

3 Heats of swimmers will be lined up on the Ready Wall and will advance one position forward towards the blocks after the start of each race.

Swimmers enter from the gym when their event is called to the Ready Wall.

X

6

X

5

X

4

X

3

X

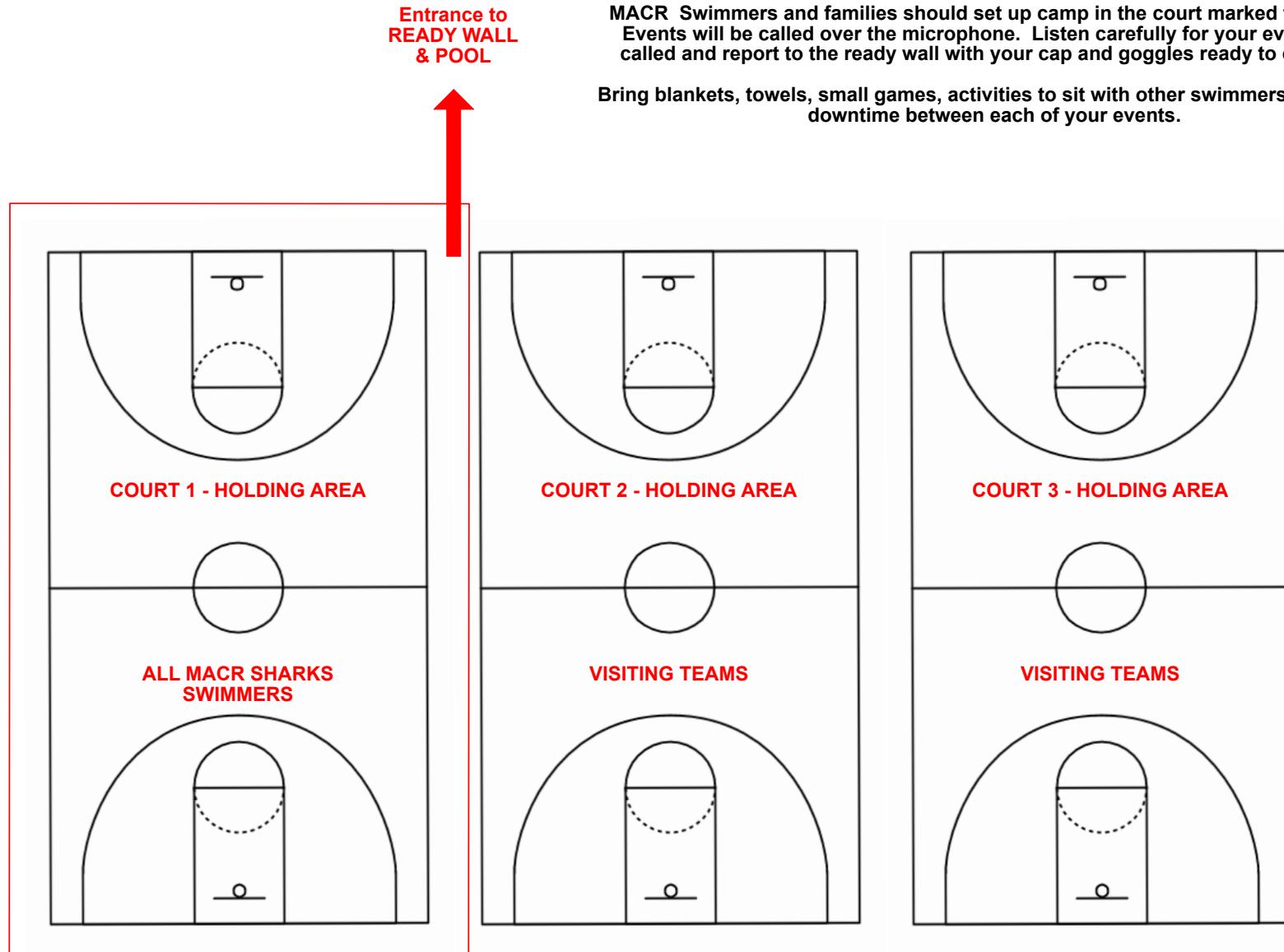
2

X

1



Spectator seating. Please enter and exit when your swimmer is competing to make room for other spectators. No camping out on the bleachers



MACR Swimmers and families should set up camp in the court marked for MACR. Events will be called over the microphone. Listen carefully for your event to be called and report to the ready wall with your cap and goggles ready to compete.

Bring blankets, towels, small games, activities to sit with other swimmers and spend downtime between each of your events.