

**PolarPalooza 2023
Defiance Area YMCA
Warm Up Assignments**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:10-7:30	DAYS	DAYS	DAYS	DAYS	DAYS	DAYS
7:30-7:50	Williams	Williams	Putnam	Putman	Findlay	Findlay
7:50-8:10	Lima	Lima	Lima	Lima	Lima	Wolf Creek
8:10-8:30	Tiffin	Tiffin	Wapak	Wapak	Ffy & Wty	Ffy & Wty
8:30-8:50	Shelby	Shelby	Geary	Geary	Galion	Galion