

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Ames Cyclone Aquatics Club-IA**1 Fields, Clara - Female - Age: 17 - Ind/Rel: 3 / 0**

#61 Girls 15&0 100 Free	1:02.40	2/9	#73 Mixed 15&0 200 Back	2:38.93	1/8
#85 Mixed 15&0 500 Free	6:06.43	1/2			

2 Hall, Kane - Male - Age: 13 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:09.86	2/3	#68 Boys 13-14 100 Breast	NT	1/1
#80 Boys 13-14 200 Medley Relay (4)	2:27.81	1/4			

3 Hermesen, Mady - Female - Age: 14 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free	1:00.68	4/5	#71 Girls 13-14 200 Back	2:34.94	1/8
#83 Girls 13-14 500 Free	6:05.97	1/4			

4 MacLeod, Megan - Female - Age: 14 - Ind/Rel: 4 / 0

#63 Mixed 13&0 400 IM	5:38.26	1/3	#71 Girls 13-14 200 Back	2:33.75	1/7
#75 Girls 13-14 100 Fly	1:22.02	2/5	#83 Girls 13-14 500 Free	6:22.23	1/2

5 Miller, Ty - Male - Age: 13 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	1:13.29	2/1	#68 Boys 13-14 100 Breast	1:54.74	1/2
#76 Boys 13-14 100 Fly	1:38.17	1/7	#80 Boys 13-14 200 Medley Relay (3)	2:27.81	1/4

6 Riley, Isabella - Female - Age: 14 - Ind/Rel: 4 / 0

#59 Girls 13-14 100 Free	1:09.10	2/5	#67 Girls 13-14 100 Breast	1:39.36	2/10
#71 Girls 13-14 200 Back	2:51.01	1/1	#75 Girls 13-14 100 Fly	1:22.19	2/6

7 Strosahl, Jonas - Male - Age: 13 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	1:03.06	3/6	#72 Boys 13-14 200 Back	2:38.54	1/3
#80 Boys 13-14 200 Medley Relay (1)	2:27.81	1/4	#84 Boys 13-14 500 Free	6:03.71	1/3

8 Strosahl, Solomon - Male - Age: 16 - Ind/Rel: 2 / 0

#78 Boys 15&0 100 Fly	1:00.18	2/6	#85 Mixed 15&0 500 Free	5:31.56	1/5
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9 Thompson, Ky - Female - Age: 14 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free	1:00.97	4/4	#67 Girls 13-14 100 Breast	1:24.26	3/7
#83 Girls 13-14 500 Free	6:09.70	1/3			

10 Vos, Atticus - Male - Age: 13 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	1:06.86	3/1	#68 Boys 13-14 100 Breast	1:22.40	2/2
#76 Boys 13-14 100 Fly	1:21.95	2/10	#80 Boys 13-14 200 Medley Relay (2)	2:27.81	1/4

Ames Cyclone Aquatics Club-IA Total Individual Entries: 30 - Total Relays: 0**Carroll Area Swim Team-IA****1 Lankford, Reef - Male - Age: 13 - Ind/Rel: 1 / 0**

#60 Boys 13-14 100 Free	1:05.78	3/2			
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Carroll Area Swim Team-IA Total Individual Entries: 1 - Total Relays: 0

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Central Iowa Aquatics-IA

1 Ernsperger, Isabel - Female - Age: 14 - Ind/Rel: 1 / 1

#67 Girls 13-14 100 Breast 1:21.03 3/6 #79 Girls 13-14 200 Medley Relay (1) 2:14.39 1/6

2 Gagov, Evan - Male - Age: 14 - Ind/Rel: 1 / 0

#84 Boys 13-14 500 Free 5:34.60 1/5

3 Heitzman, Calvin - Male - Age: 13 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 58.00 4/7 #76 Boys 13-14 100 Fly 1:13.62 2/8

4 Hoss, Brooke - Female - Age: 13 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free 1:05.33 3/4 #67 Girls 13-14 100 Breast 1:29.73 2/6

#75 Girls 13-14 100 Fly 1:19.21 3/1

5 Kiekhaefer, Lucy - Female - Age: 15 - Ind/Rel: 2 / 0

#61 Girls 15&0 100 Free 1:08.24 1/4 #69 Girls 15&0 100 Breast 1:28.98 2/7

6 Kramer, Marley - Female - Age: 13 - Ind/Rel: 4 / 1

#59 Girls 13-14 100 Free 1:02.25 4/9 #67 Girls 13-14 100 Breast 1:23.53 3/4

#71 Girls 13-14 200 Back 2:30.36 1/5 #75 Girls 13-14 100 Fly 1:08.45 3/5

#79 Girls 13-14 200 Medley Relay (2) 2:14.39 1/6

7 Kramer, Nina - Female - Age: 16 - Ind/Rel: 3 / 0

#61 Girls 15&0 100 Free 1:01.54 2/7 #77 Girls 15&0 100 Fly 1:11.67 1/6

#85 Mixed 15&0 500 Free 5:51.06 1/3

8 Loo, Ivy - Female - Age: 13 - Ind/Rel: 0 / 1

#79 Girls 13-14 200 Medley Relay (4) 2:14.39 1/6

9 Monaghan, John - Male - Age: 15 - Ind/Rel: 3 / 0

#62 Boys 15&0 100 Free 54.10 2/6 #70 Boys 15&0 100 Breast 1:12.02 2/3

#78 Boys 15&0 100 Fly 59.73 2/5

10 Moore, Quentin - Male - Age: 15 - Ind/Rel: 3 / 0

#62 Boys 15&0 100 Free 1:00.61 1/6 #70 Boys 15&0 100 Breast 1:09.15 2/6

#78 Boys 15&0 100 Fly 1:21.38 1/6

11 Naylor, Carson - Male - Age: 13 - Ind/Rel: 3 / 0

#60 Boys 13-14 100 Free 1:07.06 3/10 #68 Boys 13-14 100 Breast 1:32.61 1/7

#84 Boys 13-14 500 Free 5:32.85L 1/2

12 Penne, Addison - Female - Age: 17 - Ind/Rel: 3 / 0

#61 Girls 15&0 100 Free 1:02.18 2/2 #69 Girls 15&0 100 Breast 1:25.13 2/4

#85 Mixed 15&0 500 Free 5:57.35 1/8

13 Reid, Abigail - Female - Age: 14 - Ind/Rel: 1 / 1

#59 Girls 13-14 100 Free 1:01.17 4/3 #79 Girls 13-14 200 Medley Relay (3) 2:14.39 1/6

14 Sexton, Claire - Female - Age: 13 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free 1:11.17 2/4 #67 Girls 13-14 100 Breast 1:25.53 3/8

15 Vallas, Finley - Female - Age: 14 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free 1:05.79 3/7 #71 Girls 13-14 200 Back 2:41.69 1/9

#75 Girls 13-14 100 Fly 1:23.28 2/3

Central Iowa Aquatics-IA Total Individual Entries: 34 - Total Relays: 0

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Des Moines Swimming Federation-IA

1 Artikov, Isaac - Male - Age: 13 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	1:00.00	4/1	#68 Boys 13-14 100 Breast	1:16.17	2/5
#80 Boys 13-14 200 Medley Relay (2)	2:04.24	1/5	#84 Boys 13-14 500 Free	5:51.72	1/7

2 Bylund, Amelia - Female - Age: 14 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free	1:17.23	1/3	#67 Girls 13-14 100 Breast	1:47.58	1/3
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3 Chase, Anna - Female - Age: 16 - Ind/Rel: 2 / 0

#61 Girls 15&0 100 Free	1:01.64	2/3	#77 Girls 15&0 100 Fly	1:16.97	1/4
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4 Davis, Ava - Female - Age: 14 - Ind/Rel: 4 / 1

#59 Girls 13-14 100 Free	1:03.34	4/10	#67 Girls 13-14 100 Breast	1:26.75	3/9
#75 Girls 13-14 100 Fly	1:16.91	3/8	#79 Girls 13-14 200 Medley Relay (1)	2:14.31	1/5
#83 Girls 13-14 500 Free	6:06.86	1/7			

5 DeJong, Eli - Male - Age: 15 - Ind/Rel: 2 / 1

#70 Boys 15&0 100 Breast	1:10.74	2/4	#78 Boys 15&0 100 Fly	1:01.58	2/4
#82 Boys 15&0 200 Medley Relay (3)	1:50.10	1/5			

6 Edgington, Tate - Male - Age: 13 - Ind/Rel: 2 / 1

#72 Boys 13-14 200 Back	2:27.56	1/5	#76 Boys 13-14 100 Fly	1:08.41	2/4
#80 Boys 13-14 200 Medley Relay (3)	2:04.24	1/5			

7 Gleason, Britt - Male - Age: 17 - Ind/Rel: 2 / 1

#73 Mixed 15&0 200 Back	2:23.26	1/4	#78 Boys 15&0 100 Fly	1:08.01	2/9
#82 Boys 15&0 200 Medley Relay (4)	1:50.10	1/5			

8 Grimes, Nolan - Male - Age: 16 - Ind/Rel: 3 / 0

#62 Boys 15&0 100 Free	57.22	2/3	#70 Boys 15&0 100 Breast	1:23.15	2/1
#78 Boys 15&0 100 Fly	1:09.88	2/10			

9 LaMasters, Peter - Male - Age: 14 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	58.69	4/3	#68 Boys 13-14 100 Breast	1:20.47	2/3
#80 Boys 13-14 200 Medley Relay (1)	2:04.24	1/5	#84 Boys 13-14 500 Free	5:38.99	1/6

10 Lebeck, Jocelyn - Female - Age: 13 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free	1:15.64	1/4	#67 Girls 13-14 100 Breast	1:50.41	1/8
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11 Mengel, Maddie - Female - Age: 15 - Ind/Rel: 2 / 0

#61 Girls 15&0 100 Free	1:06.43	1/5	#69 Girls 15&0 100 Breast	1:37.42	2/9
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12 Otis, Hudson - Male - Age: 15 - Ind/Rel: 4 / 1

#62 Boys 15&0 100 Free	52.95	2/5	#63 Mixed 13&0 400 IM	4:51.00	1/5
#70 Boys 15&0 100 Breast	1:11.59	2/7	#78 Boys 15&0 100 Fly	1:04.93	2/3
#82 Boys 15&0 200 Medley Relay (1)	1:50.10	1/5			

13 Otis, Kasen - Male - Age: 13 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	56.64	4/6	#63 Mixed 13&0 400 IM	5:17.74	1/4
#80 Boys 13-14 200 Medley Relay (4)	2:04.24	1/5			

14 Powell, Izzy - Female - Age: 13 - Ind/Rel: 3 / 1

#59 Girls 13-14 100 Free	1:01.67	4/8	#71 Girls 13-14 200 Back	2:32.20	1/6
#79 Girls 13-14 200 Medley Relay (4)	2:14.31	1/5	#83 Girls 13-14 500 Free	5:54.41	1/6

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Des Moines Swimming Federation-IA**15 Seckington, Tillie - Female - Age: 13 - Ind/Rel: 2 / 1**

#59 Girls 13-14 100 Free	1:04.18	3/5	#75 Girls 13-14 100 Fly	1:13.75	3/7
#79 Girls 13-14 200 Medley Relay (3)	2:14.31	1/5			

16 Smith, Kaleb - Male - Age: 15 - Ind/Rel: 3 / 0

#62 Boys 15&0 100 Free	1:00.74	1/4	#73 Mixed 15&0 200 Back	2:32.05	1/7
#78 Boys 15&0 100 Fly	1:13.54	1/5			

17 Smith, Kiley - Female - Age: 16 - Ind/Rel: 3 / 0

#61 Girls 15&0 100 Free	58.40	2/5	#73 Mixed 15&0 200 Back	2:22.66	1/6
#85 Mixed 15&0 500 Free	5:45.42	1/4			

18 Spracklin, Ethan - Male - Age: 15 - Ind/Rel: 1 / 1

#62 Boys 15&0 100 Free	59.59	2/10	#82 Boys 15&0 200 Medley Relay (2)	1:50.10	1/5
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19 Stec, Sienna - Female - Age: 14 - Ind/Rel: 3 / 1

#59 Girls 13-14 100 Free	1:02.13	4/2	#67 Girls 13-14 100 Breast	1:24.28	3/3
#79 Girls 13-14 200 Medley Relay (2)	2:14.31	1/5	#83 Girls 13-14 500 Free	5:37.74L	1/9

20 Voynov, Clive - Male - Age: 13 - Ind/Rel: 3 / 0

#60 Boys 13-14 100 Free	59.91	4/9	#76 Boys 13-14 100 Fly	1:06.52	2/6
#84 Boys 13-14 500 Free	5:49.96	1/4			

21 Willrich, Ben - Male - Age: 14 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free	1:00.26	3/5	#68 Boys 13-14 100 Breast	1:25.80	2/10
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Des Moines Swimming Federation-IA Total Individual Entries: 53 - Total Relays: 0

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Dowling Catholic Riptide-IA**1 Arnold, Westin - Male - Age: 14 - Ind/Rel: 2 / 1**

#60 Boys 13-14 100 Free	1:00.07	4/10	#72 Boys 13-14 200 Back	2:59.63L	1/8
#80 Boys 13-14 200 Medley Relay (4)	2:39.19	1/7			

2 Brown, Ella - Female - Age: 16 - Ind/Rel: 2 / 1

#61 Girls 15&0 100 Free	1:00.85	2/4	#77 Girls 15&0 100 Fly	1:05.58	1/5
#81 Girls 15&0 200 Medley Relay (3)	2:06.64	1/5			

3 Corwin, Briley - Female - Age: 16 - Ind/Rel: 1 / 1

#63 Mixed 13&0 400 IM	5:08.46	1/6	#81 Girls 15&0 200 Medley Relay (1)	2:06.64	1/5
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4 Duran Oropeza, Cesar - Male - Age: 15 - Ind/Rel: 2 / 0

#62 Boys 15&0 100 Free	NT	1/2	#78 Boys 15&0 100 Fly	NT	1/3
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5 Eure, Veronica - Female - Age: 14 - Ind/Rel: 1 / 1

#75 Girls 13-14 100 Fly	1:23.20	2/7	#79 Girls 13-14 200 Medley Relay (1)	2:28.72	1/7
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6 Heddinger, Tommy - Male - Age: 13 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:07.70	2/4	#68 Boys 13-14 100 Breast	1:24.89	2/1
#80 Boys 13-14 200 Medley Relay (3)	2:39.19	1/7			

7 Heddinger, Ginny - Female - Age: 15 - Ind/Rel: 1 / 1

#61 Girls 15&0 100 Free	58.75	2/6	#81 Girls 15&0 200 Medley Relay (4)	2:06.64	1/5
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8 Jacobs, Kate - Female - Age: 13 - Ind/Rel: 1 / 1

#67 Girls 13-14 100 Breast	1:33.53	2/7	#79 Girls 13-14 200 Medley Relay (2)	2:28.72	1/7
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9 Kinnison, Amanda - Female - Age: 13 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free	1:07.64	3/1	#67 Girls 13-14 100 Breast	1:37.27	2/2
#79 Girls 13-14 200 Medley Relay (4)	2:28.72	1/7			

10 Leder, Charlie - Male - Age: 13 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:06.01	3/9	#68 Boys 13-14 100 Breast	1:30.52	1/4
#80 Boys 13-14 200 Medley Relay (2)	2:39.19	1/7			

11 Middlekauff, Alivia - Female - Age: 13 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free	1:13.72	2/10	#67 Girls 13-14 100 Breast	1:45.64	1/7
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12 Nguyen, David - Male - Age: 15 - Ind/Rel: 1 / 0

#70 Boys 15&0 100 Breast	1:12.85	2/8			
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13 Reisdorf, Olivia - Female - Age: 16 - Ind/Rel: 2 / 1

#61 Girls 15&0 100 Free	1:06.28	2/10	#69 Girls 15&0 100 Breast	1:24.98	2/6
#81 Girls 15&0 200 Medley Relay (2)	2:06.64	1/5			

14 Savransky, Michael - Male - Age: 14 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:15.44	2/10	#68 Boys 13-14 100 Breast	1:38.37	1/8
#80 Boys 13-14 200 Medley Relay (1)	2:39.19	1/7			

15 Shenouda, Esther - Female - Age: 13 - Ind/Rel: 3 / 1

#59 Girls 13-14 100 Free	1:07.62	3/9	#67 Girls 13-14 100 Breast	1:37.35	2/9
#75 Girls 13-14 100 Fly	NT	1/4	#79 Girls 13-14 200 Medley Relay (3)	2:28.72	1/7

Dowling Catholic Riptide-IA Total Individual Entries: 26 - Total Relays: 0

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Fort Dodge Area Swim Team-IA**1 Bloom, Ellie - Female - Age: 14 - Ind/Rel: 2 / 0**

#59 Girls 13-14 100 Free 1:16.86 1/7 #67 Girls 13-14 100 Breast 1:36.86 2/8

2 Lubensky, Kylene - Female - Age: 13 - Ind/Rel: 1 / 0

#59 Girls 13-14 100 Free 1:01.02 4/7

Fort Dodge Area Swim Team-IA Total Individual Entries: 3 - Total Relays: 0**Greater Des Moines YMCA-IA****1 Beauchamp, Maddy - Female - Age: 13 - Ind/Rel: 2 / 0**

#59 Girls 13-14 100 Free 1:07.27 3/2 #75 Girls 13-14 100 Fly 1:22.81 2/4

2 Cline, Haven - Female - Age: 14 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free 1:00.85 4/6 #83 Girls 13-14 500 Free 5:52.43 1/5

3 Dunham, Keegan - Female - Age: 14 - Ind/Rel: 4 / 0

#59 Girls 13-14 100 Free 1:02.92 4/1 #71 Girls 13-14 200 Back 2:38.50 1/2

#75 Girls 13-14 100 Fly 1:09.15 3/6 #83 Girls 13-14 500 Free 6:12.79 1/8

4 Gatzionis, Gregory - Male - Age: 13 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 1:04.16 3/4 #68 Boys 13-14 100 Breast 1:22.76 2/9

5 Gray, Dominic - Male - Age: 13 - Ind/Rel: 3 / 0

#60 Boys 13-14 100 Free 1:05.05 3/7 #72 Boys 13-14 200 Back 2:29.66 1/6

#84 Boys 13-14 500 Free 6:07.26 1/8

6 Harris, Gage - Male - Age: 13 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 59.47 4/2 #76 Boys 13-14 100 Fly 1:06.47 2/5

7 Heffernan, Blake - Male - Age: 13 - Ind/Rel: 4 / 0

#60 Boys 13-14 100 Free 58.87 4/8 #68 Boys 13-14 100 Breast 1:18.26 2/7

#72 Boys 13-14 200 Back 2:29.77 1/4 #76 Boys 13-14 100 Fly 1:14.46 2/2

8 Jean, Brock - Male - Age: 15 - Ind/Rel: 2 / 0

#78 Boys 15&0 100 Fly 1:02.75 2/7 #85 Mixed 15&0 500 Free 5:37.22 1/6

9 Ocheltree, Hayden - Female - Age: 13 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free 1:15.15 1/6 #67 Girls 13-14 100 Breast NT 1/9

#75 Girls 13-14 100 Fly 1:17.24 3/2

10 Prichard, Avery - Female - Age: 13 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free 1:12.86 2/2 #67 Girls 13-14 100 Breast 1:27.72 3/1

#75 Girls 13-14 100 Fly 1:28.02 2/2

11 Rohloff, Kate - Female - Age: 14 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free 1:09.05 3/10 #67 Girls 13-14 100 Breast 1:39.27 2/1

12 Stone, Kylee - Female - Age: 13 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free 1:05.12 3/6 #71 Girls 13-14 200 Back 2:33.38 1/4

#75 Girls 13-14 100 Fly 1:09.98 3/4

13 Yedake, Anika - Female - Age: 14 - Ind/Rel: 3 / 0

#59 Girls 13-14 100 Free 1:05.89 3/3 #67 Girls 13-14 100 Breast 1:28.32 3/10

#75 Girls 13-14 100 Fly 1:17.42 3/9

Greater Des Moines YMCA-IA Total Individual Entries: 35 - Total Relays: 0

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Johnston Blaze Swim Club-IA**1 Baker, Henry - Male - Age: 14 - Ind/Rel: 2 / 0**

#60 Boys 13-14 100 Free 1:09.61 2/7 #68 Boys 13-14 100 Breast 1:36.58 1/3

2 Buck, Garrett - Male - Age: 14 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 1:20.11 1/6 #68 Boys 13-14 100 Breast NT 1/10

3 Clark, Hunter - Male - Age: 14 - Ind/Rel: 1 / 0

#60 Boys 13-14 100 Free 2:17.97 1/7

4 Dvorak, Layla - Female - Age: 15 - Ind/Rel: 3 / 0

#61 Girls 15&0 100 Free 1:02.72 2/1 #69 Girls 15&0 100 Breast 1:33.07 2/2

#77 Girls 15&0 100 Fly 1:21.18 1/3

5 Kruger, Olivia - Female - Age: 13 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free 1:13.37 2/1 #67 Girls 13-14 100 Breast 1:32.89 2/4

6 Paul, Levi Paul - Male - Age: 13 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 1:11.17 2/2 #76 Boys 13-14 100 Fly 1:23.18 1/5

7 Sethi, Milie - Female - Age: 15 - Ind/Rel: 2 / 0

#61 Girls 15&0 100 Free 1:16.97 1/2 #69 Girls 15&0 100 Breast 1:31.48 2/8

Johnston Blaze Swim Club-IA Total Individual Entries: 14 - Total Relays: 0**Life Time Iowa Swim Team-IA****1 Shcharansky, George - Male - Age: 15 - Ind/Rel: 2 / 0**

#62 Boys 15&0 100 Free 56.51 2/4 #78 Boys 15&0 100 Fly NT 1/7

Life Time Iowa Swim Team-IA Total Individual Entries: 2 - Total Relays: 0**Mason City Swim Club-IA****1 Braun, Jenna - Female - Age: 18 - Ind/Rel: 2 / 0**

#69 Girls 15&0 100 Breast 1:14.52 2/5 #85 Mixed 15&0 500 Free 5:45.64 1/7

2 Cook, Mallory - Female - Age: 13 - Ind/Rel: 1 / 0

#59 Girls 13-14 100 Free 1:06.59 3/8

3 Hanafi, Zayd - Male - Age: 13 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 56.46 4/5 #68 Boys 13-14 100 Breast 1:17.00 2/6

4 Murray, Keira - Female - Age: 14 - Ind/Rel: 1 / 0

#67 Girls 13-14 100 Breast 1:29.04 2/5

Mason City Swim Club-IA Total Individual Entries: 6 - Total Relays: 0

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

North Side Swim Team-IA

1 Ballenger-Hudson, Aquila - Female - Age: 17 - Ind/Rel: 3 / 1

#61 Girls 15&0 100 Free	1:02.09	2/8	#69 Girls 15&0 100 Breast	1:30.95	2/3
#77 Girls 15&0 100 Fly	1:24.21	1/8	#81 Girls 15&0 200 Medley Relay (4)	2:19.58	1/6

2 Briggs, Colby - Male - Age: 15 - Ind/Rel: 2 / 1

#62 Boys 15&0 100 Free	57.04	2/7	#73 Mixed 15&0 200 Back	2:21.00	1/5
#82 Boys 15&0 200 Medley Relay (1)	1:57.38	1/6			

3 Briggs, Cooper - Male - Age: 13 - Ind/Rel: 1 / 0

#60 Boys 13-14 100 Free	1:19.28	1/5			
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4 Cauterucci, Kole - Male - Age: 14 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	1:05.22	3/8	#68 Boys 13-14 100 Breast	1:27.78	1/5
#76 Boys 13-14 100 Fly	1:19.58	2/1	#80 Boys 13-14 200 Medley Relay (1)	2:07.95	1/6

5 Cornwell, Connor - Male - Age: 14 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:10.62	2/8	#76 Boys 13-14 100 Fly	1:31.80	1/4
#80 Boys 13-14 200 Medley Relay (3)	2:39.56	1/3			

6 Cunningham, Clara - Female - Age: 15 - Ind/Rel: 3 / 1

#61 Girls 15&0 100 Free	1:06.64	1/6	#73 Mixed 15&0 200 Back	2:35.36	1/3
#77 Girls 15&0 100 Fly	1:18.63	1/7	#81 Girls 15&0 200 Medley Relay (3)	2:19.58	1/6

7 Cunningham, Corban - Male - Age: 13 - Ind/Rel: 2 / 1

#63 Mixed 13&0 400 IM	5:19.27	1/7	#76 Boys 13-14 100 Fly	1:10.27	2/7
#80 Boys 13-14 200 Medley Relay (3)	2:07.95	1/6			

8 Dange, Camryn - Female - Age: 14 - Ind/Rel: 3 / 1

#67 Girls 13-14 100 Breast	1:20.13	3/5	#71 Girls 13-14 200 Back	2:34.70	1/3
#75 Girls 13-14 100 Fly	1:21.20	3/10	#79 Girls 13-14 200 Medley Relay (1)	2:16.98	1/4

9 Dange, Evelyn - Female - Age: 14 - Ind/Rel: 2 / 1

#67 Girls 13-14 100 Breast	1:26.71	3/2	#75 Girls 13-14 100 Fly	1:16.07	3/3
#79 Girls 13-14 200 Medley Relay (2)	2:16.98	1/4			

10 Disterhoft, Fisher - Male - Age: 14 - Ind/Rel: 1 / 1

#60 Boys 13-14 100 Free	1:12.55	2/9	#80 Boys 13-14 200 Medley Relay (1)	2:39.56	1/3
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11 Disterhoft, Uriah - Male - Age: 16 - Ind/Rel: 1 / 0

#62 Boys 15&0 100 Free	1:08.39	1/8			
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12 Ha, Norman - Male - Age: 13 - Ind/Rel: 2 / 1

#72 Boys 13-14 200 Back	2:35.83	1/7	#76 Boys 13-14 100 Fly	1:16.22	2/9
#80 Boys 13-14 200 Medley Relay (4)	2:07.95	1/6			

13 Kearn, Zoella - Female - Age: 14 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free	1:20.72	1/2	#75 Girls 13-14 100 Fly	1:57.67	1/5
#79 Girls 13-14 200 Medley Relay (4)	2:54.87	1/8			

14 Kent, Avery - Female - Age: 15 - Ind/Rel: 2 / 1

#61 Girls 15&0 100 Free	1:14.46	1/3	#69 Girls 15&0 100 Breast	1:40.44	1/5
#81 Girls 15&0 200 Medley Relay (2)	2:19.58	1/6			

15 Labresh, Joella - Female - Age: 15 - Ind/Rel: 2 / 1

#61 Girls 15&0 100 Free	1:08.53	1/7	#77 Girls 15&0 100 Fly	1:24.29	1/2
#81 Girls 15&0 200 Medley Relay (1)	2:19.58	1/6			

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

North Side Swim Team-IA

16 Lai, Joseph - Male - Age: 13 - Ind/Rel: 3 / 1

#60 Boys 13-14 100 Free	57.76	4/4	#68 Boys 13-14 100 Breast	1:17.10	2/4
#76 Boys 13-14 100 Fly	1:10.84	2/3	#80 Boys 13-14 200 Medley Relay (2)	2:07.95	1/6

17 Nalan, Emily - Female - Age: 14 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free	1:41.90	1/1	#75 Girls 13-14 100 Fly	2:18.16	1/6
#79 Girls 13-14 200 Medley Relay (1)	2:54.87	1/8			

18 Oosterhuis, Alec - Male - Age: 15 - Ind/Rel: 3 / 1

#62 Boys 15&0 100 Free	59.04	2/9	#70 Boys 15&0 100 Breast	1:26.27	1/6
#78 Boys 15&0 100 Fly	1:06.90	2/2	#82 Boys 15&0 200 Medley Relay (3)	1:57.38	1/6

19 Oosterhuis, Evan - Male - Age: 14 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:07.11	2/5	#68 Boys 13-14 100 Breast	1:20.78	2/8
#80 Boys 13-14 200 Medley Relay (2)	2:39.56	1/3			

20 Prendergast, Claire - Female - Age: 13 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free	1:13.80	1/5	#67 Girls 13-14 100 Breast	1:40.19	1/5
#79 Girls 13-14 200 Medley Relay (2)	2:54.87	1/8			

21 Rexroat, Tyson - Male - Age: 17 - Ind/Rel: 2 / 1

#62 Boys 15&0 100 Free	1:01.49	1/7	#70 Boys 15&0 100 Breast	1:14.95	2/2
#82 Boys 15&0 200 Medley Relay (2)	1:57.38	1/6			

22 Reyes, Abigail - Female - Age: 13 - Ind/Rel: 1 / 1

#59 Girls 13-14 100 Free	1:11.64	2/3	#79 Girls 13-14 200 Medley Relay (4)	2:16.98	1/4
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23 Rice, Mary - Female - Age: 14 - Ind/Rel: 3 / 1

#59 Girls 13-14 100 Free	1:09.61	2/6	#67 Girls 13-14 100 Breast	1:43.73	1/4
#75 Girls 13-14 100 Fly	1:24.49	2/8	#79 Girls 13-14 200 Medley Relay (3)	2:16.98	1/4

24 Sargent, Audrey - Female - Age: 15 - Ind/Rel: 2 / 0

#61 Girls 15&0 100 Free	1:45.26	1/1	#69 Girls 15&0 100 Breast	2:21.09	1/4
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25 Schafer, Sophia - Female - Age: 15 - Ind/Rel: 1 / 0

#61 Girls 15&0 100 Free	1:15.08	1/8			
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26 Steinbach, Eleanor - Female - Age: 13 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free	1:24.15	1/9	#67 Girls 13-14 100 Breast	NT	1/1
#79 Girls 13-14 200 Medley Relay (3)	2:54.87	1/8			

27 Williams, Blake - Male - Age: 13 - Ind/Rel: 2 / 1

#60 Boys 13-14 100 Free	1:27.07	1/4	#68 Boys 13-14 100 Breast	2:00.12	1/9
#80 Boys 13-14 200 Medley Relay (4)	2:39.56	1/3			

28 Young, Tanner - Male - Age: 16 - Ind/Rel: 2 / 1

#62 Boys 15&0 100 Free	59.47	2/1	#78 Boys 15&0 100 Fly	1:05.61	2/8
#82 Boys 15&0 200 Medley Relay (4)	1:57.38	1/6			

North Side Swim Team-IA Total Individual Entries: 58 - Total Relays: 0

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Rams Swim Club-IA**1 Braun, Nelah - Female - Age: 15 - Ind/Rel: 2 / 0**

#61 Girls 15&0 100 Free 1:23.26 1/9 #69 Girls 15&0 100 Breast 1:49.08 1/6

2 Conn, Lillie - Female - Age: 14 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free 1:11.56 2/7 #67 Girls 13-14 100 Breast 1:41.13 1/6

#79 Girls 13-14 200 Medley Relay (3) 2:32.57 1/3

3 Fertig, Jodi - Female - Age: 13 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free 1:03.78 SCR #75 Girls 13-14 100 Fly 1:26.68 SCR

#79 Girls 13-14 200 Medley Relay (2) 2:32.57 1/3

4 Fertig, Jonah - Male - Age: 14 - Ind/Rel: 1 / 0

#60 Boys 13-14 100 Free 58.97 SCR

5 Fertig, Jordan - Female - Age: 15 - Ind/Rel: 2 / 0

#69 Girls 15&0 100 Breast 1:17.81 SCR #77 Girls 15&0 100 Fly 1:07.82 SCR

6 Green, Easton - Male - Age: 16 - Ind/Rel: 3 / 0

#62 Boys 15&0 100 Free 1:04.31 1/3 #70 Boys 15&0 100 Breast 1:33.08 1/4

#78 Boys 15&0 100 Fly 1:23.76 1/4

7 Herrick, Lilli - Female - Age: 13 - Ind/Rel: 2 / 1

#59 Girls 13-14 100 Free 1:12.29 2/8 #67 Girls 13-14 100 Breast 1:57.93 1/2

#79 Girls 13-14 200 Medley Relay (4) 2:32.57 1/3

8 Kimmel, Teaghyn - Female - Age: 13 - Ind/Rel: 0 / 1

#79 Girls 13-14 200 Medley Relay (1) 2:32.57 1/3

9 Mootz, Natalie - Female - Age: 14 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free 1:19.67 1/8 #75 Girls 13-14 100 Fly 1:38.10 2/9

10 Ortega, Ijah - Male - Age: 13 - Ind/Rel: 2 / 0

#60 Boys 13-14 100 Free 1:07.23 2/6 #68 Boys 13-14 100 Breast 1:28.69 1/6

11 Ortega, Zion - Male - Age: 15 - Ind/Rel: 2 / 0

#62 Boys 15&0 100 Free 57.62 2/8 #70 Boys 15&0 100 Breast 1:21.79 2/9

Rams Swim Club-IA Total Individual Entries: 20 - Total Relays: 0**South East Aquatics-IA****1 Punt, Caleb - Male - Age: 14 - Ind/Rel: 2 / 0**

#60 Boys 13-14 100 Free 1:05.18 3/3 #76 Boys 13-14 100 Fly 1:23.85 1/6

2 Rupperecht, Cooper - Male - Age: 16 - Ind/Rel: 2 / 0

#62 Boys 15&0 100 Free 57.84 2/2 #70 Boys 15&0 100 Breast 1:08.95 2/5

3 Sisul, Jac - Male - Age: 16 - Ind/Rel: 3 / 0

#62 Boys 15&0 100 Free 59.77 1/5 #70 Boys 15&0 100 Breast 1:23.82 1/5

#78 Boys 15&0 100 Fly 1:08.44 2/1

South East Aquatics-IA Total Individual Entries: 7 - Total Relays: 0

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Saturday Evening - 13 & 14 / 15 & Over

Swordfish Academy-IA

1 Subbert, Kambelle - Female - Age: 14 - Ind/Rel: 2 / 0

#59 Girls 13-14 100 Free

1:13.11 2/9

#67 Girls 13-14 100 Breast

1:36.43 2/3

Swordfish Academy-IA Total Individual Entries: 2 - Total Relays: 0