

2024 Zones		
Saturday, Aug 10th- Session 7 11&O Finals est 5:00pm		
Circle Warm Up 1: open at 4:00 est		
One way Starts Warm Up 2: 4:30 est		
Teams	Athletes	Lane
Wisconsin	62	
Minnesota	66	
Michigan	43	
Missouri Valley	28	
Lake Erie	34	
Iowa	19	
	252	
Forward starts	at North end	4,5
Forward starts	at South end	3,6
Backstroke Starts	at North end	2&7
Pace		1,8&9
IASI LCM Max Participants:		
13 and Over		34 athletes
12 and Under		41 athletes
PROGRAM POOL will open at 4:30pm and open thru competition		