Lynchburg YMCA Swim Team Head Coach Ryan Woodruff

Individual Meet Results - Standard: AGC

2023 12th Speedo Swim and Tri Winter Champs 07-Dec-23 to 10-Dec-23 Yards Location: s Christiansburg Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Adam Wells (13) M 52.88Y QT21	I P # 98	Male 13-14 100 Free	LY-VA	8		-2.00
Caleb Wu (13) M						
1:07.01Y QT21	F # 22	Male 13-14 100 Breast	LY-VA	3	18	-2.84
1:09.37Y QT21	P # 22	Male 13-14 100 Breast	LY-VA	7		-0.48
2:28.39Y QT21	F # 68	Male 13-14 200 Breast	LY-VA	4	17	-4.32