

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Relay Records Report for 25YREC-Y

2023 Virginia Swimming SC Age Group Champions 09-Mar-23 to 12-Mar-23 Yards

Female 9-10 400 Medley Relay

30:00.00	LY		1/1/2001	
5:58.93	**	Lynchburg YMCA Swim Team S. Parish, C. Nelson, E. Pennington, T. Akershoek	3/9/2023	LY -VA

Female 13-14 800 Free Relay

8:30.28	LY		3/7/2019	
		C. Falwell, G. Warren, C. Russell, C. Thomas		
8:29.67	**	Lynchburg YMCA Swim Team A. Holt, S. Warren, H. Kim, A. Shopbell	3/9/2023	LY -VA

Male 13-14 200 Free Relay

1:32.98		Lynchburg YMCA	3/7/1997	LY -VA
		Malone, Jones, Moody, Mabery		
1:31.77	**	Lynchburg YMCA Swim Team L. Hottle, C. Campbell, H. Rice, G. Woodruff	3/9/2023	LY -VA

Male 13-14 400 Free Relay

3:22.99		Lynchburg YMCA	3/19/2000	LY -VA
		Abbott, Cook, Madden, Frankfort		
3:22.16	**	Lynchburg YMCA Swim Team L. Hottle, C. Campbell, H. Rice, G. Woodruff	3/9/2023	LY -VA

Male 13-14 800 Free Relay

7:41.01	LY		3/7/2019	
		B. Whitfield, E. Shopbell, E. Schonfelder, J Bauer		
7:29.41	**	Lynchburg YMCA Swim Team H. Rice, B. Nelson, G. Woodruff, L. Hottle	3/9/2023	LY -VA