

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Relay Results

2023 YMCA Long Course Championships 25-Jul-23 to 29-Jul-23 LC Meters

Event #108 Male Open 200 Medley

1:50.55L F			Lynchburg YMCA Swim Team			LY VA	16	2
J C Gordon (17)			Thomas Fenton (17)		Jack Mills (17)		Max Schonfelder (16)	
29.20	(29.20)	1:00.74	(31.54)	1:25.99	(25.25)	1:50.55	(24.56)	
1:51.08L P			Lynchburg YMCA Swim Team			LY VA	15	---
J C Gordon (17)			Thomas Fenton (17)		Jack Mills (17)		Max Schonfelder (16)	
29.30	(29.30)	1:00.74	(31.44)	1:26.40	(25.66)	1:51.08	(24.68)	

Event #208 Male Open 200 Free

1:37.59L F			Lynchburg YMCA Swim Team			LY VA	11	12
Jack Mills (17)			Owen Widzisz (17)		Max Schonfelder (16)		J C Gordon (17)	
24.17	(24.17)	48.62	(24.45)	1:12.95	(24.33)	1:37.59	(24.64)	
1:38.26L P			Lynchburg YMCA Swim Team			LY VA	11	---
Jack Mills (17)			Owen Widzisz (17)		Max Schonfelder (16)		J C Gordon (17)	
24.19	(24.19)	48.63	(24.44)	1:13.27	(24.64)	1:38.26	(24.99)	

Event #308 Male Open 400 Medley

4:08.17L P			Lynchburg YMCA Swim Team			LY VA	21	---
J C Gordon (17)			Thomas Fenton (17)		Jack Mills (17)		Max Schonfelder (16)	
30.11	(30.11)	1:02.94	(1:02.94)	1:34.85	(31.91)	2:12.79	(1:09.85)	
2:39.68	(26.89)	3:11.83	(59.04)	3:37.94	(26.11)	4:08.17	(56.34)	

Event #410 Male Open 800 Free

7:55.03L F			Lynchburg YMCA Swim Team			LY VA	4	30
J C Gordon (17)			Carter Rice (18)		Max Schonfelder (16)		Jack Mills (17)	
26.92	(26.92)	56.94	(56.94)	1:27.39	(1:27.39)	1:57.00	(1:57.00)	
2:25.43	(28.43)	2:56.80	(59.80)	3:28.97	(1:31.97)	4:01.60	(2:04.60)	
4:28.33	(26.73)	4:58.59	(56.99)	5:29.79	(1:28.19)	6:01.29	(1:59.69)	
6:27.59	(26.30)	6:56.82	(55.53)	7:26.46	(1:25.17)	7:55.03	(1:53.74)	

Event #506 Male Open 400 Free

3:35.01L F			Lynchburg YMCA Swim Team			LY VA	9	18
Jack Mills (17)			Owen Widzisz (17)		Max Schonfelder (16)		J C Gordon (17)	
24.98	(24.98)	52.12	(52.12)	1:17.99	(25.87)	1:47.19	(55.07)	
2:13.12	(25.93)	2:41.79	(54.60)	3:07.00	(25.21)	3:35.01	(53.22)	
3:37.84L P			Lynchburg YMCA Swim Team			LY VA	11	---
Jack Mills (17)			Owen Widzisz (17)		Max Schonfelder (16)		J C Gordon (17)	
25.14	(25.14)	52.10	(52.10)	1:19.15	(27.05)	1:48.48	(56.38)	
2:14.27	(25.79)	2:42.85	(54.37)	3:08.59	(25.74)	3:37.84	(54.99)	