

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

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**Individual Meet Results - Standard: SCQT2021**

**2022 The Commonwealth Cup 04-Nov-22 to 06-Nov-22 Yards**

**Sanction: vs-23-06 Location: SwimRVA-CSAC**

| Time                   | F/P/S  | Event                   | Place | Points | Improv |        |
|------------------------|--------|-------------------------|-------|--------|--------|--------|
| Max Schonfelder (16) M |        |                         |       |        |        |        |
| 48.75Y SCQT            | F # 30 | Male 13 & Over 100 Free | LY-VA | 13     | 4      | -1.15  |
| 49.29Y SCQT            | P # 30 | Male 13 & Over 100 Free | LY-VA | 15     | ---    | -0.61  |
| Ava Shopbell (13) F    |        |                         |       |        |        |        |
| 4:47.82Y SCQT          | F # 7  | Female 13 & Over 400 IM | LY-VA | 24     | ---    | -1.34  |
| George Xu (15) M       |        |                         |       |        |        |        |
| 2:01.87Y SCQT          | F # 14 | Male 13 & Over 200 Fly  | LY-VA | 12     | 5      | -4.83  |
| 4:53.38Y SCQT          | P # 22 | Male 13 & Over 500 Free | LY-VA | 11     | ---    | -12.82 |
| 2:00.31Y SCQT          | F # 28 | Male 13 & Over 200 Back | LY-VA | 13     | 4      | -4.51  |