



## YMCA of Austin Swim Alliance- Springs YMCA USA Club Swimming

At the YMCA we are all about developing youth to be their best. Here at the YMCA we help build a healthy spirit, mind and body for swimmers for all ages through a program that fits the needs of each youth. We integrate the YMCA's core values of Caring, Honesty, Respect, and Responsibility to serve as the foundation of our team. At the YMCA we believe that through our competitive USA Club Swimming program we are able to serve the community and offer a place where each swimmer can belong.

## 2022-2023 Practice times

**Swim Prep Team:** 

Tuesday/Thursday

3:45pm-4:15pm

\$70/month

**Bronze Team:** 

\$100/month

\$ 100/month

Monday-Thursday 4:15pm-5:00pm Silver Team:

\$130/month

Mon/Wed

4:00pm-5:00pm (swim) 5:00pm-5:30pm (dry)

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4:00pm-5:15pm

Saturdays

10am-11:00am

**Gold Team:** 

\$160/month

Mon/Wed

5:00pm-6:30pm

Tues/Thur.

5:00pm-6:00pm (swim) 6:00pm-6:30pm (dry)

Saturdays

8:00am-10:00am

**National Team:** 

\$190/month

Mon/Wed

5:30pm-7pm

Tues/Thur

5:00pm-6pm (dry)

6pm-7:30pm (swim)

Saturdays

8:00am-10:30am

