

2023 IASI West Winter Regionals - 2/11/2023 to 2/12/2023

Prairie Meadows Pool, Sanction #: IA-23-050

Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Event 119 Girls 13-14 200 Yard IM

2:27.49 Q Champ Qualifying

Meet Qualifying: Slower than 2:27.49

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals Starts at 01:00 PM

1				___
2				___
3				___
4	Bloom, Ellie	14	FAST-IA	NT ___
5	Borkowski, Alexis	13	CAST-IA	NT ___
6	Herrick, Lilli	13	RSC-IA	NT ___
7				___
8				___
9				___
10				___

Heat 2 of 3 Finals Starts at 01:04 PM

1	Croll, Molly	13	BLAZ-IA	3:21.10 ___
2	Eure, Veronica	14	RIP-IA	3:08.83 ___
3	Kruger, Olivia	13	BLAZ-IA	3:03.72 ___
4	Rice, Mary	14	NSST-IA	2:54.15 ___
5	Damge, Evelyn	14	NSST-IA	2:45.90 ___
6	Kimmel, Teaghyn	13	RSC-IA	2:53.02 ___
7	Nedder, Julia	13	SEA-IA	3:00.77 ___
8	Bylund, Amelia	14	DMSF-IA	3:05.66 ___
9	Riley, Isabella	14	ACAC-IA	3:16.03 ___
10				___

Heat 3 of 3 Finals Starts at 01:08 PM

1	Damge, Camryn	14	NSST-IA	2:40.70 ___
2	Davis, Ava	14	DMSF-IA	2:36.28 ___
3	Reid, Abigail	14	CIA-IA	2:32.83 ___
4	Hermesen, Mady	14	ACAC-IA	2:30.74 ___
5	Ernsperger, Isabel	14	CIA-IA	2:27.51 ___
6	Hancock, Ellie	14	CIA-IA	2:28.91 ___
7	Dunham, Keegan	14	DSMY-IA	2:31.94 ___
8	Kramer, Marley	13	CIA-IA	2:34.30 ___
9	MacLeod, Megan	14	ACAC-IA	2:39.14 ___
10	Hoss, Brooke	13	CIA-IA	2:44.60 ___

Event 120 Boys 13-14 200 Yard IM

2:21.69 Q Champ Qualifying

Meet Qualifying: Slower than 2:21.69

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 01:11 PM

1				___
2				___
3				___
4	Hall, Kane	13	ACAC-IA	NT ___
5	Miller, Ty	13	ACAC-IA	3:14.76 ___
6	Cornwell, Connor	14	NSST-IA	3:21.08 ___
7				___
8				___
9				___
10				___

Heat 2 of 2 Finals Starts at 01:14 PM

1				___
2	Cauterucci, Kole	14	NSST-IA	2:46.36 ___
3	Allen, Dylan	13	DMSF-IA	2:38.74 ___
4	Ha, Norman	13	NSST-IA	2:36.36 ___
5	Edgington, Tate	13	DMSF-IA	2:31.05 ___
6	Heitzman, Calvin	13	CIA-IA	2:31.41 ___
7	Cunningham, Corban	13	NSST-IA	2:38.63 ___
8	Vos, Atticus	13	ACAC-IA	2:40.65 ___
9	Coonan, Quinn	13	RIP-IA	3:01.82 ___
10				___

Event 121 Girls 15 & Over 200 Yard IM

2:22.09 Q Champ Qualifying

Meet Qualifying: Slower than 2:22.09

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 01:18 PM

1	Cunningham, Clara	15	NSST-IA	2:45.37 ___
2	Kramer, Nina	16	CIA-IA	2:36.79 ___
3	Brown, Ella	16	RIP-IA	2:31.82 ___
4	Chance, Charlotte	16	RIP-IA	2:24.81 ___
5	Fertig, Jordan	15	RSC-IA	2:22.44 ___
6	Smith, Kiley	16	DMSF-IA	2:23.44 ___
7	Smith, Maysen	15	ACAC-IA	2:30.34 ___
8	Chase, Anna	16	DMSF-IA	2:36.40 ___
9	Wigant, Kadence	17	RIP-IA	2:38.94 ___
10	Dvorak, Layla	15	BLAZ-IA	2:55.12 ___

Event 122 Boys 15 & Over 200 Yard IM

2:10.89 Q Champ Qualifying

Meet Qualifying: Slower than 2:10.89

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 01:21 PM

1	Oosterhuis, Alec	15	NSST-IA	2:37.42 ___
2	Sisul, Jac	16	SEA-IA	2:32.57 ___
3	Briggs, Colby	15	NSST-IA	2:28.26 ___
4	Troyer, Austin	16	NSST-IA	2:23.66 ___
5	Otis, Hudson	15	DMSF-IA	2:12.55 ___
6	Strosahl, Solomon	16	ACAC-IA	2:17.25 ___
7	Monaghan, John	15	CIA-IA	2:26.64 ___
8	Spracklin, Ethan	15	DMSF-IA	2:32.17 ___
9	Gaulke, Mason	15	SEA-IA	2:35.95 ___
10				___

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Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Event 123 Girls 13-14 50 Yard Freestyle

27.89 Q Champ Qualifying

Meet Qualifying: Slower than 27.89

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals Starts at 01:24 PM				
1				___
2				___
3	Mogard, Miah	14	ACAC-IA	42.14L ___
4	Russell, Ava	13	CIA-IA	37.06 ___
5	Chaney, Charleigh	13	CAST-IA	35.20 ___
6	Kearn, Zoella	14	NSST-IA	36.81 ___
7	Nalan, Emily	14	NSST-IA	41.65 ___
8				___
9				___
10				___
Heat 2 of 4 Finals Starts at 01:25 PM				
1	Stravers, Kinsley	13	BLAZ-IA	34.42 ___
2	Lebeck, Jocelyn	13	DMSF-IA	34.13 ___
3	Kvach, Kiersten	13	ACAC-IA	34.01 ___
4	Conn, Lillie	14	RSC-IA	32.15 ___
5	Jacobs, Kate	13	RIP-IA	32.03 ___
6	Riley, Isabella	14	ACAC-IA	32.15 ___
7	Bloom, Ellie	14	FAST-IA	32.17 ___
8	Prendergast, Claire	13	NSST-IA	34.09 ___
9	Middlekauff, Alivia	13	RIP-IA	34.19 ___
10	Borkowski, Alexis	13	CAST-IA	34.71 ___
Heat 3 of 4 Finals Starts at 01:26 PM				
1	Bylund, Amelia	14	DMSF-IA	31.94 ___
2	MacLeod, Megan	14	ACAC-IA	31.28 ___
3	Nedder, Julia	13	SEA-IA	31.00 ___
4	Kinnison, Amanda	13	RIP-IA	30.05 ___
5	Lock, Meg	14	RIP-IA	29.94 ___
6	Kimmel, Teaghyn	13	RSC-IA	30.01 ___
7	Ruppert, Millie	13	DMSF-IA	30.85 ___
8	Ruan, Catherine	14	RIP-IA	31.16 ___
9	Herrick, Lilli	13	RSC-IA	31.92 ___
10	Subbert, Kambelle	14	SSA-IA	31.97 ___
Heat 4 of 4 Finals Starts at 01:27 PM				
1	Hoss, Brooke	13	CIA-IA	29.70 ___
2	Reyes, Abigail	13	NSST-IA	29.50 ___
3	Seckington, Tillie	13	DMSF-IA	29.30 ___
4	Powell, Izzy	13	DMSF-IA	28.79 ___
5	Dunham, Keegan	14	DSMY-IA	28.39 ___
6	Stone, Kylee	13	DSMY-IA	28.58 ___
7	Fertig, Jodi	13	RSC-IA	29.13 ___
8	Vallas, Finley	14	CIA-IA	29.46 ___
9	Davis, Ava	14	DMSF-IA	29.58 ___
10	Cook, Mallory	13	MCSC-IA	29.77 ___

Event 124 Boys 13-14 50 Yard Freestyle

25.99 Q Champ Qualifying

Meet Qualifying: Slower than 25.99

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 01:28 PM				
1	Clark, Hunter	14	BLAZ-IA	NT ___
2	Williams, Blake	13	NSST-IA	37.26 ___
3	Topf, Tiernan	13	NSST-IA	35.53 ___
4	Miller, Ty	13	ACAC-IA	33.71 ___
5	Hall, Kane	13	ACAC-IA	33.02 ___
6	Coonan, Quinn	13	RIP-IA	33.50 ___
7	Buck, Garrett	14	BLAZ-IA	34.98 ___
8	Savransky, Michael	14	RIP-IA	36.42 ___
9				___
10				___
Heat 2 of 3 Finals Starts at 01:29 PM				
1	Paul, Levi Paul	13	BLAZ-IA	31.39 ___
2	Naylor, Carson	13	CIA-IA	30.33 ___
3	LeGrant, Levi	14	DMSF-IA	30.00 ___
4	Lankford, Reef	13	CAST-IA	29.29 ___
5	Strosahl, Jonas	13	ACAC-IA	28.48 ___
6	Heddinger, Tommy	13	RIP-IA	28.92 ___
7	Ortega, Ijah	13	RSC-IA	29.47 ___
8	Disterhoft, Fisher	14	NSST-IA	30.29 ___
9	LaGier, Andy	13	BLAZ-IA	31.10 ___
10	Spillers, Raef	13	ACAC-IA	32.16 ___
Heat 3 of 3 Finals Starts at 01:29 PM				
1	Ha, Norman	13	NSST-IA	28.06 ___
2	Willrich, Ben	14	DMSF-IA	27.98 ___
3	Voynov, Clive	13	DMSF-IA	27.33 ___
4	Arnold, Westin	14	RIP-IA	27.11 ___
5	Fertig, Jonah	14	RSC-IA	26.83 ___
6	LaMasters, Peter	14	DMSF-IA	27.00 ___
7	Cunningham, Corban	13	NSST-IA	27.22 ___
8	Griffin, Jayden	13	RIP-IA	27.81 ___
9	Gatzionis, Gregory	13	DSMY-IA	28.05 ___
10	Punt, Caleb	14	SEA-IA	28.07 ___

Event 125 Girls 15 & Over 50 Yard Freestyle

26.39 Q Champ Qualifying

Meet Qualifying: Slower than 26.39

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 01:30 PM				
1				___
2				___
3				___
4	Sargent, Audrey	15	NSST-IA	50.28 ___
5	Kent, Avery	15	NSST-IA	32.82 ___
6	Braun, Nelah	15	RSC-IA	39.38 ___
7				___
8				___
9				___
10				___

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Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Heat 2 Finals (#125 Girls 15 & Over 50 Yard Freestyle)

1	Kiekhaefer, Lucy	15	CIA-IA	31.94	___
2	McRoberts, Ryen	15	CIA-IA	31.39	___
3	Labresh, Joella	15	NSST-IA	30.83	___
4	Mengel, Maddie	15	DMSF-IA	30.53	___
5	Reisdorf, Olivia	16	RIP-IA	29.99	___
6	Vaske, Audrey	15	RIP-IA	30.45	___
7	Punt, Chloe	15	SEA-IA	30.81	___
8	Schafer, Sophia	15	NSST-IA	31.29	___
9	Sethi, Milie	15	BLAZ-IA	31.85	___
10					___

Heat 3 of 3 Finals Starts at 01:32 PM

1	Fields, Clara	17	ACAC-IA	28.99	___
2	Chase, Anna	16	DMSF-IA	28.47	___
3	Sexton, Haylee	15	ACAC-IA	28.20	___
4	Smith, Kiley	16	DMSF-IA	26.95	___
5	Chance, Charlotte	16	RIP-IA	26.55	___
6	Corwin, Briley	16	RIP-IA	26.93	___
7	Brown, Ella	16	RIP-IA	27.81	___
8	Kramer, Nina	16	CIA-IA	28.20	___
9	Dvorak, Layla	15	BLAZ-IA	28.94	___
10	Wigant, Kadence	17	RIP-IA	29.45	___

Event 126 Boys 15 & Over 50 Yard Freestyle

23.69 Q Champ Qualifying

Meet Qualifying: Slower than 23.69

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals Starts at 01:33 PM

1					___
2					___
3					___
4	Duran Oropeza, Cesar	15	RIP-IA	NT	___
5	Wigant, Kaegan	15	RIP-IA	28.56	___
6	Disterhoft, Uriah	16	NSST-IA	28.84	___
7					___
8					___
9					___
10					___

Heat 2 of 3 Finals Starts at 01:34 PM

1					___
2	Gaulke, Mason	15	SEA-IA	27.52	___
3	Shcharansky, George	15	LIFE-IA	27.36	___
4	Briggs, Colby	15	NSST-IA	27.02	___
5	Sisul, Jac	16	SEA-IA	26.57	___
6	Grimes, Nolan	16	DMSF-IA	26.73	___
7	Smith, Kaleb	15	DMSF-IA	27.07	___
8	Rexroat, Tyson	17	NSST-IA	27.47	___
9	Moore, Quentin	15	CIA-IA	27.85	___
10					___

Heat 3 of 3 Finals Starts at 01:35 PM

1	Oosterhuis, Alec	15	NSST-IA	25.93	___
2	Spracklin, Ethan	15	DMSF-IA	25.45	___
3	Emanuel, Drew	15	DMSF-IA	24.70	___
4	Fertig, Jack	17	RSC-IA	23.98	___
5	Honkamp, Andrew	15	DMSF-IA	23.82	___
6	Ortega, Cooper	16	RSC-IA	23.95	___
7	Thomas, Ty	16	CAST-IA	24.00	___
8	Monaghan, John	15	CIA-IA	24.88	___
9	Ortega, Zion	15	RSC-IA	25.66	___
10	Rupprecht, Cooper	16	SEA-IA	26.10	___

Event 127 Girls 13-14 200 Yard Breaststroke

2:50.49 Q Champ Qualifying

3:16.09 REG Regional Qualifying

Meet Qualifying: 2:50.50 - 3:16.09

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 01:36 PM

1					___
2					___
3	Sexton, Claire	13	CIA-IA	3:05.68	___
4	Kramer, Marley	13	CIA-IA	3:00.79	___
5	Hancock, Ellie	14	CIA-IA	2:51.59	___
6	Ernsperger, Isabel	14	CIA-IA	2:53.23	___
7	Stec, Sienna	14	DMSF-IA	3:03.01	___
8	Damge, Evelyn	14	NSST-IA	3:05.72	___
9					___
10					___

Event 128 Boys 13-14 200 Yard Breaststroke

2:43.99 Q Champ Qualifying

3:08.59 REG Regional Qualifying

Meet Qualifying: 2:44.00 - 3:08.59

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Finals Starts at 01:39 PM

1					___
2					___
3	Heddinger, Tommy	13	RIP-IA	3:07.79	___
4	Vos, Atticus	13	ACAC-IA	2:56.61	___
5	Artikov, Isaac	13	DMSF-IA	2:44.34	___
6	Oosterhuis, Evan	14	NSST-IA	2:53.74	___
7	Gatzionis, Gregory	13	DSMY-IA	3:00.05	___
8					___
9					___
10					___

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Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Event 129 Girls 15 & Over 200 Yard Breaststroke

2:47.99 Q Champ Qualifying

3:13.19 REG Regional Qualifying

Meet Qualifying: 2:48.00 - 3:13.19

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 01:42 PM				
1				---
2				---
3	Kiekhaefer, Lucy	15	CIA-IA	3:12.13
4	Cunningham, Clara	15	NSST-IA	2:59.85
5	Smith, Maysen	15	ACAC-IA	2:48.78
6	Wigant, Kadence	17	RIP-IA	2:49.30
7	Reisdorf, Olivia	16	RIP-IA	3:11.57
8				---
9				---
10				---

Event 130 Boys 15 & Over 200 Yard Breaststroke

2:30.59 Q Champ Qualifying

2:52.99 REG Regional Qualifying

Meet Qualifying: 2:30.60 - 2:52.99

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 01:46 PM				
1				---
2				---
3	DeJong, Eli	15	DMSF-IA	3:08.99L
4	Nguyen, David	15	RIP-IA	2:40.87
5	Moore, Quentin	15	CIA-IA	2:32.17
6	Spracklin, Ethan	15	DMSF-IA	2:39.89
7	Wigant, Kaegan	15	RIP-IA	2:41.57
8				---
9				---
10				---

Event 131 Girls 13-14 100 Yard Backstroke

1:08.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:08.49

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals Starts at 01:49 PM				
1				---
2				---
3				---
4	Nalan, Emily	14	NSST-IA	1:53.41
5	Borkowski, Alexis	13	CAST-IA	1:39.69
6	Reyes, Abigail	13	NSST-IA	1:40.71
7				---
8				---
9				---
10				---

Heat 2 of 4 Finals Starts at 01:52 PM

1	Chaney, Charleigh	13	CAST-IA	1:34.36
2	Russell, Ava	13	CIA-IA	1:31.73
3	Mogard, Miah	14	ACAC-IA	1:28.88
4	Subbert, Kambelle	14	SSA-IA	1:25.04
5	Eure, Veronica	14	RIP-IA	1:23.83
6	Kruger, Olivia	13	BLAZ-IA	1:23.96
7	Bylund, Amelia	14	DMSF-IA	1:26.55
8	Middlekauff, Alivia	13	RIP-IA	1:28.91
9	Kvach, Kiersten	13	ACAC-IA	1:33.59
10	Kearn, Zoella	14	NSST-IA	1:36.22

Heat 3 of 4 Finals Starts at 01:54 PM

1	Stravers, Kinsley	13	BLAZ-IA	1:20.85
2	Nedder, Julia	13	SEA-IA	1:20.59
3	Ruan, Catherine	14	RIP-IA	1:20.48
4	Riley, Isabella	14	ACAC-IA	1:19.51
5	Lock, Meg	14	RIP-IA	1:17.65
6	Cook, Mallory	13	MCSC-IA	1:18.33
7	Rice, Mary	14	NSST-IA	1:19.88
8	Ruppert, Millie	13	DMSF-IA	1:20.54
9	Jacobs, Kate	13	RIP-IA	1:20.75
10	Lebeck, Jocelyn	13	DMSF-IA	1:23.76

Heat 4 of 4 Finals Starts at 01:56 PM

1	Kimmel, Teaghyn	13	RSC-IA	1:15.55
2	Vallas, Finley	14	CIA-IA	1:14.40
3	Hoss, Brooke	13	CIA-IA	1:13.90
4	Damge, Camryn	14	NSST-IA	1:10.52
5	Ernsperger, Isabel	14	CIA-IA	1:08.85
6	Stone, Kylee	13	DSMY-IA	1:09.79
7	Dunham, Keegan	14	DSMY-IA	1:10.71
8	Davis, Ava	14	DMSF-IA	1:14.33
9	Damge, Evelyn	14	NSST-IA	1:14.77
10	Kinnison, Amanda	13	RIP-IA	1:15.68

Event 132 Boys 13-14 100 Yard Backstroke

1:06.39 Q Champ Qualifying

Meet Qualifying: Slower than 1:06.39

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 01:58 PM				
1				---
2				---
3	Clark, Hunter	14	BLAZ-IA	2:23.82
4	Spillers, Raef	13	ACAC-IA	1:35.92
5	Cornwell, Connor	14	NSST-IA	1:29.31
6	Buck, Garrett	14	BLAZ-IA	1:33.56
7	Topf, Tiernan	13	NSST-IA	1:47.99
8	Miller, Ty	13	ACAC-IA	NT
9				---
10				---

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Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Heat 2 Finals (#132 Boys 13-14 100 Yard Backstroke)

1	Ortega, Ijah	13	RSC-IA	1:23.95	___
2	Lankford, Reef	13	CAST-IA	1:20.90	___
3	Oosterhuis, Evan	14	NSST-IA	1:18.81	___
4	Cauterucci, Kole	14	NSST-IA	1:17.92	___
5	LaGier, Andy	13	BLAZ-IA	1:17.84	___
6	Punt, Caleb	14	SEA-IA	1:17.91	___
7	LeGrant, Levi	14	DMSF-IA	1:18.37	___
8	Hall, Kane	13	ACAC-IA	1:20.09	___
9	Disterhoft, Fisher	14	NSST-IA	1:21.89	___
10	Coonan, Quinn	13	RIP-IA	1:28.75	___

Heat 3 of 3 Finals Starts at 02:03 PM

1	Vos, Atticus	13	ACAC-IA	1:17.67	___
2	Willrich, Ben	14	DMSF-IA	1:15.68	___
3	Naylor, Carson	13	CIA-IA	1:12.66	___
4	Ha, Norman	13	NSST-IA	1:10.52	___
5	Gagov, Evan	14	CIA-IA	1:06.75	___
6	Artikov, Isaac	13	DMSF-IA	1:07.80	___
7	Strosahl, Jonas	13	ACAC-IA	1:10.68	___
8	Heitzman, Calvin	13	CIA-IA	1:14.14	___
9	Griffin, Jayden	13	RIP-IA	1:15.90	___
10	Allen, Dylan	13	DMSF-IA	1:17.72	___

Event 133 Girls 15 & Over 100 Yard Backstroke

1:04.49 Q Champ Qualifying

Meet Qualifying: Slower than 1:04.49

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 02:05 PM

1					___
2					___
3					___
4	Sargent, Audrey	15	NSST-IA	1:59.52	___
5	Kent, Avery	15	NSST-IA	1:28.65	___
6	Braun, Nelah	15	RSC-IA	1:43.60	___
7					___
8					___
9					___
10					___

Heat 2 of 2 Finals Starts at 02:07 PM

1	Schafer, Sophia	15	NSST-IA	1:28.55	___
2	Vaske, Audrey	15	RIP-IA	1:17.25	___
3	Labresh, Joella	15	NSST-IA	1:14.51	___
4	Sexton, Haylee	15	ACAC-IA	1:09.20	___
5	Smith, Maysen	15	ACAC-IA	1:05.51	___
6	Corwin, Briley	16	RIP-IA	1:06.07	___
7	Fields, Clara	17	ACAC-IA	1:14.25	___
8	Mengel, Maddie	15	DMSF-IA	1:14.76	___
9	Punt, Chloe	15	SEA-IA	1:23.62	___
10					___

Event 134 Boys 15 & Over 100 Yard Backstroke

58.59 Q Champ Qualifying

Meet Qualifying: Slower than 58.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 02:09 PM

1					___
2					___
3	Rexroat, Tyson	17	NSST-IA	1:17.62	___
4	Spracklin, Ethan	15	DMSF-IA	1:12.96	___
5	Smith, Kaleb	15	DMSF-IA	1:11.25	___
6	Wigant, Kaegan	15	RIP-IA	1:12.96	___
7	Ortega, Zion	15	RSC-IA	1:15.10	___
8					___
9					___
10					___

Heat 2 of 2 Finals Starts at 02:11 PM

1	Sisul, Jac	16	SEA-IA	1:10.90	___
2	Shcharansky, George	15	LIFE-IA	1:08.57	___
3	Briggs, Colby	15	NSST-IA	1:06.17	___
4	Ortega, Cooper	16	RSC-IA	1:02.62	___
5	Otis, Hudson	15	DMSF-IA	58.63	___
6	Honkamp, Andrew	15	DMSF-IA	59.13	___
7	Thomas, Ty	16	CAST-IA	1:04.01	___
8	Troyer, Austin	16	NSST-IA	1:06.26	___
9	Grimes, Nolan	16	DMSF-IA	1:10.16	___
10	Gaulke, Mason	15	SEA-IA	1:11.16	___

Event 135 Girls 13-14 200 Yard Freestyle

2:10.39 Q Champ Qualifying

Meet Qualifying: Slower than 2:10.39

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals Starts at 02:13 PM

1					___
2					___
3	Nalan, Emily	14	NSST-IA	3:35.58	___
4	Kvach, Kiersten	13	ACAC-IA	3:05.98	___
5	Bloom, Ellie	14	FAST-IA	3:02.95	___
6	Ruan, Catherine	14	RIP-IA	3:03.91	___
7	Kearn, Zoella	14	NSST-IA	3:18.06	___
8	Mogard, Miah	14	ACAC-IA	NT	___
9					___
10					___

Heat 2 of 4 Finals Starts at 02:17 PM

1	Reyes, Abigail	13	NSST-IA	2:52.36	___
2	Herrick, Lilli	13	RSC-IA	2:44.29	___
3	Lebeck, Jocelyn	13	DMSF-IA	2:42.73	___
4	Riley, Isabella	14	ACAC-IA	2:39.24	___
5	Prendergast, Claire	13	NSST-IA	2:36.33	___
6	Stone, Kylee	13	DSMY-IA	2:38.36	___
7	Stravers, Kinsley	13	BLAZ-IA	2:40.77	___
8	Nedder, Julia	13	SEA-IA	2:42.82	___
9	Conn, Lillie	14	RSC-IA	2:45.10	___
10	Croll, Molly	13	BLAZ-IA	2:52.90	___

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Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Heat 3 Finals (#135 Girls 13-14 200 Yard Freestyle)

1	Rice, Mary	14	NSST-IA	2:35.34	___
2	Damge, Camryn	14	NSST-IA	2:32.12	___
3	Fertig, Jodi	13	RSC-IA	2:28.93	___
4	Kinnison, Amanda	13	RIP-IA	2:26.08	___
5	Kramer, Marley	13	CIA-IA	2:22.73	___
6	Hoss, Brooke	13	CIA-IA	2:23.75	___
7	Vallas, Finley	14	CIA-IA	2:27.99	___
8	Lock, Meg	14	RIP-IA	2:30.06	___
9	Ruppert, Millie	13	DMSF-IA	2:32.80	___
10	Sexton, Claire	13	CIA-IA	2:35.86	___

Heat 4 of 4 Finals Starts at 02:23 PM

1	Stec, Sienna	14	DMSF-IA	2:21.61	___
2	Davis, Ava	14	DMSF-IA	2:17.52	___
3	Hancock, Ellie	14	CIA-IA	2:14.57	___
4	Loo, Ivy	13	CIA-IA	2:13.37	___
5	Powell, Izzy	13	DMSF-IA	2:12.42	___
6	Hermesen, Mady	14	ACAC-IA	2:12.71	___
7	Thompson, Ky	14	ACAC-IA	2:13.71	___
8	MacLeod, Megan	14	ACAC-IA	2:16.99	___
9	Reid, Abigail	14	CIA-IA	2:18.65	___
10	Seckington, Tillie	13	DMSF-IA	2:22.35	___

Event 136 Boys 13-14 200 Yard Freestyle

2:03.89 Q Champ Qualifying

Meet Qualifying: Slower than 2:03.89

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 02:26 PM

1	Arnold, Westin	14	RIP-IA	NT	___
2	Buck, Garrett	14	BLAZ-IA	3:05.22	___
3	Vos, Atticus	13	ACAC-IA	2:54.22	___
4	Miller, Ty	13	ACAC-IA	2:41.04	___
5	Punt, Caleb	14	SEA-IA	2:33.60	___
6	Oosterhuis, Evan	14	NSST-IA	2:38.63	___
7	Cornwell, Connor	14	NSST-IA	2:45.39	___
8	Spillers, Raef	13	ACAC-IA	2:56.51	___
9	Williams, Blake	13	NSST-IA	3:34.30	___
10	Hall, Kane	13	ACAC-IA	NT	___

Heat 2 of 2 Finals Starts at 02:30 PM

1	Griffin, Jayden	13	RIP-IA	2:30.93	___
2	Cauterucci, Kole	14	NSST-IA	2:25.98	___
3	Heitzman, Calvin	13	CIA-IA	2:19.00	___
4	Strosahl, Jonas	13	ACAC-IA	2:15.17	___
5	LaMasters, Peter	14	DMSF-IA	2:05.75	___
6	Fertig, Jonah	14	RSC-IA	2:09.91	___
7	Cunningham, Corban	13	NSST-IA	2:16.02	___
8	LeGrant, Levi	14	DMSF-IA	2:21.25	___
9	Lankford, Reef	13	CAST-IA	2:29.16	___
10	Allen, Dylan	13	DMSF-IA	2:32.33	___

Event 137 Girls 15 & Over 200 Yard Freestyle

2:03.09 Q Champ Qualifying

Meet Qualifying: Slower than 2:03.09

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 02:32 PM

1				___	
2				___	
3	Braun, Nelah	15	RSC-IA	3:05.21	___
4	Punt, Chloe	15	SEA-IA	2:59.19	___
5	McRoberts, Ryen	15	CIA-IA	2:43.12	___
6	Kent, Avery	15	NSST-IA	2:50.54	___
7	Schafer, Sophia	15	NSST-IA	3:00.96	___
8	Sargent, Audrey	15	NSST-IA	3:50.58	___
9				___	
10				___	

Heat 2 of 2 Finals Starts at 02:37 PM

1	Kiekhaefer, Lucy	15	CIA-IA	2:31.57	___
2	Reisdorf, Olivia	16	RIP-IA	2:24.92	___
3	Fields, Clara	17	ACAC-IA	2:18.37	___
4	Smith, Kiley	16	DMSF-IA	2:08.60	___
5	Fertig, Jordan	15	RSC-IA	2:07.27	___
6	Chance, Charlotte	16	RIP-IA	2:07.54	___
7	Kramer, Nina	16	CIA-IA	2:15.55	___
8	Mengel, Maddie	15	DMSF-IA	2:20.83	___
9	Cunningham, Clara	15	NSST-IA	2:29.28	___
10	Labresh, Joella	15	NSST-IA	2:33.53	___

Event 138 Boys 15 & Over 200 Yard Freestyle

1:53.99 Q Champ Qualifying

Meet Qualifying: Slower than 1:53.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 02:40 PM

1				___	
2				___	
3				___	
4	Gaulke, Mason	15	SEA-IA	2:23.80	___
5	Sisul, Jac	16	SEA-IA	2:20.56	___
6	Grimes, Nolan	16	DMSF-IA	2:21.91	___
7				___	
8				___	
9				___	
10				___	

Heat 2 of 2 Finals Starts at 02:42 PM

1	Moore, Quentin	15	CIA-IA	2:16.99	___
2	Rupperecht, Cooper	16	SEA-IA	2:14.00	___
3	Fertig, Jack	17	RSC-IA	2:05.40	___
4	Monaghan, John	15	CIA-IA	2:01.49	___
5	Emanuel, Drew	15	DMSF-IA	1:56.76	___
6	Otis, Hudson	15	DMSF-IA	2:01.26	___
7	Briggs, Colby	15	NSST-IA	2:01.82	___
8	Troyer, Austin	16	NSST-IA	2:05.99	___
9	Smith, Kaleb	15	DMSF-IA	2:14.12	___
10	Oosterhuis, Alec	15	NSST-IA	2:18.48	___

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Wellmark YMCA * Des Moines, IA * 25 yard course

Meet Program - Sunday Afternoon - 13 & 14 / 15 & Over

Event 139 Mixed 13 & Over 200 Yard Butterfly

2:26.89	13-14M Q Champ Qualifying
2:36.89	13-14W Q Champ Qualifying
2:48.99	13-14M REG Regional Qualifying
3:00.49	13-14W REG Regional Qualifying
2:15.19	15&OM Q Champ Qualifying
2:28.99	15&OW Q Champ Qualifying
2:35.49	15&OM REG Regional Qualifying
2:51.39	15&OW REG Regional Qualifying

Meet Qualifying 13-14: 2:36.90 - 3:00.49

Meet Qualifying 15&O: 2:29.00 - 2:51.39

Meet Qualifying 13-14: 2:26.90 - 2:48.99

Meet Qualifying 15&O: 2:15.20 - 2:35.49

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 02:45 PM				
1				___
2				___
3				___
4	Kramer, Marley	W13	CIA-IA	2:40.37 ___
5	Strosahl, Solomon	M16	ACAC-IA	2:16.03 ___
6	Voynov, Clive	M13	DMSF-IA	2:29.73 ___
7	Emanuel, Drew	M15	DMSF-IA	2:48.57L ___
8				___
9				___
10				___

Event 143 Girls 13-14 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 02:48 PM			
1			___
2			___
3	RSC-IA	A	2:03.21 ___
	1) Kimmel, Teaghyn 13	2) Herrick, Lilli 13	
	3) Conn, Lillie 14	4) Fertig, Jodi 13	
4	DMSF-IA	A	1:58.52 ___
	1) Powell, Izzy 13	2) Davis, Ava 14	
	3) Seckington, Tillie 13	4) Ruppert, Millie 13	
5	CIA-IA	A	1:55.33 ___
	1) Reid, Abigail 14	2) Vallas, Finley 14	
	3) Hoss, Brooke 13	4) Kramer, Marley 13	
6	NSST-IA	A	1:57.61 ___
	1) Damge, Camryn 14	2) Reyes, Abigail 13	
	3) Rice, Mary 14	4) Damge, Evelyn 14	
7	RIP-IA	A	2:01.48 ___
	1) Kinnison, Amanda 13	2) Jacobs, Kate 13	
	3) Ruan, Catherine 14	4) Lock, Meg 14	
8	ACAC-IA	A	2:19.58L ___
	1) Mogard, Miah 14	2) Kvach, Kiersten 13	
	3) Riley, Isabella 14	4) MacLeod, Megan 14	
9			___
10			___

Event 144 Boys 13-14 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 02:50 PM			
1			___
2			___
3	NSST-IA	B	2:13.59 ___
	1) Cornwell, Connor 14	2) Williams, Blake 13	
	3) Topf, Tiernan 13	4) Disterhoft, Fisher 14	
4	RIP-IA	A	1:57.34 ___
	1) Griffin, Jayden 13	2) Hedding, Tommy 13	
	3) Coonan, Quinn 13	4) Arnold, Westin 14	
5	DMSF-IA	A	1:52.08 ___
	1) LaMasters, Peter 14	2) Voynov, Clive 13	
	3) Artikov, Isaac 13	4) Allen, Dylan 13	
6	NSST-IA	A	1:54.31 ___
	1) Ha, Norman 13	2) Oosterhuis, Evan 14	
	3) Cauterucci, Kole 14	4) Cunningham, Corban 13	
7	ACAC-IA	A	2:03.88 ___
	1) Strosahl, Jonas 13	2) Vos, Atticus 13	
	3) Spillers, Raef 13	4) Hall, Kane 13	
8			___
9			___
10			___

Event 145 Girls 15 & Over 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 02:53 PM			
1			___
2			___
3			___
4			___
5	RIP-IA	A	1:54.64 ___
	1) Brown, Ella 16	2) Wigant, Kadence 17	
	3) Vaske, Audrey 15	4) Corwin, Briley 16	
6	NSST-IA	A	1:59.92 ___
	1) Labresh, Joella 15	2) Kent, Avery 15	
	3) Schafer, Sophia 15	4) Cunningham, Clara 15	
7			___
8			___
9			___
10			___

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Event 146 Boys 15 & Over 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals Starts at 02:55 PM			
1			---
2			---
3			---
4			---
5	DMSF-IA	A	1:39.17
	1) Honkamp, Andrew 15	2) Emanuel, Drew 15	
	3) Otis, Hudson 15	4) Spracklin, Ethan 15	
6	NSST-IA	A	1:49.26
	1) Oosterhuis, Alec 15	2) Disterhoft, Uriah 16	
	3) Rexroat, Tyson 17	4) Briggs, Colby 15	
7			---
8			---
9			---
10			---

Event 147 Mixed 13 & Over 1000 Yard Freestyle

11:37.09	13-14M Q Champ Qualifying
12:07.59	13-14W Q Champ Qualifying
12:46.89	13-14M REG Regional Qualifying
13:20.39	13-14W REG Regional Qualifying
10:56.99	15&OM Q Champ Qualifying
11:42.99	15&OW Q Champ Qualifying
12:02.69	15&OM REG Regional Qualifying
12:53.29	15&OW REG Regional Qualifying

Meet Qualifying 13-14: 12:07.60 - 13:20.39

Meet Qualifying 15&O: 11:43.00 - 12:53.29

Meet Qualifying 13-14: 11:37.10 - 12:46.89

Meet Qualifying 15&O: 10:57.00 - 12:02.69

Lane	Name	Age Team	Seed Time
Heat 1 of 1 Finals Starts at 03:02 PM			
1			---
2			---
3			---
4			---
5	Artikov, Isaac	M13 DMSF-IA	11:48.36
6	Powell, Izzy	W13 DMSF-IA	12:27.97
7			---
8			---
9			---
10			---

Event 151 Mixed 13 & Over 1650 Yard Freestyle

19:50.79	13-14M Q Champ Qualifying
20:24.39	13-14W Q Champ Qualifying
21:49.89	13-14M REG Regional Qualifying
22:26.89	13-14W REG Regional Qualifying
18:30.39	15&OM Q Champ Qualifying
19:35.99	15&OW Q Champ Qualifying
20:12.09	15&OM REG Regional Qualifying
21:33.59	15&OW REG Regional Qualifying
Meet Qualifying 13-14: 20:24.40 - 22:26.89	
Meet Qualifying 15&O: 19:36.00 - 21:33.59	
Meet Qualifying 13-14: 19:50.80 - 21:49.89	
Meet Qualifying 15&O: 18:30.40 - 20:12.09	

Lane	Name	Age Team	Seed Time
Heat 1 of 1 Finals Starts at 03:15 PM			
1			---
2			---
3			---
4			---
5	MacLeod, Megan	W14 ACAC-IA	20:41.69
6			---
7			---
8			---
9			---
10			---