

2023 IA Winter Regional and 8 & Under Champs - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Saturday Evening - 13 & 14 / 15 & Over

#59 Girls 13-14 100 Yard Freestyle

1:00.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:00.49

Lane Name	Age	Team	Seed Time
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Heat 1 of 4 Finals Starts at 05:00 PM

1	Nalan, Emily	14	NSST-IA	1:41.90
2	Kearn, Zoella	14	NSST-IA	1:20.72
3	Bylund, Amelia	14	DMSF-IA	1:17.23
4	Lebeck, Jocelyn	13	DMSF-IA	1:15.64
5	Prendergast, Cla	13	NSST-IA	1:13.80
6	Ocheltree, Hayde	13	DSMY-IA	1:15.15
7	Bloom, Ellie	14	FAST-IA	1:16.86
8	Mootz, Natalie	14	RSC-IA	1:19.67
9	Steinbach, Elean	13	NSST-IA	1:24.15

10

Heat 2 of 4 Finals Starts at 05:03 PM

1	Kruger, Olivia	13	BLAZ-IA	1:13.37
2	Prichard, Avery	13	DSMY-IA	1:12.86
3	Reyes, Abigail	13	NSST-IA	1:11.64
4	Sexton, Claire	13	CIA-IA	1:11.17
5	Riley, Isabella	14	ACAC-IA	1:09.10
6	Rice, Mary	14	NSST-IA	1:09.61
7	Conn, Lillie	14	RSC-IA	1:11.56
8	Herrick, Lilli	13	RSC-IA	1:12.29
9	Subbert, Kambel	14	SSA-IA	1:13.11
10	Middlekauff, Aliv	13	RIP-IA	1:13.72

Heat 3 of 4 Finals Starts at 05:04 PM

1	Kinnison, Amanc	13	RIP-IA	1:07.64
2	Beauchamp, Mac	13	DSMY-IA	1:07.27
3	Yedake, Anika	14	DSMY-IA	1:05.89
4	Hoss, Brooke	13	CIA-IA	1:05.33
5	Seckington, Tillie	13	DMSF-IA	1:04.18
6	Stone, Kylee	13	DSMY-IA	1:05.12
7	Vallas, Finley	14	CIA-IA	1:05.79
8	Cook, Mallory	13	MCSC-IA	1:06.59
9	Shenouda, Esthe	13	RIP-IA	1:07.62
10	Rohloff, Kate	14	DSMY-IA	1:09.05

Heat 4 of 4 Finals Starts at 05:06 PM

1	Dunham, Keegan	14	DSMY-IA	1:02.92
2	Stec, Sienna	14	DMSF-IA	1:02.13
3	Reid, Abigail	14	CIA-IA	1:01.17
4	Thompson, Ky	14	ACAC-IA	1:00.97
5	Hermesen, Mady	14	ACAC-IA	1:00.68
6	Cline, Haven	14	DSMY-IA	1:00.85
7	Lubensky, Kylen	13	FAST-IA	1:01.02
8	Powell, Izzy	13	DMSF-IA	1:01.67
9	Kramer, Marley	13	CIA-IA	1:02.25
10	Davis, Ava	14	DMSF-IA	1:03.34

#60 Boys 13-14 100 Yard Freestyle

56.39 Q Champ Qualifying

Meet Qualifying: Slower than 56.39

Lane Name	Age	Team	Seed Time
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Heat 1 of 4 Finals Starts at 05:07 PM

1				
2				
3				
4	Williams, Blake	13	NSST-IA	1:27.07
5	Briggs, Cooper	13	NSST-IA	1:19.28
6	Buck, Garrett	14	BLAZ-IA	1:20.11
7	Clark, Hunter	14	BLAZ-IA	2:17.97
8				
9				

10

Heat 2 of 4 Finals Starts at 05:10 PM

1	Miller, Ty	13	ACAC-IA	1:13.29
2	Paul, Levi Paul	13	BLAZ-IA	1:11.17
3	Hall, Kane	13	ACAC-IA	1:09.86
4	Heddinger, Tomr	13	RIP-IA	1:07.70
5	Oosterhuis, Evan	14	NSST-IA	1:07.11
6	Ortega, Ijah	13	RSC-IA	1:07.23
7	Baker, Henry	14	BLAZ-IA	1:09.61
8	Cornwell, Conno	14	NSST-IA	1:10.62
9	Disterhoft, Fishe	14	NSST-IA	1:12.55
10	Savransky, Michæ	14	RIP-IA	1:15.44

Heat 3 of 4 Finals Starts at 05:11 PM

1	Vos, Atticus	13	ACAC-IA	1:06.86
2	Lankford, Reef	13	CAST-IA	1:05.78
3	Punt, Caleb	14	SEA-IA	1:05.18
4	Gatzionis, Grego	13	DSMY-IA	1:04.16
5	Willrich, Ben	14	DMSF-IA	1:00.26
6	Strosahl, Jonas	13	ACAC-IA	1:03.06
7	Gray, Dominic	13	DSMY-IA	1:05.05
8	Cauterucci, Kole	14	NSST-IA	1:05.22
9	Leder, Charlie	13	RIP-IA	1:06.01
10	Naylor, Carson	13	CIA-IA	1:07.06

Heat 4 of 4 Finals Starts at 05:13 PM

1	Artikov, Isaac	13	DMSF-IA	1:00.00
2	Harris, Gage	13	DSMY-IA	59.47
3	LaMasters, Peter	14	DMSF-IA	58.69
4	Lai, Joseph	13	NSST-IA	57.76
5	Hanafi, Zayd	13	MCSC-IA	56.46
6	Otis, Kasen	13	DMSF-IA	56.64
7	Heitzman, Calvin	13	CIA-IA	58.00
8	Heffernan, Blake	13	DSMY-IA	58.87
9	Voynov, Clive	13	DMSF-IA	59.91
10	Arnold, Westin	14	RIP-IA	1:00.07

#61 Girls 15 & Over 100 Yard Freestyle

57.39 Q Champ Qualifying

Meet Qualifying: Slower than 57.39

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 05:14 PM

1	Sargent, Audrey	15	NSST-IA	1:45.26
2	Sethi, Milie	15	BLAZ-IA	1:16.97
3	Kent, Avery	15	NSST-IA	1:14.46
4	Kiekhaefer, Lucy	15	CIA-IA	1:08.24
5	Mengel, Maddie	15	DMSF-IA	1:06.43
6	Cunningham, Cla	15	NSST-IA	1:06.64
7	Labresh, Joella	15	NSST-IA	1:08.53
8	Schafer, Sophia	15	NSST-IA	1:15.08
9	Braun, Nelah	15	RSC-IA	1:23.26

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Heat 2 of 2 Finals Starts at 05:16 PM

1	Dvorak, Layla	15	BLAZ-IA	1:02.72
2	Penne, Addison	17	CIA-IA	1:02.18
3	Chase, Anna	16	DMSF-IA	1:01.64
4	Brown, Ella	16	RIP-IA	1:00.85
5	Smith, Kiley	16	DMSF-IA	58.40
6	Heddinger, Ginny	15	RIP-IA	58.75
7	Kramer, Nina	16	CIA-IA	1:01.54
8	Ballenger-Hudso	17	NSST-IA	1:02.09
9	Fields, Clara	17	ACAC-IA	1:02.40
10	Reisdorf, Olivia	16	RIP-IA	1:06.28

#62 Boys 15 & Over 100 Yard Freestyle

51.89 Q Champ Qualifying

Meet Qualifying: Slower than 51.89

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 05:18 PM

1				
2	Duran Oropeza, C	15	RIP-IA	NT
3	Green, Easton	16	RSC-IA	1:04.31
4	Smith, Kaleb	15	DMSF-IA	1:00.74
5	Sisul, Jac	16	SEA-IA	59.77
6	Moore, Quentin	15	CIA-IA	1:00.61
7	Rexroat, Tyson	17	NSST-IA	1:01.49
8	Disterhoft, Uriah	16	NSST-IA	1:08.39
9				
10				

Heat 2 of 2 Finals Starts at 05:19 PM

1	Young, Tanner	16	NSST-IA	59.47
2	Rupprecht, Coop	16	SEA-IA	57.84
3	Grimes, Nolan	16	DMSF-IA	57.22
4	Shcharansky, Ge	15	LIFE-IA	56.51
5	Otis, Hudson	15	DMSF-IA	52.95
6	Monaghan, John	15	CIA-IA	54.10
7	Briggs, Colby	15	NSST-IA	57.04
8	Ortega, Zion	15	RSC-IA	57.62
9	Oosterhuis, Alec	15	NSST-IA	59.04
10	Spracklin, Ethan	15	DMSF-IA	59.59

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Saturday Evening - 13 & 14 / 15 & Over

#63 Mixed 13 & Over 400 Yard IM					Heat 3 of 3 Finals Starts at 05:31 PM					Heat 2 of 2 Finals Starts at 05:39 PM				
5:17.09 13-14M Q Champ Qualifying					1 Prichard, Avery 13 DSMY-IA 1:27.72					1				
5:24.69 13-14W Q Champ Qualifying					2 Damge, Evelyn 14 NSST-IA 1:26.71					2 Dvorak, Layla 15 BLAZ-IA 1:33.07				
5:48.89 13-14M REG Regional Qualifying					3 Stec, Sienna 14 DMSF-IA 1:24.28					3 Ballenger-Hudso 17 NSST-IA 1:30.95				
5:57.19 13-14W REG Regional Qualifying					4 Kramer, Marley 13 CIA-IA 1:23.53					4 Penne, Addison 17 CIA-IA 1:25.13				
4:42.09 15&OM Q Champ Qualifying					5 Damge, Camryn 14 NSST-IA 1:20.13					5 Braun, Jenna 18 MCSC-IA 1:14.52				
5:06.49 15&OW Q Champ Qualifying					6 Ernsperger, Isab 14 CIA-IA 1:21.03					6 Reisdorf, Olivia 16 RIP-IA 1:24.98				
5:10.39 15&OM REG Regional Qualifying					7 Thompson, Ky 14 ACAC-IA 1:24.26					7 Kiekhaefer, Lucy 15 CIA-IA 1:28.98				
5:37.19 15&OW REG Regional Qualifying					8 Sexton, Claire 13 CIA-IA 1:25.53					8 Sethi, Milie 15 BLAZ-IA 1:31.48				
Meet Qualifying 13-14: 5:24.70 - 5:57.19					9 Davis, Ava 14 DMSF-IA 1:26.75					9 Mengel, Maddie 15 DMSF-IA 1:37.42				
Meet Qualifying 15&O: 5:06.50 - 5:37.19					10 Yedake, Anika 14 DSMY-IA 1:28.32					10				
Meet Qualifying 13-14: 5:17.10 - 5:48.89					#68 Boys 13-14 100 Yard Breaststroke					#70 Boys 15 & Over 100 Yard Breaststroke				
Meet Qualifying 15&O: 4:42.10 - 5:10.39					1:15.49 Q Champ Qualifying					1:06.49 Q Champ Qualifying				
Lane Name Age Team Seed Time					Meet Qualifying: Slower than 1:15.49					Meet Qualifying: Slower than 1:06.49				
Heat 1 of 1 Finals Starts at 05:20 PM					Lane Name Age Team Seed Time					Lane Name Age Team Seed Time				
1					Heat 1 of 2 Finals Starts at 05:33 PM					Heat 1 of 2 Finals Starts at 05:41 PM				
2					1 Hall, Kane 13 ACAC-IA NT					1				
3 MacLeod, Megan W14 ACAC-IA 5:38.26 REG					2 Miller, Ty 13 ACAC-IA 1:54.74					2				
4 Otis, Kasen M13 DMSF-IA 5:17.74 REG					3 Baker, Henry 14 BLAZ-IA 1:36.58					3				
5 Otis, Hudson M15 DMSF-IA 4:51.00 REG					4 Leder, Charlie 13 RIP-IA 1:30.52					4 Green, Easton 16 RSC-IA 1:33.08				
6 Corwin, Briley W16 RIP-IA 5:08.46 REG					5 Cauterucci, Kole 14 NSST-IA 1:27.78					5 Sisul, Jac 16 SEA-IA 1:23.82				
7 Cunningham, Co M13 NSST-IA 5:19.27 REG					6 Ortega, Ijah 13 RSC-IA 1:28.69					6 Oosterhuis, Alec 15 NSST-IA 1:26.27				
8					7 Naylor, Carson 13 CIA-IA 1:32.61					7				
9					8 Savransky, Mich 14 RIP-IA 1:38.37					8				
10					9 Williams, Blake 13 NSST-IA 2:00.12					9				
#67 Girls 13-14 100 Yard Breaststroke					10 Buck, Garrett 14 BLAZ-IA NT					10				
1:18.59 Q Champ Qualifying					Heat 2 of 2 Finals Starts at 05:35 PM					Heat 2 of 2 Finals Starts at 05:43 PM				
Meet Qualifying: Slower than 1:18.59					1 Heddinger, Tomr 13 RIP-IA 1:24.89					1 Grimes, Nolan 16 DMSF-IA 1:23.15				
Lane Name Age Team Seed Time					2 Vos, Atticus 13 ACAC-IA 1:22.40					2 Rexroat, Tyson 17 NSST-IA 1:14.95				
Heat 1 of 3 Finals Starts at 05:26 PM					3 LaMasters, Peter 14 DMSF-IA 1:20.47					3 Monaghan, John 15 CIA-IA 1:12.02				
1 Steinbach, Elean 13 NSST-IA NT					4 Lai, Joseph 13 NSST-IA 1:17.10					4 DeJong, Eli 15 DMSF-IA 1:10.74				
2 Herrick, Lilli 13 RSC-IA 1:57.93					5 Artikov, Isaac 13 DMSF-IA 1:16.17					5 Rupprecht, Coop 16 SEA-IA 1:08.95				
3 Bylund, Amelia 14 DMSF-IA 1:47.58					6 Hanafi, Zayd 13 MCSC-IA 1:17.00					6 Moore, Quentin 15 CIA-IA 1:09.15				
4 Rice, Mary 14 NSST-IA 1:43.73					7 Heffernan, Blake 13 DSMY-IA 1:18.26					7 Otis, Hudson 15 DMSF-IA 1:11.59				
5 Prendergast, Cla 13 NSST-IA 1:40.19					8 Oosterhuis, Evan 14 NSST-IA 1:20.78					8 Nguyen, David 15 RIP-IA 1:12.85				
6 Conn, Lillie 14 RSC-IA 1:41.13					9 Gatzionis, Grego 13 DSMY-IA 1:22.76					9 Ortega, Zion 15 RSC-IA 1:21.79				
7 Middlekauff, Aliv 13 RIP-IA 1:45.64					10 Willrich, Ben 14 DMSF-IA 1:25.80					10				
8 Lebeck, Jocelyn 13 DMSF-IA 1:50.41					#69 Girls 15 & Over 100 Yard Breaststroke					#71 Girls 13-14 200 Yard Backstroke				
9 Ocheltree, Hayde 13 DSMY-IA NT					1:14.49 Q Champ Qualifying					2:28.99 Q Champ Qualifying				
10					Meet Qualifying: Slower than 1:14.49					2:51.39 REG Regional Qualifying				
Lane Name Age Team Seed Time					Lane Name Age Team Seed Time					Meet Qualifying: 2:29.00 - 2:51.39				
Heat 2 of 3 Finals Starts at 05:29 PM					Heat 1 of 2 Finals Starts at 05:37 PM					Lane Name Age Team Seed Time				
1 Rohloff, Kate 14 DSMY-IA 1:39.27					1					Heat 1 of 1 Finals Starts at 05:45 PM				
2 Kinnison, Amanc 13 RIP-IA 1:37.27					2					1 Riley, Isabella 14 ACAC-IA 2:51.01 REG				
3 Subbert, Kambel 14 SSA-IA 1:36.43					3					2 Dunham, Keegan 14 DSMY-IA 2:38.50 REG				
4 Kruger, Olivia 13 BLAZ-IA 1:32.89					4 Sargent, Audrey 15 NSST-IA 2:21.09					3 Damge, Camryn 14 NSST-IA 2:34.70 REG				
5 Murray, Keira 14 MCSC-IA 1:29.04					5 Kent, Avery 15 NSST-IA 1:40.44					4 Stone, Kylee 13 DSMY-IA 2:33.38 REG				
6 Hoss, Brooke 13 CIA-IA 1:29.73					6 Braun, Nelah 15 RSC-IA 1:49.08					5 Kramer, Marley 13 CIA-IA 2:30.36 REG				
7 Jacobs, Kate 13 RIP-IA 1:33.53					7					6 Powell, Izzy 13 DMSF-IA 2:32.20 REG				
8 Bloom, Ellie 14 FAST-IA 1:36.86					8					7 MacLeod, Megan 14 ACAC-IA 2:33.75 REG				
9 Shenouda, Esthe 13 RIP-IA 1:37.35					9					8 Hermsen, Mady 14 ACAC-IA 2:34.94 REG				
10 Riley, Isabella 14 ACAC-IA 1:39.36					10					9 Vallas, Finley 14 CIA-IA 2:41.69 REG				
										10				

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Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Saturday Evening - 13 & 14 / 15 & Over

#72 Boys 13-14 200 Yard Backstroke					Heat 2 of 3 Finals Starts at 05:57 PM					#77 Girls 15 & Over 100 Yard Butterfly				
2:25.09 Q Champ Qualifying					1					1:04.09 Q Champ Qualifying				
2:46.89 REG Regional Qualifying					2 Prichard, Avery 13 DSMY-IA 1:28.02					Meet Qualifying: Slower than 1:04.09				
Meet Qualifying: 2:25.10 - 2:46.89					3 Vallas, Finley 14 CIA-IA 1:23.28					Lane Name Age Team Seed Time				
Lane Name Age Team Seed Time					4 Beauchamp, Mac 13 DSMY-IA 1:22.81					Heat 1 of 1 Finals Starts at 06:05 PM				
Heat 1 of 1 Finals Starts at 05:48 PM					5 MacLeod, Megan 14 ACAC-IA 1:22.02					1				
1					6 Riley, Isabella 14 ACAC-IA 1:22.19					2 Labresh, Joella 15 NSST-IA 1:24.29				
2					7 Eure, Veronica 14 RIP-IA 1:23.20					3 Dvorak, Layla 15 BLAZ-IA 1:21.18				
3 Strosahl, Jonas 13 ACAC-IA 2:38.54 REG					8 Rice, Mary 14 NSST-IA 1:24.49					4 Chase, Anna 16 DMSF-IA 1:16.97				
4 Heffernan, Blake 13 DSMY-IA 2:29.77 REG					9 Mootz, Natalie 14 RSC-IA 1:38.10					5 Brown, Ella 16 RIP-IA 1:05.58				
5 Edgington, Tate 13 DMSF-IA 2:27.56 REG					10					6 Kramer, Nina 16 CIA-IA 1:11.67				
6 Gray, Dominic 13 DSMY-IA 2:29.66 REG					Heat 3 of 3 Finals Starts at 05:59 PM					7 Cunningham, Cla 15 NSST-IA 1:18.63				
7 Ha, Norman 13 NSST-IA 2:35.83 REG					1 Hoss, Brooke 13 CIA-IA 1:19.21					8 Ballenger-Hudso 17 NSST-IA 1:24.21				
8 Arnold, Westin 14 RIP-IA 2:59.63L REG					2 Ocheltree, Hayde 13 DSMY-IA 1:17.24					9				
9					3 Damge, Evelyn 14 NSST-IA 1:16.07					10				
10					4 Stone, Kylee 13 DSMY-IA 1:09.98					#78 Boys 15 & Over 100 Yard Butterfly				
#73 Mixed 15 & Over 200 Yard Backstroke					5 Kramer, Marley 13 CIA-IA 1:08.45					57.89 Q Champ Qualifying				
2:13.89 15&OM Q Champ Qualifying					6 Dunham, Keegan 14 DSMY-IA 1:09.15					Meet Qualifying: Slower than 57.89				
2:22.29 15&OW Q Champ Qualifying					7 Seckington, Tillie 13 DMSF-IA 1:13.75					Lane Name Age Team Seed Time				
2:33.99 15&OM REG Regional Qualifying					8 Davis, Ava 14 DMSF-IA 1:16.91					Heat 1 of 2 Finals Starts at 06:07 PM				
2:43.69 15&OW REG Regional Qualifying					9 Yedake, Anika 14 DSMY-IA 1:17.42					1				
Meet Qualifying 15&O: 2:22.30 - 2:43.69					10 Damge, Camryn 14 NSST-IA 1:21.20					2				
Meet Qualifying 15&O: 2:13.90 - 2:33.99					#76 Boys 13-14 100 Yard Butterfly					3 Duran Oropeza, C 15 RIP-IA NT				
Lane Name Age Team Seed Time					1:06.09 Q Champ Qualifying					4 Green, Easton 16 RSC-IA 1:23.76				
Heat 1 of 1 Finals Starts at 05:52 PM					Meet Qualifying: Slower than 1:06.09					5 Smith, Kaleb 15 DMSF-IA 1:13.54				
1					Lane Name Age Team Seed Time					6 Moore, Quentin 15 CIA-IA 1:21.38				
2					Heat 1 of 2 Finals Starts at 06:01 PM					7 Shcharansky, Ge 15 LIFE-IA NT				
3 Cunningham, Cla W15 NSST-IA 2:35.36 REG					1					8				
4 Gleason, Britt M17 DMSF-IA 2:23.26 REG					2					9				
5 Briggs, Colby M15 NSST-IA 2:21.00 REG					3					10				
6 Smith, Kiley W16 DMSF-IA 2:22.66 REG					4 Cornwell, Conno 14 NSST-IA 1:31.80					Heat 2 of 2 Finals Starts at 06:08 PM				
7 Smith, Kaleb M15 DMSF-IA 2:32.05 REG					5 Paul, Levi Paul 13 BLAZ-IA 1:23.18					1 Sisul, Jac 16 SEA-IA 1:08.44				
8 Fields, Clara W17 ACAC-IA 2:38.93 REG					6 Punt, Caleb 14 SEA-IA 1:23.85					2 Oosterhuis, Alec 15 NSST-IA 1:06.90				
9					7 Miller, Ty 13 ACAC-IA 1:38.17					3 Otis, Hudson 15 DMSF-IA 1:04.93				
10					8					4 DeJong, Eli 15 DMSF-IA 1:01.58				
#75 Girls 13-14 100 Yard Butterfly					9					5 Monaghan, John 15 CIA-IA 59.73				
1:08.19 Q Champ Qualifying					10					6 Strosahl, Solomo 16 ACAC-IA 1:00.18				
Meet Qualifying: Slower than 1:08.19					Heat 2 of 2 Finals Starts at 06:03 PM					7 Jean, Brock 15 DSMY-IA 1:02.75				
Lane Name Age Team Seed Time					1 Cauterucci, Kole 14 NSST-IA 1:19.58					8 Young, Tanner 16 NSST-IA 1:05.61				
Heat 1 of 3 Finals Starts at 05:55 PM					2 Heffernan, Blake 13 DSMY-IA 1:14.46					9 Gleason, Britt 17 DMSF-IA 1:08.01				
1					3 Lai, Joseph 13 NSST-IA 1:10.84					10 Grimes, Nolan 16 DMSF-IA 1:09.88				
2					4 Edgington, Tate 13 DMSF-IA 1:08.41					#79 Girls 13-14 200 Yard Medley Relay				
3					5 Harris, Gage 13 DSMY-IA 1:06.47					Lane Team Relay Seed Time				
4 Shenouda, Esthe 13 RIP-IA NT					6 Voynov, Clive 13 DMSF-IA 1:06.52					Heat 1 of 1 Finals Starts at 06:10 PM				
5 Kearn, Zoella 14 NSST-IA 1:57.67					7 Cunningham, Coi 13 NSST-IA 1:10.27					1				
6 Nalan, Emily 14 NSST-IA 2:18.16					8 Heitzman, Calvin 13 CIA-IA 1:13.62					2				
7					9 Ha, Norman 13 NSST-IA 1:16.22					3 RSC-IA A 2:32.57				
8					10 Vos, Atticus 13 ACAC-IA 1:21.95					4 NSST-IA A 2:16.98				
9										5 DMSF-IA A 2:14.31				
10										6 CIA-IA A 2:14.39				
										7 RIP-IA A 2:28.72				
										8 NSST-IA B 2:54.87				
										9				
										10				

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Saturday Evening - 13 & 14 / 15 & Over

#80 Boys 13-14 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals Starts at 06:13 PM

1			
2			
3	NSST-IA	B	2:39.56
4	ACAC-IA	A	2:27.81
5	DMSF-IA	A	2:04.24
6	NSST-IA	A	2:07.95
7	RIP-IA	A	2:39.19
8			
9			
10			

#81 Girls 15 & Over 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals Starts at 06:17 PM

1			
2			
3			
4			
5	RIP-IA	A	2:06.64
6	NSST-IA	A	2:19.58
7			
8			
9			
10			

#82 Boys 15 & Over 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals Starts at 06:20 PM

1			
2			
3			
4			
5	DMSF-IA	A	1:50.10
6	NSST-IA	A	1:57.38
7			
8			
9			
10			

#83 Girls 13-14 500 Yard Freestyle

5:49.59 Q Champ Qualifying

6:24.59 REG Regional Qualifying

Meet Qualifying: 5:49.60 - 6:24.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 06:22 PM

1				
2	MacLeod, Megan	14	ACAC-IA	6:22.23 REG
3	Thompson, Ky	14	ACAC-IA	6:09.70 REG
4	Hermesen, Mady	14	ACAC-IA	6:05.97 REG
5	Cline, Haven	14	DSMY-IA	5:52.43 REG
6	Powell, Izzy	13	DMSF-IA	5:54.41 REG
7	Davis, Ava	14	DMSF-IA	6:06.86 REG
8	Dunham, Keegan	14	DSMY-IA	6:12.79 REG
9	Stec, Sienna	14	DMSF-IA	5:37.74L REG
10				

#84 Boys 13-14 500 Yard Freestyle

5:33.89 Q Champ Qualifying

6:07.29 REG Regional Qualifying

Meet Qualifying: 5:33.90 - 6:07.29

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 06:29 PM

1				
2	Naylor, Carson	13	CIA-IA	5:32.85L REG
3	Strosahl, Jonas	13	ACAC-IA	6:03.71 REG
4	Voynov, Clive	13	DMSF-IA	5:49.96 REG
5	Gagov, Evan	14	CIA-IA	5:34.60 REG
6	LaMasters, Peter	14	DMSF-IA	5:38.99 REG
7	Artikov, Isaac	13	DMSF-IA	5:51.72 REG
8	Gray, Dominic	13	DSMY-IA	6:07.26 REG
9				
10				

#85 Mixed 15 & Over 500 Yard Freestyle

5:15.99 15&OM Q Champ Qualifying

5:39.99 15&OW Q Champ Qualifying

5:47.59 15&OM REG Regional Qualifying

6:13.99 15&OW REG Regional Qualifying

Meet Qualifying 15&O: 5:40.00 - 6:13.99

Meet Qualifying 15&O: 5:16.00 - 5:47.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 06:35 PM

1				
2	Fields, Clara	W17	ACAC-IA	6:06.43 REG
3	Kramer, Nina	W16	CIA-IA	5:51.06 REG
4	Smith, Kiley	W16	DMSF-IA	5:45.42 REG
5	Strosahl, Solomo	M16	ACAC-IA	5:31.56 REG
6	Jean, Brock	M15	DSMY-IA	5:37.22 REG
7	Braun, Jenna	W18	MCSC-IA	5:45.64 REG
8	Penne, Addison	W17	CIA-IA	5:57.35 REG
9				
10				