

LYNCHBURG YMCA PIRANHAS 2025-2026 Short Course Season Meet Schedule

YMCA Meets are highlighted in yellow. In order to participate in the USRY meet, swimmers must compete in 3 YMCA meets. In order to participate in Y Nationals, a swimmer must compete in 3 Y meets + 1 Y Championship meet. All meets not highlighted are USA Swimming meets.

Meets in BOLD are hosted by LY. We will need lots of volunteer help to host these meets.

Meet	Dates	Location	Course	Time Standards?	Groups to attend					Notes
					National	Varsity	Gold	Silver	Bronze	
LY Season Opener Meet	Sep 19-21	Jamerson Y	SCY	No	•	•	•	•	•	This is our traditional first competition. Open to swimmers of all levels on the team.
LY October Invitational	Oct 18-19	Jamerson Y	SCY	No	•	•	•	•	•	YMCA meet for swimmers of all levels on our team
Commonwealth Cup	Nov 7-9	Richmond, VA	SCY	YES	•	•				High-level senior meet for top 13 & over Virginia swimmers. Prelim/final format
Cavalier Quad Meet	Nov 8-9	Charlottesville, VA	SCY	No	•	•	•	•	•	This meet is for all swimmers not attending the Commonwealth Cup
Cavalier/LY 13 & Over YMCA Dual	Nov 23	Charlottesville, VA	SCY	No	•	•	•			This is a YMCA meet for 13 & overs. Sunday only.
H2Okie Winter Meet	Dec 4-7	Liberty U, Lynchburg	SCY	No	•	•	•	•	•	Winter championship meet for all LY swimmers, particularly those who do not attend Capital Classic.
USA Winter Junior Nationals	Dec 10-13	Indianapolis, IN	SCY	YES	•					Top 18 & unders from the eastern U.S.
YOTA Capital Classic	Dec 11-14	Cary, NC	SCY	YES	•	•	•			YMCA Championship meet. Prelims/finals.
LY Winter Invitational	Jan 2-4	Jamerson Y	SCY	No	•	•	•	•	•	YMCA meet for swimmers of all levels on our team

LY-Cavalier 14 & Under Dual Meet	Jan 31 - Feb 1	Charlottesville, VA	SCY	No	•	•	•	•	•	YMCA meet for 14 & unders
Heavyweights Battles	Jan 31 - Feb 1	Richmond, VA	SCY	YES	•	•				Our top 13 & overs square off against top teams. Timed finals
SW District 8 & Under Champs	Feb 7-8	Roanoke, VA	SCY	No				•	•	8 & unders are the stars of the show!
SW Region 9 & Over Champs	Feb 27-Mar 1	TBD (Not Christiansburg)	SCY	“Slower than” time standards	•	•	•	•	•	This the championship meet for swimmers in events where their times are slower than the age group champs (14 & under) or senior champs (15 & over) qualifying times.
Virginia Senior Champs	Mar 5-8	Richmond, VA	SCY	YES	•	•				Top meet in Virginia Swimming, typically for 15 & overs, some 13-14s. Must meet qualifying times.
Virginia Age Group Champs	Mar 12-15	Richmond, VA	SCY	Yes		•	•	•	•	Top meet in Virginia Swimming for 14 & unders. Must meet qualifying times.
USRY YMCA Regional Champs	Mar 19-22	Lynchburg, VA (Liberty U)	SCY	Yes	•	•	•	•	•	YMCA Swimmers from VA, NC, SC, and TN. Must meet qualifying times.
YMCA National Championships	Mar 30-Apr 3	Greensboro, NC	SCY	Yes	•	•				The top YMCA meet in the USA!