

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023**Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA * Des Moines, IA * 25 yard course****Session Report**

Session: 5 Sunday Afternoon - 13 & 14 / 15 & Over

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	119 Girls 13-14 200 IM	22	3	01:00 PM	_____
Finals	120 Boys 13-14 200 IM	11	2	01:11 PM	_____
Finals	121 Girls 15 & Over 200 IM	10	1	01:18 PM	_____
Finals	122 Boys 15 & Over 200 IM	9	1	01:21 PM	_____
Finals	123 Girls 13-14 50 Freestyle	35	4	01:24 PM	_____
Finals	124 Boys 13-14 50 Freestyle	28	3	01:28 PM	_____
Finals	125 Girls 15 & Over 50 Freestyle	22	3	01:30 PM	_____
Finals	126 Boys 15 & Over 50 Freestyle	21	3	01:33 PM	_____
Finals	127 Girls 13-14 200 Breaststroke	6	1	01:36 PM	_____
Finals	128 Boys 13-14 200 Breaststroke	5	1	01:39 PM	_____
Finals	129 Girls 15 & Over 200 Breaststroke	5	1	01:42 PM	_____
Finals	130 Boys 15 & Over 200 Breaststroke	5	1	01:46 PM	_____
Finals	131 Girls 13-14 100 Backstroke	33	4	01:49 PM	_____
Finals	132 Boys 13-14 100 Backstroke	26	3	01:58 PM	_____
Finals	133 Girls 15 & Over 100 Backstroke	12	2	02:05 PM	_____
Finals	134 Boys 15 & Over 100 Backstroke	15	2	02:09 PM	_____
Finals	135 Girls 13-14 200 Freestyle	36	4	02:13 PM	_____
Finals	136 Boys 13-14 200 Freestyle	20	2	02:26 PM	_____
Finals	137 Girls 15 & Over 200 Freestyle	16	2	02:32 PM	_____
Finals	138 Boys 15 & Over 200 Freestyle	13	2	02:40 PM	_____
Finals	139 Mixed 13 & Over 200 Butterfly	4	1	02:45 PM	_____
Finals	140 Boys 13-14 200 Butterfly	0	0	02:48 PM	_____
Finals	141 Mixed 15 & Over 200 Butterfly	0	0	02:48 PM	_____
Finals	142 Boys 15 & Over 200 Butterfly	0	0	02:48 PM	_____
Finals	143 Girls 13-14 200 Freestyle Relay	6	1	02:48 PM	_____
Finals	144 Boys 13-14 200 Freestyle Relay	5	1	02:50 PM	_____
Finals	145 Girls 15 & Over 200 Freestyle Relay	2	1	02:53 PM	_____
Finals	146 Boys 15 & Over 200 Freestyle Relay	2	1	02:55 PM	_____
	Break: 5 Minutes:				
Finals	147 Mixed 13 & Over 1000 Freestyle	2	1	03:02 PM	_____
Finals	148 Boys 13-14 1000 Freestyle	0	0	03:15 PM	_____
Finals	149 Mixed 15 & Over 1000 Freestyle	0	0	03:15 PM	_____
Finals	150 Boys 15 & Over 1000 Freestyle	0	0	03:15 PM	_____
Finals	151 Mixed 13 & Over 1650 Freestyle	1	1	03:15 PM	_____
Finals	152 Boys 13-14 1650 Freestyle	0	0	03:36 PM	_____
Finals	153 Mixed 15 & Over 1650 Freestyle	0	0	03:36 PM	_____
Finals	154 Boys 15 & Over 1650 Freestyle	0	0	03:36 PM	_____
	Swimmers Counts for Warm-ups: 138	=====	=====		
	Entry / Heat Totals:	372	52		
	Finish Time			03:36 PM	_____