

January 2026 Practice Schedule

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	<u>4-Jan</u>	<u>5-Jan</u>	<u>6-Jan</u>	<u>7-Jan</u>	<u>8-Jan</u>	<u>9-Jan</u>	<u>10-Jan</u>
Pre- Swim		4:45-5:30pm	4:45-5:30pm	4:45-5:30pm	4:45-5:30pm		
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA		
Develop		3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	6-7pm	
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	
Age Group		6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6-7:30pm	
		@ Fargo North	@ Fargo North	@ Fargo Davies	@ Fargo North	@ Fercho YMCA	
Senior		6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6-8pm	
		@ Fargo North	@ Fargo North	@ Fargo Davies	@ Fargo North	@ Fercho YMCA	
	<u>11-Jan</u>	<u>12-Jan</u>	<u>13-Jan</u>	<u>14-Jan</u>	<u>15-Jan</u>	<u>16-Jan</u>	<u>17-Jan</u>
Pre- Swim		4:45-5:30pm	4:45-5:30pm	4:45-5:30pm	4:45-5:30pm		
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA		
Develop		3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	6-7pm	
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	
Age Group		6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:45-8:15pm	6-7:30pm	AQST Category 5 Invite
		@ Fargo North	@ Fargo North	@ Fargo Davies	@ Fargo Davies	@ Fercho YMCA	
Senior		6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:45-8:45pm	6-8pm	
		@ Fargo North	@ Fargo North	@ Fargo Davies	@ Fargo Davies	@ Fercho YMCA	
						AQST Cat 5 Invite	
	<u>18-Jan</u>	<u>19-Jan</u>	<u>20-Jan</u>	<u>21-Jan</u>	<u>22-Jan</u>	<u>23-Jan</u>	<u>24-Jan</u>
Pre- Swim		4:45-5:30pm	4:45-5:30pm	4:45-5:30pm	4:45-5:30pm		
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA		
Develop		3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm		
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA		
Age Group	AQST Category 5 Invite	No evening practice at Fargo North MLK jr. Day	6:30-8:00pm	6:30-8:00pm	6:45-8:15pm	No Regular practice; Rockwall event at Schlossmann	Red Dragon Fire & Ice Invite
			@ Fargo North	@ Fargo Davies	@ Fargo Davies		
Senior			6:30-8:30pm	6:30-8:30pm	6:45-8:45pm		
			@ Fargo North	@ Fargo Davies	@ Fargo Davies		
	<u>25-Jan</u>	<u>26-Jan</u>	<u>27-Jan</u>	<u>28-Jan</u>	<u>29-Jan</u>	<u>30-Jan</u>	<u>31-Jan</u>
Pre- Swim		4:45-5:30pm	4:45-5:30pm	4:45-5:30pm	4:45-5:30pm		
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA		
Develop		3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	3:30-4:30pm	6-7pm	
		@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	@ Fercho YMCA	
Age Group		6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:45-8:15pm	6-7:30pm	
		@ Fargo North	@ Fargo North	@ Fargo Davies	@ Fargo Davies	@ Fercho YMCA	
Senior		6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:45-8:45pm	6-8pm	
		@ Fargo North	@ Fargo North	@ Fargo Davies	@ Fargo Davies	@ Fercho YMCA	