

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2022 11th HOKI Swim and Tri Winter Champs 08-Dec-22 to 13-Dec-22 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Tessa Akershoek (10) F						
1:46.02Y	P # 111	Female 10 & Under 100 Back	LY-VA	53	---	1.64
1:30.17Y	P # 115	Female 10 & Under 100 Free	LY-VA	49	---	-5.44
1:40.95Y	P # 119	Female 10 & Under 100 IM	LY-VA	42	---	-1.32
Emily Asbury (15) F						
2:52.96Y	P # 95	Female Open 200 Back	LY-VA	30	---	-17.19
2:55.97Y	F # 95	Female Open 200 Back	LY-VA	23	---	-14.18
1:13.05Y	P # 99	Female Open 100 Free	LY-VA	48	---	-3.08
3:10.70Y	P # 103	Female Open 200 IM	LY-VA	41	---	-13.98
Sydney Ayers (12) F						
38.37Y	P # 75B	Female 12-12 50 Free	LY-VA	54	---	1.32
1:42.15Y DQ	P # 79B	Female 12-12 100 Breast	LY-VA	---	---	---
46.62Y	P # 83B	Female 12-12 50 Back	LY-VA	50	---	0.09
3:36.94Y DQ	F # 107	Female 11-12 200 Breast	LY-VA	---	---	---
1:18.56Y	P # 117B	Female 12-12 100 Free	LY-VA	42	---	-2.52
1:32.13Y	P # 121B	Female 12-12 100 IM	LY-VA	37	---	-1.67
Shirley Barger (12) F						
2:48.99Y	F # 9B	Female 12-12 200 IM	LY-VA	16	3	-10.71
7:01.88Y	F # 13	Female 11-12 500 Free	LY-VA	21	---	11.50
2:53.02Y	F # 33	Female 11-12 200 Back	LY-VA	25	---	-7.33
2:37.41Y	P # 37B	Female 12-12 200 Free	LY-VA	23	---	-2.31
43.55Y	P # 45B	Female 12-12 50 Breast	LY-VA	24	---	-2.49
30.27Y	P # 75B	Female 12-12 50 Free	LY-VA	33	---	-0.09
1:30.85Y	P # 79B	Female 12-12 100 Breast	LY-VA	27	---	-6.49
37.97Y	P # 83B	Female 12-12 50 Back	LY-VA	40	---	0.20
35.94Y	P # 109B	Female 12-12 50 Fly	LY-VA	21	---	-1.91
1:20.16Y	P # 113B	Female 12-12 100 Back	LY-VA	20	---	-1.85
1:07.04Y	P # 117B	Female 12-12 100 Free	LY-VA	28	---	-4.04
Jack Berkley (11) M						
3:37.73Y	P # 38A	Male 11-11 200 Free	LY-VA	14	---	-5.52
NS	P # 46A	Male 11-11 50 Breast	LY-VA	---	---	---
40.57Y	P # 76A	Male 11-11 50 Free	LY-VA	23	---	0.18
2:22.81Y	P # 80A	Male 11-11 100 Breast	LY-VA	19	---	-12.99
59.37Y	P # 84A	Male 11-11 50 Back	LY-VA	22	---	7.87
1:04.06Y DQ	P # 110A	Male 11-11 50 Fly	LY-VA	---	---	---
2:08.65Y	P # 114A	Male 11-11 100 Back	LY-VA	17	---	1.02
1:35.79Y	P # 118A	Male 11-11 100 Free	LY-VA	16	---	3.40
Adeline Brebner (11) F						
49.63Y	P # 75A	Female 11-11 50 Free	LY-VA	44	---	-3.85
2:20.81Y DQ	P # 79A	Female 11-11 100 Breast	LY-VA	---	---	---
1:09.13Y	P # 83A	Female 11-11 50 Back	LY-VA	45	---	5.39

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Time	F/P/S	Event	Place	Points	Improv	
Emma Cooper (13) F						
2:54.76Y	P # 59	Female 13-14 200 Fly	LY-VA	15	---	1.07
NS	F # 59	Female 13-14 200 Fly	LY-VA	---	---	---
1:12.61Y	P # 63	Female 13-14 100 Back	LY-VA	34	---	3.24
3:05.06Y	P # 67	Female 13-14 200 Breast	LY-VA	25	---	-1.15
Clayton Cox (9) M						
46.59Y	P # 36	Male 10 & Under 50 Back	LY-VA	38	---	-4.52
3:16.74Y	P # 40	Male 10 & Under 200 Free	LY-VA	34	---	-9.05
1:05.96Y DQ	P # 48	Male 10 & Under 50 Breast	LY-VA	---	---	---
Landon DelBene (8) M						
NS	P # 36	Male 10 & Under 50 Back	LY-VA	---	---	---
NS	P # 40	Male 10 & Under 200 Free	LY-VA	---	---	---
NS	P # 48	Male 10 & Under 50 Breast	LY-VA	---	---	---
42.42Y	P # 74	Male 10 & Under 50 Free	LY-VA	55	---	-10.11
2:20.37Y DQ	P # 78	Male 10 & Under 100 Breast	LY-VA	---	---	---
55.31Y	P # 82	Male 10 & Under 50 Fly	LY-VA	44	---	---
NS	P # 112	Male 10 & Under 100 Back	LY-VA	---	---	---
NS	P # 116	Male 10 & Under 100 Free	LY-VA	---	---	---
NS	P # 120	Male 10 & Under 100 IM	LY-VA	---	---	---
Avery Duff (12) F						
31.38Y	P # 75B	Female 12-12 50 Free	LY-VA	38	---	-0.38
1:44.48Y	P # 79B	Female 12-12 100 Breast	LY-VA	41	---	-3.85
39.72Y	P # 83B	Female 12-12 50 Back	LY-VA	44	---	0.07
Evy Edwards (9) F						
NS	F # 11	Female 10 & Under 200 IM	LY-VA	---	---	---
NS	P # 35	Female 10 & Under 50 Back	LY-VA	---	---	---
NS	P # 43	Female 10 & Under 100 Fly	LY-VA	---	---	---
NS	P # 47	Female 10 & Under 50 Breast	LY-VA	---	---	---
38.59Y	P # 73	Female 10 & Under 50 Free	LY-VA	50	---	-1.22
2:05.82Y	P # 77	Female 10 & Under 100 Breast	LY-VA	53	---	-5.45
50.52Y	P # 81	Female 10 & Under 50 Fly	LY-VA	47	---	-0.63
1:58.59Y DQ	P # 111	Female 10 & Under 100 Back	LY-VA	---	---	---
1:37.15Y	P # 115	Female 10 & Under 100 Free	LY-VA	60	---	0.57
1:48.85Y	P # 119	Female 10 & Under 100 IM	LY-VA	50	---	5.08

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Time	F/P/S	Event	Place	Points	Improv
Josh Edwards (14) M					
26.23Y	P # 2	Male 13-14 50 Free	25	---	-0.48
5:51.27Y	F # 6	Male 13-14 500 Free	25	---	-10.18
2:07.54Y	P # 18	Male 13-14 200 Free	33	---	-6.18
1:14.31Y	F # 22	Male 13-14 100 Breast	14	5	-6.26
1:17.51Y	P # 22	Male 13-14 100 Breast	16	---	-3.06
1:12.62Y	P # 26	Male 13-14 100 Fly	24	---	-4.42
2:32.18Y	P # 94	Male 13-14 200 Back	30	---	-6.47
57.83Y	P # 98	Male 13-14 100 Free	23	---	-0.90
2:32.85Y	P # 102	Male 13-14 200 IM	31	---	-7.30
Sam Edwards (12) M					
2:43.34Y	F # 10B	Male 12-12 200 IM	24	---	-6.88
6:45.24Y	F # 14	Male 11-12 500 Free	29	---	-10.88
2:33.88Y	F # 34	Male 11-12 200 Back	25	---	-3.77
2:33.31Y	P # 38B	Male 12-12 200 Free	32	---	-1.62
1:26.09Y	P # 42B	Male 12-12 100 Fly	27	---	-0.25
34.34Y	F # 58	200 Medley Relay Lead Off	---	---	-1.24
30.18Y	P # 76B	Male 12-12 50 Free	41	---	-2.74
1:26.21Y	P # 80B	Male 12-12 100 Breast	30	---	-3.57
34.63Y	P # 84B	Male 12-12 50 Back	32	---	-0.95
31.00Y	F # 92	200 Free Relay Lead Off	---	---	-1.92
3:01.33Y	F # 108	Male 11-12 200 Breast	17	2	-4.23
1:15.77Y	P # 114B	Male 12-12 100 Back	24	---	0.01
1:09.26Y	P # 118B	Male 12-12 100 Free	35	---	-2.32
Camille Greenlaw (9) F					
38.08Y	P # 73	Female 10 & Under 50 Free	47	---	0.48
2:00.31Y	P # 77	Female 10 & Under 100 Breast	49	---	-1.70
1:03.13Y	P # 81	Female 10 & Under 50 Fly	59	---	6.41
1:40.39Y	P # 111	Female 10 & Under 100 Back	48	---	-4.40
1:26.77Y	P # 115	Female 10 & Under 100 Free	46	---	-5.50
1:44.66Y	P # 119	Female 10 & Under 100 IM	45	---	2.20
Daniel Gustafson (10) M					
32.95Y	P # 74	Male 10 & Under 50 Free	17	---	-0.23
1:28.79Y	F # 78	Male 10 & Under 100 Breast	6	15	-3.34
1:30.47Y	P # 78	Male 10 & Under 100 Breast	6	---	-1.66
39.08Y	P # 82	Male 10 & Under 50 Fly	16	---	-1.85
1:30.91Y	P # 112	Male 10 & Under 100 Back	30	---	-3.92
1:16.87Y	P # 116	Male 10 & Under 100 Free	26	---	-1.06
1:24.31Y	P # 120	Male 10 & Under 100 IM	15	---	-0.75

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Time	F/P/S	Event	Place	Points	Improv
Zelynn Gustafson (13) F					
1:28.58Y	P # 63	Female 13-14 100 Back LY-VA	52	---	-1.68
3:33.93Y	P # 67	Female 13-14 200 Breast LY-VA	33	---	1.94
3:08.43Y DQ	P # 93	Female 13-14 200 Back LY-VA	---	---	---
1:08.23Y	P # 97	Female 13-14 100 Free LY-VA	42	---	-1.70
3:13.50Y DQ	P # 101	Female 13-14 200 IM LY-VA	---	---	---
Cheyenne Henderson (10) F					
NS	P # 73	Female 10 & Under 50 Free LY-VA	---	---	---
NS	P # 77	Female 10 & Under 100 Breast LY-VA	---	---	---
NS	P # 81	Female 10 & Under 50 Fly LY-VA	---	---	---
1:47.89Y	P # 111	Female 10 & Under 100 Back LY-VA	55	---	---
1:26.68Y	P # 115	Female 10 & Under 100 Free LY-VA	45	---	1.25
1:44.79Y DQ	P # 119	Female 10 & Under 100 IM LY-VA	---	---	---
Kathleen King (12) F					
28.97Y	P # 75B	Female 12-12 50 Free LY-VA	28	---	-0.06
1:32.08Y	P # 79B	Female 12-12 100 Breast LY-VA	29	---	-6.72
33.72Y	P # 83B	Female 12-12 50 Back LY-VA	26	---	-0.32
34.68Y	P # 109B	Female 12-12 50 Fly LY-VA	19	---	0.08
1:11.19Y	P # 113B	Female 12-12 100 Back LY-VA	11	---	-3.00
1:03.30Y	P # 117B	Female 12-12 100 Free LY-VA	23	---	-1.87
Luke King (18) M					
53.48Y	P # 100	Male Open 100 Free LY-VA	30	---	-0.25
54.99Y	F # 100	Male Open 100 Free LY-VA	27	---	1.26
2:11.49Y	P # 104	Male Open 200 IM LY-VA	19	---	4.13
2:16.18Y	F # 104	Male Open 200 IM LY-VA	18	1	8.82
Jon Korby (11) M					
34.68Y	P # 76A	Male 11-11 50 Free LY-VA	18	---	0.43
1:49.43Y	P # 80A	Male 11-11 100 Breast LY-VA	13	---	-2.67
42.82Y	P # 84A	Male 11-11 50 Back LY-VA	17	---	-0.48
Jefferson Koscielny (11) M					
41.62Y	P # 76A	Male 11-11 50 Free LY-VA	24	---	0.98
2:08.64Y	P # 80A	Male 11-11 100 Breast LY-VA	18	---	5.05
1:00.50Y	P # 84A	Male 11-11 50 Back LY-VA	23	---	3.16
51.18Y	P # 110A	Male 11-11 50 Fly LY-VA	14	---	---
1:36.18Y	P # 118A	Male 11-11 100 Free LY-VA	18	---	0.18
1:45.85Y	P # 122A	Male 11-11 100 IM LY-VA	18	---	-7.99

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Time	F/P/S	Event		Place	Points	Improv
Benjamin Leger (7) M						
4:02.71Y	F # 12	Male 10 & Under 200 IM	LY-VA	17	2	-1.03
50.28Y	P # 36	Male 10 & Under 50 Back	LY-VA	42	---	-1.33
3:27.94Y	P # 40	Male 10 & Under 200 Free	LY-VA	37	---	7.52
2:28.20Y	P # 44	Male 10 & Under 100 Fly	LY-VA	18	---	---
45.43Y	P # 74	Male 10 & Under 50 Free	LY-VA	57	---	2.97
2:14.93Y	P # 78	Male 10 & Under 100 Breast	LY-VA	46	---	-12.26
1:04.93Y	P # 82	Male 10 & Under 50 Fly	LY-VA	46	---	9.11
1:50.17Y	P # 112	Male 10 & Under 100 Back	LY-VA	47	---	-3.63
1:33.58Y	P # 116	Male 10 & Under 100 Free	LY-VA	49	---	-0.62
1:49.32Y	P # 120	Male 10 & Under 100 IM	LY-VA	46	---	-6.49
Jacob Leger (13) M						
27.41Y	P # 2	Male 13-14 50 Free	LY-VA	31	---	0.10
6:10.07Y	F # 6	Male 13-14 500 Free	LY-VA	33	---	-14.27
2:21.89Y	P # 18	Male 13-14 200 Free	LY-VA	42	---	-0.96
1:31.36Y	P # 22	Male 13-14 100 Breast	LY-VA	35	---	-6.25
1:13.51Y	P # 26	Male 13-14 100 Fly	LY-VA	27	---	-1.94
2:40.78Y	F # 60	Male 13-14 200 Fly	LY-VA	16	3	-5.58
2:45.99Y	P # 60	Male 13-14 200 Fly	LY-VA	18	---	-0.37
1:13.24Y	P # 64	Male 13-14 100 Back	LY-VA	39	---	2.24
3:08.01Y	P # 68	Male 13-14 200 Breast	LY-VA	28	---	-25.03
2:45.02Y	P # 94	Male 13-14 200 Back	LY-VA	33	---	-6.85
1:00.88Y	P # 98	Male 13-14 100 Free	LY-VA	33	---	1.01
2:43.99Y	P # 102	Male 13-14 200 IM	LY-VA	38	---	8.90
Noah Leger (10) M						
3:09.12Y	F # 12	Male 10 & Under 200 IM	LY-VA	14	5	1.62
7:26.94Y	F # 16	Male 10 & Under 500 Free	LY-VA	8	13	-7.54
2:46.75Y	P # 40	Male 10 & Under 200 Free	LY-VA	20	---	-11.48
1:36.84Y	P # 44	Male 10 & Under 100 Fly	LY-VA	12	---	2.67
45.67Y	P # 48	Male 10 & Under 50 Breast	LY-VA	11	---	-1.04
33.91Y	P # 74	Male 10 & Under 50 Free	LY-VA	25	---	0.42
1:43.79Y	P # 78	Male 10 & Under 100 Breast	LY-VA	19	---	4.45
42.33Y	P # 82	Male 10 & Under 50 Fly	LY-VA	27	---	1.00
1:27.42Y	P # 112	Male 10 & Under 100 Back	LY-VA	25	---	-7.34
1:15.38Y	P # 116	Male 10 & Under 100 Free	LY-VA	24	---	-2.04
1:27.81Y	P # 120	Male 10 & Under 100 IM	LY-VA	23	---	1.68
Blythe Miller (14) F						
2:55.53Y	P # 93	Female 13-14 200 Back	LY-VA	35	---	-2.42
1:05.96Y	P # 97	Female 13-14 100 Free	LY-VA	39	---	0.18
2:44.60Y DQ	P # 101	Female 13-14 200 IM	LY-VA	---	---	---

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Lacey Miller (16) F						
2:53.59Y	P # 95	Female Open 200 Back	LY-VA	31	---	---
NS	F # 95	Female Open 200 Back	LY-VA	---	---	---
1:03.24Y	P # 99	Female Open 100 Free	LY-VA	42	---	-0.26
2:38.80Y	P # 103	Female Open 200 IM	LY-VA	37	---	-1.50
Anna Mills (15) F						
2:14.21Y	P # 19	Female Open 200 Free	LY-VA	35	---	1.50
1:28.53Y	P # 23	Female Open 100 Breast	LY-VA	22	---	0.36
1:11.79Y	P # 27	Female Open 100 Fly	LY-VA	32	---	-3.65
2:33.56Y DQ	P # 95	Female Open 200 Back	LY-VA	---	---	---
1:00.14Y	P # 99	Female Open 100 Free	LY-VA	33	---	-0.10
2:39.54Y	P # 103	Female Open 200 IM	LY-VA	39	---	2.66
Dabney Morrison (8) F						
NS	P # 73	Female 10 & Under 50 Free	LY-VA	---	---	---
NS	P # 77	Female 10 & Under 100 Breast	LY-VA	---	---	---
NS	P # 81	Female 10 & Under 50 Fly	LY-VA	---	---	---
NS	P # 111	Female 10 & Under 100 Back	LY-VA	---	---	---
NS	P # 115	Female 10 & Under 100 Free	LY-VA	---	---	---
NS	P # 119	Female 10 & Under 100 IM	LY-VA	---	---	---
Luke Morrison (13) M						
NS	P # 60	Male 13-14 200 Fly	LY-VA	---	---	---
NS	P # 64	Male 13-14 100 Back	LY-VA	---	---	---
NS	P # 68	Male 13-14 200 Breast	LY-VA	---	---	---
NS	P # 94	Male 13-14 200 Back	LY-VA	---	---	---
NS	P # 98	Male 13-14 100 Free	LY-VA	---	---	---
NS	P # 102	Male 13-14 200 IM	LY-VA	---	---	---
Mac Morrison (9) M						
NS	P # 74	Male 10 & Under 50 Free	LY-VA	---	---	---
NS	P # 78	Male 10 & Under 100 Breast	LY-VA	---	---	---
NS	P # 82	Male 10 & Under 50 Fly	LY-VA	---	---	---
NS	P # 112	Male 10 & Under 100 Back	LY-VA	---	---	---
NS	P # 116	Male 10 & Under 100 Free	LY-VA	---	---	---
NS	P # 120	Male 10 & Under 100 IM	LY-VA	---	---	---

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Time	F/P/S	Event	Place	Points	Improv	
Aidan Moss (11) M						
2:52.19Y	F # 10A	Male 11-11 200 IM	LY-VA	3	18	-3.50
6:47.85Y	F # 14	Male 11-12 500 Free	LY-VA	30	---	-12.13
2:46.35Y	F # 34	Male 11-12 200 Back	LY-VA	27	---	0.62
2:29.87Y	F # 38A	Male 11-11 200 Free	LY-VA	9	12	-15.79
2:34.21Y	P # 38A	Male 11-11 200 Free	LY-VA	9	---	-11.45
1:21.50Y	P # 42A	Male 11-11 100 Fly	LY-VA	10	---	0.03
3:06.73Y	F # 72	Male 11-12 200 Fly	LY-VA	19	---	---
33.20Y	P # 76A	Male 11-11 50 Free	LY-VA	14	---	-0.31
35.66Y	P # 84A	Male 11-11 50 Back	LY-VA	10	---	-3.28
35.03Y	F # 110A	Male 11-11 50 Fly	LY-VA	8	13	-0.56
35.27Y	P # 110A	Male 11-11 50 Fly	LY-VA	9	---	-0.32
1:17.17Y	F # 114A	Male 11-11 100 Back	LY-VA	7	14	-1.81
1:17.60Y	P # 114A	Male 11-11 100 Back	LY-VA	7	---	-1.38
1:19.46Y	F # 122A	Male 11-11 100 IM	LY-VA	7	14	-0.66
1:19.47Y	P # 122A	Male 11-11 100 IM	LY-VA	8	---	-0.65
Broderick Nelson (12) M						
2:21.69Y	F # 72	Male 11-12 200 Fly	LY-VA	9	12	-21.30
25.92Y	P # 76B	Male 12-12 50 Free	LY-VA	11	---	-0.04
1:07.27Y	F # 80B	Male 12-12 100 Breast	LY-VA	2	19	-1.10
1:10.35Y	P # 80B	Male 12-12 100 Breast	LY-VA	2	---	1.98
2:28.52Y	F # 108	Male 11-12 200 Breast	LY-VA	2	19	0.13
55.21Y	F # 118B	Male 12-12 100 Free	LY-VA	6	15	1.18
55.77Y	P # 118B	Male 12-12 100 Free	LY-VA	5	---	1.74
1:02.49Y	P # 122B	Male 12-12 100 IM	LY-VA	2	---	-2.70
1:02.54Y	F # 122B	Male 12-12 100 IM	LY-VA	3	18	-2.65
Caroline Nelson (10) F						
46.68Y	P # 35	Female 10 & Under 50 Back	LY-VA	38	---	-2.18
2:59.38Y	P # 39	Female 10 & Under 200 Free	LY-VA	24	---	-5.84
39.71Y	F # 47	Female 10 & Under 50 Breast	LY-VA	4	17	-2.89
42.21Y	P # 47	Female 10 & Under 50 Breast	LY-VA	7	---	-0.39
32.93Y	P # 73	Female 10 & Under 50 Free	LY-VA	17	---	-4.05
1:38.22Y	P # 77	Female 10 & Under 100 Breast	LY-VA	19	---	-1.61
44.71Y	P # 81	Female 10 & Under 50 Fly	LY-VA	38	---	-4.85
1:35.61Y	P # 111	Female 10 & Under 100 Back	LY-VA	42	---	-11.94
1:22.59Y	P # 115	Female 10 & Under 100 Free	LY-VA	34	---	-0.47
1:27.83Y	P # 119	Female 10 & Under 100 IM	LY-VA	26	---	-5.03
Addison Pavao (8) M						
1:06.43Y	P # 74	Male 10 & Under 50 Free	LY-VA	63	---	-5.19
2:38.86Y DQ	P # 78	Male 10 & Under 100 Breast	LY-VA	---	---	---
2:08.22Y DQ	P # 82	Male 10 & Under 50 Fly	LY-VA	---	---	---

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Ella Pennington (12) F					
2:38.07Y	P # 37B	Female 12-12 200 Free	24	---	0.60
41.83Y	P # 45B	Female 12-12 50 Breast	21	---	-0.10
6:14.06Y	F # 49	Female 11-12 400 IM	17	2	---
32.32Y	P # 75B	Female 12-12 50 Free	44	---	-0.29
1:32.63Y	P # 79B	Female 12-12 100 Breast	31	---	-0.28
38.26Y	P # 83B	Female 12-12 50 Back	42	---	-1.49
3:18.41Y	F # 107	Female 11-12 200 Breast	18	1	3.67
1:09.92Y	P # 117B	Female 12-12 100 Free	31	---	-4.34
1:20.45Y	P # 121B	Female 12-12 100 IM	26	---	-7.87
Lainey Pennington (10) F					
40.65Y	P # 35	Female 10 & Under 50 Back	28	---	-2.79
2:40.10Y	P # 39	Female 10 & Under 200 Free	12	---	0.19
1:26.56Y	F # 43	Female 10 & Under 100 Fly	6	15	-0.74
1:29.28Y	P # 43	Female 10 & Under 100 Fly	6	---	1.98
32.94Y	P # 73	Female 10 & Under 50 Free	18	---	-0.43
1:43.00Y	P # 77	Female 10 & Under 100 Breast	28	---	-2.44
34.69Y	F # 81	Female 10 & Under 50 Fly	7	14	-2.45
36.19Y	P # 81	Female 10 & Under 50 Fly	7	---	-0.95
1:25.86Y	P # 111	Female 10 & Under 100 Back	26	---	-5.36
1:12.80Y	P # 115	Female 10 & Under 100 Free	15	---	-1.14
1:24.63Y	P # 119	Female 10 & Under 100 IM	15	---	-1.11
Charlotte Pickeral (7) F					
2:10.02Y	P # 111	Female 10 & Under 100 Back	68	---	8.59
1:49.95Y	P # 115	Female 10 & Under 100 Free	68	---	3.59
2:15.65Y	P # 119	Female 10 & Under 100 IM	63	---	14.08
Danna Pineda (11) F					
3:09.47Y	F # 9A	Female 11-11 200 IM	14	5	-7.05
7:58.37Y	F # 13	Female 11-12 500 Free	23	---	14.55
2:49.90Y	P # 37A	Female 11-11 200 Free	24	---	2.60
1:38.61Y	P # 41A	Female 11-11 100 Fly	20	---	-3.52
45.79Y	P # 45A	Female 11-11 50 Breast	16	---	-3.86
31.18Y	P # 75A	Female 11-11 50 Free	17	---	0.24
1:47.76Y	P # 79A	Female 11-11 100 Breast	26	---	-2.45
39.24Y	P # 83A	Female 11-11 50 Back	27	---	0.87
31.10Y	F # 91	200 Free Relay Lead Off	---	---	0.16
38.59Y	P # 109A	Female 11-11 50 Fly	13	---	0.49
1:24.46Y	P # 113A	Female 11-11 100 Back	15	---	-2.88
1:12.48Y	P # 117A	Female 11-11 100 Free	21	---	0.25

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2022 11th HOKI Swim and Tri Winter Champs 08-Dec-22 to 13-Dec-22 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Owen Porter (12) M						
29.67Y	P # 76B	Male 12-12 50 Free	LY-VA	38	---	-0.72
1:19.52Y	P # 80B	Male 12-12 100 Breast	LY-VA	21	---	-5.66
37.71Y	P # 84B	Male 12-12 50 Back	LY-VA	40	---	0.82
2:59.29Y	F # 108	Male 11-12 200 Breast	LY-VA	15	4	-3.85
34.09Y	P # 110B	Male 12-12 50 Fly	LY-VA	23	---	-0.99
1:13.22Y	P # 122B	Male 12-12 100 IM	LY-VA	27	---	-7.24
Mitchell Rogers (12) M						
NS	P # 76B	Male 12-12 50 Free	LY-VA	---	---	---
NS	P # 84B	Male 12-12 50 Back	LY-VA	---	---	---
NS	P # 110B	Male 12-12 50 Fly	LY-VA	---	---	---
NS	P # 118B	Male 12-12 100 Free	LY-VA	---	---	---
NS	P # 122B	Male 12-12 100 IM	LY-VA	---	---	---
Ella Shinkle (10) F						
NS	P # 73	Female 10 & Under 50 Free	LY-VA	---	---	---
2:02.50Y	P # 77	Female 10 & Under 100 Breast	LY-VA	50	---	-9.15
59.19Y	P # 81	Female 10 & Under 50 Fly	LY-VA	58	---	-7.58
39.09Y	F # 89	200 Free Relay Lead Off	LY-VA	---	---	1.79
1:37.10Y	P # 111	Female 10 & Under 100 Back	LY-VA	45	---	-3.43
1:24.01Y	P # 115	Female 10 & Under 100 Free	LY-VA	40	---	-1.10
1:44.35Y	P # 119	Female 10 & Under 100 IM	LY-VA	44	---	-4.14
Seth Snyder (6) M						
58.39Y	P # 74	Male 10 & Under 50 Free	LY-VA	60	---	3.57
1:18.02Y DQ	P # 82	Male 10 & Under 50 Fly	LY-VA	---	---	---
2:08.67Y	P # 112	Male 10 & Under 100 Back	LY-VA	49	---	-10.46
2:06.69Y	P # 116	Male 10 & Under 100 Free	LY-VA	59	---	4.36
2:33.98Y DQ	P # 120	Male 10 & Under 100 IM	LY-VA	---	---	---
Bri Torrence (8) F						
1:57.35Y	P # 111	Female 10 & Under 100 Back	LY-VA	61	---	-3.25
1:38.02Y	P # 115	Female 10 & Under 100 Free	LY-VA	61	---	-5.29
2:05.80Y DQ	P # 119	Female 10 & Under 100 IM	LY-VA	---	---	---
Kinley Tuck (11) F						
35.10Y	P # 75A	Female 11-11 50 Free	LY-VA	34	---	-1.21
1:41.40Y	P # 79A	Female 11-11 100 Breast	LY-VA	21	---	-7.25
40.63Y	P # 83A	Female 11-11 50 Back	LY-VA	29	---	-0.46
1:29.81Y	P # 113A	Female 11-11 100 Back	LY-VA	18	---	0.57
1:21.46Y	P # 117A	Female 11-11 100 Free	LY-VA	31	---	0.15
1:32.71Y	P # 121A	Female 11-11 100 IM	LY-VA	23	---	1.11

Lynchburg YMCA Swim Team
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Individual Meet Results

2022 11th HOKI Swim and Tri Winter Champs 08-Dec-22 to 13-Dec-22 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Broughton Webb (12) F						
2:33.97Y	F # 9B	Female 12-12 200 IM	LY-VA	14	5	0.09
NS	P # 37B	Female 12-12 200 Free	LY-VA	---	---	---
NS	P # 45B	Female 12-12 50 Breast	LY-VA	---	---	---
5:19.45Y	F # 49	Female 11-12 400 IM	LY-VA	12	7	-8.26
28.48Y	P # 75B	Female 12-12 50 Free	LY-VA	22	---	-0.47
NS	P # 79B	Female 12-12 100 Breast	LY-VA	---	---	---
33.44Y	P # 83B	Female 12-12 50 Back	LY-VA	25	---	-2.02
NS	F # 107	Female 11-12 200 Breast	LY-VA	---	---	---
1:01.59Y	P # 117B	Female 12-12 100 Free	LY-VA	18	---	-0.39
1:11.44Y	P # 121B	Female 12-12 100 IM	LY-VA	17	---	-2.17
Chloe Wilson (12) F						
3:06.93Y DQ	F # 33	Female 11-12 200 Back	LY-VA	---	---	---
DNF	P # 37B	Female 12-12 200 Free	LY-VA	---	---	---
50.16Y	P # 45B	Female 12-12 50 Breast	LY-VA	29	---	---
33.14Y	P # 75B	Female 12-12 50 Free	LY-VA	50	---	---
1:57.68Y	P # 79B	Female 12-12 100 Breast	LY-VA	42	---	---
38.32Y	P # 83B	Female 12-12 50 Back	LY-VA	43	---	---
1:25.44Y	P # 113B	Female 12-12 100 Back	LY-VA	23	---	---
1:13.24Y	P # 117B	Female 12-12 100 Free	LY-VA	38	---	---
1:26.39Y DQ	P # 121B	Female 12-12 100 IM	LY-VA	---	---	---
Austin Woodruff (10) M						
3:01.90Y	F # 12	Male 10 & Under 200 IM	LY-VA	13	6	-4.01
6:39.58Y	F # 16	Male 10 & Under 500 Free	LY-VA	4	17	4.59
37.88Y	P # 36	Male 10 & Under 50 Back	LY-VA	14	---	0.83
2:28.42Y	P # 40	Male 10 & Under 200 Free	LY-VA	4	---	-2.42
2:30.76Y	F # 40	Male 10 & Under 200 Free	LY-VA	7	14	-0.08
1:29.84Y	P # 44	Male 10 & Under 100 Fly	LY-VA	11	---	-2.28
38.49Y	F # 56	200 Medley Relay Lead Off	LY-VA	---	---	1.44
32.55Y	P # 74	Male 10 & Under 50 Free	LY-VA	14	---	0.02
1:42.24Y	P # 78	Male 10 & Under 100 Breast	LY-VA	17	---	-1.61
41.42Y	P # 82	Male 10 & Under 50 Fly	LY-VA	25	---	1.06
33.28Y	F # 90	200 Free Relay Lead Off	LY-VA	---	---	0.75
1:22.41Y	P # 112	Male 10 & Under 100 Back	LY-VA	17	---	3.17
1:10.87Y	P # 116	Male 10 & Under 100 Free	LY-VA	10	---	0.73
1:24.69Y	P # 120	Male 10 & Under 100 IM	LY-VA	18	---	-0.13

Lynchburg YMCA Swim Team
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Individual Meet Results

2022 11th HOKI Swim and Tri Winter Champs 08-Dec-22 to 13-Dec-22 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv
Graham Woodruff (13) M					
22.75Y	F # 2	Male 13-14 50 Free LY-VA	2	19	0.07
23.08Y	P # 2	Male 13-14 50 Free LY-VA	3	---	0.40
5:05.38Y	F # 6	Male 13-14 500 Free LY-VA	8	13	1.10
1:52.53Y	F # 18	Male 13-14 200 Free LY-VA	7	14	-2.26
1:53.89Y	P # 18	Male 13-14 200 Free LY-VA	7	---	-0.90
1:09.80Y	F # 22	Male 13-14 100 Breast LY-VA	6	15	-6.50
1:11.70Y	P # 22	Male 13-14 100 Breast LY-VA	9	---	-4.60
58.93Y	F # 26	Male 13-14 100 Fly LY-VA	7	14	0.40
59.83Y	P # 26	Male 13-14 100 Fly LY-VA	7	---	1.30
2:14.22Y	F # 60	Male 13-14 200 Fly LY-VA	7	13.5	-10.26
2:16.56Y	P # 60	Male 13-14 200 Fly LY-VA	8	---	-7.92
59.89Y	F # 64	Male 13-14 100 Back LY-VA	10	10	-1.14
1:01.64Y	P # 64	Male 13-14 100 Back LY-VA	15	---	0.61
2:09.43Y	F # 94	Male 13-14 200 Back LY-VA	7	14	-6.30
2:11.58Y	P # 94	Male 13-14 200 Back LY-VA	7	---	-4.15
50.78Y	F # 98	Male 13-14 100 Free LY-VA	4	17	-0.46
51.67Y	P # 98	Male 13-14 100 Free LY-VA	5	---	0.43
2:08.54Y	F # 102	Male 13-14 200 IM LY-VA	6	15	-4.28
2:10.46Y	P # 102	Male 13-14 200 IM LY-VA	6	---	-2.36
Taylor Woodruff (12) F					
6:00.57Y	F # 13	Female 11-12 500 Free LY-VA	11	8	6.90
2:31.07Y	F # 33	Female 11-12 200 Back LY-VA	17	2	3.68
2:12.85Y	P # 37B	Female 12-12 200 Free LY-VA	12	---	-4.07
1:11.24Y	P # 41B	Female 12-12 100 Fly LY-VA	13	---	3.62
34.72Y	F # 57	200 Medley Relay Lead Off LY-VA	---	---	4.55
2:38.77Y	F # 71	Female 11-12 200 Fly LY-VA	11	8	6.76
27.72Y	P # 75B	Female 12-12 50 Free LY-VA	15	---	0.19
31.84Y	P # 83B	Female 12-12 50 Back LY-VA	14	---	1.67
28.05Y	F # 91	200 Free Relay Lead Off LY-VA	---	---	0.52
31.74Y	P # 109B	Female 12-12 50 Fly LY-VA	15	---	0.30
1:09.25Y	P # 113B	Female 12-12 100 Back LY-VA	8	---	0.05
1:10.13Y	F # 113B	Female 12-12 100 Back LY-VA	9	12	0.93
1:03.64Y	P # 117B	Female 12-12 100 Free LY-VA	25	---	3.72
Caleb Wu (12) M					
2:16.94Y	P # 38B	Male 12-12 200 Free LY-VA	25	---	1.42
1:19.90Y	P # 42B	Male 12-12 100 Fly LY-VA	26	---	-1.06
35.05Y	P # 46B	Male 12-12 50 Breast LY-VA	8	---	-0.33
34.70Y DQ	F # 46B	Male 12-12 50 Breast LY-VA	---	---	---
2:46.79Y	F # 108	Male 11-12 200 Breast LY-VA	8	13	-1.60
34.28Y	P # 110B	Male 12-12 50 Fly LY-VA	24	---	-0.75
1:10.35Y	P # 122B	Male 12-12 100 IM LY-VA	23	---	-2.09

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Individual Meet Results

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Location: Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Titus Wu (7) M						
46.10Y	P # 36	Male 10 & Under 50 Back	LY-VA	36	---	-2.33
3:20.55Y	P # 40	Male 10 & Under 200 Free	LY-VA	36	---	---
2:10.69Y DQ	P # 44	Male 10 & Under 100 Fly	LY-VA	---	---	---
1:48.11Y	P # 112	Male 10 & Under 100 Back	LY-VA	44	---	3.86
1:34.38Y	P # 116	Male 10 & Under 100 Free	LY-VA	51	---	4.09
1:46.00Y	P # 120	Male 10 & Under 100 IM	LY-VA	44	---	-1.15
George Xu (15) M						
2:02.49Y	F # 62	Male Open 200 Fly	LY-VA	12	7	0.62
2:04.35Y	P # 62	Male Open 200 Fly	LY-VA	14	---	2.48
56.03Y	F # 66	Male Open 100 Back	LY-VA	6	14.5	-0.11
56.30Y	P # 66	Male Open 100 Back	LY-VA	8	---	0.16
2:26.00Y	F # 70	Male Open 200 Breast	LY-VA	17	2	---
2:30.36Y	P # 70	Male Open 200 Breast	LY-VA	17	---	---
2:00.51Y	F # 96	Male Open 200 Back	LY-VA	4	17	0.20
2:02.22Y	P # 96	Male Open 200 Back	LY-VA	4	---	1.91
50.31Y	F # 100	Male Open 100 Free	LY-VA	9	12	0.36
50.61Y	P # 100	Male Open 100 Free	LY-VA	9	---	0.66
2:02.05Y	P # 104	Male Open 200 IM	LY-VA	9	---	-1.60
2:04.47Y	F # 104	Male Open 200 IM	LY-VA	9	12	0.82