

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: AGC

CA-Y & LY & RAYS Tri Meet 04-Nov-23 to 05-Nov-23 Yards

Location: Brooks YMCA

Time	F/P/S	Event	Place	Points	Improv	
Sam Edwards (12) M						
5:42.69Y QT21	F # 40	Male 11 & Over 500 Free	LY-VA	8	---	-10.47
Austin Woodruff (10) M						
34.47Y QT21	F # 28	Male 10 & Under 50 Fly	LY-VA	3	16	-2.64