

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: YOTACAP

2023 The Commonwealth Cup 03-Nov-23 to 05-Nov-23 Yards

Location: SwimRVA-CSAC

Time	F/P/S	Event		Place	Points	Improv
Ann-Margaret Holt (14) F						
1:01.84Y QT23	F # 5	Female 13 & Over 100 Fly	LY-VA	28	---	-3.76
1:04.26Y QT23	P # 5	Female 13 & Over 100 Fly	LY-VA	62	---	-1.34
Davis Hottle (16) M						
4:28.12Y	P # 8	Male 13 & Over 400 IM	LY-VA	24	---	-6.31
4:29.00Y	F # 8	Male 13 & Over 400 IM	LY-VA	21	---	-5.43
Declund Stevenson (16) M						
2:08.59Y QT23	P # 32	Male 13 & Over 200 IM	LY-VA	76	---	-4.19
Broughton Webb (13) F						
4:49.50Y QT23	F # 7	Female 13 & Over 400 IM	LY-VA	26	---	-10.16
4:50.90Y QT23	P # 7	Female 13 & Over 400 IM	LY-VA	31	---	-8.76
5:22.98Y QT23	F # 21	Female 13 & Over 500 Free	LY-VA	27	---	-8.38
5:25.36Y QT23	P # 21	Female 13 & Over 500 Free	LY-VA	40	---	-6.00