

**2024 YMCA North Central Regional Championship - 3/22/2024 to 3/24/2024****Linn Mar Aquatic Center****Session Report**

Session: 1 Friday Night

Day of Meet: 1 Starts at 05:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 11-12 1000 Freestyle	1	1 u	05:45 PM	_____
Finals	2 Boys 11-12 1000 Freestyle	6	1 u	05:57 PM	_____
Finals	3 Girls 13-14 1000 Freestyle	6	1 u	06:11 PM	_____
Finals	4 Boys 13-14 1000 Freestyle	6	1 u	06:24 PM	_____
Finals	5 Girls 15 & Over 1000 Freestyle	8	1 u	06:37 PM	_____
Finals	6 Boys 15 & Over 1000 Freestyle	8	1 u	06:50 PM	_____
Finals	7 Girls 11-12 400 Medley Relay	5	1 u	07:03 PM	_____
Finals	8 Boys 11-12 400 Medley Relay	4	1 u	07:09 PM	_____
	Swimmers Counts for Warm-ups: 70	=====	=====		
	Entry / Heat Totals:	44	8		
	Finish Time			07:16 PM	_____

**2024 YMCA North Central Regional Championship - 3/22/2024 to 3/24/2024****Linn Mar Aquatic Center****Session Report**

Session: 2 Saturday AM 12u

Day of Meet: 2 Starts at 08:10 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 11-12 50 Breaststroke	26	4	08:10 AM	_____
Finals	10 Boys 11-12 50 Breaststroke	17	3	08:15 AM	_____
Finals	11 Girls 8 & Under 100 Freestyle	11	2	08:19 AM	_____
Finals	12 Boys 8 & Under 100 Freestyle	18	3	08:23 AM	_____
Finals	13 Girls 10 & Under 100 Freestyle	43	6	08:29 AM	_____
Finals	14 Boys 10 & Under 100 Freestyle	26	4	08:40 AM	_____
Finals	15 Girls 11-12 100 Freestyle	24	3	08:47 AM	_____
Finals	16 Boys 11-12 100 Freestyle	22	3	08:51 AM	_____
Finals	17 Girls 8 & Under 100 Medley Relay	0	0	08:56 AM	_____
Finals	18 Boys 8 & Under 100 Medley Relay	3	1	08:56 AM	_____
Finals	19 Girls 10 & Under 200 Medley Relay	10	2	08:59 AM	_____
Finals	20 Boys 10 & Under 200 Medley Relay	3	1	09:06 AM	_____
Finals	21 Girls 11-12 200 Medley Relay	14	2	09:09 AM	_____
Finals	22 Boys 11-12 200 Medley Relay	9	2	09:16 AM	_____
Finals	23 Girls 8 & Under 50 Backstroke	17	3	09:23 AM	_____
Finals	24 Boys 8 & Under 50 Backstroke	19	3	09:28 AM	_____
Finals	25 Girls 10 & Under 50 Backstroke	29	4	09:32 AM	_____
Finals	26 Boys 10 & Under 50 Backstroke	24	3	09:38 AM	_____
Finals	27 Girls 11-12 50 Backstroke	31	4	09:42 AM	_____
Finals	28 Boys 11-12 50 Backstroke	28	4	09:48 AM	_____
Finals	29 Girls 8 & Under 100 IM	10	2	09:53 AM	_____
Finals	30 Boys 8 & Under 100 IM	7	1	09:58 AM	_____
Finals	31 Girls 10 & Under 100 IM	27	4	10:00 AM	_____
Finals	32 Boys 10 & Under 100 IM	14	2	10:07 AM	_____
Finals	33 Girls 11-12 200 IM	15	2	10:11 AM	_____
Finals	34 Boys 11-12 200 IM	11	2	10:18 AM	_____
Finals	35 Girls 8 & Under 50 Freestyle	13	2	10:24 AM	_____
Finals	36 Boys 8 & Under 50 Freestyle	17	3	10:27 AM	_____
Finals	37 Girls 10 & Under 50 Freestyle	27	4	10:30 AM	_____
Finals	38 Boys 10 & Under 50 Freestyle	22	3	10:34 AM	_____
Finals	39 Girls 11-12 50 Freestyle	36	5	10:38 AM	_____
Finals	40 Boys 11-12 50 Freestyle	31	4	10:42 AM	_____
Finals	41 Girls 8 & Under 25 Butterfly	13	2	10:46 AM	_____
Finals	42 Boys 8 & Under 25 Butterfly	9	2	10:48 AM	_____
Finals	43 Girls 10 & Under 100 Butterfly	18	3	10:50 AM	_____
Finals	44 Boys 10 & Under 100 Butterfly	5	1	10:56 AM	_____
Finals	45 Girls 11-12 100 Butterfly	6	1	10:58 AM	_____
Finals	46 Boys 11-12 100 Butterfly	7	1	11:00 AM	_____
Finals	47 Girls 8 & Under 25 Breaststroke	6	1	11:02 AM	_____
Finals	48 Boys 8 & Under 25 Breaststroke	6	1	11:03 AM	_____
Finals	49 Girls 10 & Under 100 Breaststroke	19	3	11:04 AM	_____
Finals	50 Boys 10 & Under 100 Breaststroke	9	2	11:10 AM	_____
Finals	51 Girls 11-12 100 Breaststroke	20	3	11:14 AM	_____
Finals	52 Boys 11-12 100 Breaststroke	13	2	11:20 AM	_____
	Swimmers Counts for Warm-ups: 277	=====	=====		
	Entry / Heat Totals:	735	113		
	Finish Time			11:24 AM	_____

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**2024 YMCA North Central Regional Championship - 3/22/2024 to 3/24/2024****Linn Mar Aquatic Center****Session Report**

Session: 3 Saturday PM 11+

Day of Meet: 2 Starts at 01:10 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	53 Girls 13-14 200 Freestyle	53	7	01:10 PM	_____
Finals	54 Boys 13-14 200 Freestyle	27	4	01:30 PM	_____
Finals	55 Girls 15 & Over 200 Freestyle	26	4	01:41 PM	_____
Finals	56 Boys 15 & Over 200 Freestyle	28	4	01:52 PM	_____
Finals	57 Girls 11-12 200 Butterfly	0	0	02:02 PM	_____
Finals	58 Mixed 11-12 200 Butterfly	4	1	02:02 PM	_____
Finals	59 Girls 13-14 200 Butterfly	0	0	02:06 PM	_____
Finals	60 Mixed 13-14 200 Butterfly	5	1	02:06 PM	_____
Finals	61 Girls 15 & Over 200 Butterfly	4	1	02:09 PM	_____
Finals	62 Boys 15 & Over 200 Butterfly	5	1	02:12 PM	_____
Finals	63 Girls 13-14 200 Medley Relay	13	2	02:15 PM	_____
Finals	64 Boys 13-14 200 Medley Relay	8	1	02:21 PM	_____
Finals	65 Girls 15 & Over 200 Medley Relay	13	2	02:24 PM	_____
Finals	66 Boys 15 & Over 200 Medley Relay	13	2	02:30 PM	_____
Finals	67 Girls 11-12 200 Backstroke	0	0	02:35 PM	_____
Finals	68 Mixed 11-12 200 Backstroke	15	2	02:35 PM	_____
Finals	69 Girls 13-14 100 Backstroke	33	5	02:42 PM	_____
Finals	70 Boys 13-14 100 Backstroke	25	4	02:52 PM	_____
Finals	71 Girls 15 & Over 100 Backstroke	17	3	03:00 PM	_____
Finals	72 Boys 15 & Over 100 Backstroke	10	2	03:05 PM	_____
Finals	73 Girls 13-14 200 Breaststroke	14	2	03:09 PM	_____
Finals	74 Boys 13-14 200 Breaststroke	7	1	03:16 PM	_____
Finals	75 Girls 15 & Over 200 Breaststroke	7	1	03:19 PM	_____
Finals	76 Boys 15 & Over 200 Breaststroke	8	1	03:22 PM	_____
Finals	77 Girls 13-14 400 Freestyle Relay	13	2	03:26 PM	_____
Finals	78 Boys 13-14 400 Freestyle Relay	9	2	03:36 PM	_____
Finals	79 Girls 15 & Over 400 Freestyle Relay	11	2	03:45 PM	_____
Finals	80 Boys 15 & Over 400 Freestyle Relay	9	2	03:55 PM	_____
Finals	81 Girls 11-12 400 IM	0	0	04:04 PM	_____
Finals	82 Mixed 11-12 400 IM	7	1	04:04 PM	_____
Finals	83 Girls 13-14 50 Freestyle	60	8	04:10 PM	_____
Finals	84 Boys 13-14 50 Freestyle	55	7	04:18 PM	_____
Finals	85 Girls 15 & Over 50 Freestyle	29	4	04:25 PM	_____
Finals	86 Boys 15 & Over 50 Freestyle	45	6	04:29 PM	_____
Finals	87 Girls 13-14 200 IM	24	3	04:34 PM	_____
Finals	88 Boys 13-14 200 IM	12	2	04:44 PM	_____
Finals	89 Girls 15 & Over 200 IM	12	2	04:50 PM	_____
Finals	90 Boys 15 & Over 200 IM	14	2	04:56 PM	_____
Finals	91 Girls 11-12 500 Freestyle	12	2 u	05:01 PM	_____
Finals	92 Boys 11-12 500 Freestyle	13	2 u	05:16 PM	_____
Finals	93 Girls 13-14 500 Freestyle	22	3 u	05:29 PM	_____
Finals	94 Boys 13-14 500 Freestyle	15	2 u	05:49 PM	_____
Finals	95 Girls 15 & Over 500 Freestyle	13	2 u	06:02 PM	_____
Finals	96 Boys 15 & Over 500 Freestyle	13	2 u	06:16 PM	_____
	Swimmers Counts for Warm-ups: 293	=====	=====		
	Entry / Heat Totals:	723	107		
	Finish Time			06:28 PM	_____

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**2024 YMCA North Central Regional Championship - 3/22/2024 to 3/24/2024****Linn Mar Aquatic Center****Session Report**

Session: 4 Sunday AM 12u

Day of Meet: 3 Starts at 08:25 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	97 Girls 11-12 100 IM	20	3	08:25 AM	_____
Finals	98 Boys 11-12 100 IM	21	3	08:31 AM	_____
Finals	99 Girls 8 & Under 25 Freestyle	18	3	08:36 AM	_____
Finals	100 Boys 8 & Under 25 Freestyle	20	3	08:38 AM	_____
Finals	101 Girls 10 & Under 200 Freestyle	25	4	08:41 AM	_____
Finals	102 Boys 10 & Under 200 Freestyle	18	3	08:54 AM	_____
Finals	103 Girls 11-12 200 Freestyle	26	4	09:03 AM	_____
Finals	104 Boys 11-12 200 Freestyle	11	2	09:15 AM	_____
Finals	105 Girls 8 & Under 100 Freestyle Relay	0	0	09:21 AM	_____
Finals	106 Boys 8 & Under 100 Freestyle Relay	3	1	09:21 AM	_____
Finals	107 Girls 10 & Under 200 Freestyle Relay	9	2	09:23 AM	_____
Finals	108 Boys 10 & Under 200 Freestyle Relay	3	1	09:29 AM	_____
Finals	109 Girls 11-12 200 Freestyle Relay	15	2	09:32 AM	_____
Finals	110 Boys 11-12 200 Freestyle Relay	10	2	09:38 AM	_____
Finals	111 Girls 8 & Under 50 Breaststroke	16	2	09:43 AM	_____
Finals	112 Boys 8 & Under 50 Breaststroke	9	2	09:46 AM	_____
Finals	113 Girls 10 & Under 50 Breaststroke	24	3	09:49 AM	_____
Finals	114 Boys 10 & Under 50 Breaststroke	15	2	09:53 AM	_____
Finals	115 Girls 11-12 200 Breaststroke	14	2	09:55 AM	_____
Finals	116 Boys 11-12 200 Breaststroke	5	1	10:03 AM	_____
Finals	117 Girls 8 & Under 25 Backstroke	16	2	10:06 AM	_____
Finals	118 Boys 8 & Under 25 Backstroke	16	2	10:08 AM	_____
Finals	119 Girls 10 & Under 100 Backstroke	24	3	10:10 AM	_____
Finals	120 Boys 10 & Under 100 Backstroke	21	3	10:17 AM	_____
Finals	121 Girls 11-12 100 Backstroke	24	3	10:24 AM	_____
Finals	122 Boys 11-12 100 Backstroke	21	3	10:30 AM	_____
Finals	123 Girls 8 & Under 50 Butterfly	8	1	10:36 AM	_____
Finals	124 Boys 8 & Under 50 Butterfly	7	1	10:37 AM	_____
Finals	125 Girls 10 & Under 50 Butterfly	28	4	10:39 AM	_____
Finals	126 Boys 10 & Under 50 Butterfly	19	3	10:43 AM	_____
Finals	127 Girls 11-12 50 Butterfly	25	4	10:47 AM	_____
Finals	128 Boys 11-12 50 Butterfly	21	3	10:51 AM	_____
Finals	129 Girls 8 & Under 200 Freestyle Relay	0	0	10:54 AM	_____
Finals	130 Boys 8 & Under 200 Freestyle Relay	3	1	10:54 AM	_____
Finals	131 Girls 10 & Under 400 Freestyle Relay	9	2	10:58 AM	_____
Finals	132 Boys 10 & Under 400 Freestyle Relay	3	1	11:11 AM	_____
Finals	133 Girls 11-12 400 Freestyle Relay	11	2	11:17 AM	_____
Finals	134 Boys 11-12 400 Freestyle Relay	8	1	11:28 AM	_____
	Swimmers Counts for Warm-ups: 269	=====	=====		
	Entry / Heat Totals:	546	84		
	Finish Time			11:34 AM	_____

**2024 YMCA North Central Regional Championship - 3/22/2024 to 3/24/2024****Linn Mar Aquatic Center****Session Report**

Session: 5 Sunday PM 13+

Day of Meet: 3 Starts at 01:10 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	135 Girls 13-14 200 Freestyle Relay	10	2	01:10 PM	_____
Finals	136 Boys 13-14 200 Freestyle Relay	6	1	01:15 PM	_____
Finals	137 Girls 15 & Over 200 Freestyle Relay	12	2	01:18 PM	_____
Finals	138 Boys 15 & Over 200 Freestyle Relay	11	2	01:23 PM	_____
Finals	139 Girls 13-14 200 Backstroke	14	2	01:27 PM	_____
Finals	140 Boys 13-14 200 Backstroke	11	2	01:34 PM	_____
Finals	141 Girls 15 & Over 200 Backstroke	15	2	01:40 PM	_____
Finals	142 Boys 15 & Over 200 Backstroke	4	1	01:47 PM	_____
Finals	143 Girls 13-14 100 Breaststroke	31	4	01:50 PM	_____
Finals	144 Boys 13-14 100 Breaststroke	19	3	01:57 PM	_____
Finals	145 Girls 15 & Over 100 Breaststroke	17	3	02:02 PM	_____
Finals	146 Boys 15 & Over 100 Breaststroke	17	3	02:08 PM	_____
Finals	147 Girls 13-14 400 IM	4	1	02:13 PM	_____
Finals	148 Boys 13-14 400 IM	4	1	02:19 PM	_____
Finals	149 Girls 15 & Over 400 IM	3	1	02:25 PM	_____
Finals	150 Boys 15 & Over 400 IM	4	1	02:31 PM	_____
Finals	151 Girls 13-14 100 Butterfly	18	3	02:37 PM	_____
Finals	152 Boys 13-14 100 Butterfly	12	2	02:42 PM	_____
Finals	153 Girls 15 & Over 100 Butterfly	18	3	02:45 PM	_____
Finals	154 Boys 15 & Over 100 Butterfly	20	3	02:50 PM	_____
Finals	155 Girls 13-14 100 Freestyle	56	7	02:54 PM	_____
Finals	156 Boys 13-14 100 Freestyle	45	6	03:05 PM	_____
Finals	157 Girls 15 & Over 100 Freestyle	38	5	03:14 PM	_____
Finals	158 Boys 15 & Over 100 Freestyle	42	6	03:22 PM	_____
Finals	159 Girls 13-14 400 Medley Relay	8	1	03:30 PM	_____
Finals	160 Boys 13-14 400 Medley Relay	5	1	03:36 PM	_____
Finals	161 Girls 15 & Over 400 Medley Relay	11	2	03:42 PM	_____
Finals	162 Boys 15 & Over 400 Medley Relay	8	1	03:54 PM	_____
	Swimmers Counts for Warm-ups: 226	=====	=====		
	Entry / Heat Totals:	463	71		
	Finish Time			04:00 PM	_____