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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MANTA RAYS SWIM TEAM PARENT CODE OF CONDUCT

Purpose:

The purpose of a code of conduct for parents/guardians is to establish consistent expectations for behavior by parents. This form also contains consent and authorization for participation in Manta Rays Swim Team, Photo Release and authorization to treat in a medical emergency.

Athletes will not be allowed to participate until there is a signed form on file for each family.

As a parent/guardian of a Manta Rays Swim Team Member, I WILL:

- Set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- Get involved by volunteering beyond swim meets whenever possible, observing practices, cheering at meets, talking with my child and their coach about their progress.
- Refrain from coaching my child from the stands during practices or meets.
- Support the decisions of my swimmer's coaches, even if I have a different agenda.
- Understand that criticizing, name-calling, use of abusive language or gestures directed towards coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- Respect the integrity of the officials.
- Direct my concerns first to my swimmer's coach; then if not satisfied to the Aquatics Director.
- Keep myself and my swimmer informed of swim team activities and events.
- Help my swimmer plan, set, strive and achieve reasonable goals for their age and ability.
- Communicate with my swimmer's coaches frequently if my swimmer has conflicts with practices, meets, etc... A lack of attendance and communication will be viewed as a lack of commitment.
- Get your swimmers to practice on time (that means ready to swim, equipment and self) to all practices. This is very important as our time is limited and there is much to cover each and every practice session.
- Check in properly at the YMCA Welcome Center if practicing at the YMCA.
- Listen to and respect all YMCA staff (i.e. coaches, life guards, building supervisors, and other staff).
- Provide positive support and encouragement for my swimmer.
- Place the emotional and physical well-being of my child ahead of my desire to see my child succeed.
- Observe all YMCA and Carver Swim Center swimming pool rules. Swimmers should not be in the water for REC/Family swim prior to practice times.
- Observe all YMCA/Facility rules and Manta Rays Swim Team Policies both home and away.
- Use locker rooms only for their intended purposes. Respect others who may be using the locker rooms at the same time. Damage to locker rooms or other facilities at any swimming





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site will be assessed to the responsible swimmer's family. Offending swimmers will be will be ejected, and may be dismissed from the team and/or expelled from use of the YMCA.

- Swim team coaches are not babysitters, nor are other YMCA personnel. Each swimmer at any practice or swimming meet, home or away, should be under the supervision of an adult. Parents or guardians unable to attend with their swimmer(s) need to make arrangements for the child's supervision. This includes siblings that are not participating in practices or meets.
- Complete meet entry information in a timely manner. Meet sign up, along with entry deadlines and payment information will be emailed throughout the season. There will be no blanket or "default" entries to any of our meets. All swimmers must enter each meet they desire to swim in by filling out the proper entry form for that swimming meet. If you are unsure of what to enter, please ask a coach. E-mail reminders concerning entry deadlines will be sent, but the responsibility of entering meets on time rest with each family. **Late or phone in entries will NOT be accepted, no exceptions!**

On swim meet days:

- **AT HOME or AWAY:** Arrive and check in with the coaches, unless instructed otherwise, at least 15 minutes before our scheduled warm-up time.
- Tell the head coach if you have to leave a meet before you complete all of the events you have entered. This is especially important if you are entered in a relay and cannot swim in that relay. Relay swimmers who "stand up" their teammates may be dropped from consideration for relay competition at the sectional, state, or regional levels.
- Clean up the holding areas before leaving the swimming meet. Wipe up spills and throw away trash in proper waste containers. This means **EVERYONE**. At our home swimming meets, remember that any food and drink other than water is to stay in the cafeteria and commons. PLEASE do not bring food and drink, other than water, into any other area of the building. For away meets, please eat in designated areas. Please respect the rules of our host facilities at all times.
- Make sure to take all personal belongings with you when you leave any practice or swim meet. YMCAs usually maintain "Lost and Found" areas, but please do not depend on your missing items being there.

Any parent/guardian who disrupts a practice or a meet, damages the property of others, or threatens, intimidates, or injures others will be ejected. A second incident, of any sort, will be cause for dismissal from the team. Courtesy, citizenship, and sportsmanship are as fundamental to the YMCA competitive swimming program as stroke technique and speed. These qualities derive naturally from the YMCA core values: Caring, Honesty, Respect, and Responsibility. Please follow these rules and remember, when we are at other YMCA's and facilities we will be representing ourselves, our families, and our own Swim Team. Let's have fun, but let's also respect others and others' property.



MANTA RAYS SWIM TEAM
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