

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: TUSS

2023 The Commonwealth Cup 03-Nov-23 to 05-Nov-23 Yards

Location: SwimRVA-CSAC

Time	F/P/S	Event	Place	Points	Improv	
Ann-Margaret Holt (14) F						
1:57.83Y AAA	F # 1	Female 13 & Over 200 Free	LY-VA	26	---	-2.99
1:01.84Y AA	F # 5	Female 13 & Over 100 Fly	LY-VA	28	---	-3.76
1:04.26Y A	P # 5	Female 13 & Over 100 Fly	LY-VA	62	---	-1.34
5:12.71Y AAA	F # 21	Female 13 & Over 500 Free	LY-VA	25	---	-11.07
54.91Y AAA	F # 29	Female 13 & Over 100 Free	LY-VA	25	---	-1.28
55.36Y AAA	P # 29	Female 13 & Over 100 Free	LY-VA	40	---	-0.83
Davis Hottle (16) M						
4:28.12Y AA	P # 8	Male 13 & Over 400 IM	LY-VA	24	---	-6.31
Luke Hottle (14) M						
1:51.10Y AAA	F # 2	Male 13 & Over 200 Free	LY-VA	---	---	-2.03
Noah Kasper (16) M						
1:55.35Y A	P # 2	Male 13 & Over 200 Free	LY-VA	69	---	-1.66
Broderick Nelson (13) M						
1:56.40Y AA	P # 2	Male 13 & Over 200 Free	LY-VA	76	---	-1.23
10:47.96Y AA	F # 136	Male 13 & Over 1000 Free	LY-VA	27	---	-67.90
Hudson Rice (14) M						
50.71Y AAA	F # 30	Male 13 & Over 100 Free	LY-VA	30	---	-0.98
51.01Y AAA	P # 30	Male 13 & Over 100 Free	LY-VA	70	---	-0.68
Avery Snyder (15) M						
5:15.27Y A	P # 22	Male 13 & Over 500 Free	LY-VA	59	---	-7.14
Declund Stevenson (16) M						
2:20.68Y A	P # 18	Male 13 & Over 200 Breast	LY-VA	25	---	-3.73
2:08.59Y A	P # 32	Male 13 & Over 200 IM	LY-VA	76	---	-4.19
Broughton Webb (13) F						
4:49.50Y AA	F # 7	Female 13 & Over 400 IM	LY-VA	26	---	-10.16
4:50.90Y AA	P # 7	Female 13 & Over 400 IM	LY-VA	31	---	-8.76
Graham Woodruff (14) M						
48.81Y AAAA	F # 30	Male 13 & Over 100 Free	LY-VA	25	---	-0.44
2:05.69Y AAA	P # 32	Male 13 & Over 200 IM	LY-VA	55	---	-0.92
17:17.08Y AAA	F # 36	Male 13 & Over 1650 Free	LY-VA	17	---	-39.90
Taylor Woodruff (13) F						
2:15.59Y AA	F # 13	Female 13 & Over 200 Fly	LY-VA	25	---	-6.64
2:15.99Y AA	P # 27	Female 13 & Over 200 Back	LY-VA	38	---	-4.74
2:17.05Y AA	F # 27	Female 13 & Over 200 Back	LY-VA	30	---	-3.68