

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 Virginia Swimming SC Age Group Champions 07-Mar-24 to 10-Mar-24 Yards

Sanction: VS-24-74 Location: Christiansburg Aquatics Center

Time	F/P/S	Event		Place	Points	Improv
Jackson Barksdale (12) M						
28.28Y	F # 78	200 Free Relay Lead Off	LY-VA	---	---	0.55
1:02.19Y	P # 98	Male 11-12 100 Free	LY-VA	45	---	2.15
Tyler Eakkhattiyakorn (12) M						
34.99Y	P # 12	Male 11-12 50 Breast	LY-VA	20	---	-0.26
1:17.13Y	F # 62	Male 11-12 100 Breast	LY-VA	14	3	0.75
1:17.18Y	P # 62	Male 11-12 100 Breast	LY-VA	15	---	0.80
2:45.48Y	F # 82	Male 11-12 200 Breast	LY-VA	8	11	0.26
2:45.98Y	P # 82	Male 11-12 200 Breast	LY-VA	8	---	0.76
Ann-Margaret Holt (14) F						
10:44.84Y	F # 1	Female 11-14 1000 Free	LY-VA	7	12	8.26
1:55.14Y	F # 15	Female 13-14 200 Free	LY-VA	9	9	0.31
1:58.08Y	P # 15	Female 13-14 200 Free	LY-VA	12	---	3.25
1:03.10Y	P # 21	Female 13-14 100 Fly	LY-VA	31	---	2.07
25.19Y	F # 53	Female 13-14 50 Free	LY-VA	11	6	0.19
25.32Y	P # 53	Female 13-14 50 Free	LY-VA	14	---	0.32
5:11.48Y	F # 73	Female 13-14 500 Free	LY-VA	10	7	3.68
5:15.36Y	P # 73	Female 13-14 500 Free	LY-VA	11	---	7.56
2:17.09Y	P # 83	Female 13-14 200 Back	LY-VA	37	---	3.99
53.41Y	F # 89	Female 13-14 100 Free	LY-VA	9	9	-0.59
55.13Y	P # 89	Female 13-14 100 Free	LY-VA	15	---	1.13
18:31.40Y	F # 109	Female 11-14 1650 Free	LY-VA	8	11	10.43
Jacob Kovarik (14) M						
57.25Y	F # 104	400 Free Relay Lead Off	LY-VA	---	---	1.98
Jacob Leger (14) M						
29.53Y	F # 42	200 Medley Relay Lead Off	LY-VA	---	---	-1.23
24.83Y	F # 80	200 Free Relay Lead Off	LY-VA	---	---	-0.34
Mac Morrison (10) M						
2:19.36Y	P # 20	Male 10 & Under 200 Free	LY-VA	9	9	-9.26
36.29Y	P # 26	Male 10 & Under 50 Back	LY-VA	26	---	0.49
1:20.53Y	P # 32	Male 10 & Under 100 IM	LY-VA	28	---	2.71
32.76Y	P # 52	Male 10 & Under 50 Fly	LY-VA	11	6	0.34
1:06.17Y	P # 58	Male 10 & Under 100 Free	LY-VA	17	---	0.54
29.54Y	P # 94	Male 10 & Under 50 Free	LY-VA	11	6	-0.30
1:20.63Y	P # 100	Male 10 & Under 100 Fly	LY-VA	22	---	1.95
Aidan Moss (12) M						
1:10.49Y	F # 38	400 Medley Relay Lead Off	LY-VA	---	---	-0.12

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Broderick Nelson (14) M						
1:02.26Y	P # 10	Male 13-14 100 Breast	LY-VA	6	---	-0.85
1:02.64Y	F # 10	Male 13-14 100 Breast	LY-VA	7	12	-0.47
4:14.06Y	F # 30	Male 13-14 400 IM	LY-VA	4	15	-5.83
4:14.26Y	P # 30	Male 13-14 400 IM	LY-VA	3	---	-5.63
59.61Y	F # 36	400 Medley Relay Lead Off	LY-VA	---	---	1.71
27.96Y	F # 42	200 Medley Relay Lead Off	LY-VA	---	---	-5.61
23.69Y	P # 54	Male 13-14 50 Free	LY-VA	27	---	0.19
2:13.65Y	F # 60	Male 13-14 200 Breast	LY-VA	3	16	-4.14
2:18.68Y	P # 60	Male 13-14 200 Breast	LY-VA	4	---	0.89
4:57.96Y	F # 74	Male 13-14 500 Free	LY-VA	14	3	0.33
4:59.88Y	P # 74	Male 13-14 500 Free	LY-VA	16	---	2.25
2:07.58Y	P # 84	Male 13-14 200 Back	LY-VA	30	---	4.87
52.45Y	P # 90	Male 13-14 100 Free	LY-VA	32	---	0.83
2:01.91Y	F # 96	Male 13-14 200 IM	LY-VA	6	13	-3.47
2:02.86Y	P # 96	Male 13-14 200 IM	LY-VA	5	---	-2.52
Caroline Nelson (11) F						
36.04Y	P # 11	Female 11-12 50 Breast	LY-VA	26	---	0.63
Selah Parish (10) F						
32.75Y	P # 51	Female 10 & Under 50 Fly	LY-VA	6	---	---
32.95Y	F # 51	Female 10 & Under 50 Fly	LY-VA	7	12	---
1:05.49Y	P # 57	Female 10 & Under 100 Free	LY-VA	7	---	---
1:07.11Y	F # 57	Female 10 & Under 100 Free	LY-VA	8	11	---
1:32.59Y	P # 63	Female 10 & Under 100 Breast	LY-VA	21	---	---
29.32Y	P # 93	Female 10 & Under 50 Free	LY-VA	6	---	---
29.83Y	F # 93	Female 10 & Under 50 Free	LY-VA	6	13	---
1:24.12Y	P # 99	Female 10 & Under 100 Fly	LY-VA	18	---	---
Owen Porter (13) M						
1:10.05Y	P # 10	Male 13-14 100 Breast	LY-VA	62	---	0.98
Mitchell Rogers (13) M						
10:38.47Y	F # 2	Male 11-14 1000 Free	LY-VA	25	---	-32.55
2:00.69Y	F # 8	800 Free Relay Lead Off	LY-VA	---	---	3.20
1:08.18Y	P # 10	Male 13-14 100 Breast	LY-VA	51	---	0.37
1:03.75Y	F # 36	400 Medley Relay Lead Off	LY-VA	---	---	0.18
NS	P # 48	Male 13-14 200 Fly	LY-VA	---	---	---
NS	P # 60	Male 13-14 200 Breast	LY-VA	---	---	---

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Ava Shopbell (14) F						
11:00.71Y	F # 1	Female 11-14 1000 Free	LY-VA	15	2	-3.90
59.19Y	F # 21	Female 13-14 100 Fly	LY-VA	10	7	0.14
59.77Y	P # 21	Female 13-14 100 Fly	LY-VA	10	---	0.72
4:41.85Y	F # 29	Female 13-14 400 IM	LY-VA	13	4	1.85
4:45.05Y	P # 29	Female 13-14 400 IM	LY-VA	16	---	5.05
2:07.88Y	P # 47	Female 13-14 200 Fly	LY-VA	1	---	-0.25
2:08.08Y	F # 47	Female 13-14 200 Fly	LY-VA	3	16	-0.05
2:39.21Y	P # 59	Female 13-14 200 Breast	LY-VA	38	---	5.35
5:31.25Y	P # 73	Female 13-14 500 Free	LY-VA	28	---	7.36
2:16.87Y	P # 95	Female 13-14 200 IM	LY-VA	22	---	2.32
Brody Wall (13) M						
57.68Y	P # 22	Male 13-14 100 Fly	LY-VA	31	---	---
23.70Y	P # 54	Male 13-14 50 Free	LY-VA	28	---	---
52.37Y	P # 90	Male 13-14 100 Free	LY-VA	30	---	---
Sarah Warren (14) F						
1:01.55Y	P # 21	Female 13-14 100 Fly	LY-VA	17	---	0.84
4:53.90Y	P # 29	Female 13-14 400 IM	LY-VA	29	---	3.26
2:12.61Y	F # 47	Female 13-14 200 Fly	LY-VA	11	6	-0.10
2:13.73Y	P # 47	Female 13-14 200 Fly	LY-VA	10	---	1.02
1:01.08Y	S # 221	Female 13-14 100 Fly	LY-VA	1	---	0.37
Broughton Webb (13) F						
10:33.11Y	F # 1	Female 11-14 1000 Free	LY-VA	4	15	-20.71
1:59.90Y	F # 7	800 Free Relay Lead Off	LY-VA	---	---	1.34
1:10.62Y	P # 9	Female 13-14 100 Breast	LY-VA	22	---	-1.30
1:59.81Y	P # 15	Female 13-14 200 Free	LY-VA	24	---	1.25
4:39.21Y	F # 29	Female 13-14 400 IM	LY-VA	10	7	-7.73
4:40.70Y	P # 29	Female 13-14 400 IM	LY-VA	11	---	-6.24
2:28.71Y	F # 59	Female 13-14 200 Breast	LY-VA	11	6	-2.46
2:29.62Y	P # 59	Female 13-14 200 Breast	LY-VA	10	---	-1.55
5:07.63Y	F # 73	Female 13-14 500 Free	LY-VA	4	15	-8.90
5:13.77Y	P # 73	Female 13-14 500 Free	LY-VA	8	---	-2.76
2:17.27Y	P # 95	Female 13-14 200 IM	LY-VA	24	---	4.32
56.76Y	F # 103	400 Free Relay Lead Off	LY-VA	---	---	0.56
17:50.86Y	F # 109	Female 11-14 1650 Free	LY-VA	2	17	-15.06
Adam Wells (13) M						
23.72Y	P # 54	Male 13-14 50 Free	LY-VA	30	---	-0.56
53.55Y	P # 90	Male 13-14 100 Free	LY-VA	51	---	0.67
54.40Y	F # 104	400 Free Relay Lead Off	LY-VA	---	---	1.52
Austin Woodruff (11) M						
34.03Y	F # 44	200 Medley Relay Lead Off	LY-VA	---	---	0.36
1:05.90Y	F # 106	400 Free Relay Lead Off	LY-VA	---	---	0.14

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Taylor Woodruff (13) F						
2:04.24Y	P # 15	Female 13-14 200 Free	LY-VA	33	---	4.04
1:02.25Y	P # 21	Female 13-14 100 Fly	LY-VA	21	---	1.86
28.67Y	F # 41	200 Medley Relay Lead Off	LY-VA	---	---	-0.22
2:10.38Y	P # 47	Female 13-14 200 Fly	LY-VA	3	---	-2.35
2:14.14Y	F # 47	Female 13-14 200 Fly	LY-VA	8	11	1.41
25.97Y	P # 53	Female 13-14 50 Free	LY-VA	34	---	-0.12
1:03.17Y	P # 65	Female 13-14 100 Back	LY-VA	32	---	1.81
26.52Y	F # 79	200 Free Relay Lead Off	LY-VA	---	---	0.43
2:14.68Y	P # 83	Female 13-14 200 Back	LY-VA	27	---	0.58
57.74Y	P # 89	Female 13-14 100 Free	LY-VA	40	---	2.00
18:37.69Y	F # 109	Female 11-14 1650 Free	LY-VA	12	5	-45.15
11:16.72Y	F # 309	Mixed 13-14 1000 Free	LY-VA	1	---	-7.03
Caleb Wu (13) M						
1:06.82Y	P # 10	Male 13-14 100 Breast	LY-VA	38	---	-0.19
2:26.69Y	P # 60	Male 13-14 200 Breast	LY-VA	30	---	-1.70