

Sectional Meet at Muscatine

MEET ANNOUNCEMENT

About the Meet

Date: Sunday, February 11th, 2024

Location: Carver Swim Center at Muscatine High School (2705 Cedar Street Muscatine, IA 52761)

Entry Deadline: Tuesday, February 6th, 2024 (by NOON)

Hosted by: Manta Rays Swim Team

Meet Director: Jocelyn Paxton

Websites: <https://www.teamunify.com/team/ymca-2205/page/hosted-meets>

www.iowaymcaswimming.org

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ABOUT THE MEET

This meet is a closed, inter-association YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is not sanctioned.

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the final entry count.

Facility Opens: 7:30 am

Warm-ups (see assignments below): 8:00-9:15 am

Coaches Meeting: 8:30 am

Officials Meeting: 8:40 am

Timer Meeting: 8:50 am

National Anthem: 9:25 am

Meet Begins: 9:30 am

Warm-Up Assignments **(subject to change based on entries):**

8:00-8:20 am: Muscatine

8:00-8:15: Feet First Entry, circle swims ALL LANES

8:15-8:20: Sprint/Starts ALL LANES

8:25-8:45 am: TBD

8:25-8:40: Feet First Entry, circle swims ALL LANES

8:40-8:45: Sprint/Starts ALL LANES

8:50-9:10 am: TBD

8:50-9:05: Feet First Entry, circle swims ALL LANES

9:05-9:10: Sprint/Starts ALL LANES

INCLEMENT WEATHER/CANCELATION: In the event of dangerous weather, the committee will convene to determine a course of action for the meet. This information will be communicated to coaches via email.



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LOCATION AND FACILITY

Location: Carver Swim Center at Muscatine High School

2705 Cedar Street Muscatine, IA 52761

Emergency Phone Number: 563.263.9996 (Muscatine Community YMCA)

Carver Swim Center is configured as a 6 lane, 25-yard course. Water depth at start is 12 feet (minimum five feet required) and at turn end is 4 feet. IST electronic timing system will be used in conjunction with Meet Manager. The competition course has been certified in accordance with 104.2.2C (4)

Spectator seating is inside the pool area.

COVID-19

The Muscatine Community YMCA and Muscatine High School have taken enhanced health and safety measures – for you, our other guests, volunteers, and our athletes. You must follow all posted instructions while attending this swim meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this swim meet, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 team protocols may be in place for this meet including but not limited to social distancing, face masks, personal space on the pool deck & holding areas, and designated lane & starting positions for warm-ups.

WEB SITE

Manta Rays Team Website: <https://www.teamunify.com/team/ymca-2205/page/hosted-meets>

Iowa YMCA Competitive Swimming & Diving Website: www.iowaymcaswimming.org



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CONTACT INFORMATION

Meet Director: Jocelyn Paxton/jpaxton@muscatiney.org/563.263.9996
Entry Chairperson: Jocelyn Paxton/jpaxton@muscatiney.org
Meet Referee: Justin Allison/muscatineswimclub@gmail.com
Administrative Official: Charity Erwin & Jeff Lussman/muscatineswimclub@gmail.com
Officials Coordinator: Mandy Hunter/mscjacs@gmail.com
State Committee Representative: Megan Fuqua & Jocelyn Paxton

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no "unattached" status in YMCA Swimming.

Age: Athlete age will be determined as of Dec 1 of the competition year. Athletes can be no older than 21 years of age.

Times: There are no time standards for this meet

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, the coach or athlete must notify the meet referee of any disability before competition.

COACH

Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content), APT Training and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport.

Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may



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authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: Each swimmer may enter a total maximum of three (3) individual events and two (2) relays **or** two (2) individual events and three (3) relays. A swimmer may swim in each relay event only once.

INDIVIDUAL EVENTS: Swimmers going into the sectional championship weekend ranked with a Top 8 state time in a particular event will continue to enter as exhibition status in those events. Swimmers not listed in the top 8 can enter events regardless of having a Q time or not. ***It will be the responsibility of the coach to check entries against the updated state top times list and enter those swimmers as exhibition status.***

RELAY EVENTS: There will be no exhibition relays. All relays regardless of Q status will be eligible to score/medal.

Sectionals will continue to be an unsanctioned championship level meet and can count as the 3rd meet required for state/regional eligibility.

TIME STANDARDS: There are no qualifying times to enter the Sectional Meet.

ENTRY FEE: Team payment of \$15 per swimmer due to the State.

Teams should make check payable to: **Iowa YMCA Competitive Swimming, C/O:
Donald Pirrie, 1614 West Mount Vernon Road, Mount Vernon, IA 52314**

ENTRY DEADLINE: Tuesday, February 6th by NOON

ENTRY PROCEDURES: Please use the meet file posted on the Manta Rays Team Website (under the HOSTED MEETS tab) to complete your teams' entries.

Please email your entry files to Jocelyn Paxton at: jpaxton@muscatiney.org

When you email your team entries, please include:

- Zip(SD3 or CL2) file of entries
- PDF of your team entries

All of the YMCA Swim Meets held at Carver Swim Center hosted by the Manta Rays Swim Team will be pre-seeded. No deck entries will be allowed for any of our home swim meets.

VOLUNTEERS/OFFICIALS/TIMERS

EACH TEAM WILL BE REQUIRED TO PROVIDE TIMERS & OFFICIALS



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OFFICIALS: Each team will be required to provide a minimum of one (1) Level 1 or Level 2 certified official for the entire meet. If you have more available officials willing to work during the meet we would appreciate the additional assistance.

TIMERS: Each team will be required to provide a minimum of two (2) timers for their assigned lane for the entire meet. You may coordinate your own schedule for the day but you must submit your schedule and provide a minimum of two (2) people in your lane at all times. All timers should attend the scheduled Timer's meeting.

SIGN-UP PROCEDURE: Please submit your list of timers and officials with your entries by email no later than February 6th to mscjacs@gmail.com. Please include the names of your timers and officials (and their certification level).

ATTIRE: For officials, the attire is white shirts and navy-blue shorts/pants.

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Coaches should check in no later than 8:30 am to obtain their deck pass and team packet.

EVENT CHECK-IN: Staging/Ready Benches will be located in the athlete entrance and in the last section of bleachers on the pool deck. Swimmers should report to staging for their events when their event numbers are posted (event numbers will be posted in all team camp areas and the pool area). Volunteers working the Ready Benches are not responsible for "missed events". Parents are not allowed in Ready Bench areas without authorization from the Meet Director.

IDENTIFICATION: Coaches and meet personnel should wear the provided identification/deck pass. Anyone without proper identification found in restricted areas will be subject to disqualification or ejection.

COACHES MEETING/SCRATCH MEETING: The Coaches/Scratch meeting will be held in the Pool Office foyer (Athlete entrance) at 8:30 am. One coach from each team must attend this meeting.

OFFICIALS AND TIMERS MEETING: Officials Meeting will take place at 8:40 am in the Pool Office foyer. Timers' meeting will take place at 8:50 am in the Pool Office Foyer.

MEET PROCEDURES AND OPERATIONS

MEET COMMITTEE: The Committee will consist of the Meet Director, Meet Referee, Committee Representative and if required, a coach from a visiting team.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a timed finals format. Swimmer's age will be determined as of December 1.

EVENT SEEDING: Events will be seeded Slowest to Fastest. The Meet Referee/Administrative Official reserve the right to combine heats.



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SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") shall not compete in any further individual or relay events unless the athlete and/or coach declares an intent to swim to the Administrative Referee prior to the next scheduled event for the athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups.

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke events & 8u 25-yard events) should remain in the water at the completion of their race until the next heat has begun. Relay swimmers are reminded to exit the water immediately after swimming their leg of the race so they do not trigger touch pads for the next leg.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted in the hallway outside the spectator entrance and to the Meet Mobile app as often as possible.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Meet Committee will arbitrate protests, eligibility issues, safety rules and other issues.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final (USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, meet personnel and working officials. Wristbands or lanyards will be required.
- Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off



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the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.

- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- **Photographs are not allowed to be taken behind the block during competition.**
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted to "camp" in the spectator stands.
- Shaving is not permitted in any areas of the facility.
- Swimming behind or under the bulkhead is strictly prohibited with the exception of swimmers that have competed in long distance events (400 yards or more). Those swimmers will be allowed to "cool down" briefly following their race behind the bulkhead with permission from their coach, meet director/referee. "Warming-up" in the bulkhead area is not allowed.
- Please see map for restricted/off limit areas.

COACH AND OFFICIAL HOSPITALITY: Hospitality will be provided for coaches, officials and limited meet personnel. Hospitality will be located in the Teacher's Lounge, inside the cafeteria. No children or unauthorized personnel allowed in Hospitality.

AWARDS AND RECOGNITION

SCORING: Events will be scored through 8th place* as follows:

Individual Events: 9, 7, 6, 5, 4, 3, 2, 1

Relay Events: 18, 14, 12, 10, 8, 6, 4, 2

**Athletes swimming as exhibition are not eligible for awards or points.*

AWARDS: Medals will be awarded for places 1-3. Ribbons will be awarded for places 4-8. Each swimmer will receive a participation ribbon after 8th place.

RESULTS: Results will be posted in the hallway outside the spectator entrance to the pool as events are completed and scored and published to Meet Mobile as often as possible. Final results will be posted to the Iowa YMCA Swimming Website following the meet.

SPECTATORS

HEAT SHEETS/PROGRAMS: Programs will be available for sale at the pool entrance.

CONCESSION STAND: Concessions will be available in the foyer between the cafeteria and commons.

SEAT SAVING POLICY: "Seat Saving" will not be permitted in spectator seating area.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.



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- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted in restricted areas.
- No smoking, drugs, or alcohol are permitted on the Muscatine High School facility.

TEAM CAMP AREAS

- Camp Areas will be located in the Cafeteria, Commons and Upper Gyms. Spaces will be assigned after entries have been received.
- Each team will have a designated area to "camp" themselves and their belongings, each team is asked to stay within your designated area.
- Coolers, duffle bags, coats, chairs, etc...please do not bring these items into the pool area.
- Each team is responsible to keep their designated area clean and must be free of trash and debris before teams can pick up their awards. Each team should have a minimum of two adults to supervise their designated area at all times.
- Restrooms are located in the foyer in front of the cafeteria (see map).
- Spectator seating is located on the pool deck in the bleachers. **The bleachers in the pool area are not CAMP areas.**
- Please keep all food and drink in designated areas only.
- **All other areas of Muscatine High School are STRICTLY OFF LIMITS, including but not limited to: the main Gym, Girls upper Gym, the Science Wing stairs.**
- Parking is available in the lot on the North-East side of the pool.
- The Manta Rays Swim Team is not responsible for lost, stolen or misplaced items.
- No glass bottles or containers will be allowed in the pool area.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 3 must be signed by each association participating in the meet.

LIABILITY LIMITS: In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.



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If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

EVACUATION PROCEDURE: Please proceed to an emergency exit at the direction of the facility staff. In all other emergency situations, the lifeguard is in charge.

DIRECTIONS

From HWY 61, turn onto Cedar Street. Travel approximately 1 mile. Muscatine High School is on the left. Turn into campus, swimming pool is located on the NW side of the school.

PARKING

Parking available in the lot on the North-East side of the pool.

APPENDIX 1: ORDER OF EVENTS & QUALIFYING TIMES

[HTTPS://WWW.TEAMUNIFY.COM/IYSEC/USERFILES/IMAGE/QUICKUPLOAD/2023---2024-YMCA-STATE-QUALIFICATION-TIMES_019982.PDF](https://www.teamunify.com/iysec/userfiles/image/quickupload/2023---2024-ymca-state-qualification-times_019982.pdf)

This is the last page of the Meet Announcement