.03	38.61
10 Cunningham, Titus	12	North Side Swim Team-IA	39.65	39.17
11 Peterson, Joel	12	Greater Des Moines YMCA-IA	45.51	40.73
12 Horton, Eddie	11	Ames Cyclone Aquatics Club-IA	41.53	41.66
13 Iwig, Ryan	12	Johnston Blaze Swim Club-IA	40.10	41.94
14 Hanafi, Adam	11	Mason City Swim Club-IA	42.62	41.97
15 Thomas, Joseph	12	Greater Des Moines YMCA-IA	43.93	45.92
16 Wittenwyler, Nolan	11	Dowling Catholic Riptide-IA	48.98	46.18
17 Sanders, Grayson	11	Dowling Catholic Riptide-IA	1:12.15	46.50
18 Spradling, Tyler	11	Central Iowa Aquatics-IA	56.15	54.16
19 Burdick, Ben	12	Dowling Catholic Riptide-IA	1:00.17	1:00.28

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 11-12 50 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time
--- Warrington, Grant Non-simultaneous arms	11	Dowling Catholic Riptide-IA	53.29	DQ 53.60
--- Punt, Cameron Non-simultaneous arms	11	South East Aquatics-IA	NT	DQ 54.96
--- Shenouda, Nehemiah	12	Dowling Catholic Riptide-IA	50.94	NS
--- Notz, Bennett	12	Swordfish Academy-IA	36.62	SCR

Boys 11-12 100 Yard Butterfly

1:16.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:16.09

Name	Age	Team	Seed Time	Finals Time
1 McMahan, Griffin 38.48	11	Des Moines Swimming Federation-IA	1:30.51	1:24.36
2 Van Der Linden, Owen 35.97	12	Ames Cyclone Aquatics Club-IA	NT	1:24.64
3 Holms, Donny 35.70	12	Johnston Blaze Swim Club-IA	1:27.61	1:27.12
4 Cunningham, Titus 40.94	12	North Side Swim Team-IA	1:41.78	1:30.25
5 Wittenwyler, Nolan 45.92	11	Dowling Catholic Riptide-IA	1:41.25	1:43.54

Boys 11-12 100 Yard IM

1:14.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:14.99

Name	Age	Team	Seed Time	Finals Time
1 Hyman, Brady 35.91	11	Ames Cyclone Aquatics Club-IA	1:18.88	1:14.49 Q
2 Boender, Sully 37.53	12	South East Aquatics-IA	1:22.00	1:21.13
3 Johnson, Jacob 38.25	11	Dowling Catholic Riptide-IA	1:22.40	1:21.47
4 Iwig, Jackson 40.62	12	Johnston Blaze Swim Club-IA	1:31.43	1:23.62
5 Cunningham, Titus 39.24	12	North Side Swim Team-IA	1:28.33	1:23.71
6 Vallas, Brooks 38.12	12	Central Iowa Aquatics-IA	1:26.56	1:24.58
7 Kincaid, Austin 43.45	11	Ames Cyclone Aquatics Club-IA	1:41.54	1:28.00
8 Sanders, Grayson 44.34	11	Dowling Catholic Riptide-IA	1:30.98	1:29.12
9 Iwig, Ryan 43.05	12	Johnston Blaze Swim Club-IA	1:31.21	1:29.66
10 Gagov, Alex 43.13	11	Central Iowa Aquatics-IA	1:28.25	1:29.68
11 Devlic, Ben 39.55	12	North Side Swim Team-IA	NT	1:29.79
12 Christopherson, Gabe 40.72	11	Greater Des Moines YMCA-IA	1:33.28	1:30.23

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Results

(Boys 11-12 100 Yard IM)

Name	Age	Team	Seed Time	Finals Time
13 Schumacher, Brant	12	Central Iowa Aquatics-IA	1:37.69	1:30.66
39.04	1:30.66 (51.62)			
14 Keenan, Jude	11	Central Iowa Aquatics-IA	1:41.54	1:38.45
44.36	1:38.45 (54.09)			
15 Jacobs, Will	11	Dowling Catholic Riptide-IA	NT	1:42.71
48.48	1:42.71 (54.23)			
16 Peterson, Max	11	Des Moines Swimming Federation-IA	1:46.69	1:42.92
48.98	1:42.92 (53.94)			
17 Kent, Harper	12	North Side Swim Team-IA	1:54.16	1:43.18
50.30	1:43.18 (52.88)			
18 Warrington, Grant	11	Dowling Catholic Riptide-IA	1:46.64	1:44.23
51.16	1:44.23 (53.07)			
19 Canales-Burr, Gian	11	Greater Des Moines YMCA-IA	2:03.58	2:11.92
1:02.41	2:11.92 (1:09.51)			
--- Place, Henry	12	South East Aquatics-IA	NT	DQ 1:43.99
Shoulders past vertical toward breast - back				
52.13	DQ 1:43.99 (51.86)			
--- Magalski, Ryan	11	Johnston Blaze Swim Club-IA	NT	DQ 1:53.84
Scissors kick - breast				
52.40	DQ 1:53.84 (1:01.44)			
--- Potratz, Jaden	11	Rams Swim Club-IA	NT	DQ 2:12.13
Non-simultaneous arms - fly				
1:05.65	DQ 2:12.13 (1:06.48)			
--- Shenouda, Nehemiah	12	Dowling Catholic Riptide-IA	1:54.06	NS
--- Johnson, Cade	11	Greater Des Moines YMCA-IA	1:17.77	NS

Boys 11-12 200 Yard IM

2:43.99 Q Champ Qualifying

Meet Qualifying: Slower than 2:43.99

Name	Age	Team	Seed Time	Finals Time
1 Fischer, Tyler	12	Ames Cyclone Aquatics Club-IA	2:44.69	2:44.94
36.09	1:18.50 (42.41)	2:09.67 (51.17)	2:44.94 (35.27)	
2 Smith, Carter	11	Des Moines Swimming Federation-IA	2:46.81	2:45.75
36.75	1:18.02 (41.27)	2:10.35 (52.33)	2:45.75 (35.40)	
3 Cunningham, Titus	12	North Side Swim Team-IA	3:02.48	3:00.51
	1:27.45 ()	2:21.82 (54.37)	3:00.51 (38.69)	
4 McMahon, Griffin	11	Des Moines Swimming Federation-IA	3:01.36	3:07.25
40.14	1:30.36 (50.22)	2:24.75 (54.39)	3:07.25 (42.50)	

Boys 11-12 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	2:12.33	2:07.09
1) Schumacher, Brant 12	2) Vallas, Brooks 12	3) Gagov, Alex 11	4) Wittmayer, Matthew 11
32.35	1:02.39 (30.04)	1:37.27 (34.88)	2:07.09 (29.82)
2 Ames Cyclone Aquatics Club-IA	A	2:11.51	2:10.93
1) Van Der Linden, Owen 12	2) Lauter, Ashton 12	3) Vos, Ephraim 10	4) Fischer, Tyler 12
29.92	1:10.03 (40.11)	1:41.43 (31.40)	2:10.93 (29.50)
3 Dowling Catholic Riptide-IA	A	2:16.21	2:15.81
1) Johnson, Jacob 11	2) Anderson, Vinny 11	3) Wuest, Aaron 11	4) Sanders, Grayson 11
30.48	1:19.49 (49.01)	1:43.02 (23.53)	2:15.81 (32.79)

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Team	Relay	Seed Time	Finals Time
4 Johnston Blaze Swim Club-IA	A	2:18.65	2:19.90
1) Holms, Donny 12	2) McCammon, Jake 11	3) Magalski, Ryan 11	4) Huf, Zane 12
32.13	1:08.37 (36.24)	1:48.10 (39.73)	2:19.90 (31.80)
5 Dowling Catholic Riptide-IA	B	2:37.91	2:38.47
1) Warrington, Grant 11	2) Wigant, Grayson 11	3) Burdick, Ben 12	4) Wittenwyler, Nolan 11
40.94	1:25.61 (44.67)	2:04.92 (39.31)	2:38.47 (33.55)

Boys 11-12 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Ames Cyclone Aquatics Club-IA	A	2:22.88	2:25.50
1) Kincaid, Austin 11	2) Hyman, Brady 11	3) Fischer, Tyler 12	4) Van Der Linden, Owen 12
50.97	1:19.67 (28.70)	1:55.45 (35.78)	2:25.50 (30.05)
2 Central Iowa Aquatics-IA	A	2:32.08	2:29.54
1) Schumacher, Brant 12	2) Gagov, Alex 11	3) Wittmayer, Matthew 11	4) Vallas, Brooks 12
	1:25.63 ()	1:58.53 (32.90)	2:29.54 (31.01)
3 Johnston Blaze Swim Club-IA	A	2:34.00	2:33.57
1) Iwig, Jackson 12	2) Iwig, Ryan 12	3) Holms, Donny 12	4) McCammon, Jake 11
38.72	1:23.40 (44.68)	1:59.41 (36.01)	2:33.57 (34.16)
4 Dowling Catholic Riptide-IA	A	2:39.98	2:41.99
1) Wittenwyler, Nolan 11	2) Jacobs, Will 11	3) Johnson, Jacob 11	4) Sanders, Grayson 11
41.73	1:31.64 (49.91)	2:07.76 (36.12)	2:41.99 (34.23)
5 Dowling Catholic Riptide-IA	B	3:02.43	3:09.48
1) Raymer, Evan 12	2) Warrington, Grant 11	3) Wuest, Aaron 11	4) Anderson, Vinny 11
56.90	1:47.21 (50.31)	2:34.22 (47.01)	3:09.48 (35.26)
--- South East Aquatics-IA	A	3:21.67	DQ 3:19.97
Stroke Infraction swimmer #1: Shoulders past vertical toward breast - back			
1) Oaks, Gavin 11	2) Punt, Cameron 11	3) Boender, Sully 12	4) Place, Henry 12
1:03.19	2:01.19 (58.00)	2:40.59 (39.40)	DQ 3:19.97 (39.38)

Boys 13-14 50 Yard Freestyle**25.99 Q Champ Qualifying****Meet Qualifying: Slower than 25.99**

Name	Age	Team	Seed Time	Finals Time
1 Fertig, Jonah	14	Rams Swim Club-IA	26.83	26.46
2 Arnold, Westin	14	Dowling Catholic Riptide-IA	27.11	26.65
3 LaMasters, Peter	14	Des Moines Swimming Federation-IA	27.00	26.78
4 Voynov, Clive	13	Des Moines Swimming Federation-IA	27.33	26.84
5 Willrich, Ben	14	Des Moines Swimming Federation-IA	27.98	27.13
6 Punt, Caleb	14	South East Aquatics-IA	28.07	27.19
7 Lankford, Reef	13	Carroll Area Swim Team-IA	29.29	27.60
8 Cunningham, Corban	13	North Side Swim Team-IA	27.22	27.61
9 Gatzionis, Gregory	13	Greater Des Moines YMCA-IA	28.05	27.77
10 Griffin, Jayden	13	Dowling Catholic Riptide-IA	27.81	27.89
11 Ha, Norman	13	North Side Swim Team-IA	28.06	27.94
12 Strosahl, Jonas	13	Ames Cyclone Aquatics Club-IA	28.48	28.29
13 Hedding, Tommy	13	Dowling Catholic Riptide-IA	28.92	28.35
14 LaGier, Andy	13	Johnston Blaze Swim Club-IA	31.10	28.87
15 Ortega, Ijah	13	Rams Swim Club-IA	29.47	29.42
16 Naylor, Carson	13	Central Iowa Aquatics-IA	30.33	29.47
17 Savransky, Michael	14	Dowling Catholic Riptide-IA	36.42	30.08
18 LeGrant, Levi	14	Des Moines Swimming Federation-IA	30.00	30.68

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Results

(Boys 13-14 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
19 Disterhoft, Fisher	14	North Side Swim Team-IA	30.29	31.18
20 Spillers, Raef	13	Ames Cyclone Aquatics Club-IA	32.16	31.44
21 Paul, Levi Paul	13	Johnston Blaze Swim Club-IA	31.39	31.97
22 Hall, Kane	13	Ames Cyclone Aquatics Club-IA	33.02	32.19
23 Coonan, Quinn	13	Dowling Catholic Riptide-IA	33.50	32.44
24 Miller, Ty	13	Ames Cyclone Aquatics Club-IA	33.71	33.63
25 Topf, Tiernan	13	North Side Swim Team-IA	35.53	34.03
26 Buck, Garrett	14	Johnston Blaze Swim Club-IA	34.98	35.42
27 Williams, Blake	13	North Side Swim Team-IA	37.26	36.33
28 Clark, Hunter	14	Johnston Blaze Swim Club-IA	NT	51.22

Boys 13-14 100 Yard Freestyle**56.39 Q Champ Qualifying****Meet Qualifying: Slower than 56.39**

Name	Age	Team	Seed Time	Finals Time
1 Hanafi, Zayd	13	Mason City Swim Club-IA	56.46	54.99 Q
26.42	54.99 (28.57)			
2 Lai, Joseph	13	North Side Swim Team-IA	57.76	55.59 Q
26.70	55.59 (28.89)			
3 Heitzman, Calvin	13	Central Iowa Aquatics-IA	58.00	55.91 Q
26.88	55.91 (29.03)			
4 Arnold, Westin	14	Dowling Catholic Riptide-IA	1:00.07	58.47
27.65	58.47 (30.82)			
5 Harris, Gage	13	Greater Des Moines YMCA-IA	59.47	58.68
28.03	58.68 (30.65)			
6 Voynov, Clive	13	Des Moines Swimming Federation-IA	59.91	58.94
27.85	58.94 (31.09)			
7 Artikov, Isaac	13	Des Moines Swimming Federation-IA	1:00.00	59.39
28.75	59.39 (30.64)			
8 Heffernan, Blake	13	Greater Des Moines YMCA-IA	58.87	59.55
28.15	59.55 (31.40)			
9 LaMasters, Peter	14	Des Moines Swimming Federation-IA	58.69	1:01.32
28.87	1:01.32 (32.45)			
10 Willrich, Ben	14	Des Moines Swimming Federation-IA	1:00.26	1:01.46
29.34	1:01.46 (32.12)			
11 Punt, Caleb	14	South East Aquatics-IA	1:05.18	1:01.55
29.07	1:01.55 (32.48)			
12 Gatzionis, Gregory	13	Greater Des Moines YMCA-IA	1:04.16	1:01.85
29.11	1:01.85 (32.74)			
13 Strosahl, Jonas	13	Ames Cyclone Aquatics Club-IA	1:03.06	1:02.40
29.75	1:02.40 (32.65)			
14 Cornwell, Connor	14	North Side Swim Team-IA	1:10.62	1:03.00
30.10	1:03.00 (32.90)			
15 Lankford, Reef	13	Carroll Area Swim Team-IA	1:05.78	1:03.14
29.67	1:03.14 (33.47)			
16 Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	1:06.86	1:03.51
30.35	1:03.51 (33.16)			
17 Gray, Dominic	13	Greater Des Moines YMCA-IA	1:05.05	1:03.71
30.74	1:03.71 (32.97)			
18 Naylor, Carson	13	Central Iowa Aquatics-IA	1:07.06	1:05.50
31.70	1:05.50 (33.80)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 13-14 100 Yard Freestyle)

	Name	Age	Team	Seed Time	Finals Time
19	Baker, Henry	14	Johnston Blaze Swim Club-IA	1:09.61	1:05.58
	30.65			1:05.58 (34.93)	
20	Cauterucci, Kole	14	North Side Swim Team-IA	1:05.22	1:06.15
	31.49			1:06.15 (34.66)	
21	Leder, Charlie	13	Dowling Catholic Riptide-IA	1:06.01	1:06.87
	31.18			1:06.87 (35.69)	
22	Savransky, Michael	14	Dowling Catholic Riptide-IA	1:15.44	1:07.78
	32.40			1:07.78 (35.38)	
23	Heddinger, Tommy	13	Dowling Catholic Riptide-IA	1:07.70	1:07.86
	30.49			1:07.86 (37.37)	
24	Hall, Kane	13	Ames Cyclone Aquatics Club-IA	1:09.86	1:07.88
	32.33			1:07.88 (35.55)	
25	Oosterhuis, Evan	14	North Side Swim Team-IA	1:07.11	1:08.45
	32.56			1:08.45 (35.89)	
26	Ortega, Ijah	13	Rams Swim Club-IA	1:07.23	1:09.38
	32.31			1:09.38 (37.07)	
27	Paul, Levi Paul	13	Johnston Blaze Swim Club-IA	1:11.17	1:10.35
	33.90			1:10.35 (36.45)	
28	Disterhoft, Fisher	14	North Side Swim Team-IA	1:12.55	1:11.62
	33.59			1:11.62 (38.03)	
29	Miller, Ty	13	Ames Cyclone Aquatics Club-IA	1:13.29	1:13.51
	35.18			1:13.51 (38.33)	
30	Briggs, Cooper	13	North Side Swim Team-IA	1:19.28	1:16.44
	36.94			1:16.44 (39.50)	
31	Williams, Blake	13	North Side Swim Team-IA	1:27.07	1:16.75
	37.02			1:16.75 (39.73)	
32	Clark, Hunter	14	Johnston Blaze Swim Club-IA	2:17.97	2:00.60
	52.59			2:00.60 (1:08.01)	
---	Buck, Garrett	14	Johnston Blaze Swim Club-IA	1:20.11	DQ 1:19.03
	False start				
	37.43			DQ 1:19.03 (41.60)	
---	Otis, Kasen	13	Des Moines Swimming Federation-IA	56.64	NS
---	Fertig, Jonah	14	Rams Swim Club-IA	58.97	SCR

Boys 13-14 200 Yard Freestyle

2:03.89 Q Champ Qualifying

Meet Qualifying: Slower than 2:03.89

	Name	Age	Team	Seed Time	Finals Time
1	LaMasters, Peter	14	Des Moines Swimming Federation-IA	2:05.75	2:07.02
	28.63			1:00.73 (32.10) 1:34.88 (34.15) 2:07.02 (32.14)	
2	Fertig, Jonah	14	Rams Swim Club-IA	2:09.91	2:07.14
	28.52			1:00.22 (31.70) 1:32.82 (32.60) 2:07.14 (34.32)	
3	Arnold, Westin	14	Dowling Catholic Riptide-IA	NT	2:11.64
	29.62			1:04.18 (34.56) 1:38.73 (34.55) 2:11.64 (32.91)	
4	Heitzman, Calvin	13	Central Iowa Aquatics-IA	2:19.00	2:13.31
	30.04			1:05.41 (35.37) 1:39.86 (34.45) 2:13.31 (33.45)	
5	Cunningham, Corban	13	North Side Swim Team-IA	2:16.02	2:13.47
	30.39			1:04.09 (33.70) 1:39.32 (35.23) 2:13.47 (34.15)	
6	Strosahl, Jonas	13	Ames Cyclone Aquatics Club-IA	2:15.17	2:15.71
	30.39			1:04.63 (34.24) 1:40.93 (36.30) 2:15.71 (34.78)	

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Results

(Boys 13-14 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
7 Allen, Dylan	13	Des Moines Swimming Federation-IA	2:32.33	2:22.32
32.45	1:08.80 (36.35)	1:46.69 (37.89)	2:22.32 (35.63)	
8 LeGrant, Levi	14	Des Moines Swimming Federation-IA	2:21.25	2:22.40
32.76	1:09.39 (36.63)	1:46.01 (36.62)	2:22.40 (36.39)	
9 Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	2:54.22	2:23.07
31.79	1:07.94 (36.15)	1:45.46 (37.52)	2:23.07 (37.61)	
10 Punt, Caleb	14	South East Aquatics-IA	2:33.60	2:27.80
32.27	1:09.70 (37.43)	1:49.93 (40.23)	2:27.80 (37.87)	
11 Cauterucci, Kole	14	North Side Swim Team-IA	2:25.98	2:27.86
32.89	1:09.67 (36.78)	1:49.09 (39.42)	2:27.86 (38.77)	
12 Lankford, Reef	13	Carroll Area Swim Team-IA	2:29.16	2:29.05
32.08	2:29.05 (1:56.97)			
13 Griffin, Jayden	13	Dowling Catholic Riptide-IA	2:30.93	2:29.58
32.93	1:12.46 (39.53)	1:52.96 (40.50)	2:29.58 (36.62)	
14 Cornwell, Connor	14	North Side Swim Team-IA	2:45.39	2:37.02
34.74	1:14.57 (39.83)	1:56.54 (41.97)	2:37.02 (40.48)	
15 Oosterhuis, Evan	14	North Side Swim Team-IA	2:38.63	2:37.68
34.98	1:15.59 (40.61)	1:59.62 (44.03)	2:37.68 (38.06)	
16 Hall, Kane	13	Ames Cyclone Aquatics Club-IA	NT	2:43.57
35.95	1:16.56 (40.61)	2:00.88 (44.32)	2:43.57 (42.69)	
17 Miller, Ty	13	Ames Cyclone Aquatics Club-IA	2:41.04	2:43.66
36.80	1:19.26 (42.46)	2:02.77 (43.51)	2:43.66 (40.89)	
18 Spillers, Raef	13	Ames Cyclone Aquatics Club-IA	2:56.51	2:45.99
34.76	1:15.68 (40.92)	2:01.69 (46.01)	2:45.99 (44.30)	
19 Buck, Garrett	14	Johnston Blaze Swim Club-IA	3:05.22	3:01.84
39.49	1:24.16 (44.67)	2:13.29 (49.13)	3:01.84 (48.55)	
20 Williams, Blake	13	North Side Swim Team-IA	3:34.30	3:11.17
38.42	1:24.16 (45.74)	2:14.13 (49.97)	3:11.17 (57.04)	

Boys 13-14 500 Yard Freestyle

5:33.89 Q Champ Qualifying

6:07.29 REG Regional Qualifying

Meet Qualifying: 5:33.90 - 6:07.29

Name	Age	Team	Seed Time	Finals Time
1 Gagov, Evan	14	Central Iowa Aquatics-IA	5:34.60	5:27.27 Q
27.88	1:00.57 (32.69)	1:34.49 (33.92)	2:08.96 (34.47)	
2:43.39 (34.43)	3:17.87 (34.48)	3:51.05 (33.18)	4:23.14 (32.09)	
4:56.30 (33.16)	5:27.27 (30.97)			
2 Artikov, Isaac	13	Des Moines Swimming Federation-IA	5:51.72	5:37.92 REG
31.45	1:04.96 (33.51)	1:39.27 (34.31)	2:13.80 (34.53)	
2:48.79 (34.99)	3:23.16 (34.37)	3:57.36 (34.20)	4:31.68 (34.32)	
5:05.61 (33.93)	5:37.92 (32.31)			
3 Voynov, Clive	13	Des Moines Swimming Federation-IA	5:49.96	5:44.11 REG
29.47	1:03.22 (33.75)	1:38.56 (35.34)	2:13.53 (34.97)	
2:48.16 (34.63)	3:23.69 (35.53)	3:58.54 (34.85)	4:33.45 (34.91)	
5:08.87 (35.42)	5:44.11 (35.24)			
4 LaMasters, Peter	14	Des Moines Swimming Federation-IA	5:38.99	5:47.79 REG
29.65	1:03.43 (33.78)	1:38.10 (34.67)	2:13.31 (35.21)	
2:49.53 (36.22)	3:25.57 (36.04)	4:01.79 (36.22)	4:37.20 (35.41)	
5:13.14 (35.94)	5:47.79 (34.65)			

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(Boys 13-14 500 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
5 Naylor, Carson	13	Central Iowa Aquatics-IA	5:32.85 L	6:11.06
32.56	1:10.28 (37.72)	1:48.52 (38.24)	2:27.37 (38.85)	
3:05.99 (38.62)	3:44.36 (38.37)	4:22.22 (37.86)	4:59.80 (37.58)	
5:36.34 (36.54)	6:11.06 (34.72)			
6 Strosahl, Jonas	13	Ames Cyclone Aquatics Club-IA	6:03.71	6:13.58
32.10	1:08.86 (36.76)	1:46.27 (37.41)	2:25.20 (38.93)	
3:04.42 (39.22)	3:42.91 (38.49)	4:21.70 (38.79)	4:59.95 (38.25)	
5:37.24 (37.29)	6:13.58 (36.34)			
7 Gray, Dominic	13	Greater Des Moines YMCA-IA	6:07.26	6:14.16
32.05	1:09.11 (37.06)	1:47.06 (37.95)	2:25.62 (38.56)	
3:03.57 (37.95)	3:42.46 (38.89)	4:20.99 (38.53)	4:59.73 (38.74)	
5:37.70 (37.97)	6:14.16 (36.46)			

Boys 13-14 1000 Yard Freestyle

11:37.09 13-14 Q Champ Qualifying

12:46.89 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 11:37.10 - 12:46.89

Name	Age	Team	Seed Time	Finals Time
1 Artikov, Isaac	13	Des Moines Swimming Federation-IA	11:48.36	11:32.34 Q
30.71	1:04.58 (33.87)	1:39.64 (35.06)	2:14.28 (34.64)	
2:49.31 (35.03)	3:24.19 (34.88)	3:58.91 (34.72)	4:34.22 (35.31)	
5:09.44 (35.22)	5:44.71 (35.27)	6:19.89 (35.18)	6:54.96 (35.07)	
7:30.08 (35.12)	8:05.58 (35.50)	8:40.58 (35.00)	9:15.67 (35.09)	
9:50.70 (35.03)	10:25.02 (34.32)	10:59.42 (34.40)	11:32.34 (32.92)	

Boys 13-14 100 Yard Backstroke

1:06.39 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.39

Name	Age	Team	Seed Time	Finals Time
1 Gagov, Evan	14	Central Iowa Aquatics-IA	1:06.75	1:02.63 Q
30.51	1:02.63 (32.12)			
2 Artikov, Isaac	13	Des Moines Swimming Federation-IA	1:07.80	1:06.34 Q
32.94	1:06.34 (33.40)			
3 Ha, Norman	13	North Side Swim Team-IA	1:10.52	1:09.99
33.83	1:09.99 (36.16)			
4 Strosahl, Jonas	13	Ames Cyclone Aquatics Club-IA	1:10.68	1:10.20
34.45	1:10.20 (35.75)			
5 Naylor, Carson	13	Central Iowa Aquatics-IA	1:12.66	1:11.68
35.42	1:11.68 (36.26)			
6 LaGier, Andy	13	Johnston Blaze Swim Club-IA	1:17.84	1:14.48
35.73	1:14.48 (38.75)			
7 Heitzman, Calvin	13	Central Iowa Aquatics-IA	1:14.14	1:14.55
36.31	1:14.55 (38.24)			
8 Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	1:17.67	1:14.86
36.45	1:14.86 (38.41)			
9 Allen, Dylan	13	Des Moines Swimming Federation-IA	1:17.72	1:15.04
36.94	1:15.04 (38.10)			
10 Punt, Caleb	14	South East Aquatics-IA	1:17.91	1:16.43
36.53	1:16.43 (39.90)			
11 Lankford, Reef	13	Carroll Area Swim Team-IA	1:20.90	1:16.46
12 Cauterucci, Kole	14	North Side Swim Team-IA	1:17.92	1:16.50
37.33	1:16.50 (39.17)			

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Results

(Boys 13-14 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
13 Oosterhuis, Evan	14	North Side Swim Team-IA	1:18.81	1:16.63
37.64	1:16.63 (38.99)			
14 Willrich, Ben	14	Des Moines Swimming Federation-IA	1:15.68	1:18.15
15 LeGrant, Levi	14	Des Moines Swimming Federation-IA	1:18.37	1:18.22
38.24	1:18.22 (39.98)			
16 Griffin, Jayden	13	Dowling Catholic Riptide-IA	1:15.90	1:18.81
37.79	1:18.81 (41.02)			
17 Ortega, Ijah	13	Rams Swim Club-IA	1:23.95	1:21.71
39.23	1:21.71 (42.48)			
18 Hall, Kane	13	Ames Cyclone Aquatics Club-IA	1:20.09	1:22.25
38.40	1:22.25 (43.85)			
19 Disterhoft, Fisher	14	North Side Swim Team-IA	1:21.89	1:25.40
41.21	1:25.40 (44.19)			
20 Cornwell, Connor	14	North Side Swim Team-IA	1:29.31	1:26.14
43.21	1:26.14 (42.93)			
21 Coonan, Quinn	13	Dowling Catholic Riptide-IA	1:28.75	1:26.89
43.55	1:26.89 (43.34)			
22 Spillers, Raef	13	Ames Cyclone Aquatics Club-IA	1:35.92	1:30.41
23 Miller, Ty	13	Ames Cyclone Aquatics Club-IA	NT	1:30.74
44.03	1:30.74 (46.71)			
24 Topf, Tiernan	13	North Side Swim Team-IA	1:47.99	1:42.01
48.29	1:42.01 (53.72)			
--- Buck, Garrett	14	Johnston Blaze Swim Club-IA	1:33.56	DQ 1:33.79
Delay initiating turn				
--- Clark, Hunter	14	Johnston Blaze Swim Club-IA	2:23.82	DQ 2:35.36
Shoulders past vertical toward breast				

Boys 13-14 200 Yard Backstroke

2:25.09 Q Champ Qualifying

2:46.89 REG Regional Qualifying

Meet Qualifying: 2:25.10 - 2:46.89

Name	Age	Team	Seed Time	Finals Time
1 Arnold, Westin	14	Dowling Catholic Riptide-IA	2:59.63 L	2:22.16 Q
32.12	1:08.93 (36.81)	1:46.93 (38.00)	2:22.16 (35.23)	
2 Gray, Dominic	13	Greater Des Moines YMCA-IA	2:29.66	2:29.41 REG
35.76	1:14.44 (38.68)	1:52.71 (38.27)	2:29.41 (36.70)	
3 Strosahl, Jonas	13	Ames Cyclone Aquatics Club-IA	2:38.54	2:31.23 REG
36.07	1:14.67 (38.60)	1:53.22 (38.55)	2:31.23 (38.01)	
4 Ha, Norman	13	North Side Swim Team-IA	2:35.83	2:31.81 REG
35.57	1:14.18 (38.61)	1:53.49 (39.31)	2:31.81 (38.32)	
--- Edgington, Tate	13	Des Moines Swimming Federation-IA	2:27.56	DQ 2:20.79
Delay initiating turn				
33.48	1:10.21 (36.73)	1:46.50 (36.29)	DQ 2:20.79 (34.29)	
--- Heffernan, Blake	13	Greater Des Moines YMCA-IA	2:29.77	NS

Boys 13-14 100 Yard Breaststroke

1:15.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:15.49

Name	Age	Team	Seed Time	Finals Time
1 Artikov, Isaac	13	Des Moines Swimming Federation-IA	1:16.17	1:13.33 Q
34.87	1:13.33 (38.46)			

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Results

(Boys 13-14 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
2 Lai, Joseph	13	North Side Swim Team-IA	1:17.10	1:15.17 Q
36.91	1:15.17 (38.26)			
3 Hanafi, Zayd	13	Mason City Swim Club-IA	1:17.00	1:16.40
36.46	1:16.40 (39.94)			
4 Heffernan, Blake	13	Greater Des Moines YMCA-IA	1:18.26	1:20.64
37.74	1:20.64 (42.90)			
5 LaMasters, Peter	14	Des Moines Swimming Federation-IA	1:20.47	1:21.13
37.50	1:21.13 (43.63)			
6 Gatzionis, Gregory	13	Greater Des Moines YMCA-IA	1:22.76	1:22.16
37.36	1:22.16 (44.80)			
7 Oosterhuis, Evan	14	North Side Swim Team-IA	1:20.78	1:23.20
39.51	1:23.20 (43.69)			
8 Savransky, Michael	14	Dowling Catholic Riptide-IA	1:38.37	1:24.39
37.05	1:24.39 (47.34)			
9 Hedding, Tommy	13	Dowling Catholic Riptide-IA	1:24.89	1:26.36
39.97	1:26.36 (46.39)			
10 Ortega, Ijah	13	Rams Swim Club-IA	1:28.69	1:26.66
40.54	1:26.66 (46.12)			
11 Cauterucci, Kole	14	North Side Swim Team-IA	1:27.78	1:28.77
42.60	1:28.77 (46.17)			
12 Naylor, Carson	13	Central Iowa Aquatics-IA	1:32.61	1:29.88
42.33	1:29.88 (47.55)			
13 Baker, Henry	14	Johnston Blaze Swim Club-IA	1:36.58	1:29.92
41.33	1:29.92 (48.59)			
14 Willrich, Ben	14	Des Moines Swimming Federation-IA	1:25.80	1:29.93
41.37	1:29.93 (48.56)			
15 Leder, Charlie	13	Dowling Catholic Riptide-IA	1:30.52	1:31.80
42.60	1:31.80 (49.20)			
16 Hall, Kane	13	Ames Cyclone Aquatics Club-IA	NT	1:42.53
46.87	1:42.53 (55.66)			
17 Miller, Ty	13	Ames Cyclone Aquatics Club-IA	1:54.74	1:47.82
49.82	1:47.82 (58.00)			
18 Williams, Blake	13	North Side Swim Team-IA	2:00.12	1:56.75
53.29	1:56.75 (1:03.46)			
--- Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	1:22.40	DQ 1:22.66
False start				
39.17	DQ 1:22.66 (43.49)			
--- Buck, Garrett	14	Johnston Blaze Swim Club-IA	NT	DQ 2:07.42
Scissors kick				
58.95	DQ 2:07.42 (1:08.47)			

Boys 13-14 200 Yard Breaststroke

2:43.99 Q Champ Qualifying

3:08.59 REG Regional Qualifying

Meet Qualifying: 2:44.00 - 3:08.59

Name	Age	Team	Seed Time	Finals Time
1 Artikov, Isaac	13	Des Moines Swimming Federation-IA	2:44.34	2:38.02 Q
35.06	1:15.05 (39.99)	1:56.59 (41.54)	2:38.02 (41.43)	
2 Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	2:56.61	2:54.09 REG
39.64	1:23.67 (44.03)	2:09.29 (45.62)	2:54.09 (44.80)	

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Results

(Boys 13-14 200 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	
3 Oosterhuis, Evan	14	North Side Swim Team-IA	2:53.74	2:57.04	REG
39.65	1:24.07 (44.42)	2:11.07 (47.00)	2:57.04 (45.97)		
4 Gatzionis, Gregory	13	Greater Des Moines YMCA-IA	3:00.05	3:00.95	REG
38.73	1:25.18 (46.45)	2:14.85 (49.67)	3:00.95 (46.10)		
5 Hedding, Tommy	13	Dowling Catholic Riptide-IA	3:07.79	3:09.34	
39.19	1:28.73 (49.54)	2:19.60 (50.87)	3:09.34 (49.74)		

Boys 13-14 100 Yard Butterfly

1:06.09 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.09

Name	Age	Team	Seed Time	Finals Time	
1 Edgington, Tate	13	Des Moines Swimming Federation-IA	1:08.41	1:05.94	Q
30.84	1:05.94 (35.10)				
2 Harris, Gage	13	Greater Des Moines YMCA-IA	1:06.47	1:06.91	
30.47	1:06.91 (36.44)				
3 Voynov, Clive	13	Des Moines Swimming Federation-IA	1:06.52	1:07.58	
30.62	1:07.58 (36.96)				
4 Lai, Joseph	13	North Side Swim Team-IA	1:10.84	1:11.25	
33.07	1:11.25 (38.18)				
5 Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	1:21.95	1:11.86	
33.66	1:11.86 (38.20)				
6 Heitzman, Calvin	13	Central Iowa Aquatics-IA	1:13.62	1:12.79	
32.16	1:12.79 (40.63)				
7 Cunningham, Corban	13	North Side Swim Team-IA	1:10.27	1:13.28	
34.67	1:13.28 (38.61)				
8 Cauterucci, Kole	14	North Side Swim Team-IA	1:19.58	1:21.99	
37.20	1:21.99 (44.79)				
9 Punt, Caleb	14	South East Aquatics-IA	1:23.85	1:23.01	
38.38	1:23.01 (44.63)				
10 Ha, Norman	13	North Side Swim Team-IA	1:16.22	1:25.39	
39.77	1:25.39 (45.62)				
11 Paul, Levi Paul	13	Johnston Blaze Swim Club-IA	1:23.18	1:26.09	
38.89	1:26.09 (47.20)				
12 Cornwell, Connor	14	North Side Swim Team-IA	1:31.80	1:26.28	
37.63	1:26.28 (48.65)				
13 Miller, Ty	13	Ames Cyclone Aquatics Club-IA	1:38.17	1:39.45	
44.40	1:39.45 (55.05)				
--- Heffernan, Blake	13	Greater Des Moines YMCA-IA	1:14.46		NS

Boys 13-14 200 Yard Butterfly

2:26.89 13-14 Q Champ Qualifying

2:48.99 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 2:26.90 - 2:48.99

Name	Age	Team	Seed Time	Finals Time	
1 Voynov, Clive	13	Des Moines Swimming Federation-IA	2:29.73	2:29.22	REG
32.43	1:11.28 (38.85)	1:51.99 (40.71)	2:29.22 (37.23)		

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Boys 13-14 200 Yard IM

2:21.69 Q Champ Qualifying

Meet Qualifying: Slower than 2:21.69

Name	Age	Team	Seed Time	Finals Time
1 Edgington, Tate	13	Des Moines Swimming Federation-IA	2:31.05	2:21.98
30.08	1:06.51 (36.43)	1:49.39 (42.88)	2:21.98 (32.59)	
2 Cunningham, Corban	13	North Side Swim Team-IA	2:38.63	2:26.02
31.58	1:10.38 (38.80)	1:52.76 (42.38)	2:26.02 (33.26)	
3 Heitzman, Calvin	13	Central Iowa Aquatics-IA	2:31.41	2:27.66
31.22	1:09.44 (38.22)	1:51.69 (42.25)	2:27.66 (35.97)	
4 Allen, Dylan	13	Des Moines Swimming Federation-IA	2:38.74	2:34.43
35.14	1:15.02 (39.88)	1:57.18 (42.16)	2:34.43 (37.25)	
5 Ha, Norman	13	North Side Swim Team-IA	2:36.36	2:34.66
35.30	1:15.22 (39.92)	1:58.91 (43.69)	2:34.66 (35.75)	
6 Vos, Atticus	13	Ames Cyclone Aquatics Club-IA	2:40.65	2:35.78
33.31	1:12.53 (39.22)	1:58.57 (46.04)	2:35.78 (37.21)	
7 Cauterucci, Kole	14	North Side Swim Team-IA	2:46.36	2:43.20
37.74	1:16.61 (38.87)	2:06.47 (49.86)	2:43.20 (36.73)	
8 Coonan, Quinn	13	Dowling Catholic Riptide-IA	3:01.82	2:59.19
39.83	1:26.43 (46.60)	2:17.39 (50.96)	2:59.19 (41.80)	
9 Miller, Ty	13	Ames Cyclone Aquatics Club-IA	3:14.76	3:12.12
42.24	1:33.79 (51.55)	2:32.58 (58.79)	3:12.12 (39.54)	
10 Cornwell, Connor	14	North Side Swim Team-IA	3:21.08	3:12.48
39.19	1:26.54 (47.35)	2:37.03 (1:10.49)	3:12.48 (35.45)	
--- Hall, Kane	13	Ames Cyclone Aquatics Club-IA	NT	DQ 3:05.36
Shoulders past vertical toward breast - back				
	1:26.67 ()	2:25.28 (58.61)	DQ 3:05.36 (40.08)	

Boys 13-14 400 Yard IM

5:17.09 13-14 Q Champ Qualifying

5:48.89 13-14 REG Regional Qualifying

Meet Qualifying 13-14: 5:17.10 - 5:48.89

Name	Age	Team	Seed Time	Finals Time
1 Otis, Kasen	13	Des Moines Swimming Federation-IA	5:17.74	5:06.84 Q
32.63	1:10.83 (38.20)	1:48.20 (37.37)	2:27.73 (39.53)	
3:13.77 (46.04)	4:00.67 (46.90)	4:33.49 (32.82)	5:06.84 (33.35)	
2 Cunningham, Corban	13	North Side Swim Team-IA	5:19.27	5:15.80 Q
33.66	1:13.67 (40.01)	1:53.86 (40.19)	2:32.76 (38.90)	
3:16.26 (43.50)	4:02.71 (46.45)	4:40.17 (37.46)	5:15.80 (35.63)	

Boys 13-14 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Des Moines Swimming Federation-IA	A	1:52.08	1:50.80
1) LaMasters, Peter 14	2) Voynov, Clive 13	3) Artikov, Isaac 13	4) Allen, Dylan 13
27.06	54.86 (27.80)	1:22.48 (27.62)	1:50.80 (28.32)
2 North Side Swim Team-IA	A	1:54.31	1:53.52
1) Ha, Norman 13	2) Oosterhuis, Evan 14	3) Cauterucci, Kole 14	4) Cunningham, Corban 13
27.78	57.95 (30.17)	1:27.30 (29.35)	1:53.52 (26.22)
3 Dowling Catholic Riptide-IA	A	1:57.34	1:56.08
1) Griffin, Jayden 13	2) Hedding, Tommy 13	3) Coonan, Quinn 13	4) Arnold, Westin 14
28.48	57.21 (28.73)	1:29.08 (31.87)	1:56.08 (27.00)

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 13-14 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
4 Ames Cyclone Aquatics Club-IA	A	2:03.88	2:00.32
1) Strosahl, Jonas 13	2) Vos, Atticus 13	3) Spillers, Raef 13	4) Hall, Kane 13
29.15	58.28 (29.13)	1:29.65 (31.37)	2:00.32 (30.67)
5 North Side Swim Team-IA	B	2:13.59	2:18.18
1) Cornwell, Connor 14	2) Williams, Blake 13	3) Topf, Tiernan 13	4) Disterhoft, Fisher 14
30.99	1:09.57 (38.58)	1:47.79 (38.22)	2:18.18 (30.39)

Boys 13-14 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Des Moines Swimming Federation	A	2:04.24	2:03.11
1) LaMasters, Peter 14	2) Artikov, Isaac 13	3) Edgington, Tate 13	4) Otis, Kasen 13
32.18	1:07.20 (35.02)	1:36.98 (29.78)	2:03.11 (26.13)
2 North Side Swim Team-IA	A	2:07.95	2:08.90
1) Cauterucci, Kole 14	2) Lai, Joseph 13	3) Cunningham, Corban 13	4) Ha, Norman 13
36.71	1:09.68 (32.97)	1:39.70 (30.02)	2:08.90 (29.20)
3 Dowling Catholic Riptide-IA	A	2:39.19	2:18.01
1) Savransky, Michael 14	2) Leder, Charlie 13	3) Hedding, Tommy 13	4) Arnold, Westin 14
37.93	1:51.53 ()	2:18.01 (26.48)	
4 North Side Swim Team-IA	B	2:39.56	2:28.25
1) Disterhoft, Fisher 14	2) Oosterhuis, Evan 14	3) Cornwell, Connor 14	4) Williams, Blake 13
37.24	1:15.38 (38.14)	1:53.72 (38.34)	2:28.25 (34.53)
--- Ames Cyclone Aquatics Club-IA	A	2:27.81	DQ 2:26.88
Early take-off swimmer #4			
1) Strosahl, Jonas 13	2) Vos, Atticus 13	3) Miller, Ty 13	4) Hall, Kane 13
33.76	1:11.76 (38.00)	1:56.08 (44.32)	DQ 2:26.88 (30.80)

Boys 15 & Over 50 Yard Freestyle

23.69 Q Champ Qualifying

Meet Qualifying: Slower than 23.69

Name	Age	Team	Seed Time	Finals Time
1 Ortega, Cooper	16	Rams Swim Club-IA	23.95	23.72
2 Honkamp, Andrew	15	Des Moines Swimming Federation-IA	23.82	23.82
3 Shcharansky, George	15	Life Time Iowa Swim Team-IA	27.36	23.87
4 Fertig, Jack	17	Rams Swim Club-IA	23.98	23.91
5 Emanuel, Drew	15	Des Moines Swimming Federation-IA	24.70	24.01
6 Monaghan, John	15	Central Iowa Aquatics-IA	24.88	25.24
7 Gaulke, Mason	15	South East Aquatics-IA	27.52	25.43
8 Rupprecht, Cooper	16	South East Aquatics-IA	26.10	25.60
9 Ortega, Zion	15	Rams Swim Club-IA	25.66	25.80
10 Grimes, Nolan	16	Des Moines Swimming Federation-IA	26.73	25.96
11 Sisul, Jac	16	South East Aquatics-IA	26.57	26.15
12 Spracklin, Ethan	15	Des Moines Swimming Federation-IA	25.45	26.39
13 Briggs, Colby	15	North Side Swim Team-IA	27.02	26.80
14 Smith, Kaleb	15	Des Moines Swimming Federation-IA	27.07	26.88
15 Disterhoft, Uriah	16	North Side Swim Team-IA	28.84	27.35
16 Moore, Quentin	15	Central Iowa Aquatics-IA	27.85	27.46
17 Rexroat, Tyson	17	North Side Swim Team-IA	27.47	27.54
18 Wigant, Kaegan	15	Dowling Catholic Riptide-IA	28.56	28.14
19 Oosterhuis, Alec	15	North Side Swim Team-IA	25.93	28.36
20 Duran Oropeza, Cesar	15	Dowling Catholic Riptide-IA	NT	31.95
--- Thomas, Ty	16	Carroll Area Swim Team-IA	24.00	NS

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Results

Boys 15 & Over 100 Yard Freestyle

51.89 Q Champ Qualifying

Meet Qualifying: Slower than 51.89

Name	Age	Team	Seed Time	Finals Time
1 Shcharansky, George 25.01	15	Life Time Iowa Swim Team-IA	56.51	52.48
	52.48 (27.47)			
2 Otis, Hudson 24.85	15	Des Moines Swimming Federation-IA	52.95	52.92
	52.92 (28.07)			
3 Monaghan, John 25.75	15	Central Iowa Aquatics-IA	54.10	53.92
	53.92 (28.17)			
4 Briggs, Colby 26.78	15	North Side Swim Team-IA	57.04	56.27
	56.27 (29.49)			
5 Ortega, Zion 26.71	15	Rams Swim Club-IA	57.62	56.94
	56.94 (30.23)			
6 Rupprecht, Cooper 26.50	16	South East Aquatics-IA	57.84	56.95
	56.95 (30.45)			
7 Grimes, Nolan 26.99	16	Des Moines Swimming Federation-IA	57.22	57.45
	57.45 (30.46)			
8 Sisul, Jac 27.43	16	South East Aquatics-IA	59.77	57.72
	57.72 (30.29)			
9 Young, Tanner	16	North Side Swim Team-IA	59.47	58.07
10 Moore, Quentin 28.13	15	Central Iowa Aquatics-IA	1:00.61	59.23
	59.23 (31.10)			
11 Oosterhuis, Alec 28.47	15	North Side Swim Team-IA	59.04	1:00.15
	1:00.15 (31.68)			
12 Smith, Kaleb 28.25	15	Des Moines Swimming Federation-IA	1:00.74	1:00.36
	1:00.36 (32.11)			
13 Green, Easton 29.02	16	Rams Swim Club-IA	1:04.31	1:00.63
	1:00.63 (31.61)			
14 Rexroat, Tyson 29.18	17	North Side Swim Team-IA	1:01.49	1:00.85
	1:00.85 (31.67)			
15 Disterhoft, Uriah 31.78	16	North Side Swim Team-IA	1:08.39	1:04.97
	1:04.97 (33.19)			
16 Duran Oropeza, Cesar 33.18	15	Dowling Catholic Riptide-IA	NT	1:10.79
	1:10.79 (37.61)			
--- Spracklin, Ethan	15	Des Moines Swimming Federation-IA	59.59	SCR

Boys 15 & Over 200 Yard Freestyle

1:53.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:53.99

Name	Age	Team	Seed Time	Finals Time
1 Emanuel, Drew 25.83	15	Des Moines Swimming Federation-IA	1:56.76	1:52.98 Q
	54.11 (28.28)	1:23.20 (29.09)	1:52.98 (29.78)	
2 Fertig, Jack 26.14	17	Rams Swim Club-IA	2:05.40	1:57.43
	55.28 (29.14)	1:26.49 (31.21)	1:57.43 (30.94)	
3 Otis, Hudson 26.34	15	Des Moines Swimming Federation-IA	2:01.26	1:57.85
	55.52 (29.18)	1:26.74 (31.22)	1:57.85 (31.11)	
4 Monaghan, John 27.03	15	Central Iowa Aquatics-IA	2:01.49	2:03.45
	58.01 (30.98)	1:30.69 (32.68)	2:03.45 (32.76)	
5 Troyer, Austin 27.93	16	North Side Swim Team-IA	2:05.99	2:04.06
	59.21 (31.28)	1:33.13 (33.92)	2:04.06 (30.93)	
6 Briggs, Colby 28.54	15	North Side Swim Team-IA	2:01.82	2:04.74
	1:00.31 (31.77)	1:33.38 (33.07)	2:04.74 (31.36)	

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 15 & Over 200 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
7 Gaulke, Mason	15	South East Aquatics-IA	2:23.80	2:05.93
27.75	59.44 (31.69)	1:32.83 (33.39)	2:05.93 (33.10)	
8 Rupperecht, Cooper	16	South East Aquatics-IA	2:14.00	2:08.82
27.59	1:00.03 (32.44)	1:34.95 (34.92)	2:08.82 (33.87)	
9 Grimes, Nolan	16	Des Moines Swimming Federation-IA	2:21.91	2:09.50
28.11	1:00.70 (32.59)	1:36.00 (35.30)	2:09.50 (33.50)	
10 Sisul, Jac	16	South East Aquatics-IA	2:20.56	2:09.95
29.20	1:01.87 (32.67)	2:09.95 (1:08.08)		
11 Moore, Quentin	15	Central Iowa Aquatics-IA	2:16.99	2:12.36
29.25	1:02.93 (33.68)	1:38.16 (35.23)	2:12.36 (34.20)	
12 Smith, Kaleb	15	Des Moines Swimming Federation-IA	2:14.12	2:13.89
29.58	1:04.58 (35.00)	1:40.92 (36.34)	2:13.89 (32.97)	
13 Oosterhuis, Alec	15	North Side Swim Team-IA	2:18.48	2:13.99
29.46	1:04.21 (34.75)	1:39.85 (35.64)	2:13.99 (34.14)	

Men 15 & Over 500 Yard Freestyle

5:15.99 15&0 Q Champ Qualifying

5:47.59 15&0 REG Regional Qualifying

Meet Qualifying 15&0: 5:16.00 - 5:47.59

Name	Age	Team	Seed Time	Finals Time
1 Jean, Brock	15	Greater Des Moines YMCA-IA	5:37.22	5:46.23 REG
30.89	1:04.54 (33.65)	1:39.17 (34.63)	2:14.70 (35.53)	
2:50.87 (36.17)	3:26.61 (35.74)	4:02.36 (35.75)	4:37.79 (35.43)	
5:12.58 (34.79)	5:46.23 (33.65)			
--- Strosahl, Solomon	16	Ames Cyclone Aquatics Club-IA	5:31.56	NS

Boys 15 & Over 100 Yard Backstroke

58.59 Q Champ Qualifying

Meet Qualifying: Slower than 58.59

Name	Age	Team	Seed Time	Finals Time
1 Otis, Hudson	15	Des Moines Swimming Federation-IA	58.63	58.17 Q
28.01	58.17 (30.16)			
2 Honkamp, Andrew	15	Des Moines Swimming Federation-IA	59.13	59.41
28.70	59.41 (30.71)			
3 Ortega, Cooper	16	Rams Swim Club-IA	1:02.62	59.54
28.24	59.54 (31.30)			
4 Shcharansky, George	15	Life Time Iowa Swim Team-IA	1:08.57	1:04.95
31.35	1:04.95 (33.60)			
5 Briggs, Colby	15	North Side Swim Team-IA	1:06.17	1:06.71
32.70	1:06.71 (34.01)			
6 Gaulke, Mason	15	South East Aquatics-IA	1:11.16	1:07.17
32.49	1:07.17 (34.68)			
7 Troyer, Austin	16	North Side Swim Team-IA	1:06.26	1:07.51
33.09	1:07.51 (34.42)			
*8 Grimes, Nolan	16	Des Moines Swimming Federation-IA	1:10.16	1:09.04
33.30	1:09.04 (35.74)			
*8 Wigant, Kaegan	15	Dowling Catholic Riptide-IA	1:12.96	1:09.04
33.66	1:09.04 (35.38)			
10 Spracklin, Ethan	15	Des Moines Swimming Federation-IA	1:12.96	1:10.27
34.37	1:10.27 (35.90)			
11 Smith, Kaleb	15	Des Moines Swimming Federation-IA	1:11.25	1:10.64
33.75	1:10.64 (36.89)			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Results

(Boys 15 & Over 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
12 Sisul, Jac	16	South East Aquatics-IA	1:10.90	1:11.57
			34.03	1:11.57 (37.54)
13 Ortega, Zion	15	Rams Swim Club-IA	1:15.10	1:12.89
			35.23	1:12.89 (37.66)
14 Rexroat, Tyson	17	North Side Swim Team-IA	1:17.62	1:16.51
			36.09	1:16.51 (40.42)
--- Thomas, Ty	16	Carroll Area Swim Team-IA	1:04.01	NS

Men 15 & Over 200 Yard Backstroke

2:13.89 15&O Q Champ Qualifying

2:33.99 15&O REG Regional Qualifying

Meet Qualifying 15&O: 2:13.90 - 2:33.99

Name	Age	Team	Seed Time	Finals Time
1 Gleason, Britt	17	Des Moines Swimming Federation-IA	2:23.26	2:16.28 REG
			30.01	1:03.65 (33.64) 1:39.24 (35.59) 2:16.28 (37.04)
2 Briggs, Colby	15	North Side Swim Team-IA	2:21.00	2:19.35 REG
			32.34	1:07.54 (35.20) 1:43.99 (36.45) 2:19.35 (35.36)
3 Smith, Kaleb	15	Des Moines Swimming Federation-IA	2:32.05	2:30.66 REG
			34.42	1:12.34 (37.92) 1:52.28 (39.94) 2:30.66 (38.38)

Boys 15 & Over 100 Yard Breaststroke

1:06.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.49

Name	Age	Team	Seed Time	Finals Time
1 Moore, Quentin	15	Central Iowa Aquatics-IA	1:09.15	1:07.45
			32.37	1:07.45 (35.08)
2 Rupprecht, Cooper	16	South East Aquatics-IA	1:08.95	1:07.51
			31.30	1:07.51 (36.21)
3 Otis, Hudson	15	Des Moines Swimming Federation-IA	1:11.59	1:09.20
			32.33	1:09.20 (36.87)
4 Monaghan, John	15	Central Iowa Aquatics-IA	1:12.02	1:12.68
			34.48	1:12.68 (38.20)
5 Rexroat, Tyson	17	North Side Swim Team-IA	1:14.95	1:14.16
			35.50	1:14.16 (38.66)
6 Nguyen, David	15	Dowling Catholic Riptide-IA	1:12.85	1:15.75
			35.32	1:15.75 (40.43)
7 Sisul, Jac	16	South East Aquatics-IA	1:23.82	1:17.97
			36.24	1:17.97 (41.73)
8 Grimes, Nolan	16	Des Moines Swimming Federation-IA	1:23.15	1:22.27
			39.24	1:22.27 (43.03)
9 Ortega, Zion	15	Rams Swim Club-IA	1:21.79	1:22.53
			36.57	1:22.53 (45.96)
10 Oosterhuis, Alec	15	North Side Swim Team-IA	1:26.27	1:29.67
			40.35	1:29.67 (49.32)
--- Green, Easton	16	Rams Swim Club-IA	1:33.08	DQ 1:23.63
			38.86	DQ 1:23.63 (44.77)
--- DeJong, Eli	15	Des Moines Swimming Federation-IA	1:10.74	NS

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****Boys 15 & Over 200 Yard Breaststroke****2:30.59 Q Champ Qualifying****2:52.99 REG Regional Qualifying****Meet Qualifying: 2:30.60 - 2:52.99**

	Name	Age	Team	Seed Time	Finals Time	
1	DeJong, Eli	15	Des Moines Swimming Federation-IA	3:08.99L	2:30.09	Q
	33.42	1:11.42 (38.00)	1:50.59 (39.17)	2:30.09 (39.50)		
2	Moore, Quentin	15	Central Iowa Aquatics-IA	2:32.17	2:32.39	REG
	33.48	1:12.84 (39.36)	1:52.38 (39.54)	2:32.39 (40.01)		
3	Wigant, Kaegan	15	Dowling Catholic Riptide-IA	2:41.57	2:33.41	REG
	33.50	1:12.40 (38.90)	1:53.07 (40.67)	2:33.41 (40.34)		
4	Spracklin, Ethan	15	Des Moines Swimming Federation-IA	2:39.89	2:42.66	REG
	36.72	1:17.44 (40.72)	2:00.29 (42.85)	2:42.66 (42.37)		
5	Nguyen, David	15	Dowling Catholic Riptide-IA	2:40.87	2:52.06	REG
	36.51	1:19.84 (43.33)	2:05.65 (45.81)	2:52.06 (46.41)		

Boys 15 & Over 100 Yard Butterfly**57.89 Q Champ Qualifying****Meet Qualifying: Slower than 57.89**

	Name	Age	Team	Seed Time	Finals Time	
1	Monaghan, John	15	Central Iowa Aquatics-IA	59.73	59.96	
	28.71	59.96 (31.25)				
2	Otis, Hudson	15	Des Moines Swimming Federation-IA	1:04.93	1:01.38	
	28.12	1:01.38 (33.26)				
3	Shcharansky, George	15	Life Time Iowa Swim Team-IA	NT	1:01.75	
	27.52	1:01.75 (34.23)				
4	Jean, Brock	15	Greater Des Moines YMCA-IA	1:02.75	1:02.08	
	30.37	1:02.08 (31.71)				
5	Sisul, Jac	16	South East Aquatics-IA	1:08.44	1:06.03	
	29.78	1:06.03 (36.25)				
6	Young, Tanner	16	North Side Swim Team-IA	1:05.61	1:06.33	
	29.24	1:06.33 (37.09)				
7	Gleason, Britt	17	Des Moines Swimming Federation-IA	1:08.01	1:06.72	
	29.45	1:06.72 (37.27)				
8	Grimes, Nolan	16	Des Moines Swimming Federation-IA	1:09.88	1:07.08	
	30.13	1:07.08 (36.95)				
9	Oosterhuis, Alec	15	North Side Swim Team-IA	1:06.90	1:07.58	
	29.62	1:07.58 (37.96)				
10	Green, Easton	16	Rams Swim Club-IA	1:23.76	1:12.69	
	33.11	1:12.69 (39.58)				
11	Smith, Kaleb	15	Des Moines Swimming Federation-IA	1:13.54	1:14.25	
	34.08	1:14.25 (40.17)				
12	Moore, Quentin	15	Central Iowa Aquatics-IA	1:21.38	1:22.91	
	37.10	1:22.91 (45.81)				
13	Duran Oropeza, Cesar	15	Dowling Catholic Riptide-IA	NT	1:35.34	
	41.35	1:35.34 (53.99)				
---	Strosahl, Solomon	16	Ames Cyclone Aquatics Club-IA	1:00.18		NS
---	DeJong, Eli	15	Des Moines Swimming Federation-IA	1:01.58		NS

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Results

Men 15 & Over 200 Yard Butterfly

2:15.19 15&O Q Champ Qualifying

2:35.49 15&O REG Regional Qualifying

Meet Qualifying 15&O: 2:15.20 - 2:35.49

Name	Age	Team	Seed Time	Finals Time
1 Emanuel, Drew	15	Des Moines Swimming Federation-IA	2:48.57 L	2:14.08 Q
29.17	1:02.96 (33.79)	1:38.66 (35.70)	2:14.08 (35.42)	
2 Strosahl, Solomon	16	Ames Cyclone Aquatics Club-IA	2:16.03	2:15.78 REG
28.28	1:01.87 (33.59)	1:38.47 (36.60)	2:15.78 (37.31)	

Boys 15 & Over 200 Yard IM

2:10.89 Q Champ Qualifying

Meet Qualifying: Slower than 2:10.89

Name	Age	Team	Seed Time	Finals Time
1 Otis, Hudson	15	Des Moines Swimming Federation-IA	2:12.55	2:10.22 Q
27.72	1:00.14 (32.42)	1:39.82 (39.68)	2:10.22 (30.40)	
2 Strosahl, Solomon	16	Ames Cyclone Aquatics Club-IA	2:17.25	2:13.86
27.39	1:00.61 (33.22)	1:41.80 (41.19)	2:13.86 (32.06)	
3 Monaghan, John	15	Central Iowa Aquatics-IA	2:26.64	2:17.12
28.73	1:05.12 (36.39)	1:45.68 (40.56)	2:17.12 (31.44)	
4 Gaulke, Mason	15	South East Aquatics-IA	2:35.95	2:17.65
29.35	1:04.53 (35.18)	1:44.71 (40.18)	2:17.65 (32.94)	
5 Troyer, Austin	16	North Side Swim Team-IA	2:23.66	2:20.35
28.33	1:04.65 (36.32)	1:48.95 (44.30)	2:20.35 (31.40)	
6 Spracklin, Ethan	15	Des Moines Swimming Federation-IA	2:32.17	2:21.21
30.42	1:06.29 (35.87)	1:47.15 (40.86)	2:21.21 (34.06)	
7 Briggs, Colby	15	North Side Swim Team-IA	2:28.26	2:22.88
32.09	1:06.28 (34.19)	1:52.07 (45.79)	2:22.88 (30.81)	
8 Sisul, Jac	16	South East Aquatics-IA	2:32.57	2:25.28
29.53	1:08.58 (39.05)	1:53.66 (45.08)	2:25.28 (31.62)	
9 Oosterhuis, Alec	15	North Side Swim Team-IA	2:37.42	2:42.32
30.26	1:14.58 (44.32)	2:06.39 (51.81)	2:42.32 (35.93)	

Men 15 & Over 400 Yard IM

4:42.09 15&O Q Champ Qualifying

5:10.39 15&O REG Regional Qualifying

Meet Qualifying 15&O: 4:42.10 - 5:10.39

Name	Age	Team	Seed Time	Finals Time
--- Otis, Hudson	15	Des Moines Swimming Federation-IA	4:51.00	NS

Boys 15 & Over 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Des Moines Swimming Federatio	A	1:39.17	1:39.35
1) Honkamp, Andrew 15	2) Emanuel, Drew 15	3) Otis, Hudson 15	4) Smith, Kaleb 15
23.61	48.75 (25.14)	1:12.62 (23.87)	1:39.35 (26.73)
2 North Side Swim Team-IA	A	1:49.26	1:48.87
1) Oosterhuis, Alec 15	2) Disterhoft, Uriah 16	3) Rexroat, Tyson 17	4) Briggs, Colby 15
27.64	54.97 (27.33)	1:23.02 (28.05)	1:48.87 (25.85)

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Results****Boys 15 & Over 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 North Side Swim Team-IA	A	1:57.38	2:00.82
1) Briggs, Colby 15	2) Rexroat, Tyson 17	3) Oosterhuis, Alec 15	4) Young, Tanner 16
30.86	1:05.18 (34.32)	1:34.94 (29.76)	2:00.82 (25.88)
--- Des Moines Swimming Federatio	A	1:50.10	SCR
1) Otis, Hudson 15	2) Spracklin, Ethan 15	3) DeJong, Eli 15	4) Gleason, Britt 17

Mixed 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Driscoll, Rylee	12	Mason City Swim Club-IA	NT	35.08

Mixed 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Smith, Ella	12	Des Moines Swimming Federation-IA	NT	1:28.24

Mixed 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Holms, Donny	12	Johnston Blaze Swim Club-IA	NT	35.70