

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Session Report**

Session: 4 Sunday Morning - 10 & Under / 11 & 12

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	87 Girls 11-12 50 Freestyle	67	7	08:30 AM	_____
Finals	88 Boys 11-12 50 Freestyle	37	4	08:38 AM	_____
Finals	89 Girls 10 & Under 50 Freestyle	68	7	08:42 AM	_____
Finals	90 Boys 10 & Under 50 Freestyle	45	5	08:50 AM	_____
Finals	91 Girls 11-12 200 IM	12	2	08:56 AM	_____
Finals	92 Boys 11-12 200 IM	4	1	09:03 AM	_____
Finals	93 Girls 10 & Under 200 IM	7	1	09:07 AM	_____
Finals	94 Boys 10 & Under 200 IM	5	1	09:10 AM	_____
Finals	95 Girls 11-12 200 Breaststroke	11	2	09:15 AM	_____
Finals	96 Boys 11-12 200 Breaststroke	2	1	09:22 AM	_____
Finals	97 Girls 10 & Under 100 Breaststroke	31	4	09:26 AM	_____
Finals	98 Boys 10 & Under 100 Breaststroke	21	3	09:36 AM	_____
Finals	99 Girls 11-12 100 Backstroke	39	4	09:43 AM	_____
Finals	100 Boys 11-12 100 Backstroke	32	4	09:53 AM	_____
Finals	101 Girls 10 & Under 50 Backstroke	63	7	10:02 AM	_____
Finals	102 Boys 10 & Under 50 Backstroke	39	4	10:13 AM	_____
Finals	103 Girls 11-12 100 Butterfly	7	1	10:19 AM	_____
Finals	104 Boys 11-12 100 Butterfly	5	1	10:21 AM	_____
Finals	105 Girls 10 & Under 100 Butterfly	4	1	10:23 AM	_____
Finals	106 Boys 10 & Under 100 Butterfly	4	1	10:25 AM	_____
Finals	107 Girls 11-12 200 Freestyle	23	3	10:28 AM	_____
Finals	108 Boys 11-12 200 Freestyle	16	2	10:39 AM	_____
Finals	109 Girls 10 & Under 200 Freestyle	17	2	10:46 AM	_____
Finals	110 Boys 10 & Under 200 Freestyle	12	2	10:54 AM	_____
Finals	111 Girls 11-12 50 Breaststroke	48	5	11:02 AM	_____
Finals	112 Boys 11-12 50 Breaststroke	28	3	11:09 AM	_____
Finals	113 Girls 10 & Under 200 Freestyle Relay	10	1	11:13 AM	_____
Finals	114 Boys 10 & Under 200 Freestyle Relay	7	1	11:17 AM	_____
Finals	115 Girls 11-12 200 Freestyle Relay	14	2	11:20 AM	_____
Finals	116 Boys 11-12 200 Freestyle Relay	5	1	11:26 AM	_____
Finals	117 Girls 11-12 1000 Freestyle	0	0	11:29 AM	_____
Finals	118 Boys 11-12 1000 Freestyle	4	1	11:29 AM	_____
	Swimmers Counts for Warm-ups: 256	=====	=====		
	Entry / Heat Totals:	687	84		
	Finish Time			11:44 AM	_____