

2023 IA DSMY May LCM Invitational - 5/12/2023 to 5/14/2023**Prairie Meadows Pool, Sanction #: IA-23-066****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 200 IM	29	4	06:00 PM	_____
Finals	2 Boys 12 & Under 200 IM	23	3	06:16 PM	_____
Finals	3 Women 13 & Over 400 IM	18	3	06:29 PM	_____
Finals	4 Men 13 & Over 400 IM	15	2	06:48 PM	_____
Finals	5 Girls 10 & Under 200 Freestyle	20	3	07:01 PM	_____
Finals	6 Boys 10 & Under 200 Freestyle	11	2	07:12 PM	_____
Finals	7 Girls 11-14 400 Freestyle	32	4	07:20 PM	_____
Finals	8 Boys 11-14 400 Freestyle	17	3	07:46 PM	_____
Finals	9 Girls 13 & Over 800 Freestyle	16	2	08:06 PM	_____
9/10 alternate heats					
Finals	10 Men 13 & Over 800 Freestyle	10	2	08:30 PM	_____
	Swimmers Counts for Warm-ups: 156	=====	=====		
	Entry / Heat Totals:	191	28		
	Finish Time			08:53 PM	_____

Session: 2 Saturday Morning 13&0 Prelims

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	33 Women 13 & Over 100 Freestyle	71	9	08:00 AM	_____
Prelims	34 Men 13 & Over 100 Freestyle	81	11	08:15 AM	_____
Prelims	35 Women 13 & Over 200 IM	45	6	08:34 AM	_____
Prelims	36 Men 13 & Over 200 IM	34	5	08:54 AM	_____
Prelims	37 Women 13 & Over 100 Butterfly	34	5	09:12 AM	_____
Prelims	38 Men 13 & Over 100 Butterfly	50	7	09:22 AM	_____
Prelims	39 Women 13 & Over 100 Breaststroke	49	7	09:34 AM	_____
Prelims	40 Men 13 & Over 100 Breaststroke	41	6	09:48 AM	_____
Prelims	41 Women 13 & Over 100 Backstroke	53	7	10:00 AM	_____
Prelims	42 Men 13 & Over 100 Backstroke	57	8	10:15 AM	_____
	Break: 10 Minutes:				
Prelims	43 Women 15 & Over 400 Freestyle	20	3	10:41 AM	_____
Prelims	44 Men 15 & Over 400 Freestyle	12	2	11:00 AM	_____
	Swimmers Counts for Warm-ups: 202	=====	=====		
	Entry / Heat Totals:	547	76		
	Finish Time			11:11 AM	_____

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Session: 3 Saturday Afternoon 12&U Timed Finals

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 11-12 50 Breaststroke	61	8	12:30 PM	_____
Finals	12 Boys 11-12 50 Breaststroke	32	4	12:42 PM	_____
Finals	13 Girls 11-12 200 Butterfly	1	1	12:48 PM	_____
	13/14 Combined				
Finals	14 Boys 11-12 200 Butterfly	4	1	12:53 PM	_____
Finals	15 Girls 10 & Under 100 Butterfly	8	1	12:56 PM	_____
Finals	16 Boys 10 & Under 100 Butterfly	9	2	12:59 PM	_____
Finals	17 Girls 11-12 100 Freestyle	69	9	01:04 PM	_____
Finals	18 Boys 11-12 100 Freestyle	36	5	01:24 PM	_____
Finals	19 Girls 10 & Under 50 Freestyle	74	10	01:35 PM	_____
Finals	20 Boys 10 & Under 50 Freestyle	48	6	01:49 PM	_____
Finals	21 Girls 11-12 200 Breaststroke	19	3	01:58 PM	_____
Finals	22 Boys 11-12 200 Breaststroke	12	2	02:12 PM	_____
Finals	23 Girls 10 & Under 100 Breaststroke	37	5	02:21 PM	_____
Finals	24 Boys 10 & Under 100 Breaststroke	23	3	02:34 PM	_____
Finals	25 Girls 11-12 100 Backstroke	58	8	02:42 PM	_____
Finals	26 Boys 11-12 100 Backstroke	30	4	03:02 PM	_____
Finals	27 Girls 10 & Under 50 Backstroke	71	9	03:12 PM	_____
Finals	28 Boys 10 & Under 50 Backstroke	44	6	03:28 PM	_____
Finals	29 Girls 11-12 50 Butterfly	57	8	03:38 PM	_____
Finals	30 Boys 11-12 50 Butterfly	30	4	03:49 PM	_____
Finals	31 Girls 10 & Under 400 Freestyle	11	2	03:55 PM	_____
	31/32 alternate heats				
Finals	32 Boys 10 & Under 400 Freestyle	13	2	04:12 PM	_____
	Swimmers Counts for Warm-ups: 252	====	====		
	Entry / Heat Totals:	747	103		
	Finish Time			04:28 PM	_____

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Session: 4 Saturday Evening 13&O Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Women 13 & Over 100 Freestyle	32	4 u	05:30 PM	_____
Finals	34 Men 13 & Over 100 Freestyle	32	4 u	05:37 PM	_____
Finals	35 Women 13 & Over 200 IM	32	4 u	05:43 PM	_____
Finals	36 Men 13 & Over 200 IM	32	4 u	05:56 PM	_____
Finals	37 Women 13 & Over 100 Butterfly	32	4 u	06:08 PM	_____
Finals	38 Men 13 & Over 100 Butterfly	32	4 u	06:16 PM	_____
Finals	39 Women 13 & Over 100 Breaststroke	32	4 u	06:22 PM	_____
Finals	40 Men 13 & Over 100 Breaststroke	32	4 u	06:30 PM	_____
Finals	41 Women 13 & Over 100 Backstroke	32	4 u	06:38 PM	_____
Finals	42 Men 13 & Over 100 Backstroke	32	4 u	06:46 PM	_____
	Break: 5 Minutes:				
Finals	43 Women 15 & Over 400 Freestyle	8	1 u	06:59 PM	_____
Finals	44 Men 15 & Over 400 Freestyle	8	1 u	07:04 PM	_____
	Swimmers Counts for Warm-ups: 155	=====	=====		
	Entry / Heat Totals:	336	42		
	Finish Time			07:09 PM	_____

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Session: 5 Sunday Morning 12&U Timed Finals

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 11-12 200 Freestyle	31	4	08:30 AM	_____
Finals	46 Boys 11-12 200 Freestyle	22	3	08:46 AM	_____
Finals	47 Girls 10 & Under 50 Butterfly	38	5	08:58 AM	_____
Finals	48 Boys 10 & Under 50 Butterfly	28	4	09:05 AM	_____
Finals	49 Girls 11-12 100 Butterfly	14	2	09:11 AM	_____
Finals	50 Boys 11-12 100 Butterfly	14	2	09:17 AM	_____
Finals	51 Girls 10 & Under 100 Backstroke	45	6	09:23 AM	_____
Finals	52 Boys 10 & Under 100 Backstroke	33	5	09:40 AM	_____
Finals	53 Girls 11-12 50 Backstroke	50	7	09:53 AM	_____
Finals	54 Boys 11-12 50 Backstroke	26	4	10:04 AM	_____
Finals	55 Girls 10 & Under 50 Breaststroke	50	7	10:11 AM	_____
Finals	56 Boys 10 & Under 50 Breaststroke	35	5	10:23 AM	_____
Finals	57 Girls 11-12 100 Breaststroke	24	3	10:31 AM	_____
Finals	58 Boys 11-12 100 Breaststroke	14	2	10:39 AM	_____
Finals	59 Girls 10 & Under 100 Freestyle	46	6	10:44 AM	_____
Finals	60 Boys 10 & Under 100 Freestyle	38	5	10:58 AM	_____
Finals	61 Girls 11-12 50 Freestyle	52	7	11:11 AM	_____
Finals	62 Boys 11-12 50 Freestyle	33	5	11:20 AM	_____
Finals	63 Girls 11-12 200 Backstroke	20	3	11:27 AM	_____
Finals	64 Boys 11-12 200 Backstroke	12	2	11:40 AM	_____
	Swimmers Counts for Warm-ups: 198	====	====		
	Entry / Heat Totals:	625	87		
	Finish Time			11:49 AM	_____

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Session: 6 Sunday Afternoon 13&O Timed Finals

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	65 Women 13 & Over 200 Freestyle	57	8	01:00 PM	_____
Finals	66 Men 13 & Over 200 Freestyle	68	9	01:25 PM	_____
Finals	67 Women 13 & Over 200 Breaststroke	30	4	01:52 PM	_____
Finals	68 Men 13 & Over 200 Breaststroke	30	4	02:07 PM	_____
Finals	69 Women 13 & Over 200 Butterfly	9	2	02:23 PM	_____
Finals	70 Men 13 & Over 200 Butterfly	17	3	02:30 PM	_____
Finals	71 Women 13 & Over 50 Freestyle	64	8	02:40 PM	_____
Finals	72 Men 13 & Over 50 Freestyle	83	11	02:47 PM	_____
Finals	73 Women 13 & Over 200 Backstroke	40	5	02:57 PM	_____
Finals	74 Men 13 & Over 200 Backstroke	42	6	03:16 PM	_____
Finals	75 Women 13 & Over 1500 Freestyle	8	1	03:36 PM	_____
	75/76 alternate heats				
Finals	76 Men 13 & Over 1500 Freestyle	9	2	03:59 PM	_____
	Swimmers Counts for Warm-ups: 182	=====	=====		
	Entry / Heat Totals:	457	63		
	Finish Time			04:47 PM	_____