

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Tessa Akershoek (10) F					
1:33.68Y	P # 209	Female 9-10 100 Back LY-VA	23	---	-0.92
33.85Y	P # 221	Female 9-10 50 Free LY-VA	14	3	-4.29
3:22.02Y	F # 227	Female 9-10 200 IM LY-VA	13	4	0.44
43.55Y	P # 315	Female 9-10 50 Back LY-VA	33	---	0.73
1:19.42Y	P # 321	Female 9-10 100 Free LY-VA	15	2	-5.76
8:14.18Y	F # 327A	Female 10 & Under 500 Free LY-VA	16	1	-66.60
Emily Asbury (15) F					
2:58.47Y	P # 311B	Female 15 & Over 200 Back LY-VA	16	---	5.51
2:58.53Y	F # 311B	Female 15 & Over 200 Back LY-VA	14	3	5.57
1:15.80Y	P # 317B	Female 15 & Over 100 Free LY-VA	36	---	2.75
3:13.86Y	P # 325B	Female 15 & Over 200 IM LY-VA	25	---	9.68
Sydney Ayers (12) F					
2:45.44Y	P # 101	Female 11-12 200 Free LY-VA	30	---	-15.25
1:34.60Y	P # 117	Female 11-12 100 Breast LY-VA	21	---	-5.73
NS	P # 207	Female 11-12 100 Back LY-VA	---	---	---
45.67Y	P # 213	Female 11-12 50 Breast LY-VA	39	---	-3.07
36.82Y	P # 223	Female 11-12 50 Free LY-VA	74	---	-0.23
1:34.58Y	P # 307	Female 11-12 100 Fly LY-VA	23	---	-1.39
3:38.26Y	P # 319	Female 11-12 200 Breast LY-VA	17	---	-9.95
1:21.95Y	P # 323	Female 11-12 100 Free LY-VA	75	---	3.66
Shirley Barger (12) F					
35.26Y	P # 107	Female 11-12 50 Fly LY-VA	24	---	-0.68
1:32.93Y	P # 117	Female 11-12 100 Breast LY-VA	20	---	2.08
1:18.97Y	P # 123	Female 11-12 100 IM LY-VA	29	---	0.15
1:17.88Y	P # 207	Female 11-12 100 Back LY-VA	26	---	-2.28
28.88Y	P # 223	Female 11-12 50 Free LY-VA	16	---	-1.39
29.41Y	F # 223	Female 11-12 50 Free LY-VA	16	1	-0.86
6:42.82Y	F # 235	Female 11-12 500 Free LY-VA	16	1	-5.78
3:21.12Y	P # 319	Female 11-12 200 Breast LY-VA	14	3	---
1:07.98Y	P # 323	Female 11-12 100 Free LY-VA	31	---	0.94
Kaitlyn Bauer (18) F					
2:16.05Y	F # 311B	Female 15 & Over 200 Back LY-VA	3	16	-5.13
2:19.23Y	P # 311B	Female 15 & Over 200 Back LY-VA	2	---	-1.95
2:12.93Y	F # 325B	Female 15 & Over 200 IM LY-VA	1	20	-4.04
2:17.25Y	P # 325B	Female 15 & Over 200 IM LY-VA	2	---	0.28

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Time	F/P/S	Event	Place	Points	Improv
Jack Berkley (11) M					
3:21.97Y	P # 102	Male 11-12 200 Free LY-VA	28	---	-15.29
4:13.59Y	P # 112	Male 11-12 200 Back LY-VA	11	5	---
1:59.54Y	P # 124	Male 11-12 100 IM LY-VA	31	---	-1.25
2:01.12Y DQ	P # 208	Male 11-12 100 Back LY-VA	---	---	---
38.35Y	P # 224	Male 11-12 50 Free LY-VA	51	---	-2.04
4:15.78Y	P # 230	Male 11-12 200 IM LY-VA	25	---	---
53.34Y	P # 314	Male 11-12 50 Back LY-VA	49	---	1.84
1:25.49Y	P # 324	Male 11-12 100 Free LY-VA	39	---	-6.90
Devin Bryant (12) M					
1:45.37Y	P # 208	Male 11-12 100 Back LY-VA	32	---	---
55.32Y	P # 214	Male 11-12 50 Breast LY-VA	42	---	---
38.21Y	P # 224	Male 11-12 50 Free LY-VA	50	---	---
Cole Campbell (14) M					
1:03.15Y	F # 226A	Male 13-14 100 Back LY-VA	5	14	-4.48
1:04.41Y	P # 226A	Male 13-14 100 Back LY-VA	8	---	-3.22
5:30.30Y	P # 238A	Male 13-14 500 Free LY-VA	5	---	-14.94
5:31.38Y	F # 238A	Male 13-14 500 Free LY-VA	6	13	-13.86
11:25.20Y	F # 306A	Male 13-14 1000 Free LY-VA	1	20	-28.09
52.09Y	F # 318A	Male 13-14 100 Free LY-VA	1	20	-1.43
54.80Y	P # 318A	Male 13-14 100 Free LY-VA	6	---	1.28
2:18.67Y	P # 326A	Male 13-14 200 IM LY-VA	6	---	-5.10
2:18.74Y	F # 326A	Male 13-14 200 IM LY-VA	7	12	-5.03
Ada Compton (12) F					
2:48.25Y	P # 101	Female 11-12 200 Free LY-VA	31	---	-13.13
44.59Y	P # 107	Female 11-12 50 Fly LY-VA	42	---	-0.61
1:30.77Y	P # 123	Female 11-12 100 IM LY-VA	53	---	-4.88
1:29.13Y	P # 207	Female 11-12 100 Back LY-VA	47	---	-12.87
45.41Y	P # 213	Female 11-12 50 Breast LY-VA	37	---	-5.05
3:20.88Y	P # 229	Female 11-12 200 IM LY-VA	30	---	-20.23
41.31Y	P # 313	Female 11-12 50 Back LY-VA	63	---	-2.23
1:17.61Y	P # 323	Female 11-12 100 Free LY-VA	69	---	-2.61
Emma Cooper (13) F					
2:37.18Y	F # 205A	Female 13-14 200 Fly LY-VA	3	16	-16.51
2:37.73Y	P # 205A	Female 13-14 200 Fly LY-VA	3	---	-15.96
28.91Y	P # 211A	Female 13-14 50 Free LY-VA	32	---	-0.19
1:06.88Y	F # 225A	Female 13-14 100 Back LY-VA	14	3	-2.49
1:07.16Y	P # 225A	Female 13-14 100 Back LY-VA	11	---	-2.21
2:19.22Y	F # 311A	Female 13-14 200 Back LY-VA	4	15	-13.01
2:20.50Y	P # 311A	Female 13-14 200 Back LY-VA	4	---	-11.73
1:01.97Y	P # 317A	Female 13-14 100 Free LY-VA	24	---	-3.21
2:29.00Y	P # 325A	Female 13-14 200 IM LY-VA	9	---	-8.57
2:30.86Y	F # 325A	Female 13-14 200 IM LY-VA	8	11	-6.71

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Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Mason Cooper (16) M						
2:25.69Y	F # 206B	Male 15 & Over 200 Fly	LY-VA	10	7	-7.75
2:27.60Y	P # 206B	Male 15 & Over 200 Fly	LY-VA	12	---	-5.84
26.13Y	P # 212B	Male 15 & Over 50 Free	LY-VA	38	---	-0.75
1:04.58Y	P # 226B	Male 15 & Over 100 Back	LY-VA	20	---	-0.08
2:25.40Y	F # 312B	Male 15 & Over 200 Back	LY-VA	9	9	-3.76
2:25.93Y	P # 312B	Male 15 & Over 200 Back	LY-VA	10	---	-3.23
59.21Y	P # 318B	Male 15 & Over 100 Free	LY-VA	37	---	0.02
2:28.26Y	P # 326B	Male 15 & Over 200 IM	LY-VA	33	---	-0.29
Meredith Cox (11) F						
3:02.18Y	P # 101	Female 11-12 200 Free	LY-VA	36	---	2.43
3:25.65Y DQ	P # 111	Female 11-12 200 Back	LY-VA	---	---	---
1:37.03Y	P # 123	Female 11-12 100 IM	LY-VA	57	---	-3.36
Avery Duff (12) F						
1:24.70Y	P # 207	Female 11-12 100 Back	LY-VA	36	---	1.24
30.89Y	P # 223	Female 11-12 50 Free	LY-VA	37	---	0.33
7:13.42Y	F # 235	Female 11-12 500 Free	LY-VA	20	---	-17.17
1:38.33Y	P # 307	Female 11-12 100 Fly	LY-VA	25	---	-0.68
40.44Y	P # 313	Female 11-12 50 Back	LY-VA	60	---	1.96
1:08.00Y	P # 323	Female 11-12 100 Free	LY-VA	32	---	0.35
Evy Edwards (9) F						
3:47.57Y	P # 103	Female 9-10 200 Free	LY-VA	15	2	14.46
2:09.97Y	P # 115	Female 9-10 100 Breast	LY-VA	21	---	4.15
1:48.62Y DQ	P # 121	Female 9-10 100 IM	LY-VA	---	---	---
1:55.03Y	P # 209	Female 9-10 100 Back	LY-VA	43	---	-1.85
56.08Y	P # 215	Female 9-10 50 Breast	LY-VA	39	---	-3.23
1:57.40Y	P # 309	Female 9-10 100 Fly	LY-VA	11	6	---
49.37Y	P # 315	Female 9-10 50 Back	LY-VA	58	---	-0.96
1:38.23Y	P # 321	Female 9-10 100 Free	LY-VA	56	---	1.65
Josh Edwards (14) M						
1:32.24Y	P # 106A	Male 13-14 100 Breast	LY-VA	26	---	17.93
2:04.44Y	F # 114A	Male 13-14 200 Free	LY-VA	12	5	-3.10
2:04.87Y	P # 114A	Male 13-14 200 Free	LY-VA	13	---	-2.67
24.87Y	F # 212A	Male 13-14 50 Free	LY-VA	5	14	-1.36
25.21Y	P # 212A	Male 13-14 50 Free	LY-VA	6	---	-1.02
2:50.19Y	P # 218A	Male 13-14 200 Breast	LY-VA	20	---	-8.80
5:40.70Y	F # 238A	Male 13-14 500 Free	LY-VA	11	6	-10.57
5:52.39Y	P # 238A	Male 13-14 500 Free	LY-VA	13	---	1.12
12:09.18Y	F # 306A	Male 13-14 1000 Free	LY-VA	5	14	-18.52
56.15Y	P # 318A	Male 13-14 100 Free	LY-VA	14	---	-1.68
57.33Y	F # 318A	Male 13-14 100 Free	LY-VA	15	2	-0.50
2:30.38Y DQ	P # 326A	Male 13-14 200 IM	LY-VA	---	---	---
25.50Y	F # 330	200 Free Relay Lead Off	LY-VA	---	---	-0.73

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Time	F/P/S	Event	Place	Points	Improv
Sam Edwards (12) M					
2:25.69Y	P # 102	Male 11-12 200 Free LY-VA	10	---	-2.63
2:26.36Y	F # 102	Male 11-12 200 Free LY-VA	11	6	-1.96
2:37.26Y	P # 112	Male 11-12 200 Back LY-VA	8	---	3.38
2:37.83Y	F # 112	Male 11-12 200 Back LY-VA	6	13	3.95
1:18.21Y	F # 124	Male 11-12 100 IM LY-VA	15	2	-0.08
1:19.75Y	P # 124	Male 11-12 100 IM LY-VA	17	---	1.46
30.31Y	F # 202	200 Free Relay Lead Off LY-VA	---	---	0.13
1:13.18Y	P # 208	Male 11-12 100 Back LY-VA	7	---	-1.41
1:14.31Y	F # 208	Male 11-12 100 Back LY-VA	7	12	-0.28
39.20Y	F # 214	Male 11-12 50 Breast LY-VA	13	4	-1.42
39.60Y	P # 214	Male 11-12 50 Breast LY-VA	15	---	-1.02
34.38Y	F # 314	Male 11-12 50 Back LY-VA	10	7	0.04
34.76Y	P # 314	Male 11-12 50 Back LY-VA	9	---	0.42
1:06.68Y	F # 324	Male 11-12 100 Free LY-VA	11	6	-2.58
1:06.97Y	P # 324	Male 11-12 100 Free LY-VA	9	---	-2.29
5:45.20Y	F # 332	Male 11-12 400 IM LY-VA	4	14	-12.43
Camille Greenlaw (10) F					
2:58.18Y	P # 103	Female 9-10 200 Free LY-VA	9	9	-7.68
53.93Y	P # 109	Female 9-10 50 Fly LY-VA	25	---	-2.79
1:39.27Y	P # 121	Female 9-10 100 IM LY-VA	23	---	-3.19
42.63Y	P # 315	Female 9-10 50 Back LY-VA	25	---	-2.61
1:25.13Y	P # 321	Female 9-10 100 Free LY-VA	33	---	-1.64
8:25.65Y	F # 327A	Female 10 & Under 500 Free LY-VA	17	---	-26.36
Daniel Gustafson (10) M					
1:26.02Y	F # 310	Male 9-10 100 Fly LY-VA	5	14	-7.15
1:29.79Y	P # 310	Male 9-10 100 Fly LY-VA	5	---	-3.38
42.86Y	P # 316	Male 9-10 50 Back LY-VA	20	---	0.59
1:16.82Y	P # 322	Male 9-10 100 Free LY-VA	14	3	0.07
Zelynn Gustafson (14) F					
1:31.99Y	P # 105A	Female 13-14 100 Breast LY-VA	24	---	-4.45
2:31.01Y	P # 113A	Female 13-14 200 Free LY-VA	38	---	-3.16
30.12Y	P # 211A	Female 13-14 50 Free LY-VA	43	---	-0.11
3:20.47Y	P # 217A	Female 13-14 200 Breast LY-VA	21	---	-11.52
1:33.04Y	P # 225A	Female 13-14 100 Back LY-VA	44	---	4.46
1:07.11Y	P # 317A	Female 13-14 100 Free LY-VA	40	---	-1.12
2:54.90Y	P # 325A	Female 13-14 200 IM LY-VA	35	---	-2.87

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Time	F/P/S	Event	Place	Points	Improv
Anderson Holt (9) M					
3:44.51Y	P # 104	Male 9-10 200 Free LY-VA	16	1	-0.90
2:17.03Y	P # 116	Male 9-10 100 Breast LY-VA	19	---	-9.49
2:15.87Y	P # 122	Male 9-10 100 IM LY-VA	32	---	9.18
2:00.89Y	P # 210	Male 9-10 100 Back LY-VA	33	---	-8.29
1:00.77Y	P # 216	Male 9-10 50 Breast LY-VA	33	---	-11.07
45.16Y	P # 222	Male 9-10 50 Free LY-VA	45	---	-1.67
59.44Y	P # 316	Male 9-10 50 Back LY-VA	36	---	-2.78
1:39.80Y	P # 322	Male 9-10 100 Free LY-VA	30	---	-5.94
Ann-Margaret Holt (13) F					
2:00.82Y	F # 113A	Female 13-14 200 Free LY-VA	4	15	-3.48
2:03.03Y	P # 113A	Female 13-14 200 Free LY-VA	4	---	-1.27
1:05.60Y	F # 119A	Female 13-14 100 Fly LY-VA	9	9	-4.63
1:08.03Y	P # 119A	Female 13-14 100 Fly LY-VA	9	---	-2.20
25.64Y	F # 211A	Female 13-14 50 Free LY-VA	1	20	-0.84
25.99Y	P # 211A	Female 13-14 50 Free LY-VA	1	---	-0.49
1:04.98Y	P # 225A	Female 13-14 100 Back LY-VA	8	---	-1.82
1:06.39Y	F # 225A	Female 13-14 100 Back LY-VA	8	11	-0.41
5:23.99Y	F # 237A	Female 13-14 500 Free LY-VA	1	20	-12.04
5:29.88Y	P # 237A	Female 13-14 500 Free LY-VA	2	---	-6.15
11:13.28Y	F # 305A	Female 13-14 1000 Free LY-VA	1	20	-37.50
2:20.18Y	P # 311A	Female 13-14 200 Back LY-VA	3	---	-4.02
2:23.12Y	F # 311A	Female 13-14 200 Back LY-VA	6	13	-1.08
56.26Y	P # 317A	Female 13-14 100 Free LY-VA	2	---	-0.72
56.39Y	F # 317A	Female 13-14 100 Free LY-VA	3	16	-0.59
Davis Hottle (15) M					
23.05Y	P # 212B	Male 15 & Over 50 Free LY-VA	4	---	-0.36
23.22Y	F # 212B	Male 15 & Over 50 Free LY-VA	3	15.5	-0.19
56.63Y	F # 226B	Male 15 & Over 100 Back LY-VA	4	15	-0.52
56.91Y	P # 226B	Male 15 & Over 100 Back LY-VA	4	---	-0.24
2:00.93Y	P # 312B	Male 15 & Over 200 Back LY-VA	1	---	-2.68
50.17Y	F # 318B	Male 15 & Over 100 Free LY-VA	3	16	0.26
50.57Y	P # 318B	Male 15 & Over 100 Free LY-VA	3	---	0.66
2:03.74Y	F # 326B	Male 15 & Over 200 IM LY-VA	1	20	-2.82
2:05.17Y	P # 326B	Male 15 & Over 200 IM LY-VA	1	---	-1.39
23.51Y	F # 334	200 Free Relay Lead Off LY-VA	---	---	0.10
Luke Hottle (14) M					
56.53Y	F # 120A	Male 13-14 100 Fly LY-VA	1	20	-3.14
58.38Y	P # 120A	Male 13-14 100 Fly LY-VA	1	---	-1.29
57.05Y	F # 226A	Male 13-14 100 Back LY-VA	1	20	-6.08
59.02Y	P # 226A	Male 13-14 100 Back LY-VA	1	---	-4.11
59.47Y	F # 232	400 Medley Relay Lead Off LY-VA	---	---	-3.66

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Time	F/P/S	Event		Place	Points	Improv
Noah Kasper (15) M						
1:59.37Y	F # 114B	Male 15 & Over 200 Free	LY-VA	12	5	-0.80
2:00.67Y	P # 114B	Male 15 & Over 200 Free	LY-VA	15	---	0.50
59.91Y	F # 120B	Male 15 & Over 100 Fly	LY-VA	15	2	-1.52
1:01.15Y	P # 120B	Male 15 & Over 100 Fly	LY-VA	15	---	-0.28
5:00.62Y	F # 130B	Male 15 & Over 400 IM	LY-VA	3	16	-6.68
5:03.79Y	P # 130B	Male 15 & Over 400 IM	LY-VA	3	---	-3.51
24.31Y	P # 212B	Male 15 & Over 50 Free	LY-VA	21	---	-0.43
1:01.70Y	F # 226B	Male 15 & Over 100 Back	LY-VA	15	2	-2.22
1:02.50Y	P # 226B	Male 15 & Over 100 Back	LY-VA	18	---	-1.42
5:33.71Y	F # 238B	Male 15 & Over 500 Free	LY-VA	9	9	-11.15
5:41.67Y	P # 238B	Male 15 & Over 500 Free	LY-VA	15	---	-3.19
Caleb Keatts (17) M						
27.76Y	P # 212B	Male 15 & Over 50 Free	LY-VA	47	---	-0.28
3:02.44Y	P # 218B	Male 15 & Over 200 Breast	LY-VA	20	---	---
1:16.97Y	P # 226B	Male 15 & Over 100 Back	LY-VA	34	---	---
2:41.83Y DQ	P # 312B	Male 15 & Over 200 Back	LY-VA	---	---	---
1:01.37Y	P # 318B	Male 15 & Over 100 Free	LY-VA	45	---	0.68
2:43.61Y	P # 326B	Male 15 & Over 200 IM	LY-VA	39	---	---
Lana Keith (9) F						
1:48.49Y	P # 209	Female 9-10 100 Back	LY-VA	39	---	0.89
1:02.59Y	P # 215	Female 9-10 50 Breast	LY-VA	47	---	1.22
43.94Y	P # 221	Female 9-10 50 Free	LY-VA	57	---	3.34
2:01.18Y	P # 309	Female 9-10 100 Fly	LY-VA	13	4	---
48.23Y	P # 315	Female 9-10 50 Back	LY-VA	54	---	0.35
1:37.58Y	P # 321	Female 9-10 100 Free	LY-VA	55	---	1.53
Mia Keith (11) F						
1:44.52Y	P # 207	Female 11-12 100 Back	LY-VA	54	---	-16.28
1:03.15Y	P # 213	Female 11-12 50 Breast	LY-VA	60	---	-3.37
45.29Y	P # 223	Female 11-12 50 Free	LY-VA	84	---	---
2:18.29Y	P # 307	Female 11-12 100 Fly	LY-VA	26	---	---
51.79Y	P # 313	Female 11-12 50 Back	LY-VA	76	---	-1.53
1:36.22Y	P # 323	Female 11-12 100 Free	LY-VA	83	---	-3.04

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Time	F/P/S	Event	Place	Points	Improv	
Kathleen King (12) F						
2:11.92Y	F # 101	Female 11-12 200 Free	LY-VA	4	15	-7.63
2:12.29Y	P # 101	Female 11-12 200 Free	LY-VA	2	---	-7.26
32.14Y	P # 107	Female 11-12 50 Fly	LY-VA	9	---	-2.46
32.84Y	F # 107	Female 11-12 50 Fly	LY-VA	13	4	-1.76
2:35.74Y	P # 111	Female 11-12 200 Back	LY-VA	6	---	-4.29
2:39.02Y	F # 111	Female 11-12 200 Back	LY-VA	8	11	-1.01
28.30Y	F # 201	200 Free Relay Lead Off	LY-VA	---	---	-0.67
1:09.18Y	F # 207	Female 11-12 100 Back	LY-VA	4	15	-2.01
1:10.60Y	P # 207	Female 11-12 100 Back	LY-VA	5	---	-0.59
27.94Y	P # 223	Female 11-12 50 Free	LY-VA	5	---	-1.03
28.22Y	F # 223	Female 11-12 50 Free	LY-VA	7	12	-0.75
5:59.64Y	F # 235	Female 11-12 500 Free	LY-VA	3	16	-36.24
32.50Y	F # 301	200 Medley Relay Lead Off	LY-VA	---	---	-0.34
31.38Y	P # 313	Female 11-12 50 Back	LY-VA	1	---	-1.46
31.75Y	F # 313	Female 11-12 50 Back	LY-VA	3	16	-1.09
1:02.13Y	F # 323	Female 11-12 100 Free	LY-VA	5	14	-1.17
1:02.28Y	P # 323	Female 11-12 100 Free	LY-VA	8	---	-1.02
Luke King (18) M						
1:04.36Y	P # 106B	Male 15 & Over 100 Breast	LY-VA	2	---	-2.06
1:05.04Y	F # 106B	Male 15 & Over 100 Breast	LY-VA	3	16	-1.38
1:58.28Y	P # 114B	Male 15 & Over 200 Free	LY-VA	12	---	1.97
2:03.88Y	F # 114B	Male 15 & Over 200 Free	LY-VA	16	1	7.57
58.06Y	P # 120B	Male 15 & Over 100 Fly	LY-VA	7	---	-4.01
1:00.47Y	F # 120B	Male 15 & Over 100 Fly	LY-VA	8	11	-1.60
54.06Y	P # 318B	Male 15 & Over 100 Free	LY-VA	23	---	0.58
2:05.58Y	P # 326B	Male 15 & Over 200 IM	LY-VA	3	---	-1.78
2:08.71Y	F # 326B	Male 15 & Over 200 IM	LY-VA	3	16	1.35
Jon Korby (11) M						
1:28.21Y DQ	P # 208	Male 11-12 100 Back	LY-VA	---	---	---
33.11Y	P # 224	Male 11-12 50 Free	LY-VA	30	---	-1.14
7:21.08Y	F # 236	Male 11-12 500 Free	LY-VA	8	11	-11.69
1:34.15Y	P # 308	Male 11-12 100 Fly	LY-VA	18	---	-4.32
39.61Y	P # 314	Male 11-12 50 Back	LY-VA	32	---	-0.10
1:14.28Y	P # 324	Male 11-12 100 Free	LY-VA	25	---	-0.99
Jefferson Koscielny (11) M						
2:02.82Y	P # 208	Male 11-12 100 Back	LY-VA	36	---	3.46
57.09Y	P # 214	Male 11-12 50 Breast	LY-VA	43	---	-2.94
38.00Y	P # 224	Male 11-12 50 Free	LY-VA	49	---	-2.05
51.33Y	P # 314	Male 11-12 50 Back	LY-VA	48	---	-4.52
4:03.93Y	P # 320	Male 11-12 200 Breast	LY-VA	13	4	---
1:33.74Y	P # 324	Male 11-12 100 Free	LY-VA	45	---	-1.20

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Jacob Kovarik (13) M						
1:17.61Y	P # 106A	Male 13-14 100 Breast	LY-VA	13	---	-0.68
1:17.69Y DQ	F # 106A	Male 13-14 100 Breast	LY-VA	---	---	---
2:15.50Y	P # 114A	Male 13-14 200 Free	LY-VA	22	---	0.02
26.32Y	P # 212A	Male 13-14 50 Free	LY-VA	19	---	-0.15
2:57.57Y	P # 218A	Male 13-14 200 Breast	LY-VA	23	---	1.05
1:10.68Y	P # 226A	Male 13-14 100 Back	LY-VA	20	---	-0.01
1:12.82Y	F # 232	400 Medley Relay Lead Off	LY-VA	---	---	2.13
2:29.39Y	P # 312A	Male 13-14 200 Back	LY-VA	13	---	-12.37
2:29.80Y	F # 312A	Male 13-14 200 Back	LY-VA	10	7	-11.96
1:00.75Y	P # 318A	Male 13-14 100 Free	LY-VA	30	---	-0.71
2:36.84Y	P # 326A	Male 13-14 200 IM	LY-VA	30	---	-2.41
Katherine Kovarik (15) F						
2:07.33Y	P # 113B	Female 15 & Over 200 Free	LY-VA	7	---	-6.34
2:07.74Y	F # 113B	Female 15 & Over 200 Free	LY-VA	6	13	-5.93
1:06.78Y	P # 119B	Female 15 & Over 100 Fly	LY-VA	11	---	-5.68
1:12.02Y	F # 119B	Female 15 & Over 100 Fly	LY-VA	15	2	-0.44
59.99Y	F # 127	400 Free Relay Lead Off	LY-VA	---	---	0.94
5:18.20Y	F # 129B	Female 15 & Over 400 IM	LY-VA	2	17	-8.61
5:22.28Y	P # 129B	Female 15 & Over 400 IM	LY-VA	1	---	-4.53
1:06.40Y	F # 225B	Female 15 & Over 100 Back	LY-VA	9	9	0.64
1:07.06Y	P # 225B	Female 15 & Over 100 Back	LY-VA	11	---	1.30
5:48.76Y	F # 237B	Female 15 & Over 500 Free	LY-VA	4	15	3.15
5:53.48Y	P # 237B	Female 15 & Over 500 Free	LY-VA	6	---	7.87
12:07.24Y	F # 305B	Female 15 & Over 1000 Free	LY-VA	1	20	-20.82
2:31.71Y	P # 311B	Female 15 & Over 200 Back	LY-VA	12	---	5.67
1:02.95Y	P # 317B	Female 15 & Over 100 Free	LY-VA	25	---	3.90
Benjamin Leger (7) M						
8:35.76Y	F # 328A	Male 10 & Under 500 Free	LY-VA	16	1	-21.60
Jacob Leger (13) M						
1:32.87Y	P # 106A	Male 13-14 100 Breast	LY-VA	27	---	1.51
1:15.37Y	P # 120A	Male 13-14 100 Fly	LY-VA	23	---	1.86
2:40.80Y	F # 206A	Male 13-14 200 Fly	LY-VA	3	16	0.02
2:45.92Y	P # 206A	Male 13-14 200 Fly	LY-VA	4	---	5.14
28.90Y	P # 212A	Male 13-14 50 Free	LY-VA	43	---	1.59
1:15.34Y	P # 226A	Male 13-14 100 Back	LY-VA	33	---	4.40
2:49.09Y	P # 312A	Male 13-14 200 Back	LY-VA	25	---	4.07
1:02.09Y	P # 318A	Male 13-14 100 Free	LY-VA	32	---	2.22
2:45.02Y	P # 326A	Male 13-14 200 IM	LY-VA	40	---	9.93

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Noah Leger (10) M						
37.22Y	P # 110	Male 9-10 50 Fly	LY-VA	10	7	0.09
1:34.91Y	F # 116	Male 9-10 100 Breast	LY-VA	6	13	-0.35
1:38.09Y	P # 116	Male 9-10 100 Breast	LY-VA	6	---	2.83
1:20.64Y	F # 122	Male 9-10 100 IM	LY-VA	5	14	-2.84
1:20.81Y	P # 122	Male 9-10 100 IM	LY-VA	3	---	-2.67
1:23.60Y	P # 210	Male 9-10 100 Back	LY-VA	10	7	-3.82
44.76Y	P # 216	Male 9-10 50 Breast	LY-VA	9	9	0.76
2:50.36Y	F # 228	Male 9-10 200 IM	LY-VA	3	16	-11.25
38.73Y	F # 304	200 Medley Relay Lead Off	LY-VA	---	---	0.52
1:27.17Y	F # 310	Male 9-10 100 Fly	LY-VA	6	13	-0.22
1:30.17Y	P # 310	Male 9-10 100 Fly	LY-VA	6	---	2.78
37.53Y	P # 316	Male 9-10 50 Back	LY-VA	5	---	-0.68
39.43Y	F # 316	Male 9-10 50 Back	LY-VA	8	11	1.22
Grant Manning (11) M						
NS	P # 102	Male 11-12 200 Free	LY-VA	---	---	---
NS	P # 118	Male 11-12 100 Breast	LY-VA	---	---	---
NS	P # 124	Male 11-12 100 IM	LY-VA	---	---	---
NS	P # 208	Male 11-12 100 Back	LY-VA	---	---	---
NS	P # 214	Male 11-12 50 Breast	LY-VA	---	---	---
NS	P # 224	Male 11-12 50 Free	LY-VA	---	---	---
Blythe Miller (14) F						
29.39Y	P # 211A	Female 13-14 50 Free	LY-VA	35	---	-0.25
2:58.43Y	F # 217A	Female 13-14 200 Breast	LY-VA	12	5	-12.65
3:01.46Y	P # 217A	Female 13-14 200 Breast	LY-VA	15	---	-9.62
1:19.50Y	P # 225A	Female 13-14 100 Back	LY-VA	33	---	-0.63
Lacey Miller (17) F						
28.12Y	P # 211B	Female 15 & Over 50 Free	LY-VA	20	---	0.02
2:53.40Y	F # 217B	Female 15 & Over 200 Breast	LY-VA	11	6	1.45
2:55.59Y	P # 217B	Female 15 & Over 200 Breast	LY-VA	11	---	3.64
1:19.04Y	P # 225B	Female 15 & Over 100 Back	LY-VA	25	---	-0.75

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Anna Mills (15) F						
1:24.38Y	P # 105B	Female 15 & Over 100 Breast	LY-VA	12	---	-2.57
1:27.17Y	F # 105B	Female 15 & Over 100 Breast	LY-VA	12	5	0.22
2:08.52Y	P # 113B	Female 15 & Over 200 Free	LY-VA	11	---	-1.71
2:09.03Y	F # 113B	Female 15 & Over 200 Free	LY-VA	10	7	-1.20
1:10.28Y	F # 119B	Female 15 & Over 100 Fly	LY-VA	14	3	-1.51
1:10.99Y	P # 119B	Female 15 & Over 100 Fly	LY-VA	16	---	-0.80
27.29Y	F # 211B	Female 15 & Over 50 Free	LY-VA	12	4.5	-0.72
27.37Y	P # 211B	Female 15 & Over 50 Free	LY-VA	12	---	-0.64
1:06.57Y	F # 225B	Female 15 & Over 100 Back	LY-VA	10	7	0.53
1:06.75Y	P # 225B	Female 15 & Over 100 Back	LY-VA	10	---	0.71
5:44.90Y	F # 237B	Female 15 & Over 500 Free	LY-VA	3	16	-20.96
5:49.50Y	P # 237B	Female 15 & Over 500 Free	LY-VA	4	---	-16.36
Luke Morrison (13) M						
2:33.98Y	P # 206A	Male 13-14 200 Fly	LY-VA	2	---	-18.15
2:37.41Y	F # 206A	Male 13-14 200 Fly	LY-VA	2	17	-14.72
27.58Y	P # 212A	Male 13-14 50 Free	LY-VA	31	---	-0.17
1:10.53Y	P # 226A	Male 13-14 100 Back	LY-VA	18	---	-1.12
Mac Morrison (9) M						
1:25.81Y	P # 210	Male 9-10 100 Back	LY-VA	12	5	-8.79
31.72Y	F # 222	Male 9-10 50 Free	LY-VA	6	13	-1.79
31.82Y	P # 222	Male 9-10 50 Free	LY-VA	7	---	-1.69
3:09.60Y	F # 228	Male 9-10 200 IM	LY-VA	9	7	-15.17
Aidan Moss (11) M						
2:29.79Y	P # 102	Male 11-12 200 Free	LY-VA	15	---	-0.08
2:30.85Y	F # 102	Male 11-12 200 Free	LY-VA	15	2	0.98
34.97Y	P # 108	Male 11-12 50 Fly	LY-VA	14	---	-0.06
35.29Y	F # 108	Male 11-12 50 Fly	LY-VA	14	3	0.26
1:17.59Y	P # 124	Male 11-12 100 IM	LY-VA	15	---	-0.89
1:20.05Y	F # 124	Male 11-12 100 IM	LY-VA	16	1	1.57
1:13.36Y	F # 208	Male 11-12 100 Back	LY-VA	9	9	-3.80
1:14.29Y	P # 208	Male 11-12 100 Back	LY-VA	10	---	-2.87
31.34Y	P # 224	Male 11-12 50 Free	LY-VA	21	---	-1.42
2:45.82Y	F # 230	Male 11-12 200 IM	LY-VA	12	5	-2.12
2:47.78Y	P # 230	Male 11-12 200 IM	LY-VA	14	---	-0.16
35.65Y	P # 314	Male 11-12 50 Back	LY-VA	15	---	-0.01
35.69Y	F # 314	Male 11-12 50 Back	LY-VA	13	4	0.03
1:10.94Y	P # 324	Male 11-12 100 Free	LY-VA	20	---	0.02

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Broderick Nelson (13) M					
1:57.63Y	F # 114A	Male 13-14 200 Free LY-VA	5	14	-2.40
1:57.77Y	P # 114A	Male 13-14 200 Free LY-VA	2	---	-2.26
1:00.88Y	F # 120A	Male 13-14 100 Fly LY-VA	4	15	-0.91
1:01.47Y	P # 120A	Male 13-14 100 Fly LY-VA	3	---	-0.32
4:40.69Y DQ	P # 130A	Male 13-14 400 IM LY-VA	---	---	---
2:14.34Y	F # 206A	Male 13-14 200 Fly LY-VA	1	20	-5.88
2:17.07Y	P # 206A	Male 13-14 200 Fly LY-VA	1	---	-3.15
25.72Y	F # 212A	Male 13-14 50 Free LY-VA	13	4	0.27
25.79Y	P # 212A	Male 13-14 50 Free LY-VA	13	---	0.34
5:07.42Y	F # 238A	Male 13-14 500 Free LY-VA	2	17	-10.72
5:13.91Y	P # 238A	Male 13-14 500 Free LY-VA	2	---	-4.23
53.27Y	F # 318A	Male 13-14 100 Free LY-VA	3	16	-0.76
53.81Y	P # 318A	Male 13-14 100 Free LY-VA	3	---	-0.22
2:08.08Y	F # 326A	Male 13-14 200 IM LY-VA	1	20	-3.31
2:10.15Y	P # 326A	Male 13-14 200 IM LY-VA	1	---	-1.24
Caroline Nelson (10) F					
3:11.84Y	P # 103	Female 9-10 200 Free LY-VA	13	4	12.46
1:31.76Y	F # 115	Female 9-10 100 Breast LY-VA	5	14	-5.08
1:32.79Y	P # 115	Female 9-10 100 Breast LY-VA	6	---	-4.05
1:36.30Y	P # 121	Female 9-10 100 IM LY-VA	19	---	8.47
1:42.63Y	P # 209	Female 9-10 100 Back LY-VA	34	---	7.02
33.82Y	P # 221	Female 9-10 50 Free LY-VA	13	4	0.89
3:27.83Y	F # 227	Female 9-10 200 IM LY-VA	18	---	13.40
52.21Y	P # 315	Female 9-10 50 Back LY-VA	64	---	5.53
1:23.21Y	P # 321	Female 9-10 100 Free LY-VA	28	---	0.62
Ella Pennington (12) F					
2:28.94Y	P # 101	Female 11-12 200 Free LY-VA	17	---	-4.83
1:28.53Y	P # 117	Female 11-12 100 Breast LY-VA	14	---	-4.10
1:29.29Y	F # 117	Female 11-12 100 Breast LY-VA	16	1	-3.34
1:19.24Y	P # 123	Female 11-12 100 IM LY-VA	30	---	-1.21
1:12.95Y	F # 131	400 Free Relay Lead Off LY-VA	---	---	3.03
40.69Y	P # 213	Female 11-12 50 Breast LY-VA	18	---	-1.14
32.46Y	P # 223	Female 11-12 50 Free LY-VA	54	---	0.17
37.73Y	P # 313	Female 11-12 50 Back LY-VA	43	---	-0.01
3:16.82Y	P # 319	Female 11-12 200 Breast LY-VA	12	5	2.08
1:08.97Y	P # 323	Female 11-12 100 Free LY-VA	40	---	-0.95

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Lainey Pennington (10) F						
1:35.92Y	F # 115	Female 9-10 100 Breast	LY-VA	7	12	-6.72
1:38.36Y	P # 115	Female 9-10 100 Breast	LY-VA	7	---	-4.28
1:21.67Y	F # 121	Female 9-10 100 IM	LY-VA	4	15	-2.75
1:23.30Y	P # 121	Female 9-10 100 IM	LY-VA	5	---	-1.12
32.20Y	F # 203	200 Free Relay Lead Off	LY-VA	---	---	0.09
1:25.74Y	P # 209	Female 9-10 100 Back	LY-VA	10	7	-0.12
31.94Y	P # 221	Female 9-10 50 Free	LY-VA	7	---	-0.17
32.24Y	F # 221	Female 9-10 50 Free	LY-VA	8	11	0.13
2:54.34Y	F # 227	Female 9-10 200 IM	LY-VA	3	16	-4.66
40.48Y	P # 315	Female 9-10 50 Back	LY-VA	15	2	-0.17
1:09.99Y	P # 321	Female 9-10 100 Free	LY-VA	5	---	-0.37
1:10.37Y	F # 321	Female 9-10 100 Free	LY-VA	8	11	0.01
6:42.27Y	F # 327A	Female 10 & Under 500 Free	LY-VA	2	17	-18.68
Will Perrow (16) M						
27.59Y	P # 212B	Male 15 & Over 50 Free	LY-VA	44	---	-1.37
2:50.89Y	P # 218B	Male 15 & Over 200 Breast	LY-VA	19	---	-3.34
1:25.60Y	P # 226B	Male 15 & Over 100 Back	LY-VA	37	---	-3.23
Danna Pineda (11) F						
1:15.78Y	P # 207	Female 11-12 100 Back	LY-VA	20	---	-8.68
29.88Y	P # 223	Female 11-12 50 Free	LY-VA	25	---	-1.06
7:10.03Y	F # 235	Female 11-12 500 Free	LY-VA	19	---	-33.79
35.82Y	F # 301	200 Medley Relay Lead Off	LY-VA	---	---	0.14
1:31.72Y	P # 307	Female 11-12 100 Fly	LY-VA	22	---	-6.89
35.05Y	P # 313	Female 11-12 50 Back	LY-VA	19	---	-0.63
1:08.93Y	P # 323	Female 11-12 100 Free	LY-VA	39	---	-1.09
Owen Porter (12) M						
2:21.24Y	F # 102	Male 11-12 200 Free	LY-VA	9	9	-13.26
2:27.47Y	P # 102	Male 11-12 200 Free	LY-VA	13	---	-7.03
33.58Y	F # 108	Male 11-12 50 Fly	LY-VA	10	7	0.28
33.73Y	P # 108	Male 11-12 50 Fly	LY-VA	11	---	0.43
1:12.27Y	P # 124	Male 11-12 100 IM	LY-VA	6	---	-0.18
1:13.42Y	F # 124	Male 11-12 100 IM	LY-VA	6	13	0.97
1:09.17Y	F # 132	400 Free Relay Lead Off	LY-VA	---	---	3.02
29.22Y	P # 224	Male 11-12 50 Free	LY-VA	7	---	-0.45
29.34Y	F # 224	Male 11-12 50 Free	LY-VA	8	11	-0.33
2:40.37Y	P # 230	Male 11-12 200 IM	LY-VA	8	---	-5.09
2:41.19Y	F # 230	Male 11-12 200 IM	LY-VA	8	11	-4.27
6:46.98Y	F # 236	Male 11-12 500 Free	LY-VA	7	12	-12.24

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Carter Rice (17) M						
1:07.40Y	P # 106B	Male 15 & Over 100 Breast	LY-VA	6	---	1.66
1:07.50Y	F # 106B	Male 15 & Over 100 Breast	LY-VA	6	13	1.76
1:53.48Y	F # 114B	Male 15 & Over 200 Free	LY-VA	9	9	-0.63
1:55.41Y	P # 114B	Male 15 & Over 200 Free	LY-VA	9	---	1.30
1:00.84Y	F # 120B	Male 15 & Over 100 Fly	LY-VA	16	1	-0.72
1:01.53Y	P # 120B	Male 15 & Over 100 Fly	LY-VA	16	---	-0.03
2:10.80Y	F # 206B	Male 15 & Over 200 Fly	LY-VA	7	12	1.41
2:14.18Y	P # 206B	Male 15 & Over 200 Fly	LY-VA	9	---	4.79
25.73Y	P # 212B	Male 15 & Over 50 Free	LY-VA	37	---	0.12
2:25.23Y	F # 218B	Male 15 & Over 200 Breast	LY-VA	6	13	-0.61
2:27.46Y	P # 218B	Male 15 & Over 200 Breast	LY-VA	5	---	1.62
53.69Y	P # 318B	Male 15 & Over 100 Free	LY-VA	21	---	-0.34
2:09.62Y	P # 326B	Male 15 & Over 200 IM	LY-VA	6	---	-0.10
Andrew Rogers (17) M						
1:53.58Y	P # 114B	Male 15 & Over 200 Free	LY-VA	7	---	0.44
1:54.82Y	F # 114B	Male 15 & Over 200 Free	LY-VA	8	11	1.68
55.71Y	P # 120B	Male 15 & Over 100 Fly	LY-VA	1	---	-0.66
56.20Y	F # 120B	Male 15 & Over 100 Fly	LY-VA	3	16	-0.17
2:07.27Y	F # 206B	Male 15 & Over 200 Fly	LY-VA	5	14	0.57
2:07.34Y	P # 206B	Male 15 & Over 200 Fly	LY-VA	6	---	0.64
23.69Y	F # 212B	Male 15 & Over 50 Free	LY-VA	13	4	0.05
23.75Y	P # 212B	Male 15 & Over 50 Free	LY-VA	11	---	0.11
5:20.33Y	P # 238B	Male 15 & Over 500 Free	LY-VA	6	---	0.73
51.26Y	F # 318B	Male 15 & Over 100 Free	LY-VA	6	13	0.03
51.49Y	P # 318B	Male 15 & Over 100 Free	LY-VA	8	---	0.26
2:12.97Y	P # 326B	Male 15 & Over 200 IM	LY-VA	12	---	-1.24
Ella Shinkle (10) F						
1:36.78Y	P # 209	Female 9-10 100 Back	LY-VA	26	---	-0.32
37.23Y	P # 221	Female 9-10 50 Free	LY-VA	32	---	1.53
2:25.98Y	P # 309	Female 9-10 100 Fly	LY-VA	14	3	---
1:19.73Y	P # 321	Female 9-10 100 Free	LY-VA	17	---	-2.41
8:07.02Y	F # 327A	Female 10 & Under 500 Free	LY-VA	14	3	12.19
Ava Shopbell (13) F						
1:12.80Y	P # 105A	Female 13-14 100 Breast	LY-VA	2	---	0.18
1:13.06Y	F # 105A	Female 13-14 100 Breast	LY-VA	4	15	0.44
11:14.76Y	F # 305A	Female 13-14 1000 Free	LY-VA	2	17	-16.60
Mason Sloan (10) M						
1:39.15Y	P # 210	Male 9-10 100 Back	LY-VA	25	---	-11.69
1:02.59Y	P # 216	Male 9-10 50 Breast	LY-VA	35	---	0.18
37.22Y	P # 222	Male 9-10 50 Free	LY-VA	34	---	-1.74

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Avery Snyder (14) M						
1:07.14Y	F # 106A	Male 13-14 100 Breast	LY-VA	2	17	-5.25
1:08.77Y	P # 106A	Male 13-14 100 Breast	LY-VA	3	---	-3.62
1:57.66Y	F # 114A	Male 13-14 200 Free	LY-VA	6	13	-5.91
2:02.64Y	P # 114A	Male 13-14 200 Free	LY-VA	7	---	-0.93
55.72Y	F # 126	400 Free Relay Lead Off	LY-VA	---	---	-2.57
4:55.15Y	F # 130A	Male 13-14 400 IM	LY-VA	3	16	-9.90
5:01.28Y	P # 130A	Male 13-14 400 IM	LY-VA	5	---	-3.77
25.01Y	F # 212A	Male 13-14 50 Free	LY-VA	10	7	-0.74
25.88Y	P # 212A	Male 13-14 50 Free	LY-VA	15	---	0.13
2:33.53Y	P # 218A	Male 13-14 200 Breast	LY-VA	3	---	-8.75
2:33.98Y	F # 218A	Male 13-14 200 Breast	LY-VA	3	16	-8.30
5:26.93Y	F # 238A	Male 13-14 500 Free	LY-VA	5	14	-22.60
5:31.64Y	P # 238A	Male 13-14 500 Free	LY-VA	6	---	-17.89
NS	P # 318A	Male 13-14 100 Free	LY-VA	---	---	---
Bri Torrence (9) F						
2:11.50Y	P # 209	Female 9-10 100 Back	LY-VA	47	---	14.15
1:27.40Y DQ	P # 215	Female 9-10 50 Breast	LY-VA	---	---	---
44.63Y	P # 221	Female 9-10 50 Free	LY-VA	60	---	3.19
NS	P # 315	Female 9-10 50 Back	LY-VA	---	---	---
NS	P # 321	Female 9-10 100 Free	LY-VA	---	---	---
Kinley Tuck (11) F						
3:03.77Y	P # 111	Female 11-12 200 Back	LY-VA	15	2	-15.02
1:44.07Y	P # 117	Female 11-12 100 Breast	LY-VA	28	---	2.67
1:32.18Y	P # 123	Female 11-12 100 IM	LY-VA	55	---	0.58
1:25.16Y	P # 207	Female 11-12 100 Back	LY-VA	39	---	-4.08
46.19Y	P # 213	Female 11-12 50 Breast	LY-VA	41	---	-0.06
3:15.81Y	P # 229	Female 11-12 200 IM	LY-VA	28	---	-5.96
38.57Y	P # 313	Female 11-12 50 Back	LY-VA	48	---	-2.06
3:37.60Y	P # 319	Female 11-12 200 Breast	LY-VA	16	1	---
Joshua Warren (15) M						
1:51.63Y	P # 114B	Male 15 & Over 200 Free	LY-VA	2	---	0.26
1:52.02Y	F # 114B	Male 15 & Over 200 Free	LY-VA	5	14	0.65
56.65Y	F # 120B	Male 15 & Over 100 Fly	LY-VA	4	15	-0.40
58.10Y	P # 120B	Male 15 & Over 100 Fly	LY-VA	8	---	1.05
52.47Y	F # 128	400 Free Relay Lead Off	LY-VA	---	---	-0.92
2:08.61Y	P # 206B	Male 15 & Over 200 Fly	LY-VA	8	---	-1.14
23.39Y	P # 212B	Male 15 & Over 50 Free	LY-VA	7	---	-0.43
23.40Y	F # 212B	Male 15 & Over 50 Free	LY-VA	7	12	-0.42
1:03.61Y	P # 226B	Male 15 & Over 100 Back	LY-VA	19	---	-1.44

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Sarah Warren (13) F					
2:07.25Y	F # 113A	Female 13-14 200 Free LY-VA	12	5	1.95
2:07.51Y	P # 113A	Female 13-14 200 Free LY-VA	10	---	2.21
1:00.88Y	F # 119A	Female 13-14 100 Fly LY-VA	1	20	-1.66
1:01.75Y	P # 119A	Female 13-14 100 Fly LY-VA	1	---	-0.79
4:55.36Y	P # 129A	Female 13-14 400 IM LY-VA	2	---	-2.79
4:59.39Y	F # 129A	Female 13-14 400 IM LY-VA	3	16	1.24
27.46Y	P # 211A	Female 13-14 50 Free LY-VA	21	---	-0.52
1:03.67Y	P # 225A	Female 13-14 100 Back LY-VA	3	---	-1.07
1:04.27Y	F # 225A	Female 13-14 100 Back LY-VA	5	14	-0.47
5:34.89Y	P # 237A	Female 13-14 500 Free LY-VA	5	---	-10.32
Broughton Webb (12) F					
32.59Y	F # 107	Female 11-12 50 Fly LY-VA	---	---	-2.32
2:27.94Y	F # 111	Female 11-12 200 Back LY-VA	3	16	-8.75
2:28.65Y	P # 111	Female 11-12 200 Back LY-VA	3	---	-8.04
1:08.69Y	F # 123	Female 11-12 100 IM LY-VA	2	17	-1.27
1:09.12Y	P # 123	Female 11-12 100 IM LY-VA	3	---	-0.84
1:10.28Y	F # 207	Female 11-12 100 Back LY-VA	9	9	-5.09
1:12.03Y	P # 207	Female 11-12 100 Back LY-VA	9	---	-3.34
28.28Y	P # 223	Female 11-12 50 Free LY-VA	8	---	-0.20
28.28Y	F # 223	Female 11-12 50 Free LY-VA	8	11	-0.20
2:26.59Y	P # 229	Female 11-12 200 IM LY-VA	2	---	-4.54
2:27.32Y	F # 229	Female 11-12 200 IM LY-VA	2	17	-3.81
1:11.95Y	F # 307	Female 11-12 100 Fly LY-VA	---	---	-5.86
33.10Y	F # 313	Female 11-12 50 Back LY-VA	10	7	-0.34
33.84Y	P # 313	Female 11-12 50 Back LY-VA	13	---	0.40
1:00.21Y	P # 323	Female 11-12 100 Free LY-VA	2	---	-1.38
1:01.02Y	F # 323	Female 11-12 100 Free LY-VA	3	16	-0.57
5:05.98Y	F # 331	Female 11-12 400 IM LY-VA	1	20	-13.47
Chloe Wilson (12) F					
2:36.46Y	P # 101	Female 11-12 200 Free LY-VA	21	---	---
2:57.91Y	P # 111	Female 11-12 200 Back LY-VA	14	3	---
1:11.47Y	F # 131	400 Free Relay Lead Off LY-VA	---	---	-1.55
31.53Y	F # 201	200 Free Relay Lead Off LY-VA	---	---	-0.36
1:21.99Y DQ	P # 207	Female 11-12 100 Back LY-VA	---	---	---
31.00Y	P # 223	Female 11-12 50 Free LY-VA	40	---	-0.89
3:02.94Y	P # 229	Female 11-12 200 IM LY-VA	23	---	---
1:24.26Y	P # 307	Female 11-12 100 Fly LY-VA	18	---	---
38.18Y	P # 313	Female 11-12 50 Back LY-VA	46	---	1.04
1:11.62Y	P # 323	Female 11-12 100 Free LY-VA	49	---	-1.40

Lynchburg YMCA Swim Team
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Individual Meet Results

SW District Champs 9 & Over 24-Feb-23 to 26-Feb-23 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Austin Woodruff (10) M					
37.11Y	P # 110	Male 9-10 50 Fly	9	---	-2.34
37.70Y	F # 110	Male 9-10 50 Fly	8	11	-1.75
1:32.08Y	F # 116	Male 9-10 100 Breast	4	15	-6.75
1:33.08Y	P # 116	Male 9-10 100 Breast	4	---	-5.75
1:26.75Y	P # 122	Male 9-10 100 IM	13	4	2.06
31.11Y	F # 204	200 Free Relay Lead Off	---	---	-1.42
1:16.88Y DQ	P # 210	Male 9-10 100 Back	---	---	---
30.75Y	F # 222	Male 9-10 50 Free	1	20	-1.78
31.25Y	P # 222	Male 9-10 50 Free	2	---	-1.28
2:49.02Y	F # 228	Male 9-10 200 IM	2	17	-9.57
1:23.40Y	P # 310	Male 9-10 100 Fly	3	---	-6.44
1:24.67Y	F # 310	Male 9-10 100 Fly	4	15	-5.17
1:07.28Y	F # 322	Male 9-10 100 Free	3	16	-2.86
1:07.42Y	P # 322	Male 9-10 100 Free	2	---	-2.72
Graham Woodruff (14) M					
1:06.52Y	F # 106A	Male 13-14 100 Breast	1	20	-3.28
1:08.01Y	P # 106A	Male 13-14 100 Breast	1	---	-1.79
2:29.43Y	F # 218A	Male 13-14 200 Breast	1	20	-17.56
2:30.73Y	P # 218A	Male 13-14 200 Breast	2	---	-16.26
Taylor Woodruff (12) F					
2:08.86Y	F # 101	Female 11-12 200 Free	1	20	-3.99
2:10.91Y	P # 101	Female 11-12 200 Free	1	---	-1.94
2:22.03Y	P # 111	Female 11-12 200 Back	1	---	-5.36
2:22.42Y	F # 111	Female 11-12 200 Back	1	20	-4.97
1:10.98Y	P # 123	Female 11-12 100 IM	6	---	-2.74
1:11.83Y	F # 123	Female 11-12 100 IM	7	12	-1.89
40.46Y	P # 213	Female 11-12 50 Breast	17	---	-2.36
2:32.70Y	F # 229	Female 11-12 200 IM	6	13	-8.43
2:33.32Y	P # 229	Female 11-12 200 IM	6	---	-7.81
5:30.37Y	F # 331	Female 11-12 400 IM	3	16	-72.65
Caleb Wu (12) M					
2:13.34Y	F # 102	Male 11-12 200 Free	6	13	-1.55
2:15.57Y	P # 102	Male 11-12 200 Free	6	---	0.68
32.96Y	P # 108	Male 11-12 50 Fly	7	---	-0.25
33.04Y	F # 108	Male 11-12 50 Fly	8	11	-0.17
2:32.12Y	F # 112	Male 11-12 200 Back	4	15	-5.01
2:35.44Y	P # 112	Male 11-12 200 Back	6	---	-1.69
33.78Y	F # 302	200 Medley Relay Lead Off	---	---	0.38
32.07Y	F # 314	Male 11-12 50 Back	3	16	-1.33
32.54Y	P # 314	Male 11-12 50 Back	2	---	-0.86
2:41.06Y	P # 320	Male 11-12 200 Breast	1	---	-5.73
2:42.00Y	F # 320	Male 11-12 200 Breast	1	20	-4.79

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Individual Meet Results

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Time	F/P/S	Event		Place	Points	Improv
Karis Wu (10) F						
1:59.82Y	P # 309	Female 9-10 100 Fly	LY-VA	12	5	---
51.05Y	P # 315	Female 9-10 50 Back	LY-VA	63	---	-0.18
1:36.80Y	P # 321	Female 9-10 100 Free	LY-VA	53	---	1.78
Titus Wu (7) M						
8:53.71Y	F # 328A	Male 10 & Under 500 Free	LY-VA	17	---	---
George Xu (15) M						
23.23Y	P # 212B	Male 15 & Over 50 Free	LY-VA	6	---	-0.72
23.33Y	F # 212B	Male 15 & Over 50 Free	LY-VA	6	13	-0.62
2:23.49Y	F # 218B	Male 15 & Over 200 Breast	LY-VA	4	15	-2.51
2:23.50Y	P # 218B	Male 15 & Over 200 Breast	LY-VA	3	---	-2.50
55.24Y	F # 226B	Male 15 & Over 100 Back	LY-VA	1	20	-0.79
55.92Y	P # 226B	Male 15 & Over 100 Back	LY-VA	2	---	-0.11
56.06Y	F # 234	400 Medley Relay Lead Off	LY-VA	---	---	0.03
10:14.33Y	F # 306B	Male 15 & Over 1000 Free	LY-VA	1	20	---
49.15Y	P # 318B	Male 15 & Over 100 Free	LY-VA	1	---	-0.80
49.30Y	F # 318B	Male 15 & Over 100 Free	LY-VA	2	17	-0.65