

Lynchburg YMCA Swim Team

Head Coach Ryan Woodruff

Individual Meet Results

2024 EZ LC Speedo Super Sectional 16-May-24 to 19-May-24 LC Meters

Location: Collegiate Schools Aquatics Center

Time	F/P/S	Event	Place	Points	Improv
Davis Hottle (17) M					
30.07L	F # 2	200 Medley Relay Lead Off	LY-VA	---	-1.00
2:28.69L	P # 4	Male Open 200 IM	LY-VA	105	2.50
	30.53	1:08.17 1:54.23 2:28.69			
	(30.53)	(37.64) (46.06) (34.46)			
59.39L	P # 6	Male Open 100 Free	LY-VA	117	1.92
	28.61	59.39			
	(28.61)	(30.78)			
2:12.20L	P # 14	Male Open 200 Free	LY-VA	141	4.02
	30.00	1:02.92 1:38.25 2:12.20			
	(30.00)	(32.92) (35.33) (33.95)			
1:03.31L	P # 16	Male Open 100 Fly	LY-VA	123	0.94
	29.52	1:03.31			
	(29.52)	(33.79)			
1:06.98L	P # 24	Male Open 100 Back	LY-VA	129	2.11
	32.03	1:06.98			
	(32.03)	(34.95)			
2:22.45L	P # 30	Male Open 200 Back	LY-VA	68	1.54
	32.43	1:08.13 1:45.75 2:22.45			
	(32.43)	(35.70) (37.62) (36.70)			
26.57L	P # 32	Male Open 50 Free	LY-VA	140	1.09
1:04.91L	F # 38	400 Medley Relay Lead Off	LY-VA	---	0.04
	31.19				
	(31.19)				
Luke Hottle (15) M					
2:17.91L	P # 4	Male Open 200 IM	LY-VA	53	2.42
	29.46	1:07.12 1:46.90 2:17.91			
	(29.46)	(37.66) (39.78) (31.01)			
1:12.42L	P # 8	Male Open 100 Breast	LY-VA	55	0.80
	34.65	1:12.42			
	(34.65)	(37.77)			
2:22.78L	P # 22	Male Open 200 Fly	LY-VA	92	-0.54
	31.20	1:08.24 1:45.59 2:22.78			
	(31.20)	(37.04) (37.35) (37.19)			
4:28.73L	P # 26	Male Open 400 Free	LY-VA	90	-5.90
	30.60	1:04.28 1:38.01 2:12.70 2:47.67 3:23.01 3:57.32 4:28.73			
	(30.60)	(33.68) (33.73) (34.69) (34.97) (35.34) (34.31) (31.41)			
2:34.94L	P # 34	Male Open 200 Breast	LY-VA	43	1.89
	35.16	1:15.44 1:55.01 2:34.94			
	(35.16)	(40.28) (39.57) (39.93)			
9:09.28L	F # 36	Male Open 800 Free	LY-VA	36	-8.38
	30.25	1:04.86 1:38.97 2:13.60 2:47.54 3:23.01 3:57.59 4:32.96			
	(30.25)	(34.61) (34.11) (34.63) (33.94) (35.47) (34.58) (35.37)			
	5:07.80	5:43.29 6:17.89 6:53.27 7:27.99 8:02.98 8:36.93 9:09.28			
	(34.84)	(35.49) (34.60) (35.38) (34.72) (34.99) (33.95) (32.35)			

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Time	F/P/S	Event		Place	Points	Improv
Jack Mills (18) M						
2:10.64L	F # 4	Male Open 200 IM	LY-VA	26	---	0.20
	27.04	1:01.65 1:42.01 2:10.64				
	(27.04)	(34.61) (40.36) (28.63)				
2:11.37L	P # 4	Male Open 200 IM	LY-VA	27	---	0.93
	26.84	1:01.57 1:41.79 2:11.37				
	(26.84)	(34.73) (40.22) (29.58)				
51.93L	P # 6	Male Open 100 Free	LY-VA	15	---	-0.17
	25.45	51.93				
	(25.45)	(26.48)				
52.77L	F # 6	Male Open 100 Free	LY-VA	15	2	0.67
	25.65	52.77				
	(25.65)	(27.12)				
24.34L	F # 12	200 Free Relay Lead Off	LY-VA	---	---	0.29
2:06.15L	F # 22	Male Open 200 Fly	LY-VA	13	4	3.78
	27.73	59.67 1:32.61 2:06.15				
	(27.73)	(31.94) (32.94) (33.54)				
2:07.27L	P # 22	Male Open 200 Fly	LY-VA	12	---	4.90
	27.50	58.93 1:31.81 2:07.27				
	(27.50)	(31.43) (32.88) (35.46)				
1:56.94L	F # 28	800 Free Relay Lead Off	LY-VA	---	---	-1.96
	27.88	58.49 1:28.04				
	(27.88)	(30.61) (29.55)				
23.78L	P # 32	Male Open 50 Free	LY-VA	14	---	-0.27
55.69L	T # 408	Mixed Open 100 Fly	LY-VA	1	---	0.79
	25.64	55.69				
	(25.64)	(30.05)				

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Broderick Nelson (14) M											
2:22.15L	P # 4	Male Open 200 IM				LY-VA		80		---	-1.32
	29.95	1:08.94	1:49.01	2:22.15							
	(29.95)	(38.99)	(40.07)	(33.14)							
1:12.29L	P # 8	Male Open 100 Breast				LY-VA		53		---	-0.83
	34.12	1:12.29									
	(34.12)	(38.17)									
4:56.73L	P # 18	Male Open 400 IM				LY-VA		44		---	-11.01
	30.79	1:07.00	1:46.19	2:25.13	3:06.67	3:49.75	4:23.58	4:56.73			
	(30.79)	(36.21)	(39.19)	(38.94)	(41.54)	(43.08)	(33.83)	(33.15)			
4:38.94L	P # 26	Male Open 400 Free				LY-VA		106		---	-1.24
	30.15	1:04.89	1:40.63	2:16.25	2:51.81	3:27.65	4:03.71	4:38.94			
	(30.15)	(34.74)	(35.74)	(35.62)	(35.56)	(35.84)	(36.06)	(35.23)			
2:31.37L	P # 30	Male Open 200 Back				LY-VA		93		---	-4.37
	34.87	1:12.65	1:52.58	2:31.37							
	(34.87)	(37.78)	(39.93)	(38.79)							
2:39.23L	P # 34	Male Open 200 Breast				LY-VA		61		---	-0.67
	35.28	1:16.32	1:57.70	2:39.23							
	(35.28)	(41.04)	(41.38)	(41.53)							
1:11.13L	T # 304	Mixed Open 100 Breast				LY-VA		6		---	-1.99
	33.35	1:11.13									
	(33.35)	(37.78)									
Hudson Rice (15) M											
2:18.44L	P # 22	Male Open 200 Fly				LY-VA		63		---	-2.65
	30.84	1:05.93	1:42.44	2:18.44							
	(30.84)	(35.09)	(36.51)	(36.00)							
4:26.10L	P # 26	Male Open 400 Free				LY-VA		76		---	-4.92
	30.77	1:03.96	1:37.82	2:11.78	2:45.99	3:20.41	3:54.33	4:26.10			
	(30.77)	(33.19)	(33.86)	(33.96)	(34.21)	(34.42)	(33.92)	(31.77)			
2:22.87L	P # 30	Male Open 200 Back				LY-VA		69		---	-2.45
	33.46	1:10.26	1:47.12	2:22.87							
	(33.46)	(36.80)	(36.86)	(35.75)							
26.08L	P # 32	Male Open 50 Free				LY-VA		108		---	-0.11
2:47.81L	P # 34	Male Open 200 Breast				LY-VA		91		---	0.64
	38.07	1:21.61	2:04.88	2:47.81							
	(38.07)	(43.54)	(43.27)	(42.93)							

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Time	F/P/S	Event	Place	Points	Improv
Max Schonfelder (17) M					
54.82L	F # 20	400 Free Relay Lead Off	LY-VA	---	---
	26.46				
	(26.46)				
2:26.08L	P # 22	Male Open 200 Fly	LY-VA	101	---
	31.44	1:07.97 1:46.63 2:26.08			6.40
	(31.44)	(36.53) (38.66) (39.45)			
1:05.37L	P # 24	Male Open 100 Back	LY-VA	102	---
	31.98	1:05.37			-2.89
	(31.98)	(33.39)			
24.90L	P # 32	Male Open 50 Free	LY-VA	39	---
2:36.61L	P # 34	Male Open 200 Breast	LY-VA	48	---
	35.28	1:15.00 1:55.18 2:36.61			3.43
	(35.28)	(39.72) (40.18) (41.43)			
Ava Shopbell (15) F					
2:36.02L	P # 3	Female Open 200 IM	LY-VA	90	---
	31.95	1:12.88 2:00.38 2:36.02			-0.87
	(31.95)	(40.93) (47.50) (35.64)			
1:06.65L	P # 5	Female Open 100 Free	LY-VA	87	---
	31.76	1:06.65			1.05
	(31.76)	(34.89)			
1:07.84L	P # 15	Female Open 100 Fly	LY-VA	61	---
	31.84	1:07.84			0.17
	(31.84)	(36.00)			
5:25.58L	P # 17	Female Open 400 IM	LY-VA	53	---
	32.91	1:10.44 1:53.65 2:35.71 3:23.19 4:11.10 4:49.07 5:25.58			0.97
	(32.91)	(37.53) (43.21) (42.06) (47.48) (47.91) (37.97) (36.51)			
2:21.33L	F # 21	Female Open 200 Fly	LY-VA	12	5
	31.28	1:07.26 1:45.14 2:21.33			-2.92
	(31.28)	(35.98) (37.88) (36.19)			
2:22.00L	P # 21	Female Open 200 Fly	LY-VA	10	---
	31.72	1:08.27 1:45.67 2:22.00			-2.25
	(31.72)	(36.55) (37.40) (36.33)			
30.82L	P # 31	Female Open 50 Free	LY-VA	125	---
3:03.15L	P # 33	Female Open 200 Breast	LY-VA	65	---
	41.72	1:28.79 2:16.52 3:03.15			0.47
	(41.72)	(47.07) (47.73) (46.63)			-0.21

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Time	F/P/S	Event	Place	Points	Improv	
Sarah Warren (14) F						
2:35.91L	P # 21	Female Open 200 Fly	LY-VA	63	---	1.08
	35.39	1:15.67 1:55.77 2:35.91				
	(35.39)	(40.28) (40.10) (40.14)				
1:17.81L	P # 23	Female Open 100 Back	LY-VA	119	---	2.85
	37.06	1:17.81				
	(37.06)	(40.75)				
5:04.86L	P # 25	Female Open 400 Free	LY-VA	87	---	-0.76
	35.11	1:13.09 1:51.51 2:30.00	3:08.75 3:47.76 4:26.78 5:04.86			
	(35.11)	(37.98) (38.42) (38.49)	(38.75) (39.01) (39.02) (38.08)			
Broughton Webb (13) F						
2:35.95L	P # 3	Female Open 200 IM	LY-VA	89	---	-8.17
	34.32	1:15.17 1:59.69 2:35.95				
	(34.32)	(40.85) (44.52) (36.26)				
1:20.41L	P # 7	Female Open 100 Breast	LY-VA	37	---	-2.46
	37.18	1:20.41				
	(37.18)	(43.23)				
2:17.96L	P # 13	Female Open 200 Free	LY-VA	84	---	-1.41
	31.77	1:06.90 1:42.17 2:17.96				
	(31.77)	(35.13) (35.27) (35.79)				
5:10.36L	F # 17	Female Open 400 IM	LY-VA	20	---	-15.65
	33.77	1:12.51 1:52.27 2:31.91	3:16.27 3:59.77 4:35.83 5:10.36			
	(33.77)	(38.74) (39.76) (39.64)	(44.36) (43.50) (36.06) (34.53)			
5:14.12L	P # 17	Female Open 400 IM	LY-VA	26	---	-11.89
	34.24	1:13.27 1:53.75 2:33.18	3:17.58 4:03.01 4:39.13 5:14.12			
	(34.24)	(39.03) (40.48) (39.43)	(44.40) (45.43) (36.12) (34.99)			
4:35.12L	F # 25	Female Open 400 Free	LY-VA	29	---	-10.92
	31.50	1:05.96 1:40.34 2:15.24	2:50.46 3:25.49 4:00.62 4:35.12			
	(31.50)	(34.46) (34.38) (34.90)	(35.22) (35.03) (35.13) (34.50)			
4:37.61L	P # 25	Female Open 400 Free	LY-VA	31	---	-8.43
	---	19.70 1:42.32 2:17.83	2:53.22 3:28.44 4:03.50 4:37.61			
	---	(19.70) (1:22.62) (35.51)	(35.39) (35.22) (35.06) (34.11)			
2:49.61L	F # 33	Female Open 200 Breast	LY-VA	22	---	-2.55
	39.81	1:23.18 2:06.66 2:49.61				
	(39.81)	(43.37) (43.48) (42.95)				
2:50.64L	P # 33	Female Open 200 Breast	LY-VA	27	---	-1.52
	38.57	1:22.07 2:06.47 2:50.64				
	(38.57)	(43.50) (44.40) (44.17)				
18:03.76L	F # 35	Female Open 1500 Free	LY-VA	12	5	---
	33.35	1:09.48 1:46.17 2:22.40	2:59.22 3:35.86 4:12.47 4:49.04			
	(33.35)	(36.13) (36.69) (36.23)	(36.82) (36.64) (36.61) (36.57)			
	5:25.52	6:01.97 6:38.07 7:14.55	7:51.07 8:27.49 9:03.82 9:40.20			
	(36.48)	(36.45) (36.10) (36.48)	(36.52) (36.42) (36.33) (36.38)			
	10:16.61	10:52.91 11:28.96 12:05.28	12:41.60 13:17.93 13:54.22 14:30.44			
	(36.41)	(36.30) (36.05) (36.32)	(36.32) (36.33) (36.29) (36.22)			
	15:06.69	15:42.57 16:18.77 16:54.09	17:29.27 18:03.76			
	(36.25)	(35.88) (36.20) (35.32)	(35.18) (34.49)			

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Graham Woodruff (15) M						
56.24L	P # 6	Male Open 100 Free	LY-VA	74	---	-1.22
	27.14	56.24				
	(27.14)	(29.10)				
2:07.74L	P # 14	Male Open 200 Free	LY-VA	122	---	2.03
	28.47	1:00.05 1:34.09 2:07.74				
	(28.47)	(31.58) (34.04) (33.65)				
1:06.93L	P # 16	Male Open 100 Fly	LY-VA	151	---	3.09
	30.47	1:06.93				
	(30.47)	(36.46)				
1:10.48L	P # 24	Male Open 100 Back	LY-VA	148	---	3.46
	33.62	1:10.48				
	(33.62)	(36.86)				
4:27.24L	P # 26	Male Open 400 Free	LY-VA	86	---	-5.64
	29.89	1:03.01 1:37.45 2:11.65 2:45.57 3:19.78 3:53.99 4:27.24				
	(29.89)	(33.12) (34.44) (34.20) (33.92) (34.21) (34.21) (33.25)				
2:26.97L	P # 30	Male Open 200 Back	LY-VA	85	---	-4.58
	35.14	1:12.73 1:51.13 2:26.97				
	(35.14)	(37.59) (38.40) (35.84)				
25.17L	P # 32	Male Open 50 Free	LY-VA	52	---	0.10
Taylor Woodruff (13) F						
2:23.12L	P # 13	Female Open 200 Free	LY-VA	109	---	-0.37
	32.56	1:09.42 1:47.13 2:23.12				
	(32.56)	(36.86) (37.71) (35.99)				
1:12.59L	P # 15	Female Open 100 Fly	LY-VA	105	---	1.35
	33.76	1:12.59				
	(33.76)	(38.83)				
2:35.62L	P # 21	Female Open 200 Fly	LY-VA	60	---	0.90
	34.49	1:14.80 1:54.84 2:35.62				
	(34.49)	(40.31) (40.04) (40.78)				
1:16.41L	P # 23	Female Open 100 Back	LY-VA	116	---	1.71
	36.61	1:16.41				
	(36.61)	(39.80)				
4:58.55L	P # 25	Female Open 400 Free	LY-VA	83	---	-1.21
	33.85	1:12.25 1:50.30 2:28.47 3:06.81 3:44.77 4:22.99 4:58.55				
	(33.85)	(38.40) (38.05) (38.17) (38.34) (37.96) (38.22) (35.56)				