Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2-Jun	3-Jun	4-Jun	5-Jun	6-Jun	7-Jun	8-Jun
	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team		
	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA		
	Developmental	Developmental	Developmental	Developmental	Developmental	
	6:30-7:30pm HAC	6:30-7:30pm HAC	6:30-7:30pm HAC	6:30-7:30pm HAC	7:45-8:45am South	
	0.50 7.50pm rate	0.50 7.50pm TIAC	0.30 7.30pm HAC	0.50 7.50pm TIAC	7715 07154111 504411	
	Age Group 1 & 2	Age Group 1 & 2	Age Group 1 & 2	Age Group 1 & 2	Age Group	ALEX Lake
	6:30-8:00pm HAC	6:30-8:00pm HAC	6:30-8:00pm HAC	6:30-8:00pm HAC	7:15-8:45am South	Swim & Pool
	Age Group 2	Age Group 2	Age Group 2	Age Group 2	Senior	Sprints
	7:15-8:45am South	7:15-8:45am South	7:15-8:45am South	7:15-8:45am South	6:45-8:45am South	
	Senior	Senior	Senior	Senior		
	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	ALEX Lake	
	6:30-8:30pm HAC	6:30-8:30pm HAC	6:30-8:30pm HAC	6:30-8:30pm HAC	Swim & Pool Sprints	
9-Jun	10-Jun	11-Jun	12-Jun	13-Jun	14-Jun	15-Jun
9-1011					14-3011	15-3011
	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team		
	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA		
	Developmental	Developmental	Developmental	Developmental	Developmental 7:45-8:45am South	
ALEVIala	6:30-7:30pm HAC	6:30-7:30pm HAC	6:30-7:30pm HAC	6:30-7:30pm HAC	7:45-8:45am 50um	Alexandran Comm
ALEX Lake	Ago Cyo 4.0.2	Ago Crows 4.0.2	Ago Crown 4.0.3	Ago Crown 4.9.3		Aberdeen Sumn High Point
Swim & Pool Sprints	Age Group 1 & 2 6:30-8:00pm HAC	Age Group 1 & 2 6:30-8:00pm HAC	Age Group 1 & 2 6:30-8:00pm HAC	Age Group 1 & 2 6:30-8:00pm HAC	Age Group	Invite
Sprints	Age Group 2	Age Group 2	Age Group 2	Age Group 2	7:15-8:45am South	illvice
	7:15-8:45am South	7:15-8:45am South	7:15-8:45am South	7:15-8:45am South	7125 01150111 500111	
	Senior	Senior	Senior	Senior	Senior	
	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	
	6:30-8:30pm HAC	6:30-8:30pm HAC	6:30-8:30pm HAC	6:30-8:30pm HAC	0115 01150111 500111	
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16-Jun	17-Jun	18-Jun	19-Jun	20-Jun	21-Jun	22-Jun
	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team		
	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA		
	Developmental	Developmental	Developmental	Developmental	Developmental	
	6:30-7:30pm HAC	6:30-7:30pm HAC	6:30-7:30pm HAC	6:30-7:30pm HAC	7:45-8:45am South	
	0.50 7.50pm rine				7.45 0.45um 50um	
Manuel and Community						
Aberdeen Summer	Age Group 1 & 2	Age Group 1 & 2	Age Group 1 & 2	Age Group 1 & 2	Age Group	
High Point Invite	6:30-8:00pm HAC	6:30-8:00pm HAC	6:30-8:00pm HAC	6:30-8:00pm HAC	7:15-8:45am South	
	Age Group 2	Age Group 2	Age Group 2	Age Group 2		
	Senior	Senior	Senior	Senior	Senior	
	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	6:45-8:45am South	
	6:30-8:30pm HAC	6:30-8:30pm HAC	6:30-8:30pm HAC	6:30-8:30pm HAC		
22.1	24:	25 :	26 :	27 :	20 :	22.
23-Jun	24-Jun	25-Jun	26-Jun	27-Jun	28-Jun	29-Jun
						1
	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team	Pre-Swim Team		
	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	Pre-Swim Team 4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA		
					Developmental	
	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	4:45-5:30pm Fercho YMCA	Developmental 7:45-8:45am South	
	4:45-5:30pm Fercho YMCA Developmental	4:45-5:30pm Fercho YMCA Developmental	4:45-5:30pm Fercho YMCA Developmental	4:45-5:30pm Fercho YMCA Developmental		
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC	7:45-8:45am South	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	7:45-8:45am South Age Group	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	7:45-8:45am South	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2	7:45-8:45am South Age Group	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC	7:45-8:45am South Age Group	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2	7:45-8:45am South Age Group	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South	7:45-8:45am South Age Group 7:15-8:45am South	
	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South Senior	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South Senior	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South Senior	4:45-5:30pm Fercho YMCA Developmental 6:30-7:30pm HAC Age Group 1 & 2 6:30-8:00pm HAC Age Group 2 7:15-8:45am South Senior	7:45-8:45am South Age Group 7:15-8:45am South Senior	

^{* 2-}A-Day practices are for AG II, Senior I, and Senior II