

2024 Central Zone 14 & U Championship - IOWA - 8/8/2024 to 8/11/2024

Prairie Meadows Pool, Sanction #: IA-24-090

Wellmark YMCA * Des Moines, IA * 50 Meter Course

Results - Saturday 10&U Midday

Event 77 Girls 10 & Under 200 LC Meter Medley Relay

Meet Rec: 2:14.03 M 1/1/2019 IL

Miller, Prokos, Massimino, Musick

Team	Relay	Finals Time
1 MN-MN	A	2:22.17
1) Solt, Josey 10	2) Willenbring, Olivia 10	
3) Zechmeister, Annie 10	4) Liudahl, Kaitlyn 10	
34.75		
2 WI-WI	A	2:27.44
1) Cain, Evyn 10	2) Redding, Abby 10	
3) Luehmann, Charlee 10	4) Lambert, Cypress 10	
36.90		
3 IA-IA	A	2:28.51
1) Sledge, Emmersyn 10	2) Hornung, Harper 10	
3) Woodward, Olivia 10	4) Brons, Josie 10	
34.22		
4 MI-MI	A	2:29.19
1) Chang, Junia 10	2) Lardo, Grace 10	
3) Kelley, Kirsten 10	4) Molter, Nola 10	
39.00		
5 MV-MV	A	2:29.91
1) Hong, Serena 10	2) Anderson, Hayley 10	
3) Thompson, Kaylee 10	4) Meisner, Olivia 10	
38.19		
6 WI-WI	B	2:34.38
1) Loyola, Ella 10	2) Gibson, Nora 10	
3) Burke, Elizabeth 9	4) Mager, Lauren 10	
39.79		
7 LE-LE	A	2:36.43
1) Badziong, Zoe 10	2) Sederland, Mackenzie 10	
3) Horvath, Caroline 10	4) Lydek, Evelyn 10	
40.16		
8 MI-MI	B	2:38.72
1) Inniger, Mary 10	2) Saski, Annaliese 10	
3) Lindsey, Brooke 10	4) Weishaar, Olivia 10	
46.48		
--- MN-MN	B	DQ
Early take-off swimmer #4		
1) Wolf, Adelaide 10	2) Wensmann, Isla 9	
3) Robertson, Riley 10	4) Goldsmith, Makenna 10	
39.82		

Event 78 Boys 10 & Under 200 LC Meter Medley Relay

Meet Rec: 2:14.60 M 1/1/2019 IL

Vatev, Venslaukas, McMillan, Karasek

Team	Relay	Finals Time
1 WI-WI	A	2:21.49
1) Misany, Adino 10	2) Brown, Grant 10	
3) Doescher, Klay 10	4) Clark, Kaelum 10	

2 MN-MN	A	2:23.18
1) Bauer, Richie 10	2) Hedberg, Anders 9	
3) Rannow, Ben 10	4) Jiang, William 10	
52.48		
3 WI-WI	B	2:28.20
1) Butters, Luke 9	2) Mejos, Ziggy Nesta 10	
3) Vasam, Varun 10	4) Komassa, Chase 10	
37.73		
4 MN-MN	B	2:29.44
1) Gustafson, John 10	2) Egbers, Jogi 10	
3) Singer, Frank 10	4) Sayer, Luke 9	
38.50		
5 IA-IA	A	2:30.73
1) Mintle, Easton 9	2) Fausch, Zach 10	
3) Steven, Adrian 10	4) Beimborn, Luke 10	
39.10		
6 LE-LE	A	2:30.98
1) Kaufman, Lincoln 10	2) Sands, Oliver 10	
3) Herb, Aaden 10	4) Schmidt, Carson 10	
38.56		
7 MI-MI	A	2:31.34
1) Foreman, Torrian 9	2) Le, August 10	
3) Duong, Mason 10	4) Rishe, Calen 10	
40.41		
8 MV-MV	A	2:37.05
1) Lee, Felix 10	2) Martin, Connor 10	
3) Messenger, Jonny 10	4) Huntsman, Cash 9	
39.44		

Event 79 Girls 10 & Under 50 LC Meter Freestyle

Meet Rec: 29.52 M 2014

Yvonne Jia

32.79 AAA

35.59 A

Name	AgeTeam	Finals Time
1 Cain, Evyn	10 WI-WI	31.19 AAA
2 Grotenhuis, Daphne	10 WI-WI	31.64 AAA
*3 Wolf, Adelaide	10 MN-MN	32.10 AAA
*3 Molter, Nola	10 MI-MI	32.10 AAA
5 Liudahl, Kaitlyn	10 MN-MN	32.25 AAA
6 Woodward, Olivia	10 IA-IA	32.31 AAA
7 Lambert, Cypress	10 WI-WI	32.50 AAA
8 Goldsmith, Makenna	10 MN-MN	32.54 AAA
9 Lydek, Evelyn	10 LE-LE	32.61 AAA
10 Kelley, Kirsten	10 MI-MI	32.64 AAA
11 Meisner, Olivia	10 MV-MV	32.66 AAA
12 Anderson, Hayley	10 MV-MV	32.72 AAA
13 Zechmeister, Annie	10 MN-MN	32.94 A
14 Luehmann, Charlee	10 WI-WI	33.13 A
15 Lorence, Norah	10 MN-MN	33.25 A
16 Horvath, Caroline	10 LE-LE	33.73 A
17 Lardo, Grace	10 MI-MI	33.90 A
18 Hornung, Harper	10 IA-IA	34.05 A
19 Alanen, Alivia	10 MN-MN	34.39 A



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Results - Saturday 10&U Midday

Event 80 Boys 10 & Under 50 LC Meter Freestyle

Meet Rec: 27.71 M 1/1/1995 Kristopher Humphries

32.79 AAA

35.49 A

Name	AgeTeam	Finals Time
1 Herb, Aaden	10 LE-LE	30.26 AAA
2 Doescher, Klay	10 WI-WI	30.58 AAA
3 Misany, Adino	10 WI-WI	30.67 AAA
4 Jiang, William	10 MN-MN	31.80 AAA
*5 Bauer, Richie	10 MN-MN	31.86 AAA
*5 Egbers, Jogi	10 MN-MN	31.86 AAA
7 Rishe, Calen	10 MI-MI	31.90 AAA
8 Rannow, Ben	10 MN-MN	32.07 AAA
9 Le, August	10 MI-MI	32.21 AAA
10 Martin, Connor	10 MV-MV	32.50 AAA
11 Gustafson, John	10 MN-MN	32.53 AAA
12 Lee, Felix	10 MV-MV	32.85 A
13 Mintle, Easton	9 IA-IA	33.12 A
14 Beimborn, Luke	10 IA-IA	33.22 A
15 Sayer, Luke	9 MN-MN	33.63 A
16 Singer, Frank	10 MN-MN	33.98 A
17 Sands, Oliver	10 LE-LE	34.83 A
18 Vasam, Varun	10 WI-WI	36.43
19 Heidgerken, Charlie	10 MN-MN	36.44
--- Fry, Riley	10 MN-MN	DQ
False start		
--- Butters, Luke	9 WI-WI	DFS
Declared false start		

Event 81 Girls 10 & Under 200 LC Meter IM

Meet Rec: 2:38.01 M 2012 Courtney Connolly

2:59.59 AAA

3:17.09 A

Name	AgeTeam	Finals Time
1 Sledge, Emmersyn	10 IA-IA	2:49.11 AAA
36.20		
2 Burke, Elizabeth	9 WI-WI	2:58.61 AAA
38.57		
3 Zechmeister, Annie	10 MN-MN	2:58.66 AAA
37.30		
4 Saski, Annaliese	10 MI-MI	3:00.26 A
38.40		
5 Hong, Serena	10 MV-MV	3:00.61 A
37.37		
6 Hornung, Harper	10 IA-IA	3:00.68 A
39.53		
7 Robertson, Riley	10 MN-MN	3:04.55 A
40.02		
8 Redding, Abby	10 WI-WI	3:07.22 A
44.06		

9 Meisner, Olivia	10 MV-MV	3:07.59 A
40.86		
10 Sederland, Mackenzie	10 LE-LE	3:10.27 A
42.38		
11 Badziong, Zoe	10 LE-LE	3:19.54
49.31		
--- Inniger, Mary	10 MI-MI	DFS
Declared false start - Misc		

Event 82 Boys 10 & Under 200 LC Meter IM

Meet Rec: 2:36.22 M 1/1/1995 Kristopher Humphries

2:58.39 AAA

3:15.39 A

Name	AgeTeam	Finals Time
1 Brown, Grant	10 WI-WI	2:41.99 AAA
36.41		
2 Clark, Kaelum	10 WI-WI	2:48.60 AAA
36.58		
3 Herb, Aaden	10 LE-LE	2:52.03 AAA
37.81		
4 Steven, Adrian	10 IA-IA	2:56.21 AAA
36.88		
5 Hedberg, Anders	9 MN-MN	2:57.15 AAA
41.08		
6 Oeltjenbruns, Lars	10 MN-MN	2:58.73 A
40.00		
7 Butters, Luke	9 WI-WI	2:58.75 A
40.53		
8 Mejos, Ziggy Nesta	10 WI-WI	3:00.66 A
39.93		
9 Mintle, Easton	9 IA-IA	3:01.81 A
39.87		
10 Le, August	10 MI-MI	3:04.29 A
41.78		
11 Casto, Levi	10 MI-MI	3:10.89 A
42.71		
--- Kaufman, Lincoln	10 LE-LE	DQ
Alternating Kick - fly		
42.80		
--- Messenger, Jonny	10 MV-MV	DFS
Declared false start - Misc		

Event 83 Girls 10 & Under 100 LC Meter Backstroke

Meet Rec: 1:11.66 M 2012 Regan Smith

1:23.89 AAA

1:32.69 A

Name	AgeTeam	Finals Time
1 Solt, Josey	10 MN-MN	1:15.55 AAA
36.65		
2 Sledge, Emmersyn	10 IA-IA	1:16.38 AAA
36.32		



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Results - Saturday 10&U Midday

(Event 83 Girls 10 & Under 100 LC Meter Backstroke)

Name	AgeTeam	Finals Time	
3 Cain, Evyn	10 WI-WI	1:18.16	AAA
37.61			
4 Anderson, Hayley	10 MV-MV	1:21.04	AAA
39.57			
5 Hong, Serena	10 MV-MV	1:22.03	AAA
39.07			
6 Zechmeister, Annie	10 MN-MN	1:23.16	AAA
39.36			
7 Lambert, Cypress	10 WI-WI	1:23.52	AAA
40.95			
8 Goldsmith, Makenna	10 MN-MN	1:24.15	A
40.28			
9 Burke, Elizabeth	9 WI-WI	1:25.05	A
40.35			
10 Sederland, Mackenzie	10 LE-LE	1:25.53	A
41.72			
11 Saski, Annaliese	10 MI-MI	1:25.92	A
41.37			
12 Wensmann, Isla	9 MN-MN	1:26.04	A
41.96			
13 Badziong, Zoe	10 LE-LE	1:26.56	A
41.33			
14 Weishaar, Olivia	10 MI-MI	1:27.36	A
41.36			
15 Garnaas, Ava	10 IA-IA	1:27.79	A
41.95			
16 Thompson, Kaylee	10 MV-MV	1:28.80	A
42.29			

Event 84 Boys 10 & Under 100 LC Meter Backstroke

Meet Rec: 1:10.47 M 1/1/2016 Chase Swearingen
 1:22.89 AAA
 1:30.99 A

Name	AgeTeam	Finals Time	
1 Misany, Adino	10 WI-WI	1:18.91	AAA
37.47			
2 Jiang, William	10 MN-MN	1:20.86	AAA
39.04			
3 McQueen, Willem	10 WI-WI	1:22.51	AAA
39.17			
4 Kaufman, Lincoln	10 LE-LE	1:22.84	AAA
42.43			
5 Butters, Luke	9 WI-WI	1:22.96	A
40.50			
6 Fry, Riley	10 MN-MN	1:24.21	A
39.87			
7 Steven, Adrian	10 IA-IA	1:24.50	A
41.08			
*8 Fry, Eli	10 MN-MN	1:25.06	A
40.56			

*8 Rische, Calen	10 MI-MI	1:25.06	A
40.86			
10 Messenger, Jonny	10 MV-MV	1:26.27	A
42.24			
11 Beimborn, Luke	10 IA-IA	1:28.63	A
43.33			
12 Schmidt, Carson	10 LE-LE	1:29.11	A
43.57			
13 Martin, Connor	10 MV-MV	1:30.19	A
43.45			
14 Sayer, Luke	9 MN-MN	1:31.04	
44.39			
15 Foreman, Torrian	9 MI-MI	1:31.64	
43.24			

Event 85 Girls 10 & Under 200 LC Meter Freestyle

Meet Rec: 2:19.56 M 2012 Samantha Lighty
 2:39.79 AAA
 2:56.29 A

Name	AgeTeam	Finals Time	
1 Solt, Josey	10 MN-MN	2:28.44	AAA
33.99 1:11.89			
2 Lindsey, Brooke	10 MI-MI	2:34.92	AAA
34.45 1:14.19			
3 Anderson, Hayley	10 MV-MV	2:38.34	AAA
35.57 1:15.21			
4 Lambert, Cypress	10 WI-WI	2:38.47	AAA
35.85 1:17.44			
5 Hornung, Harper	10 IA-IA	2:39.13	AAA
36.86 1:18.78			
6 Lydek, Evelyn	10 LE-LE	2:39.98	A
36.77 1:18.46			
7 Wolf, Adelaide	10 MN-MN	2:41.82	A
36.58 1:18.19			
8 Horvath, Caroline	10 LE-LE	2:43.20	A
36.56 1:18.70			
9 Brons, Josie	10 IA-IA	2:44.22	A
37.23 1:19.78			
10 Loyola, Ella	10 WI-WI	2:46.85	A
37.49 1:20.04			
11 Weishaar, Olivia	10 MI-MI	2:47.93	A
38.01 1:20.67			
12 Cox, Malayna	10 MV-MV	2:54.04	A
37.74 1:24.01			

Event 86 Boys 10 & Under 200 LC Meter Freestyle

Meet Rec: 2:17.94 M 1/1/2014 Andrew Rogers
 2:36.59 AAA
 2:50.79 A

Name	AgeTeam	Finals Time	
1 Brown, Grant	10 WI-WI	2:25.16	AAA
33.53 1:10.86			



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Results - Saturday 10&U Midday

(Event 86 Boys 10 & Under 200 LC Meter Freestyle)

Name	AgeTeam	Finals Time	
2 Clark, Kaelum	10 WI-WI	2:29.60	AAA
33.95	1:12.28		
3 Rishe, Calen	10 MI-MI	2:33.40	AAA
33.47	1:12.94		
4 Doescher, Klay	10 WI-WI	2:35.09	AAA
35.00	1:13.51		
5 Martin, Andrew	10 MI-MI	2:36.67	A
36.92	1:17.18		
6 Steven, Adrian	10 IA-IA	2:36.71	A
36.13	1:15.26		
7 Jiang, William	10 MN-MN	2:36.85	A
35.67	1:16.18		
8 Mintle, Easton	9 IA-IA	2:37.32	A
36.64	1:16.64		
9 Nguyen, Theo	10 MN-MN	2:40.32	A
36.08	1:17.29		
10 Butters, Luke	9 WI-WI	2:41.90	A
37.53	1:18.63		
11 Sneeringer, Asher	10 LE-LE	2:50.61	A
38.73	1:22.41		
12 Bray, Zico	10 LE-LE	2:54.00	
40.33	1:25.37		

Event 87 Girls 10 & Under 100 LC Meter Breaststroke

Meet Rec: 1:20.22 M 1/1/2016 Leah Hayes

1:34.89 AAA

1:44.89 A

Name	AgeTeam	Finals Time	
1 Wensmann, Isla	9 MN-MN	1:31.84	AAA
43.26			
2 Brinkman, Jane	10 MN-MN	1:34.41	AAA
45.26			
3 Redding, Abby	10 WI-WI	1:34.56	AAA
45.97			
4 Chang, Junia	10 MI-MI	1:35.12	A
44.74			
5 Gibson, Nora	10 WI-WI	1:36.80	A
44.40			
6 Qualley, Reagan	9 IA-IA	1:38.35	A
45.73			
7 Meisner, Olivia	10 MV-MV	1:39.74	A
47.81			
8 Sederland, Mackenzie	10 LE-LE	1:39.79	A
47.95			
9 Brons, Josie	10 IA-IA	1:40.71	A
48.51			
10 Garnaas, Ava	10 IA-IA	1:41.47	A
47.64			
11 Accad, Emily	9 MI-MI	1:42.55	A
49.26			

12 Molter, Nola 10 MI-MI 1:45.78
48.46

Event 88 Boys 10 & Under 100 LC Meter Breaststroke

Meet Rec: 1:22.92 M 1/1/2012 Grant Johnson

1:33.79 AAA

1:42.69 A

Name	AgeTeam	Finals Time	
1 Brown, Grant	10 WI-WI	1:27.25	AAA
41.17			
2 Doescher, Klay	10 WI-WI	1:29.83	AAA
43.37			
3 Egbers, Jogi	10 MN-MN	1:32.10	AAA
43.66			
4 Hedberg, Anders	9 MN-MN	1:34.10	A
45.38			
5 Oeltjenbruns, Lars	10 MN-MN	1:34.59	A
45.59			
6 Fausch, Zach	10 IA-IA	1:34.64	A
44.26			
7 Casto, Levi	10 MI-MI	1:35.68	A
44.86			
8 Sands, Oliver	10 LE-LE	1:35.91	A
45.59			
9 Mejos, Ziggy Nesta	10 WI-WI	1:36.20	A
44.53			
10 Heidgerken, Charlie	10 MN-MN	1:37.41	A
45.48			
11 Duong, Mason	10 MI-MI	1:38.12	A
46.96			
12 Kaufman, Lincoln	10 LE-LE	1:38.44	A
47.63			
13 Lee, Felix	10 MV-MV	1:45.53	
47.80			

Event 89 Girls 10 & Under 100 LC Meter Butterfly

Meet Rec: 1:09.36 M 1/1/2018 Raquel Maldonado

1:24.59 AAA

1:35.99 A

Name	AgeTeam	Finals Time	
1 Cain, Evyn	10 WI-WI	1:15.12	AAA
34.90			
2 Solt, Josey	10 MN-MN	1:19.74	AAA
37.73			
3 Sledge, Emmersyn	10 IA-IA	1:21.09	AAA
38.45			
4 Hong, Serena	10 MV-MV	1:23.96	AAA
39.65			
5 Alanen, Alivia	10 MN-MN	1:25.29	A
40.46			
6 Burke, Elizabeth	9 WI-WI	1:25.82	A
39.61			



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Results - Saturday 10&U MIDDAY

(Event 89 Girls 10 & Under 100 LC Meter Butterfly)

Name	AgeTeam	Finals Time	
7 Gevock, Trinity	10 IA-IA	1:27.05	A
40.65			
8 Horvath, Caroline	10 LE-LE	1:29.59	A
39.81			
9 Mager, Lauren	10 WI-WI	1:29.60	A
42.03			
10 Accad, Emily	9 MI-MI	1:31.44	A
42.49			
11 Roberts, Liesl	9 MI-MI	1:31.51	A
40.74			
12 Thompson, Kaylee	10 MV-MV	1:33.72	A
40.87			
13 Yap, Kahli	10 LE-LE	1:33.78	A
39.61			
--- Inniger, Mary	10 MI-MI	DFS	
Declared false start			

Event 90 Boys 10 & Under 100 LC Meter Butterfly

Meet Rec: 1:07.94 M 1/1/2012 Carson Foster

1:23.59 AAA

1:34.49 A

Name	AgeTeam	Finals Time	
1 Clark, Kaelum	10 WI-WI	1:14.85	AAA
35.99			
2 Herb, Aaden	10 LE-LE	1:18.02	AAA
36.39			
3 Komassa, Chase	10 WI-WI	1:18.34	AAA
37.59			
4 Vasam, Varun	10 WI-WI	1:18.63	AAA
36.31			
5 Singer, Frank	10 MN-MN	1:24.45	A
39.97			
6 Martin, Andrew	10 MI-MI	1:25.72	A
41.06			
7 Messenger, Jonny	10 MV-MV	1:28.35	A
8 Le, August	10 MI-MI	1:28.80	A
40.42			
9 Egbers, Jogi	10 MN-MN	1:29.78	A
40.62			
10 Seither, Bennie	10 LE-LE	1:31.60	A
--- Misany, Adino	10 WI-WI	DFS	
Declared false start			

