

2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Event 49 Girls 11-12 400 LC Meter Medley Relay****Meet Rec: 4:31.55 M 1/1/2016****OH****OH****Lachey, Peroni, Routh, Huddleston**

Team	Relay	Seed Time	Finals Time
1 Team Minnesota-MN	A	4:38.60	4:42.77
1) Severud, Maci 12	2) Mathiason, Maddie 12	3) Gaffke, Alyce 12	4) Solt, Livy 12
35.58	1:11.69 (1:11.69)	1:48.51 (36.82)	2:31.57 (1:19.88)
3:03.36 (31.79)	3:40.93 (1:09.36)	4:09.90 (28.97)	4:42.77 (1:01.84)
2 Team Wisconsin-WI	A	4:41.84	4:47.65
1) Burke, Kelley 12	2) Burke, Jenny 11	3) Remus, Annie 12	4) Paradis, Lucy 12
34.55	1:11.29 (1:11.29)	1:50.51 (39.22)	2:35.79 (1:24.50)
3:07.18 (31.39)	3:44.30 (1:08.51)	4:13.46 (29.16)	4:47.65 (1:03.35)
3 Team Missouri Valley-MV	A	4:47.62	4:51.11
1) Ward, Karsyn 12	2) Zhang, Melinda 12	3) Benbow, Hayden 12	4) Jones, Kate 12
34.07	1:09.57 (1:09.57)	1:48.29 (38.72)	2:34.32 (1:24.75)
3:05.64 (31.32)	3:47.04 (1:12.72)	4:17.40 (30.36)	4:51.11 (1:04.07)
4 Team Michigan-MI	A	4:48.18	4:52.03
1) Strickler, Alivia 12	2) Conkey, Alexis 12	3) Ng, Emma 12	4) Lacrosse, Poppy 12
36.23	1:15.53 (1:15.53)	1:53.88 (38.35)	2:37.41 (1:21.88)
3:10.71 (33.30)	3:47.21 (1:09.80)	4:17.63 (30.42)	4:52.03 (1:04.82)
5 Team Minnesota-MN	B	4:46.87	4:54.27
1) Thompson, LeeLu 12	2) Nelson, Unna 12	3) Helmrick, Lilia 12	4) Egbers, Isla 12
35.13	1:14.08 (1:14.08)	1:52.17 (38.09)	2:37.88 (1:23.80)
3:10.37 (32.49)	3:50.37 (1:12.49)	4:21.15 (30.78)	4:54.27 (1:03.90)
6 Team Wisconsin-WI	B	4:51.66	4:56.95
1) Schindhelm, Grayson 12	2) Boxwell, Rayna 12	3) Steighner, Maddie 12	4) Rabuck, Joycelyn 12
35.84	1:52.10 ()	2:37.15 ()	
3:12.24 (35.09)	3:53.17 (1:16.02)	4:23.33 (30.16)	4:56.95 (1:03.78)
7 Team Lake Erie-LE	B	4:55.55	4:57.09
1) Brilmyer, Sabrina 12	2) Jimenez, Bela 12	3) Cook, Brynley 12	4) Schmidt, Stella 12
36.05	1:12.54 (1:12.54)	1:51.63 (39.09)	2:40.15 (1:27.61)
3:13.56 (33.41)	3:52.90 (1:12.75)	4:23.89 (30.99)	4:57.09 (1:04.19)
8 Team Lake Erie-LE	A	4:51.00	4:57.76
1) Turnbull, Grace 12	2) Barnes, Elin 12	3) Jun, Christina 12	4) Richter, Grace 12
37.15	1:15.08 (1:15.08)	1:54.91 (39.83)	2:43.73 (1:28.65)
3:16.13 (32.40)	3:54.30 (1:10.57)	4:24.38 (30.08)	4:57.76 (1:03.46)
9 Team Michigan-MI	B	4:57.90	4:59.46
1) Ethridge, Sadie 12	2) Gostlin, Claire 12	3) Lauritzen, Clara 11	4) Germain, Charlotte 12
37.36	1:16.89 (1:16.89)	1:55.03 (38.14)	2:39.33 (1:22.44)
3:13.12 (33.79)	4:24.21 ()	4:59.46 ()	
10 Team Iowa Swimming-IA	A	4:58.50	5:19.69
1) Burns, Ashlyn 12	2) Cloos, Lauren 12	3) Landon, Elsie 11	4) Smith, Kinzlee 12
36.75	1:17.65 (1:17.65)	2:00.54 (42.89)	2:50.12 (1:32.47)
3:27.40 (37.28)	4:12.43 (1:22.31)	4:43.07 (30.64)	5:19.69 (1:07.26)
11 Team Iowa Swimming-IA	B	5:10.89	5:23.77
1) Nguyen, Emmy 12	2) Behounek, Avery 12	3) Martino, Frankie 12	4) Bykova, Sasha 11
40.11	1:24.62 (1:24.62)	2:07.53 (42.91)	2:58.35 (1:33.73)
3:33.90 (35.55)	4:16.24 (1:17.89)	4:48.30 (32.06)	5:23.77 (1:07.53)



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****(Event 49 Girls 11-12 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
12 Team Missouri Valley-MV	B	5:10.50	5:24.59
1) Mattes, Siggie 12	2) Grizzell, Layne 12	3) Turner, Calleigh 12	4) McIntosh, Autumn 12
38.01	1:18.88 (1:18.88)	2:05.87 (46.99)	2:58.91 (1:40.03)
3:34.85 (35.94)	4:16.44 (1:17.53)	4:49.00 (32.56)	5:24.59 (1:08.15)

Event 50 Boys 11-12 400 LC Meter Medley Relay**Meet Rec: 4:24.39 M 1/1/2016 IL IL****O'Leary, Ligas, Lin, Fathallah**

Team	Relay	Seed Time	Finals Time
1 Team Minnesota-MN	A	4:29.83	4:30.91
1) Leasure, Elliot 12	2) Wright, Jackson 12	3) Brennan, Hudson 12	4) Liudahl, Grayson 12
30.26	1:39.73 ()	2:22.06 ()	
2:52.46 (30.40)	3:29.88 (1:07.82)	3:58.60 (28.72)	4:30.91 (1:01.03)
2 Team Michigan-MI	A	4:37.82	4:36.10
1) Gorman, Tupper 12	2) Wack, Austen 12	3) Kelly, Aidan 12	4) Ledesma, Ozzy 12
34.70	1:10.06 (1:10.06)	1:44.90 (34.84)	2:26.10 (1:16.04)
2:57.75 (31.65)	3:34.72 (1:08.62)	4:03.25 (28.53)	4:36.10 (1:01.38)
3 Team Wisconsin-WI	A	4:37.46	4:39.31
1) Breckenridge, Bo 12	2) Dula, Cameron 12	3) Leibham, Alex 12	4) Hungerholt, Cash 12
34.98	1:11.35 (1:11.35)	1:47.77 (36.42)	2:32.37 (1:21.02)
3:03.48 (31.11)	3:39.49 (1:07.12)	4:07.91 (28.42)	4:39.31 (59.82)
4 Team Lake Erie-LE	A	4:43.84	4:48.04
1) Fowler, Isaac 12	2) Chen, Brayden 12	3) Kimak, Gavin 12	4) DiRenzo, Anthony 12
37.34	1:16.68 (1:16.68)	1:52.04 (35.36)	2:30.64 (1:13.96)
3:04.39 (33.75)	3:43.76 (1:13.12)	4:14.62 (30.86)	4:48.04 (1:04.28)
5 Team Wisconsin-WI	B	4:44.81	4:48.29
1) Duleba, Olek 12	2) Troyer, Charlie 12	3) Elliott, Jack 12	4) Stolt, Jacob 12
35.78	1:14.30 (1:14.30)	1:52.62 (38.32)	2:37.60 (1:23.30)
3:09.04 (31.44)	3:46.03 (1:08.43)	4:15.81 (29.78)	4:48.29 (1:02.26)
6 Team Iowa Swimming-IA	A	4:43.50	4:48.40
1) Norem, Layten 11	2) Lamb, Sheldon 12	3) Rychnovsky, Beckum 11	4) Richards, Levi 12
35.56	1:14.63 (1:14.63)	1:49.98 (35.35)	2:31.67 (1:17.04)
3:04.42 (32.75)	3:43.21 (1:11.54)	4:13.82 (30.61)	4:48.40 (1:05.19)
7 Team Minnesota-MN	B	4:52.57	4:51.22
1) Lacek, Landon 12	2) McCool, Jack 12	3) Stout, Cooper 12	4) Sanchez, Adrian 12
35.79	1:13.53 (1:13.53)	1:50.90 (37.37)	2:36.63 (1:23.10)
2:54.97 (18.34)	4:17.77 (1:41.14)	4:51.22 (33.45)	
8 Team Michigan-MI	B	4:48.53	4:57.90
1) Musa, Frederick 11	2) Doerschug, Matthew 11	3) Yelizarov, Daniel 12	4) Jacques, Cormac 12
38.14	1:16.63 (1:16.63)	1:57.20 (40.57)	2:42.11 (1:25.48)
3:14.92 (32.81)	3:54.31 (1:12.20)	4:24.64 (30.33)	4:57.90 (1:03.59)
9 Team Missouri Valley-MV	A	4:49.62	4:58.19
1) Kearns, Warwick 12	2) Briley, Ellis 12	3) Felten, Zach 12	4) Hartman, Grant 11
36.33	1:18.18 (1:18.18)	1:56.79 (38.61)	2:42.64 (1:24.46)
3:14.55 (31.91)	3:52.48 (1:09.84)	4:23.23 (30.75)	4:58.19 (1:05.71)



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****(Event 50 Boys 11-12 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
10 Team Iowa Swimming-IA	B	5:01.79	5:00.90
1) Pellett, Colton 12	2) Mintle, Harrison 12	3) Jeffryes, Max 12	4) Reed, Matt 12
36.31	1:16.30 (1:16.30)	1:56.25 (39.95)	2:43.11 (1:26.81)
3:01.31 (18.20)	4:26.88 (1:43.77)	5:00.90 (34.02)	
--- Team Missouri Valley-MV	B	5:07.96	DFS
Declared false start - Misc			

Event 51 Girls 13-14 400 LC Meter Medley Relay**Meet Rec: 4:22.79 M 8/4/2022 Ozark****OZARK****A. Cook, A. Reeder, S. Schoeck, A. Albertyn**

Team	Relay	Seed Time	Finals Time
1 Team Wisconsin-WI	A	4:26.25	4:28.95
1) Antoniewski, Avery 14	2) Hansen, Tessa 13	3) Kurowski, Ania 14	4) Komassa, Lauren 14
32.30	1:05.89 (1:05.89)	1:39.99 (34.10)	2:20.15 (1:14.26)
2:51.19 (31.04)	3:28.15 (1:08.00)	3:56.79 (28.64)	4:28.95 (1:00.80)
2 Team Minnesota-MN	A	4:29.14	4:32.75
1) Sanders, Neva 14	2) Francois, Miranda 13	3) Kalweit, Marian 13	4) Gorzek, Kara 14
32.73	1:42.06 ()	2:23.71 ()	
2:54.27 (30.56)	3:30.44 (1:06.73)	4:00.09 (29.65)	4:32.75 (1:02.31)
3 Team Wisconsin-WI	B	4:33.52	4:34.42
1) Martin, Tae 14	2) Loken, Maddie 14	3) Brazzale, Elise 14	4) Utschig, Vivian 14
32.42	1:07.49 (1:07.49)	1:43.44 (35.95)	2:26.07 (1:18.58)
2:57.15 (31.08)	3:33.02 (1:06.95)	4:02.28 (29.26)	4:34.42 (1:01.40)
4 Team Michigan-MI	A	4:33.47	4:34.78
1) Phelps, Miranda 13	2) Drake, Adrianna 14	3) El-Koudsi, Maria 14	4) Kuzak, Jayla 14
32.47	1:07.83 (1:07.83)	1:43.53 (35.70)	2:26.20 (1:18.37)
2:58.13 (31.93)	3:34.14 (1:07.94)	4:03.09 (28.95)	4:34.78 (1:00.64)
5 Team Missouri Valley-MV	A	4:33.06	4:37.88
1) Weiner, Sasha 13	2) Baber, Kinley 14	3) Shryock, Madison 14	4) Seemann, Clara 14
33.16	1:10.29 (1:10.29)	1:46.63 (36.34)	2:29.35 (1:19.06)
3:00.16 (30.81)	3:36.78 (1:07.43)	4:06.07 (29.29)	4:37.88 (1:01.10)
6 Team Minnesota-MN	B	4:34.76	4:42.22
1) Wheeler, Keeley 14	2) Nguyen-Ingalsbe, Amira 14	3) Christianson, Claire 13	4) Schott, Vivian 13
33.88	1:10.36 (1:10.36)	1:48.10 (37.74)	2:32.00 (1:21.64)
3:02.64 (30.64)	3:38.97 (1:06.97)	4:08.83 (29.86)	4:42.22 (1:03.25)
7 Team Michigan-MI	B	4:44.07	4:43.02
1) Brown, Dalila 14	2) Zalewski, Phoebe 14	3) Woo, Jiyun 13	4) Ortiz, Melanie 13
32.93	1:08.74 (1:08.74)	1:46.84 (38.10)	2:32.84 (1:24.10)
3:04.90 (32.06)	3:42.00 (1:09.16)	4:10.68 (28.68)	4:43.02 (1:01.02)
8 Team Missouri Valley-MV	B	4:40.29	4:44.29
1) Marsh, Ella 13	2) Mattes, Helena 14	3) Hogue, Avery 14	4) Stringer, Amber 13
34.16	1:10.96 (1:10.96)	1:49.52 (38.56)	2:31.21 (1:20.25)
3:03.29 (32.08)	3:40.04 (1:08.83)	4:11.19 (31.15)	4:44.29 (1:04.25)
9 Team Iowa Swimming-IA	A	4:44.52	4:50.76
1) Ripke, Jada 14	2) Thiessen, Katie 14	3) Landon, Nora 13	4) Vaske, Elena 13
34.27	1:11.92 (1:11.92)	1:51.72 (39.80)	2:38.45 (1:26.53)
3:09.71 (31.26)	3:48.34 (1:09.89)	4:18.46 (30.12)	4:50.76 (1:02.42)



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****(Event 51 Girls 13-14 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
10 Team Lake Erie-LE	A	4:40.93	4:53.31
1) Oliverio, Stella 13	2) Kaufman, Lorelai 14	3) Hughes, Eva 13	4) Hostetler, Grace 14
36.33	1:15.73 (1:15.73)	1:51.70 (35.97)	2:36.12 (1:20.39)
3:08.70 (32.58)	3:48.20 (1:12.08)	4:18.50 (30.30)	4:53.31 (1:05.11)
11 Team Iowa Swimming-IA	B	4:50.63	4:57.04
1) Tudor, Amelia 13	2) Gevock, Piper 13	3) Corwin, Kimber 14	4) Magers, AJ 13
35.16	1:12.51 (1:12.51)	1:54.11 (41.60)	2:42.29 (1:29.78)
3:14.63 (32.34)	3:52.38 (1:10.09)	4:23.26 (30.88)	4:57.04 (1:04.66)
--- Team Lake Erie-LE	B	4:51.65	DQ
Stroke Infraction swimmer #1: Delay initiating turn - back			
1) Turner, Julia 14	2) Clifford, Lena 13	3) Rich, Emma 14	4) Lesko, Zoey 14
35.04	1:13.15 (1:13.15)	1:50.65 (37.50)	2:36.66 (1:23.51)
3:09.75 (33.09)	3:51.72 (1:15.06)	4:22.31 (30.59)	

Event 52 Boys 13-14 400 LC Meter Medley Relay**Meet Rec: 4:00.24 M 8/6/2022****Team Illinois****IL****V Filipov, M Vatev, E Chung, E Schrader**

Team	Relay	Seed Time	Finals Time
1 Team Wisconsin-WI	A	4:05.09	4:03.33
1) Geiger, Rowan 14	2) Zanton, Henry 14	3) Garbacz, Max 14	4) Wisotzke, Benjamin 14
29.90	1:03.37 (1:03.37)	1:34.89 (31.52)	2:10.44 (1:07.07)
2:36.83 (26.39)	3:09.28 (58.84)	3:34.83 (25.55)	4:03.33 (54.05)
2 Team Minnesota-MN	A	4:02.53	4:04.59
1) Joyner, Kai 14	2) Miller, Parker 13	3) McGuire, Paidon 14	4) Landry, Noah 14
28.90	59.59 (59.59)	1:31.99 (32.40)	2:09.75 (1:10.16)
2:36.46 (26.71)	3:08.70 (58.95)	3:34.58 (25.88)	4:04.59 (55.89)
3 Team Minnesota-MN	B	4:08.54	4:10.35
1) Xue, Jiawen 14	2) Jabs, Will 14	3) Walliczek, Deidric 14	4) Novak, Finn 14
30.59		2:13.38 ()	
2:41.75 (28.37)	3:14.21 (1:00.83)	3:41.01 (26.80)	4:10.35 (56.14)
4 Team Michigan-MI	A	4:11.65	4:11.50
1) Logsdon, Jaxon 14	2) Knoepp, Charlie 14	3) Belleza, Antonio 14	4) Kopinski, Anthony 14
29.85	1:01.80 (1:01.80)	1:35.86 (34.06)	2:13.37 (1:11.57)
2:42.00 (28.63)	3:14.69 (1:01.32)	3:41.85 (27.16)	4:11.50 (56.81)
5 Team Lake Erie-LE	A	4:09.63	4:13.42
1) Kimak, Ian 14	2) Woodhouse, Luke 14	3) Malke, Aiden 14	4) Smith, Talan 14
29.66	1:02.81 (1:02.81)	1:35.86 (33.05)	
2:43.01 ()	3:17.00 ()	3:42.72 (25.72)	4:13.42 (56.42)
6 Team Missouri Valley-MV	A	4:13.17	4:14.93
1) Christy, Sam 13	2) Beltran, Karlisle 13	3) Henderson, Graham 14	4) Stewart, Isaac 14
31.10	1:04.32 (1:04.32)	1:37.38 (33.06)	2:17.26 (1:12.94)
2:44.53 (27.27)	3:17.68 (1:00.42)	3:44.35 (26.67)	4:14.93 (57.25)
7 Team Iowa Swimming-IA	A	4:13.18	4:17.16
1) Engelhardt, Alex 14	2) Susil, Ben 14	3) Knapp, Isaac 14	4) Macho, Max 14
30.56	1:03.63 (1:03.63)	1:37.68 (34.05)	2:15.79 (1:12.16)
2:44.96 (29.17)	3:20.08 (1:04.29)	3:46.84 (26.76)	4:17.16 (57.08)



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****(Event 52 Boys 13-14 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
8 Team Michigan-MI	B	4:20.45	4:19.50
1) Flermoen, Greg 13	2) Hong, Ethan 14	3) Van, Gabriel 14	4) Craig, Charlie 14
31.78	1:05.83 (1:05.83)	1:41.28 (35.45)	2:21.06 (1:15.23)
2:50.24 (29.18)	3:24.10 (1:03.04)	3:49.79 (25.69)	4:19.50 (55.40)
9 Team Missouri Valley-MV	B	4:27.83	4:21.33
1) Spencer, Eric 14	2) Riggs, Matthew 14	3) Tomsic, Miles 14	4) Christensen, Henry 14
32.44	1:06.24 (1:06.24)	1:40.47 (34.23)	2:20.47 (1:14.23)
2:49.92 (29.45)	3:24.31 (1:03.84)	3:51.67 (27.36)	4:21.33 (57.02)
10 Team Iowa Swimming-IA	B	4:43.49	4:24.91
1) Bykov, Leon 14	2) Mcguire, Brayden 14	3) Treharne, Clayton 13	4) Diaz, Santi 14
31.80	1:06.15 (1:06.15)	1:40.21 (34.06)	2:20.52 (1:14.37)
2:49.73 (29.21)	3:24.91 (1:04.39)	3:52.93 (28.02)	4:24.91 (1:00.00)
11 Team Lake Erie-LE	B	4:23.75	4:34.66
1) Greer, Braden 14	2) Yan, James 14	3) Ormiston, Brian 14	4) Warren, Dannie 14
33.52	1:09.75 (1:09.75)	1:45.84 (36.09)	2:28.10 (1:18.35)
2:57.51 (29.41)	3:34.70 (1:06.60)	4:02.55 (27.85)	4:34.66 (59.96)
--- Team Wisconsin-WI	B	4:14.01	DQ
Stroke Infraction swimmer #2: Alternating Kick - breast			
1) Curran, Brecken 14	2) Vandenbusch, Will 14	3) Hicks, Parker 13	4) Langer, Rowen 14
30.96	1:03.83 (1:03.83)	1:35.76 (31.93)	2:14.63 (1:10.80)
2:44.04 (29.41)	3:17.79 (1:03.16)	3:44.94 (27.15)	

Event 53 Girls 11-12 50 LC Meter Butterfly

Meet Rec: 28.79 M 2011 Elizabeth Nelson WI
 32.39 AAA
 35.39 A

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Benbow, Hayden	12	Team Missouri Valley-MV	30.65	30.87 qAAA
2 Loomans, Elena	12	Team Wisconsin-WI	31.49	31.42 qAAA
3 Helmrick, Lilia	12	Team Minnesota-MN	31.14	31.58 qAAA
4 Solt, Livy	12	Team Minnesota-MN	31.85	31.68 qAAA
5 Steighner, Maddie	12	Team Wisconsin-WI	30.51	31.70 qAAA
6 Burns, Ashlyn	12	Team Iowa Swimming-IA	31.05	31.76 qAAA
7 Richter, Grace	12	Team Lake Erie-LE	31.03	31.77 qAAA
8 McKimm, Kerrigan	12	Team Lake Erie-LE	31.26	31.94 qAAA
9 Lauritzen, Clara	11	Team Michigan-MI	33.00	31.96 qAAA
10 Fu, Norah	11	Team Wisconsin-WI	32.61	31.97 qAAA
11 Le, Anh-na	11	Team Minnesota-MN	31.30	32.00 qAAA
12 Remus, Annie	12	Team Wisconsin-WI	30.66	32.03 qAAA
13 Lacrosse, Poppy	12	Team Michigan-MI	31.82	32.09 qAAA
14 Schmidt, Stella	12	Team Lake Erie-LE	31.69	32.28 qAAA
15 Behounek, Avery	12	Team Iowa Swimming-IA	32.35	32.30 qAAA
16 Brilmyer, Sabrina	12	Team Lake Erie-LE	31.83	32.38 qAAA
17 Schindhelm, Grayson	12	Team Wisconsin-WI	28.46 Y	32.39 AAA



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 53 Girls 11-12 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
18	Thompson, Zoey	12	Team Wisconsin-WI	32.67	32.48	A
19	Severud, Maci	12	Team Minnesota-MN	30.94	32.54	A
20	Germain, Charlotte	12	Team Michigan-MI	32.61	32.59	A
21	Wagstaff, Delia	12	Team Minnesota-MN	32.21	32.60	A
22	Cook, Brynley	12	Team Lake Erie-LE	32.57	32.61	A
23	Wachter, Charlotte	11	Team Lake Erie-LE	32.31	32.66	A
24	Boxwell, Rayna	12	Team Wisconsin-WI	32.02	32.68	A
25	Jun, Christina	12	Team Lake Erie-LE	32.03	32.87	A
26	Horvath, Emery	12	Team Lake Erie-LE	28.28 Y	33.09	A
27	Smith, Lottie	12	Team Minnesota-MN	31.92	33.12	A
28	Egbers, Isla	12	Team Minnesota-MN	32.30	33.17	A
29	Turnbow, Paige	11	Team Minnesota-MN	32.28	33.18	A
30	Anderson, Raelyn	12	Team Wisconsin-WI	31.77	33.34	A
31	Turner, Calleigh	12	Team Missouri Valley-MV	32.36	33.44	A
32	Kretz, Mara	12	Team Minnesota-MN	36.31	33.55	A
33	Massoglia, Riley	12	Team Michigan-MI	35.17	33.59	A
34	Miner, Lexi	12	Team Wisconsin-WI	33.35	33.64	A
35	Rutherford, Morgan	12	Team Minnesota-MN	38.02	33.81	A
36	Keenan, Moira	12	Team Wisconsin-WI	33.84	34.06	A
37	Herder, Ella	11	Team Michigan-MI	33.21	34.14	A
38	Grizzell, Layne	12	Team Missouri Valley-MV	33.84	34.23	A
*39	Pascal, Peyton	12	Team Wisconsin-WI	32.27	34.27	A
*39	Hermann, Hailey	11	Team Wisconsin-WI	32.74	34.27	A
41	Boe, Mary	11	Team Minnesota-MN	34.92	34.36	A
42	Thornby, Olivia	12	Team Michigan-MI	31.02 Y	35.13	A
43	Jensen, Reese	11	Team Wisconsin-WI	33.85	35.16	A
44	Lant, Ady	12	Team Minnesota-MN	35.02	35.60	
45	Ethridge, Sadie	12	Team Michigan-MI	35.23	35.74	

Event 54 Boys 11-12 50 LC Meter Butterfly

Meet Rec: 27.28 M 1/1/2017 Daren Rodgers IL
 31.89 AAA
 35.19 A

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Lamb, Sheldon	12	Team Iowa Swimming-IA	28.31	29.47	qAAA
2	Brennan, Hudson	12	Team Minnesota-MN	29.55	29.52	qAAA
3	Ledesma, Ozzy	12	Team Michigan-MI	31.29	30.44	qAAA
4	Dold, Wyatt	12	Team Wisconsin-WI	30.45	30.47	qAAA
5	DiRenzo, Anthony	12	Team Lake Erie-LE	30.60	30.83	qAAA
6	Kelly, Aidan	12	Team Michigan-MI	30.52	30.90	qAAA
7	Elliott, Jack	12	Team Wisconsin-WI	31.16	31.08	qAAA
8	Stolt, Jacob	12	Team Wisconsin-WI	30.84	31.23	qAAA
9	Nugent, Grant	12	Team Missouri Valley-MV	31.26	31.36	qAAA



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 54 Boys 11-12 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
10	Mazon, Sam	12	Team Lake Erie-LE	32.14	31.76	qAAA
11	Kimak, Gavin	12	Team Lake Erie-LE	31.45	31.79	qAAA
12	Stout, Cooper	12	Team Minnesota-MN	31.60	31.93	qA
13	Reed, Matt	12	Team Iowa Swimming-IA	31.20	32.10	qA
14	Hartman, Grant	11	Team Missouri Valley-MV	31.48	32.32	qA
15	Kearns, Warwick	12	Team Missouri Valley-MV	31.13	32.37	qA
16	Norem, Layten	11	Team Iowa Swimming-IA	31.89	32.51	qA
17	Jacques, Cormac	12	Team Michigan-MI	31.82	32.56	A
18	Gorman, Tupper	12	Team Michigan-MI	31.71	32.65	A
19	Yarbro, Quinn	12	Team Wisconsin-WI	33.52	33.56	A
20	Doerschug, Matthew	11	Team Michigan-MI	34.01	33.63	A
21	Miller, Connor	11	Team Minnesota-MN	37.19	40.55	

Event 55 Girls 13-14 50 LC Meter Butterfly**Meet Rec: 28.02 M 8/5/2023****Brooke Nagy****Ohio-OH****1:08.09 AAA****1:14.29 A**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Parent, Madi	14	Team Minnesota-MN	58.20 Y	29.43	qAAA
2	Hughes, Eva	13	Team Lake Erie-LE	1:06.43	29.74	qAAA
3	Landon, Nora	13	Team Iowa Swimming-IA	1:07.22	29.91	qAAA
4	Komassa, Lauren	14	Team Wisconsin-WI	1:07.24	30.01	qAAA
5	Baber, Kinley	14	Team Missouri Valley-MV	1:04.66	30.10	qAAA
6	Phelps, Miranda	13	Team Michigan-MI	58.88 Y	30.24	qAAA
7	Brazzale, Elise	14	Team Wisconsin-WI	1:06.70	30.48	qAAA
8	Hogue, Avery	14	Team Missouri Valley-MV	1:06.85	30.71	qAAA
9	Kurowski, Ania	14	Team Wisconsin-WI	1:05.97	30.75	qAAA
10	Johnson, Sydney	14	Team Wisconsin-WI	1:08.62	30.98	qAAA
*11	Berg, Soph	14	Team Minnesota-MN	59.35 Y	31.22	qAAA
*11	Marsh, Ella	13	Team Missouri Valley-MV	1:06.72	31.22	qAAA
13	Mahoney, Molly	13	Team Minnesota-MN	1:07.68	31.29	qAAA
14	Harvey, Bri	13	Team Minnesota-MN	1:12.14	31.34	qAAA
*15	Brown, Dalila	14	Team Michigan-MI	1:06.25	31.55	qAAA
*15	Nielsen, Caroline	13	Team Wisconsin-WI	1:14.18	31.55	qAAA
17	Smith, Madelyn	13	Team Wisconsin-WI	1:05.20 Y	31.82	AAA
18	Corwin, Kimber	14	Team Iowa Swimming-IA	1:08.79	31.86	AAA
19	Perrone, Kayla	13	Team Missouri Valley-MV	1:12.16	32.26	AAA
20	Offerman, Chandler	14	Team Minnesota-MN	1:19.00	32.35	AAA
21	Kundert, Kate	14	Team Wisconsin-WI	1:12.90	32.87	AAA
22	Lesko, Zoey	14	Team Lake Erie-LE	1:16.48	33.24	AAA
23	Brockmann, Hailey	13	Team Minnesota-MN	1:13.27	33.62	AAA
---	Olson, Kinsley	13	Team Wisconsin-WI	1:15.07	X29.64	AAA



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Event 56 Boys 13-14 50 LC Meter Butterfly****Meet Rec: 25.79 M 1/1/2018****Daren Rodgers/Scotty Buff '19****IL/OH****1:03.89 AAA****1:09.69 A**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Henderson, Graham	14	Team Missouri Valley-MV	59.85	27.31 qAAA
2	Malke, Aiden	14	Team Lake Erie-LE	1:01.70	27.49 qAAA
3	McGuire, Paidon	14	Team Minnesota-MN	58.91	27.62 qAAA
4	Macho, Max	14	Team Iowa Swimming-IA	1:02.61	27.93 qAAA
5	Kopinski, Anthony	14	Team Michigan-MI	1:00.69	28.37 qAAA
6	Burke, Riley	14	Team Wisconsin-WI	1:03.40	28.46 qAAA
7	Debeltz, Micah	13	Team Minnesota-MN	1:02.48	28.60 qAAA
8	Hicks, Parker	13	Team Wisconsin-WI	1:02.26	28.81 qAAA
9	Van, Gabriel	14	Team Michigan-MI	1:03.59	28.89 qAAA
10	Gremban, Spencer	14	Team Wisconsin-WI	1:04.29	29.24 qAAA
11	Zhu, Ryan	14	Team Michigan-MI	1:05.30	29.27 qAAA
12	Liudahl, Koll	14	Team Minnesota-MN	1:11.58	29.44 qAAA
13	Tomsic, Miles	14	Team Missouri Valley-MV	1:03.89	29.64 qAAA
14	Greer, Braden	14	Team Lake Erie-LE	1:03.29	29.94 qAAA
15	Raether, Camden	13	Team Minnesota-MN	1:23.03	30.21 qAAA
16	Fitch, Aidan	14	Team Minnesota-MN	1:17.52	30.65 qAAA
17	Gulati, Maitrey	14	Team Minnesota-MN	1:14.70	31.09 AAA
---	Hougas, Bryson	13	Team Minnesota-MN	1:01.98	DFS
	Declared false start				

Event 57 Girls 11-12 200 LC Meter Breaststroke**Meet Rec: 2:41.82 M 1/1/2016****Drue Thielking****MI****3:02.79 AAA****3:19.39 A**

	Name	Age	Team	Seed Time	Finals Time
1	Fay, Ginger	11	Team Iowa Swimming-IA	3:00.44	3:05.11 A
	42.10	1:29.21 (47.11)	2:16.76 (47.55)	3:05.11 (48.35)	
2	Zgola, Jamie	12	Team Wisconsin-WI	3:01.49	3:06.05 A
	41.31	1:29.20 (47.89)	2:17.26 (48.06)	3:06.05 (48.79)	
3	Jimenez, Bela	12	Team Lake Erie-LE	3:04.43	3:12.02 A
	44.83	1:34.08 (49.25)	2:23.04 (48.96)	3:12.02 (48.98)	
4	Barnes, Elin	12	Team Lake Erie-LE	3:09.84	3:12.62 A
	44.26	1:34.02 (49.76)	2:24.66 (50.64)	3:12.62 (47.96)	
5	Cloos, Lauren	12	Team Iowa Swimming-IA	3:07.98	3:24.63
	45.73	1:38.65 (52.92)	2:31.82 (53.17)	3:24.63 (52.81)	



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Event 58 Boys 11-12 200 LC Meter Breaststroke**

Meet Rec: 2:34.79 M 1/1/2016 Tom House
 2:56.59 AAA
 3:12.59 A

OH

	Name	Age	Team	Seed Time	Finals Time
1	Briley, Ellis	12	Team Missouri Valley-MV	3:03.26	3:00.61 A
	39.74	1:28.04 (48.30)	2:14.93 (46.89)	3:00.61 (45.68)	
2	Nazdryn, Maxim	12	Team Missouri Valley-MV	3:02.74	3:00.97 A
	40.48	1:27.86 (47.38)	2:14.52 (46.66)	3:00.97 (46.45)	
3	Mintle, Harrison	12	Team Iowa Swimming-IA	3:06.30	3:08.14 A
	42.84	1:30.30 (47.46)	2:18.46 (48.16)	3:08.14 (49.68)	
4	Jeffryes, Max	12	Team Iowa Swimming-IA	3:09.99	3:20.63
	43.63	1:35.27 (51.64)	2:28.83 (53.56)	3:20.63 (51.80)	

Event 59 Girls 13-14 200 LC Meter Breaststroke

Meet Rec: 2:37.71 M 1/1/2016 Ellie Andrews
 2:52.59 AAA
 3:08.29 A

OH

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hansen, Tessa	13	Team Wisconsin-WI	2:39.39	2:42.76 qAAA
	36.90	1:17.79 (40.89)	2:00.01 (42.22)	2:42.76 (42.75)	
2	Baber, Kinley	14	Team Missouri Valley-MV	2:40.66	2:46.09 qAAA
	37.20	1:19.30 (42.10)	2:02.76 (43.46)	2:46.09 (43.33)	
3	Christianson, Claire	13	Team Minnesota-MN	2:44.52	2:46.78 qAAA
	37.16	1:19.78 (42.62)	2:02.44 (42.66)	2:46.78 (44.34)	
4	Leider, Reese	13	Team Wisconsin-WI	2:43.81	2:49.34 qAAA
	38.15	1:21.46 (43.31)	2:04.88 (43.42)	2:49.34 (44.46)	
5	Hydukovich, Lydia	13	Team Minnesota-MN	2:48.25	2:51.54 qAAA
	38.72	1:22.52 (43.80)	2:06.88 (44.36)	2:51.54 (44.66)	
6	Mattes, Helena	14	Team Missouri Valley-MV	2:48.48	2:51.59 qAAA
	39.24	1:24.06 (44.82)	2:07.71 (43.65)	2:51.59 (43.88)	
7	Kuzak, Jayla	14	Team Michigan-MI	2:45.56	2:53.74 qA
	39.82	1:24.33 (44.51)	2:08.20 (43.87)	2:53.74 (45.54)	
8	Francois, Miranda	13	Team Minnesota-MN	2:48.34	2:53.77 qA
	39.16	1:23.43 (44.27)	2:09.59 (46.16)	2:53.77 (44.18)	
9	Machleidt, Helen	14	Team Wisconsin-WI	2:28.23 Y	2:55.35 qA
	38.67	1:23.03 (44.36)	2:08.80 (45.77)	2:55.35 (46.55)	
10	Katz, Ellie	13	Team Minnesota-MN	2:52.06	2:55.53 qA
	40.04	1:24.10 (44.06)	2:10.23 (46.13)	2:55.53 (45.30)	
11	DuBois, Maddie	14	Team Wisconsin-WI	2:50.94	2:55.68 qA
	40.73	1:25.73 (45.00)	2:09.87 (44.14)	2:55.68 (45.81)	
*12	Kaufman, Lorelai	14	Team Lake Erie-LE	2:51.57	2:56.44 qA
	38.55	1:24.04 (45.49)	2:10.48 (46.44)	2:56.44 (45.96)	
*12	Dongoske, Mia	14	Team Minnesota-MN	2:29.39 Y	2:56.44 qA
	39.38	1:24.16 (44.78)	2:10.16 (46.00)	2:56.44 (46.28)	



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 59 Girls 13-14 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
14 Krings, Paige	14	Team Minnesota-MN	2:51.99	2:57.72 qA
40.41	1:24.69 (44.28)	2:11.90 (47.21)	2:57.72 (45.82)	
15 Walz, Kate	14	Team Minnesota-MN	2:52.32	2:58.20 qA
40.03	1:24.54 (44.51)	2:11.49 (46.95)	2:58.20 (46.71)	
16 Obleman, Avery	14	Team Minnesota-MN	2:29.95 Y	3:00.24 qA
41.66	1:27.01 (45.35)	2:13.77 (46.76)	3:00.24 (46.47)	
17 Clifford, Lena	13	Team Lake Erie-LE	2:49.73	3:01.02 A
40.23	1:25.58 (45.35)	2:12.87 (47.29)	3:01.02 (48.15)	
--- Nguyen-Ingalsbe, Amira	14	Team Minnesota-MN	2:47.84	NS

Event 60 Boys 13-14 200 LC Meter Breaststroke**Meet Rec: 2:24.73 M 8/3/2024****Josiah Collins****IN -IN****2:41.39 AAA****2:56.09 A**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Zanton, Henry	14	Team Wisconsin-WI	2:23.18	2:28.96 qAAA
34.07	1:12.02 (37.95)	1:50.18 (38.16)	2:28.96 (38.78)	
2 Garbacz, Max	14	Team Wisconsin-WI	2:24.17	2:32.74 qAAA
34.84	1:13.47 (38.63)	1:53.38 (39.91)	2:32.74 (39.36)	
3 Susil, Ben	14	Team Iowa Swimming-IA	2:33.84	2:32.89 qAAA
35.12	1:15.89 (40.77)	1:53.80 (37.91)	2:32.89 (39.09)	
4 Knoepp, Charlie	14	Team Michigan-MI	2:33.54	2:34.15 qAAA
35.68	1:15.10 (39.42)	1:54.31 (39.21)	2:34.15 (39.84)	
5 Miller, Parker	13	Team Minnesota-MN	2:31.46	2:37.06 qAAA
35.86	1:16.66 (40.80)	1:56.90 (40.24)	2:37.06 (40.16)	
6 Prael, Henry	14	Team Wisconsin-WI	2:37.89	2:37.59 qAAA
36.49	1:16.34 (39.85)	1:56.46 (40.12)	2:37.59 (41.13)	
7 Zuo, William	14	Team Minnesota-MN	2:35.11	2:38.28 qAAA
36.55	1:16.87 (40.32)	1:57.49 (40.62)	2:38.28 (40.79)	
8 Riggs, Matthew	14	Team Missouri Valley-MV	2:40.81	2:38.96 qAAA
36.82	1:17.69 (40.87)	1:58.67 (40.98)	2:38.96 (40.29)	
9 Vandenbusch, Will	14	Team Wisconsin-WI	2:36.26	2:39.45 qAAA
34.76	1:14.64 (39.88)	1:56.71 (42.07)	2:39.45 (42.74)	
10 Engelhardt, Alex	14	Team Iowa Swimming-IA	2:37.54	2:39.53 qAAA
35.36	1:16.64 (41.28)	1:59.73 (43.09)	2:39.53 (39.80)	
11 Woodhouse, Luke	14	Team Lake Erie-LE	2:34.46	2:39.89 qAAA
35.42	1:16.23 (40.81)	1:58.01 (41.78)	2:39.89 (41.88)	
12 Hong, Ethan	14	Team Michigan-MI	2:39.55	2:40.85 qAAA
37.81	1:18.91 (41.10)	2:00.46 (41.55)	2:40.85 (40.39)	
13 Beltran, Karlisle	13	Team Missouri Valley-MV	2:18.64 Y	2:41.23 qAAA
37.31	1:17.82 (40.51)	2:00.60 (42.78)	2:41.23 (40.63)	
14 Jenkins, Rhys	13	Team Wisconsin-WI	2:38.56	2:41.87 qA
37.24	1:18.40 (41.16)	2:00.53 (42.13)	2:41.87 (41.34)	
15 Dietrich, Will	13	Team Wisconsin-WI	2:40.55	2:44.32 qA
36.11	1:16.58 (40.47)	2:00.85 (44.27)	2:44.32 (43.47)	



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 60 Boys 13-14 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time	
16 Barrone, Jasper	14	Team Minnesota-MN	2:39.07	2:44.73	qA
37.85	1:19.44 (41.59)	2:03.07 (43.63)	2:44.73 (41.66)		
17 Jacob, Isaiah	14	Team Minnesota-MN	2:41.17	2:44.89	A
36.51	1:18.32 (41.81)	2:01.11 (42.79)	2:44.89 (43.78)		
18 Peterson, Henry	14	Team Minnesota-MN	2:41.11	2:46.09	A
37.42	1:19.81 (42.39)	2:02.94 (43.13)	2:46.09 (43.15)		
19 Yan, James	14	Team Lake Erie-LE	2:18.50Y	2:46.30	A
37.55	1:19.60 (42.05)	2:02.78 (43.18)	2:46.30 (43.52)		
--- Vargas, Lucas	14	Team Wisconsin-WI	2:35.03	NS	

Event 61 Girls 11-12 50 LC Meter Freestyle

Meet Rec: 26.79 M 1/1/2018 Maggie Wanezek WI
 30.39 AAA
 32.99 A

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Boxwell, Rayna	12	Team Wisconsin-WI	28.67	28.88	qAAA
2 Solt, Livy	12	Team Minnesota-MN	28.78	29.23	qAAA
3 Reedy, Cailyn	12	Team Michigan-MI	29.92	29.29	qAAA
4 Loomans, Elena	12	Team Wisconsin-WI	28.88	29.33	qAAA
5 Richter, Grace	12	Team Lake Erie-LE	28.86	29.35	qAAA
6 Benbow, Hayden	12	Team Missouri Valley-MV	29.10	29.40	qAAA
7 Germain, Charlotte	12	Team Michigan-MI	29.94	29.51	qAAA
8 Smith, Kinzlee	12	Team Iowa Swimming-IA	30.20	29.82	qAAA
9 Rabuck, Joycelyn	12	Team Wisconsin-WI	29.09	29.88	qAAA
10 Egbers, Isla	12	Team Minnesota-MN	29.85	29.92	qAAA
11 Van Guilder, Olivia	12	Team Minnesota-MN	29.55	29.93	qAAA
*12 Orjuela, Clara	11	Team Lake Erie-LE	29.67	29.96	qAAA
*12 Lacrosse, Poppy	12	Team Michigan-MI	30.08	29.96	qAAA
14 Thornby, Olivia	12	Team Michigan-MI	29.91	29.98	qAAA
15 Schmidt, Stella	12	Team Lake Erie-LE	30.25	29.99	qAAA
16 Remus, Annie	12	Team Wisconsin-WI	29.98	30.02	qAAA
17 Deeb, Kathryn	12	Team Minnesota-MN	30.12	30.03	AAA
18 Palmer, Ainsley	11	Team Wisconsin-WI	30.20	30.06	AAA
*19 Bergs, Estelle	12	Team Minnesota-MN	29.64	30.12	AAA
*19 Rydelski, Delaney	12	Team Wisconsin-WI	29.78	30.12	AAA
21 Jones, Kate	12	Team Missouri Valley-MV	30.20	30.13	AAA
22 Burns, Ashlyn	12	Team Iowa Swimming-IA	29.77	30.17	AAA
23 Urben, Ella	12	Team Wisconsin-WI	29.77	30.19	AAA
24 Thompson, LeeLu	12	Team Minnesota-MN	29.48	30.22	AAA
25 Stander, Zoe	12	Team Michigan-MI	29.70	30.25	AAA
26 Steighner, Maddie	12	Team Wisconsin-WI	30.22	30.35	AAA
27 Samide, Izzy	12	Team Lake Erie-LE	29.85	30.43	A



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 61 Girls 11-12 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
28	Pascal, Peyton	12	Team Wisconsin-WI	30.26	30.46	A
29	Bradley, Avery	12	Team Wisconsin-WI	30.19	30.48	A
*30	Kukowski Gonzalez, Sofia	12	Team Minnesota-MN	29.80	30.50	A
*30	Miner, Lexi	12	Team Wisconsin-WI	30.08	30.50	A
32	Mathiason, Maddie	12	Team Minnesota-MN	30.29	30.54	A
33	Hovord, Meghan	12	Team Michigan-MI	30.21	30.62	A
34	Behounek, Avery	12	Team Iowa Swimming-IA	30.41	30.64	A
35	Bollinger, Reagan	12	Team Missouri Valley-MV	31.14	30.75	A
36	Fu, Norah	11	Team Wisconsin-WI	30.25	30.80	A
37	McIntosh, Autumn	12	Team Missouri Valley-MV	30.37	30.86	A
38	Wachter, Charlotte	11	Team Lake Erie-LE	30.97	30.87	A
39	Palmer, Brynn	12	Team Minnesota-MN	30.32	30.91	A
40	Kissinger, Maddy	12	Team Minnesota-MN	30.09	30.95	A
41	Severud, Maci	12	Team Minnesota-MN	30.29	30.97	A
42	Armstrong, Aria	12	Team Minnesota-MN	29.71	31.03	A
*43	Wagstaff, Delia	12	Team Minnesota-MN	30.48	31.04	A
*43	Kretz, Mara	12	Team Minnesota-MN	30.24	31.04	A
45	Conkey, Alexis	12	Team Michigan-MI	30.13	31.07	A
46	Ebert, Kate	12	Team Minnesota-MN	31.51	31.13	A
*47	Hermann, Hailey	11	Team Wisconsin-WI	30.14	31.24	A
*47	Nelson, Unna	12	Team Minnesota-MN	32.54	31.24	A
49	Lant, Ady	12	Team Minnesota-MN	30.11	31.43	A
50	Welch, Genevieve	12	Team Wisconsin-WI	31.07	31.86	A
51	Grizzell, Layne	12	Team Missouri Valley-MV	30.28	31.97	A
52	Jimenez, Bela	12	Team Lake Erie-LE	31.73	32.42	A
53	Zgola, Jamie	12	Team Wisconsin-WI	33.33	33.43	
54	Aronis, Lana	11	Team Missouri Valley-MV	41.06	42.55	

Event 62 Boys 11-12 50 LC Meter Freestyle

Meet Rec: 25.87 M 1/1/2007 Andrew Jovanovic IL
 29.29 AAA
 31.99 A

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Lamb, Sheldon	12	Team Iowa Swimming-IA	25.60	25.57 M	qAAA
2	Kelly, Aidan	12	Team Michigan-MI	27.41	27.84	qAAA
3	Hungerholt, Cash	12	Team Wisconsin-WI	29.11	28.12	qAAA
4	Dula, Cameron	12	Team Wisconsin-WI	28.86	28.29	qAAA
5	Ledesma, Ozzy	12	Team Michigan-MI	27.87	28.32	qAAA
6	Liudahl, Grayson	12	Team Minnesota-MN	27.66	28.33	qAAA
7	Stolt, Jacob	12	Team Wisconsin-WI	28.28	28.56	qAAA
8	Nugent, Grant	12	Team Missouri Valley-MV	28.53	28.66	qAAA
9	DiRenzo, Anthony	12	Team Lake Erie-LE	28.40	28.68	qAAA
10	Felten, Zach	12	Team Missouri Valley-MV	28.16	28.74	qAAA



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 62 Boys 11-12 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
11	Jacques, Cormac	12	Team Michigan-MI	28.47	28.87	qAAA
12	Sanchez, Adrian	12	Team Minnesota-MN	28.44	28.93	qAAA
13	Dold, Wyatt	12	Team Wisconsin-WI	28.95	29.06	qAAA
14	Miller, Chase	12	Team Wisconsin-WI	29.26	29.10	qAAA
15	Reed, Matt	12	Team Iowa Swimming-IA	29.07	29.26	qAAA
16	Mazon, Sam	12	Team Lake Erie-LE	29.16	29.41	qA
17	Troyer, Charlie	12	Team Wisconsin-WI	28.69	29.47	A
18	Chen, Brayden	12	Team Lake Erie-LE	29.05	29.67	A
19	Kearns, Warwick	12	Team Missouri Valley-MV	28.90	29.67	A
20	Omar, Youssef	12	Team Minnesota-MN	29.26	29.80	A
*21	Hartman, Grant	11	Team Missouri Valley-MV	29.51	29.86	A
*21	Dunbar, Charlie	12	Team Michigan-MI	30.43	29.86	A
23	Kimak, Gavin	12	Team Lake Erie-LE	29.09	30.03	A
24	Beaudette, Emmett	12	Team Minnesota-MN	30.35	31.06	A
25	Stumpf, Julian	11	Team Minnesota-MN	30.73	31.33	A
26	Saputra, Joseph	11	Team Iowa Swimming-IA	31.25	32.01	
27	Nowak, Ben	12	Team Minnesota-MN	30.99	32.72	
28	Miller, Connor	11	Team Minnesota-MN	34.61	36.28	
---	Gorman, Tupper	12	Team Michigan-MI	27.93	DQ	
	False start					

Event 63 Girls 13-14 50 LC Meter Freestyle**Meet Rec: 26.96 M 2014****Bettie Logan****MV****29.19 AAA****31.79 A**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Frommelt, Abigail	14	Team Wisconsin-WI	28.51	28.07	qAAA
2	Hughes, Eva	13	Team Lake Erie-LE	28.55	28.16	qAAA
3	Antoniewski, Avery	14	Team Wisconsin-WI	27.62	28.18	qAAA
4	Ortiz, Melanie	13	Team Michigan-MI	27.93	28.24	qAAA
5	Komassa, Lauren	14	Team Wisconsin-WI	27.90	28.26	qAAA
6	Parent, Madi	14	Team Minnesota-MN	28.54	28.33	qAAA
*7	Liu, Joy	13	Team Wisconsin-WI	27.98	28.35	qAAA
*7	Ristau, Emma	14	Team Minnesota-MN	28.24	28.35	qAAA
9	Kalweit, Marian	13	Team Minnesota-MN	27.72	28.40	qAAA
10	Burzynski, Rachel	13	Team Wisconsin-WI	29.08	28.40	qAAA
11	Loken, Maddie	14	Team Wisconsin-WI	28.53	28.44	qAAA
12	Willenbring, Chelsea	14	Team Minnesota-MN	28.23	28.46	qAAA
13	Jonjak, Ava	14	Team Wisconsin-WI	28.42	28.48	qAAA
14	Drake, Adrianna	14	Team Michigan-MI	28.10	28.52	qAAA
15	Schneider, Sophie	14	Team Wisconsin-WI	27.97	28.71	qAAA
16	Zalewski, Phoebe	14	Team Michigan-MI	28.44	28.79	qAAA



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 63 Girls 13-14 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
17	Hostetler, Grace	14	Team Lake Erie-LE	28.66	28.80	AAA
18	Landon, Nora	13	Team Iowa Swimming-IA	28.22	28.81	AAA
19	Joecks, Keira	14	Team Wisconsin-WI	28.69	28.88	AAA
20	Schott, Vivian	13	Team Minnesota-MN	28.00	28.90	AAA
21	Arnett, Raya	13	Team Michigan-MI	28.83	28.94	AAA
*22	Schaefer, Madalyn	14	Team Michigan-MI	29.13	28.97	AAA
*22	Kaufman, Lorelai	14	Team Lake Erie-LE	28.87	28.97	AAA
*22	Butler, Bri	14	Team Michigan-MI	28.68	28.97	AAA
25	Miller, Elise	14	Team Wisconsin-WI	28.29	29.02	AAA
*26	Lampi, Kalia	14	Team Wisconsin-WI	28.73	29.03	AAA
*26	Harvey, Bri	13	Team Minnesota-MN	28.22	29.03	AAA
28	Vaske, Elena	13	Team Iowa Swimming-IA	28.97	29.09	AAA
29	Von Ruden, Kaylee	14	Team Minnesota-MN	28.45	29.12	AAA
30	Brazzale, Elise	14	Team Wisconsin-WI	28.62	29.14	AAA
*31	McAllister, Kayce	14	Team Michigan-MI	24.91 Y	29.15	AAA
*31	Drayton, Eryn	14	Team Michigan-MI	28.72	29.15	AAA
33	Magers, AJ	13	Team Iowa Swimming-IA	28.91	29.20	A
*34	Thomas, Storm	14	Team Michigan-MI	28.99	29.21	A
*34	Gadtke, Carina	14	Team Minnesota-MN	28.82	29.21	A
*34	Grant, Georgia	13	Team Wisconsin-WI	29.01	29.21	A
37	Oliverio, Stella	13	Team Lake Erie-LE	28.98	29.23	A
38	Kalinowski, Maddy	14	Team Michigan-MI	29.18	29.25	A
39	Sinke, Emmarie	14	Team Michigan-MI	28.56	29.26	A
40	Utschig, Vivian	14	Team Wisconsin-WI	28.75	29.29	A
41	Burrall, Julia	14	Team Wisconsin-WI	25.41 Y	29.32	A
42	Whitcher, Brenna	14	Team Wisconsin-WI	28.60	29.34	A
43	Lenzen, Vivian	14	Team Minnesota-MN	28.82	29.36	A
44	McClintock, Olivia	13	Team Minnesota-MN	28.92	29.39	A
*45	Johnson, Bella	13	Team Minnesota-MN	28.78	29.41	A
*45	McAskin, Abi	14	Team Michigan-MI	29.02	29.41	A
*45	Greenberg, Megan	13	Team Minnesota-MN	28.73	29.41	A
48	Sowerby, Catherine	13	Team Michigan-MI	29.07	29.49	A
49	Johnson, Sarah	13	Team Wisconsin-WI	30.38	29.54	A
*50	Gorzek, Kara	14	Team Minnesota-MN	28.97	29.57	A
*50	Weiner, Sasha	13	Team Missouri Valley-MV	29.45	29.57	A
52	Smith, Madelyn	13	Team Wisconsin-WI	28.93	29.59	A
*53	Lesko, Zoey	14	Team Lake Erie-LE	28.90	29.62	A
*53	Sorenson-Wagner, Iris	14	Team Minnesota-MN	28.66	29.62	A
55	Corwin, Kimber	14	Team Iowa Swimming-IA	25.28 Y	29.63	A
56	Pavek, Ava	14	Team Minnesota-MN	29.13	29.69	A
57	Cunningham, Bridget	14	Team Lake Erie-LE	28.78	29.71	A
58	Plumer, Kinley	14	Team Wisconsin-WI	25.53 Y	29.76	A
59	Perrone, Kayla	13	Team Missouri Valley-MV	25.39 Y	29.78	A
60	Myre, Elise	14	Team Wisconsin-WI	29.04	29.79	A



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 63 Girls 13-14 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
61	Gevock, Piper	13	Team Iowa Swimming-IA	30.65	29.86	A
*62	Lane, Isabelle	13	Team Minnesota-MN	29.95	29.91	A
*62	Hogue, Avery	14	Team Missouri Valley-MV	27.89 S	29.91	A
64	Ripke, Jada	14	Team Iowa Swimming-IA	29.19	29.94	A
65	McCoy, Liddy	14	Team Missouri Valley-MV	29.49	30.07	A
66	Burke, Baya	13	Team Wisconsin-WI	26.82 Y	30.11	A
67	Thiessen, Katie	14	Team Iowa Swimming-IA	30.38	30.20	A
68	Johnson, Sydney	14	Team Wisconsin-WI	28.95	30.46	A
*69	Clifford, Lena	13	Team Lake Erie-LE	30.50	30.50	A
*69	Wheeler, Keeley	14	Team Minnesota-MN	30.59	30.50	A
*71	Walz, Kate	14	Team Minnesota-MN	28.95 Y	30.65	A
*71	Palmer, Ashlee	14	Team Wisconsin-WI	25.17 Y	30.65	A
73	Turner, Julia	14	Team Lake Erie-LE	25.55 Y	30.66	A
74	Carter, Ramsey	13	Team Iowa Swimming-IA	31.40	30.96	A
75	Leider, Reese	13	Team Wisconsin-WI	31.52	32.29	
76	Tudor, Amelia	13	Team Iowa Swimming-IA	30.97	33.00	
---	Olson, Kinsley	13	Team Wisconsin-WI	28.33	X29.54	A
---	Nguyen-Ingalsbe, Amira	14	Team Minnesota-MN	27.56	DQ	
	No Show Penalty Event					
---	Silva Castro, Yahanna	13	Team Michigan-MI	28.19	SCR	

Event 64 Boys 13-14 50 LC Meter Freestyle

Meet Rec: 24.11 M 1/1/2015 Andrew Trepanier MN
 27.09 AAA
 29.49 A

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Henderson, Graham	14	Team Missouri Valley-MV	24.15	25.11	qAAA
*2	Landry, Noah	14	Team Minnesota-MN	24.95	25.15	qAAA
*2	Joyner, Kai	14	Team Minnesota-MN	25.47	25.15	qAAA
4	Craig, Charlie	14	Team Michigan-MI	26.15	25.47	qAAA
5	Wisotzke, Benjamin	14	Team Wisconsin-WI	24.73	25.54	qAAA
6	Smith, Talan	14	Team Lake Erie-LE	25.48	25.73	qAAA
7	Jabs, Will	14	Team Minnesota-MN	25.53	25.85	qAAA
8	Bond, Brady	14	Team Michigan-MI	26.54	25.95	qAAA
9	Walliczek, Deidric	14	Team Minnesota-MN	25.31	26.02	qAAA
10	Saydazamov, Cameron	14	Team Michigan-MI	26.32	26.10	qAAA
11	Yan, James	14	Team Lake Erie-LE	26.17	26.11	qAAA
12	Stewart, Isaac	14	Team Missouri Valley-MV	26.71	26.20	qAAA
13	McGuire, Paidon	14	Team Minnesota-MN	25.76	26.23	qAAA
14	Warren, Dannie	14	Team Lake Erie-LE	26.37	26.28	qAAA
15	Macho, Max	14	Team Iowa Swimming-IA	25.77	26.29	qAAA
16	Brower, Colton	14	Team Michigan-MI	26.69	26.47	qAAA
17	McCammon, Reed	13	Team Michigan-MI	25.98	J26.47	AAA



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 64 Boys 13-14 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
18	Novak, Finn	14	Team Minnesota-MN	25.79	26.48	AAA
*19	Irwin, Rowen	14	Team Minnesota-MN	26.27	26.55	AAA
*19	Cullivan, Casey	13	Team Lake Erie-LE	26.68	26.55	AAA
*21	Christensen, Henry	14	Team Missouri Valley-MV	26.46	26.56	AAA
*21	Flermoen, Greg	13	Team Michigan-MI	26.12	26.56	AAA
*23	Mcguire, Brayden	14	Team Iowa Swimming-IA	25.96	26.63	AAA
*23	Kimak, Ian	14	Team Lake Erie-LE	26.34	26.63	AAA
25	Fitch, Aidan	14	Team Minnesota-MN	26.21	26.70	AAA
*26	Jacques, Ewan	13	Team Michigan-MI	26.72	26.71	AAA
*26	Debeltz, Micah	13	Team Minnesota-MN	25.86	26.71	AAA
28	Geiger, Rowan	14	Team Wisconsin-WI	25.91	26.75	AAA
29	Copeland, Tanner	14	Team Missouri Valley-MV	27.06	26.77	AAA
30	Helmrick, Kiptyn	14	Team Minnesota-MN	26.79	26.86	AAA
31	Diaz, Santi	14	Team Iowa Swimming-IA	26.88	26.89	AAA
*32	Jacob, Isaiah	14	Team Minnesota-MN	26.26	26.90	AAA
*32	Langer, Rowen	14	Team Wisconsin-WI	26.01	26.90	AAA
34	Gomez-Mendoza, Javi	14	Team Wisconsin-WI	26.82	26.93	AAA
35	Lee, Joshua	14	Team Minnesota-MN	26.33	26.96	AAA
36	McAuliff, Liam	14	Team Minnesota-MN	26.35	27.02	AAA
37	Sennowo, Tayo	14	Team Minnesota-MN	26.77	27.04	AAA
38	Yerks, Leyton	14	Team Minnesota-MN	26.78	27.05	AAA
39	Brodin, Gabe	14	Team Minnesota-MN	27.27	27.07	AAA
40	Linderblood, Jude	13	Team Iowa Swimming-IA	26.48	27.10	A
*41	Christian, Logan	13	Team Wisconsin-WI	27.09	27.11	A
*41	Swanson, Jack	14	Team Minnesota-MN	26.88	27.11	A
*41	Kruckeberg, Bennett	14	Team Minnesota-MN	26.33	27.11	A
44	Balachandar, Jey	14	Team Iowa Swimming-IA	26.76	27.20	A
45	Kemper, Hudson	14	Team Michigan-MI	26.74	27.21	A
46	Lehto, Lehto	14	Team Michigan-MI	26.98	27.24	A
47	Ormiston, Brian	14	Team Lake Erie-LE	26.86	27.26	A
48	Boldt, Henry	14	Team Wisconsin-WI	26.96	27.30	A
49	Cupelli, Freddie	13	Team Wisconsin-WI	27.24	27.33	A
*50	Bykov, Leon	14	Team Iowa Swimming-IA	26.64	27.36	A
*50	Wickramasinghe, Thesath	13	Team Lake Erie-LE	26.95	27.36	A
52	Krance, Kellan	14	Team Minnesota-MN	27.08	27.43	A
53	Beltran, Karlisle	13	Team Missouri Valley-MV	26.75	27.46	A
54	Liudahl, Koll	14	Team Minnesota-MN	26.41	27.48	A
55	Welniak, Sam	14	Team Wisconsin-WI	26.56	27.50	A
56	Brodeur, Bentley	13	Team Iowa Swimming-IA	26.96	27.52	A
57	Gens, Ethan	14	Team Minnesota-MN	27.54	27.54	A
58	Gremban, Spencer	14	Team Wisconsin-WI	26.99	27.66	A
59	Moore, Zach	14	Team Minnesota-MN	26.59	27.68	A
60	Borchardt, Briggs	13	Team Wisconsin-WI	27.42	27.73	A
61	Miller, Parker	13	Team Minnesota-MN	26.27	27.76	A



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 64 Boys 13-14 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
62 Ward, Josiah	14	Team Wisconsin-WI	27.00	27.81	A
63 Gulati, Maitrey	14	Team Minnesota-MN	26.99	28.15	A
64 Schroeder, Mackenzie	14	Team Minnesota-MN	27.95	28.37	A
65 Roman, Jackson	14	Team Michigan-MI	29.17	28.77	A
66 Greer, Braden	14	Team Lake Erie-LE	27.05	29.31	A
--- Hougas, Bryson	13	Team Minnesota-MN	25.89	DFS	
Declared false start					

Event 65 Girls 11-12 100 LC Meter Backstroke**Meet Rec: 1:05.49 M 1/1/2011 Elizabeth Nelson****WI****1:15.39 AAA****1:23.19 A**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Ward, Karsyn	12	Team Missouri Valley-MV	1:09.34	1:08.57	qAAA
33.50		1:08.57 (35.07)			
2 Ng, Emma	12	Team Michigan-MI	1:10.63	1:09.97	qAAA
3 Severud, Maci	12	Team Minnesota-MN	1:10.77	1:11.41	qAAA
35.84		1:11.41 (35.57)			
4 Benbow, Hayden	12	Team Missouri Valley-MV	1:10.65	1:11.67	qAAA
34.72		1:11.67 (36.95)			
5 Paradis, Lucy	12	Team Wisconsin-WI	1:10.29	1:11.71	qAAA
34.04		1:11.71 (37.67)			
6 Burke, Kelley	12	Team Wisconsin-WI	1:10.47	1:12.08	qAAA
34.95		1:12.08 (37.13)			
7 Solt, Livy	12	Team Minnesota-MN	1:11.69	1:12.66	qAAA
35.08		1:12.66 (37.58)			
8 Thompson, LeeLu	12	Team Minnesota-MN	1:11.90	1:12.89	qAAA
35.44		1:12.89 (37.45)			
9 Schindhelm, Grayson	12	Team Wisconsin-WI	1:12.64	1:13.50	qAAA
35.32		1:13.50 (38.18)			
10 Brilmyer, Sabrina	12	Team Lake Erie-LE	1:12.22	1:14.07	qAAA
36.59		1:14.07 (37.48)			
11 Turnbull, Grace	12	Team Lake Erie-LE	1:11.98	1:14.19	qAAA
36.59		1:14.19 (37.60)			
12 Strickler, Alivia	12	Team Michigan-MI	1:14.14	1:14.96	qAAA
35.93		1:14.96 (39.03)			
13 Smith, Lottie	12	Team Minnesota-MN	1:12.43	1:14.99	qAAA
35.95		1:14.99 (39.04)			
14 Stiegemeier, Brooke	12	Team Lake Erie-LE	1:14.81	1:15.01	qAAA
15 Jun, Christina	12	Team Lake Erie-LE	1:14.60	1:15.28	qAAA
37.05		1:15.28 (38.23)			
16 Van Guilder, Olivia	12	Team Minnesota-MN	1:16.07	1:15.35	qAAA
36.88		1:15.35 (38.47)			



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 65 Girls 11-12 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
17	McKimm, Kerrigan	12	Team Lake Erie-LE	1:04.26 Y	1:15.65	A
	36.21	1:15.65 (39.44)				
18	McPhee, Jordyn	12	Team Wisconsin-WI	1:14.22	1:15.69	A
	36.20	1:15.69 (39.49)				
19	Cook, Brynley	12	Team Lake Erie-LE	1:17.35	1:15.79	A
20	Mattes, Siggi	12	Team Missouri Valley-MV	1:13.03	1:16.20	A
	37.35	1:16.20 (38.85)				
21	Le, Anh-na	11	Team Minnesota-MN	1:14.29	1:16.22	A
	37.70	1:16.22 (38.52)				
22	Thompson, Zoey	12	Team Wisconsin-WI	1:15.04	1:16.25	A
23	Boxwell, Rayna	12	Team Wisconsin-WI	1:13.83	1:16.27	A
	36.78	1:16.27 (39.49)				
24	Bradley, Avery	12	Team Wisconsin-WI	1:16.17	1:16.49	A
	36.81	1:16.49 (39.68)				
25	Boe, Mary	11	Team Minnesota-MN	1:15.36	1:16.69	A
	36.37	1:16.69 (40.32)				
26	Kissinger, Maddy	12	Team Minnesota-MN	1:14.71	1:16.92	A
	37.60	1:16.92 (39.32)				
27	Urban, Ella	12	Team Wisconsin-WI	1:14.90	1:17.08	A
28	Bykova, Sasha	11	Team Iowa Swimming-IA	1:21.12	1:17.82	A
	38.91	1:17.82 (38.91)				
29	Ethridge, Sadie	12	Team Michigan-MI	1:15.68	1:17.86	A
	38.58	1:17.86 (39.28)				
30	Loomans, Elena	12	Team Wisconsin-WI	1:15.10	1:18.05	A
	36.75	1:18.05 (41.30)				
31	Rutherford, Morgan	12	Team Minnesota-MN	1:14.10	1:18.30	A
	38.03	1:18.30 (40.27)				
32	Anderson, Raelyn	12	Team Wisconsin-WI	1:14.07	1:18.60	A
	38.38	1:18.60 (40.22)				
33	Landon, Elsie	11	Team Iowa Swimming-IA	1:19.42	1:20.04	A
	38.56	1:20.04 (41.48)				
34	Orjuela, Clara	11	Team Lake Erie-LE	1:23.07	1:20.47	A
35	Nguyen, Emmy	12	Team Iowa Swimming-IA	1:20.41	1:23.73	
	39.55	1:23.73 (44.18)				
36	Aronis, Lana	11	Team Missouri Valley-MV	1:44.87	1:46.22	
	52.28	1:46.22 (53.94)				

Event 66 Boys 11-12 100 LC Meter Backstroke

Meet Rec: 1:03.53 M 8/4/2022 Austin Chu at 2022 IN Central
 1:12.99 AAA
 1:20.49 A

OZARK-OZ

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Leasure, Elliot	12	Team Minnesota-MN	1:01.51	1:06.80	qAAA
	32.77	1:06.80 (34.03)				



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 66 Boys 11-12 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Hungerholt, Cash	12	Team Wisconsin-WI	1:12.62	1:10.37	qAAA
	34.35	1:10.37 (36.02)				
3	Breckenridge, Bo	12	Team Wisconsin-WI	1:09.89	1:10.49	qAAA
	34.93	1:10.49 (35.56)				
4	Gorman, Tupper	12	Team Michigan-MI	1:08.33	1:11.38	qAAA
	35.38	1:11.38 (36.00)				
5	Wittmayer, Matthew	12	Team Iowa Swimming-IA	1:11.86	1:12.00	qAAA
	34.51	1:12.00 (37.49)				
6	Nugent, Grant	12	Team Missouri Valley-MV	1:12.78	1:12.18	qAAA
	34.80	1:12.18 (37.38)				
7	Norem, Layten	11	Team Iowa Swimming-IA	1:11.34	1:13.48	qA
	35.37	1:13.48 (38.11)				
8	Reynolds, Charlie	11	Team Wisconsin-WI	1:13.31	1:13.55	qA
	34.93	1:13.55 (38.62)				
9	Musa, Frederick	11	Team Michigan-MI	1:12.75	1:15.04	qA
	37.54	1:15.04 (37.50)				
10	Yarbro, Quinn	12	Team Wisconsin-WI	1:14.04	1:15.21	qA
	36.81	1:15.21 (38.40)				
11	Dunbar, Charlie	12	Team Michigan-MI	1:16.41	1:15.83	qA
	37.48	1:15.83 (38.35)				
12	Sanchez, Adrian	12	Team Minnesota-MN	1:02.72 Y	1:16.23	qA
	36.92	1:16.23 (39.31)				
13	Mazon, Sam	12	Team Lake Erie-LE	1:19.44	1:16.81	qA
	37.07	1:16.81 (39.74)				
14	Fowler, Isaac	12	Team Lake Erie-LE	1:16.13	1:17.13	qA
	37.45	1:17.13 (39.68)				
15	Hughey, Eamon	12	Team Minnesota-MN	1:16.89	1:17.98	qA
	37.28	1:17.98 (40.70)				
16	Kearns, Warwick	12	Team Missouri Valley-MV	1:16.71	1:19.01	qA
	39.37	1:19.01 (39.64)				
---	Lacek, Landon	12	Team Minnesota-MN	1:11.60	DQ	
	Delay initiating turn					
	36.57					

Event 67 Girls 13-14 100 LC Meter Backstroke**Meet Rec: 1:02.66 M 8/4/2022 Sydney Schoeck at 2022 IN Cent****OZARK-OZ****1:10.69 AAA****1:17.09 A**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Antoniewski, Avery	14	Team Wisconsin-WI	1:04.89	1:06.05	qAAA
	32.71	1:06.05 (33.34)				
2	Martin, Tae	14	Team Wisconsin-WI	1:06.28	1:07.04	qAAA
	32.49	1:07.04 (34.55)				
3	Sanders, Neva	14	Team Minnesota-MN	1:06.98	1:07.60	qAAA
	33.16	1:07.60 (34.44)				



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 67 Girls 13-14 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
4	Brown, Dalila	14	Team Michigan-MI	1:08.69	1:08.42	qAAA
	33.10				1:08.42 (35.32)	
5	Mamatela, Nalah	14	Team Michigan-MI	1:09.70	1:09.51	qAAA
	34.38				1:09.51 (35.13)	
6	Sina, Emma	13	Team Wisconsin-WI	1:09.67	1:09.59	qAAA
	34.41				1:09.59 (35.18)	
7	Burzynski, Rachel	13	Team Wisconsin-WI	1:09.20	1:09.69	qAAA
	33.94				1:09.69 (35.75)	
8	Kalweit, Marian	13	Team Minnesota-MN	1:08.20	1:09.70	qAAA
	33.79				1:09.70 (35.91)	
9	Utschig, Vivian	14	Team Wisconsin-WI	1:09.14	1:09.91	qAAA
	33.86				1:09.91 (36.05)	
10	Sowerby, Catherine	13	Team Michigan-MI	1:10.35	1:10.28	qAAA
11	Christianson, Claire	13	Team Minnesota-MN	1:09.20	1:10.32	qAAA
	33.90				1:10.32 (36.42)	
12	Stringer, Amber	13	Team Missouri Valley-MV	1:10.65	1:10.39	qAAA
	34.35				1:10.39 (36.04)	
13	Phelps, Miranda	13	Team Michigan-MI	1:07.09	1:10.41	qAAA
	33.90				1:10.41 (36.51)	
14	Weiner, Sasha	13	Team Missouri Valley-MV	1:10.26	1:10.55	qAAA
15	Shryock, Madison	14	Team Missouri Valley-MV	1:10.10	1:11.06	qA
	34.79				1:11.06 (36.27)	
16	Kundert, Kate	14	Team Wisconsin-WI	1:09.77	1:11.14	qA
	34.92				1:11.14 (36.22)	
17	Willenbring, Chelsea	14	Team Minnesota-MN	1:09.42	1:11.46	A
	36.20				1:11.46 (35.26)	
18	Liu, Joy	13	Team Wisconsin-WI	1:11.20	1:11.49	A
	34.84				1:11.49 (36.65)	
19	Burrall, Julia	14	Team Wisconsin-WI	1:10.04	1:11.56	A
	35.35				1:11.56 (36.21)	
20	Sorenson-Wagner, Iris	14	Team Minnesota-MN	1:10.74	1:11.66	A
	35.41				1:11.66 (36.25)	
21	Hynes, Addy	13	Team Wisconsin-WI	1:10.53	1:11.78	A
	35.07				1:11.78 (36.71)	
22	Wheeler, Keeley	14	Team Minnesota-MN	1:09.15	1:11.83	A
	35.01				1:11.83 (36.82)	
23	McAllister, Kayce	14	Team Michigan-MI	59.45 Y	1:11.84	A
	34.59				1:11.84 (37.25)	
24	Grant, Georgia	13	Team Wisconsin-WI	1:09.82	1:12.19	A
	34.39				1:12.19 (37.80)	
25	Schneider, Sophie	14	Team Wisconsin-WI	1:09.99	1:12.20	A
	35.12				1:12.20 (37.08)	
26	McClintock, Olivia	13	Team Minnesota-MN	1:12.69	1:12.36	A
	35.20				1:12.36 (37.16)	
27	Drake, Adrianna	14	Team Michigan-MI	1:10.29	1:12.40	A



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 67 Girls 13-14 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
28 Ripke, Jada	14	Team Iowa Swimming-IA	1:08.94	1:12.71	A
34.81	1:12.71 (37.90)				
29 Tudor, Amelia	13	Team Iowa Swimming-IA	1:12.06	1:12.86	A
36.55	1:12.86 (36.31)				
30 Burke, Baya	13	Team Wisconsin-WI	1:10.21	1:12.94	A
35.19	1:12.94 (37.75)				
31 Parent, Madi	14	Team Minnesota-MN	59.78 Y	1:12.96	A
36.61	1:12.96 (36.35)				
32 Tudor, Sophia	13	Team Iowa Swimming-IA	1:12.21	1:13.01	A
33 Oliverio, Stella	13	Team Lake Erie-LE	1:13.59	1:13.89	A
35.32	1:13.89 (38.57)				
34 Clausman, Izzie	14	Team Minnesota-MN	1:16.16	1:15.04	A
36.84	1:15.04 (38.20)				
35 Gadtke, Carina	14	Team Minnesota-MN	1:18.91	1:15.91	A
36.42	1:15.91 (39.49)				
36 Magers, AJ	13	Team Iowa Swimming-IA	1:13.61	1:16.27	A
37.06	1:16.27 (39.21)				
37 Turner, Julia	14	Team Lake Erie-LE	1:14.32	1:17.03	A
37.12	1:17.03 (39.91)				
--- Lotz, Amanda	14	Team Wisconsin-WI	1:08.35	DQ	
False start					
33.52					
--- Lowery, Suzanna	13	Team Wisconsin-WI	1:19.06	DFS	
Declared false start					

Event 68 Boys 13-14 100 LC Meter Backstroke

Meet Rec: 58.53 M 8/3/2024 Austin Chu OZ
 1:05.89 AAA
 1:11.89 A

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Logsdon, Jaxon	14	Team Michigan-MI	1:01.35	1:01.42	qAAA
29.14	1:01.42 (32.28)				
2 Henderson, Graham	14	Team Missouri Valley-MV	59.67	1:01.59	qAAA
29.33	1:01.59 (32.26)				
3 Helmrick, Kiptyn	14	Team Minnesota-MN	1:02.06	1:01.62	qAAA
29.88	1:01.62 (31.74)				
4 Wisotzke, Benjamin	14	Team Wisconsin-WI	1:00.33	1:01.89	qAAA
30.01	1:01.89 (31.88)				
5 Kimak, Ian	14	Team Lake Erie-LE	1:00.62	1:02.54	qAAA
30.30	1:02.54 (32.24)				
6 Belleza, Antonio	14	Team Michigan-MI	1:02.99	1:02.89	qAAA
30.32	1:02.89 (32.57)				
7 Engelhardt, Alex	14	Team Iowa Swimming-IA	1:01.63	1:03.12	qAAA
30.22	1:03.12 (32.90)				



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 68 Boys 13-14 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
8	Geiger, Rowan	14	Team Wisconsin-WI	1:02.33	1:03.33	qAAA
	30.57	1:03.33 (32.76)				
9	Walliczek, Deidric	14	Team Minnesota-MN	1:02.07	1:03.37	qAAA
	30.69	1:03.37 (32.68)				
10	Kopinski, Anthony	14	Team Michigan-MI	1:04.09	1:03.65	qAAA
	31.14	1:03.65 (32.51)				
11	Landry, Noah	14	Team Minnesota-MN	1:02.87	1:03.85	qAAA
	31.78	1:03.85 (32.07)				
12	Burke, Riley	14	Team Wisconsin-WI	1:03.49	1:04.02	qAAA
	31.26	1:04.02 (32.76)				
13	Curran, Brecken	14	Team Wisconsin-WI	1:03.43	1:04.33	qAAA
	31.43	1:04.33 (32.90)				
14	Christy, Sam	13	Team Missouri Valley-MV	1:03.94	1:04.42	qAAA
	31.46	1:04.42 (32.96)				
15	Treharne, Clayton	13	Team Iowa Swimming-IA	1:04.26	1:04.54	qAAA
	30.77	1:04.54 (33.77)				
16	Kot, Brandon	14	Team Minnesota-MN	1:04.00	1:04.89	qAAA
	31.24	1:04.89 (33.65)				
17	Borchardt, Briggs	13	Team Wisconsin-WI	1:05.74	1:05.39	AAA
	31.72	1:05.39 (33.67)				
18	Flermoen, Greg	13	Team Michigan-MI	1:05.83	1:05.50	AAA
	31.83	1:05.50 (33.67)				
19	McAuliff, Liam	14	Team Minnesota-MN	1:05.75	1:05.70	AAA
	31.77	1:05.70 (33.93)				
20	Peters, Josh	14	Team Minnesota-MN	1:05.65	1:05.80	AAA
	31.91	1:05.80 (33.89)				
21	Kruckeberg, Bennett	14	Team Minnesota-MN	1:05.06	1:06.18	A
	32.15	1:06.18 (34.03)				
22	Yerks, Leyton	14	Team Minnesota-MN	1:05.26	1:06.35	A
	32.22	1:06.35 (34.13)				
23	Spencer, Eric	14	Team Missouri Valley-MV	1:05.80	1:06.40	A
	32.37	1:06.40 (34.03)				
24	Irwin, Rowen	14	Team Minnesota-MN	1:03.03	1:06.65	A
	31.93	1:06.65 (34.72)				
25	L'Heureux, Gus	14	Team Iowa Swimming-IA	1:09.97	1:07.10	A
	32.82	1:07.10 (34.28)				
26	Watanabe, Jonah	14	Team Minnesota-MN	1:05.86	1:07.18	A
	31.92	1:07.18 (35.26)				
27	Christian, Logan	13	Team Wisconsin-WI	1:06.83	1:07.65	A
	33.48	1:07.65 (34.17)				
28	Bykov, Leon	14	Team Iowa Swimming-IA	1:04.20	1:08.11	A
	33.15	1:08.11 (34.96)				
29	Figueroa, Teo	14	Team Wisconsin-WI	1:05.30	1:08.93	A
	33.37	1:08.93 (35.56)				



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 68 Boys 13-14 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
30 Gens, Ethan	14	Team Minnesota-MN	1:08.79	1:09.84	A
33.93	1:09.84 (35.91)				
31 Sennowo, Tayo	14	Team Minnesota-MN	1:08.71	1:10.25	A
34.80	1:10.25 (35.45)				
32 Kemper, Hudson	14	Team Michigan-MI	1:10.24	1:10.28	A
33.58	1:10.28 (36.70)				
33 Balachandar, Jey	14	Team Iowa Swimming-IA	1:10.50	1:10.36	A
34.50	1:10.36 (35.86)				
34 Brodeur, Bentley	13	Team Iowa Swimming-IA	1:11.03	1:10.77	A
34.73	1:10.77 (36.04)				
35 Greer, Braden	14	Team Lake Erie-LE	1:05.67	1:13.12	
35.56	1:13.12 (37.56)				
36 Hicks, Parker	13	Team Wisconsin-WI	1:09.83	1:14.26	
37 Gulati, Maitrey	14	Team Minnesota-MN	1:13.06	1:14.76	
36.07	1:14.76 (38.69)				

Event 69 Girls 11-12 400 LC Meter Freestyle

Meet Rec: 4:29.68 M 1/1/1996 Anna Strohl LE
 5:01.69 AAA
 5:29.09 A

Name	Age	Team	Seed Time	Finals Time	
1 Remus, Annie	12	Team Wisconsin-WI	4:59.61	4:58.65	AAA
34.34	1:12.29 (37.95)	1:51.30 (39.01)	2:30.45 (39.15)		
3:09.12 (38.67)	3:47.64 (38.52)	4:23.47 (35.83)	4:58.65 (35.18)		
2 Rabuck, Joycelyn	12	Team Wisconsin-WI	4:58.21	5:00.22	AAA
34.41	1:12.23 (37.82)	1:50.62 (38.39)	2:29.43 (38.81)		
3:08.04 (38.61)	3:46.83 (38.79)	4:24.78 (37.95)	5:00.22 (35.44)		
3 Mattes, Siggi	12	Team Missouri Valley-MV	4:58.88	5:01.83	A
34.04	1:12.17 (38.13)	1:50.63 (38.46)	2:29.36 (38.73)		
3:07.81 (38.45)	3:46.65 (38.84)	4:24.24 (37.59)	5:01.83 (37.59)		
4 Herder, Ella	11	Team Michigan-MI	5:04.02	5:03.43	A
34.22	1:12.39 (38.17)	1:51.56 (39.17)	2:30.73 (39.17)		
3:09.75 (39.02)	3:48.41 (38.66)	4:26.77 (38.36)	5:03.43 (36.66)		
5 Lacrosse, Poppy	12	Team Michigan-MI	5:36.12 Y	5:07.42	A
33.48	1:10.83 (37.35)	1:50.19 (39.36)	2:29.50 (39.31)		
3:08.81 (39.31)	3:48.71 (39.90)	4:28.57 (39.86)	5:07.42 (38.85)		
6 Bollinger, Reagan	12	Team Missouri Valley-MV	4:59.62	5:07.71	A
34.61	1:12.82 (38.21)	1:52.15 (39.33)	2:32.18 (40.03)		
3:12.48 (40.30)	3:51.51 (39.03)	4:30.74 (39.23)	5:07.71 (36.97)		
7 Gregor, Charlie	12	Team Wisconsin-WI	4:59.80	5:10.08	A
34.01	1:12.32 (38.31)	1:51.38 (39.06)	2:30.89 (39.51)		
3:11.15 (40.26)	3:51.18 (40.03)	4:31.52 (40.34)	5:10.08 (38.56)		
8 Anderson, Raelyn	12	Team Wisconsin-WI	4:59.31	5:10.56	A
35.05	1:12.83 (37.78)	1:52.42 (39.59)	2:31.71 (39.29)		
3:13.21 (41.50)	3:52.66 (39.45)	4:32.69 (40.03)	5:10.56 (37.87)		



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****(Event 69 Girls 11-12 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	
9	Smith, Kinzlee	12	Team Iowa Swimming-IA	5:04.21	5:17.00	A
	33.05	1:11.45 (38.40)	1:51.65 (40.20)	2:33.30 (41.65)		
	3:14.96 (41.66)	3:57.29 (42.33)	4:38.06 (40.77)	5:17.00 (38.94)		
10	Armstrong, Aria	12	Team Minnesota-MN	5:34.04 Y	5:17.78	A
	34.20	1:13.32 (39.12)	1:53.65 (40.33)	2:35.81 (42.16)		
	3:17.29 (41.48)	3:59.11 (41.82)	5:17.78 (1:18.67)			
11	Martino, Frankie	12	Team Iowa Swimming-IA	5:10.92	5:18.95	A
	35.97	1:16.05 (40.08)	1:57.82 (41.77)	2:39.27 (41.45)		
	3:21.10 (41.83)	4:01.65 (40.55)	4:41.12 (39.47)	5:18.95 (37.83)		

Event 70 Boys 11-12 400 LC Meter Freestyle

Meet Rec: 4:20.13 M 1/1/2013 Jacob Destrampe IN
 4:55.09 AAA
 5:21.89 A

	Name	Age	Team	Seed Time	Finals Time	
1	Felten, Zach	12	Team Missouri Valley-MV	4:53.82	4:46.90	AAA
	31.48	1:06.93 (35.45)	1:43.22 (36.29)	2:20.04 (36.82)		
	2:56.92 (36.88)	3:34.49 (37.57)	4:11.35 (36.86)	4:46.90 (35.55)		
2	Miller, Chase	12	Team Wisconsin-WI	4:50.93	4:48.36	AAA
	32.14	1:08.60 (36.46)	1:45.49 (36.89)	2:23.30 (37.81)		
	3:00.42 (37.12)	3:37.81 (37.39)	4:14.71 (36.90)	4:48.36 (33.65)		
3	Pronin, Dmitriy	12	Team Wisconsin-WI	4:52.41	4:49.18	AAA
	32.51	1:08.94 (36.43)	1:45.97 (37.03)	2:23.27 (37.30)		
	3:00.67 (37.40)	3:38.04 (37.37)	4:14.37 (36.33)	4:49.18 (34.81)		
4	Smith, Owen	11	Team Wisconsin-WI	4:50.19	4:51.05	AAA
	32.38	1:08.50 (36.12)	1:45.58 (37.08)	2:23.26 (37.68)		
	3:00.50 (37.24)	3:38.06 (37.56)	4:15.13 (37.07)	4:51.05 (35.92)		
5	Hungerholt, Cash	12	Team Wisconsin-WI	4:54.52	4:51.15	AAA
	32.73	1:09.41 (36.68)	1:46.65 (37.24)	2:23.94 (37.29)		
	3:01.41 (37.47)	3:39.07 (37.66)	4:15.29 (36.22)	4:51.15 (35.86)		
6	Long, Brayden	12	Team Lake Erie-LE	4:59.74	4:54.51	AAA
	33.45	1:10.04 (36.59)	1:46.81 (36.77)	2:24.74 (37.93)		
	3:01.97 (37.23)	3:40.34 (38.37)	4:18.00 (37.66)	4:54.51 (36.51)		
7	Jeffries, Max	12	Team Iowa Swimming-IA	4:53.66	4:57.29	A
	33.24	1:10.09 (36.85)	1:48.73 (38.64)	2:26.95 (38.22)		
	3:05.67 (38.72)	3:43.72 (38.05)	4:21.70 (37.98)	4:57.29 (35.59)		
8	Liudahl, Grayson	12	Team Minnesota-MN	4:52.54	4:58.26	A
	32.40	1:09.56 (37.16)	1:48.20 (38.64)	2:27.82 (39.62)		
	3:06.18 (38.36)	3:44.57 (38.39)	4:22.05 (37.48)	4:58.26 (36.21)		
9	Lacek, Landon	12	Team Minnesota-MN	4:52.65	4:59.26	A
	33.55	1:11.27 (37.72)	1:49.46 (38.19)	2:28.55 (39.09)		
	3:06.87 (38.32)	3:45.32 (38.45)	4:22.91 (37.59)	4:59.26 (36.35)		
10	Fowler, Isaac	12	Team Lake Erie-LE	5:05.33	4:59.32	A
	33.08	1:10.37 (37.29)	1:48.02 (37.65)	2:26.23 (38.21)		
	3:04.47 (38.24)	3:43.61 (39.14)	4:21.89 (38.28)	4:59.32 (37.43)		



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****(Event 70 Boys 11-12 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
11 Sanchez, Adrian	12	Team Minnesota-MN	4:52.63	4:59.40 A
33.32	1:10.92 (37.60)	1:49.77 (38.85)	2:28.69 (38.92)	
3:07.77 (39.08)	3:45.93 (38.16)	4:23.95 (38.02)	4:59.40 (35.45)	
12 Hartman, Grant	11	Team Missouri Valley-MV	5:02.54	5:07.35 A
34.60	1:13.05 (38.45)	1:52.47 (39.42)	2:31.74 (39.27)	
3:11.08 (39.34)	3:50.37 (39.29)	4:30.22 (39.85)	5:07.35 (37.13)	

Event 71 Girls 13-14 400 LC Meter Freestyle

Meet Rec: 4:23.47 M 8/4/2022 Elizabeth Eichbrecht at 2022 I MI-MI
 4:48.19 AAA
 5:14.39 A

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 El-Koudsi, Maria	14	Team Michigan-MI	4:39.48	4:35.61 qAAA
31.72	1:06.58 (34.86)	1:40.97 (34.39)	2:16.66 (35.69)	
2:50.96 (34.30)	3:26.78 (35.82)	4:01.13 (34.35)	4:35.61 (34.48)	
2 Casey, Kaia	13	Team Minnesota-MN	4:33.73	4:36.26 qAAA
31.84	1:06.46 (34.62)	1:41.11 (34.65)	2:16.79 (35.68)	
2:51.89 (35.10)	3:27.80 (35.91)	4:02.26 (34.46)	4:36.26 (34.00)	
3 Shryock, Madison	14	Team Missouri Valley-MV	4:34.93	4:38.45 qAAA
31.46	1:05.88 (34.42)	1:40.82 (34.94)	2:16.48 (35.66)	
2:51.96 (35.48)	3:27.74 (35.78)	4:03.26 (35.52)	4:38.45 (35.19)	
4 Schott, Vivian	13	Team Minnesota-MN	4:41.38	4:40.17 qAAA
32.57	1:06.99 (34.42)	1:42.62 (35.63)	2:18.64 (36.02)	
2:54.78 (36.14)	3:30.74 (35.96)	4:06.14 (35.40)	4:40.17 (34.03)	
5 Woo, Jiyun	13	Team Michigan-MI	4:39.12	4:40.71 qAAA
32.64	1:07.68 (35.04)	1:43.56 (35.88)	2:18.74 (35.18)	
2:54.38 (35.64)	3:29.96 (35.58)	4:05.97 (36.01)	4:40.71 (34.74)	
6 Sickler, Poppy	14	Team Wisconsin-WI	4:40.81	4:41.11 qAAA
31.86	1:07.01 (35.15)	1:42.85 (35.84)	2:18.91 (36.06)	
2:55.01 (36.10)	3:31.27 (36.26)	4:06.78 (35.51)	4:41.11 (34.33)	
7 VanHeest, Sophia	13	Team Michigan-MI	4:42.16	4:41.55 qAAA
32.17	1:06.92 (34.75)	1:42.33 (35.41)	2:18.36 (36.03)	
2:53.93 (35.57)	3:30.44 (36.51)	4:06.50 (36.06)	4:41.55 (35.05)	
8 Seemann, Clara	14	Team Missouri Valley-MV	4:37.19	4:41.64 qAAA
31.94	1:07.12 (35.18)	1:42.92 (35.80)	2:19.16 (36.24)	
2:55.23 (36.07)	3:31.22 (35.99)	4:06.79 (35.57)	4:41.64 (34.85)	
9 Cavill, Emalee	14	Team Wisconsin-WI	4:47.14	4:42.63 qAAA
31.77	1:06.49 (34.72)	1:41.23 (34.74)	2:17.73 (36.50)	
2:53.97 (36.24)	3:31.14 (37.17)	4:07.34 (36.20)	4:42.63 (35.29)	
10 Amaro, Andrea	13	Team Michigan-MI	4:44.61	4:42.84 qAAA
33.67	1:09.30 (35.63)	1:45.46 (36.16)	2:20.84 (35.38)	
2:57.08 (36.24)	3:32.68 (35.60)	4:08.48 (35.80)	4:42.84 (34.36)	
11 Lotz, Amanda	14	Team Wisconsin-WI	4:35.87	4:43.74 qAAA
32.70	1:08.15 (35.45)	1:43.75 (35.60)	2:20.46 (36.71)	
2:56.84 (36.38)	3:33.99 (37.15)	4:09.64 (35.65)	4:43.74 (34.10)	



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 71 Girls 13-14 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
12	Hogue, Avery	14	Team Missouri Valley-MV	5:19.32 Y	4:43.91	qAAA
	33.11	1:09.59 (36.48)	1:45.51 (35.92)	2:21.78 (36.27)		
	2:57.84 (36.06)	3:33.57 (35.73)	4:09.22 (35.65)	4:43.91 (34.69)		
13	Gorzek, Kara	14	Team Minnesota-MN	4:39.83	4:44.38	qAAA
	32.45	1:08.13 (35.68)	1:44.04 (35.91)	2:20.38 (36.34)		
	2:56.93 (36.55)	3:33.46 (36.53)	4:09.68 (36.22)	4:44.38 (34.70)		
14	Stringer, Amber	13	Team Missouri Valley-MV	4:46.38	4:44.67	qAAA
	32.40	1:08.44 (36.04)	1:44.77 (36.33)	2:21.87 (37.10)		
	2:58.46 (36.59)	3:35.07 (36.61)	4:10.85 (35.78)	4:44.67 (33.82)		
15	Pontrelli, Elaina	13	Team Minnesota-MN	4:44.59	4:46.07	qAAA
	32.88	1:09.20 (36.32)	1:45.64 (36.44)	2:22.71 (37.07)		
	2:58.43 (35.72)	3:35.16 (36.73)	4:10.69 (35.53)	4:46.07 (35.38)		
16	Kuzak, Jayla	14	Team Michigan-MI	4:32.01	4:47.79	qAAA
	31.84	1:07.16 (35.32)	1:43.40 (36.24)	2:20.13 (36.73)		
	2:57.09 (36.96)	3:34.72 (37.63)	4:11.11 (36.39)	4:47.79 (36.68)		
17	Katz, Sophie	13	Team Minnesota-MN	4:46.51	4:48.20	A
	32.28	1:08.14 (35.86)	1:44.54 (36.40)	2:21.77 (37.23)		
	2:58.64 (36.87)	3:35.95 (37.31)	4:12.92 (36.97)	4:48.20 (35.28)		
18	Miller, Elise	14	Team Wisconsin-WI	4:46.84	4:48.42	A
	32.52	1:08.63 (36.11)	1:45.27 (36.64)	2:22.27 (37.00)		
	2:58.94 (36.67)	3:35.95 (37.01)	4:13.10 (37.15)	4:48.42 (35.32)		
19	Burzynski, Rachel	13	Team Wisconsin-WI	4:45.20	4:48.61	A
	33.12	1:08.70 (35.58)	1:45.79 (37.09)	2:22.02 (36.23)		
	2:59.11 (37.09)	3:35.89 (36.78)	4:13.13 (37.24)	4:48.61 (35.48)		
20	Frommelt, Abigail	14	Team Wisconsin-WI	5:16.04 Y	4:49.26	A
	32.93	1:09.69 (36.76)	1:46.15 (36.46)	2:23.01 (36.86)		
	2:59.62 (36.61)	3:36.62 (37.00)	4:13.35 (36.73)	4:49.26 (35.91)		
21	Huberg, Greta	14	Team Iowa Swimming-IA	4:47.98	4:49.79	A
	32.57	1:08.21 (35.64)	1:44.45 (36.24)	2:22.02 (37.57)		
	2:59.43 (37.41)	3:37.09 (37.66)	4:14.13 (37.04)	4:49.79 (35.66)		
22	Pacurar, Alexia	14	Team Wisconsin-WI	4:47.23	4:50.30	A
	33.19	1:09.50 (36.31)	1:46.91 (37.41)	2:23.91 (37.00)		
	3:01.53 (37.62)	3:38.54 (37.01)	4:14.61 (36.07)	4:50.30 (35.69)		
23	Wilkinson, Lily	14	Team Minnesota-MN	4:47.61	4:50.50	A
	32.65	1:08.86 (36.21)	1:46.40 (37.54)	2:23.19 (36.79)		
	3:00.02 (36.83)	3:37.52 (37.50)	4:15.19 (37.67)	4:50.50 (35.31)		
24	Mundisev, Helena	13	Team Iowa Swimming-IA	4:45.55	4:51.64	A
	32.32	1:07.95 (35.63)	1:44.12 (36.17)	2:20.94 (36.82)		
	2:58.59 (37.65)	3:36.60 (38.01)	4:14.42 (37.82)	4:51.64 (37.22)		
25	Clausman, Izzie	14	Team Minnesota-MN	5:14.62 Y	4:52.84	A
	33.45	1:10.07 (36.62)	1:47.04 (36.97)	2:24.72 (37.68)		
	3:01.88 (37.16)	3:39.39 (37.51)	4:16.57 (37.18)	4:52.84 (36.27)		
26	Kurowski, Ania	14	Team Wisconsin-WI	4:47.72	4:53.79	A
	33.37	1:09.78 (36.41)	1:46.96 (37.18)	2:24.00 (37.04)		
	3:01.64 (37.64)	3:39.30 (37.66)	4:17.28 (37.98)	4:53.79 (36.51)		



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 71 Girls 13-14 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
27 Stark, Adele	14	Team Minnesota-MN	4:45.58	4:54.20 A
33.55	1:09.93 (36.38)	1:47.06 (37.13)	2:24.69 (37.63)	
3:02.27 (37.58)	3:39.69 (37.42)	4:17.41 (37.72)	4:54.20 (36.79)	
28 Greenberg, Megan	13	Team Minnesota-MN	5:18.28 Y	4:57.24 A
33.54	1:10.81 (37.27)	1:48.08 (37.27)	2:26.32 (38.24)	
3:04.30 (37.98)	3:42.83 (38.53)	4:20.47 (37.64)	4:57.24 (36.77)	
29 Hostetler, Grace	14	Team Lake Erie-LE	5:03.57	5:08.20 A
33.04	1:11.42 (38.38)	1:50.16 (38.74)	2:29.83 (39.67)	
3:09.73 (39.90)	3:50.33 (40.60)	4:30.90 (40.57)	5:08.20 (37.30)	

Event 72 Boys 13-14 400 LC Meter Freestyle

Meet Rec: 4:07.98 M 1/1/2016 Dylan Moffatt IA
 4:34.29 AAA
 4:59.19 A

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Joyner, Kai	14	Team Minnesota-MN	4:05.47	4:13.88 qAAA
29.13	1:01.64 (32.51)	1:34.08 (32.44)	2:06.72 (32.64)	
2:38.89 (32.17)	3:10.92 (32.03)	3:43.03 (32.11)	4:13.88 (30.85)	
2 Knoepp, Charlie	14	Team Michigan-MI	4:17.80	4:16.67 qAAA
28.82	1:01.65 (32.83)	1:34.43 (32.78)	2:07.41 (32.98)	
2:40.14 (32.73)	3:13.00 (32.86)	3:45.57 (32.57)	4:16.67 (31.10)	
3 MacPhail, Jake	14	Team Lake Erie-LE	4:16.14	4:18.25 qAAA
29.01	1:01.11 (32.10)	1:33.83 (32.72)	2:06.74 (32.91)	
2:39.63 (32.89)	3:13.10 (33.47)	3:46.15 (33.05)	4:18.25 (32.10)	
4 Eroh, Sam	13	Team Michigan-MI	4:21.88	4:22.93 qAAA
29.56	1:02.30 (32.74)	1:35.55 (33.25)	2:09.07 (33.52)	
2:42.89 (33.82)	3:16.41 (33.52)	3:50.26 (33.85)	4:22.93 (32.67)	
5 Moore, Zach	14	Team Minnesota-MN	4:20.81	4:24.54 qAAA
29.34	1:02.23 (32.89)	1:35.99 (33.76)	2:10.27 (34.28)	
2:43.96 (33.69)	3:18.53 (34.57)	3:51.74 (33.21)	4:24.54 (32.80)	
6 Xue, Jiawen	14	Team Minnesota-MN	4:22.19	4:25.07 qAAA
30.48	1:03.88 (33.40)	1:37.16 (33.28)	2:10.48 (33.32)	
2:43.97 (33.49)	3:17.94 (33.97)	3:51.97 (34.03)	4:25.07 (33.10)	
7 Smith, Talan	14	Team Lake Erie-LE	4:32.57	4:25.97 qAAA
29.58	1:02.49 (32.91)	1:36.85 (34.36)	2:10.77 (33.92)	
2:45.36 (34.59)	3:19.51 (34.15)	3:53.73 (34.22)	4:25.97 (32.24)	
8 Knapp, Isaac	14	Team Iowa Swimming-IA	4:26.38	4:28.80 qAAA
29.40	1:02.66 (33.26)	1:37.12 (34.46)	2:12.20 (35.08)	
2:47.02 (34.82)	3:22.04 (35.02)	3:56.15 (34.11)	4:28.80 (32.65)	
9 Christensen, Henry	14	Team Missouri Valley-MV	4:30.03	4:28.94 qAAA
29.36	1:02.82 (33.46)	1:36.82 (34.00)	2:11.93 (35.11)	
2:46.66 (34.73)	3:22.38 (35.72)	3:57.30 (34.92)	4:28.94 (31.64)	
10 Knapp, Wes	14	Team Minnesota-MN	4:30.77	4:29.08 qAAA
30.67	1:04.21 (33.54)	1:38.89 (34.68)	2:13.39 (34.50)	
2:48.62 (35.23)	3:22.79 (34.17)	3:56.68 (33.89)	4:29.08 (32.40)	



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 72 Boys 13-14 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
11 Peterson, Henry	14	Team Minnesota-MN	4:29.65	4:29.42 qAAA
30.86	1:04.24 (33.38)	1:38.22 (33.98)	2:12.58 (34.36)	
2:47.06 (34.48)	3:21.67 (34.61)	3:56.17 (34.50)	4:29.42 (33.25)	
12 Swanson, Jack	14	Team Minnesota-MN	4:32.80	4:30.92 qAAA
29.60	1:03.07 (33.47)	1:37.85 (34.78)	2:12.91 (35.06)	
2:47.39 (34.48)	3:22.72 (35.33)	3:57.30 (34.58)	4:30.92 (33.62)	
13 Malke, Aiden	14	Team Lake Erie-LE	4:33.91	4:31.20 qAAA
29.77	1:03.24 (33.47)	1:37.60 (34.36)	2:12.91 (35.31)	
2:47.60 (34.69)	3:23.09 (35.49)	3:57.63 (34.54)	4:31.20 (33.57)	
14 Heckler, Josh	14	Team Minnesota-MN	4:26.72	4:31.37 qAAA
30.20	1:03.95 (33.75)	1:38.80 (34.85)	2:13.44 (34.64)	
2:48.67 (35.23)	3:23.69 (35.02)	3:58.28 (34.59)	4:31.37 (33.09)	
15 Kruckeberg, Bennett	14	Team Minnesota-MN	4:59.70 Y	4:31.67 qAAA
30.79	1:04.95 (34.16)	1:39.48 (34.53)	2:14.17 (34.69)	
2:48.85 (34.68)	3:23.88 (35.03)	3:58.37 (34.49)	4:31.67 (33.30)	
16 Jun, Chris	14	Team Lake Erie-LE	4:32.06	4:32.30 qAAA
30.19	1:03.32 (33.13)	1:37.38 (34.06)	2:12.48 (35.10)	
2:47.34 (34.86)	3:22.96 (35.62)	3:58.14 (35.18)	4:32.30 (34.16)	
17 Riolo, Timmy	13	Team Minnesota-MN	4:32.91	4:32.59 AAA
30.19	1:04.62 (34.43)	1:40.30 (35.68)	2:15.62 (35.32)	
2:50.22 (34.60)	3:25.98 (35.76)	3:59.32 (33.34)	4:32.59 (33.27)	
18 Turney, Reed	14	Team Lake Erie-LE	4:31.77	4:32.72 AAA
30.41	1:03.95 (33.54)	1:39.93 (35.98)	2:14.45 (34.52)	
2:49.17 (34.72)	3:24.70 (35.53)	3:59.14 (34.44)	4:32.72 (33.58)	
19 Dorsey, Morgan	14	Team Wisconsin-WI	4:34.25	4:32.78 AAA
30.73	1:04.73 (34.00)	1:38.92 (34.19)	2:13.83 (34.91)	
2:48.35 (34.52)	3:23.51 (35.16)	3:58.67 (35.16)	4:32.78 (34.11)	
20 Bond, Brady	14	Team Michigan-MI	4:55.10 Y	4:33.02 AAA
30.13	1:03.81 (33.68)	1:38.14 (34.33)	2:13.51 (35.37)	
2:48.55 (35.04)	3:24.08 (35.53)	3:59.10 (35.02)	4:33.02 (33.92)	
21 Royse, Blake	14	Team Missouri Valley-MV	4:26.64	4:33.31 AAA
30.60	1:04.36 (33.76)	1:39.13 (34.77)	2:14.27 (35.14)	
2:49.23 (34.96)	3:24.86 (35.63)	3:58.63 (33.77)	4:33.31 (34.68)	
22 Warren, Dannie	14	Team Lake Erie-LE	4:59.12 Y	4:33.77 AAA
30.52	1:05.31 (34.79)	1:40.35 (35.04)	2:16.27 (35.92)	
2:52.47 (36.20)	3:28.37 (35.90)	4:02.74 (34.37)	4:33.77 (31.03)	
23 Yerks, Leyton	14	Team Minnesota-MN	4:54.27 Y	4:34.07 AAA
29.79	1:03.68 (33.89)	1:38.66 (34.98)	2:13.83 (35.17)	
2:48.71 (34.88)	3:24.29 (35.58)	3:59.52 (35.23)	4:34.07 (34.55)	
24 Zuo, William	14	Team Minnesota-MN	4:32.12	4:34.24 AAA
29.87	1:03.43 (33.56)	1:38.03 (34.60)	2:13.32 (35.29)	
2:48.56 (35.24)	3:23.83 (35.27)	3:59.25 (35.42)	4:34.24 (34.99)	
25 Langer, Rowen	14	Team Wisconsin-WI	4:33.30	4:34.56 A
29.96	1:03.88 (33.92)	1:39.04 (35.16)	2:15.19 (36.15)	
2:50.26 (35.07)	3:25.89 (35.63)	4:00.30 (34.41)	4:34.56 (34.26)	



2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024**Prairie Meadows Pool, Sanction #: IA-24-090****Wellmark YMCA * Des Moines, IA * 50 Meter Course****Results - Saturday 11-14 Prelims****Preliminaries ... (Event 72 Boys 13-14 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
26 Treharne, Clayton	13	Team Iowa Swimming-IA	4:35.97	4:36.23	A
30.79	1:05.46 (34.67)	1:40.75 (35.29)	2:16.01 (35.26)		
2:51.64 (35.63)	3:27.61 (35.97)	4:03.50 (35.89)	4:36.23 (32.73)		
27 Peters, Josh	14	Team Minnesota-MN	4:31.60	4:36.29	A
30.92	1:04.67 (33.75)	1:39.08 (34.41)	2:14.45 (35.37)		
2:49.91 (35.46)	3:25.42 (35.51)	4:01.45 (36.03)	4:36.29 (34.84)		
28 Dietsche, Gabe	14	Team Wisconsin-WI	5:02.84 Y	4:36.49	A
30.86	1:04.71 (33.85)	1:39.21 (34.50)	2:14.61 (35.40)		
2:50.27 (35.66)	3:26.65 (36.38)	4:02.41 (35.76)	4:36.49 (34.08)		
29 Okopny, Justin	14	Team Michigan-MI	4:31.77	4:37.00	A
30.17	1:03.44 (33.27)	1:38.12 (34.68)	2:14.15 (36.03)		
2:50.12 (35.97)	3:25.61 (35.49)	4:01.44 (35.83)	4:37.00 (35.56)		
30 Barrone, Jasper	14	Team Minnesota-MN	4:30.14	4:37.74	A
31.42	1:06.62 (35.20)	1:40.25 (33.63)	2:15.20 (34.95)		
2:50.67 (35.47)	3:26.76 (36.09)	4:02.69 (35.93)	4:37.74 (35.05)		
31 McCammon, Reed	13	Team Michigan-MI	4:31.33	4:39.68	A
31.59	1:07.29 (35.70)	1:42.87 (35.58)	2:18.76 (35.89)		
2:54.72 (35.96)	3:29.90 (35.18)	4:05.80 (35.90)	4:39.68 (33.88)		
32 Bertelson, Allen	14	Team Minnesota-MN	5:03.05 Y	4:39.72	A
31.66	1:05.90 (34.24)	1:41.30 (35.40)	2:17.13 (35.83)		
2:52.77 (35.64)	3:28.89 (36.12)	4:04.95 (36.06)	4:39.72 (34.77)		
33 Roman, Jackson	14	Team Michigan-MI	4:32.25	4:44.16	A
30.11	1:03.91 (33.80)	1:38.63 (34.72)	2:14.48 (35.85)		
2:50.43 (35.95)	3:29.30 (38.87)	4:06.69 (37.39)	4:44.16 (37.47)		

Event 364 Boys 13-14 50 LC Meter Freestyle Swim-off

Meet Rec: 24.11 M 1/1/2015 Andrew Trepanier MN
 27.09 AAA
 29.49 A

Name	Age	Team	Seed Time	Finals Time	
- Swim-off					
1 Brower, Colton	14	Team Michigan-MI	26.47	26.02	AAA
2 McCammon, Reed	13	Team Michigan-MI	26.47	26.37	AAA

