

**2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023****Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA \* Des Moines, IA \* 25 yard course****Session Report**

Session: 1 Saturday Morning - 10 &amp; Under / 11 &amp; 12

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 100 Freestyle	62	7	08:30 AM	_____
Finals	2 Boys 11-12 100 Freestyle	41	5	08:43 AM	_____
Finals	3 Girls 11-12 400 IM	0	0	08:53 AM	_____
Finals	4 Boys 11-12 400 IM	0	0	08:53 AM	_____
Finals	5 Girls 10 & Under 100 Freestyle	43	5	08:53 AM	_____
Finals	6 Boys 10 & Under 100 Freestyle	32	4	09:03 AM	_____
Finals	7 Girls 11-12 100 Breaststroke	32	4	09:12 AM	_____
Finals	8 Boys 11-12 100 Breaststroke	26	3	09:21 AM	_____
Finals	9 Girls 10 & Under 50 Breaststroke	42	5	09:28 AM	_____
Finals	10 Boys 10 & Under 50 Breaststroke	25	3	09:35 AM	_____
Finals	11 Girls 11-12 200 Backstroke	7	1	09:40 AM	_____
Finals	12 Boys 11-12 200 Backstroke	6	1	09:43 AM	_____
Finals	13 Girls 10 & Under 100 Backstroke	30	3	09:47 AM	_____
Finals	14 Boys 10 & Under 100 Backstroke	20	2	09:55 AM	_____
Finals	15 Girls 11-12 50 Butterfly	32	4	10:00 AM	_____
Finals	16 Boys 11-12 50 Butterfly	22	3	10:05 AM	_____
Finals	17 Girls 10 & Under 50 Butterfly	25	3	10:09 AM	_____
Finals	18 Boys 10 & Under 50 Butterfly	17	2	10:13 AM	_____
Finals	19 Girls 11-12 100 IM	45	5	10:15 AM	_____
Finals	20 Boys 11-12 100 IM	24	3	10:26 AM	_____
Finals	21 Girls 10 & Under 100 IM	42	5	10:32 AM	_____
Finals	22 Boys 10 & Under 100 IM	23	3	10:43 AM	_____
Finals	23 Girls 11-12 50 Backstroke	61	7	10:51 AM	_____
Finals	24 Boys 11-12 50 Backstroke	44	5	11:01 AM	_____
Finals	25 Girls 11-12 200 Butterfly	0	0	11:08 AM	_____
Finals	26 Boys 11-12 200 Butterfly	0	0	11:08 AM	_____
Finals	27 Girls 10 & Under 200 Medley Relay	11	2	11:08 AM	_____
Finals	28 Boys 10 & Under 200 Medley Relay	7	1	11:16 AM	_____
Finals	29 Girls 11-12 200 Medley Relay	15	2	11:21 AM	_____
Finals	30 Boys 11-12 200 Medley Relay	6	1	11:28 AM	_____
Finals	31 Mixed 10 & Under 500 Freestyle	5	1	11:32 AM	_____
Finals	32 Boys 10 & Under 500 Freestyle	0	0	11:41 AM	_____
Finals	33 Mixed 11-12 500 Freestyle	6	1	11:41 AM	_____
Finals	34 Boys 11-12 500 Freestyle	0	0	11:49 AM	_____
	Swimmers Counts for Warm-ups: 247	====	====		
	Entry / Heat Totals:	751	91		
	Finish Time			11:49 AM	_____