

**2020 DSMY Salute to Veterans Invitational - 11/7/2020 to 11/8/2020****Prairie Meadows Pool, Sanction #: IA-21-012****Wellmark YMCA \* Des Moines, IA \* 25 Yard Course****Session Report**

Session: 1 Saturday Afternoon 13&amp;Over

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 13 & Over 200 Butterfly	8	1	03:00 PM	_____
Finals	2 Men 13 & Over 200 Butterfly	15	2	03:04 PM	_____
Finals	3 Women 13 & Over 50 Backstroke	22	3	03:12 PM	_____
Finals	4 Men 13 & Over 50 Backstroke	25	4	03:19 PM	_____
Finals	5 Women 13 & Over 50 Butterfly	21	3	03:26 PM	_____
Finals	6 Men 13 & Over 50 Butterfly	23	3	03:32 PM	_____
Finals	7 Women 13 & Over 100 IM	25	4	03:37 PM	_____
Finals	8 Men 13 & Over 100 IM	26	4	03:48 PM	_____
Finals	9 Mixed 13 & Over 400 IM	16	2	03:57 PM	_____
Finals	10 Women 13 & Over 50 Breaststroke	19	3	04:11 PM	_____
Finals	11 Men 13 & Over 50 Breaststroke	22	3	04:18 PM	_____
	Break: 5 Minutes:				
Finals	12 Mixed 13 & Over 1000 Freestyle	16	2	04:28 PM	_____
	Swimmers Counts for Warm-ups: 91	====	====		
	Entry / Heat Totals:	238	34		
	Finish Time			04:55 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	41	14		
CAST	Carroll Area Swim Team	8	3		
CIA	Central Iowa Aquatics	42	15		
DMSF	Des Moines Swimming Federation	19	8		
DSMY	Greater Des Moines YMCA	107	43		
RSC	Rams Swim Club	16	6		
UN-01	Unattached - Acac	5	2		

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Session: 2 Saturday Evening 12&amp;Under

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Mixed 11-12 200 Breaststroke	22	3	06:00 PM	_____
Finals	14 Mixed 10 & Under 100 Butterfly	8	1	06:15 PM	_____
Finals	15 Mixed 11-12 200 Butterfly	4	1	06:18 PM	_____
	Break: 3 Minutes:				
Finals	16 Girls 12 & Under 200 IM	21	3	06:26 PM	_____
Finals	17 Boys 12 & Under 200 IM	18	3	06:40 PM	_____
Finals	18 Mixed 11-12 400 IM	3	1	06:53 PM	_____
Finals	19 Mixed 10 & Under 200 Freestyle	22	3	06:59 PM	_____
Finals	20 Mixed 11-12 1000 Freestyle	8	1	07:13 PM	_____
	Swimmers Counts for Warm-ups: 65	=====	=====		
	Entry / Heat Totals:	106	16		
	Finish Time			07:28 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	21	10		
CAST	Carroll Area Swim Team	1	1		
CIA	Central Iowa Aquatics	44	26		
DMSF	Des Moines Swimming Federation	13	9		
DSMY	Greater Des Moines YMCA	24	16		
RSC	Rams Swim Club	2	2		
UN	UnAtt - Greater Des Moines Ymc	1	1		

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**Prairie Meadows Pool, Sanction #: IA-21-012**

**Wellmark YMCA \* Des Moines, IA \* 25 Yard Course**

**Session Report**

Session: 3A Flight 1 12&Under Girls

Day of Meet: 2 Starts at 09:50 AM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 11-12 200 Freestyle	13	2	09:50 AM	_____
Finals	22 Girls 11-12 50 Freestyle	29	4	09:59 AM	_____
Finals	23 Girls 10 & Under 50 Freestyle	36	5	10:06 AM	_____
Finals	24 Girls 11-12 100 IM	15	2	10:17 AM	_____
Finals	25 Girls 10 & Under 100 IM	13	2	10:22 AM	_____
Finals	26 Girls 11-12 50 Breaststroke	21	3	10:29 AM	_____
Finals	27 Girls 10 & Under 50 Breaststroke	15	2	10:36 AM	_____
	Break: 3 Minutes:				
Finals	28 Girls 12 & Under 100 Breaststroke	28	4	10:43 AM	_____
Finals	29 Girls 11-12 200 Backstroke	8	1	10:55 AM	_____
Finals	30 Girls 11-12 100 Freestyle	16	2	11:00 AM	_____
Finals	31 Girls 10 & Under 100 Freestyle	12	2	11:05 AM	_____
Finals	32 Girls 11-12 50 Backstroke	12	2	11:11 AM	_____
Finals	33 Girls 10 & Under 50 Backstroke	28	4	11:16 AM	_____
Finals	34 Girls 12 & Under 100 Backstroke	18	3	11:25 AM	_____
	Break: 2 Minutes:				
Finals	35 Girls 11-12 50 Butterfly	15	2	11:37 AM	_____
Finals	36 Girls 10 & Under 50 Butterfly	10	2	11:40 AM	_____
Finals	37 Girls 11-12 100 Butterfly	8	1	11:44 AM	_____
	Break: 5 Minutes:				
Finals	38 Girls 12 & Under 500 Freestyle	6	1	11:52 AM	_____
	Swimmers Counts for Warm-ups: 106	====	====		
	Entry / Heat Totals:	303	44		
	Finish Time			12:02 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	60	20		
CAST	Carroll Area Swim Team	18	6		
CIA	Central Iowa Aquatics	66	23		
DMSF	Des Moines Swimming Federation	9	3		
DSMY	Greater Des Moines YMCA	95	32		
RSC	Rams Swim Club	49	20		
UN	UnAtt - Greater Des Moines Ymc	6	2		

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Session: 3B Flight 2 12&amp;Under Boys

Day of Meet: 2 Starts at 01:20 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	39 Boys 11-12 200 Freestyle	6	1	01:20 PM	_____
Finals	40 Boys 11-12 50 Freestyle	23	3	01:25 PM	_____
Finals	41 Boys 10 & Under 50 Freestyle	27	4	01:30 PM	_____
Finals	42 Boys 11-12 100 IM	10	2	01:38 PM	_____
Finals	43 Boys 10 & Under 100 IM	5	1	01:43 PM	_____
Finals	44 Boys 11-12 50 Breaststroke	11	2	01:46 PM	_____
Finals	45 Boys 10 & Under 50 Breaststroke	12	2	01:50 PM	_____
	Break: 3 Minutes:				
Finals	46 Boys 12 & Under 100 Breaststroke	10	2	01:58 PM	_____
Finals	47 Boys 11-12 200 Backstroke	9	2	02:04 PM	_____
Finals	48 Boys 11-12 100 Freestyle	15	2	02:14 PM	_____
Finals	49 Boys 10 & Under 100 Freestyle	13	2	02:19 PM	_____
	Break: 3 Minutes:				
Finals	50 Boys 11-12 50 Backstroke	13	2	02:28 PM	_____
Finals	51 Boys 10 & Under 50 Backstroke	19	3	02:32 PM	_____
Finals	52 Boys 12 & Under 100 Backstroke	13	2	02:39 PM	_____
	Break: 2 Minutes:				
Finals	53 Boys 11-12 50 Butterfly	10	2	02:48 PM	_____
Finals	54 Boys 10 & Under 50 Butterfly	6	1	02:51 PM	_____
Finals	55 Boys 11-12 100 Butterfly	6	1	02:54 PM	_____
	Break: 5 Minutes:				
Finals	56 Boys 12 & Under 500 Freestyle	8	1	03:01 PM	_____
	Swimmers Counts for Warm-ups: 75	=====	=====		
	Entry / Heat Totals:	216	35		
	Finish Time			03:11 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	43	15		
CAST	Carroll Area Swim Team	14	5		
CIA	Central Iowa Aquatics	76	26		
DMSF	Des Moines Swimming Federation	45	15		
DSMY	Greater Des Moines YMCA	28	10		
RSC	Rams Swim Club	10	4		

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**Wellmark YMCA \* Des Moines, IA \* 25 Yard Course**

**Session Report**

Session: 4 Sunday Afternoon 13&Over

Day of Meet: 2 Starts at 04:30 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	57 Women 13 & Over 200 Freestyle	19	3	04:30 PM	_____
Finals	58 Men 13 & Over 200 Freestyle	31	4	04:42 PM	_____
Finals	59 Women 13 & Over 50 Freestyle	27	4	04:56 PM	_____
Finals	60 Men 13 & Over 50 Freestyle	52	7	05:03 PM	_____
Finals	61 Women 13 & Over 200 IM	11	2	05:15 PM	_____
Finals	62 Men 13 & Over 200 IM	11	2	05:22 PM	_____
Finals	63 Women 13 & Over 100 Breaststroke	20	3	05:30 PM	_____
Finals	64 Men 13 & Over 100 Breaststroke	19	3	05:38 PM	_____
Finals	65 Women 13 & Over 200 Backstroke	12	2	05:45 PM	_____
Finals	66 Men 13 & Over 200 Backstroke	9	2	05:54 PM	_____
Finals	67 Women 13 & Over 100 Freestyle	26	4	06:02 PM	_____
Finals	68 Men 13 & Over 100 Freestyle	54	7	06:11 PM	_____
Finals	69 Women 13 & Over 200 Breaststroke	9	2	06:26 PM	_____
Finals	70 Men 13 & Over 200 Breaststroke	8	1	06:35 PM	_____
Finals	71 Women 13 & Over 100 Backstroke	17	3	06:39 PM	_____
Finals	72 Men 13 & Over 100 Backstroke	25	4	06:47 PM	_____
Finals	73 Women 13 & Over 100 Butterfly	17	3	06:58 PM	_____
Finals	74 Men 13 & Over 100 Butterfly	28	4	07:06 PM	_____
Finals	75 Mixed 13 & Over 500 Freestyle	23	3	07:16 PM	_____
Finals	76 Mixed 13 & Over 1650 Freestyle	6	1	07:37 PM	_____
	Swimmers Counts for Warm-ups: 147	====	====		
	Entry / Heat Totals:	424	64		
	Finish Time			07:57 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	100	34		
CAST	Carroll Area Swim Team	15	5		
CIA	Central Iowa Aquatics	68	23		
DMSF	Des Moines Swimming Federation	40	14		
DSMY	Greater Des Moines YMCA	170	60		
RSC	Rams Swim Club	22	8		
UN	UnAtt - Greater Des Moines Ymc	3	1		
UN-01	Unattached - Acac	6	2		