

2024-2025
QUALIFYING TIMES
TIMES FOR 25 YARD COURSES

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National		Girls Zone	AA	8 and Under Event	AA	Boys Zone	National
			:19.99	25 Free	:20.79		
		:31.29 *	:45.99	50 Free	:47.39 *	:31.49 *	
		1:11.49 *	1:39.99	100 Free	1:41.99	1:11.29	
			:23.99	25 Back	:24.79 *		
		:37.39 *	:51.09 *	50 Back	:52.99	:37.99 *	
			:29.99	25 Breast	:30.99		
		:42.89 *	1:09.99	50 Breast	1:10.99	:43.49 *	
			:24.89 *	25 Fly	:26.89 *		
		:36.59 *	:57.09 *	50 Fly	:58.59 *	:36.19 *	
		1:21.69 *	1:50.09 *	100 IM	1:53.79 *	1:21.99 *	
			1:29.99	100 Free Relay	1:29.99		
			1:39.99	100 Medley Relay	1:40.59		
National		Girls Zone	AA	9 and 10 Event	AA	Boys Zone	National
		:31.29 *	:36.29	50 Free	:36.49	:31.49 *	
		1:11.49 *	1:19.99	100 Free	1:21.99	1:11.29	
		2:38.69 *	2:55.99	200 Free	2:55.99	2:38.69	
		:37.39 *	:41.29 *	50 Back	:42.99	:37.99 *	
		1:22.29 *	1:31.99	100 Back	1:32.59 *	1:24.09	
		:42.89 *	:49.59 *	50 Breast	:50.99	:43.49 *	
		1:35.69 *	1:46.89 *	100 Breast	1:49.99	1:36.99 *	
		:36.59 *	:43.69 *	50 Fly	:46.79 *	:36.19 *	
		1:29.99	1:42.09 *	100 Fly	1:42.79 *	1:30.49	
		1:21.69 *	1:30.99	100 IM	1:31.99	1:21.99 *	
		3:00.89 *	3:19.19 *	200 IM	3:21.19	3:01.29	
		2:14.69	2:29.99	200 Free Relay	2:31.99	2:17.09	
		2:33.29	2:49.99	200 Medley Relay	2:49.99	2:34.49	
National		Girls Zone	AA	11 and 12	AA	Boys Zone	National
:24.69	:28.29 *	:29.39 *	50 Free	:29.69	:27.49 *	:22.09	
:53.59 *	1:01.99 *	1:04.19 *	100 Free	1:05.09	1:00.99 *	:48.19	
1:56.49 *	2:16.69 *	2:21.89 *	200 Free	2:23.09 *	2:12.99 *	1:45.19	
5:07.99 *	6:08.49 *	6:18.99 *	500 Free	6:17.99	6:01.99 *	4:45.49	
	:32.69	34.79 *	50 Back	:35.59	:32.89 *		
:59.49 *	1:11.89	1:14.99	100 Back	1:15.99	1:11.59 *	:53.89	
	:37.69 *	:39.29 *	50 Breast	:40.29	:37.19		
1:08.19	1:22.99	1:24.79 *	100 Breast	1:25.99	1:21.99	1:00.89	
	:31.29	:33.09 *	50 Fly	:33.69	:31.39 *		
:59.09 *	1:12.99	1:18.09 *	100 Fly	1:19.19 *	1:12.19 *	:52.79	
	1:11.59	1:14.69 *	100 IM	1:14.99	1:10.29 *		
2:10.59 *	2:37.59 *	2:41.89 *	200 IM	2:40.29 *	2:33.09	1:57.79	
1:39.69	1:57.59 *	2:01.39 *	200 Free Relay	2:03.89	1:57.29 *	1:29.49	
1:50.99	2:10.49	2:16.99	200 Medley Relay	2:19.59	2:13.99	1:39.79	

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National	Girls Zone	AA	13 and 14	AA	Boys Zone	National
:24.69	:26.59	:27.59	50 Free	:25.99	:24.19	:22.09
:53.59 *	:57.79 *	:59.39	100 Free	:56.49	:53.69 *	:48.19
1:56.49 *	2:05.99 *	2:10.09 *	200 Free	2:03.59 *	1:57.99 *	1:45.19
5:07.99 *	5:40.99 *	5:50.59 *	500 Free	5:36.29 *	5:20.49 *	4:45.49
:59.49 *	1:05.39	1:08.39	100 Back	1:06.79	1:01.29 *	:53.89
2:07.99 *	2:17.69	2:27.99	200 Back	2:20.59	2:07.99	1:56.59
1:08.19	1:16.09 *	1:18.99 *	100 Breast	1:17.29	1:10.29	1:00.89
2:27.99 *	2:36.49	2:48.89 *	200 Breast	2:38.39 *	2:22.99	2:12.69
:59.09 *	1:05.69 *	1:08.69 *	100 Fly	1:05.99	1:00.29	:52.79
2:11.99 *	2:25.19	2:31.99 *	200 Fly	2:23.19 *	2:14.99	1:57.79
2:10.59 *	2:23.39	2:29.19	200 IM	2:23.69	2:13.79	1:57.79
4:37.29 *	5:04.99	5:22.79	400 IM	5:11.59	4:39.79	4:14.99
1:39.69	1:49.99 *	1:56.39	200 Free Relay	1:51.99	1:44.79 *	1:29.49
1:50.99	2:05.59 *	2:11.39	200 Medley Relay	2:04.49	1:58.59	1:39.79

National	Girls Zone	AA	15 and Over	AA	Boys Zone	National
:24.69	:25.99 *	:25.99	50 Free	:23.19	:22.69	:22.09
:53.59 *	:55.99 *	:56.59	100 Free	:50.79	:49.99 *	:48.19
1:56.49 *	2:02.99 *	2:03.99	200 Free	1:52.69	1:49.99 *	1:45.19
5:07.99 *	5:34.39	5:34.39	500 Free	5:06.59	5:08.59	4:45.49
:59.49 *	1:02.99 *	1:04.79	100 Back	:55.59	:56.49 *	:53.89
1:08.19	1:11.99 *	1:15.39	100 Breast	1:07.09 *	1:03.99 *	1:00.89
:59.09 *	1:02.49	1:04.79	100 Fly	:56.79	:55.59 *	:52.79
2:10.59 *	2:17.99 *	2:22.19	200 IM	2:08.89 *	2:06.49 *	1:57.79
1:39.69	1:45.69 *	1:49.79	200 Free Relay	1:38.09	1:35.49 *	1:29.49
3:36.59 *	3:51.39 *	3:55.09	400 Free Relay	3:38.99	3:32.39 *	3:13.89
1:50.99	1:58.39 *	2:06.29	200 Medley Relay	1:53.09	1:47.09 *	1:39.79

National	Girls Zone	AA	Senior	AA	Boys Zone	National
10:46.89 *	11:44.99 *	11:59.99	1000 Free	11:17.79	10:59.59 *	10:04.59 *
18:04.59 *	19:59.99 *	20:00.89	1650 Free	18:38.39	18:34.99 *	16:52.49 *
	:30.09 *		50 Back		:26.99	
2:07.99 *	2:17.69	2:22.09	200 Back	2:11.99	2:07.99	1:56.59
	:33.79		50 Breast		:30.19	
2:27.99 *	2:36.49	2:42.89	200 Breast	2:28.89 *	2:22.99 *	2:12.69
	:29.09 *		50 Fly		:25.59	
2:11.99 *	2:25.19	2:27.29	200 Fly	2:16.99	2:14.99 *	1:57.79
4:37.29 *	5:04.99 *	5:05.99	400 IM	4:49.99	4:39.79 *	4:14.99
7:48.99 *	8:32.69 *	8:51.99	800 Free Relay	7:59.99	7:59.99 *	7:04.09
4:01.39 *	4:14.59 *	4:29.09	400 Medley Relay	4:06.79	3:53.39 *	3:37.19