

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 YMCA SCY Time Trials 02-Apr-24 to 06-Apr-24 Yards

Location: Greensboro Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Frances Fenton (16) F						
1:58.05Y	T # 325	Female Open 200 Free	LY-VA	24	---	0.04
Thomas Fenton (18) M						
1:59.13Y	T # 328	Male Open 200 IM	LY-VA	12	---	1.12
Ann-Margaret Holt (14) F						
1:01.81Y	T # 223	Female Open 100 Fly	LY-VA	56	---	0.78
17:54.06Y	T # 527	Female Open 1650 Free	LY-VA	2	---	-26.91
Broderick Nelson (14) M						
2:15.68Y	T # 226	Male Open 200 Breast	LY-VA	17	---	2.03
1:02.11Y	T # 432	Male Open 100 Breast	LY-VA	16	---	-0.15
2:01.28Y	T # 530	Male Open 200 Back	LY-VA	15	---	-1.43
Hudson Rice (15) M						
53.49Y	T # 224	Male Open 100 Fly	LY-VA	30	---	0.54
4:49.54Y	T # 426	Male Open 500 Free	LY-VA	8	---	0.05
Ava Shopbell (14) F						
4:39.02Y	T # 323	Female Open 400 IM	LY-VA	3	---	-0.98
2:12.87Y	T # 421	Female Open 200 IM	LY-VA	24	---	-1.50
Declund Stevenson (16) M						
1:48.96Y	T # 234	Male Open 200 Free	LY-VA	29	---	2.49
22.25Y	T # 330	Male Open 50 Free	LY-VA	12	---	0.15
48.69Y	T # 428	Male Open 100 Free	LY-VA	20	---	0.34
Broughton Webb (13) F						
2:28.44Y	T # 225	Female Open 200 Breast	LY-VA	5	---	-0.27
1:59.80Y	T # 325	Female Open 200 Free	LY-VA	44	---	1.70
1:11.11Y	T # 525	Female Open 100 Breast	LY-VA	20	---	1.84
Graham Woodruff (15) M						
1:47.48Y	T # 234	Male Open 200 Free	LY-VA	20	---	1.32
4:48.90Y	T # 332	Male Open 500 Free	LY-VA	2	---	-2.73
5:00.40Y	T # 426	Male Open 500 Free	LY-VA	20	---	8.77
1:46.00Y	F # 603	Male Open 200 Free	LY-VA	1	---	-0.16
Taylor Woodruff (13) F						
2:10.09Y	T # 221	Female Open 200 Back	LY-VA	18	---	-4.01
1:01.36Y	T # 321	Female Open 100 Back	LY-VA	30	---	---
1:02.10Y	T # 531	Female Open 100 Fly	LY-VA	24	---	1.71