

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Ames Cyclone Aquatics Club-IA

1 Bancroft, Brianna - Female - Age: 11 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	37.41	3/4	#111 Girls 11-12 50 Breast	43.75	4/6
#115 Girls 11-12 200 Free Relay (2)	2:25.52	2/10			

2 Berry, Collins - Female - Age: 9 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	49.87	3/6	#97 Girls 10&U 100 Breast	NT	1/6
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3 Bilslend, Teagan - Female - Age: 8 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	44.40	4/4	#101 Girls 10&U 50 Back	52.81	5/1
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4 Binkowski, Addyson - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	31.28	7/2	#91 Girls 11-12 200 IM	3:00.58	2/4
#103 Girls 11-12 100 Fly	1:31.13	1/4	#107 Girls 11-12 200 Free	2:37.47	3/2
#115 Girls 11-12 200 Free Relay (2)	2:04.08	2/5			

5 Challis, Dan - Male - Age: 12 - Ind/Rel: 3 / 1

#88 Boys 11-12 50 Free	35.92	2/5	#100 Boys 11-12 100 Back	1:49.12	3/10
#112 Boys 11-12 50 Breast	51.52	2/8	#116 Boys 11-12 200 Free Relay (3)	2:11.51	1/5

6 Challis, John - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	50.20	1/8	#100 Boys 11-12 100 Back	2:13.87	2/2
#112 Boys 11-12 50 Breast	NT	1/2			

7 Combs, Peyton - Female - Age: 11 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	34.28	4/3	#99 Girls 11-12 100 Back	1:27.34	3/7
#115 Girls 11-12 200 Free Relay (1)	2:25.52	2/10			

8 Cramer, Arya - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	45.91	4/8	#101 Girls 10&U 50 Back	59.64	3/8
#113 Girls 10&U 200 Free Relay (3)	2:35.33	1/4			

9 Danielson, Zoey - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	34.18	4/7	#99 Girls 11-12 100 Back	1:36.75	2/7
#103 Girls 11-12 100 Fly	NT	1/8	#111 Girls 11-12 50 Breast	52.31	2/4
#115 Girls 11-12 200 Free Relay (4)	2:25.52	2/10			

10 Doolittle, Ali - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	30.31	7/4	#91 Girls 11-12 200 IM	3:25.68	2/9
#99 Girls 11-12 100 Back	1:23.26	4/3	#107 Girls 11-12 200 Free	3:07.03	2/10
#115 Girls 11-12 200 Free Relay (4)	2:04.08	2/5			

11 Engelman, Maggie - Female - Age: 10 - Ind/Rel: 2 / 1

#93 Girls 10&U 200 IM	NT	1/3	#101 Girls 10&U 50 Back	58.52	3/3
#113 Girls 10&U 200 Free Relay (1)	3:30.13	1/1			

12 Fischer, Tyler - Male - Age: 12 - Ind/Rel: 3 / 1

#92 Boys 11-12 200 IM	2:44.69	1/5	#100 Boys 11-12 100 Back	1:19.55	4/4
#116 Boys 11-12 200 Free Relay (4)	2:11.51	1/5	#118 Boys 11-12 1000 Free	14:36.86	1/7

13 Fox, Molly - Female - Age: 10 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	NT	1/8	#101 Girls 10&U 50 Back	NT	1/6
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14 Halbur, Allison - Female - Age: 9 - Ind/Rel: 2 / 1

#93 Girls 10&U 200 IM	3:18.77	1/5	#97 Girls 10&U 100 Breast	1:49.09	4/9
#113 Girls 10&U 200 Free Relay (1)	2:35.33	1/4			

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Team Entries - Sunday Morning - 10 & Under / 11 & 12

Ames Cyclone Aquatics Club-IA

15 **Lauter, Ashton - Male - Age: 12 - Ind/Rel: 2 / 1**

#88 Boys 11-12 50 Free	35.22	3/2	#100 Boys 11-12 100 Back	NT	1/6
#116 Boys 11-12 200 Free Relay (2)	2:11.51	1/5			

16 **Lux, Thurston - Male - Age: 9 - Ind/Rel: 3 / 0**

#90 Boys 10&U 50 Free	53.92	1/5	#102 Boys 10&U 50 Back	1:09.38	1/2
#110 Boys 10&U 200 Free	NT	1/4			

17 **Mathews, Sonja - Female - Age: 11 - Ind/Rel: 4 / 1**

#87 Girls 11-12 50 Free	39.65	3/9	#91 Girls 11-12 200 IM	NT	1/4
#99 Girls 11-12 100 Back	NT	1/8	#111 Girls 11-12 50 Breast	48.76	3/2
#115 Girls 11-12 200 Free Relay (3)	2:25.52	2/10			

18 **Olswing, Amelia - Female - Age: 9 - Ind/Rel: 4 / 1**

#89 Girls 10&U 50 Free	39.70	6/7	#97 Girls 10&U 100 Breast	2:03.25	3/8
#101 Girls 10&U 50 Back	46.37	6/5	#109 Girls 10&U 200 Free	NT	1/8
#113 Girls 10&U 200 Free Relay (2)	2:35.33	1/4			

19 **Olswing, Maddie - Female - Age: 11 - Ind/Rel: 3 / 1**

#87 Girls 11-12 50 Free	30.91	7/3	#107 Girls 11-12 200 Free	2:42.67	2/5
#111 Girls 11-12 50 Breast	51.07	2/6	#115 Girls 11-12 200 Free Relay (1)	2:04.08	2/5

20 **Sankey, Camille - Female - Age: 9 - Ind/Rel: 3 / 1**

#89 Girls 10&U 50 Free	49.53	3/5	#97 Girls 10&U 100 Breast	2:20.11	3/10
#101 Girls 10&U 50 Back	1:03.84	2/6	#113 Girls 10&U 200 Free Relay (4)	3:30.13	1/1

21 **Scebold, Maddie - Female - Age: 9 - Ind/Rel: 2 / 1**

#89 Girls 10&U 50 Free	1:00.51	2/1	#101 Girls 10&U 50 Back	1:07.41	2/7
#113 Girls 10&U 200 Free Relay (3)	3:30.13	1/1			

22 **Schaefer, Finley - Female - Age: 9 - Ind/Rel: 2 / 1**

#89 Girls 10&U 50 Free	50.22	3/4	#101 Girls 10&U 50 Back	55.50	4/2
#113 Girls 10&U 200 Free Relay (2)	3:30.13	1/1			

23 **Schaefer, Miles - Male - Age: 7 - Ind/Rel: 2 / 0**

#90 Boys 10&U 50 Free	57.69	1/3	#102 Boys 10&U 50 Back	1:01.71	1/3
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24 **Schmidt, Sawyer - Male - Age: 10 - Ind/Rel: 3 / 1**

#94 Boys 10&U 200 IM	NT	1/3	#98 Boys 10&U 100 Breast	NT	2/3
#102 Boys 10&U 50 Back	52.62	3/10	#114 Boys 10&U 200 Free Relay (3)	2:43.83	1/4

25 **Smith, Mylie - Female - Age: 11 - Ind/Rel: 4 / 1**

#91 Girls 11-12 200 IM	2:59.14	2/6	#99 Girls 11-12 100 Back	1:16.41	4/5
#107 Girls 11-12 200 Free	2:32.88	3/4	#111 Girls 11-12 50 Breast	43.06	5/1
#115 Girls 11-12 200 Free Relay (3)	2:04.08	2/5			

26 **Strosahl, Judah - Male - Age: 10 - Ind/Rel: 2 / 1**

#90 Boys 10&U 50 Free	37.88	5/9	#106 Boys 10&U 100 Fly	1:50.17	1/4
#114 Boys 10&U 200 Free Relay (2)	2:43.83	1/4			

27 **Thompson, Chloe - Female - Age: 10 - Ind/Rel: 1 / 1**

#105 Girls 10&U 100 Fly	NT	1/4	#113 Girls 10&U 200 Free Relay (4)	2:35.33	1/4
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Team Entries - Sunday Morning - 10 & Under / 11 & 12

Ames Cyclone Aquatics Club-IA**28 Van Der Linden, Owen - Male - Age: 12 - Ind/Rel: 3 / 1**

#88 Boys 11-12 50 Free	30.70	4/3	#100 Boys 11-12 100 Back	1:24.21	4/1
#104 Boys 11-12 100 Fly	NT	1/3	#116 Boys 11-12 200 Free Relay (1)	2:11.51	1/5

29 Vos, Ephraim - Male - Age: 10 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	37.48	5/2	#98 Boys 10&U 100 Breast	1:42.80	3/6
#106 Boys 10&U 100 Fly	1:43.04	1/5	#114 Boys 10&U 200 Free Relay (1)	2:43.83	1/4

30 Washington, Hugh - Male - Age: 7 - Ind/Rel: 3 / 0

#90 Boys 10&U 50 Free	39.91	4/7	#102 Boys 10&U 50 Back	49.86	3/4
#110 Boys 10&U 200 Free	3:19.87	2/8			

31 Washington, Gus - Male - Age: 9 - Ind/Rel: 2 / 1

#102 Boys 10&U 50 Back	45.49	4/6	#110 Boys 10&U 200 Free	3:01.54	2/5
#114 Boys 10&U 200 Free Relay (4)	2:43.83	1/4			

Ames Cyclone Aquatics Club-IA Total Individual Entries: 83 - Total Relays: 0

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Carroll Area Swim Team-IA**1 Baugh, Brynlee - Female - Age: 9 - Ind/Rel: 3 / 0**

#89 Girls 10&U 50 Free	46.01	4/2	#97 Girls 10&U 100 Breast	NT	1/5
#101 Girls 10&U 50 Back	54.33	4/6			

2 Bellcock, Breckyn - Female - Age: 6 - Ind/Rel: 1 / 0

#89 Girls 10&U 50 Free	1:03.07	2/10			
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3 Bellcock, Bristol - Female - Age: 10 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	37.77	7/9	#97 Girls 10&U 100 Breast	1:49.84	4/1
#109 Girls 10&U 200 Free	3:16.78	2/9			

4 Bellcock, Brylie - Female - Age: 12 - Ind/Rel: 2 / 0

#87 Girls 11-12 50 Free	45.21	2/1	#111 Girls 11-12 50 Breast	52.97	2/7
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5 Carter, Thomas - Male - Age: 9 - Ind/Rel: 3 / 0

#90 Boys 10&U 50 Free	42.15	4/2	#98 Boys 10&U 100 Breast	NT	1/6
#102 Boys 10&U 50 Back	52.46	3/1			

6 Hoogestraat, Maci - Female - Age: 11 - Ind/Rel: 2 / 0

#87 Girls 11-12 50 Free	46.85	1/5	#99 Girls 11-12 100 Back	1:58.16	2/10
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7 Klocke, Coehen - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	33.22	3/6	#100 Boys 11-12 100 Back	1:26.19	3/6
#112 Boys 11-12 50 Breast	48.81	2/6			

8 Lankford, Abby - Female - Age: 10 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	41.82	5/5	#97 Girls 10&U 100 Breast	1:53.73	3/5
#101 Girls 10&U 50 Back	49.32	5/5			

9 Peterson, Isabella - Female - Age: 11 - Ind/Rel: 2 / 0

#87 Girls 11-12 50 Free	40.37	3/1	#111 Girls 11-12 50 Breast	55.53	2/9
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10 Siebrecht, Ryder - Male - Age: 9 - Ind/Rel: 3 / 0

#90 Boys 10&U 50 Free	39.79	4/4	#98 Boys 10&U 100 Breast	2:20.44	2/4
#102 Boys 10&U 50 Back	55.77	2/9			

11 Williams, Owen - Male - Age: 9 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	43.39	3/5	#102 Boys 10&U 50 Back	48.05	4/9
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Carroll Area Swim Team-IA Total Individual Entries: 27 - Total Relays: 0

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Central Iowa Aquatics-IA

1 Barthole, Conner - Male - Age: 10 - Ind/Rel: 4 / 1

#90 Boys 10&U 50 Free	37.23	5/3	#94 Boys 10&U 200 IM	NT	1/7
#98 Boys 10&U 100 Breast	1:55.08	3/2	#110 Boys 10&U 200 Free	3:08.76	2/7
#114 Boys 10&U 200 Free Relay (4)	2:37.93	1/5			

2 Cole, Kenedy - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	42.92	5/9	#101 Girls 10&U 50 Back	58.21	3/4
#113 Girls 10&U 200 Free Relay (3)	2:35.41	1/7			

3 Dacey, Alivia - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	35.25	4/1	#95 Girls 11-12 200 Breast	3:11.59	1/6
#99 Girls 11-12 100 Back	1:25.23	4/10	#111 Girls 11-12 50 Breast	41.91	5/3
#115 Girls 11-12 200 Free Relay (3)	2:13.40	2/8			

4 Fausch, Zach - Male - Age: 9 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	36.46	5/6	#98 Boys 10&U 100 Breast	1:52.63	3/7
#102 Boys 10&U 50 Back	44.92	4/5	#114 Boys 10&U 200 Free Relay (1)	2:37.93	1/5

5 Gagov, Alex - Male - Age: 11 - Ind/Rel: 4 / 1

#88 Boys 11-12 50 Free	37.51	2/7	#100 Boys 11-12 100 Back	1:31.22	3/7
#108 Boys 11-12 200 Free	3:08.88	1/6	#112 Boys 11-12 50 Breast	48.27	3/1
#116 Boys 11-12 200 Free Relay (3)	2:12.33	1/6			

6 Hedrick, Piper - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	32.24	6/9	#91 Girls 11-12 200 IM	2:54.56	2/5
#107 Girls 11-12 200 Free	2:47.02	2/7	#111 Girls 11-12 50 Breast	44.88	4/8
#115 Girls 11-12 200 Free Relay (1)	2:13.40	2/8			

7 Howe, Jake - Male - Age: 10 - Ind/Rel: 2 / 0

#102 Boys 10&U 50 Back	NT	1/9	#110 Boys 10&U 200 Free	3:04.78	2/6
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8 Keenan, Jude - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	36.05	2/4	#100 Boys 11-12 100 Back	1:39.40	3/2
#112 Boys 11-12 50 Breast	55.92	2/10			

9 Klesel, Ayla - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	43.44	5/10	#101 Girls 10&U 50 Back	NT	1/5
#113 Girls 10&U 200 Free Relay (2)	2:35.41	1/7			

10 Lewis, Madyson - Female - Age: 10 - Ind/Rel: 2 / 0

#97 Girls 10&U 100 Breast	1:55.67	3/6	#101 Girls 10&U 50 Back	48.75	6/1
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11 Lewis, Rylee - Female - Age: 8 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	1:13.91	1/7	#101 Girls 10&U 50 Back	NT	1/4
#113 Girls 10&U 200 Free Relay (4)	2:35.41	1/7			

12 Marks, Clayton - Male - Age: 12 - Ind/Rel: 1 / 0

#88 Boys 11-12 50 Free	30.01	4/5			
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13 Mason, Adelyn - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	32.23	6/2	#95 Girls 11-12 200 Breast	3:32.69	1/10
#99 Girls 11-12 100 Back	1:25.93	3/5	#111 Girls 11-12 50 Breast	42.94	5/9
#115 Girls 11-12 200 Free Relay (4)	2:13.40	2/8			

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Central Iowa Aquatics-IA

14 Mathes, Camden - Male - Age: 10 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	37.34	5/8	#102 Boys 10&U 50 Back	46.77	4/8
#114 Boys 10&U 200 Free Relay (2)	2:37.93	1/5			

15 McGarry, Michael - Male - Age: 9 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	45.03	3/3	#98 Boys 10&U 100 Breast	2:14.02	2/5
#102 Boys 10&U 50 Back	1:00.53	1/7	#114 Boys 10&U 200 Free Relay (3)	2:37.93	1/5

16 Naylor, Jackson - Male - Age: 9 - Ind/Rel: 3 / 0

#90 Boys 10&U 50 Free	44.34	3/6	#98 Boys 10&U 100 Breast	1:56.62	3/9
#102 Boys 10&U 50 Back	48.45	4/10			

17 Root, Norah - Female - Age: 11 - Ind/Rel: 1 / 0

#87 Girls 11-12 50 Free	48.67	1/6			
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18 Schumacher, Brant - Male - Age: 12 - Ind/Rel: 3 / 1

#88 Boys 11-12 50 Free	32.36	4/10	#100 Boys 11-12 100 Back	1:24.22	4/10
#108 Boys 11-12 200 Free	2:55.44	1/5	#116 Boys 11-12 200 Free Relay (2)	2:12.33	1/6

19 Seifert, Stella - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	33.68	5/9	#99 Girls 11-12 100 Back	1:24.71	4/1
#107 Girls 11-12 200 Free	2:44.68	2/6	#111 Girls 11-12 50 Breast	1:06.02L	1/2
#115 Girls 11-12 200 Free Relay (2)	2:13.40	2/8			

20 Sexton, James - Male - Age: 9 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	50.50	2/2	#102 Boys 10&U 50 Back	52.99	2/5
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21 Spradling, Tyler - Male - Age: 11 - Ind/Rel: 4 / 0

#88 Boys 11-12 50 Free	39.46	2/2	#100 Boys 11-12 100 Back	1:41.96	3/9
#108 Boys 11-12 200 Free	3:12.58	1/7	#112 Boys 11-12 50 Breast	52.65	2/1

22 Stoeckel, Madigan - Female - Age: 10 - Ind/Rel: 3 / 1

#89 Girls 10&U 50 Free	37.30	7/4	#101 Girls 10&U 50 Back	45.17	7/9
#109 Girls 10&U 200 Free	3:10.53	2/3	#113 Girls 10&U 200 Free Relay (1)	2:35.41	1/7

23 Tchapravova, Kalida - Female - Age: 12 - Ind/Rel: 1 / 0

#87 Girls 11-12 50 Free	30.30	7/6			
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24 Todsén, Gavin - Male - Age: 9 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	51.25	2/1	#102 Boys 10&U 50 Back	55.78	2/1
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25 Tran, Victoria - Female - Age: 9 - Ind/Rel: 4 / 0

#93 Girls 10&U 200 IM	3:26.44	1/4	#97 Girls 10&U 100 Breast	1:58.73	3/7
#101 Girls 10&U 50 Back	44.89	7/7	#105 Girls 10&U 100 Fly	NT	1/7

26 Vallas, Brooks - Male - Age: 12 - Ind/Rel: 4 / 1

#88 Boys 11-12 50 Free	30.19	4/6	#100 Boys 11-12 100 Back	1:24.78	3/5
#108 Boys 11-12 200 Free	2:40.78	2/2	#112 Boys 11-12 50 Breast	46.12	3/3
#116 Boys 11-12 200 Free Relay (1)	2:12.33	1/6			

27 Wittmayer, Matthew - Male - Age: 11 - Ind/Rel: 2 / 1

#88 Boys 11-12 50 Free	31.53	4/9	#108 Boys 11-12 200 Free	2:43.40	2/9
#116 Boys 11-12 200 Free Relay (4)	2:12.33	1/6			

Central Iowa Aquatics-IA Total Individual Entries: 75 - Total Relays: 0

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Des Moines Swimming Federation-IA

1 Ballard, Caitlin - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	33.52	5/2	#99 Girls 11-12 100 Back	1:23.03	4/7
#115 Girls 11-12 200 Free Relay (4)	2:09.57	2/4			

2 Birusingh, Ari - Female - Age: 9 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	NT	1/2	#97 Girls 10&U 100 Breast	NT	2/9
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3 Birusingh, Siri - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	40.55	2/5	#111 Girls 11-12 50 Breast	47.99	3/7
#115 Girls 11-12 200 Free Relay (4)	2:37.09	1/4			

4 Chen, Leighton - Female - Age: 11 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	36.06	3/5	#107 Girls 11-12 200 Free	3:00.73	2/1
#111 Girls 11-12 50 Breast	50.52	3/10	#115 Girls 11-12 200 Free Relay (4)	2:20.35	2/2

5 Dahlen, Ella - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	31.14	7/8	#91 Girls 11-12 200 IM	3:49.07L	2/1
#107 Girls 11-12 200 Free	2:23.48	3/5	#115 Girls 11-12 200 Free Relay (1)	2:09.57	2/4

6 Deardorff, Dysen - Male - Age: 11 - Ind/Rel: 4 / 0

#88 Boys 11-12 50 Free	32.78	3/5	#100 Boys 11-12 100 Back	1:20.96	4/7
#108 Boys 11-12 200 Free	2:27.77	2/5	#112 Boys 11-12 50 Breast	43.09	3/7

7 Hawks, Jimmy - Male - Age: 9 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	39.13	4/6	#102 Boys 10&U 50 Back	49.34	3/6
#114 Boys 10&U 200 Free Relay (1)	2:55.21	1/8			

8 Hawks, Joni - Female - Age: 11 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	43.04	2/9	#91 Girls 11-12 200 IM	NT	1/5
#111 Girls 11-12 50 Breast	1:05.82	1/7	#115 Girls 11-12 200 Free Relay (3)	2:37.09	1/4

9 Hogan, Finn - Male - Age: 9 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	43.07	4/10	#102 Boys 10&U 50 Back	53.03	2/6
#114 Boys 10&U 200 Free Relay (2)	2:55.21	1/8			

10 Honkamp, Claire - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	34.75	4/2	#99 Girls 11-12 100 Back	1:26.34	3/6
#115 Girls 11-12 200 Free Relay (3)	2:20.35	2/2			

11 Hudson, Natalie - Female - Age: 11 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	35.20	4/9	#99 Girls 11-12 100 Back	1:35.36	2/4
#111 Girls 11-12 50 Breast	47.06	3/5	#115 Girls 11-12 200 Free Relay (1)	2:37.09	1/4

12 Kopriva, Tinley - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	51.58	3/3	#101 Girls 10&U 50 Back	51.56	5/3
#113 Girls 10&U 200 Free Relay (4)	3:08.05	1/2			

13 Lepert, Alyse - Female - Age: 9 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	52.84	3/1	#101 Girls 10&U 50 Back	1:29.79L	2/9
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14 McDonough, Bridget - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	35.76	4/10	#111 Girls 11-12 50 Breast	44.73	4/7
#115 Girls 11-12 200 Free Relay (2)	2:20.35	2/2			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Des Moines Swimming Federation-IA

15 McMahon, Griffin - Male - Age: 11 - Ind/Rel: 4 / 0

#92 Boys 11-12 200 IM	3:01.36	1/4	#104 Boys 11-12 100 Fly	1:30.51	1/6
#108 Boys 11-12 200 Free	2:40.20	2/8	#112 Boys 11-12 50 Breast	46.37	3/8

16 Moon, Nora - Female - Age: 10 - Ind/Rel: 3 / 1

#89 Girls 10&U 50 Free	51.49	3/7	#97 Girls 10&U 100 Breast	2:05.90	3/9
#101 Girls 10&U 50 Back	1:00.48	3/9	#113 Girls 10&U 200 Free Relay (1)	3:08.05	1/2

17 Nguyen, Emmy - Female - Age: 10 - Ind/Rel: 1 / 0

#97 Girls 10&U 100 Breast	2:05.77	3/2			
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18 Nguyen, Evy - Female - Age: 9 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	52.34	3/9	#101 Girls 10&U 50 Back	58.41	3/7
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19 Powell, Morgynne - Female - Age: 12 - Ind/Rel: 2 / 1

#99 Girls 11-12 100 Back	1:28.14	3/8	#107 Girls 11-12 200 Free	2:52.04	2/2
#115 Girls 11-12 200 Free Relay (2)	2:37.09	1/4			

20 Rengel, Olivia - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	42.80	5/2	#101 Girls 10&U 50 Back	53.73	5/10
#113 Girls 10&U 200 Free Relay (3)	3:08.05	1/2			

21 Schnepf, Mae - Female - Age: 11 - Ind/Rel: 2 / 0

#87 Girls 11-12 50 Free	56.00	1/3	#99 Girls 11-12 100 Back	2:03.94	1/4
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22 Smith, Carter - Male - Age: 11 - Ind/Rel: 3 / 0

#92 Boys 11-12 200 IM	2:46.81	1/6	#100 Boys 11-12 100 Back	1:19.11	4/6
#112 Boys 11-12 50 Breast	42.99	3/4			

23 Smith, Ella - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	33.78	5/10	#95 Girls 11-12 200 Breast	NT	2/3
#107 Girls 11-12 200 Free	2:33.23	3/7	#111 Girls 11-12 50 Breast	44.85	4/3
#115 Girls 11-12 200 Free Relay (1)	2:20.35	2/2			

24 Smith, Harry - Male - Age: 10 - Ind/Rel: 1 / 0

#98 Boys 10&U 100 Breast	1:53.93	3/3			
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25 Staiert, Easton - Male - Age: 10 - Ind/Rel: 1 / 0

#106 Boys 10&U 100 Fly	1:44.76	1/6			
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26 Stec, Sophia - Female - Age: 10 - Ind/Rel: 4 / 1

#89 Girls 10&U 50 Free	42.18	5/4	#93 Girls 10&U 200 IM	NT	1/7
#97 Girls 10&U 100 Breast	1:48.50	4/2	#109 Girls 10&U 200 Free	3:17.14	2/1
#113 Girls 10&U 200 Free Relay (2)	3:08.05	1/2			

27 Thoreson, Anders - Male - Age: 10 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	47.14	3/1	#98 Boys 10&U 100 Breast	2:12.92	3/10
#114 Boys 10&U 200 Free Relay (3)	2:55.21	1/8			

28 Thoreson, Hazel - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	31.98	6/3	#111 Girls 11-12 50 Breast	48.59	3/8
#115 Girls 11-12 200 Free Relay (2)	2:09.57	2/4			

29 Vedantham, Vaibhava - Male - Age: 9 - Ind/Rel: 3 / 0

#90 Boys 10&U 50 Free	47.30	2/5	#98 Boys 10&U 100 Breast	NT	1/5
#106 Boys 10&U 100 Fly	NT	1/7			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Des Moines Swimming Federation-IA**30 Voynov, Leo - Male - Age: 9 - Ind/Rel: 3 / 0**

#90 Boys 10&U 50 Free	49.06	2/8	#98 Boys 10&U 100 Breast	NT	2/9
#102 Boys 10&U 50 Back	54.24	2/4			

31 Walston, Lucy - Female - Age: 9 - Ind/Rel: 2 / 0

#101 Girls 10&U 50 Back	44.64	7/4	#109 Girls 10&U 200 Free	3:01.70	2/6
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32 Wilcoxson, Helena - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	32.93	5/4	#95 Girls 11-12 200 Breast	3:17.32	1/8
#99 Girls 11-12 100 Back	1:21.24	4/4	#115 Girls 11-12 200 Free Relay (3)	2:09.57	2/4

33 Zhang, Allen - Male - Age: 10 - Ind/Rel: 1 / 1

#90 Boys 10&U 50 Free	45.87	3/8	#114 Boys 10&U 200 Free Relay (4)	2:55.21	1/8
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Des Moines Swimming Federation-IA Total Individual Entries: 79 - Total Relays: 0

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Dowling Catholic Riptide-IA**1 Anderson, Lottie - Female - Age: 10 - Ind/Rel: 2 / 0**

#89 Girls 10&U 50 Free 57.15 2/7 #101 Girls 10&U 50 Back 51.59 5/8

2 Anderson, Vinny - Male - Age: 11 - Ind/Rel: 2 / 1#88 Boys 11-12 50 Free 35.69 3/9 #100 Boys 11-12 100 Back 2:08.73 2/8
#116 Boys 11-12 200 Free Relay (2) 2:16.21 1/4**3 Burdick, Ben - Male - Age: 12 - Ind/Rel: 3 / 1**#100 Boys 11-12 100 Back 1:53.30 2/5 #108 Boys 11-12 200 Free 3:20.12 1/3
#112 Boys 11-12 50 Breast 1:03.04 1/6 #116 Boys 11-12 200 Free Relay (3) 2:37.91 1/3**4 Burdick, Cole - Male - Age: 10 - Ind/Rel: 4 / 0**#94 Boys 10&U 200 IM NT 1/4 #98 Boys 10&U 100 Breast NT 2/8
#102 Boys 10&U 50 Back 56.08 1/6 #110 Boys 10&U 200 Free 4:04.17 2/9**5 Burdick, Lena - Female - Age: 7 - Ind/Rel: 4 / 0**#89 Girls 10&U 50 Free 55.58 2/6 #93 Girls 10&U 200 IM NT 1/2
#97 Girls 10&U 100 Breast NT 1/4 #101 Girls 10&U 50 Back 49.13 6/10**6 Burke, Reece - Female - Age: 11 - Ind/Rel: 3 / 1**#87 Girls 11-12 50 Free 33.97 4/4 #99 Girls 11-12 100 Back 1:29.18 3/1
#111 Girls 11-12 50 Breast 49.36 3/9 #115 Girls 11-12 200 Free Relay (3) 2:10.03 2/7**7 Carter, Gigi - Female - Age: 8 - Ind/Rel: 2 / 0**

#89 Girls 10&U 50 Free 53.58 3/10 #101 Girls 10&U 50 Back 55.11 4/3

8 Carter, June - Female - Age: 10 - Ind/Rel: 3 / 1#89 Girls 10&U 50 Free 37.70 7/2 #97 Girls 10&U 100 Breast 1:47.43 4/4
#101 Girls 10&U 50 Back 44.59 7/6 #113 Girls 10&U 200 Free Relay (1) 2:31.46 1/5**9 Coonan, Ross - Male - Age: 10 - Ind/Rel: 2 / 1**#90 Boys 10&U 50 Free 47.67 2/4 #102 Boys 10&U 50 Back 55.81 2/10
#114 Boys 10&U 200 Free Relay (2) 3:09.53 1/2**10 Dibbet, Harper - Female - Age: 10 - Ind/Rel: 2 / 1**#89 Girls 10&U 50 Free 51.71 3/8 #101 Girls 10&U 50 Back 52.56 5/9
#113 Girls 10&U 200 Free Relay (2) 3:18.58 1/9**11 Driscoll, Jules - Female - Age: 10 - Ind/Rel: 3 / 1**#89 Girls 10&U 50 Free 39.40 6/6 #97 Girls 10&U 100 Breast NT 2/3
#101 Girls 10&U 50 Back 48.53 6/9 #113 Girls 10&U 200 Free Relay (1) 2:44.71 1/3**12 Freeseaman, Gabby - Female - Age: 11 - Ind/Rel: 3 / 1**#87 Girls 11-12 50 Free 38.05 3/7 #99 Girls 11-12 100 Back NT 1/1
#107 Girls 11-12 200 Free NT 1/4 #115 Girls 11-12 200 Free Relay (2) 2:29.99 1/6**13 Freeseaman, Griffin - Male - Age: 10 - Ind/Rel: 2 / 1**#90 Boys 10&U 50 Free 44.55 3/7 #102 Boys 10&U 50 Back 51.92 3/8
#114 Boys 10&U 200 Free Relay (3) 2:43.53 1/6**14 Greenley, Ethan - Male - Age: 10 - Ind/Rel: 3 / 1**#90 Boys 10&U 50 Free 46.69 3/2 #102 Boys 10&U 50 Back 54.80 2/7
#110 Boys 10&U 200 Free NT 1/6 #114 Boys 10&U 200 Free Relay (4) 3:09.53 1/2

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Dowling Catholic Riptide-IA**15 Halaczkiwicz, Ian - Male - Age: 9 - Ind/Rel: 2 / 1**

#90 Boys 10&U 50 Free	37.97	5/1	#98 Boys 10&U 100 Breast	1:54.56	3/8
#114 Boys 10&U 200 Free Relay (4)	2:43.53	1/6			

16 Hedding, Ryan - Male - Age: 9 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	46.82	3/9	#102 Boys 10&U 50 Back	55.73	2/2
#114 Boys 10&U 200 Free Relay (1)	3:09.53	1/2			

17 Heeley, Hudson - Male - Age: 10 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	41.01	4/8	#102 Boys 10&U 50 Back	47.10	4/2
#114 Boys 10&U 200 Free Relay (2)	2:43.53	1/6			

18 Heiden, Brynn - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	53.65	2/5	#101 Girls 10&U 50 Back	56.12	4/10
#113 Girls 10&U 200 Free Relay (3)	3:18.58	1/9			

19 Jacobson, Anna - Female - Age: 11 - Ind/Rel: 1 / 1

#87 Girls 11-12 50 Free	37.30	3/6	#115 Girls 11-12 200 Free Relay (1)	2:29.99	1/6
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20 Johnson, Irina - Female - Age: 11 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	40.39	3/10	#111 Girls 11-12 50 Breast	49.53	3/1
#115 Girls 11-12 200 Free Relay (3)	2:29.99	1/6			

21 Johnson, Jacob - Male - Age: 11 - Ind/Rel: 4 / 1

#88 Boys 11-12 50 Free	30.51	4/7	#100 Boys 11-12 100 Back	1:22.34	4/2
#108 Boys 11-12 200 Free	2:30.93	2/4	#112 Boys 11-12 50 Breast	47.39	3/2
#116 Boys 11-12 200 Free Relay (4)	2:16.21	1/4			

22 Leder, Maeve - Female - Age: 10 - Ind/Rel: 3 / 1

#89 Girls 10&U 50 Free	37.24	7/6	#101 Girls 10&U 50 Back	51.33	5/7
#109 Girls 10&U 200 Free	3:05.62	2/4	#113 Girls 10&U 200 Free Relay (4)	2:31.46	1/5

23 Ly, Daniel - Male - Age: 10 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	40.00	4/3	#94 Boys 10&U 200 IM	NT	1/6
#114 Boys 10&U 200 Free Relay (1)	2:43.53	1/6			

24 McConville, Miren - Female - Age: 9 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	1:07.82	1/4	#101 Girls 10&U 50 Back	55.80	4/1
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25 McLaughlin, George - Male - Age: 11 - Ind/Rel: 2 / 0

#88 Boys 11-12 50 Free	NT	1/2	#112 Boys 11-12 50 Breast	NT	1/9
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26 McNichols, Madilyn - Female - Age: 8 - Ind/Rel: 1 / 0

#101 Girls 10&U 50 Back	44.51	7/5			
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27 Meyer, Addie - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	33.78	5/1	#91 Girls 11-12 200 IM	3:09.00	2/3
#99 Girls 11-12 100 Back	1:26.42	3/4	#107 Girls 11-12 200 Free	2:37.51	3/9
#115 Girls 11-12 200 Free Relay (2)	2:10.03	2/7			

28 Meyer, Gwen - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	44.16	4/6	#101 Girls 10&U 50 Back	54.05	4/5
#113 Girls 10&U 200 Free Relay (3)	2:44.71	1/3			

29 Mortier, Charlie - Male - Age: 8 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	54.39	1/6	#102 Boys 10&U 50 Back	52.35	3/9
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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Dowling Catholic Riptide-IA

30 Nguyen, Marianne - Female - Age: 11 - Ind/Rel: 1 / 1					
#95 Girls 11-12 200 Breast	3:20.47	1/1	#115 Girls 11-12 200 Free Relay (4)	2:29.99	1/6
31 Nieto, Emma - Female - Age: 7 - Ind/Rel: 1 / 0					
#89 Girls 10&U 50 Free	1:07.65	1/6			
32 Nieto, Gaby - Female - Age: 10 - Ind/Rel: 3 / 1					
#89 Girls 10&U 50 Free	44.98	4/7	#97 Girls 10&U 100 Breast	NT	2/4
#101 Girls 10&U 50 Back	49.73	5/4	#113 Girls 10&U 200 Free Relay (4)	3:18.58	1/9
33 Peterson, Brooklyn - Female - Age: 11 - Ind/Rel: 3 / 1					
#87 Girls 11-12 50 Free	31.79	6/6	#99 Girls 11-12 100 Back	1:24.65	4/9
#107 Girls 11-12 200 Free	2:36.81	3/3	#115 Girls 11-12 200 Free Relay (1)	2:10.03	2/7
34 Peterson, Kendall - Female - Age: 9 - Ind/Rel: 3 / 1					
#89 Girls 10&U 50 Free	38.43	7/10	#97 Girls 10&U 100 Breast	1:55.69	3/4
#109 Girls 10&U 200 Free	3:12.78	2/8	#113 Girls 10&U 200 Free Relay (3)	2:31.46	1/5
35 Pierce, Ellen - Female - Age: 10 - Ind/Rel: 2 / 1					
#89 Girls 10&U 50 Free	38.09	7/1	#101 Girls 10&U 50 Back	48.24	6/8
#113 Girls 10&U 200 Free Relay (2)	2:31.46	1/5			
36 Piper, Maddy - Female - Age: 9 - Ind/Rel: 2 / 1					
#89 Girls 10&U 50 Free	42.45	5/7	#101 Girls 10&U 50 Back	49.61	5/6
#113 Girls 10&U 200 Free Relay (2)	2:44.71	1/3			
37 Sanders, Grayson - Male - Age: 11 - Ind/Rel: 2 / 1					
#88 Boys 11-12 50 Free	34.14	3/3	#112 Boys 11-12 50 Breast	49.13	2/4
#116 Boys 11-12 200 Free Relay (1)	2:16.21	1/4			
38 Satterstrom, Molly - Female - Age: 9 - Ind/Rel: 2 / 1					
#89 Girls 10&U 50 Free	48.24	4/9	#101 Girls 10&U 50 Back	54.83	4/4
#113 Girls 10&U 200 Free Relay (1)	3:18.58	1/9			
39 Schmulbach, Reagan - Female - Age: 12 - Ind/Rel: 4 / 1					
#87 Girls 11-12 50 Free	30.49	7/7	#99 Girls 11-12 100 Back	1:28.75	3/9
#107 Girls 11-12 200 Free	2:36.90	3/8	#111 Girls 11-12 50 Breast	44.94	4/2
#115 Girls 11-12 200 Free Relay (4)	2:10.03	2/7			
40 Shaffer, Claire - Female - Age: 10 - Ind/Rel: 2 / 1					
#89 Girls 10&U 50 Free	38.70	6/5	#101 Girls 10&U 50 Back	48.42	6/2
#113 Girls 10&U 200 Free Relay (4)	2:44.71	1/3			
41 Spear, Lilliana - Female - Age: 8 - Ind/Rel: 3 / 0					
#89 Girls 10&U 50 Free	40.76	6/9	#97 Girls 10&U 100 Breast	2:17.15	3/1
#101 Girls 10&U 50 Back	1:00.32	3/2			
42 Tunink, Johnny - Male - Age: 10 - Ind/Rel: 2 / 1					
#90 Boys 10&U 50 Free	48.35	2/7	#102 Boys 10&U 50 Back	1:01.72	1/8
#114 Boys 10&U 200 Free Relay (3)	3:09.53	1/2			
43 Vaske, Elena - Female - Age: 11 - Ind/Rel: 1 / 0					
#103 Girls 11-12 100 Fly	1:23.42	1/6			

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Dowling Catholic Riptide-IA44 **Warrington, Grant - Male - Age: 11 - Ind/Rel: 2 / 1**

#88 Boys 11-12 50 Free	39.40	2/8	#112 Boys 11-12 50 Breast	52.18	2/9
#116 Boys 11-12 200 Free Relay (1)	2:37.91	1/3			

45 **Wigant, Grayson - Male - Age: 11 - Ind/Rel: 3 / 1**

#88 Boys 11-12 50 Free	40.32	2/10	#100 Boys 11-12 100 Back	1:53.56	2/6
#112 Boys 11-12 50 Breast	51.35	2/3	#116 Boys 11-12 200 Free Relay (2)	2:37.91	1/3

46 **Wittenwyler, Nolan - Male - Age: 11 - Ind/Rel: 4 / 1**

#88 Boys 11-12 50 Free	35.91	3/10	#100 Boys 11-12 100 Back	1:32.41	3/3
#104 Boys 11-12 100 Fly	1:41.25	1/4	#108 Boys 11-12 200 Free	NT	1/8
#116 Boys 11-12 200 Free Relay (4)	2:37.91	1/3			

47 **Wuest, Aaron - Male - Age: 11 - Ind/Rel: 1 / 1**

#88 Boys 11-12 50 Free	35.87	3/1	#116 Boys 11-12 200 Free Relay (3)	2:16.21	1/4
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Dowling Catholic Riptide-IA Total Individual Entries: 112 - Total Relays: 0**Fort Dodge Area Swim Team-IA**1 **Hildreth, Quinn - Female - Age: 10 - Ind/Rel: 3 / 0**

#89 Girls 10&U 50 Free	40.38	6/8	#97 Girls 10&U 100 Breast	NT	2/8
#101 Girls 10&U 50 Back	55.48	4/8			

2 **Kliwer, Kenna - Female - Age: 10 - Ind/Rel: 3 / 0**

#89 Girls 10&U 50 Free	37.57	7/8	#97 Girls 10&U 100 Breast	1:51.16	4/10
#109 Girls 10&U 200 Free	NT	1/4			

3 **Knox, Makayla - Female - Age: 10 - Ind/Rel: 2 / 0**

#89 Girls 10&U 50 Free	45.22	4/3	#101 Girls 10&U 50 Back	54.95	4/7
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4 **Meyer, Charlie - Female - Age: 10 - Ind/Rel: 2 / 0**

#89 Girls 10&U 50 Free	1:03.88	1/5	#101 Girls 10&U 50 Back	1:21.27	2/2
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Fort Dodge Area Swim Team-IA Total Individual Entries: 10 - Total Relays: 0

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Greater Des Moines YMCA-IA

1 Albrecht, Brynlee - Female - Age: 9 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	43.44	5/1	#101 Girls 10&U 50 Back	45.14	7/2
#109 Girls 10&U 200 Free	3:13.67	2/2			

2 Canales-Burr, Gian - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	44.65	1/4	#100 Boys 11-12 100 Back	1:46.64	3/1
#112 Boys 11-12 50 Breast	1:09.60	1/3			

3 Connolly, Grace - Female - Age: 9 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	40.97	6/1	#97 Girls 10&U 100 Breast	1:48.19	4/8
#101 Girls 10&U 50 Back	47.04	6/4			

4 Filmer, Lauren - Female - Age: 11 - Ind/Rel: 4 / 0

#87 Girls 11-12 50 Free	31.85	6/4	#91 Girls 11-12 200 IM	3:04.91	2/7
#107 Girls 11-12 200 Free	2:29.48	3/6	#111 Girls 11-12 50 Breast	42.50	5/8

5 Gatzionis, Elena - Female - Age: 11 - Ind/Rel: 2 / 0

#99 Girls 11-12 100 Back	1:33.51	2/5	#111 Girls 11-12 50 Breast	46.43	4/9
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6 Hales, Alex - Male - Age: 11 - Ind/Rel: 1 / 0

#118 Boys 11-12 1000 Free	13:31.32	1/6			
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7 Hornung, Harper - Female - Age: 9 - Ind/Rel: 3 / 0

#93 Girls 10&U 200 IM	NT	1/8	#97 Girls 10&U 100 Breast	1:45.18	4/5
#109 Girls 10&U 200 Free	NT	1/3			

8 Jean, Tate - Male - Age: 12 - Ind/Rel: 1 / 0

#88 Boys 11-12 50 Free	30.44	4/4			
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9 Johnson, Cade - Male - Age: 11 - Ind/Rel: 2 / 0

#88 Boys 11-12 50 Free	30.95	4/8	#100 Boys 11-12 100 Back	1:18.12	4/5
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10 Kettles, Tenley - Female - Age: 9 - Ind/Rel: 2 / 0

#97 Girls 10&U 100 Breast	1:48.05	4/3	#109 Girls 10&U 200 Free	3:07.03	2/7
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11 Larson, Rachel - Female - Age: 9 - Ind/Rel: 2 / 0

#97 Girls 10&U 100 Breast	1:47.71	4/7	#109 Girls 10&U 200 Free	2:58.72	2/5
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12 Locher, Henry - Male - Age: 12 - Ind/Rel: 1 / 0

#118 Boys 11-12 1000 Free	12:55.51	1/5			
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13 Signani, Nicholas - Male - Age: 11 - Ind/Rel: 1 / 0

#96 Boys 11-12 200 Breast	3:00.51	1/5			
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Greater Des Moines YMCA-IA Total Individual Entries: 28 - Total Relays: 0

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Johnston Blaze Swim Club-IA**1 Baker, Caroline - Female - Age: 9 - Ind/Rel: 2 / 1**

#89 Girls 10&U 50 Free	37.48	7/3	#101 Girls 10&U 50 Back	48.01	6/7
#113 Girls 10&U 200 Free Relay (2)	2:32.82	1/6			

2 Baker, Norah - Female - Age: 12 - Ind/Rel: 1 / 1

#87 Girls 11-12 50 Free	31.63	6/5	#115 Girls 11-12 200 Free Relay (3)	2:08.11	2/6
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3 Bowman, Amelia - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	37.10	7/5	#101 Girls 10&U 50 Back	45.72	7/10
#113 Girls 10&U 200 Free Relay (4)	2:32.82	1/6			

4 Evans, Ella - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	32.49	6/10	#95 Girls 11-12 200 Breast	3:08.57	1/5
#99 Girls 11-12 100 Back	NT	1/2	#111 Girls 11-12 50 Breast	42.53	5/2
#115 Girls 11-12 200 Free Relay (1)	2:11.86	2/3			

5 Gruenisen, Sami - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	32.86	5/6	#95 Girls 11-12 200 Breast	3:16.56	1/4
#111 Girls 11-12 50 Breast	40.16	5/5	#115 Girls 11-12 200 Free Relay (2)	2:11.86	2/3

6 Guild, Bri - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	40.76	6/2	#101 Girls 10&U 50 Back	44.95	7/3
#113 Girls 10&U 200 Free Relay (3)	2:32.82	1/6			

7 Holms, Donny - Male - Age: 12 - Ind/Rel: 4 / 1

#88 Boys 11-12 50 Free	31.83	4/1	#100 Boys 11-12 100 Back	1:23.63	4/9
#104 Boys 11-12 100 Fly	1:27.61	1/5	#108 Boys 11-12 200 Free	2:29.17	2/6
#116 Boys 11-12 200 Free Relay (4)	2:18.65	1/7			

8 Hosic, Hanna - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	NT	1/3	#101 Girls 10&U 50 Back	NT	2/10
#113 Girls 10&U 200 Free Relay (4)	NT	1/10			

9 Huf, Zane - Male - Age: 12 - Ind/Rel: 2 / 1

#88 Boys 11-12 50 Free	33.24	3/4	#112 Boys 11-12 50 Breast	48.51	3/10
#116 Boys 11-12 200 Free Relay (1)	2:18.65	1/7			

10 Hunt, Ceci - Female - Age: 11 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	38.69	3/8	#99 Girls 11-12 100 Back	1:40.98	2/3
#115 Girls 11-12 200 Free Relay (1)	2:37.56	1/7			

11 Hunt, Jojo - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	41.96	5/6	#101 Girls 10&U 50 Back	45.56	7/1
#113 Girls 10&U 200 Free Relay (1)	NT	1/10			

12 Innanji, Vrishti - Female - Age: 11 - Ind/Rel: 4 / 0

#87 Girls 11-12 50 Free	55.34	1/7	#91 Girls 11-12 200 IM	NT	1/6
#99 Girls 11-12 100 Back	NT	1/7	#111 Girls 11-12 50 Breast	1:10.39	1/3

13 Jacobus, Maddie - Female - Age: 11 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	41.33	2/4	#99 Girls 11-12 100 Back	2:01.98	1/6
#111 Girls 11-12 50 Breast	53.44	2/8	#115 Girls 11-12 200 Free Relay (3)	2:37.56	1/7

14 Jensen, Kendal - Female - Age: 11 - Ind/Rel: 2 / 0

#87 Girls 11-12 50 Free	42.85	2/8	#111 Girls 11-12 50 Breast	53.82	2/2
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2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Johnston Blaze Swim Club-IA**15 Kiekhaefer, Chloe - Female - Age: 12 - Ind/Rel: 2 / 1**

#87 Girls 11-12 50 Free	32.40	6/1	#95 Girls 11-12 200 Breast	3:16.91	1/3
#115 Girls 11-12 200 Free Relay (4)	2:11.86	2/3			

16 MacFarland, Ryan - Male - Age: 12 - Ind/Rel: 2 / 0

#96 Boys 11-12 200 Breast	3:16.63	1/6	#112 Boys 11-12 50 Breast	42.45	3/5
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17 Magalski, Ryan - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	38.28	2/3	#100 Boys 11-12 100 Back	NT	1/4
#112 Boys 11-12 50 Breast	1:04.43	1/4			

18 McCammon, Jake - Male - Age: 11 - Ind/Rel: 3 / 1

#88 Boys 11-12 50 Free	36.01	2/6	#100 Boys 11-12 100 Back	1:53.11L	2/1
#112 Boys 11-12 50 Breast	48.72	2/5	#116 Boys 11-12 200 Free Relay (2)	2:18.65	1/7

19 Mccune, Zella - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	33.94	4/6	#99 Girls 11-12 100 Back	1:34.34	2/6
#107 Girls 11-12 200 Free	2:54.42	2/9	#115 Girls 11-12 200 Free Relay (3)	2:11.86	2/3

20 McFall, Gianna - Female - Age: 11 - Ind/Rel: 3 / 0

#87 Girls 11-12 50 Free	46.30	2/10	#99 Girls 11-12 100 Back	NT	1/3
#111 Girls 11-12 50 Breast	NT	1/9			

21 McFall, Rex - Male - Age: 9 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	56.75	1/7	#98 Boys 10&U 100 Breast	NT	2/2
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22 McGinnis, Izzy - Female - Age: 11 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	41.11	2/6	#99 Girls 11-12 100 Back	1:51.03	2/2
#111 Girls 11-12 50 Breast	53.35	2/3	#115 Girls 11-12 200 Free Relay (2)	2:37.56	1/7

23 Miller, Coraline - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	31.87	6/7	#111 Girls 11-12 50 Breast	43.89	4/4
#115 Girls 11-12 200 Free Relay (4)	2:08.11	2/6			

24 Miller, Etta - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	1:00.12	2/9	#101 Girls 10&U 50 Back	1:07.51	2/3
#113 Girls 10&U 200 Free Relay (3)	NT	1/10			

25 Morales, Karla - Female - Age: 12 - Ind/Rel: 2 / 1

#87 Girls 11-12 50 Free	34.45	4/8	#99 Girls 11-12 100 Back	1:28.19	3/2
#115 Girls 11-12 200 Free Relay (4)	2:37.56	1/7			

26 Phelps, Briggs - Male - Age: 9 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	48.41	2/3	#102 Boys 10&U 50 Back	55.41	2/3
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27 Platt, Harrison - Male - Age: 9 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	36.32	5/5	#102 Boys 10&U 50 Back	46.11	4/7
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28 Price, Jocelyn - Female - Age: 10 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	37.48	7/7	#105 Girls 10&U 100 Fly	NT	1/6
#113 Girls 10&U 200 Free Relay (1)	2:32.82	1/6			

29 Russell, Amelia - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	42.60	5/8	#101 Girls 10&U 50 Back	48.07	6/3
#113 Girls 10&U 200 Free Relay (2)	NT	1/10			

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Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Johnston Blaze Swim Club-IA**30 Schuman, Blake - Male - Age: 11 - Ind/Rel: 0 / 1**

#116 Boys 11-12 200 Free Relay (3) 2:18.65 1/7

31 Thilges, Ella - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	31.31	7/9	#99 Girls 11-12 100 Back	1:24.53	4/2
#107 Girls 11-12 200 Free	2:42.59	3/10	#111 Girls 11-12 50 Breast	46.89	4/10
#115 Girls 11-12 200 Free Relay (1)	2:08.11	2/6			

32 Van Der Molen, Baylie - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	32.08	6/8	#103 Girls 11-12 100 Fly	NT	1/2
#111 Girls 11-12 50 Breast	43.45	4/5	#115 Girls 11-12 200 Free Relay (2)	2:08.11	2/6

Johnston Blaze Swim Club-IA Total Individual Entries: 77 - Total Relays: 0**Life Time Iowa Swim Team-IA****1 Henning, Joelle - Female - Age: 11 - Ind/Rel: 3 / 0**

#87 Girls 11-12 50 Free	30.25	7/5	#103 Girls 11-12 100 Fly	1:22.62	1/5
#111 Girls 11-12 50 Breast	47.57	3/6			

2 Lindemann, Josefina - Female - Age: 11 - Ind/Rel: 3 / 0

#87 Girls 11-12 50 Free	33.31	5/8	#99 Girls 11-12 100 Back	1:27.51	3/3
#111 Girls 11-12 50 Breast	47.94	3/4			

3 Mintle, Easton - Male - Age: 8 - Ind/Rel: 1 / 0

#90 Boys 10&U 50 Free 37.17 5/7

4 Mintle, Harrison - Male - Age: 10 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free 36.54 5/4 #98 Boys 10&U 100 Breast 1:41.75 3/5

5 Swaim, Madison - Female - Age: 11 - Ind/Rel: 2 / 0

#87 Girls 11-12 50 Free 33.11 5/7 #107 Girls 11-12 200 Free 2:45.89 2/4

Life Time Iowa Swim Team-IA Total Individual Entries: 11 - Total Relays: 0

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Mason City Swim Club-IA**1 Bry, Chloe - Female - Age: 6 - Ind/Rel: 1 / 0**

#89 Girls 10&U 50 Free NT 1/9

2 Bry, Emma - Female - Age: 8 - Ind/Rel: 3 / 0#89 Girls 10&U 50 Free 43.59 4/5 #101 Girls 10&U 50 Back 1:01.89 3/10
#109 Girls 10&U 200 Free 4:55.84L 1/6**3 Doolittle, Jillian - Female - Age: 11 - Ind/Rel: 4 / 1**#87 Girls 11-12 50 Free 33.23 5/3 #95 Girls 11-12 200 Breast 3:16.81 1/7
#99 Girls 11-12 100 Back 1:24.12 4/8 #111 Girls 11-12 50 Breast 43.09 5/10
#115 Girls 11-12 200 Free Relay (4) 2:28.11 1/5**4 Driscoll, Bailey - Female - Age: 9 - Ind/Rel: 3 / 0**#89 Girls 10&U 50 Free 52.29 3/2 #97 Girls 10&U 100 Breast 2:31.15 2/5
#101 Girls 10&U 50 Back 1:05.19 2/4**5 Driscoll, Rylee - Female - Age: 12 - Ind/Rel: 3 / 1**#87 Girls 11-12 50 Free 31.43 7/1 #99 Girls 11-12 100 Back 1:20.73 4/6
#107 Girls 11-12 200 Free 2:42.43 3/1 #115 Girls 11-12 200 Free Relay (1) 2:28.11 1/5**6 Lingbeek, Aubrey - Female - Age: 12 - Ind/Rel: 3 / 1**#87 Girls 11-12 50 Free 41.45 2/3 #99 Girls 11-12 100 Back 1:46.35 2/8
#111 Girls 11-12 50 Breast 50.64 2/5 #115 Girls 11-12 200 Free Relay (2) 2:28.11 1/5**7 Murray, Brynn - Female - Age: 12 - Ind/Rel: 1 / 0**

#111 Girls 11-12 50 Breast 41.56 5/7

8 Witt, ava - Female - Age: 12 - Ind/Rel: 2 / 1#87 Girls 11-12 50 Free NT 1/2 #107 Girls 11-12 200 Free 2:49.97 2/8
#115 Girls 11-12 200 Free Relay (3) 2:28.11 1/5**Mason City Swim Club-IA Total Individual Entries: 20 - Total Relays: 0**

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

North Side Swim Team-IA

1 Anderson, Davan - Female - Age: 12 - Ind/Rel: 4 / 1

#91 Girls 11-12 200 IM	3:16.46	2/8	#103 Girls 11-12 100 Fly	1:51.94	1/3
#107 Girls 11-12 200 Free	2:48.70	2/3	#111 Girls 11-12 50 Breast	48.47	3/3
#115 Girls 11-12 200 Free Relay (1)	2:24.70	2/1			

2 Cariglino, Siena - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	33.85	4/5	#91 Girls 11-12 200 IM	3:22.57	2/2
#99 Girls 11-12 100 Back	1:31.81	3/10	#111 Girls 11-12 50 Breast	46.53	4/1
#115 Girls 11-12 200 Free Relay (4)	2:24.70	2/1			

3 Cunningham, Lydia - Female - Age: 11 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	41.43	2/7	#99 Girls 11-12 100 Back	1:52.90	2/1
#107 Girls 11-12 200 Free	3:32.29	1/5	#111 Girls 11-12 50 Breast	57.48	2/1
#115 Girls 11-12 200 Free Relay (2)	2:24.70	2/1			

4 Cunningham, Titus - Male - Age: 12 - Ind/Rel: 4 / 0

#92 Boys 11-12 200 IM	3:02.48	1/7	#104 Boys 11-12 100 Fly	1:41.78	1/7
#108 Boys 11-12 200 Free	2:36.87	2/3	#118 Boys 11-12 1000 Free	14:35.13	1/4

5 Devlic, Ben - Male - Age: 12 - Ind/Rel: 4 / 0

#88 Boys 11-12 50 Free	33.31	3/7	#100 Boys 11-12 100 Back	1:28.75	3/4
#108 Boys 11-12 200 Free	2:47.64	2/1	#112 Boys 11-12 50 Breast	47.49	3/9

6 Kent, Harper - Male - Age: 12 - Ind/Rel: 4 / 0

#88 Boys 11-12 50 Free	40.96	1/5	#100 Boys 11-12 100 Back	1:39.39	3/8
#108 Boys 11-12 200 Free	3:10.73	1/4	#112 Boys 11-12 50 Breast	51.83	2/2

7 Reineke, Lexi - Female - Age: 12 - Ind/Rel: 4 / 1

#87 Girls 11-12 50 Free	1:02.91	1/8	#99 Girls 11-12 100 Back	1:51.51	2/9
#107 Girls 11-12 200 Free	4:14.92	1/6	#111 Girls 11-12 50 Breast	1:19.49	1/8
#115 Girls 11-12 200 Free Relay (3)	2:24.70	2/1			

North Side Swim Team-IA Total Individual Entries: 28 - Total Relays: 0

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Rams Swim Club-IA

1 Cassler, Norah - Female - Age: 10 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	57.55	2/3	#97 Girls 10&U 100 Breast	NT	2/2
#101 Girls 10&U 50 Back	56.45	3/5			

2 Garrison, Jaden - Male - Age: 10 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	38.71	4/5	#102 Boys 10&U 50 Back	56.06	1/5
#110 Boys 10&U 200 Free	NT	1/5	#114 Boys 10&U 200 Free Relay (1)	2:50.44	1/3

3 Garrison, Jonah - Male - Age: 7 - Ind/Rel: 2 / 0

#90 Boys 10&U 50 Free	55.78	1/4	#102 Boys 10&U 50 Back	NT	1/1
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4 Garrison, Jorgia - Female - Age: 8 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	41.44	6/10	#101 Girls 10&U 50 Back	46.74	6/6
#109 Girls 10&U 200 Free	NT	1/2			

5 Green, Raegan - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	38.61	3/3	#103 Girls 11-12 100 Fly	1:51.53	1/7
#111 Girls 11-12 50 Breast	1:01.84	1/4	#115 Girls 11-12 200 Free Relay (3)	2:21.57	2/9

6 Hiller, Cooper - Male - Age: 9 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	47.17	3/10	#102 Boys 10&U 50 Back	51.00	3/3
#114 Boys 10&U 200 Free Relay (3)	2:50.44	1/3			

7 Hurley, Brooklyn - Female - Age: 11 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	31.50	7/10	#95 Girls 11-12 200 Breast	3:20.33	1/9
#111 Girls 11-12 50 Breast	40.56	5/4	#115 Girls 11-12 200 Free Relay (1)	2:21.57	2/9

8 Kunkel, Kapri - Female - Age: 11 - Ind/Rel: 3 / 0

#87 Girls 11-12 50 Free	49.26	1/4	#99 Girls 11-12 100 Back	1:58.27	1/5
#111 Girls 11-12 50 Breast	1:01.38	1/6			

9 Onnen, Oliver - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	49.69	1/3	#100 Boys 11-12 100 Back	2:06.44	2/3
#112 Boys 11-12 50 Breast	1:07.02	1/7			

10 Payne, Lily - Female - Age: 12 - Ind/Rel: 0 / 1

#115 Girls 11-12 200 Free Relay (2)	2:21.57	2/9			
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11 Pekarek, Anna - Female - Age: 10 - Ind/Rel: 2 / 0

#93 Girls 10&U 200 IM	3:21.54	1/6	#105 Girls 10&U 100 Fly	1:49.40	1/5
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12 Pekarek, Lila - Female - Age: 12 - Ind/Rel: 3 / 1

#87 Girls 11-12 50 Free	32.58	5/5	#95 Girls 11-12 200 Breast	3:18.18	1/2
#111 Girls 11-12 50 Breast	40.29	5/6	#115 Girls 11-12 200 Free Relay (4)	2:21.57	2/9

13 Shonka, Voeden - Male - Age: 11 - Ind/Rel: 2 / 0

#88 Boys 11-12 50 Free	43.59	1/6	#100 Boys 11-12 100 Back	1:54.58	2/4
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14 Sikora, Owen - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	34.94	3/8	#100 Boys 11-12 100 Back	1:21.78	4/3
#108 Boys 11-12 200 Free	2:52.00	2/10			

15 Six, Tristan - Male - Age: 10 - Ind/Rel: 2 / 1

#90 Boys 10&U 50 Free	42.35	4/1	#102 Boys 10&U 50 Back	52.31	3/2
#114 Boys 10&U 200 Free Relay (2)	2:50.44	1/3			

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

Rams Swim Club-IA16 **Stokka, Elijah - Male - Age: 10 - Ind/Rel: 2 / 0**

#102 Boys 10&U 50 Back	46.42	4/3	#110 Boys 10&U 200 Free	3:06.37	2/4
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17 **Thomas, Ethan - Male - Age: 10 - Ind/Rel: 4 / 0**

#90 Boys 10&U 50 Free	51.09	2/9	#98 Boys 10&U 100 Breast	2:16.63	2/6
#102 Boys 10&U 50 Back	56.26	1/4	#110 Boys 10&U 200 Free	4:14.83	2/1

18 **Thomas, Olivia - Female - Age: 8 - Ind/Rel: 2 / 0**

#89 Girls 10&U 50 Free	49.48	4/10	#101 Girls 10&U 50 Back	1:00.81	3/1
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19 **Viteri, Sebastian - Male - Age: 9 - Ind/Rel: 2 / 1**

#90 Boys 10&U 50 Free	42.21	4/9	#102 Boys 10&U 50 Back	48.10	4/1
#114 Boys 10&U 200 Free Relay (4)	2:50.44	1/3			

Rams Swim Club-IA Total Individual Entries: 47 - Total Relays: 0

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

South East Aquatics-IA

1 Boender, Sully - Male - Age: 12 - Ind/Rel: 4 / 0

#88 Boys 11-12 50 Free	31.16	4/2	#100 Boys 11-12 100 Back	1:21.79	4/8
#108 Boys 11-12 200 Free	2:35.40	2/7	#112 Boys 11-12 50 Breast	42.51	3/6

2 Gaulke, Kate - Female - Age: 10 - Ind/Rel: 3 / 0

#89 Girls 10&U 50 Free	49.39	4/1	#97 Girls 10&U 100 Breast	NT	2/6
#101 Girls 10&U 50 Back	58.06	3/6			

3 Gaulke, Silas - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	39.54	2/9	#100 Boys 11-12 100 Back	NT	1/5
#112 Boys 11-12 50 Breast	50.23	2/7			

4 Green, Reilly - Male - Age: 9 - Ind/Rel: 1 / 0

#98 Boys 10&U 100 Breast	1:47.30	3/4			
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5 Groenenboom, Kinzley - Female - Age: 10 - Ind/Rel: 4 / 1

#89 Girls 10&U 50 Free	40.37	6/3	#97 Girls 10&U 100 Breast	1:47.30	4/6
#101 Girls 10&U 50 Back	44.98	7/8	#109 Girls 10&U 200 Free	3:41.24	1/5
#113 Girls 10&U 200 Free Relay (1)	2:59.05	1/8			

6 Groenenboom, Landan - Male - Age: 8 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	47.51	2/6	#98 Boys 10&U 100 Breast	2:11.07	3/1
#102 Boys 10&U 50 Back	55.59	2/8	#114 Boys 10&U 200 Free Relay (3)	2:47.53	1/7

7 Hardman, Ellie - Female - Age: 11 - Ind/Rel: 3 / 0

#87 Girls 11-12 50 Free	39.02	3/2	#99 Girls 11-12 100 Back	NT	1/9
#111 Girls 11-12 50 Breast	59.91	2/10			

8 Novelo, Dominic - Male - Age: 9 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	38.23	5/10	#94 Boys 10&U 200 IM	3:53.62	1/5
#110 Boys 10&U 200 Free	3:43.57	2/2	#114 Boys 10&U 200 Free Relay (1)	2:47.53	1/7

9 Novelo, Raegan - Female - Age: 7 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	56.01	2/4	#101 Girls 10&U 50 Back	55.60	4/9
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10 Oaks, Gavin - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	47.92	1/7	#100 Boys 11-12 100 Back	2:16.15	2/9
#112 Boys 11-12 50 Breast	1:17.25	1/8			

11 Peer, Shawn - Female - Age: 9 - Ind/Rel: 2 / 0

#89 Girls 10&U 50 Free	57.93	2/2	#101 Girls 10&U 50 Back	1:01.98	2/5
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12 Punt, Cameron - Male - Age: 11 - Ind/Rel: 3 / 0

#88 Boys 11-12 50 Free	40.22	2/1	#100 Boys 11-12 100 Back	1:59.01	2/7
#112 Boys 11-12 50 Breast	56.81	1/5			

13 Punt, Clara - Female - Age: 9 - Ind/Rel: 2 / 1

#89 Girls 10&U 50 Free	57.57	2/8	#101 Girls 10&U 50 Back	1:12.39	2/8
#113 Girls 10&U 200 Free Relay (3)	2:59.05	1/8			

14 Sisul, Jenner - Male - Age: 8 - Ind/Rel: 3 / 0

#90 Boys 10&U 50 Free	51.88	2/10	#98 Boys 10&U 100 Breast	2:23.30	2/7
#102 Boys 10&U 50 Back	50.21	3/7			

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

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Wellmark YMCA * Des Moines, IA * 25 yard course

Team Entries - Sunday Morning - 10 & Under / 11 & 12

South East Aquatics-IA**15 Sisul, Jolie - Female - Age: 10 - Ind/Rel: 4 / 1**

#89 Girls 10&U 50 Free	42.49	5/3	#97 Girls 10&U 100 Breast	1:59.15	3/3
#101 Girls 10&U 50 Back	52.10	5/2	#109 Girls 10&U 200 Free	3:37.78	2/10
#113 Girls 10&U 200 Free Relay (2)	2:59.05	1/8			

16 Vander Linden, Benten - Male - Age: 10 - Ind/Rel: 2 / 1

#102 Boys 10&U 50 Back	46.07	4/4	#110 Boys 10&U 200 Free	3:09.47	2/3
#114 Boys 10&U 200 Free Relay (4)	2:47.53	1/7			

17 Whitmore, Bryson - Male - Age: 8 - Ind/Rel: 3 / 1

#90 Boys 10&U 50 Free	44.52	3/4	#98 Boys 10&U 100 Breast	NT	1/4
#102 Boys 10&U 50 Back	48.94	3/5	#114 Boys 10&U 200 Free Relay (2)	2:47.53	1/7

18 Zimmerman, Lily - Female - Age: 10 - Ind/Rel: 4 / 1

#89 Girls 10&U 50 Free	39.55	6/4	#97 Girls 10&U 100 Breast	NT	2/7
#101 Girls 10&U 50 Back	NT	2/1	#109 Girls 10&U 200 Free	NT	1/7
#113 Girls 10&U 200 Free Relay (4)	2:59.05	1/8			

South East Aquatics-IA Total Individual Entries: 52 - Total Relays: 0**Swordfish Academy-IA****1 Lastovica, Keegan - Female - Age: 12 - Ind/Rel: 2 / 0**

#87 Girls 11-12 50 Free	42.93	2/2	#111 Girls 11-12 50 Breast	1:01.21	1/5
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Swordfish Academy-IA Total Individual Entries: 2 - Total Relays: 0