

2025 IA DASH Giving Thanks Invitational - 11/21/2025 to 11/23/2025
2025 IA DASH Giving Thanks Invitational
Session Report

Session: 1 Friday Evening

Warm-ups at 04:30 / Competition at 05:30 PM

Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 500 Freestyle	49	7 u	05:30 PM	_____
Finals	2 Boys 11 & Over 500 Freestyle	43	6 u	06:20 PM	_____
Finals	3 Girls 10 & Under 500 Freestyle	7	1 u	06:59 PM	_____
Finals	4 Boys 10 & Under 500 Freestyle	9	2 u	07:09 PM	_____
Finals	5 Girls 11 & Over 400 IM	24	3 u	07:29 PM	_____
Finals	6 Boys 11 & Over 400 IM	20	3 u	07:47 PM	_____
	Swimmers Counts for Warm-ups: 147	=====	=====		
	Entry / Heat Totals:	152	22		
	Finish Time			08:04 PM	_____

D.A.S.H.

2025 IA DASH Giving Thanks Invitational - 11/21/2025 to 11/23/2025
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Session Report

Session: 2 Saturday Morning Prelims

Warm-ups; Group ONE at 09:00 AM, Group TWO at 09:40 AM / Competition at 10:30 AM

Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	23 Girls 11 & Over 200 IM	81	11 u	10:30 AM	_____
Prelims	24 Boys 11 & Over 200 IM	39	5 u	11:04 AM	_____
Prelims	25 Girls 11 & Over 100 Freestyle	107	14 u	11:18 AM	_____
Prelims	26 Boys 11 & Over 100 Freestyle	100	13 u	11:40 AM	_____
Prelims	27 Girls 11 & Over 100 Breaststroke	85	11 u	11:59 AM	_____
Prelims	28 Boys 11 & Over 100 Breaststroke	63	8 u	12:19 PM	_____
Prelims	29 Girls 11 & Over 100 Backstroke	83	11 u	12:33 PM	_____
Prelims	30 Boys 11 & Over 100 Backstroke	69	9 u	12:55 PM	_____
Prelims	31 Girls 11 & Over 100 Butterfly	49	7 u	01:11 PM	_____
Prelims	32 Boys 11 & Over 100 Butterfly	38	5 u	01:22 PM	_____
Prelims	33 Girls 11 & Over 50 Freestyle	133	17 u	01:29 PM	_____
Prelims	34 Boys 11 & Over 50 Freestyle	103	13 u	01:44 PM	_____
	Swimmers Counts for Warm-ups: 330	=====	=====		
	Entry / Heat Totals:	950	124		
	Finish Time			01:54 PM	_____

D.A.S.H.

2025 IA DASH Giving Thanks Invitational - 11/21/2025 to 11/23/2025
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Session Report

Session: 3 Saturday Afternoon 10 & Under

Warm-ups at 02:00 PM / Competition at 02:50 PM

Heat Interval: 30 Seconds / Back +15 Seconds

(Combined events listed below will swim the slowest heat of girls event following other heats of girls w/slowest heat of boys event.)

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 10 & Under 100 IM	43	6 u	02:50 PM	_____
Finals	8 Boys 10 & Under 100 IM	24	3 u	03:04 PM	_____
Finals	9 Girls 10 & Under 50 Freestyle	76	10 u	03:11 PM	_____
Finals	10 Boys 10 & Under 50 Freestyle	46	6 u	03:24 PM	_____
Finals	11 Girls 10 & Under 50 Breaststroke	44	6 u	03:31 PM	_____
Finals	12 Boys 10 & Under 50 Breaststroke	27	4 u	03:40 PM	_____
Finals	13 Girls 10 & Under 50 Backstroke	69	9 u	03:46 PM	_____
Finals	14 Boys 10 & Under 50 Backstroke	42	6 u	04:00 PM	_____
Finals	15 Girls 10 & Under 50 Butterfly	34	5 u	04:09 PM	_____
Finals	16 Boys 10 & Under 50 Butterfly	11	2 u	04:16 PM	_____
Finals	17 Girls 10 & Under 100 Freestyle	43	6 u	04:19 PM	_____
Finals	18 Boys 10 & Under 100 Freestyle	39	5 u	04:33 PM	_____
Finals	19 & 20 Girls & Boys 8 & Under 100 Medley Relay	1/1	1 u	04:43 PM	_____
Finals	21 & 22 Girls & Boys 10 & Under 200 Medley Relay	9/6	2 u	04:45 PM	_____
Swimmers Counts for Warm-ups: 144		=====	=====		
Entry / Heat Totals:		515	71		
Finish Time				04:54 PM	_____

D.A.S.H.

2025 IA DASH Giving Thanks Invitational - 11/21/2025 to 11/23/2025
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Session Report

Session: 4 Saturday Evening Finals

Warm-ups at 05:00 PM / Competition at 06:00 PM

Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Girls 11 & Over 200 IM	40	5 u	06:00 PM	_____
Finals	24 Boys 11 & Over 200 IM	39	5 u	06:17 PM	_____
Finals	25 Girls 11 & Over 100 Freestyle	40	5 u	06:34 PM	_____
Finals	26 Boys 11 & Over 100 Freestyle	40	5 u	06:43 PM	_____
Finals	27 Girls 11 & Over 100 Breaststroke	40	5 u	06:47 PM	_____
Finals	28 Boys 11 & Over 100 Breaststroke	40	5 u	07:03 PM	_____
Finals	29 Girls 11 & Over 100 Backstroke	40	5 u	07:14 PM	_____
Finals	30 Boys 11 & Over 100 Backstroke	40	5 u	07:25 PM	_____
Finals	31 Girls 11 & Over 100 Butterfly	40	5 u	07:36 PM	_____
Finals	32 Boys 11 & Over 100 Butterfly	38	5 u	07:47 PM	_____
Finals	33 Girls 50 Freestyle Super Quarter-final	8	1	07:56 PM	_____
Finals	34 Boys 50 Freestyle Super Quarter-final	8	1	07:58 PM	_____
Finals	Girls 11 & 12 50 Freestyle	16	2 u	08:00 PM	_____
Finals	Boys 11 & 12 50 Freestyle	16	2 u	08:05 PM	_____
Finals	Girls 50 Freestyle Super Semifinal	4	1	08:13 PM	_____
Finals	Boys 50 Freestyle Super Semifinal	4	1	08:15 PM	_____
Finals	Girls 13 & Over 50 Freestyle	24	3	08:17 PM	_____
Finals	Boys 13 & Over 50 Freestyle	24	3	08:22 PM	_____
Finals	Girls 50 Freestyle Super FINAL	2	1	08:27 PM	_____
Finals	Boys 50 Freestyle Super FINAL	2	1	08:30 PM	_____
	Swimmers Counts for Warm-ups: TBD	=====	=====		
	Entry / Heat Totals:	505	66		
	Finish Time			08:32 PM	_____

D.A.S.H.

2025 IA DASH Giving Thanks Invitational - 11/21/2025 to 11/23/2025
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Session Report

Session: 5 Sunday Morning 10 & Under

Warm-ups at 07:30 AM / Starts at 08:20 AM

Heat Interval: 30 Seconds / Back +15 Seconds

(Combined events listed below will swim the slowest heat of girls event following other heats of girls w/slowest heat of boys event.)

Round	Event	Entries	Heats	Starts at	
Finals	35 Girls 10 & Under 200 IM	21	3 u 08:20 AM	_____	
Finals	36 Boys 10 & Under 200 IM	15	2 u 08:34 AM	_____	
Finals	37 Girls 8 & Under 25 Butterfly	11	2 u 08:42 AM	_____	
Finals	38 Boys 8 & Under 25 Butterfly	8	1 u 08:44 AM	_____	
Finals	39 & 40 Girls & Boys 10 & Under 100 Butterfly	10/10	3 u 08:45 AM	_____	
Finals	41 Girls 8 & Under 25 Backstroke	17	3 u 08:52 AM	_____	
Finals	42 Boys 8 & Under 25 Backstroke	15	2 u 08:56 AM	_____	
Finals	43 Girls 10 & Under 100 Backstroke	43	6 u 08:58 AM	_____	
Finals	44 Boys 10 & Under 100 Backstroke	23	3 u 09:13 AM	_____	
Finals	45 Girls 8 & Under 25 Breaststroke	10	2 u 09:21 AM	_____	
Finals	46 Boys 8 & Under 25 Breaststroke	14	2 u 09:23 AM	_____	
Finals	47 Girls 10 & Under 100 Breaststroke	32	4 u 09:25 AM	_____	
Finals	48 Boys 10 & Under 100 Breaststroke	21	3 u 09:35 AM	_____	
Finals	49 Girls 8 & Under 25 Freestyle	17	3 u 09:42 AM	_____	
Finals	50 Boys 8 & Under 25 Freestyle	15	2 u 09:45 AM	_____	
Finals	51 & 52 Girls & Boys 10 & Under 200 Freestyle	28/25	7 u 09:47 AM	_____	
Finals	53 & 54 Girls & Boys 8 & Under 100 Freestyle Relay	3/2	1 u 10:11 AM	_____	
Finals	55 Girls 10 & Under 200 Freestyle Relay	7	1 u 10:14 AM	_____	
Finals	56 Boys 10 & Under 200 Freestyle Relay	4	1 u 10:18 AM	_____	
Swimmers Counts for Warm-ups: 110		=====	=====		
Entry / Heat Totals:		351	51		
Finish Time			10:22 AM	_____	

D.A.S.H.

2025 IA DASH Giving Thanks Invitational - 11/21/2025 to 11/23/2025
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Session Report

Session: 6 Sunday Afternoon

Warm-ups; Group ONE at 10:30 AM, Group TWO at 11:10 AM / Competition at Noon

Heat Interval: 15 Seconds / Back +15 Seconds

(Combined events listed below will swim the slowest heat of girls event following other heats of girls w/slowest heat of boys event.)

Round	Event	Entries	Heats	Starts at	
Finals	57 & 58 Girls & Boys 11 & Over 200 Medley Relay	25/17	6 u 12:00 PM		_____
Finals	59 & 60 Girls & Boys 11 & Over 200 Butterfly	11/19	4 u 12:17 pm		_____
Finals	61 Girls 11 & Over 50 Backstroke	93	12 u 12:29 PM		_____
Finals	62 Boys 11 & Over 50 Backstroke	58	8 u 12:43 PM		_____
Finals	63 Girls 11 & Over 200 Freestyle	56	7 u 12:52 PM		_____
Finals	64 Boys 11 & Over 200 Freestyle	55	7 u 01:11 PM		_____
Finals	65 Girls 11 & Over 100 IM	94	12 u 01:29 PM		_____
Finals	66 Boys 11 & Over 100 IM	52	7 u 01:49 PM		_____
Finals	67 Girls 11 & Over 200 Breaststroke	39	5 u 02:00 PM		_____
Finals	68 Boys 11 & Over 200 Breaststroke	34	5 u 02:16 PM		_____
Finals	69 Girls 11 & Over 50 Butterfly	79	10 u 02:32 PM		_____
Finals	70 Boys 11 & Over 50 Butterfly	59	8 u 02:40 PM		_____
Finals	71 & 72 Girls & Boys 11 & Over 200 Backstroke	46/33	10 u 02:48 PM		_____
Finals	73 Girls 11 & Over 50 Breaststroke	92	12 u 03:18 PM		_____
Finals	74 Boys 11 & Over 50 Breaststroke	62	8 u 03:30 PM		_____
Finals	277 & 278 Girls & Boys 11-12 1000 Freestyle	9/3	2 u 03:38 PM		_____
Finals	75 & 76 Girls & Boys 11 & Over 200 Freestyle Relay	26/17	6 u 04:10 PM		_____
Finals	77 & 78 Girls & Boys 13 & Over 1000 Freestyle	21/19	5 u 04:23 PM		_____
	Swimmers Counts for Warm-ups: 272	=====	=====		
	Entry / Heat Totals:	1,019	134		
	Finish Time		05:23 PM		_____