

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2023 Speedo East Winter Junior Champs 06-Dec-23 to 09-Dec-23 Yards

Location: McCorkle Aquatic Pavilion

Time	F/P/S	Event				Place			Points	Improv
Thomas Fenton (18) M										
58.00Y	P # 20	Male Open 100 Breast				LY-VA		100	---	0.22
	27.61	58.00								
	(27.61)	(30.39)								
2:04.49Y	P # 32	Male Open 200 Breast				LY-VA		70	---	-0.83
	28.45	1:00.56	1:32.78	2:04.49						
	(28.45)	(32.11)	(32.22)	(31.71)						
J C Gordon (18) M										
4:29.69Y	P # 6	Male Open 500 Free				LY-VA		37	---	-0.75
	23.93	50.05	1:16.59	1:43.66	2:10.93	2:38.61	3:06.44	3:34.47		
	(23.93)	(26.12)	(26.54)	(27.07)	(27.27)	(27.68)	(27.83)	(28.03)		
	4:02.64	4:29.69								
	(28.17)	(27.05)								
1:39.68Y	P # 18	Male Open 200 Free				LY-VA		44	---	-0.01
	23.47	48.70	1:14.09	1:39.68						
	(23.47)	(25.23)	(25.39)	(25.59)						
15:43.80Y	F # 26	Male Open 1650 Free				LY-VA		37	---	5.15
	25.69	53.59	1:21.80	1:49.97	2:18.46	2:46.99	3:15.70	3:44.61		
	(25.69)	(27.90)	(28.21)	(28.17)	(28.49)	(28.53)	(28.71)	(28.91)		
	4:12.83	4:41.38	5:10.04	5:38.59	6:07.29	6:35.79	7:04.34	7:33.37		
	(28.22)	(28.55)	(28.66)	(28.55)	(28.70)	(28.50)	(28.55)	(29.03)		
	8:02.28	8:30.77	8:59.58	9:28.11	9:57.02	10:25.54	10:54.45	11:23.45		
	(28.91)	(28.49)	(28.81)	(28.53)	(28.91)	(28.52)	(28.91)	(29.00)		
	11:52.75	12:21.60	12:51.09	13:20.65	13:49.64	14:19.02	14:48.13	15:16.89		
	(29.30)	(28.85)	(29.49)	(29.56)	(28.99)	(29.38)	(29.11)	(28.76)		
	15:43.80									
	(26.91)									

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Time	F/P/S	Event		Place	Points	Improv
Jack Mills (18) M						
1:51.26Y	P # 8	Male Open 200 IM	LY-VA	62	---	-0.02
	22.87	51.43 1:25.22 1:51.26				
	(22.87)	(28.56) (33.79) (26.04)				
20.53Y	P # 10	Male Open 50 Free	LY-VA	27	---	-0.25
48.02Y	F # 16	Male Open 100 Fly	LY-VA	14	3	-0.19
	22.24	48.02				
	(22.24)	(25.78)				
48.03Y	P # 16	Male Open 100 Fly	LY-VA	12	---	-0.18
	22.10	48.03				
	(22.10)	(25.93)				
1:44.21Y	P # 18	Male Open 200 Free	LY-VA	112	---	4.73
	23.85	50.07 1:17.40 1:44.21				
	(23.85)	(26.22) (27.33) (26.81)				
44.62Y	F # 30	Male Open 100 Free	LY-VA	16	1	-0.73
	21.47	44.62				
	(21.47)	(23.15)				
44.65Y	P # 30	Male Open 100 Free	LY-VA	17	---	-0.70
	21.32	44.65				
	(21.32)	(23.33)				
1:49.38Y	P # 34	Male Open 200 Fly	LY-VA	30	---	0.61
	24.34	52.79 1:21.46 1:49.38				
	(24.34)	(28.45) (28.67) (27.92)				
20.45Y	S # 110	Male Open 50 Free	LY-VA	2	---	-0.33