

June 2024 Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2-Jun	3-Jun	4-Jun	5-Jun	6-Jun	7-Jun	8-Jun
	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA		
	Developmental 6:30-7:30pm HAC	Developmental 6:30-7:30pm HAC	Developmental 6:30-7:30pm HAC	Developmental 6:30-7:30pm HAC	Developmental 7:45-8:45am South	
	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 7:15-8:45am South Senior 6:45-8:45am South	ALEX Lake Swim & Pool Sprints
	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	ALEX Lake Swim & Pool Sprints	
9-Jun	10-Jun	11-Jun	12-Jun	13-Jun	14-Jun	15-Jun
	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA		
	Developmental 6:30-7:30pm HAC	Developmental 6:30-7:30pm HAC	Developmental 6:30-7:30pm HAC	Developmental 6:30-7:30pm HAC	Developmental 7:45-8:45am South	
ALEX Lake Swim & Pool Sprints	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	Age Group 7:15-8:45am South	Aberdeen Summer High Point Invite
	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South	
16-Jun	17-Jun	18-Jun	19-Jun	20-Jun	21-Jun	22-Jun
	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA		
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Aberdeen Summer High Point Invite	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	Age Group 7:15-8:45am South	
	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South	
23-Jun	24-Jun	25-Jun	26-Jun	27-Jun	28-Jun	29-Jun
	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA		
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	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South 6:30-8:30pm HAC	Senior 6:45-8:45am South	

* 2-A-Day practices are for AG II, Senior I, and Senior II