

January 2026 Practice Schedule

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	<u>4-Jan</u>	<u>5-Jan</u>	<u>6-Jan</u>	<u>7-Jan</u>	<u>8-Jan</u>	<u>9-Jan</u>	<u>10-Jan</u>
Pre- Swim		4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA		
Develop		3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	6-7pm @ Fercho YMCA	
Age Group		6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo Davies	6:30-8:00pm @ Fargo North	6-7:30pm @ Fercho YMCA	
Senior		6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo Davies	6:30-8:30pm @ Fargo North	6-8pm @ Fercho YMCA	
	<u>11-Jan</u>	<u>12-Jan</u>	<u>13-Jan</u>	<u>14-Jan</u>	<u>15-Jan</u>	<u>16-Jan</u>	<u>17-Jan</u>
Pre- Swim		4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA		
Develop		3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	6-7pm @ Fercho YMCA	
Age Group		6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo Davies	6:45-8:15pm @ Fargo Davies	6-7:30pm @ Fercho YMCA	AQST Category 5 Invite
Senior		6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo Davies	6:45-8:45pm @ Fargo Davies	6-8pm @ Fercho YMCA	AQST Cat 5 Invite
	<u>18-Jan</u>	<u>19-Jan</u>	<u>20-Jan</u>	<u>21-Jan</u>	<u>22-Jan</u>	<u>23-Jan</u>	<u>24-Jan</u>
Pre- Swim		4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA		
Develop		3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	6-7pm @ Fercho YMCA	
Age Group	AQST Category 5 Invite	6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo Davies	6:45-8:15pm @ Fargo Davies	6-7:30pm @ Fercho YMCA	Red Dragon Fire & Ice Invite
Senior		6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo Davies	6:45-8:45pm @ Fargo Davies	6-8pm @ Fercho YMCA	
	<u>25-Jan</u>	<u>26-Jan</u>	<u>27-Jan</u>	<u>28-Jan</u>	<u>29-Jan</u>	<u>30-Jan</u>	<u>31-Jan</u>
Pre- Swim		4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA	4:45-5:30pm @ Fercho YMCA		
Develop		3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	3:30-4:30pm @ Fercho YMCA	6-7pm @ Fercho YMCA	
Age Group		6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo North	6:30-8:00pm @ Fargo Davies	6:45-8:15pm @ Fargo Davies	6-7:30pm @ Fercho YMCA	
Senior		6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo North	6:30-8:30pm @ Fargo Davies	6:45-8:45pm @ Fargo Davies	6-8pm @ Fercho YMCA	