

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results - Standard: SCQT2021

2023 The Commonwealth Cup 03-Nov-23 to 05-Nov-23 Yards

Location: SwimRVA-CSAC

Time	F/P/S	Event		Place	Points	Improv
Ann-Margaret Holt (14) F						
1:57.83Y SCQT	F # 1	Female 13 & Over 200 Free	LY-VA	26	---	-2.99
5:12.71Y SCQT	F # 21	Female 13 & Over 500 Free	LY-VA	25	---	-11.07
Graham Woodruff (14) M						
1:48.50Y SCQT	F # 2	Male 13 & Over 200 Free	LY-VA	25	---	-1.05
17:17.08Y SCQT	F # 36	Male 13 & Over 1650 Free	LY-VA	17	---	-39.90
Taylor Woodruff (13) F						
2:15.59Y SCQT	F # 13	Female 13 & Over 200 Fly	LY-VA	25	---	-6.64