

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: AGC

2022 11th HOKI Swim and Tri Winter Champs 08-Dec-22 to 13-Dec-22 Yards

Location: Christiansburg Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Daniel Gustafson (10) M						
1:28.79Y QT21	F # 78	Male 10 & Under 100 Breast	LY-VA	6	15	-3.34
Broderick Nelson (12) M						
2:21.69Y QT21	F # 72	Male 11-12 200 Fly	LY-VA	9	12	-21.30
Caroline Nelson (10) F						
39.71Y QT21	F # 47	Female 10 & Under 50 Breast	LY-VA	4	17	-2.89
Lainey Pennington (10) F						
34.69Y QT21	F # 81	Female 10 & Under 50 Fly	LY-VA	7	14	-2.45
Austin Woodruff (10) M						
2:28.42Y QT21	P # 40	Male 10 & Under 200 Free	LY-VA	4	---	-2.42
Graham Woodruff (13) M						
2:14.22Y QT21	F # 60	Male 13-14 200 Fly	LY-VA	7	13.5	-10.26
59.89Y QT21	F # 64	Male 13-14 100 Back	LY-VA	10	10	-1.14
2:09.43Y QT21	F # 94	Male 13-14 200 Back	LY-VA	7	14	-6.30
2:08.54Y QT21	F # 102	Male 13-14 200 IM	LY-VA	6	15	-4.28
2:10.46Y QT21	P # 102	Male 13-14 200 IM	LY-VA	6	---	-2.36