

2022 IA Midwest All Stars - 1/15/2022 to 1/16/2022**Prairie Meadows Pool, Sanction #: IA-22-031****Wellmark YMCA * Des Moines, IA * 25 Yard Course****Session Report**

Session: 1 Saturday AM

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 200 Freestyle	28	3	09:00 AM	_____
Finals	2 Boys 10 & Under 200 Freestyle	28	3	09:10 AM	_____
Finals	3 Girls 11-12 200 Freestyle	30	3	09:19 AM	_____
Finals	4 Boys 11-12 200 Freestyle	28	3	09:27 AM	_____
Finals	5 Girls 13-14 200 Freestyle	30	3	09:35 AM	_____
Finals	6 Boys 13-14 200 Freestyle	25	3	09:42 AM	_____
Finals	7 Girls 10 & Under 100 Breaststroke	29	3	09:49 AM	_____
Finals	8 Boys 10 & Under 100 Breaststroke	29	3	09:56 AM	_____
Finals	9 Girls 11-12 100 Breaststroke	30	3	10:02 AM	_____
Finals	10 Boys 11-12 100 Breaststroke	27	3	10:07 AM	_____
Finals	11 Girls 13-14 200 Breaststroke	29	3	10:12 AM	_____
Finals	12 Boys 13-14 200 Breaststroke	27	3	10:21 AM	_____
Finals	13 Girls 10 & Under 50 Butterfly	30	3	10:31 AM	_____
Finals	14 Boys 10 & Under 50 Butterfly	28	3	10:34 AM	_____
Finals	15 Girls 11-12 50 Butterfly	30	3	10:37 AM	_____
Finals	16 Boys 11-12 50 Butterfly	27	3	10:39 AM	_____
Finals	17 Girls 13-14 100 Butterfly	30	3	10:42 AM	_____
Finals	18 Boys 13-14 100 Butterfly	25	3	10:46 AM	_____
Finals	19 Girls 10 & Under 100 Backstroke	26	3	10:50 AM	_____
Finals	20 Boys 10 & Under 100 Backstroke	29	3	10:56 AM	_____
Finals	21 Girls 11-12 100 Backstroke	30	3	11:03 AM	_____
Finals	22 Boys 11-12 100 Backstroke	29	3	11:08 AM	_____
Finals	23 Girls 13-14 200 Backstroke	30	3	11:14 AM	_____
Finals	24 Boys 13-14 200 Backstroke	25	3	11:23 AM	_____
Finals	25 Girls 10 & Under 200 Medley Relay	11	2	11:31 AM	_____
Finals	26 Boys 10 & Under 200 Medley Relay	11	2	11:38 AM	_____
Finals	27 Girls 11-12 200 Medley Relay	12	2	11:44 AM	_____
Finals	28 Boys 11-12 200 Medley Relay	11	2	11:49 AM	_____
Finals	29 Girls 13-14 400 Medley Relay	12	2	11:55 AM	_____
Finals	30 Boys 13-14 400 Medley Relay	10	2	12:05 PM	_____
	Swimmers Counts for Warm-ups: 358	=====	=====		
	Entry / Heat Totals:	746	84		
	Finish Time			12:14 PM	_____

2022 IA Midwest All Stars - 1/15/2022 to 1/16/2022**Prairie Meadows Pool, Sanction #: IA-22-031****Wellmark YMCA * Des Moines, IA * 25 Yard Course****Session Report**

Session: 2 Saturday PM

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	31 Girls 11-12 500 Freestyle	30	3	05:30 PM	_____
Finals	32 Boys 11-12 500 Freestyle	26	3	05:50 PM	_____
Finals	33 Girls 10 & Under 100 IM	30	3	06:09 PM	_____
Finals	34 Boys 10 & Under 100 IM	30	3	06:15 PM	_____
Finals	35 Girls 11-12 100 IM	30	3	06:20 PM	_____
Finals	36 Boys 11-12 100 IM	29	3	06:25 PM	_____
Finals	37 Girls 13-14 200 IM	30	3	06:30 PM	_____
Finals	38 Boys 13-14 200 IM	25	3	06:38 PM	_____
Finals	39 Girls 10 & Under 50 Backstroke	29	3	06:45 PM	_____
Finals	40 Boys 10 & Under 50 Backstroke	29	3	06:49 PM	_____
Finals	41 Girls 11-12 50 Backstroke	30	3	06:53 PM	_____
Finals	42 Boys 11-12 50 Backstroke	30	3	06:56 PM	_____
Finals	43 Girls 13-14 100 Backstroke	30	3	07:00 PM	_____
Finals	44 Boys 13-14 100 Backstroke	25	3	07:05 PM	_____
Finals	45 Girls 10 & Under 50 Freestyle	30	3	07:10 PM	_____
Finals	46 Boys 10 & Under 50 Freestyle	29	3	07:12 PM	_____
Finals	47 Girls 11-12 50 Freestyle	30	3	07:15 PM	_____
Finals	48 Boys 11-12 50 Freestyle	28	3	07:17 PM	_____
Finals	49 Girls 13-14 50 Freestyle	30	3	07:20 PM	_____
Finals	50 Boys 13-14 50 Freestyle	27	3	07:22 PM	_____
	Break: 5 Minutes:				
Finals	51 Girls 13-14 500 Freestyle	30	3	07:30 PM	_____
Finals	52 Boys 13-14 500 Freestyle	24	3	07:47 PM	_____
	Swimmers Counts for Warm-ups: 315	=====	=====		
	Entry / Heat Totals:	631	66		
	Finish Time			08:05 PM	_____

2022 IA Midwest All Stars - 1/15/2022 to 1/16/2022**Prairie Meadows Pool, Sanction #: IA-22-031****Wellmark YMCA * Des Moines, IA * 25 Yard Course****Session Report**

Session: 3 Sunday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	53 Girls 10 & Under 200 IM	27	3	09:00 AM	_____
Finals	54 Boys 10 & Under 200 IM	28	3	09:11 AM	_____
Finals	55 Girls 11-12 200 IM	30	3	09:21 AM	_____
Finals	56 Boys 11-12 200 IM	28	3	09:30 AM	_____
Finals	57 Girls 13-14 400 IM	30	3	09:39 AM	_____
Finals	58 Boys 13-14 400 IM	25	3	09:56 AM	_____
Finals	59 Girls 10 & Under 100 Freestyle	30	3	10:11 AM	_____
Finals	60 Boys 10 & Under 100 Freestyle	30	3	10:16 AM	_____
Finals	61 Girls 11-12 100 Freestyle	30	3	10:21 AM	_____
Finals	62 Boys 11-12 100 Freestyle	29	3	10:25 AM	_____
Finals	63 Girls 13-14 100 Freestyle	30	3	10:29 AM	_____
Finals	64 Boys 13-14 100 Freestyle	27	3	10:33 AM	_____
Finals	65 Girls 10 & Under 50 Breaststroke	28	3	10:37 AM	_____
Finals	66 Boys 10 & Under 50 Breaststroke	30	3	10:41 AM	_____
Finals	67 Girls 11-12 50 Breaststroke	30	3	10:44 AM	_____
Finals	68 Boys 11-12 50 Breaststroke	27	3	10:47 AM	_____
Finals	69 Girls 13-14 100 Breaststroke	29	3	10:50 AM	_____
Finals	70 Boys 13-14 100 Breaststroke	26	3	10:55 AM	_____
Finals	71 Girls 10 & Under 100 Butterfly	22	3	11:00 AM	_____
Finals	72 Boys 10 & Under 100 Butterfly	26	3	11:06 AM	_____
Finals	73 Girls 11-12 100 Butterfly	30	3	11:11 AM	_____
Finals	74 Boys 11-12 100 Butterfly	26	3	11:16 AM	_____
Finals	75 Girls 13-14 200 Butterfly	25	3	11:20 AM	_____
Finals	76 Boys 13-14 200 Butterfly	22	3	11:30 AM	_____
Finals	77 Girls 10 & Under 200 Freestyle Relay	11	2	11:38 AM	_____
Finals	78 Boys 10 & Under 200 Freestyle Relay	11	2	11:43 AM	_____
Finals	79 Girls 11-12 200 Freestyle Relay	12	2	11:48 AM	_____
Finals	80 Boys 11-12 200 Freestyle Relay	11	2	11:53 AM	_____
Finals	81 Girls 13-14 400 Freestyle Relay	12	2	11:57 AM	_____
Finals	82 Boys 13-14 400 Freestyle Relay	10	2	12:06 PM	_____
	Break: 15 Minutes: Awards and High Point Presenta				
	Swimmers Counts for Warm-ups: 355	=====	=====		
	Entry / Heat Totals:	732	84		
	Finish Time			12:29 PM	_____