

Kerr Practice Schedule *effective 1/5/26

	Silver	Purple	White	Green
Monday	4-6:15PM Dryland 5:45-6:15PM	4:15-6:15PM Dryland 5:45-6:15PM	5:45-7PM	5:45-6:45PM
Tuesday	4-6:15PM Dryland 5:45-6:15PM	4:15-6:15PM Dryland 5:45-6:15PM	Off	Off
Wednesday	4-5:45PM	4:15-5:45PM	5:45-7PM	5:45-6:45PM
Thursday	4-6:15PM Dryland 5:45-6:15PM	Off	Off	Off
Friday	4-5:45PM	4:15-5:45PM	5:45-7PM	5:45-6:45PM
Saturday	7-9AM Dryland 8:30-9AM	7-9AM Dryland 8:30-9AM	8:30-9:45AM	Off