

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Ames Cyclone Aquatics Club-IA

## 1 Bancroft, Brianna - Female - Age: 11 - Ind/Rel: 4 / 1

#7 Girls 11-12 100 Breast	1:33.96	3/4	#15 Girls 11-12 50 Fly	40.01	3/7
#19 Girls 11-12 100 IM	1:26.51	4/7	#23 Girls 11-12 50 Back	41.25	5/10
#29 Girls 11-12 200 Medley Relay (2)	2:34.67	2/3			

## 2 Berry, Collins - Female - Age: 9 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	NT	1/4	#9 Girls 10&U 50 Breast	1:07.57	3/8
#13 Girls 10&U 100 Back	NT	1/10	#27 Girls 10&U 200 Medley Relay (2)	NT	1/6

## 3 Binkowski, Addyson - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:07.60	7/3	#15 Girls 11-12 50 Fly	36.59	4/4
#19 Girls 11-12 100 IM	1:23.60	5/1	#23 Girls 11-12 50 Back	37.57	7/9
#29 Girls 11-12 200 Medley Relay (3)	2:20.13	2/5			

## 4 Challis, Dan - Male - Age: 12 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:31.31	2/5	#8 Boys 11-12 100 Breast	1:43.01	3/9
#24 Boys 11-12 50 Back	51.23	2/7			

## 5 Challis, John - Male - Age: 11 - Ind/Rel: 2 / 0

#2 Boys 11-12 100 Free	1:53.73	1/5	#24 Boys 11-12 50 Back	1:01.58	1/5
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## 6 Combs, Peyton - Female - Age: 11 - Ind/Rel: 2 / 0

#1 Girls 11-12 100 Free	1:17.91	4/5	#23 Girls 11-12 50 Back	39.16	6/9
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## 7 Danielson, Zoey - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:15.38	5/7	#15 Girls 11-12 50 Fly	45.05	2/7
#19 Girls 11-12 100 IM	1:33.26	3/3	#23 Girls 11-12 50 Back	43.25	4/3
#29 Girls 11-12 200 Medley Relay (4)	2:34.67	2/3			

## 8 Doolittle, Ali - Female - Age: 12 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:08.18	7/8	#19 Girls 11-12 100 IM	1:18.27	5/5
#23 Girls 11-12 50 Back	37.46	7/2	#29 Girls 11-12 200 Medley Relay (2)	2:20.13	2/5

## 9 Engelman, Maggie - Female - Age: 10 - Ind/Rel: 2 / 1

#9 Girls 10&U 50 Breast	NT	2/8	#21 Girls 10&U 100 IM	NT	2/2
#27 Girls 10&U 200 Medley Relay (1)	NT	1/6			

## 10 Fischer, Tyler - Male - Age: 12 - Ind/Rel: 2 / 1

#24 Boys 11-12 50 Back	37.78	4/6	#30 Boys 11-12 200 Medley Relay (3)	2:22.88	1/5
#33 Mixed 11-12 500 Free	6:39.16	1/5			

## 11 Fox, Molly - Female - Age: 10 - Ind/Rel: 3 / 0

#9 Girls 10&U 50 Breast	NT	2/7	#17 Girls 10&U 50 Fly	NT	1/4
#21 Girls 10&U 100 IM	NT	2/1			

## 12 Gassmann, Vivian - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:20.77	4/9	#15 Girls 11-12 50 Fly	37.58	4/3
#19 Girls 11-12 100 IM	1:37.12	2/5	#23 Girls 11-12 50 Back	42.20	4/6
#29 Girls 11-12 200 Medley Relay (3)	2:34.67	2/3			

## 13 Halbur, Allison - Female - Age: 9 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	1:24.46	5/7	#13 Girls 10&U 100 Back	1:56.19L	1/6
#21 Girls 10&U 100 IM	1:34.54	5/2	#27 Girls 10&U 200 Medley Relay (3)	3:01.53	2/5

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## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Ames Cyclone Aquatics Club-IA

## 14 Handsaker, Lydia - Female - Age: 11 - Ind/Rel: 3 / 1

#7 Girls 11-12 100 Breast	1:38.64	3/2	#19 Girls 11-12 100 IM	1:36.72	3/1
#23 Girls 11-12 50 Back	39.76	5/5	#29 Girls 11-12 200 Medley Relay (1)	2:34.67	2/3

## 15 Hibben, Henry - Male - Age: 9 - Ind/Rel: 3 / 1

#6 Boys 10&U 100 Free	1:38.17	3/2	#10 Boys 10&U 50 Breast	1:06.74	2/7
#22 Boys 10&U 100 IM	NT	1/4	#28 Boys 10&U 200 Medley Relay (4)	3:18.09	1/6

## 16 Horton, Eddie - Male - Age: 11 - Ind/Rel: 4 / 0

#2 Boys 11-12 100 Free	1:30.16	3/10	#8 Boys 11-12 100 Breast	NT	1/7
#16 Boys 11-12 50 Fly	41.53	2/6	#24 Boys 11-12 50 Back	42.14	3/4

## 17 Hyman, Brady - Male - Age: 11 - Ind/Rel: 2 / 1

#16 Boys 11-12 50 Fly	36.82	3/2	#20 Boys 11-12 100 IM	1:18.88	3/6
#30 Boys 11-12 200 Medley Relay (2)	2:22.88	1/5			

## 18 Kincaid, Austin - Male - Age: 11 - Ind/Rel: 4 / 1

#2 Boys 11-12 100 Free	1:19.06	4/9	#8 Boys 11-12 100 Breast	1:42.21	3/8
#20 Boys 11-12 100 IM	1:41.54	2/4	#24 Boys 11-12 50 Back	40.27	4/2
#30 Boys 11-12 200 Medley Relay (1)	2:22.88	1/5			

## 19 Mathews, Sonja - Female - Age: 11 - Ind/Rel: 4 / 0

#1 Girls 11-12 100 Free	1:27.62	3/6	#7 Girls 11-12 100 Breast	1:47.53	2/4
#19 Girls 11-12 100 IM	1:35.24	3/9	#23 Girls 11-12 50 Back	42.27	4/4

## 20 Olswing, Amelia - Female - Age: 9 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	1:30.70	4/2	#9 Girls 10&U 50 Breast	57.17	4/9
#17 Girls 10&U 50 Fly	53.03	2/3	#27 Girls 10&U 200 Medley Relay (4)	3:01.53	2/5

## 21 Olswing, Maddie - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:09.76	7/10	#15 Girls 11-12 50 Fly	36.83	4/7
#19 Girls 11-12 100 IM	1:34.69	3/8	#23 Girls 11-12 50 Back	38.49	6/6
#29 Girls 11-12 200 Medley Relay (4)	2:20.13	2/5			

## 22 Scebold, Maddie - Female - Age: 9 - Ind/Rel: 2 / 1

#9 Girls 10&U 50 Breast	NT	2/1	#17 Girls 10&U 50 Fly	NT	1/3
#27 Girls 10&U 200 Medley Relay (3)	NT	1/6			

## 23 Schaefer, Finley - Female - Age: 9 - Ind/Rel: 2 / 1

#5 Girls 10&U 100 Free	1:59.28	2/8	#9 Girls 10&U 50 Breast	NT	2/2
#27 Girls 10&U 200 Medley Relay (1)	3:01.53	2/5			

## 24 Smith, Mylie - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:09.16	7/2	#11 Girls 11-12 200 Back	3:00.76	1/8
#15 Girls 11-12 50 Fly	37.77	4/8	#19 Girls 11-12 100 IM	1:21.62	5/3
#29 Girls 11-12 200 Medley Relay (1)	2:20.13	2/5			

## 25 Strosahl, Judah - Male - Age: 10 - Ind/Rel: 3 / 1

#6 Boys 10&U 100 Free	1:23.60	4/4	#14 Boys 10&U 100 Back	1:30.18	2/4
#18 Boys 10&U 50 Fly	47.02	2/4	#28 Boys 10&U 200 Medley Relay (1)	3:18.09	1/6

## 26 Thompson, Chloe - Female - Age: 10 - Ind/Rel: 1 / 1

#13 Girls 10&U 100 Back	1:34.41	3/4	#27 Girls 10&U 200 Medley Relay (2)	3:01.53	2/5
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**2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023****Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA \* Des Moines, IA \* 25 yard course****Team Entries - Saturday Morning - 10 & Under / 11 & 12****Ames Cyclone Aquatics Club-IA****27 Van Der Linden, Owen - Male - Age: 12 - Ind/Rel: 3 / 1**

#2 Boys 11-12 100 Free	1:05.91	5/5	#16 Boys 11-12 50 Fly	35.10	3/7
#24 Boys 11-12 50 Back	36.81	5/7	#30 Boys 11-12 200 Medley Relay (4)	2:22.88	1/5

**28 Vos, Ephraim - Male - Age: 10 - Ind/Rel: 3 / 1**

#6 Boys 10&U 100 Free	1:31.07	3/7	#18 Boys 10&U 50 Fly	43.46	2/5
#22 Boys 10&U 100 IM	1:34.73	3/4	#28 Boys 10&U 200 Medley Relay (3)	3:18.09	1/6

**29 Washington, Gus - Male - Age: 9 - Ind/Rel: 3 / 1**

#10 Boys 10&U 50 Breast	51.76	3/4	#22 Boys 10&U 100 IM	2:01.69	2/8
#28 Boys 10&U 200 Medley Relay (2)	3:18.09	1/6	#31 Mixed 10&U 500 Free	8:08.64	1/4

**Ames Cyclone Aquatics Club-IA Total Individual Entries: 87 - Total Relays: 0**

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Carroll Area Swim Team-IA

## 1 Azogu, Chioma - Female - Age: 12 - Ind/Rel: 4 / 0

#1 Girls 11-12 100 Free	1:29.05	3/7	#7 Girls 11-12 100 Breast	1:55.99	2/8
#19 Girls 11-12 100 IM	1:58.93	2/1	#23 Girls 11-12 50 Back	47.63	3/2

## 2 Azogu, Jamie - Male - Age: 10 - Ind/Rel: 4 / 0

#6 Boys 10&U 100 Free	1:26.65	4/9	#14 Boys 10&U 100 Back	1:49.56	2/9
#18 Boys 10&U 50 Fly	49.25	2/2	#22 Boys 10&U 100 IM	1:49.61	2/5

## 3 Bellcock, Bristol - Female - Age: 10 - Ind/Rel: 2 / 0

#5 Girls 10&U 100 Free	1:27.63	4/6	#21 Girls 10&U 100 IM	1:41.38	4/8
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## 4 Bellcock, Brylie - Female - Age: 12 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:44.04	2/8	#7 Girls 11-12 100 Breast	1:55.90	2/3
#23 Girls 11-12 50 Back	1:15.83	1/6			

## 5 Harmon, Josie - Female - Age: 10 - Ind/Rel: 3 / 0

#5 Girls 10&U 100 Free	1:31.33	4/10	#9 Girls 10&U 50 Breast	51.47	5/2
#21 Girls 10&U 100 IM	1:38.00	4/5			

## 6 Hoogestraat, Maci - Female - Age: 11 - Ind/Rel: 1 / 0

#23 Girls 11-12 50 Back	53.55	2/3			
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## 7 Peterson, Isabella - Female - Age: 11 - Ind/Rel: 1 / 0

#23 Girls 11-12 50 Back	51.60	2/5			
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## 8 Sheridan, Lily - Female - Age: 10 - Ind/Rel: 2 / 0

#5 Girls 10&U 100 Free	2:02.28	2/9	#9 Girls 10&U 50 Breast	54.72	4/4
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## 9 Siebrecht, Ryder - Male - Age: 9 - Ind/Rel: 4 / 0

#6 Boys 10&U 100 Free	1:27.94	4/10	#10 Boys 10&U 50 Breast	1:03.35	2/6
#18 Boys 10&U 50 Fly	49.15	2/8	#22 Boys 10&U 100 IM	1:51.06	2/6

## 10 Stalder, Tatym - Female - Age: 10 - Ind/Rel: 3 / 0

#9 Girls 10&U 50 Breast	49.00	5/5	#17 Girls 10&U 50 Fly	44.97	3/7
#21 Girls 10&U 100 IM	1:34.89	5/9			

## 11 Weber, Mya - Female - Age: 10 - Ind/Rel: 3 / 0

#5 Girls 10&U 100 Free	1:25.33	5/8	#17 Girls 10&U 50 Fly	45.11	3/3
#21 Girls 10&U 100 IM	1:41.38	4/2			

## 12 Williams, Owen - Male - Age: 9 - Ind/Rel: 2 / 0

#6 Boys 10&U 100 Free	1:48.15	2/3	#14 Boys 10&U 100 Back	1:51.68	2/10
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Carroll Area Swim Team-IA Total Individual Entries: 32 - Total Relays: 0

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## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Central Iowa Aquatics-IA

## 1 Barthole, Conner - Male - Age: 10 - Ind/Rel: 4 / 1

#6 Boys 10&U 100 Free	1:25.62	4/3	#10 Boys 10&U 50 Breast	54.18	3/8
#18 Boys 10&U 50 Fly	52.34	2/10	#22 Boys 10&U 100 IM	1:38.68	3/8
#28 Boys 10&U 200 Medley Relay (4)	3:00.29	1/5			

## 2 Bru, Reece - Male - Age: 9 - Ind/Rel: 4 / 1

#10 Boys 10&U 50 Breast	54.39	3/2	#14 Boys 10&U 100 Back	1:29.83	2/6
#18 Boys 10&U 50 Fly	NT	1/8	#22 Boys 10&U 100 IM	1:38.42	3/3
#28 Boys 10&U 200 Medley Relay (1)	3:36.08	1/3			

## 3 Cole, Kenedy - Female - Age: 9 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	1:36.61	3/2	#9 Girls 10&U 50 Breast	1:02.58	4/10
#21 Girls 10&U 100 IM	1:59.30	2/4	#27 Girls 10&U 200 Medley Relay (4)	3:07.60	2/7

## 4 Dacey, Alivia - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:18.09	4/4	#7 Girls 11-12 100 Breast	1:31.39	4/2
#19 Girls 11-12 100 IM	1:32.13	3/4	#23 Girls 11-12 50 Back	40.26	5/6
#29 Girls 11-12 200 Medley Relay (2)	2:28.34	2/6			

## 5 Fausch, Zach - Male - Age: 9 - Ind/Rel: 2 / 1

#10 Boys 10&U 50 Breast	49.89	3/5	#22 Boys 10&U 100 IM	1:36.36	3/7
#28 Boys 10&U 200 Medley Relay (2)	3:00.29	1/5			

## 6 Gagov, Alex - Male - Age: 11 - Ind/Rel: 4 / 1

#2 Boys 11-12 100 Free	1:17.58	4/3	#8 Boys 11-12 100 Breast	1:42.80	3/2
#20 Boys 11-12 100 IM	1:28.25	3/8	#24 Boys 11-12 50 Back	41.91	3/6
#30 Boys 11-12 200 Medley Relay (2)	2:32.08	1/6			

## 7 Hedrick, Piper - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:13.56	5/5	#7 Girls 11-12 100 Breast	1:36.63	3/7
#15 Girls 11-12 50 Fly	38.52	4/9	#19 Girls 11-12 100 IM	1:21.11	5/7
#29 Girls 11-12 200 Medley Relay (4)	2:28.34	2/6			

## 8 Howe, Jake - Male - Age: 10 - Ind/Rel: 3 / 1

#6 Boys 10&U 100 Free	1:28.25	3/5	#10 Boys 10&U 50 Breast	52.73	3/7
#22 Boys 10&U 100 IM	1:43.54	3/1	#28 Boys 10&U 200 Medley Relay (1)	3:00.29	1/5

## 9 Keenan, Jude - Male - Age: 11 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:23.21	3/5	#8 Boys 11-12 100 Breast	2:07.14	2/8
#20 Boys 11-12 100 IM	1:41.54	2/7			

## 10 Lewis, Madyson - Female - Age: 10 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	1:30.52	4/8	#9 Girls 10&U 50 Breast	54.88	4/3
#13 Girls 10&U 100 Back	1:50.42	2/8	#21 Girls 10&U 100 IM	1:55.11	3/10
#27 Girls 10&U 200 Medley Relay (2)	3:07.60	2/7			

## 11 Linderblood, Jude - Male - Age: 12 - Ind/Rel: 1 / 0

#24 Boys 11-12 50 Back	36.31	5/5			
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## 12 Mason, Adelyn - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:13.65	5/6	#15 Girls 11-12 50 Fly	40.65	3/9
#23 Girls 11-12 50 Back	37.08	7/3	#29 Girls 11-12 200 Medley Relay (1)	2:28.34	2/6
#33 Mixed 11-12 500 Free	7:06.96	1/3			

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## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Central Iowa Aquatics-IA

## 13 Mettenbrink, Amelia - Female - Age: 10 - Ind/Rel: 1 / 0

#13 Girls 10&amp;U 100 Back NT 1/2

## 14 Naylor, Jackson - Male - Age: 9 - Ind/Rel: 2 / 1

#10 Boys 10&U 50 Breast 59.00 3/10 #22 Boys 10&U 100 IM 1:51.55 2/4  
#28 Boys 10&U 200 Medley Relay (2) 3:36.08 1/3

## 15 Sandquist, Edward - Male - Age: 9 - Ind/Rel: 4 / 1

#6 Boys 10&U 100 Free 1:41.51 2/5 #10 Boys 10&U 50 Breast NT 1/3  
#18 Boys 10&U 50 Fly 54.06 1/6 #22 Boys 10&U 100 IM 2:34.14 2/9  
#28 Boys 10&U 200 Medley Relay (3) 3:00.29 1/5

## 16 Sandquist, Henry - Male - Age: 9 - Ind/Rel: 4 / 1

#6 Boys 10&U 100 Free 1:46.82 2/4 #10 Boys 10&U 50 Breast 1:12.45 2/8  
#14 Boys 10&U 100 Back NT 1/1 #22 Boys 10&U 100 IM NT 1/5  
#28 Boys 10&U 200 Medley Relay (3) 3:36.08 1/3

## 17 Schumacher, Brant - Male - Age: 12 - Ind/Rel: 3 / 1

#2 Boys 11-12 100 Free 1:15.33 4/6 #20 Boys 11-12 100 IM 1:37.69 2/6  
#24 Boys 11-12 50 Back 37.10 5/8 #30 Boys 11-12 200 Medley Relay (1) 2:32.08 1/6

## 18 Seifert, Stella - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free 1:12.06 6/8 #15 Girls 11-12 50 Fly 39.08 4/1  
#19 Girls 11-12 100 IM 1:27.69 4/8 #23 Girls 11-12 50 Back 40.31 5/4  
#29 Girls 11-12 200 Medley Relay (3) 2:28.34 2/6

## 19 Sexton, James - Male - Age: 9 - Ind/Rel: 2 / 1

#10 Boys 10&U 50 Breast NT 1/4 #18 Boys 10&U 50 Fly 1:02.56 1/7  
#28 Boys 10&U 200 Medley Relay (4) 3:36.08 1/3

## 20 Spradling, Tyler - Male - Age: 11 - Ind/Rel: 4 / 0

#2 Boys 11-12 100 Free 1:24.15 3/7 #8 Boys 11-12 100 Breast 1:57.64 2/7  
#16 Boys 11-12 50 Fly 56.15 2/1 #24 Boys 11-12 50 Back 43.73 3/2

## 21 Stoeckel, Madigan - Female - Age: 10 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free 1:27.76 4/4 #9 Girls 10&U 50 Breast 57.01 4/2  
#13 Girls 10&U 100 Back 1:41.69 2/5 #21 Girls 10&U 100 IM 1:42.94 4/1  
#27 Girls 10&U 200 Medley Relay (1) 3:07.60 2/7

## 22 Tran, Victoria - Female - Age: 9 - Ind/Rel: 4 / 1

#9 Girls 10&U 50 Breast 50.46 5/6 #13 Girls 10&U 100 Back 1:41.96 2/6  
#17 Girls 10&U 50 Fly 44.63 3/5 #27 Girls 10&U 200 Medley Relay (3) 3:07.60 2/7  
#31 Mixed 10&U 500 Free 8:02.53 1/6

## 23 Vallas, Brooks - Male - Age: 12 - Ind/Rel: 4 / 1

#2 Boys 11-12 100 Free 1:09.31 5/3 #16 Boys 11-12 50 Fly 39.96 3/10  
#20 Boys 11-12 100 IM 1:26.56 3/3 #24 Boys 11-12 50 Back 38.70 4/3  
#30 Boys 11-12 200 Medley Relay (4) 2:32.08 1/6

## 24 Wittmayer, Matthew - Male - Age: 11 - Ind/Rel: 2 / 1

#12 Boys 11-12 200 Back 2:41.42 1/5 #16 Boys 11-12 50 Fly 35.78 3/3  
#30 Boys 11-12 200 Medley Relay (3) 2:32.08 1/6

Central Iowa Aquatics-IA Total Individual Entries: 78 - Total Relays: 0

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## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Des Moines Swimming Federation-IA

## 1 Ballard, Caitlin - Female - Age: 12 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:12.60	6/9	#15 Girls 11-12 50 Fly	40.01	3/4
#23 Girls 11-12 50 Back	38.82	6/8	#29 Girls 11-12 200 Medley Relay (4)	2:30.45	2/7

## 2 Birusingh, Ari - Female - Age: 9 - Ind/Rel: 2 / 0

#5 Girls 10&U 100 Free	NT	1/6	#9 Girls 10&U 50 Breast	NT	1/4
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## 3 Birusingh, Siri - Female - Age: 12 - Ind/Rel: 2 / 1

#1 Girls 11-12 100 Free	1:34.54	3/2	#7 Girls 11-12 100 Breast	2:06.59	2/9
#29 Girls 11-12 200 Medley Relay (2)	3:05.64	1/4			

## 4 Chen, Leighton - Female - Age: 11 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:22.05	4/1	#7 Girls 11-12 100 Breast	1:49.74	2/7
#23 Girls 11-12 50 Back	42.52	4/7	#29 Girls 11-12 200 Medley Relay (4)	2:49.64	2/1

## 5 Dahlen, Ella - Female - Age: 12 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:09.59	7/1	#15 Girls 11-12 50 Fly	35.40	4/6
#23 Girls 11-12 50 Back	38.34	6/5	#29 Girls 11-12 200 Medley Relay (3)	2:30.45	2/7

## 6 Deardorff, Dysen - Male - Age: 11 - Ind/Rel: 4 / 0

#2 Boys 11-12 100 Free	1:13.62	5/10	#8 Boys 11-12 100 Breast	1:28.20	3/6
#12 Boys 11-12 200 Back	2:43.62	1/4	#24 Boys 11-12 50 Back	38.03	4/4

## 7 Hawks, Jimmy - Male - Age: 9 - Ind/Rel: 2 / 1

#6 Boys 10&U 100 Free	1:30.32	3/4	#18 Boys 10&U 50 Fly	52.79	1/5
#28 Boys 10&U 200 Medley Relay (3)	3:20.28	1/4			

## 8 Hawks, Joni - Female - Age: 11 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:34.80	3/9	#15 Girls 11-12 50 Fly	54.05	2/2
#19 Girls 11-12 100 IM	1:59.93	1/5	#29 Girls 11-12 200 Medley Relay (3)	3:05.64	1/4

## 9 Honkamp, Claire - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:16.39	5/9	#7 Girls 11-12 100 Breast	1:37.84	3/8
#19 Girls 11-12 100 IM	1:31.14	4/10	#23 Girls 11-12 50 Back	40.39	5/3
#29 Girls 11-12 200 Medley Relay (1)	2:49.64	2/1			

## 10 Hudson, Natalie - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:19.45	4/2	#7 Girls 11-12 100 Breast	1:40.81	3/10
#19 Girls 11-12 100 IM	1:36.95	3/10	#23 Girls 11-12 50 Back	45.02	4/10
#29 Girls 11-12 200 Medley Relay (2)	2:49.64	2/1			

## 11 Kopriva, Tinley - Female - Age: 9 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	3:13.97L	2/10	#9 Girls 10&U 50 Breast	NT	1/6
#13 Girls 10&U 100 Back	1:55.98	2/9	#21 Girls 10&U 100 IM	2:12.21	2/7
#27 Girls 10&U 200 Medley Relay (1)	3:55.69	1/5			

## 12 Lepert, Alyse - Female - Age: 9 - Ind/Rel: 2 / 0

#9 Girls 10&U 50 Breast	1:23.53	2/4	#21 Girls 10&U 100 IM	2:31.12	2/3
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## 13 McDonough, Bridget - Female - Age: 12 - Ind/Rel: 2 / 1

#19 Girls 11-12 100 IM	1:31.20	3/5	#23 Girls 11-12 50 Back	39.75	6/10
#29 Girls 11-12 200 Medley Relay (3)	2:49.64	2/1			

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Des Moines Swimming Federation-IA

## 14 Moon, Nora - Female - Age: 10 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	1:32.47	3/6	#9 Girls 10&U 50 Breast	54.81	4/7
#13 Girls 10&U 100 Back	NT	1/3	#27 Girls 10&U 200 Medley Relay (3)	3:55.69	1/5

## 15 Narayanan, Anika - Female - Age: 12 - Ind/Rel: 2 / 1

#1 Girls 11-12 100 Free	1:39.00	2/4	#23 Girls 11-12 50 Back	46.73	3/3
#29 Girls 11-12 200 Medley Relay (1)	3:05.64	1/4			

## 16 Nguyen, Emmy - Female - Age: 10 - Ind/Rel: 1 / 1

#9 Girls 10&U 50 Breast	54.62	4/6	#27 Girls 10&U 200 Medley Relay (2)	3:13.57	2/3
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## 17 Nguyen, Evy - Female - Age: 9 - Ind/Rel: 2 / 1

#9 Girls 10&U 50 Breast	NT	1/5	#17 Girls 10&U 50 Fly	NT	1/7
#27 Girls 10&U 200 Medley Relay (4)	3:55.69	1/5			

## 18 Peterson, Greta - Female - Age: 9 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	1:21.07	5/6	#13 Girls 10&U 100 Back	1:36.83	3/2
#21 Girls 10&U 100 IM	1:33.69	5/3	#27 Girls 10&U 200 Medley Relay (3)	3:13.57	2/3

## 19 Peterson, Max - Male - Age: 11 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:30.03	3/9	#20 Boys 11-12 100 IM	1:46.69	2/8
#24 Boys 11-12 50 Back	46.13	3/1			

## 20 Powell, Morgynne - Female - Age: 12 - Ind/Rel: 2 / 1

#1 Girls 11-12 100 Free	1:18.42	4/7	#11 Girls 11-12 200 Back	3:04.20	1/2
#29 Girls 11-12 200 Medley Relay (4)	3:05.64	1/4			

## 21 Rengel, Olivia - Female - Age: 10 - Ind/Rel: 2 / 1

#5 Girls 10&U 100 Free	1:35.48	3/3	#9 Girls 10&U 50 Breast	1:05.83	3/6
#27 Girls 10&U 200 Medley Relay (2)	3:55.69	1/5			

## 22 Schnepf, Mae - Female - Age: 11 - Ind/Rel: 2 / 0

#1 Girls 11-12 100 Free	NT	1/6	#23 Girls 11-12 50 Back	53.49	2/7
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## 23 Smith, Carter - Male - Age: 11 - Ind/Rel: 2 / 0

#16 Boys 11-12 50 Fly	36.14	3/8	#24 Boys 11-12 50 Back	37.45	5/2
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## 24 Smith, Ella - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:17.63	5/10	#7 Girls 11-12 100 Breast	1:32.62	4/10
#19 Girls 11-12 100 IM	1:24.76	4/6	#23 Girls 11-12 50 Back	41.17	5/9
#29 Girls 11-12 200 Medley Relay (2)	2:30.45	2/7			

## 25 Smith, Harry - Male - Age: 10 - Ind/Rel: 3 / 1

#10 Boys 10&U 50 Breast	52.95	3/3	#18 Boys 10&U 50 Fly	48.89	2/3
#22 Boys 10&U 100 IM	1:33.32	3/6	#28 Boys 10&U 200 Medley Relay (2)	3:20.28	1/4

## 26 Stec, Sophia - Female - Age: 10 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	1:35.51	3/8	#13 Girls 10&U 100 Back	1:45.45	2/3
#17 Girls 10&U 50 Fly	52.97	2/7	#21 Girls 10&U 100 IM	1:45.28	3/4
#27 Girls 10&U 200 Medley Relay (4)	3:13.57	2/3			

## 27 Vedantham, Vaibhava - Male - Age: 9 - Ind/Rel: 4 / 0

#6 Boys 10&U 100 Free	1:43.91	2/6	#10 Boys 10&U 50 Breast	NT	1/6
#14 Boys 10&U 100 Back	2:12.91	1/8	#18 Boys 10&U 50 Fly	NT	1/2



## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

**Des Moines Swimming Federation-IA****28 Voynov, Leo - Male - Age: 9 - Ind/Rel: 4 / 1**

#6 Boys 10&U 100 Free	2:02.10	2/9	#10 Boys 10&U 50 Breast	1:11.34	2/3
#14 Boys 10&U 100 Back	2:04.19	1/4	#22 Boys 10&U 100 IM	2:24.79	2/2
#28 Boys 10&U 200 Medley Relay (4)	3:20.28	1/4			

**29 Walston, Lucy - Female - Age: 9 - Ind/Rel: 3 / 1**

#5 Girls 10&U 100 Free	1:26.59	5/1	#17 Girls 10&U 50 Fly	44.90	3/4
#21 Girls 10&U 100 IM	1:36.90	5/1	#27 Girls 10&U 200 Medley Relay (1)	3:13.57	2/3

**30 Wilcoxson, Helena - Female - Age: 12 - Ind/Rel: 2 / 1**

#15 Girls 11-12 50 Fly	40.12	3/3	#23 Girls 11-12 50 Back	36.68	7/7
#29 Girls 11-12 200 Medley Relay (1)	2:30.45	2/7			

**31 Zhang, Allen - Male - Age: 10 - Ind/Rel: 3 / 1**

#6 Boys 10&U 100 Free	1:40.09	3/10	#14 Boys 10&U 100 Back	1:41.75	2/8
#22 Boys 10&U 100 IM	2:01.50	2/3	#28 Boys 10&U 200 Medley Relay (1)	3:20.28	1/4

**Des Moines Swimming Federation-IA Total Individual Entries: 87 - Total Relays: 0**

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

**Dowling Catholic Riptide-IA****1 Anderson, Vinny - Male - Age: 11 - Ind/Rel: 2 / 1**

#2 Boys 11-12 100 Free	1:23.97	3/4	#24 Boys 11-12 50 Back	47.36	2/5
#30 Boys 11-12 200 Medley Relay (4)	3:02.43	1/3			

**2 Benskin, Stella - Female - Age: 10 - Ind/Rel: 4 / 1**

#5 Girls 10&U 100 Free	1:31.28	4/1	#9 Girls 10&U 50 Breast	52.82	5/1
#13 Girls 10&U 100 Back	1:43.47	2/7	#17 Girls 10&U 50 Fly	52.17	2/6
#27 Girls 10&U 200 Medley Relay (2)	3:15.30	2/8			

**3 Burdick, Ben - Male - Age: 12 - Ind/Rel: 4 / 0**

#2 Boys 11-12 100 Free	1:30.08	3/1	#8 Boys 11-12 100 Breast	NT	1/8
#16 Boys 11-12 50 Fly	1:00.17	1/5	#24 Boys 11-12 50 Back	58.66	2/10

**4 Burdick, Cole - Male - Age: 10 - Ind/Rel: 4 / 1**

#6 Boys 10&U 100 Free	1:57.84	2/2	#10 Boys 10&U 50 Breast	1:06.13	2/4
#14 Boys 10&U 100 Back	2:09.81	1/3	#22 Boys 10&U 100 IM	NT	2/1
#28 Boys 10&U 200 Medley Relay (2)	3:39.23	1/8			

**5 Burke, Reece - Female - Age: 11 - Ind/Rel: 3 / 1**

#1 Girls 11-12 100 Free	1:15.93	5/2	#15 Girls 11-12 50 Fly	42.04	3/1
#23 Girls 11-12 50 Back	42.12	4/5	#29 Girls 11-12 200 Medley Relay (2)	2:43.98	2/2

**6 Carter, June - Female - Age: 10 - Ind/Rel: 2 / 1**

#17 Girls 10&U 50 Fly	51.32	3/10	#21 Girls 10&U 100 IM	1:41.75	4/9
#27 Girls 10&U 200 Medley Relay (1)	3:01.75	2/6			

**7 Dibbet, Harper - Female - Age: 10 - Ind/Rel: 3 / 1**

#9 Girls 10&U 50 Breast	1:08.26	3/9	#13 Girls 10&U 100 Back	1:58.39	2/1
#21 Girls 10&U 100 IM	NT	1/5	#27 Girls 10&U 200 Medley Relay (1)	NT	1/4

**8 Driscoll, Jules - Female - Age: 10 - Ind/Rel: 3 / 1**

#5 Girls 10&U 100 Free	1:28.15	4/7	#9 Girls 10&U 50 Breast	52.92	5/10
#21 Girls 10&U 100 IM	1:45.27	3/6	#27 Girls 10&U 200 Medley Relay (2)	NT	1/4

**9 Freeseaman, Gabby - Female - Age: 11 - Ind/Rel: 3 / 1**

#1 Girls 11-12 100 Free	1:30.62	3/8	#15 Girls 11-12 50 Fly	NT	1/6
#23 Girls 11-12 50 Back	45.29	3/5	#29 Girls 11-12 200 Medley Relay (4)	NT	1/3

**10 Freeseaman, Griffin - Male - Age: 10 - Ind/Rel: 3 / 1**

#6 Boys 10&U 100 Free	NT	1/5	#10 Boys 10&U 50 Breast	NT	2/10
#14 Boys 10&U 100 Back	NT	1/2	#28 Boys 10&U 200 Medley Relay (1)	3:39.23	1/8

**11 Halackiewicz, Ian - Male - Age: 9 - Ind/Rel: 4 / 1**

#6 Boys 10&U 100 Free	1:26.90	4/1	#10 Boys 10&U 50 Breast	50.28	3/6
#14 Boys 10&U 100 Back	1:38.50	2/3	#22 Boys 10&U 100 IM	1:40.90	3/2
#28 Boys 10&U 200 Medley Relay (3)	3:39.23	1/8			

**12 Heddinger, Ryan - Male - Age: 9 - Ind/Rel: 1 / 1**

#6 Boys 10&U 100 Free	NT	1/6	#28 Boys 10&U 200 Medley Relay (4)	3:39.23	1/8
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**13 Heiden, Brynn - Female - Age: 9 - Ind/Rel: 2 / 1**

#5 Girls 10&U 100 Free	1:56.70	2/7	#9 Girls 10&U 50 Breast	1:11.45	2/5
#27 Girls 10&U 200 Medley Relay (4)	NT	1/4			

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

**Dowling Catholic Riptide-IA****14 Jacobs, Will - Male - Age: 11 - Ind/Rel: 2 / 1**

#8 Boys 11-12 100 Breast	1:54.14	2/6	#20 Boys 11-12 100 IM	NT	1/7
#30 Boys 11-12 200 Medley Relay (2)	2:39.98	1/7			

**15 Johnson, Irina - Female - Age: 11 - Ind/Rel: 2 / 1**

#1 Girls 11-12 100 Free	1:28.00	3/4	#7 Girls 11-12 100 Breast	NT	1/4
#29 Girls 11-12 200 Medley Relay (2)	NT	1/3			

**16 Johnson, Jacob - Male - Age: 11 - Ind/Rel: 4 / 1**

#2 Boys 11-12 100 Free	1:08.95	5/7	#16 Boys 11-12 50 Fly	34.72	3/5
#20 Boys 11-12 100 IM	1:22.40	3/7	#24 Boys 11-12 50 Back	37.67	4/5
#30 Boys 11-12 200 Medley Relay (3)	2:39.98	1/7			

**17 Leder, Maeve - Female - Age: 10 - Ind/Rel: 3 / 1**

#5 Girls 10&U 100 Free	1:24.53	5/3	#13 Girls 10&U 100 Back	NT	1/9
#21 Girls 10&U 100 IM	1:40.76	4/3	#27 Girls 10&U 200 Medley Relay (4)	3:01.75	2/6

**18 McLaughlin, George - Male - Age: 11 - Ind/Rel: 1 / 0**

#24 Boys 11-12 50 Back	NT	1/4			
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**19 Meyer, Addie - Female - Age: 11 - Ind/Rel: 4 / 1**

#1 Girls 11-12 100 Free	1:18.58	4/3	#19 Girls 11-12 100 IM	1:28.13	4/2
#23 Girls 11-12 50 Back	40.43	5/8	#29 Girls 11-12 200 Medley Relay (1)	2:43.98	2/2
#33 Mixed 11-12 500 Free	7:08.84	1/8			

**20 Meyer, Gwen - Female - Age: 9 - Ind/Rel: 4 / 1**

#5 Girls 10&U 100 Free	1:42.07	3/10	#9 Girls 10&U 50 Breast	1:03.25	3/5
#17 Girls 10&U 50 Fly	55.54	2/2	#21 Girls 10&U 100 IM	1:53.38	3/9
#27 Girls 10&U 200 Medley Relay (3)	3:15.30	2/8			

**21 Nguyen, Marianne - Female - Age: 11 - Ind/Rel: 1 / 1**

#19 Girls 11-12 100 IM	1:27.52	4/3	#29 Girls 11-12 200 Medley Relay (4)	2:43.98	2/2
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**22 Nieto, Gaby - Female - Age: 10 - Ind/Rel: 2 / 1**

#9 Girls 10&U 50 Breast	50.89	5/7	#17 Girls 10&U 50 Fly	57.56	2/1
#27 Girls 10&U 200 Medley Relay (2)	3:01.75	2/6			

**23 Peterson, Brooklyn - Female - Age: 11 - Ind/Rel: 3 / 1**

#1 Girls 11-12 100 Free	1:10.09	6/6	#15 Girls 11-12 50 Fly	39.94	3/6
#23 Girls 11-12 50 Back	39.73	6/1	#29 Girls 11-12 200 Medley Relay (3)	2:43.98	2/2

**24 Peterson, Kendall - Female - Age: 9 - Ind/Rel: 3 / 1**

#9 Girls 10&U 50 Breast	51.38	5/8	#13 Girls 10&U 100 Back	1:34.30	3/6
#17 Girls 10&U 50 Fly	52.72	2/4	#27 Girls 10&U 200 Medley Relay (3)	3:01.75	2/6

**25 Pierce, Ellen - Female - Age: 10 - Ind/Rel: 3 / 1**

#5 Girls 10&U 100 Free	1:27.14	4/5	#13 Girls 10&U 100 Back	1:42.60	2/4
#21 Girls 10&U 100 IM	1:39.50	4/4	#27 Girls 10&U 200 Medley Relay (1)	3:15.30	2/8

**26 Piper, Maddy - Female - Age: 9 - Ind/Rel: 3 / 1**

#5 Girls 10&U 100 Free	1:43.83	2/5	#9 Girls 10&U 50 Breast	1:09.63	3/1
#21 Girls 10&U 100 IM	1:55.30	2/5	#27 Girls 10&U 200 Medley Relay (3)	NT	1/4

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

**Dowling Catholic Riptide-IA****27 Raymer, Evan - Male - Age: 12 - Ind/Rel: 3 / 0**

#2 Boys 11-12 100 Free	1:44.93	2/8	#8 Boys 11-12 100 Breast	NT	1/3
#24 Boys 11-12 50 Back	58.15	2/1			

**28 Sanders, Grayson - Male - Age: 11 - Ind/Rel: 4 / 1**

#2 Boys 11-12 100 Free	1:16.75	4/7	#8 Boys 11-12 100 Breast	NT	1/4
#16 Boys 11-12 50 Fly	1:12.15	1/6	#20 Boys 11-12 100 IM	1:30.98	3/9
#30 Boys 11-12 200 Medley Relay (4)	2:39.98	1/7			

**29 Shaffer, Claire - Female - Age: 10 - Ind/Rel: 2 / 1**

#5 Girls 10&U 100 Free	1:31.75	3/5	#21 Girls 10&U 100 IM	1:46.23	3/7
#27 Girls 10&U 200 Medley Relay (4)	3:15.30	2/8			

**30 Shenouda, Elizabeth - Female - Age: 11 - Ind/Rel: 4 / 1**

#1 Girls 11-12 100 Free	1:35.04	3/1	#15 Girls 11-12 50 Fly	NT	1/4
#19 Girls 11-12 100 IM	1:47.86	2/4	#23 Girls 11-12 50 Back	51.31	3/10
#29 Girls 11-12 200 Medley Relay (3)	NT	1/3			

**31 Shenouda, Nehemiah - Male - Age: 12 - Ind/Rel: 4 / 1**

#2 Boys 11-12 100 Free	1:27.02	3/2	#8 Boys 11-12 100 Breast	2:12.59	2/2
#16 Boys 11-12 50 Fly	50.94	2/2	#20 Boys 11-12 100 IM	1:54.06	2/2
#30 Boys 11-12 200 Medley Relay (3)	3:02.43	1/3			

**32 Sullivan, Mickey - Male - Age: 9 - Ind/Rel: 2 / 0**

#6 Boys 10&U 100 Free	NT	1/4	#14 Boys 10&U 100 Back	NT	1/9
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**33 Thacker, Callie - Female - Age: 11 - Ind/Rel: 3 / 1**

#1 Girls 11-12 100 Free	1:37.06	2/5	#19 Girls 11-12 100 IM	2:01.33	1/6
#23 Girls 11-12 50 Back	44.50	4/1	#29 Girls 11-12 200 Medley Relay (1)	NT	1/3

**34 Warrington, Grant - Male - Age: 11 - Ind/Rel: 4 / 1**

#2 Boys 11-12 100 Free	1:26.55	3/3	#8 Boys 11-12 100 Breast	1:49.64	2/5
#16 Boys 11-12 50 Fly	53.29	2/9	#20 Boys 11-12 100 IM	1:46.64	2/3
#30 Boys 11-12 200 Medley Relay (2)	3:02.43	1/3			

**35 Wittenwyler, Nolan - Male - Age: 11 - Ind/Rel: 3 / 1**

#2 Boys 11-12 100 Free	1:22.82	4/10	#16 Boys 11-12 50 Fly	48.98	2/8
#24 Boys 11-12 50 Back	41.32	4/1	#30 Boys 11-12 200 Medley Relay (1)	2:39.98	1/7

**36 Wuest, Aaron - Male - Age: 11 - Ind/Rel: 2 / 1**

#8 Boys 11-12 100 Breast	1:45.72	3/10	#24 Boys 11-12 50 Back	43.62	3/3
#30 Boys 11-12 200 Medley Relay (1)	3:02.43	1/3			

**Dowling Catholic Riptide-IA Total Individual Entries: 104 - Total Relays: 0**

**2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023****Prairie Meadows Pool, Sanction #: IA-23-050****Wellmark YMCA \* Des Moines, IA \* 25 yard course****Team Entries - Saturday Morning - 10 & Under / 11 & 12****Fort Dodge Area Swim Team-IA****1 Ahlrich, Mady - Female - Age: 12 - Ind/Rel: 4 / 0**

#1 Girls 11-12 100 Free	1:27.53	4/10	#15 Girls 11-12 50 Fly	49.91	2/3
#19 Girls 11-12 100 IM	1:49.79	2/7	#23 Girls 11-12 50 Back	47.20	3/8

**2 Hildreth, Quinn - Female - Age: 10 - Ind/Rel: 4 / 0**

#5 Girls 10&U 100 Free	NT	1/5	#9 Girls 10&U 50 Breast	1:08.08	3/2
#17 Girls 10&U 50 Fly	NT	1/6	#21 Girls 10&U 100 IM	NT	2/9

**3 Kinkade, Brynn - Female - Age: 11 - Ind/Rel: 3 / 0**

#1 Girls 11-12 100 Free	NT	1/5	#15 Girls 11-12 50 Fly	53.67	2/8
#19 Girls 11-12 100 IM	NT	1/3			

**4 Kliewer, Kenna - Female - Age: 10 - Ind/Rel: 3 / 0**

#5 Girls 10&U 100 Free	1:25.86	5/2	#9 Girls 10&U 50 Breast	50.52	5/4
#17 Girls 10&U 50 Fly	47.89	3/9			

**Fort Dodge Area Swim Team-IA Total Individual Entries: 14 - Total Relays: 0**

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Greater Des Moines YMCA-IA

## 1 Albrecht, Brynlee - Female - Age: 9 - Ind/Rel: 3 / 0

#5 Girls 10&U 100 Free	1:27.04	5/10	#13 Girls 10&U 100 Back	2:09.91L	1/4
#21 Girls 10&U 100 IM	1:40.54	4/7			

## 2 Bertsch, Nolan - Male - Age: 12 - Ind/Rel: 2 / 0

#8 Boys 11-12 100 Breast	1:25.15	3/5	#24 Boys 11-12 50 Back	36.84	5/3
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## 3 Brugman, Abigail - Female - Age: 12 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:07.24	7/7	#7 Girls 11-12 100 Breast	1:29.37	4/7
#11 Girls 11-12 200 Back	2:46.43	1/6			

## 4 Brugman, Cece - Female - Age: 10 - Ind/Rel: 3 / 0

#5 Girls 10&U 100 Free	1:26.36	5/9	#13 Girls 10&U 100 Back	1:36.34	3/3
#21 Girls 10&U 100 IM	1:44.26	3/5			

## 5 Campbell, Blake - Male - Age: 9 - Ind/Rel: 3 / 0

#6 Boys 10&U 100 Free	1:29.06	3/6	#18 Boys 10&U 50 Fly	47.36	2/7
#22 Boys 10&U 100 IM	1:30.37	3/5			

## 6 Canales-Burr, Gian - Male - Age: 11 - Ind/Rel: 3 / 0

#8 Boys 11-12 100 Breast	2:33.38	2/1	#20 Boys 11-12 100 IM	2:03.58	2/1
#24 Boys 11-12 50 Back	48.01	2/4			

## 7 Christopherson, Gabe - Male - Age: 11 - Ind/Rel: 3 / 0

#20 Boys 11-12 100 IM	1:33.28	2/5	#24 Boys 11-12 50 Back	41.77	3/5
#33 Mixed 11-12 500 Free	6:42.13	1/6			

## 8 Connolly, Grace - Female - Age: 9 - Ind/Rel: 2 / 0

#17 Girls 10&U 50 Fly	44.67	3/6	#21 Girls 10&U 100 IM	1:37.89	5/10
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## 9 Crowley, Quinn - Female - Age: 9 - Ind/Rel: 2 / 0

#17 Girls 10&U 50 Fly	49.50	3/1	#21 Girls 10&U 100 IM	1:32.46	5/5
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## 10 DeWall, Sami - Female - Age: 11 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:06.49	7/5	#7 Girls 11-12 100 Breast	1:40.36	3/1
#23 Girls 11-12 50 Back	36.03	7/6			

## 11 Filmer, Lauren - Female - Age: 11 - Ind/Rel: 4 / 0

#1 Girls 11-12 100 Free	1:10.47	6/7	#7 Girls 11-12 100 Breast	1:31.50	4/9
#19 Girls 11-12 100 IM	1:21.64	5/8	#33 Mixed 11-12 500 Free	6:54.78	1/4

## 12 Gatzionis, Elena - Female - Age: 11 - Ind/Rel: 2 / 0

#7 Girls 11-12 100 Breast	1:40.17	3/9	#23 Girls 11-12 50 Back	41.22	5/1
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## 13 Hajduch, Emma - Female - Age: 11 - Ind/Rel: 3 / 0

#11 Girls 11-12 200 Back	2:46.81	1/4	#19 Girls 11-12 100 IM	1:19.74	5/4
#23 Girls 11-12 50 Back	36.39	7/4			

## 14 Hales, Alex - Male - Age: 11 - Ind/Rel: 2 / 0

#2 Boys 11-12 100 Free	1:13.02	5/9	#24 Boys 11-12 50 Back	36.73	5/4
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## 15 Hornung, Harper - Female - Age: 9 - Ind/Rel: 1 / 0

#21 Girls 10&U 100 IM	1:34.03	5/8			
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## 16 Jean, Tate - Male - Age: 12 - Ind/Rel: 1 / 0

#16 Boys 11-12 50 Fly	34.91	3/4			
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## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Greater Des Moines YMCA-IA

## 17 Johnson, Cade - Male - Age: 11 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:08.42	5/4	#20 Boys 11-12 100 IM	1:17.77	3/5
#24 Boys 11-12 50 Back	36.60	5/6			

## 18 Kettles, Tenley - Female - Age: 9 - Ind/Rel: 4 / 0

#5 Girls 10&U 100 Free	1:21.21	5/4	#13 Girls 10&U 100 Back	1:40.14	3/1
#17 Girls 10&U 50 Fly	46.33	3/8	#21 Girls 10&U 100 IM	1:32.53	5/6

## 19 Larson, Rachel - Female - Age: 9 - Ind/Rel: 2 / 0

#17 Girls 10&U 50 Fly	46.38	3/2	#21 Girls 10&U 100 IM	1:33.46	5/7
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## 20 Newton, Merryn - Female - Age: 11 - Ind/Rel: 4 / 0

#1 Girls 11-12 100 Free	1:19.16	4/8	#15 Girls 11-12 50 Fly	39.66	3/5
#19 Girls 11-12 100 IM	1:34.97	3/2	#23 Girls 11-12 50 Back	44.45	4/9

## 21 Ocheltree, Kinnick - Female - Age: 9 - Ind/Rel: 4 / 0

#5 Girls 10&U 100 Free	1:37.65	3/9	#9 Girls 10&U 50 Breast	1:06.71	3/4
#13 Girls 10&U 100 Back	1:39.66	3/9	#21 Girls 10&U 100 IM	1:54.68	3/1

## 22 Pellett, Colton - Male - Age: 11 - Ind/Rel: 2 / 0

#12 Boys 11-12 200 Back	3:02.26	1/8	#24 Boys 11-12 50 Back	37.45	5/9
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## 23 Peterson, Joel - Male - Age: 12 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:23.83	3/6	#16 Boys 11-12 50 Fly	45.51	2/3
#24 Boys 11-12 50 Back	43.68	3/8			

## 24 Peterson, Ross - Male - Age: 10 - Ind/Rel: 3 / 0

#6 Boys 10&U 100 Free	1:35.83	3/8	#10 Boys 10&U 50 Breast	1:35.27	2/1
#14 Boys 10&U 100 Back	1:54.72	1/6			

## 25 Signani, Katherine - Female - Age: 9 - Ind/Rel: 4 / 0

#5 Girls 10&U 100 Free	1:33.08	3/4	#9 Girls 10&U 50 Breast	57.25	4/1
#13 Girls 10&U 100 Back	1:41.19	3/10	#21 Girls 10&U 100 IM	1:47.22	3/3

## 26 Signani, Nicholas - Male - Age: 11 - Ind/Rel: 2 / 0

#2 Boys 11-12 100 Free	1:05.97	5/6	#12 Boys 11-12 200 Back	2:41.64	1/6
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## 27 Thomas, Joseph - Male - Age: 12 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:15.00	4/5	#16 Boys 11-12 50 Fly	43.93	2/7
#24 Boys 11-12 50 Back	40.53	4/9			

Greater Des Moines YMCA-IA Total Individual Entries: 74 - Total Relays: 0

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

**Johnston Blaze Swim Club-IA****1 Baker, Caroline - Female - Age: 9 - Ind/Rel: 3 / 1**

#9 Girls 10&U 50 Breast	54.19	4/5	#17 Girls 10&U 50 Fly	54.81	2/8
#21 Girls 10&U 100 IM	1:49.50	3/2	#27 Girls 10&U 200 Medley Relay (4)	3:02.98	2/4

**2 Baker, Norah - Female - Age: 12 - Ind/Rel: 4 / 1**

#1 Girls 11-12 100 Free	1:10.07	6/5	#15 Girls 11-12 50 Fly	42.66	3/10
#19 Girls 11-12 100 IM	1:25.47	4/4	#23 Girls 11-12 50 Back	37.78	7/1
#29 Girls 11-12 200 Medley Relay (1)	2:29.29	2/4			

**3 Evans, Ella - Female - Age: 12 - Ind/Rel: 4 / 1**

#1 Girls 11-12 100 Free	1:10.72	6/3	#7 Girls 11-12 100 Breast	1:30.09	4/3
#19 Girls 11-12 100 IM	1:22.61	5/9	#23 Girls 11-12 50 Back	38.33	7/10
#29 Girls 11-12 200 Medley Relay (3)	2:29.29	2/4			

**4 Gruenisen, Sami - Female - Age: 12 - Ind/Rel: 4 / 1**

#1 Girls 11-12 100 Free	1:16.75	5/1	#7 Girls 11-12 100 Breast	1:30.45	4/8
#19 Girls 11-12 100 IM	1:32.37	3/7	#23 Girls 11-12 50 Back	46.64	3/4
#29 Girls 11-12 200 Medley Relay (2)	3:05.96	1/7			

**5 Guild, Bri - Female - Age: 10 - Ind/Rel: 4 / 1**

#5 Girls 10&U 100 Free	1:33.78	3/7	#9 Girls 10&U 50 Breast	1:11.29	3/10
#13 Girls 10&U 100 Back	NT	1/8	#17 Girls 10&U 50 Fly	57.55	2/9
#27 Girls 10&U 200 Medley Relay (1)	3:02.98	2/4			

**6 Holms, Donny - Male - Age: 12 - Ind/Rel: 3 / 1**

#2 Boys 11-12 100 Free	1:09.56	5/8	#16 Boys 11-12 50 Fly	34.84	3/6
#24 Boys 11-12 50 Back	38.29	4/7	#30 Boys 11-12 200 Medley Relay (3)	2:34.00	1/4

**7 Hunt, Ceci - Female - Age: 11 - Ind/Rel: 3 / 1**

#1 Girls 11-12 100 Free	1:27.58	3/5	#19 Girls 11-12 100 IM	1:53.90	2/2
#23 Girls 11-12 50 Back	46.65	3/7	#29 Girls 11-12 200 Medley Relay (1)	3:05.96	1/7

**8 Hunt, Jojo - Female - Age: 10 - Ind/Rel: 3 / 1**

#5 Girls 10&U 100 Free	1:31.19	4/9	#13 Girls 10&U 100 Back	1:35.87	3/7
#21 Girls 10&U 100 IM	1:43.64	4/10	#27 Girls 10&U 200 Medley Relay (3)	3:02.98	2/4

**9 Innanji, Vrishti - Female - Age: 11 - Ind/Rel: 2 / 1**

#1 Girls 11-12 100 Free	1:57.72	2/1	#23 Girls 11-12 50 Back	1:06.31	1/5
#29 Girls 11-12 200 Medley Relay (4)	3:05.96	1/7			

**10 Iwig, Jackson - Male - Age: 12 - Ind/Rel: 4 / 1**

#2 Boys 11-12 100 Free	1:13.22	5/1	#16 Boys 11-12 50 Fly	38.03	3/9
#20 Boys 11-12 100 IM	1:31.43	3/10	#24 Boys 11-12 50 Back	39.37	4/8
#30 Boys 11-12 200 Medley Relay (1)	2:34.00	1/4			

**11 Iwig, Ryan - Male - Age: 12 - Ind/Rel: 4 / 1**

#2 Boys 11-12 100 Free	1:20.40	4/1	#8 Boys 11-12 100 Breast	1:43.35	3/1
#16 Boys 11-12 50 Fly	40.10	2/5	#20 Boys 11-12 100 IM	1:31.21	3/1
#30 Boys 11-12 200 Medley Relay (4)	2:34.00	1/4			

**12 Jacobus, Maddie - Female - Age: 11 - Ind/Rel: 0 / 1**

#29 Girls 11-12 200 Medley Relay (3)	2:53.15	1/5			
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## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Johnston Blaze Swim Club-IA

## 13 Kiekhaefer, Chloe - Female - Age: 12 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:10.35	6/4	#7 Girls 11-12 100 Breast	1:28.55	4/4
#19 Girls 11-12 100 IM	1:45.58	2/6			

## 14 Lee, Blythe - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:15.60	5/3	#15 Girls 11-12 50 Fly	43.64	2/4
#19 Girls 11-12 100 IM	1:30.93	4/1	#23 Girls 11-12 50 Back	40.38	5/7
#29 Girls 11-12 200 Medley Relay (3)	3:05.96	1/7			

## 15 MacFarland, Ryan - Male - Age: 12 - Ind/Rel: 1 / 0

#8 Boys 11-12 100 Breast	1:33.38	3/4			
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## 16 Magalski, Ryan - Male - Age: 11 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	NT	1/6	#20 Boys 11-12 100 IM	NT	1/6
#24 Boys 11-12 50 Back	47.50	2/6			

## 17 McCammon, Jake - Male - Age: 11 - Ind/Rel: 0 / 1

#30 Boys 11-12 200 Medley Relay (2)	2:34.00	1/4			
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## 18 Mccune, Zella - Female - Age: 12 - Ind/Rel: 0 / 1

#29 Girls 11-12 200 Medley Relay (4)	2:53.15	1/5			
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## 19 Miller, Coraline - Female - Age: 12 - Ind/Rel: 0 / 1

#29 Girls 11-12 200 Medley Relay (2)	2:53.15	1/5			
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## 20 Morales, Karla - Female - Age: 12 - Ind/Rel: 0 / 1

#29 Girls 11-12 200 Medley Relay (1)	2:53.15	1/5			
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## 21 Phelps, Briggs - Male - Age: 9 - Ind/Rel: 1 / 0

#10 Boys 10&U 50 Breast	1:20.03	2/2			
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## 22 Platt, Harrison - Male - Age: 9 - Ind/Rel: 1 / 0

#6 Boys 10&U 100 Free	1:24.86	4/7			
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## 23 Polich, Jenna - Female - Age: 11 - Ind/Rel: 2 / 0

#7 Girls 11-12 100 Breast	NT	1/6	#23 Girls 11-12 50 Back	NT	1/4
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## 24 Price, Jocelyn - Female - Age: 10 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	1:20.82	5/5	#9 Girls 10&U 50 Breast	51.10	5/3
#13 Girls 10&U 100 Back	NT	1/7	#21 Girls 10&U 100 IM	1:33.23	5/4
#27 Girls 10&U 200 Medley Relay (2)	3:02.98	2/4			

## 25 Schuman, Blake - Male - Age: 11 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:37.09	2/7	#8 Boys 11-12 100 Breast	NT	1/5
#24 Boys 11-12 50 Back	57.69	2/9			

## 26 Tilges, Ella - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:12.61	6/1	#15 Girls 11-12 50 Fly	42.94	2/5
#19 Girls 11-12 100 IM	1:24.66	5/10	#23 Girls 11-12 50 Back	38.84	6/2
#29 Girls 11-12 200 Medley Relay (4)	2:29.29	2/4			

## 27 Van Der Molen, Baylie - Female - Age: 12 - Ind/Rel: 0 / 1

#29 Girls 11-12 200 Medley Relay (2)	2:29.29	2/4			
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Johnston Blaze Swim Club-IA Total Individual Entries: 64 - Total Relays: 0

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Life Time Iowa Swim Team-IA

## 1 Henning, Joelle - Female - Age: 11 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:07.13	7/4	#19 Girls 11-12 100 IM	1:21.79	5/2
#23 Girls 11-12 50 Back	37.39	7/8			

## 2 Lindemann, Josefina - Female - Age: 11 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:29.73	3/3	#15 Girls 11-12 50 Fly	38.20	4/2
#23 Girls 11-12 50 Back	40.82	5/2			

## 3 Mintle, Easton - Male - Age: 8 - Ind/Rel: 2 / 0

#10 Boys 10&U 50 Breast	57.66	3/1	#18 Boys 10&U 50 Fly	46.20	2/6
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## 4 Mintle, Harrison - Male - Age: 10 - Ind/Rel: 2 / 0

#6 Boys 10&U 100 Free	1:22.66	4/5	#18 Boys 10&U 50 Fly	50.84	2/9
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## 5 Swaim, Madison - Female - Age: 11 - Ind/Rel: 2 / 0

#1 Girls 11-12 100 Free	1:12.35	6/2	#23 Girls 11-12 50 Back	43.69	4/2
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Life Time Iowa Swim Team-IA Total Individual Entries: 12 - Total Relays: 0

## Mason City Swim Club-IA

## 1 Doolittle, Jillian - Female - Age: 11 - Ind/Rel: 4 / 1

#7 Girls 11-12 100 Breast	1:33.81	3/6	#15 Girls 11-12 50 Fly	39.31	4/10
#19 Girls 11-12 100 IM	1:24.69	4/5	#23 Girls 11-12 50 Back	38.66	6/7
#29 Girls 11-12 200 Medley Relay (3)	2:38.11	2/8			

## 2 Driscoll, Bailey - Female - Age: 9 - Ind/Rel: 2 / 0

#5 Girls 10&U 100 Free	1:57.90	2/3	#9 Girls 10&U 50 Breast	1:07.51	3/3
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## 3 Driscoll, Rylee - Female - Age: 12 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:13.08	6/10	#11 Girls 11-12 200 Back	2:58.78	1/3
#23 Girls 11-12 50 Back	35.79	7/5	#29 Girls 11-12 200 Medley Relay (1)	2:38.11	2/8

## 4 Hanafi, Adam - Male - Age: 11 - Ind/Rel: 3 / 0

#2 Boys 11-12 100 Free	1:17.84	4/2	#16 Boys 11-12 50 Fly	42.62	2/4
#24 Boys 11-12 50 Back	41.50	4/10			

## 5 Lingbeek, Aubrey - Female - Age: 12 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:35.45	3/10	#15 Girls 11-12 50 Fly	56.00	2/9
#23 Girls 11-12 50 Back	45.83	3/6	#29 Girls 11-12 200 Medley Relay (4)	2:38.11	2/8

## 6 Murray, Brynn - Female - Age: 12 - Ind/Rel: 1 / 1

#7 Girls 11-12 100 Breast	1:33.31	3/5	#29 Girls 11-12 200 Medley Relay (2)	2:38.11	2/8
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Mason City Swim Club-IA Total Individual Entries: 16 - Total Relays: 0

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## North Side Swim Team-IA

## 1 Anderson, Davan - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:15.24	5/4	#7 Girls 11-12 100 Breast	1:44.62	2/6
#15 Girls 11-12 50 Fly	43.46	2/6	#19 Girls 11-12 100 IM	1:32.07	3/6
#29 Girls 11-12 200 Medley Relay (3)	3:03.79	1/6			

## 2 Cariglino, Siena - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:15.88	5/8	#7 Girls 11-12 100 Breast	1:42.86	2/5
#19 Girls 11-12 100 IM	1:29.64	4/9	#23 Girls 11-12 50 Back	38.79	6/3
#29 Girls 11-12 200 Medley Relay (2)	3:03.79	1/6			

## 3 Cunningham, Lydia - Female - Age: 11 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:39.31	2/7	#7 Girls 11-12 100 Breast	2:10.55	2/1
#19 Girls 11-12 100 IM	1:53.09	2/8	#23 Girls 11-12 50 Back	51.96	2/4
#29 Girls 11-12 200 Medley Relay (4)	3:03.79	1/6			

## 4 Cunningham, Titus - Male - Age: 12 - Ind/Rel: 4 / 0

#12 Boys 11-12 200 Back	2:59.51	1/7	#16 Boys 11-12 50 Fly	39.65	3/1
#20 Boys 11-12 100 IM	1:28.33	3/2	#33 Mixed 11-12 500 Free	7:01.78	1/7

## 5 Devlic, Ben - Male - Age: 12 - Ind/Rel: 4 / 0

#2 Boys 11-12 100 Free	1:17.64	4/8	#8 Boys 11-12 100 Breast	1:42.00	3/3
#20 Boys 11-12 100 IM	NT	1/5	#24 Boys 11-12 50 Back	43.11	3/7

## 6 Kent, Harper - Male - Age: 12 - Ind/Rel: 4 / 0

#2 Boys 11-12 100 Free	1:26.78	3/8	#8 Boys 11-12 100 Breast	1:56.44	2/4
#20 Boys 11-12 100 IM	1:54.16	2/9	#24 Boys 11-12 50 Back	44.25	3/9

## 7 Reineke, Lexi - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:43.67	2/3	#7 Girls 11-12 100 Breast	2:13.56	1/5
#19 Girls 11-12 100 IM	2:45.63	1/4	#23 Girls 11-12 50 Back	58.02	2/2
#29 Girls 11-12 200 Medley Relay (1)	3:03.79	1/6			

## 8 Reineke, Mia - Female - Age: 12 - Ind/Rel: 4 / 0

#1 Girls 11-12 100 Free	1:20.80	SCR	#7 Girls 11-12 100 Breast	1:51.61	SCR
#19 Girls 11-12 100 IM	2:15.19	SCR	#23 Girls 11-12 50 Back	41.58	SCR

North Side Swim Team-IA Total Individual Entries: 32 - Total Relays: 0

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## Rams Swim Club-IA

## 1 Bean, Ember - Female - Age: 11 - Ind/Rel: 4 / 0

#7 Girls 11-12 100 Breast	2:04.92	2/2	#15 Girls 11-12 50 Fly	56.95	2/1
#19 Girls 11-12 100 IM	1:52.62	2/3	#23 Girls 11-12 50 Back	51.26	3/1

## 2 Cassler, Norah - Female - Age: 10 - Ind/Rel: 3 / 0

#9 Girls 10&U 50 Breast	1:21.79	2/6	#13 Girls 10&U 100 Back	2:07.25	2/10
#21 Girls 10&U 100 IM	NT	2/8			

## 3 Douglas, Allie - Female - Age: 12 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:14.81	SCR	#15 Girls 11-12 50 Fly	37.31	SCR
#23 Girls 11-12 50 Back	40.32	SCR			

## 4 Eberly, Addyson - Female - Age: 10 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	1:51.24	2/4	#9 Girls 10&U 50 Breast	NT	2/3
#17 Girls 10&U 50 Fly	1:06.52	1/5	#27 Girls 10&U 200 Medley Relay (4)	3:16.72	2/2

## 5 Fewins, Ella - Female - Age: 10 - Ind/Rel: 2 / 1

#9 Girls 10&U 50 Breast	55.24	4/8	#21 Girls 10&U 100 IM	1:57.03	2/6
#27 Girls 10&U 200 Medley Relay (2)	3:16.72	2/2			

## 6 Fewins, Emma - Female - Age: 12 - Ind/Rel: 4 / 1

#1 Girls 11-12 100 Free	1:18.08	4/6	#7 Girls 11-12 100 Breast	1:36.98	3/3
#15 Girls 11-12 50 Fly	40.32	3/2	#23 Girls 11-12 50 Back	43.42	4/8
#29 Girls 11-12 200 Medley Relay (1)	2:45.03	2/9			

## 7 Freiburger, Valentina - Female - Age: 11 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:38.86	2/6	#15 Girls 11-12 50 Fly	1:07.50	1/5
#23 Girls 11-12 50 Back	1:02.59	2/9	#29 Girls 11-12 200 Medley Relay (4)	2:45.03	2/9

## 8 Hiller, Cooper - Male - Age: 9 - Ind/Rel: 3 / 0

#6 Boys 10&U 100 Free	1:47.63	2/7	#10 Boys 10&U 50 Breast	NT	1/7
#22 Boys 10&U 100 IM	NT	2/10			

## 9 Hurley, Brooklyn - Female - Age: 11 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:09.31	7/9	#7 Girls 11-12 100 Breast	1:32.29	4/1
#23 Girls 11-12 50 Back	38.61	6/4	#29 Girls 11-12 200 Medley Relay (3)	2:45.03	2/9

## 10 Kunkel, Kapri - Female - Age: 11 - Ind/Rel: 3 / 0

#1 Girls 11-12 100 Free	1:49.13	2/9	#19 Girls 11-12 100 IM	1:57.30	2/9
#23 Girls 11-12 50 Back	51.82	2/6			

## 11 Ortega, Evelyn - Female - Age: 9 - Ind/Rel: 3 / 1

#9 Girls 10&U 50 Breast	51.96	SCR	#13 Girls 10&U 100 Back	1:39.76	SCR
#17 Girls 10&U 50 Fly	45.34	SCR	#27 Girls 10&U 200 Medley Relay (3)	3:16.72	2/2

## 12 Pekarek, Anna - Female - Age: 10 - Ind/Rel: 2 / 0

#13 Girls 10&U 100 Back	1:31.02	3/5	#31 Mixed 10&U 500 Free	7:48.81	1/5
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## 13 Pekarek, Lila - Female - Age: 12 - Ind/Rel: 2 / 1

#7 Girls 11-12 100 Breast	1:27.93	4/5	#15 Girls 11-12 50 Fly	40.28	3/8
#29 Girls 11-12 200 Medley Relay (2)	2:45.03	2/9			

## 14 Potratz, Jaden - Male - Age: 11 - Ind/Rel: 4 / 0

#2 Boys 11-12 100 Free	1:44.95	2/2	#8 Boys 11-12 100 Breast	2:28.75	2/9
#20 Boys 11-12 100 IM	NT	2/10	#24 Boys 11-12 50 Back	54.12	2/8

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

**Rams Swim Club-IA****15 Schoolen, Ruby - Female - Age: 10 - Ind/Rel: 4 / 1**

#5 Girls 10&U 100 Free	1:44.78	2/6	#9 Girls 10&U 50 Breast	1:06.97	3/7
#13 Girls 10&U 100 Back	1:52.36	2/2	#17 Girls 10&U 50 Fly	1:00.68	2/10
#27 Girls 10&U 200 Medley Relay (1)	3:16.72	2/2			

**16 Shonka, Voeden - Male - Age: 11 - Ind/Rel: 2 / 0**

#2 Boys 11-12 100 Free	1:46.74	2/9	#24 Boys 11-12 50 Back	47.10	3/10
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**17 Sikora, Owen - Male - Age: 11 - Ind/Rel: 3 / 0**

#2 Boys 11-12 100 Free	1:15.40	4/4	#12 Boys 11-12 200 Back	3:01.86	1/3
#24 Boys 11-12 50 Back	37.65	5/10			

**18 Six, Tristan - Male - Age: 10 - Ind/Rel: 3 / 0**

#6 Boys 10&U 100 Free	1:38.46	3/9	#10 Boys 10&U 50 Breast	NT	1/5
#18 Boys 10&U 50 Fly	NT	1/3			

**19 Sorensen-Ceesay, Malik - Male - Age: 10 - Ind/Rel: 3 / 1**

#6 Boys 10&U 100 Free	1:38.50	3/1	#18 Boys 10&U 50 Fly	54.97	1/4
#22 Boys 10&U 100 IM	1:54.16	2/7	#28 Boys 10&U 200 Medley Relay (3)	3:26.46	1/7

**20 Stokka, Elijah - Male - Age: 10 - Ind/Rel: 3 / 1**

#6 Boys 10&U 100 Free	1:25.69	4/8	#14 Boys 10&U 100 Back	1:43.94	2/2
#18 Boys 10&U 50 Fly	52.03	2/1	#28 Boys 10&U 200 Medley Relay (1)	3:26.46	1/7

**21 Thomas, Ethan - Male - Age: 10 - Ind/Rel: 3 / 1**

#6 Boys 10&U 100 Free	1:55.07	2/8	#10 Boys 10&U 50 Breast	1:02.86	2/5
#14 Boys 10&U 100 Back	2:05.43	1/7	#28 Boys 10&U 200 Medley Relay (2)	3:26.46	1/7

**22 Viteri, Sebastian - Male - Age: 9 - Ind/Rel: 2 / 1**

#6 Boys 10&U 100 Free	1:35.82	3/3	#14 Boys 10&U 100 Back	1:49.71	2/1
#28 Boys 10&U 200 Medley Relay (4)	3:26.46	1/7			

**Rams Swim Club-IA Total Individual Entries: 65 - Total Relays: 0**

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## South East Aquatics-IA

## 1 Boender, Sully - Male - Age: 12 - Ind/Rel: 4 / 1

#2 Boys 11-12 100 Free	1:10.81	5/2	#8 Boys 11-12 100 Breast	1:33.82	3/7
#20 Boys 11-12 100 IM	1:22.00	3/4	#24 Boys 11-12 50 Back	37.63	5/1
#30 Boys 11-12 200 Medley Relay (3)	3:21.67	1/8			

## 2 DeMuth, Caroline - Female - Age: 12 - Ind/Rel: 3 / 1

#7 Girls 11-12 100 Breast	1:28.00	4/6	#11 Girls 11-12 200 Back	2:49.07	1/7
#15 Girls 11-12 50 Fly	34.09	4/5	#29 Girls 11-12 200 Medley Relay (2)	2:51.52	2/10

## 3 DeMuth, Betty - Female - Age: 12 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:06.99	7/6	#11 Girls 11-12 200 Back	2:45.13	1/5
#19 Girls 11-12 100 IM	1:19.72	5/6	#29 Girls 11-12 200 Medley Relay (3)	2:51.52	2/10

## 4 Green, Reilly - Male - Age: 9 - Ind/Rel: 1 / 0

#14 Boys 10&U 100 Back	1:29.77	2/5			
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## 5 Groenenboom, Kinzley - Female - Age: 10 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	1:29.33	4/3	#13 Girls 10&U 100 Back	1:36.37	3/8
#21 Girls 10&U 100 IM	1:38.01	4/6	#27 Girls 10&U 200 Medley Relay (3)	3:40.31	2/9
#31 Mixed 10&U 500 Free	8:46.99	1/3			

## 6 Hardman, Ellie - Female - Age: 11 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	1:44.62	2/2	#19 Girls 11-12 100 IM	1:59.56	2/10
#23 Girls 11-12 50 Back	51.12	3/9	#29 Girls 11-12 200 Medley Relay (1)	2:51.52	2/10

## 7 Heap, Lucas - Male - Age: 12 - Ind/Rel: 2 / 0

#2 Boys 11-12 100 Free	NT	1/4	#24 Boys 11-12 50 Back	NT	1/7
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## 8 Hollebrands, Abby - Female - Age: 11 - Ind/Rel: 3 / 1

#1 Girls 11-12 100 Free	NT	1/4	#19 Girls 11-12 100 IM	NT	1/7
#23 Girls 11-12 50 Back	54.76	2/8	#29 Girls 11-12 200 Medley Relay (4)	2:51.52	2/10

## 9 Novelo, Dominic - Male - Age: 9 - Ind/Rel: 4 / 1

#6 Boys 10&U 100 Free	1:26.42	4/2	#14 Boys 10&U 100 Back	1:54.71	1/5
#22 Boys 10&U 100 IM	1:44.17	3/10	#28 Boys 10&U 200 Medley Relay (3)	3:51.37	1/2
#31 Mixed 10&U 500 Free	8:41.34	1/7			

## 10 Oaks, Gavin - Male - Age: 11 - Ind/Rel: 3 / 1

#2 Boys 11-12 100 Free	1:42.25	2/3	#8 Boys 11-12 100 Breast	NT	1/6
#24 Boys 11-12 50 Back	1:01.96	1/6	#30 Boys 11-12 200 Medley Relay (4)	3:21.67	1/8

## 11 Peer, Shawn - Female - Age: 9 - Ind/Rel: 3 / 1

#5 Girls 10&U 100 Free	2:01.61	2/2	#13 Girls 10&U 100 Back	2:12.01	1/5
#21 Girls 10&U 100 IM	NT	1/4	#27 Girls 10&U 200 Medley Relay (1)	3:40.31	2/9

## 12 Place, Henry - Male - Age: 12 - Ind/Rel: 4 / 1

#2 Boys 11-12 100 Free	1:36.55	2/4	#8 Boys 11-12 100 Breast	NT	2/10
#20 Boys 11-12 100 IM	NT	1/4	#24 Boys 11-12 50 Back	52.50	2/3
#30 Boys 11-12 200 Medley Relay (2)	3:21.67	1/8			

## 13 Place, Warren - Male - Age: 9 - Ind/Rel: 4 / 1

#6 Boys 10&U 100 Free	2:25.26	2/1	#10 Boys 10&U 50 Breast	1:34.99	2/9
#14 Boys 10&U 100 Back	NT	1/10	#22 Boys 10&U 100 IM	NT	1/6
#28 Boys 10&U 200 Medley Relay (4)	3:51.37	1/2			

## 2023 IA Winter Regional and 8 &amp; Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA \* Des Moines, IA \* 25 yard course

## Team Entries - Saturday Morning - 10 &amp; Under / 11 &amp; 12

## South East Aquatics-IA

## 14 Punt, Cameron - Male - Age: 11 - Ind/Rel: 4 / 1

#2 Boys 11-12 100 Free	1:35.43	2/6	#8 Boys 11-12 100 Breast	2:02.35	2/3
#16 Boys 11-12 50 Fly	NT	1/4	#24 Boys 11-12 50 Back	55.52	2/2
#30 Boys 11-12 200 Medley Relay (1)	3:21.67	1/8			

## 15 Punt, Clara - Female - Age: 9 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	2:06.11	2/1	#9 Girls 10&U 50 Breast	NT	2/9
#13 Girls 10&U 100 Back	NT	1/1	#21 Girls 10&U 100 IM	NT	1/6
#27 Girls 10&U 200 Medley Relay (4)	3:40.31	2/9			

## 16 Sisul, Jolie - Female - Age: 10 - Ind/Rel: 4 / 1

#5 Girls 10&U 100 Free	1:41.86	3/1	#9 Girls 10&U 50 Breast	52.38	5/9
#17 Girls 10&U 50 Fly	52.10	2/5	#21 Girls 10&U 100 IM	1:49.20	3/8
#27 Girls 10&U 200 Medley Relay (2)	3:40.31	2/9			

## 17 Vander Linden, Benten - Male - Age: 10 - Ind/Rel: 4 / 1

#6 Boys 10&U 100 Free	1:23.33	4/6	#10 Boys 10&U 50 Breast	56.89	3/9
#14 Boys 10&U 100 Back	1:35.68	2/7	#22 Boys 10&U 100 IM	1:42.05	3/9
#28 Boys 10&U 200 Medley Relay (1)	3:51.37	1/2			

## 18 Whitmore, Bryson - Male - Age: 8 - Ind/Rel: 0 / 1

#28 Boys 10&U 200 Medley Relay (2)	3:51.37	1/2			
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South East Aquatics-IA Total Individual Entries: 57 - Total Relays: 0

## Swordfish Academy-IA

## 1 Notz, Bennett - Male - Age: 12 - Ind/Rel: 2 / 0

#16 Boys 11-12 50 Fly	36.62	SCR	#24 Boys 11-12 50 Back	38.80	SCR
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Swordfish Academy-IA Total Individual Entries: 2 - Total Relays: 0