

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                   | F/P/S   | Event                      | Place   | Points    | Improv  |         |         |         |
|------------------------|---------|----------------------------|---------|-----------|---------|---------|---------|---------|
| Tessa Akershoek (11) F |         |                            |         |           |         |         |         |         |
| 1:27.32Y               | F # 23  | Female 11-12 100 Back      | LY-VA   | 27        | ---     | -1.63   |         |         |
|                        | 42.82   | 1:27.32                    |         |           |         |         |         |         |
|                        | (42.82) | (44.50)                    |         |           |         |         |         |         |
| 1:27.89Y               | F # 29  | Female 11-12 100 Fly       | LY-VA   | 17        | ---     | 1.41    |         |         |
|                        | 39.65   | 1:27.89                    |         |           |         |         |         |         |
|                        | (39.65) | (48.24)                    |         |           |         |         |         |         |
| 2:48.58Y               | F # 35  | Female 12 & Under 200 Free | LY-VA   | 19        | ---     | 0.02    |         |         |
|                        | 38.19   | 1:23.15                    | ---     | 2:48.58   |         |         |         |         |
|                        | (38.19) | (44.96)                    | ---     | (2:48.58) |         |         |         |         |
| Sydney Ayers (13) F    |         |                            |         |           |         |         |         |         |
| 1:13.99Y               | F # 5   | Female 13-14 100 Free      | LY-VA   | 27        | ---     | -2.23   |         |         |
|                        | 35.47   | 1:13.99                    |         |           |         |         |         |         |
|                        | (35.47) | (38.52)                    |         |           |         |         |         |         |
| 1:38.43Y               | F # 11  | Female 13-14 100 Breast    | LY-VA   | 23        | ---     | 3.83    |         |         |
|                        | ---     | 1:38.43                    |         |           |         |         |         |         |
|                        | ---     | (1:38.43)                  |         |           |         |         |         |         |
| 3:15.96Y               | F # 17  | Female 13-14 200 IM        | LY-VA   | 14        | ---     | 2.83    |         |         |
|                        | 46.84   | 1:36.54                    | 2:32.53 | 3:15.96   |         |         |         |         |
|                        | (46.84) | (49.70)                    | (55.99) | (43.43)   |         |         |         |         |
| 1:30.15Y               | F # 25  | Female 13-14 100 Back      | LY-VA   | 18        | ---     | -2.35   |         |         |
|                        | ---     | 1:30.15                    |         |           |         |         |         |         |
|                        | ---     | (1:30.15)                  |         |           |         |         |         |         |
| 1:34.76Y               | F # 31  | Female 13-14 100 Fly       | LY-VA   | 15        | 2       | 0.18    |         |         |
|                        | 43.22   | 1:34.76                    |         |           |         |         |         |         |
|                        | (43.22) | (51.54)                    |         |           |         |         |         |         |
| 7:28.31Y               | F # 39  | Female 11 & Over 500 Free  | LY-VA   | 16        | ---     | -3.86   |         |         |
|                        | 37.44   | 1:19.29                    | 2:02.49 | 2:47.14   | 3:34.34 | 4:21.04 | 5:08.18 | 5:55.87 |
|                        | (37.44) | (41.85)                    | (43.20) | (44.65)   | (47.20) | (46.70) | (47.14) | (47.69) |
|                        | 6:43.79 | 7:28.31                    |         |           |         |         |         |         |
|                        | (47.92) | (44.52)                    |         |           |         |         |         |         |
| Shirley Barger (13) F  |         |                            |         |           |         |         |         |         |
| 1:01.36Y               | F # 5   | Female 13-14 100 Free      | LY-VA   | 5         | 14      | -1.04   |         |         |
|                        | 29.27   | 1:01.36                    |         |           |         |         |         |         |
|                        | (29.27) | (32.09)                    |         |           |         |         |         |         |
| 1:22.79Y               | F # 11  | Female 13-14 100 Breast    | LY-VA   | 7         | 12      | -2.70   |         |         |
|                        | 39.84   | 1:22.79                    |         |           |         |         |         |         |
|                        | (39.84) | (42.95)                    |         |           |         |         |         |         |
| 2:33.51Y               | F # 17  | Female 13-14 200 IM        | LY-VA   | 1         | ---     | -5.48   |         |         |
|                        | 35.00   | 1:13.70                    | 2:00.38 | 2:33.51   |         |         |         |         |
|                        | (35.00) | (38.70)                    | (46.68) | (33.13)   |         |         |         |         |
| NS                     | F # 25  | Female 13-14 100 Back      | LY-VA   | ---       | ---     | ---     |         |         |
| NS                     | F # 31  | Female 13-14 100 Fly       | LY-VA   | ---       | ---     | ---     |         |         |
| NS                     | F # 37  | Female 13-14 200 Free      | LY-VA   | ---       | ---     | ---     |         |         |

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| Time                            | F/P/S   | Event                      |       | Place | Points | Improv |
|---------------------------------|---------|----------------------------|-------|-------|--------|--------|
| <b>George Barksdale (7) M</b>   |         |                            |       |       |        |        |
| 54.50Y                          | F # 2   | Male 10 & Under 50 Free    | LY-VA | 29    | ---    | 0.90   |
| 1:35.51Y DQ                     | F # 8   | Male 10 & Under 50 Breast  | LY-VA | ---   | ---    | ---    |
| 2:36.17Y                        | F # 14  | Male 12 & Under 100 IM     | LY-VA | 37    | ---    | ---    |
|                                 | ---     | 2:36.17                    |       |       |        |        |
|                                 | ---     | (2:36.17)                  |       |       |        |        |
| <b>Jackson Barksdale (12) M</b> |         |                            |       |       |        |        |
| 1:04.08Y                        | F # 4   | Male 12 & Under 100 Free   | LY-VA | 8     | 11     | -2.35  |
|                                 | 30.77   | 1:04.08                    |       |       |        |        |
|                                 | (30.77) | (33.31)                    |       |       |        |        |
| 1:32.38Y                        | F # 10  | Male 11-12 100 Breast      | LY-VA | 12    | 5      | -4.39  |
|                                 | 44.46   | 1:32.38                    |       |       |        |        |
|                                 | (44.46) | (47.92)                    |       |       |        |        |
| 2:53.88Y                        | F # 16  | Male 12 & Under 200 IM     | LY-VA | 10    | ---    | -4.36  |
|                                 | 42.01   | 1:27.22 2:20.04 2:53.88    |       |       |        |        |
|                                 | (42.01) | (45.21) (52.82) (33.84)    |       |       |        |        |
| <b>Adeline Brebner (12) F</b>   |         |                            |       |       |        |        |
| 1:30.05Y                        | F # 3   | Female 12 & Under 100 Free | LY-VA | 35    | ---    | -7.12  |
|                                 | ---     | 1:30.05                    |       |       |        |        |
|                                 | ---     | (1:30.05)                  |       |       |        |        |
| 2:09.38Y                        | F # 9   | Female 11-12 100 Breast    | LY-VA | 33    | ---    | -11.44 |
|                                 | ---     | 2:09.38                    |       |       |        |        |
|                                 | ---     | (2:09.38)                  |       |       |        |        |
| 1:54.32Y                        | F # 13  | Female 12 & Under 100 IM   | LY-VA | 39    | ---    | 0.32   |
|                                 | ---     | 1:54.32                    |       |       |        |        |
|                                 | ---     | (1:54.32)                  |       |       |        |        |
| <b>Anderson Cox (7) M</b>       |         |                            |       |       |        |        |
| 1:08.23Y                        | F # 22  | Male 10 & Under 50 Back    | LY-VA | 36    | ---    | -3.51  |
| 1:19.10Y                        | F # 28  | Male 10 & Under 50 Fly     | LY-VA | 27    | ---    | ---    |
| 1:38.57Y                        | F # 34  | Male 10 & Under 100 Free   | LY-VA | 16    | 1      | -5.49  |
|                                 | 44.48   | 1:38.57                    |       |       |        |        |
|                                 | (44.48) | (54.09)                    |       |       |        |        |
| <b>Clayton Cox (10) M</b>       |         |                            |       |       |        |        |
| 34.38Y                          | F # 2   | Male 10 & Under 50 Free    | LY-VA | 9     | 9      | 1.09   |
| 52.04Y                          | F # 8   | Male 10 & Under 50 Breast  | LY-VA | 14    | 3      | -4.37  |
| 1:33.37Y                        | F # 14  | Male 12 & Under 100 IM     | LY-VA | 16    | 1      | -5.38  |
|                                 | 42.25   | 1:33.37                    |       |       |        |        |
|                                 | (42.25) | (51.12)                    |       |       |        |        |
| 43.06Y                          | F # 22  | Male 10 & Under 50 Back    | LY-VA | 15    | 2      | -2.19  |
| 40.25Y                          | F # 28  | Male 10 & Under 50 Fly     | LY-VA | 8     | 11     | 0.31   |
| 2:50.46Y                        | F # 36  | Male 12 & Under 200 Free   | LY-VA | 15    | ---    | 0.61   |
|                                 | 40.45   | 1:25.62 2:09.45 2:50.46    |       |       |        |        |
|                                 | (40.45) | (45.17) (43.83) (41.01)    |       |       |        |        |

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|----------------------------|---------|----------------------------|-------|-------|--------|--------|
| <b>Liam Cox (9) M</b>      |         |                            |       |       |        |        |
| 44.13Y                     | F # 2   | Male 10 & Under 50 Free    | LY-VA | 23    | ---    | -0.81  |
| 1:13.29Y DQ                | F # 8   | Male 10 & Under 50 Breast  | LY-VA | ---   | ---    | ---    |
| 56.42Y                     | F # 22  | Male 10 & Under 50 Back    | LY-VA | 33    | ---    | ---    |
| 1:35.26Y                   | F # 34  | Male 10 & Under 100 Free   | LY-VA | 15    | 2      | -3.85  |
|                            | 44.69   | 1:35.26                    |       |       |        |        |
|                            | (44.69) | (50.57)                    |       |       |        |        |
| <b>Lucas Cox (13) M</b>    |         |                            |       |       |        |        |
| 1:29.64Y                   | F # 6   | Male 13-14 100 Free        | LY-VA | 26    | ---    | -2.49  |
|                            | 40.86   | 1:29.64                    |       |       |        |        |
|                            | (40.86) | (48.78)                    |       |       |        |        |
| 1:55.04Y                   | F # 12  | Male 13-14 100 Breast      | LY-VA | 25    | ---    | 0.78   |
|                            | 53.23   | 1:55.04                    |       |       |        |        |
|                            | (53.23) | (1:01.81)                  |       |       |        |        |
| 2:00.38Y                   | F # 26  | Male 13-14 100 Back        | LY-VA | 24    | ---    | 10.36  |
|                            | ---     | 2:00.38                    |       |       |        |        |
|                            | ---     | (2:00.38)                  |       |       |        |        |
| <b>Meredith Cox (12) F</b> |         |                            |       |       |        |        |
| 1:33.36Y                   | F # 23  | Female 11-12 100 Back      | LY-VA | 31    | ---    | -2.50  |
|                            | 46.79   | 1:33.36                    |       |       |        |        |
|                            | (46.79) | (46.57)                    |       |       |        |        |
| 1:56.10Y                   | F # 29  | Female 11-12 100 Fly       | LY-VA | 23    | ---    | 5.05   |
|                            | 54.71   | 1:56.10                    |       |       |        |        |
|                            | (54.71) | (1:01.39)                  |       |       |        |        |
| 2:55.59Y                   | F # 35  | Female 12 & Under 200 Free | LY-VA | 21    | ---    | 2.43   |
|                            | 41.08   | 1:27.57 2:12.51 2:55.59    |       |       |        |        |
|                            | (41.08) | (46.49) (44.94) (43.08)    |       |       |        |        |
| <b>Julia Crim (11) F</b>   |         |                            |       |       |        |        |
| NS                         | F # 3   | Female 12 & Under 100 Free | LY-VA | ---   | ---    | ---    |
| NS                         | F # 9   | Female 11-12 100 Breast    | LY-VA | ---   | ---    | ---    |
| NS                         | F # 13  | Female 12 & Under 100 IM   | LY-VA | ---   | ---    | ---    |

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|--------------------|---------|---------------------------------------------------------|-------|--------|--------|--------|
| Avery Duff (13) F  |         |                                                         |       |        |        |        |
| 1:05.86Y           | F # 5   | Female 13-14 100 Free                                   | LY-VA | 17     | ---    | -1.79  |
|                    | 31.92   | 1:05.86                                                 |       |        |        |        |
|                    | (31.92) | (33.94)                                                 |       |        |        |        |
| 1:42.31Y           | F # 11  | Female 13-14 100 Breast                                 | LY-VA | 24     | ---    | -2.17  |
|                    | 48.80   | 1:42.31                                                 |       |        |        |        |
|                    | (48.80) | (53.51)                                                 |       |        |        |        |
| 6:29.10Y           | F # 19  | Female 13-14 400 IM                                     | LY-VA | 9      | ---    | ---    |
|                    | 44.74   | 1:36.92 2:27.08 3:16.47 4:14.98 5:13.09 5:52.70 6:29.10 |       |        |        |        |
|                    | (44.74) | (52.18) (50.16) (49.39) (58.51) (58.11) (39.61) (36.40) |       |        |        |        |
| 1:21.88Y           | F # 25  | Female 13-14 100 Back                                   | LY-VA | 17     | ---    | -1.58  |
|                    | 39.71   | 1:21.88                                                 |       |        |        |        |
|                    | (39.71) | (42.17)                                                 |       |        |        |        |
| 1:32.53Y           | F # 31  | Female 13-14 100 Fly                                    | LY-VA | 14     | 3      | -5.80  |
|                    | 43.21   | 1:32.53                                                 |       |        |        |        |
|                    | (43.21) | (49.32)                                                 |       |        |        |        |
| 6:42.62Y           | F # 39  | Female 11 & Over 500 Free                               | LY-VA | 11     | ---    | -15.61 |
|                    | 35.65   | 1:15.40 1:57.09 2:38.84 3:20.35 4:02.01 4:44.00 5:25.68 |       |        |        |        |
|                    | (35.65) | (39.75) (41.69) (41.75) (41.51) (41.66) (41.99) (41.68) |       |        |        |        |
|                    | 6:06.02 | 6:42.62                                                 |       |        |        |        |
|                    | (40.34) | (36.60)                                                 |       |        |        |        |
| Evy Edwards (10) F |         |                                                         |       |        |        |        |
| 35.66Y             | F # 1   | Female 10 & Under 50 Free                               | LY-VA | 6      | 13     | -2.64  |
| 52.76Y             | F # 7   | Female 10 & Under 50 Breast                             | LY-VA | 12     | 5      | 0.62   |
| 1:41.18Y           | F # 13  | Female 12 & Under 100 IM                                | LY-VA | 27     | ---    | 4.16   |
|                    | ---     | 1:41.18                                                 |       |        |        |        |
|                    | ---     | (1:41.18)                                               |       |        |        |        |
| 44.47Y             | F # 21  | Female 10 & Under 50 Back                               | LY-VA | 8      | 11     | -4.90  |
| 45.15Y             | F # 27  | Female 10 & Under 50 Fly                                | LY-VA | 4      | 15     | -0.45  |
| 1:31.90Y           | F # 33  | Female 10 & Under 100 Free                              | LY-VA | 8      | 11     | 8.14   |
|                    | 41.94   | 1:31.90                                                 |       |        |        |        |
|                    | (41.94) | (49.96)                                                 |       |        |        |        |

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|--------------------|---------|---------------------------------------------------------|-------|--------|--------|--------|
| Sam Edwards (12) M |         |                                                         |       |        |        |        |
| 1:00.46Y           | F # 4   | Male 12 & Under 100 Free                                | LY-VA | 2      | 17     | -0.94  |
|                    | 28.91   | 1:00.46                                                 |       |        |        |        |
|                    | (28.91) | (31.55)                                                 |       |        |        |        |
| 1:20.03Y           | F # 10  | Male 11-12 100 Breast                                   | LY-VA | 1      | 20     | -1.39  |
|                    | 38.46   | 1:20.03                                                 |       |        |        |        |
|                    | (38.46) | (41.57)                                                 |       |        |        |        |
| 2:30.94Y           | F # 16  | Male 12 & Under 200 IM                                  | LY-VA | 1      | ---    | 5.34   |
|                    | 33.42   | 1:10.62 1:56.49 2:30.94                                 |       |        |        |        |
|                    | (33.42) | (37.20) (45.87) (34.45)                                 |       |        |        |        |
| 1:05.63Y           | F # 24  | Male 11-12 100 Back                                     | LY-VA | 2      | 17     | -1.26  |
|                    | 31.84   | 1:05.63                                                 |       |        |        |        |
|                    | (31.84) | (33.79)                                                 |       |        |        |        |
| 1:10.12Y           | F # 30  | Male 11-12 100 Fly                                      | LY-VA | 2      | 17     | -2.44  |
|                    | 33.77   | 1:10.12                                                 |       |        |        |        |
|                    | (33.77) | (36.35)                                                 |       |        |        |        |
| 5:42.69Y           | F # 40  | Male 11 & Over 500 Free                                 | LY-VA | 8      | ---    | -10.47 |
|                    | 30.78   | 1:04.77 1:40.00 2:15.23 2:50.36 3:25.83 4:00.48 4:35.67 |       |        |        |        |
|                    | (30.78) | (33.99) (35.23) (35.23) (35.13) (35.47) (34.65) (35.19) |       |        |        |        |
|                    | 5:09.72 | 5:42.69                                                 |       |        |        |        |
|                    | (34.05) | (32.97)                                                 |       |        |        |        |
| Emmie Eiban (11) F |         |                                                         |       |        |        |        |
| 1:24.82Y           | F # 23  | Female 11-12 100 Back                                   | LY-VA | 25     | ---    | -3.69  |
|                    | 41.62   | 1:24.82                                                 |       |        |        |        |
|                    | (41.62) | (43.20)                                                 |       |        |        |        |
| 1:34.53Y           | F # 29  | Female 11-12 100 Fly                                    | LY-VA | 21     | ---    | ---    |
|                    | 42.36   | 1:34.53                                                 |       |        |        |        |
|                    | (42.36) | (52.17)                                                 |       |        |        |        |
| 6:58.01Y           | F # 39  | Female 11 & Over 500 Free                               | LY-VA | 12     | ---    | -5.98  |
|                    | 38.07   | 1:20.03 2:03.21 2:46.14 3:29.74 4:13.49 4:56.17 5:39.49 |       |        |        |        |
|                    | (38.07) | (41.96) (43.18) (42.93) (43.60) (43.75) (42.68) (43.32) |       |        |        |        |
|                    | 6:21.28 | 6:58.01                                                 |       |        |        |        |
|                    | (41.79) | (36.73)                                                 |       |        |        |        |
| Evan Fong (14) M   |         |                                                         |       |        |        |        |
| NS                 | F # 6   | Male 13-14 100 Free                                     | LY-VA | ---    | ---    | ---    |
| NS                 | F # 12  | Male 13-14 100 Breast                                   | LY-VA | ---    | ---    | ---    |
| Zachary Fong (9) M |         |                                                         |       |        |        |        |
| NS                 | F # 8   | Male 10 & Under 50 Breast                               | LY-VA | ---    | ---    | ---    |
| NS                 | F # 14  | Male 12 & Under 100 IM                                  | LY-VA | ---    | ---    | ---    |

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|-------------------------|--------|-----------------------------|---------|-----------|-----------|---------|
| Walker Givan (8) M      |        |                             |         |           |           |         |
| 40.92Y                  | F # 2  | Male 10 & Under 50 Free     | LY-VA   | 17        | ---       | -1.53   |
| 51.12Y                  | F # 8  | Male 10 & Under 50 Breast   | LY-VA   | 10        | 7         | -4.74   |
| 1:47.65Y                | F # 14 | Male 12 & Under 100 IM      | LY-VA   | 28        | ---       | -5.50   |
| 53.58                   |        | 1:47.65                     |         |           |           |         |
| (53.58)                 |        | (54.07)                     |         |           |           |         |
| 55.92Y                  | F # 22 | Male 10 & Under 50 Back     | LY-VA   | 32        | ---       | 0.89    |
| 51.08Y                  | F # 28 | Male 10 & Under 50 Fly      | LY-VA   | 16        | 1         | ---     |
| 3:40.49Y                | F # 36 | Male 12 & Under 200 Free    | LY-VA   | 27        | ---       | ---     |
| 47.73                   |        | 1:47.47                     | ---     | 3:40.49   |           |         |
| (47.73)                 |        | (59.74)                     | ---     | (3:40.49) |           |         |
| Camille Greenlaw (10) F |        |                             |         |           |           |         |
| 1:16.27Y                | F # 3  | Female 12 & Under 100 Free  | LY-VA   | 24        | ---       | -1.08   |
| 36.67                   |        | 1:16.27                     |         |           |           |         |
| (36.67)                 |        | (39.60)                     |         |           |           |         |
| 48.32Y                  | F # 7  | Female 10 & Under 50 Breast | LY-VA   | 5         | 14        | -3.83   |
| 1:32.58Y                | F # 13 | Female 12 & Under 100 IM    | LY-VA   | 17        | ---       | -4.11   |
| 43.80                   |        | 1:32.58                     |         |           |           |         |
| (43.80)                 |        | (48.78)                     |         |           |           |         |
| Daniel Gustafson (11) M |        |                             |         |           |           |         |
| 1:11.69Y                | F # 4  | Male 12 & Under 100 Free    | LY-VA   | 19        | ---       | -0.66   |
| 34.25                   |        | 1:11.69                     |         |           |           |         |
| (34.25)                 |        | (37.44)                     |         |           |           |         |
| 1:23.30Y                | F # 10 | Male 11-12 100 Breast       | LY-VA   | 2         | 17        | 1.35    |
| 40.53                   |        | 1:23.30                     |         |           |           |         |
| (40.53)                 |        | (42.77)                     |         |           |           |         |
| 2:52.78Y                | F # 16 | Male 12 & Under 200 IM      | LY-VA   | 9         | ---       | 2.71    |
| 39.01                   |        | 1:25.77                     | 2:14.71 | 2:52.78   |           |         |
| (39.01)                 |        | (46.76)                     | (48.94) | (38.07)   |           |         |
| 1:22.91Y                | F # 24 | Male 11-12 100 Back         | LY-VA   | 12        | 5         | -5.22   |
| 40.86                   |        | 1:22.91                     |         |           |           |         |
| (40.86)                 |        | (42.05)                     |         |           |           |         |
| 1:24.65Y                | F # 30 | Male 11-12 100 Fly          | LY-VA   | 9         | 9         | -1.37   |
| ---                     |        | 1:24.65                     |         |           |           |         |
| ---                     |        | (1:24.65)                   |         |           |           |         |
| 7:52.55Y                | F # 40 | Male 11 & Over 500 Free     | LY-VA   | 19        | ---       | 4.14    |
| 37.41                   |        | 1:24.84                     | 2:14.11 | 3:02.77   | 3:51.59   | ---     |
| (37.41)                 |        | (47.43)                     | (49.27) | (48.66)   | (48.82)   | ---     |
| 7:05.34                 |        | 7:52.55                     |         |           | (5:28.90) | (49.25) |
| (47.19)                 |        | (47.21)                     |         |           |           |         |

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                      | F/P/S   | Event                      | Place | Points | Improv |        |
|---------------------------|---------|----------------------------|-------|--------|--------|--------|
| Zelynn Gustafson (14) F   |         |                            |       |        |        |        |
| 1:04.00Y                  | F # 5   | Female 13-14 100 Free      | LY-VA | 14     | 3      | -0.48  |
|                           | 30.73   | 1:04.00                    |       |        |        |        |
|                           | (30.73) | (33.27)                    |       |        |        |        |
| 1:28.33Y                  | F # 11  | Female 13-14 100 Breast    | LY-VA | 17     | ---    | -3.66  |
|                           | 42.18   | 1:28.33                    |       |        |        |        |
|                           | (42.18) | (46.15)                    |       |        |        |        |
| 2:46.97Y                  | F # 17  | Female 13-14 200 IM        | LY-VA | 9      | ---    | -2.52  |
|                           | 39.26   | 1:21.32 2:11.01 2:46.97    |       |        |        |        |
|                           | (39.26) | (42.06) (49.69) (35.96)    |       |        |        |        |
| 1:19.35Y                  | F # 25  | Female 13-14 100 Back      | LY-VA | 14     | 3      | -5.11  |
|                           | 38.30   | 1:19.35                    |       |        |        |        |
|                           | (38.30) | (41.05)                    |       |        |        |        |
| 1:19.91Y                  | F # 31  | Female 13-14 100 Fly       | LY-VA | 12     | 5      | -11.99 |
|                           | 36.13   | 1:19.91                    |       |        |        |        |
|                           | (36.13) | (43.78)                    |       |        |        |        |
| 2:22.69Y                  | F # 37  | Female 13-14 200 Free      | LY-VA | 8      | ---    | -5.54  |
|                           | 31.70   | 1:07.69 1:45.64 2:22.69    |       |        |        |        |
|                           | (31.70) | (35.99) (37.95) (37.05)    |       |        |        |        |
| Lyle Handy (8) M          |         |                            |       |        |        |        |
| 1:13.50Y                  | F # 2   | Male 10 & Under 50 Free    | LY-VA | 31     | ---    | 2.80   |
| 1:18.26Y DQ               | F # 8   | Male 10 & Under 50 Breast  | LY-VA | ---    | ---    | ---    |
| Cheyanne Henderson (11) F |         |                            |       |        |        |        |
| 1:15.85Y                  | F # 3   | Female 12 & Under 100 Free | LY-VA | 23     | ---    | 0.17   |
|                           | ---     | 1:15.85                    |       |        |        |        |
|                           | ---     | (1:15.85)                  |       |        |        |        |
| 1:44.72Y                  | F # 9   | Female 11-12 100 Breast    | LY-VA | 24     | ---    | -14.28 |
|                           | 49.44   | 1:44.72                    |       |        |        |        |
|                           | (49.44) | (55.28)                    |       |        |        |        |
| 1:32.29Y                  | F # 13  | Female 12 & Under 100 IM   | LY-VA | 16     | 1      | -9.37  |
|                           | ---     | 1:32.29                    |       |        |        |        |
|                           | ---     | (1:32.29)                  |       |        |        |        |
| Connor Henry (10) M       |         |                            |       |        |        |        |
| 1:38.62Y                  | F # 4   | Male 12 & Under 100 Free   | LY-VA | 32     | ---    | -4.71  |
|                           | 42.43   | 1:38.62                    |       |        |        |        |
|                           | (42.43) | (56.19)                    |       |        |        |        |
| 54.43Y                    | F # 8   | Male 10 & Under 50 Breast  | LY-VA | 17     | ---    | ---    |
| 1:47.38Y                  | F # 14  | Male 12 & Under 100 IM     | LY-VA | 27     | ---    | ---    |
|                           | 53.91   | 1:47.38                    |       |        |        |        |
|                           | (53.91) | (53.47)                    |       |        |        |        |

**Lynchburg YMCA Swim Team**  
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**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                        | F/P/S     | Event                       | Place | Points | Improv |
|-----------------------------|-----------|-----------------------------|-------|--------|--------|
| <b>Trevor Henry (13) M</b>  |           |                             |       |        |        |
| 1:27.68Y                    | F # 6     | Male 13-14 100 Free         | 25    | ---    | ---    |
|                             | ---       | 1:27.68                     |       |        |        |
|                             | ---       | (1:27.68)                   |       |        |        |
| 2:03.71Y                    | F # 12    | Male 13-14 100 Breast       | 26    | ---    | ---    |
|                             | 59.20     | 2:03.71                     |       |        |        |
|                             | (59.20)   | (1:04.51)                   |       |        |        |
| 3:45.78Y                    | F # 18    | Male 13-14 200 IM           | 12    | ---    | ---    |
|                             | 46.09     | 1:50.85 2:58.35 3:45.78     |       |        |        |
|                             | (46.09)   | (1:04.76) (1:07.50) (47.43) |       |        |        |
| <b>Ty Henry (8) M</b>       |           |                             |       |        |        |
| 1:04.15Y                    | F # 2     | Male 10 & Under 50 Free     | 30    | ---    | 0.26   |
| 2:24.24Y                    | F # 4     | Male 12 & Under 100 Free    | 35    | ---    | 9.83   |
|                             | ---       | 2:24.24                     |       |        |        |
|                             | ---       | (2:24.24)                   |       |        |        |
| 1:32.98Y                    | F # 8     | Male 10 & Under 50 Breast   | 30    | ---    | ---    |
| <b>Carson Hill (9) M</b>    |           |                             |       |        |        |
| 1:47.23Y                    | F # 4     | Male 12 & Under 100 Free    | 33    | ---    | -17.19 |
|                             | 51.10     | 1:47.23                     |       |        |        |
|                             | (51.10)   | (56.13)                     |       |        |        |
| 1:10.54Y                    | F # 8     | Male 10 & Under 50 Breast   | 28    | ---    | 3.61   |
| 2:12.73Y DQ                 | F # 14    | Male 12 & Under 100 IM      | ---   | ---    | ---    |
|                             | 1:07.03   | 2:12.73                     |       |        |        |
|                             | (1:07.03) | (1:05.70)                   |       |        |        |
| <b>Sydney Hill (13) F</b>   |           |                             |       |        |        |
| 1:06.28Y                    | F # 5     | Female 13-14 100 Free       | 19    | ---    | -2.45  |
|                             | 32.39     | 1:06.28                     |       |        |        |
|                             | (32.39)   | (33.89)                     |       |        |        |
| 1:32.19Y                    | F # 11    | Female 13-14 100 Breast     | 21    | ---    | -3.21  |
|                             | 43.58     | 1:32.19                     |       |        |        |
|                             | (43.58)   | (48.61)                     |       |        |        |
| 2:51.71Y                    | F # 17    | Female 13-14 200 IM         | 10    | ---    | -5.76  |
|                             | 41.34     | 1:22.27 2:14.37 2:51.71     |       |        |        |
|                             | (41.34)   | (40.93) (52.10) (37.34)     |       |        |        |
| <b>Anderson Holt (10) M</b> |           |                             |       |        |        |
| 46.94Y                      | F # 2     | Male 10 & Under 50 Free     | 26    | ---    | 1.78   |
| 1:00.62Y                    | F # 8     | Male 10 & Under 50 Breast   | 22    | ---    | -0.15  |
| 1:53.02Y                    | F # 14    | Male 12 & Under 100 IM      | 31    | ---    | -2.42  |
|                             | 51.96     | 1:53.02                     |       |        |        |
|                             | (51.96)   | (1:01.06)                   |       |        |        |
| 52.83Y                      | F # 22    | Male 10 & Under 50 Back     | 29    | ---    | 1.70   |
| 1:02.17Y                    | F # 28    | Male 10 & Under 50 Fly      | 22    | ---    | -2.29  |
| 1:46.69Y                    | F # 34    | Male 10 & Under 100 Free    | 21    | ---    | 6.89   |
|                             | 50.99     | 1:46.69                     |       |        |        |
|                             | (50.99)   | (55.70)                     |       |        |        |

**Lynchburg YMCA Swim Team**  
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**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                 | F/P/S   | Event                                                   | Place | Points | Improv |        |
|----------------------|---------|---------------------------------------------------------|-------|--------|--------|--------|
| Kenleigh Holt (12) F |         |                                                         |       |        |        |        |
| 1:13.08Y             | F # 3   | Female 12 & Under 100 Free                              | LY-VA | 21     | ---    | -1.70  |
|                      | 34.02   | 1:13.08                                                 |       |        |        |        |
|                      | (34.02) | (39.06)                                                 |       |        |        |        |
| 1:44.33Y             | F # 9   | Female 11-12 100 Breast                                 | LY-VA | 23     | ---    | 3.59   |
|                      | 48.49   | 1:44.33                                                 |       |        |        |        |
|                      | (48.49) | (55.84)                                                 |       |        |        |        |
| 1:24.54Y             | F # 13  | Female 12 & Under 100 IM                                | LY-VA | 10     | 7      | -1.00  |
|                      | 37.86   | 1:24.54                                                 |       |        |        |        |
|                      | (37.86) | (46.68)                                                 |       |        |        |        |
| 1:23.22Y             | F # 23  | Female 11-12 100 Back                                   | LY-VA | 23     | ---    | -2.36  |
|                      | ---     | 1:23.22                                                 |       |        |        |        |
|                      | ---     | (1:23.22)                                               |       |        |        |        |
| 1:39.53Y DQ          | F # 29  | Female 11-12 100 Fly                                    | LY-VA | ---    | ---    | ---    |
|                      | 43.06   | 1:39.53                                                 |       |        |        |        |
|                      | (43.06) | (56.47)                                                 |       |        |        |        |
| 7:24.15Y             | F # 39  | Female 11 & Over 500 Free                               | LY-VA | 15     | ---    | -19.47 |
|                      | 37.37   | 1:20.31 2:06.09 2:51.20 3:37.67 4:23.38 5:08.50 5:54.62 |       |        |        |        |
|                      | (37.37) | (42.94) (45.78) (45.11) (46.47) (45.71) (45.12) (46.12) |       |        |        |        |
|                      | 6:40.74 | 7:24.15                                                 |       |        |        |        |
|                      | (46.12) | (43.41)                                                 |       |        |        |        |
| Lana Keith (10) F    |         |                                                         |       |        |        |        |
| 41.88Y               | F # 21  | Female 10 & Under 50 Back                               | LY-VA | 5      | 14     | -0.49  |
| 42.78Y               | F # 27  | Female 10 & Under 50 Fly                                | LY-VA | 2      | 17     | -10.15 |
| 1:17.46Y             | F # 33  | Female 10 & Under 100 Free                              | LY-VA | 2      | 17     | -6.61  |
|                      | 35.62   | 1:17.46                                                 |       |        |        |        |
|                      | (35.62) | (41.84)                                                 |       |        |        |        |
| Mia Keith (12) F     |         |                                                         |       |        |        |        |
| 1:41.89Y             | F # 23  | Female 11-12 100 Back                                   | LY-VA | 36     | ---    | 2.25   |
|                      | ---     | 1:41.89                                                 |       |        |        |        |
|                      | ---     | (1:41.89)                                               |       |        |        |        |
| 2:21.22Y             | F # 29  | Female 11-12 100 Fly                                    | LY-VA | 26     | ---    | 7.81   |
|                      | ---     | 2:21.22                                                 |       |        |        |        |
|                      | ---     | (2:21.22)                                               |       |        |        |        |
| 3:33.43Y             | F # 35  | Female 12 & Under 200 Free                              | LY-VA | 31     | ---    | 5.68   |
|                      | ---     | 47.70 --- 3:33.43                                       |       |        |        |        |
|                      | ---     | (47.70) --- (3:33.43)                                   |       |        |        |        |

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**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                   | F/P/S     | Event                      | Place | Points | Improv |        |
|------------------------|-----------|----------------------------|-------|--------|--------|--------|
| Eva Kendall (12) F     |           |                            |       |        |        |        |
| 1:22.76Y               | F # 3     | Female 12 & Under 100 Free | LY-VA | 30     | ---    | -0.16  |
|                        | 40.00     | 1:22.76                    |       |        |        |        |
|                        | (40.00)   | (42.76)                    |       |        |        |        |
| 1:48.65Y               | F # 9     | Female 11-12 100 Breast    | LY-VA | 26     | ---    | -9.25  |
|                        | 52.90     | 1:48.65                    |       |        |        |        |
|                        | (52.90)   | (55.75)                    |       |        |        |        |
| 1:37.42Y               | F # 13    | Female 12 & Under 100 IM   | LY-VA | 23     | ---    | -11.72 |
|                        | 48.05     | 1:37.42                    |       |        |        |        |
|                        | (48.05)   | (49.37)                    |       |        |        |        |
| 1:41.77Y               | F # 23    | Female 11-12 100 Back      | LY-VA | 35     | ---    | -6.05  |
|                        | 49.63     | 1:41.77                    |       |        |        |        |
|                        | (49.63)   | (52.14)                    |       |        |        |        |
| 3:07.21Y               | F # 35    | Female 12 & Under 200 Free | LY-VA | 26     | ---    | -6.54  |
|                        | 43.28     | 1:31.89 2:21.69 3:07.21    |       |        |        |        |
|                        | (43.28)   | (48.61) (49.80) (45.52)    |       |        |        |        |
| Phillip Kendall (10) M |           |                            |       |        |        |        |
| 44.00Y                 | F # 2     | Male 10 & Under 50 Free    | LY-VA | 22     | ---    | 0.26   |
| 57.93Y                 | F # 8     | Male 10 & Under 50 Breast  | LY-VA | 20     | ---    | -1.50  |
| 2:00.22Y DQ            | F # 14    | Male 12 & Under 100 IM     | LY-VA | ---    | ---    | ---    |
|                        | 1:00.63   | 2:00.22                    |       |        |        |        |
|                        | (1:00.63) | (59.59)                    |       |        |        |        |
| 52.52Y DQ              | F # 22    | Male 10 & Under 50 Back    | LY-VA | ---    | ---    | ---    |
| 1:04.21Y               | F # 28    | Male 10 & Under 50 Fly     | LY-VA | 24     | ---    | -2.16  |
| 1:44.40Y               | F # 34    | Male 10 & Under 100 Free   | LY-VA | 17     | ---    | 0.06   |
|                        | 51.21     | 1:44.40                    |       |        |        |        |
|                        | (51.21)   | (53.19)                    |       |        |        |        |
| Colt Kirby (12) M      |           |                            |       |        |        |        |
| 1:06.71Y               | F # 4     | Male 12 & Under 100 Free   | LY-VA | 9      | 9      | 0.55   |
|                        | 31.79     | 1:06.71                    |       |        |        |        |
|                        | (31.79)   | (34.92)                    |       |        |        |        |
| 1:32.42Y               | F # 10    | Male 11-12 100 Breast      | LY-VA | 13     | 4      | -3.08  |
|                        | 44.79     | 1:32.42                    |       |        |        |        |
|                        | (44.79)   | (47.63)                    |       |        |        |        |
| 1:17.51Y               | F # 14    | Male 12 & Under 100 IM     | LY-VA | 3      | 16     | -2.22  |
|                        | 35.78     | 1:17.51                    |       |        |        |        |
|                        | (35.78)   | (41.73)                    |       |        |        |        |

**Lynchburg YMCA Swim Team**  
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**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                           | F/P/S   | Event                                                   | Place | Points | Improv |
|--------------------------------|---------|---------------------------------------------------------|-------|--------|--------|
| <b>Evangeline Korby (12) F</b> |         |                                                         |       |        |        |
| 1:14.61Y                       | F # 3   | Female 12 & Under 100 Free                              | LY-VA | 22     | ---    |
|                                | ---     | 1:14.61                                                 |       |        | ---    |
|                                | ---     | (1:14.61)                                               |       |        |        |
| 1:39.79Y                       | F # 9   | Female 11-12 100 Breast                                 | LY-VA | 21     | ---    |
|                                | ---     | 1:39.79                                                 |       |        | ---    |
|                                | ---     | (1:39.79)                                               |       |        |        |
| 1:28.46Y                       | F # 13  | Female 12 & Under 100 IM                                | LY-VA | 13     | 4      |
|                                | ---     | 1:28.46                                                 |       |        | -0.78  |
|                                | ---     | (1:28.46)                                               |       |        |        |
| 1:33.65Y                       | F # 23  | Female 11-12 100 Back                                   | LY-VA | 32     | ---    |
|                                | 45.22   | 1:33.65                                                 |       |        | ---    |
|                                | (45.22) | (48.43)                                                 |       |        |        |
| 1:38.44Y                       | F # 29  | Female 11-12 100 Fly                                    | LY-VA | 22     | ---    |
|                                | ---     | 1:38.44                                                 |       |        | ---    |
|                                | ---     | (1:38.44)                                               |       |        |        |
| 2:46.46Y                       | F # 35  | Female 12 & Under 200 Free                              | LY-VA | 18     | ---    |
|                                | 38.52   | 1:22.90 2:06.51 2:46.46                                 |       |        | ---    |
|                                | (38.52) | (44.38) (43.61) (39.95)                                 |       |        |        |
| <b>Jon Korby (12) M</b>        |         |                                                         |       |        |        |
| 1:08.31Y                       | F # 4   | Male 12 & Under 100 Free                                | LY-VA | 12     | 5      |
|                                | 32.90   | 1:08.31                                                 |       |        | -1.45  |
|                                | (32.90) | (35.41)                                                 |       |        |        |
| 1:32.64Y                       | F # 10  | Male 11-12 100 Breast                                   | LY-VA | 14     | 3      |
|                                | 44.50   | 1:32.64                                                 |       |        | -16.79 |
|                                | (44.50) | (48.14)                                                 |       |        |        |
| 2:55.82Y                       | F # 16  | Male 12 & Under 200 IM                                  | LY-VA | 12     | ---    |
|                                | 38.39   | 1:22.98 2:15.32 2:55.82                                 |       |        | -21.60 |
|                                | (38.39) | (44.59) (52.34) (40.50)                                 |       |        |        |
| 1:20.61Y                       | F # 24  | Male 11-12 100 Back                                     | LY-VA | 11     | 6      |
|                                | 38.76   | 1:20.61                                                 |       |        | -1.04  |
|                                | (38.76) | (41.85)                                                 |       |        |        |
| 1:28.64Y                       | F # 30  | Male 11-12 100 Fly                                      | LY-VA | 12     | 5      |
|                                | 39.73   | 1:28.64                                                 |       |        | -5.51  |
|                                | (39.73) | (48.91)                                                 |       |        |        |
| 6:49.20Y                       | F # 40  | Male 11 & Over 500 Free                                 | LY-VA | 18     | ---    |
|                                | 34.63   | 1:14.54 1:56.08 2:38.39 3:20.80 4:03.25 4:46.21 5:28.59 |       |        | -31.88 |
|                                | (34.63) | (39.91) (41.54) (42.31) (42.41) (42.45) (42.96) (42.38) |       |        |        |
|                                | 6:10.26 | 6:49.20                                                 |       |        |        |
|                                | (41.67) | (38.94)                                                 |       |        |        |

**Lynchburg YMCA Swim Team**  
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**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| <b>Time</b>                       | <b>F/P/S</b> | <b>Event</b>              |       | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|-----------------------------------|--------------|---------------------------|-------|--------------|---------------|---------------|
| <b>Jefferson Koscielny (12) M</b> |              |                           |       |              |               |               |
| 1:17.91Y                          | F # 4        | Male 12 & Under 100 Free  | LY-VA | 25           | ---           | -10.42        |
|                                   | 37.84        | 1:17.91                   |       |              |               |               |
|                                   | (37.84)      | (40.07)                   |       |              |               |               |
| 1:55.08Y                          | F # 10       | Male 11-12 100 Breast     | LY-VA | 26           | ---           | -8.51         |
|                                   | 54.44        | 1:55.08                   |       |              |               |               |
|                                   | (54.44)      | (1:00.64)                 |       |              |               |               |
| 1:34.20Y DQ                       | F # 14       | Male 12 & Under 100 IM    | LY-VA | ---          | ---           | ---           |
|                                   | 47.12        | 1:34.20                   |       |              |               |               |
|                                   | (47.12)      | (47.08)                   |       |              |               |               |
| 1:45.16Y                          | F # 24       | Male 11-12 100 Back       | LY-VA | 19           | ---           | -7.79         |
|                                   | 50.07        | 1:45.16                   |       |              |               |               |
|                                   | (50.07)      | (55.09)                   |       |              |               |               |
| 1:41.79Y                          | F # 30       | Male 11-12 100 Fly        | LY-VA | 14           | 3             | -12.24        |
|                                   | 48.73        | 1:41.79                   |       |              |               |               |
|                                   | (48.73)      | (53.06)                   |       |              |               |               |
| 2:53.61Y                          | F # 36       | Male 12 & Under 200 Free  | LY-VA | 18           | ---           | -21.22        |
|                                   | 39.78        | 1:26.60 2:11.81 2:53.61   |       |              |               |               |
|                                   | (39.78)      | (46.82) (45.21) (41.80)   |       |              |               |               |
| <b>Benjamin Leger (8) M</b>       |              |                           |       |              |               |               |
| 37.09Y                            | F # 2        | Male 10 & Under 50 Free   | LY-VA | 13           | 4             | -1.90         |
| 51.88Y                            | F # 8        | Male 10 & Under 50 Breast | LY-VA | 13           | 4             | -5.08         |
| 3:47.65Y                          | F # 16       | Male 12 & Under 200 IM    | LY-VA | 16           | ---           | 4.59          |
|                                   | 55.78        | 1:57.87 --- 3:47.65       |       |              |               |               |
|                                   | (55.78)      | (1:02.09) --- (3:47.65)   |       |              |               |               |
| 46.06Y                            | F # 22       | Male 10 & Under 50 Back   | LY-VA | 21           | ---           | 0.82          |
| 47.12Y                            | F # 28       | Male 10 & Under 50 Fly    | LY-VA | 14           | 3             | 0.21          |
| 3:02.97Y                          | F # 36       | Male 12 & Under 200 Free  | LY-VA | 23           | ---           | -8.26         |
|                                   | 41.95        | 1:31.52 2:18.40 3:02.97   |       |              |               |               |
|                                   | (41.95)      | (49.57) (46.88) (44.57)   |       |              |               |               |

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time               | F/P/S   | Event                                                   | Place | Points | Improv |       |
|--------------------|---------|---------------------------------------------------------|-------|--------|--------|-------|
| Jacob Leger (14) M |         |                                                         |       |        |        |       |
| 58.97Y             | F # 6   | Male 13-14 100 Free                                     | LY-VA | 10     | 7      | -0.76 |
|                    | 28.29   | 58.97                                                   |       |        |        |       |
|                    | (28.29) | (30.68)                                                 |       |        |        |       |
| 1:22.35Y           | F # 12  | Male 13-14 100 Breast                                   | LY-VA | 15     | 2      | -2.36 |
|                    | 39.94   | 1:22.35                                                 |       |        |        |       |
|                    | (39.94) | (42.41)                                                 |       |        |        |       |
| 5:17.60Y           | F # 20  | Male 13-14 400 IM                                       | LY-VA | 8      | ---    | 6.74  |
|                    | 33.21   | 1:12.74 1:54.69 2:35.16 3:23.57 4:09.15 4:43.35 5:17.60 |       |        |        |       |
|                    | (33.21) | (39.53) (41.95) (40.47) (48.41) (45.58) (34.20) (34.25) |       |        |        |       |
| 1:10.96Y           | F # 26  | Male 13-14 100 Back                                     | LY-VA | 15     | 2      | 1.76  |
|                    | 33.99   | 1:10.96                                                 |       |        |        |       |
|                    | (33.99) | (36.97)                                                 |       |        |        |       |
| 1:04.24Y           | F # 32  | Male 13-14 100 Fly                                      | LY-VA | 6      | 13     | -0.49 |
|                    | 30.47   | 1:04.24                                                 |       |        |        |       |
|                    | (30.47) | (33.77)                                                 |       |        |        |       |
| 5:59.95Y           | F # 40  | Male 11 & Over 500 Free                                 | LY-VA | 12     | ---    | 13.01 |
|                    | 31.59   | 1:07.66 1:45.07 2:23.32 3:00.85 3:37.42 4:13.73 4:50.98 |       |        |        |       |
|                    | (31.59) | (36.07) (37.41) (38.25) (37.53) (36.57) (36.31) (37.25) |       |        |        |       |
|                    | 5:26.88 | 5:59.95                                                 |       |        |        |       |
|                    | (35.90) | (33.07)                                                 |       |        |        |       |
| Noah Leger (11) M  |         |                                                         |       |        |        |       |
| 1:07.74Y           | F # 4   | Male 12 & Under 100 Free                                | LY-VA | 10     | 7      | -3.25 |
|                    | 32.86   | 1:07.74                                                 |       |        |        |       |
|                    | (32.86) | (34.88)                                                 |       |        |        |       |
| 1:35.96Y           | F # 10  | Male 11-12 100 Breast                                   | LY-VA | 17     | ---    | 2.54  |
|                    | 45.60   | 1:35.96                                                 |       |        |        |       |
|                    | (45.60) | (50.36)                                                 |       |        |        |       |
| 2:55.27Y           | F # 16  | Male 12 & Under 200 IM                                  | LY-VA | 11     | ---    | 5.52  |
|                    | 41.98   | 1:26.63 2:19.48 2:55.27                                 |       |        |        |       |
|                    | (41.98) | (44.65) (52.85) (35.79)                                 |       |        |        |       |
| 1:17.02Y           | F # 24  | Male 11-12 100 Back                                     | LY-VA | 7      | 12     | -1.69 |
|                    | 37.99   | 1:17.02                                                 |       |        |        |       |
|                    | (37.99) | (39.03)                                                 |       |        |        |       |
| 1:25.21Y           | F # 30  | Male 11-12 100 Fly                                      | LY-VA | 10     | 7      | 3.25  |
|                    | 38.37   | 1:25.21                                                 |       |        |        |       |
|                    | (38.37) | (46.84)                                                 |       |        |        |       |
| 2:29.35Y           | F # 36  | Male 12 & Under 200 Free                                | LY-VA | 9      | ---    | -5.09 |
|                    | 35.79   | 1:14.48 1:53.79 2:29.35                                 |       |        |        |       |
|                    | (35.79) | (38.69) (39.31) (35.56)                                 |       |        |        |       |

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| <b>Time</b>                 | <b>F/P/S</b> | <b>Event</b>               |       | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|-----------------------------|--------------|----------------------------|-------|--------------|---------------|---------------|
| <b>Hannah Lewis (11) F</b>  |              |                            |       |              |               |               |
| 1:34.60Y                    | F # 3        | Female 12 & Under 100 Free | LY-VA | 38           | ---           | -1.90         |
|                             | 45.03        | 1:34.60                    |       |              |               |               |
|                             | (45.03)      | (49.57)                    |       |              |               |               |
| 2:10.03Y                    | F # 9        | Female 11-12 100 Breast    | LY-VA | 34           | ---           | 1.24          |
|                             | 1:01.85      | 2:10.03                    |       |              |               |               |
|                             | (1:01.85)    | (1:08.18)                  |       |              |               |               |
| 1:52.70Y                    | F # 13       | Female 12 & Under 100 IM   | LY-VA | 38           | ---           | ---           |
|                             | 55.52        | 1:52.70                    |       |              |               |               |
|                             | (55.52)      | (57.18)                    |       |              |               |               |
| <b>Zoey Lewis (13) F</b>    |              |                            |       |              |               |               |
| 1:25.33Y                    | F # 5        | Female 13-14 100 Free      | LY-VA | 28           | ---           | -0.03         |
|                             | ---          | 1:25.33                    |       |              |               |               |
|                             | ---          | (1:25.33)                  |       |              |               |               |
| 1:44.14Y                    | F # 11       | Female 13-14 100 Breast    | LY-VA | 25           | ---           | -6.93         |
|                             | 51.07        | 1:44.14                    |       |              |               |               |
|                             | (51.07)      | (53.07)                    |       |              |               |               |
| 3:37.40Y                    | F # 17       | Female 13-14 200 IM        | LY-VA | 16           | ---           | ---           |
|                             | ---          | 53.20 --- 3:37.40          |       |              |               |               |
|                             | ---          | (53.20) --- (3:37.40)      |       |              |               |               |
| <b>Tiras Lowe (8) M</b>     |              |                            |       |              |               |               |
| 47.42Y                      | F # 2        | Male 10 & Under 50 Free    | LY-VA | 27           | ---           | -2.82         |
| 1:04.17Y                    | F # 8        | Male 10 & Under 50 Breast  | LY-VA | 24           | ---           | -2.82         |
| 1:01.79Y                    | F # 22       | Male 10 & Under 50 Back    | LY-VA | 35           | ---           | -2.57         |
| 1:45.10Y                    | F # 34       | Male 10 & Under 100 Free   | LY-VA | 18           | ---           | -8.84         |
|                             | 50.66        | 1:45.10                    |       |              |               |               |
|                             | (50.66)      | (54.44)                    |       |              |               |               |
| <b>Grant Manning (12) M</b> |              |                            |       |              |               |               |
| 1:10.70Y                    | F # 4        | Male 12 & Under 100 Free   | LY-VA | 18           | ---           | -0.34         |
|                             | 34.48        | 1:10.70                    |       |              |               |               |
|                             | (34.48)      | (36.22)                    |       |              |               |               |
| 1:31.80Y                    | F # 10       | Male 11-12 100 Breast      | LY-VA | 11           | 6             | -12.88        |
|                             | 44.31        | 1:31.80                    |       |              |               |               |
|                             | (44.31)      | (47.49)                    |       |              |               |               |
| 1:21.64Y                    | F # 14       | Male 12 & Under 100 IM     | LY-VA | 8            | 11            | -0.19         |
|                             | 39.35        | 1:21.64                    |       |              |               |               |
|                             | (39.35)      | (42.29)                    |       |              |               |               |

**Lynchburg YMCA Swim Team**  
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**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                  | F/P/S   | Event                       | Place                           | Points | Improv |       |
|-----------------------|---------|-----------------------------|---------------------------------|--------|--------|-------|
| Julius Moore (11) M   |         |                             |                                 |        |        |       |
| 1:13.46Y              | F # 4   | Male 12 & Under 100 Free    | LY-VA                           | 21     | ---    | -2.09 |
|                       | 35.00   | 1:13.46                     |                                 |        |        |       |
|                       | (35.00) | (38.46)                     |                                 |        |        |       |
| 1:47.94Y              | F # 10  | Male 11-12 100 Breast       | LY-VA                           | 24     | ---    | -5.24 |
|                       | ---     | 1:47.94                     |                                 |        |        |       |
|                       | ---     | (1:47.94)                   |                                 |        |        |       |
| 1:26.02Y              | F # 14  | Male 12 & Under 100 IM      | LY-VA                           | 12     | 5      | -9.07 |
|                       | 40.59   | 1:26.02                     |                                 |        |        |       |
|                       | (40.59) | (45.43)                     |                                 |        |        |       |
| Dabney Morrison (9) F |         |                             |                                 |        |        |       |
| NS                    | F # 1   | Female 10 & Under 50 Free   | LY-VA                           | ---    | ---    | ---   |
| NS                    | F # 7   | Female 10 & Under 50 Breast | LY-VA                           | ---    | ---    | ---   |
| NS                    | F # 15  | Female 12 & Under 200 IM    | LY-VA                           | ---    | ---    | ---   |
| 49.21Y                | F # 21  | Female 10 & Under 50 Back   | LY-VA                           | 18     | ---    | 5.00  |
| 45.42Y                | F # 27  | Female 10 & Under 50 Fly    | LY-VA                           | 5      | 14     | 2.57  |
| 1:33.36Y              | F # 33  | Female 10 & Under 100 Free  | LY-VA                           | 9      | 9      | 1.37  |
|                       | 42.63   | 1:33.36                     |                                 |        |        |       |
|                       | (42.63) | (50.73)                     |                                 |        |        |       |
| Luke Morrison (14) M  |         |                             |                                 |        |        |       |
| 58.33Y                | F # 6   | Male 13-14 100 Free         | LY-VA                           | 8      | 11     | -1.31 |
|                       | 27.98   | 58.33                       |                                 |        |        |       |
|                       | (27.98) | (30.35)                     |                                 |        |        |       |
| 1:21.53Y              | F # 12  | Male 13-14 100 Breast       | LY-VA                           | 13     | 4      | -4.40 |
|                       | 38.84   | 1:21.53                     |                                 |        |        |       |
|                       | (38.84) | (42.69)                     |                                 |        |        |       |
| 5:15.19Y              | F # 20  | Male 13-14 400 IM           | LY-VA                           | 7      | ---    | -9.81 |
|                       | 32.56   | 1:10.73 1:50.33 2:29.38     | 3:17.29 4:06.88 4:41.88 5:15.19 |        |        |       |
|                       | (32.56) | (38.17) (39.60) (39.05)     | (47.91) (49.59) (35.00) (33.31) |        |        |       |
| 1:08.56Y              | F # 26  | Male 13-14 100 Back         | LY-VA                           | 9      | 9      | -1.97 |
|                       | 33.05   | 1:08.56                     |                                 |        |        |       |
|                       | (33.05) | (35.51)                     |                                 |        |        |       |
| 1:04.69Y              | F # 32  | Male 13-14 100 Fly          | LY-VA                           | 8      | 11     | -0.05 |
|                       | 29.99   | 1:04.69                     |                                 |        |        |       |
|                       | (29.99) | (34.70)                     |                                 |        |        |       |
| 2:05.92Y              | F # 38  | Male 13-14 200 Free         | LY-VA                           | 2      | ---    | -2.62 |
|                       | 29.10   | 1:00.19 1:32.72 2:05.92     |                                 |        |        |       |
|                       | (29.10) | (31.09) (32.53) (33.20)     |                                 |        |        |       |

**Lynchburg YMCA Swim Team**  
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**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                       | F/P/S     | Event                     |       | Place | Points | Improv |
|----------------------------|-----------|---------------------------|-------|-------|--------|--------|
| <b>Mac Morrison (10) M</b> |           |                           |       |       |        |        |
| 31.38Y                     | F # 2     | Male 10 & Under 50 Free   | LY-VA | 4     | 15     | 0.54   |
| 51.49Y                     | F # 8     | Male 10 & Under 50 Breast | LY-VA | 11    | 6      | 1.80   |
| 1:23.24Y                   | F # 14    | Male 12 & Under 100 IM    | LY-VA | 9     | 9      | -0.95  |
|                            | 38.11     | 1:23.24                   |       |       |        |        |
|                            | (38.11)   | (45.13)                   |       |       |        |        |
| NS                         | F # 22    | Male 10 & Under 50 Back   | LY-VA | ---   | ---    | ---    |
| NS                         | F # 28    | Male 10 & Under 50 Fly    | LY-VA | ---   | ---    | ---    |
| NS                         | F # 36    | Male 12 & Under 200 Free  | LY-VA | ---   | ---    | ---    |
| <b>Aidan Moss (12) M</b>   |           |                           |       |       |        |        |
| 1:08.87Y                   | F # 4     | Male 12 & Under 100 Free  | LY-VA | 15    | 2      | 0.87   |
|                            | 32.48     | 1:08.87                   |       |       |        |        |
|                            | (32.48)   | (36.39)                   |       |       |        |        |
| 1:29.93Y                   | F # 10    | Male 11-12 100 Breast     | LY-VA | 7     | 12     | -1.05  |
|                            | 43.65     | 1:29.93                   |       |       |        |        |
|                            | (43.65)   | (46.28)                   |       |       |        |        |
| 1:16.74Y                   | F # 14    | Male 12 & Under 100 IM    | LY-VA | 2     | 17     | -0.73  |
|                            | 35.62     | 1:16.74                   |       |       |        |        |
|                            | (35.62)   | (41.12)                   |       |       |        |        |
| 1:14.12Y                   | F # 24    | Male 11-12 100 Back       | LY-VA | 5     | 14     | 1.44   |
|                            | 36.61     | 1:14.12                   |       |       |        |        |
|                            | (36.61)   | (37.51)                   |       |       |        |        |
| 1:18.34Y                   | F # 30    | Male 11-12 100 Fly        | LY-VA | 4     | 15     | 1.53   |
|                            | 35.54     | 1:18.34                   |       |       |        |        |
|                            | (35.54)   | (42.80)                   |       |       |        |        |
| 2:28.08Y                   | F # 36    | Male 12 & Under 200 Free  | LY-VA | 8     | ---    | -1.71  |
|                            | 33.26     | 1:10.59 1:49.93 2:28.08   |       |       |        |        |
|                            | (33.26)   | (37.33) (39.34) (38.15)   |       |       |        |        |
| <b>William Moss (8) M</b>  |           |                           |       |       |        |        |
| 44.47Y                     | F # 2     | Male 10 & Under 50 Free   | LY-VA | 24    | ---    | -0.36  |
| 1:04.16Y                   | F # 8     | Male 10 & Under 50 Breast | LY-VA | 23    | ---    | 2.19   |
| 2:02.83Y                   | F # 14    | Male 12 & Under 100 IM    | LY-VA | 34    | ---    | 2.24   |
|                            | 1:01.53   | 2:02.83                   |       |       |        |        |
|                            | (1:01.53) | (1:01.30)                 |       |       |        |        |
| 48.95Y                     | F # 22    | Male 10 & Under 50 Back   | LY-VA | 25    | ---    | 0.70   |
| 1:23.22Y                   | F # 28    | Male 10 & Under 50 Fly    | LY-VA | 28    | ---    | 5.11   |
| 1:45.77Y                   | F # 34    | Male 10 & Under 100 Free  | LY-VA | 20    | ---    | 1.42   |
|                            | ---       | 1:45.77                   |       |       |        |        |
|                            | ---       | (1:45.77)                 |       |       |        |        |

**Lynchburg YMCA Swim Team**  
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**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                   | F/P/S   | Event                      | Place                   | Points  | Improv |       |
|------------------------|---------|----------------------------|-------------------------|---------|--------|-------|
| Caroline Nelson (11) F |         |                            |                         |         |        |       |
| 1:09.06Y               | F # 3   | Female 12 & Under 100 Free | LY-VA                   | 16      | 1      | -3.40 |
|                        | 34.06   | 1:09.06                    |                         |         |        |       |
|                        | (34.06) | (35.00)                    |                         |         |        |       |
| 1:32.52Y               | F # 9   | Female 11-12 100 Breast    | LY-VA                   | 16      | 1      | 7.58  |
|                        | ---     | 1:32.52                    |                         |         |        |       |
|                        | ---     | (1:32.52)                  |                         |         |        |       |
| 1:20.41Y               | F # 13  | Female 12 & Under 100 IM   | LY-VA                   | 8       | 11     | -0.09 |
|                        | 40.33   | 1:20.41                    |                         |         |        |       |
|                        | (40.33) | (40.08)                    |                         |         |        |       |
| Ella Pennington (13) F |         |                            |                         |         |        |       |
| 1:06.07Y               | F # 5   | Female 13-14 100 Free      | LY-VA                   | 18      | ---    | 0.87  |
|                        | 31.80   | 1:06.07                    |                         |         |        |       |
|                        | (31.80) | (34.27)                    |                         |         |        |       |
| 1:25.47Y               | F # 11  | Female 13-14 100 Breast    | LY-VA                   | 12      | 5      | -2.36 |
|                        | 41.03   | 1:25.47                    |                         |         |        |       |
|                        | (41.03) | (44.44)                    |                         |         |        |       |
| 5:35.37Y               | F # 19  | Female 13-14 400 IM        | LY-VA                   | 8       | ---    | -6.12 |
|                        | 35.62   | 1:21.52 2:04.56 2:46.38    | 3:34.28 4:22.44 4:59.73 | 5:35.37 |        |       |
|                        | (35.62) | (45.90) (43.04) (41.82)    | (47.90) (48.16) (37.29) | (35.64) |        |       |
| 1:16.56Y               | F # 25  | Female 13-14 100 Back      | LY-VA                   | 13      | 4      | 0.50  |
|                        | 37.35   | 1:16.56                    |                         |         |        |       |
|                        | (37.35) | (39.21)                    |                         |         |        |       |
| 1:18.03Y               | F # 31  | Female 13-14 100 Fly       | LY-VA                   | 10      | 7      | -3.07 |
|                        | 36.53   | 1:18.03                    |                         |         |        |       |
|                        | (36.53) | (41.50)                    |                         |         |        |       |
| 6:00.43Y               | F # 39  | Female 11 & Over 500 Free  | LY-VA                   | 5       | ---    | 0.47  |
|                        | 33.34   | 1:10.54 1:47.95 2:25.80    | 3:02.88 3:38.90 4:14.85 | 4:50.68 |        |       |
|                        | (33.34) | (37.20) (37.41) (37.85)    | (37.08) (36.02) (35.95) | (35.83) |        |       |
|                        | 5:26.54 | 6:00.43                    |                         |         |        |       |
|                        | (35.86) | (33.89)                    |                         |         |        |       |

**Lynchburg YMCA Swim Team**  
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**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| <b>Time</b>                     | <b>F/P/S</b> | <b>Event</b>                |       | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|---------------------------------|--------------|-----------------------------|-------|--------------|---------------|---------------|
| <b>Lainey Pennington (11) F</b> |              |                             |       |              |               |               |
| 1:06.04Y                        | F # 3        | Female 12 & Under 100 Free  | LY-VA | 10           | 7             | -1.09         |
|                                 | ---          | 1:06.04                     |       |              |               |               |
|                                 | ---          | (1:06.04)                   |       |              |               |               |
| 1:33.88Y                        | F # 9        | Female 11-12 100 Breast     | LY-VA | 17           | ---           | -1.20         |
|                                 | 44.90        | 1:33.88                     |       |              |               |               |
|                                 | (44.90)      | (48.98)                     |       |              |               |               |
| 1:16.88Y                        | F # 13       | Female 12 & Under 100 IM    | LY-VA | 4            | 15            | -4.09         |
|                                 | 35.93        | 1:16.88                     |       |              |               |               |
|                                 | (35.93)      | (40.95)                     |       |              |               |               |
| 1:20.80Y                        | F # 23       | Female 11-12 100 Back       | LY-VA | 17           | ---           | -3.79         |
|                                 | 39.58        | 1:20.80                     |       |              |               |               |
|                                 | (39.58)      | (41.22)                     |       |              |               |               |
| 1:19.49Y                        | F # 29       | Female 11-12 100 Fly        | LY-VA | 12           | 5             | -2.19         |
|                                 | 36.52        | 1:19.49                     |       |              |               |               |
|                                 | (36.52)      | (42.97)                     |       |              |               |               |
| 2:20.35Y                        | F # 35       | Female 12 & Under 200 Free  | LY-VA | 5            | ---           | -2.60         |
|                                 | 32.28        | 1:07.82 1:44.31 2:20.35     |       |              |               |               |
|                                 | (32.28)      | (35.54) (36.49) (36.04)     |       |              |               |               |
| <b>Charlotte Pickeral (8) F</b> |              |                             |       |              |               |               |
| 37.36Y                          | F # 1        | Female 10 & Under 50 Free   | LY-VA | 8            | 11            | -2.43         |
| 54.14Y                          | F # 7        | Female 10 & Under 50 Breast | LY-VA | 14           | 3             | -3.89         |
| 1:46.01Y                        | F # 13       | Female 12 & Under 100 IM    | LY-VA | 33           | ---           | -5.35         |
|                                 | 50.36        | 1:46.01                     |       |              |               |               |
|                                 | (50.36)      | (55.65)                     |       |              |               |               |
| 49.20Y                          | F # 21       | Female 10 & Under 50 Back   | LY-VA | 17           | ---           | -0.99         |
| 1:00.54Y                        | F # 27       | Female 10 & Under 50 Fly    | LY-VA | 17           | ---           | 2.19          |
| 3:19.50Y                        | F # 35       | Female 12 & Under 200 Free  | LY-VA | 29           | ---           | -0.91         |
|                                 | 44.74        | 1:39.24 --- 3:19.50         |       |              |               |               |
|                                 | (44.74)      | (54.50) --- (3:19.50)       |       |              |               |               |
| <b>Danna Pineda (12) F</b>      |              |                             |       |              |               |               |
| 1:15.24Y                        | F # 23       | Female 11-12 100 Back       | LY-VA | 11           | 6             | 0.27          |
|                                 | ---          | 1:15.24                     |       |              |               |               |
|                                 | ---          | (1:15.24)                   |       |              |               |               |
| 1:27.63Y                        | F # 29       | Female 11-12 100 Fly        | LY-VA | 16           | 1             | 0.22          |
|                                 | 40.18        | 1:27.63                     |       |              |               |               |
|                                 | (40.18)      | (47.45)                     |       |              |               |               |
| 2:32.00Y                        | F # 35       | Female 12 & Under 200 Free  | LY-VA | 10           | ---           | -1.72         |
|                                 | 35.15        | 1:14.62 1:55.47 2:32.00     |       |              |               |               |
|                                 | (35.15)      | (39.47) (40.85) (36.53)     |       |              |               |               |

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| <b>Time</b>                   | <b>F/P/S</b> | <b>Event</b>                                            | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|-------------------------------|--------------|---------------------------------------------------------|--------------|---------------|---------------|
| <b>Mitchell Rogers (13) M</b> |              |                                                         |              |               |               |
| 57.06Y DQ                     | F # 6        | Male 13-14 100 Free                                     | LY-VA        | ---           | ---           |
|                               | 27.36        | 57.06                                                   |              |               |               |
|                               | (27.36)      | (29.70)                                                 |              |               |               |
| 1:13.29Y                      | F # 12       | Male 13-14 100 Breast                                   | LY-VA        | 3             | 16            |
|                               | 34.68        | 1:13.29                                                 |              |               | -1.41         |
|                               | (34.68)      | (38.61)                                                 |              |               |               |
| 4:53.71Y                      | F # 20       | Male 13-14 400 IM                                       | LY-VA        | 2             | ---           |
|                               | 30.61        | 1:05.85 1:43.44 2:22.27 3:05.30 3:48.72 4:21.77 4:53.71 |              |               | -0.12         |
|                               | (30.61)      | (35.24) (37.59) (38.83) (43.03) (43.42) (33.05) (31.94) |              |               |               |
| 1:05.22Y                      | F # 26       | Male 13-14 100 Back                                     | LY-VA        | 5             | 14            |
|                               | 31.64        | 1:05.22                                                 |              |               | -0.59         |
|                               | (31.64)      | (33.58)                                                 |              |               |               |
| 1:03.53Y                      | F # 32       | Male 13-14 100 Fly                                      | LY-VA        | 4             | 15            |
|                               | 29.46        | 1:03.53                                                 |              |               | 1.98          |
|                               | (29.46)      | (34.07)                                                 |              |               |               |
| 5:23.45Y                      | F # 40       | Male 11 & Over 500 Free                                 | LY-VA        | 2             | ---           |
|                               | 28.64        | 1:00.58 1:33.75 2:06.98 2:40.28 3:13.79 3:46.68 4:19.46 |              |               | -3.45         |
|                               | (28.64)      | (31.94) (33.17) (33.23) (33.30) (33.51) (32.89) (32.78) |              |               |               |
|                               | 4:51.72      | 5:23.45                                                 |              |               |               |
|                               | (32.26)      | (31.73)                                                 |              |               |               |
| <b>Addie Ruhl (14) F</b>      |              |                                                         |              |               |               |
| 1:07.39Y                      | F # 5        | Female 13-14 100 Free                                   | LY-VA        | 22            | ---           |
|                               | 32.61        | 1:07.39                                                 |              |               | -5.61         |
|                               | (32.61)      | (34.78)                                                 |              |               |               |
| 1:20.24Y                      | F # 25       | Female 13-14 100 Back                                   | LY-VA        | 15            | 2             |
|                               | 38.94        | 1:20.24                                                 |              |               | -7.46         |
|                               | (38.94)      | (41.30)                                                 |              |               |               |
| 2:36.40Y                      | F # 37       | Female 13-14 200 Free                                   | LY-VA        | 11            | ---           |
|                               | 35.41        | 1:16.39 1:58.25 2:36.40                                 |              |               | -5.40         |
|                               | (35.41)      | (40.98) (41.86) (38.15)                                 |              |               |               |
| <b>Ella Shinkle (11) F</b>    |              |                                                         |              |               |               |
| 1:31.01Y                      | F # 23       | Female 11-12 100 Back                                   | LY-VA        | 29            | ---           |
|                               | 44.48        | 1:31.01                                                 |              |               | -1.02         |
|                               | (44.48)      | (46.53)                                                 |              |               |               |
| 1:59.22Y                      | F # 29       | Female 11-12 100 Fly                                    | LY-VA        | 24            | ---           |
|                               | ---          | 1:59.22                                                 |              |               | 10.07         |
|                               | ---          | (1:59.22)                                               |              |               |               |
| 7:42.41Y                      | F # 39       | Female 11 & Over 500 Free                               | LY-VA        | 17            | ---           |
|                               | 42.14        | 1:27.70 2:15.26 3:02.02 --- --- 5:24.37 6:12.69         |              |               | 13.73         |
|                               | (42.14)      | (45.56) (47.56) (46.76) --- --- (5:24.37) (48.32)       |              |               |               |
|                               | 6:59.82      | 7:42.41                                                 |              |               |               |
|                               | (47.13)      | (42.59)                                                 |              |               |               |

**Lynchburg YMCA Swim Team**  
**Head Coach Ryan Woodruff**

**Individual Meet Results**

**CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards**

**Location: Brooks YMCA**

| Time                          | F/P/S   | Event                         |       | Place | Points | Improv |
|-------------------------------|---------|-------------------------------|-------|-------|--------|--------|
| <b>Langston Shinkle (8) M</b> |         |                               |       |       |        |        |
| 53.63Y                        | F # 22  | Male 10 & Under 50 Back       | LY-VA | 30    | ---    | 1.48   |
| 1:11.04Y DQ                   | F # 28  | Male 10 & Under 50 Fly        | LY-VA | ---   | ---    | ---    |
| 3:55.93Y                      | F # 36  | Male 12 & Under 200 Free      | LY-VA | 28    | ---    | ---    |
|                               | 49.10   | 1:50.62 2:52.89 3:55.93       |       |       |        |        |
|                               | (49.10) | (1:01.52) (1:02.27) (1:03.04) |       |       |        |        |
| <b>Mason Sloan (11) M</b>     |         |                               |       |       |        |        |
| 1:17.70Y                      | F # 4   | Male 12 & Under 100 Free      | LY-VA | 24    | ---    | 0.71   |
|                               | 36.42   | 1:17.70                       |       |       |        |        |
|                               | (36.42) | (41.28)                       |       |       |        |        |
| 2:01.10Y                      | F # 10  | Male 11-12 100 Breast         | LY-VA | 27    | ---    | -3.76  |
|                               | 58.14   | 2:01.10                       |       |       |        |        |
|                               | (58.14) | (1:02.96)                     |       |       |        |        |
| 1:34.02Y                      | F # 14  | Male 12 & Under 100 IM        | LY-VA | 17    | ---    | -11.22 |
|                               | 43.97   | 1:34.02                       |       |       |        |        |
|                               | (43.97) | (50.05)                       |       |       |        |        |
| 1:39.15Y DQ                   | F # 24  | Male 11-12 100 Back           | LY-VA | ---   | ---    | ---    |
|                               | 48.27   | 1:39.15                       |       |       |        |        |
|                               | (48.27) | (50.88)                       |       |       |        |        |
| 2:01.12Y DQ                   | F # 30  | Male 11-12 100 Fly            | LY-VA | ---   | ---    | ---    |
|                               | 53.18   | 2:01.12                       |       |       |        |        |
|                               | (53.18) | (1:07.94)                     |       |       |        |        |
| 3:00.47Y                      | F # 36  | Male 12 & Under 200 Free      | LY-VA | 21    | ---    | 1.95   |
|                               | 38.96   | 1:25.89 2:16.97 3:00.47       |       |       |        |        |
|                               | (38.96) | (46.93) (51.08) (43.50)       |       |       |        |        |
| <b>Addy Smith (12) F</b>      |         |                               |       |       |        |        |
| 1:16.40Y                      | F # 3   | Female 12 & Under 100 Free    | LY-VA | 25    | ---    | -5.25  |
|                               | ---     | 1:16.40                       |       |       |        |        |
|                               | ---     | (1:16.40)                     |       |       |        |        |
| 1:52.61Y                      | F # 9   | Female 11-12 100 Breast       | LY-VA | 31    | ---    | -10.20 |
|                               | ---     | 1:52.61                       |       |       |        |        |
|                               | ---     | (1:52.61)                     |       |       |        |        |
| 1:34.28Y                      | F # 13  | Female 12 & Under 100 IM      | LY-VA | 20    | ---    | ---    |
|                               | 45.63   | 1:34.28                       |       |       |        |        |
|                               | (45.63) | (48.65)                       |       |       |        |        |
| <b>Max Smith (6) M</b>        |         |                               |       |       |        |        |
| 48.62Y                        | F # 22  | Male 10 & Under 50 Back       | LY-VA | 24    | ---    | -4.22  |
| DQ                            | F # 28  | Male 10 & Under 50 Fly        | LY-VA | ---   | ---    | ---    |
| 1:54.35Y                      | F # 34  | Male 10 & Under 100 Free      | LY-VA | 26    | ---    | 0.40   |
|                               | ---     | 1:54.35                       |       |       |        |        |
|                               | ---     | (1:54.35)                     |       |       |        |        |

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**Location: Brooks YMCA**

| Time                         | F/P/S   | Event                       |       | Place | Points | Improv |
|------------------------------|---------|-----------------------------|-------|-------|--------|--------|
| <b>Seth Snyder (7) M</b>     |         |                             |       |       |        |        |
| 42.22Y                       | F # 2   | Male 10 & Under 50 Free     | LY-VA | 20    | ---    | -1.09  |
| 1:12.95Y                     | F # 8   | Male 10 & Under 50 Breast   | LY-VA | 29    | ---    | ---    |
| 1:48.07Y                     | F # 14  | Male 12 & Under 100 IM      | LY-VA | 29    | ---    | -7.06  |
|                              | 50.71   | 1:48.07                     |       |       |        |        |
|                              | (50.71) | (57.36)                     |       |       |        |        |
| 48.53Y                       | F # 22  | Male 10 & Under 50 Back     | LY-VA | 23    | ---    | 0.93   |
| 57.34Y                       | F # 28  | Male 10 & Under 50 Fly      | LY-VA | 21    | ---    | ---    |
| 1:34.91Y                     | F # 34  | Male 10 & Under 100 Free    | LY-VA | 14    | 3      | -0.72  |
|                              | 44.78   | 1:34.91                     |       |       |        |        |
|                              | (44.78) | (50.13)                     |       |       |        |        |
| <b>Alaina Thomas (9) F</b>   |         |                             |       |       |        |        |
| 55.40Y                       | F # 1   | Female 10 & Under 50 Free   | LY-VA | 25    | ---    | -12.49 |
| 1:33.84Y DQ                  | F # 7   | Female 10 & Under 50 Breast | LY-VA | ---   | ---    | ---    |
| 2:31.33Y                     | F # 13  | Female 12 & Under 100 IM    | LY-VA | 43    | ---    | ---    |
|                              | ---     | 2:31.33                     |       |       |        |        |
|                              | ---     | (2:31.33)                   |       |       |        |        |
| <b>Brandon Thomas (11) M</b> |         |                             |       |       |        |        |
| 1:12.86Y                     | F # 4   | Male 12 & Under 100 Free    | LY-VA | 20    | ---    | -1.09  |
|                              | 34.15   | 1:12.86                     |       |       |        |        |
|                              | (34.15) | (38.71)                     |       |       |        |        |
| 1:45.99Y                     | F # 10  | Male 11-12 100 Breast       | LY-VA | 23    | ---    | -3.49  |
|                              | ---     | 1:45.99                     |       |       |        |        |
|                              | ---     | (1:45.99)                   |       |       |        |        |
| 1:29.55Y                     | F # 14  | Male 12 & Under 100 IM      | LY-VA | 14    | 3      | -7.78  |
|                              | 41.50   | 1:29.55                     |       |       |        |        |
|                              | (41.50) | (48.05)                     |       |       |        |        |
| <b>Brodie Thomas (12) M</b>  |         |                             |       |       |        |        |
| 1:56.66Y                     | F # 24  | Male 11-12 100 Back         | LY-VA | 21    | ---    | -0.12  |
|                              | ---     | 1:56.66                     |       |       |        |        |
|                              | ---     | (1:56.66)                   |       |       |        |        |
| 1:49.63Y                     | F # 30  | Male 11-12 100 Fly          | LY-VA | 16    | 1      | ---    |
|                              | 50.54   | 1:49.63                     |       |       |        |        |
|                              | (50.54) | (59.09)                     |       |       |        |        |
| 3:21.55Y                     | F # 36  | Male 12 & Under 200 Free    | LY-VA | 26    | ---    | -8.91  |
|                              | 48.19   | 1:39.76 2:33.42 3:21.55     |       |       |        |        |
|                              | (48.19) | (51.57) (53.66) (48.13)     |       |       |        |        |
| <b>Wave Thomasey (10) F</b>  |         |                             |       |       |        |        |
| NS                           | F # 21  | Female 10 & Under 50 Back   | LY-VA | ---   | ---    | ---    |
| NS                           | F # 27  | Female 10 & Under 50 Fly    | LY-VA | ---   | ---    | ---    |
| NS                           | F # 33  | Female 10 & Under 100 Free  | LY-VA | ---   | ---    | ---    |

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| Time               | F/P/S     | Event                       | Place | Points    | Improv |        |
|--------------------|-----------|-----------------------------|-------|-----------|--------|--------|
| Bri Torrence (9) F |           |                             |       |           |        |        |
| 38.17Y             | F # 1     | Female 10 & Under 50 Free   | LY-VA | 11        | 6      | -0.98  |
| 1:15.63Y           | F # 7     | Female 10 & Under 50 Breast | LY-VA | 23        | ---    | ---    |
| 1:52.36Y DQ        | F # 13    | Female 12 & Under 100 IM    | LY-VA | ---       | ---    | ---    |
|                    | 49.68     | 1:52.36                     |       |           |        |        |
|                    | (49.68)   | (1:02.68)                   |       |           |        |        |
| Kinley Tuck (12) F |           |                             |       |           |        |        |
| 1:23.88Y           | F # 23    | Female 11-12 100 Back       | LY-VA | 24        | ---    | -1.23  |
|                    | 40.97     | 1:23.88                     |       |           |        |        |
|                    | (40.97)   | (42.91)                     |       |           |        |        |
| 1:30.78Y           | F # 29    | Female 11-12 100 Fly        | LY-VA | 19        | ---    | -0.20  |
|                    | 42.44     | 1:30.78                     |       |           |        |        |
|                    | (42.44)   | (48.34)                     |       |           |        |        |
| 7:08.85Y           | F # 39    | Female 11 & Over 500 Free   | LY-VA | 13        | ---    | -30.00 |
|                    | 38.88     | ---                         | ---   | 5:46.33   | ---    |        |
|                    | (38.88)   | ---                         | ---   | (5:46.33) | ---    |        |
|                    | 6:28.88   | 7:08.85                     |       |           |        |        |
|                    | (6:28.88) | (39.97)                     |       |           |        |        |
| Brody Wall (13) M  |           |                             |       |           |        |        |
| 57.15Y             | F # 6     | Male 13-14 100 Free         | LY-VA | 5         | 14     | -1.54  |
|                    | 27.79     | 57.15                       |       |           |        |        |
|                    | (27.79)   | (29.36)                     |       |           |        |        |
| 1:19.69Y           | F # 12    | Male 13-14 100 Breast       | LY-VA | 11        | 6      | -4.77  |
|                    | 38.53     | 1:19.69                     |       |           |        |        |
|                    | (38.53)   | (41.16)                     |       |           |        |        |
| 2:31.43Y           | F # 18    | Male 13-14 200 IM           | LY-VA | 3         | ---    | ---    |
|                    | 29.78     | 1:10.73 1:57.62 2:31.43     |       |           |        |        |
|                    | (29.78)   | (40.95) (46.89) (33.81)     |       |           |        |        |
| 1:13.77Y           | F # 26    | Male 13-14 100 Back         | LY-VA | 19        | ---    | -6.83  |
|                    | 35.39     | 1:13.77                     |       |           |        |        |
|                    | (35.39)   | (38.38)                     |       |           |        |        |
| 1:04.72Y           | F # 32    | Male 13-14 100 Fly          | LY-VA | 9         | 9      | -4.99  |
|                    | 30.80     | 1:04.72                     |       |           |        |        |
|                    | (30.80)   | (33.92)                     |       |           |        |        |
| 2:07.37Y           | F # 38    | Male 13-14 200 Free         | LY-VA | 3         | ---    | -8.71  |
|                    | 29.30     | 1:02.56 1:36.35 2:07.37     |       |           |        |        |
|                    | (29.30)   | (33.26) (33.79) (31.02)     |       |           |        |        |

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**Location: Brooks YMCA**

| Time                          | F/P/S   | Event                      |       | Place | Points | Improv |
|-------------------------------|---------|----------------------------|-------|-------|--------|--------|
| <b>Austin Woodruff (10) M</b> |         |                            |       |       |        |        |
| 29.48Y                        | F # 2   | Male 10 & Under 50 Free    | LY-VA | 2     | 17     | -0.49  |
| 41.27Y                        | F # 8   | Male 10 & Under 50 Breast  | LY-VA | 1     | 20     | -1.74  |
| 1:18.60Y                      | F # 14  | Male 12 & Under 100 IM     | LY-VA | 4     | 15     | -4.09  |
|                               | 36.75   | 1:18.60                    |       |       |        |        |
|                               | (36.75) | (41.85)                    |       |       |        |        |
| 33.96Y                        | F # 22  | Male 10 & Under 50 Back    | LY-VA | 3     | 16     | -1.79  |
| 34.47Y                        | F # 28  | Male 10 & Under 50 Fly     | LY-VA | 3     | 16     | -2.64  |
| 2:19.63Y                      | F # 36  | Male 12 & Under 200 Free   | LY-VA | 4     | ---    | -6.19  |
|                               | 32.70   | 1:09.06 1:45.36 2:19.63    |       |       |        |        |
|                               | (32.70) | (36.36) (36.30) (34.27)    |       |       |        |        |
| <b>Caleb Wu (13) M</b>        |         |                            |       |       |        |        |
| 1:07.45Y                      | F # 26  | Male 13-14 100 Back        | LY-VA | 7     | 12     | -1.19  |
|                               | 32.99   | 1:07.45                    |       |       |        |        |
|                               | (32.99) | (34.46)                    |       |       |        |        |
| 1:12.83Y                      | F # 32  | Male 13-14 100 Fly         | LY-VA | 15    | 2      | 2.60   |
|                               | 33.28   | 1:12.83                    |       |       |        |        |
|                               | (33.28) | (39.55)                    |       |       |        |        |
| 2:09.92Y                      | F # 38  | Male 13-14 200 Free        | LY-VA | 5     | ---    | 1.04   |
|                               | 30.02   | 1:03.76 1:37.93 2:09.92    |       |       |        |        |
|                               | (30.02) | (33.74) (34.17) (31.99)    |       |       |        |        |
| <b>Karis Wu (10) F</b>        |         |                            |       |       |        |        |
| 48.14Y                        | F # 21  | Female 10 & Under 50 Back  | LY-VA | 16    | 1      | -0.95  |
| 52.18Y                        | F # 27  | Female 10 & Under 50 Fly   | LY-VA | 14    | 3      | 0.84   |
| 3:04.64Y                      | F # 35  | Female 12 & Under 200 Free | LY-VA | 25    | ---    | -5.55  |
|                               | 41.93   | 1:32.28 --- 3:04.64        |       |       |        |        |
|                               | (41.93) | (50.35) --- (3:04.64)      |       |       |        |        |
| <b>Titus Wu (8) M</b>         |         |                            |       |       |        |        |
| 41.33Y                        | F # 22  | Male 10 & Under 50 Back    | LY-VA | 12    | 5      | -0.49  |
| 40.71Y                        | F # 28  | Male 10 & Under 50 Fly     | LY-VA | 9     | 9      | -2.88  |
| 2:52.84Y                      | F # 36  | Male 12 & Under 200 Free   | LY-VA | 17    | ---    | 2.06   |
|                               | 39.42   | 1:25.60 2:10.66 2:52.84    |       |       |        |        |
|                               | (39.42) | (46.18) (45.06) (42.18)    |       |       |        |        |
| <b>Spence Young (8) M</b>     |         |                            |       |       |        |        |
| 42.01Y                        | F # 2   | Male 10 & Under 50 Free    | LY-VA | 19    | ---    | -8.96  |
| 52.60Y                        | F # 8   | Male 10 & Under 50 Breast  | LY-VA | 15    | 2      | -13.08 |
| 1:44.71Y                      | F # 14  | Male 12 & Under 100 IM     | LY-VA | 26    | ---    | -5.44  |
|                               | 50.62   | 1:44.71                    |       |       |        |        |
|                               | (50.62) | (54.09)                    |       |       |        |        |