## Lynchburg YMCA Swim Team Head Coach Ryan Woodruff

## **Individual Records Report for 50MREC-L**

2024 GCY LC Single-Day Splash 07-Apr-24 LC Meters Alt: 897

emale 13-14 200 Fly 2:25.30	Ava Shopbell at 2023 VSI Age Group Championships	7/20/2023	LY -VA
2:24.25 **	Ava Shopbell at 2024 GCY LC Single-Day Splash	4/7/2024	LY -VA

<sup>\*\*</sup>Indicates Best Record for Each Event