



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Billings Family YMCA Seahawks
Athlete Code of Conduct

At the Y strengthening the community is our cause. We believe that lasting personal and social change can only come about when working together. As a member of the Seahawks Swim Team, I am a part of a swimming organization that believes teamwork, integrity, respect, and good sportsmanship are more important than winning. By signing this Code of Conduct, I agree to follow the rules for behavior and sportsmanship while I am a member of the Billings Family YMCA Seahawks. The following behavior guidelines state the principles the Seahawks expect all team members to demonstrate and uphold. I also understand that it is essential to provide the coaching staff the respect and authority to coach the team. Families, swimmers and coaches make up our team, each role is vital to the success of the Seahawks.

- I will obey all of the YMCA, USA Swimming, and Safe Sport rules and codes of conduct.
- I will swim for fun and the love of the sport, not just to please parents or coaches.
- I will make every practice and competition an opportunity to learn. I will focus on every drill and every set. I will be committed to putting forth my best effort every day.
- I will represent the Billings Family YMCA Seahawks with Caring, Honesty, Respect, and Responsibility, Team Spirit, Good Sportsmanship, Excellence and Politeness during practices, competition, team activities and in public.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will abide by a strict NO BULLYING policy. If a conflict arises between Seahawks members it must be brought directly to the coaches. Honest about any bullying situation is expected from all Billings Family YMCA Seahawks members.
- I will show respect, common courtesies and good sportsmanship at all times to team members, coaches, competitors, officials, parents as well as all facilities and other property used during practices, competitions, and team activities.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will win gracefully, lose graciously, and congratulate my opponents either way.

BILLINGS FAMILY YMCA

402 North 32nd Street, Billings, MT 59101

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- I will not compete at a competition outside our meet schedule or at an alternate completion during a previously scheduled meet without prior approval from the Head Coach.
- I will wear my team cap and suit at all swim meets. (tech suits must be approved by the coach and are prohibited by athletes 12 and Under) This displays team pride while making it easier to identify swimmers on the blocks and in the water.
- I will notify my coach in advance if I need to leave practice or a meet early.

The following behaviors will not be tolerated:

- Fighting, intimidation, bullying (physical, verbal, or via social media and or technology).
- Violation of any policy, rule, or regulation set forth by the YMCA, USA Swimming or Safe Sport.
- There shall be no drinking of alcohol, use of tobacco, vape, e-cigarettes, illegal drugs, or substances banned by USA Swimming.
- Abusive, obscene, or inappropriate language toward coaches, officials, athletes, parents, or anyone at practices or meets.
- Arguing with or confronting the coach on the pool deck during practices or meets.

By signing this code of conduct, I agree to the above statements. I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the Aquatics Director.

Swimmer's Signature

Date

Parent Signature

Date

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