

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Records Report for 25YREC-Y

2023 YMCA Short Course Nationals 03-Apr-23 to 07-Apr-23 Yards

Male Open 50 Free

19.54	Brendan Whitfield at 2022 East Speedo Winter Junior Championships	12/7/2022	LY -VA
19.48 **	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA

Male Open 100 Free

42.77	Brendan Whitfield at VHSL Class 4 Swimming & Diving Championship	2/18/2023	LY -VA
42.67 **	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA

Male Open 200 Free

1:35.27	Brendan Whitfield at 2022 East Speedo Winter Junior Championships	12/7/2022	LY -VA
1:33.97 **	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA
1:34.13	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA

Male Open 1000 Free

9:18.27	J C Gordon at 2022 YMCA National Championships	3/28/2022	LY
9:16.85 **	J C Gordon at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA

Male Open 100 Back

48.16	Brendan Whitfield at VHSL Class 4 Swimming & Diving Championship	2/18/2022	LY -VA
47.68 **	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA

Male Open 100 Fly

48.84	Jack Mills at VHSL Class 4 Swimming & Diving Championship	2/18/2023	LY -VA
46.26 **	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA
47.20	Brendan Whitfield at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA
48.21	Jack Mills at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA
48.69	Jack Mills at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA

Male Open 200 Fly

1:49.47	Jack Mills at 2022 East Speedo Winter Junior Championships	12/7/2022	LY -VA
1:48.77 **	Jack Mills at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA
1:49.39	Jack Mills at 2023 YMCA Short Course Nationals	4/3/2023	LY -VA