

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Meet Results

2024 GCY Sprint and Distance 14-Jun-24 to 16-Jun-24 LC Meters Alt: 897

Location: Greensboro Aquatic Center

Time	F/P/S	Event	Place	Points	Improv	
Sam Edwards (13) M						
5:36.31L	F # 104A	Male 13-14 400 IM	LY-VA	11	---	-10.44
19:12.47L	F # 106A	Male 13-14 1500 Free	LY-VA	6	---	---
1:13.12L	P # 204A	Male 13-14 100 Back	LY-VA	9	---	-0.78
1:14.17L	F # 204A	Male 13-14 100 Back	LY-VA	8	---	0.27
1:06.24L	P # 212A	Male 13-14 100 Free	LY-VA	29	---	-0.52
5:05.08L	F # 216A	Male 13-14 400 Free	LY-VA	10	---	4.67
2:35.94L	P # 306A	Male 13-14 200 Back	LY-VA	9	---	-2.55
2:36.95L	F # 306A	Male 13-14 200 Back	LY-VA	7	---	-1.54
34.69L	P # 310A	Male 13-14 50 Back	LY-VA	2	---	0.90
34.80L	F # 310A	Male 13-14 50 Back	LY-VA	3	---	1.01
10:04.07L	F # 314A	Male 13-14 800 Free	LY-VA	4	---	-17.29
Ann-Margaret Holt (14) F						
1:12.83L	F # 203A	Female 13-14 100 Back	LY-VA	6	---	---
1:14.14L	P # 203A	Female 13-14 100 Back	LY-VA	4	---	1.31
1:02.23L	F # 211A	Female 13-14 100 Free	LY-VA	2	---	1.05
1:02.46L	P # 211A	Female 13-14 100 Free	LY-VA	1	---	1.28
4:41.59L	F # 215A	Female 13-14 400 Free	LY-VA	1	---	-7.97
2:13.60L	F # 301A	Female 13-14 200 Free	LY-VA	2	---	1.44
2:17.87L	P # 301A	Female 13-14 200 Free	LY-VA	2	---	5.71
2:37.71L	P # 305A	Female 13-14 200 Back	LY-VA	3	---	1.36
2:38.07L	F # 305A	Female 13-14 200 Back	LY-VA	7	---	1.72
28.81L	F # 307A	Female 13-14 50 Free	LY-VA	3	---	0.13
29.78L	P # 307A	Female 13-14 50 Free	LY-VA	5	---	1.10
Davis Hottle (17) M						
5:21.96L	F # 104B	Male 15 & Over 400 IM	LY-VA	13	---	11.79
2:26.22L	F # 202B	Male 15 & Over 200 IM	LY-VA	19	---	0.03
2:29.25L	P # 202B	Male 15 & Over 200 IM	LY-VA	18	---	3.06
27.83L	F # 208B	Male 15 & Over 50 Fly	LY-VA	7	---	-1.62
28.15L	P # 208B	Male 15 & Over 50 Fly	LY-VA	8	---	-1.30
58.94L	F # 212B	Male 15 & Over 100 Free	LY-VA	18	---	1.47
1:00.17L	P # 212B	Male 15 & Over 100 Free	LY-VA	21	---	2.70
1:22.05L	P # 304B	Male 15 & Over 100 Breast	LY-VA	17	---	2.75
2:26.54L	F # 306B	Male 15 & Over 200 Back	LY-VA	11	---	5.63
2:27.78L	P # 306B	Male 15 & Over 200 Back	LY-VA	9	---	6.87
1:05.62L	F # 312B	Male 15 & Over 100 Fly	LY-VA	11	---	3.25
1:08.42L	P # 312B	Male 15 & Over 100 Fly	LY-VA	19	---	6.05

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Time	F/P/S	Event	Place	Points	Improv	
Luke Hottle (15) M						
4:52.83L	F # 104B	Male 15 & Over 400 IM	LY-VA	3	---	-0.60
2:18.52L	F # 202B	Male 15 & Over 200 IM	LY-VA	5	---	3.03
2:20.35L	P # 202B	Male 15 & Over 200 IM	LY-VA	4	---	4.86
2:37.49L	F # 206B	Male 15 & Over 200 Breast	LY-VA	1	---	4.44
2:38.75L	P # 206B	Male 15 & Over 200 Breast	LY-VA	1	---	5.70
2:21.78L	F # 214B	Male 15 & Over 200 Fly	LY-VA	5	---	-1.00
2:24.67L	P # 214B	Male 15 & Over 200 Fly	LY-VA	6	---	1.89
1:12.16L	F # 304B	Male 15 & Over 100 Breast	LY-VA	2	---	0.54
1:14.17L	P # 304B	Male 15 & Over 100 Breast	LY-VA	1	---	2.55
26.11L	F # 308B	Male 15 & Over 50 Free	LY-VA	5	---	-0.12
26.44L	P # 308B	Male 15 & Over 50 Free	LY-VA	12	---	0.21
1:03.52L	F # 312B	Male 15 & Over 100 Fly	LY-VA	5	---	0.69
1:04.97L	P # 312B	Male 15 & Over 100 Fly	LY-VA	11	---	2.14
Noah Kasper (16) M						
1:11.98L	P # 204B	Male 15 & Over 100 Back	LY-VA	21	---	1.51
1:13.53L	F # 204B	Male 15 & Over 100 Back	LY-VA	21	---	3.06
59.88L	P # 212B	Male 15 & Over 100 Free	LY-VA	18	---	0.41
1:00.21L	F # 212B	Male 15 & Over 100 Free	LY-VA	16	---	0.74
4:52.66L	F # 216B	Male 15 & Over 400 Free	LY-VA	20	---	3.59
2:14.39L	P # 302B	Male 15 & Over 200 Free	LY-VA	31	---	2.30
2:16.36L	F # 302B	Male 15 & Over 200 Free	LY-VA	23	---	4.27
2:42.11L	F # 306B	Male 15 & Over 200 Back	LY-VA	15	---	8.10
2:43.07L	P # 306B	Male 15 & Over 200 Back	LY-VA	15	---	9.06
1:09.41L	F # 312B	Male 15 & Over 100 Fly	LY-VA	18	---	1.28
1:10.23L	P # 312B	Male 15 & Over 100 Fly	LY-VA	24	---	2.10
Jacob Kovarik (14) M						
3:23.61L	P # 206A	Male 13-14 200 Breast	LY-VA	21	---	-26.87
37.95L	F # 210A	Male 13-14 50 Breast	LY-VA	5	---	-3.79
38.19L	P # 210A	Male 13-14 50 Breast	LY-VA	6	---	-3.55
1:11.90L	P # 212A	Male 13-14 100 Free	LY-VA	38	---	-6.27
Benjamin Leger (8) M						
3:46.44L	F # 102A	Male 10 & Under 200 IM	LY-VA	6	---	-3.67
3:09.28L	F # 252A	Male 10 & Under 200 Free	LY-VA	13	---	1.45
49.15L	F # 254A	Male 10 & Under 50 Back	LY-VA	21	---	-1.08
1:33.38L	F # 258A	Male 10 & Under 100 Free	LY-VA	18	---	4.01
1:55.21L	F # 260A	Male 10 & Under 100 Fly	LY-VA	12	---	0.89
51.32L	F # 354A	Male 10 & Under 50 Fly	LY-VA	18	---	5.95
2:00.83L	F # 356A	Male 10 & Under 100 Breast	LY-VA	16	---	-3.95
1:47.07L	F # 358A	Male 10 & Under 100 Back	LY-VA	15	---	-2.61
6:36.97L	F # 362A	Male 10 & Under 400 Free	LY-VA	11	---	-2.24

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Time	F/P/S	Event		Place	Points	Improv
Jacob Leger (15) M						
5:51.49L	F # 104B	Male 15 & Over 400 IM	LY-VA	16	---	-11.28
31.70L	P # 208B	Male 15 & Over 50 Fly	LY-VA	18	---	-1.30
32.61L	F # 208B	Male 15 & Over 50 Fly	LY-VA	18	---	-0.39
2:48.60L	F # 214B	Male 15 & Over 200 Fly	LY-VA	9	---	5.51
2:57.14L	P # 214B	Male 15 & Over 200 Fly	LY-VA	13	---	14.05
5:36.67L	F # 216B	Male 15 & Over 400 Free	LY-VA	25	---	12.21
2:37.88L	P # 302B	Male 15 & Over 200 Free	LY-VA	45	---	9.63
1:14.54L	P # 312B	Male 15 & Over 100 Fly	LY-VA	31	---	2.51
NS	F # 312B	Male 15 & Over 100 Fly	LY-VA	---	---	---
11:35.53L	F # 314B	Male 15 & Over 800 Free	LY-VA	20	---	29.15
Noah Leger (11) M						
3:17.07L	F # 102B	Male 11-12 200 IM	LY-VA	21	---	9.77
2:47.36L	F # 252B	Male 11-12 200 Free	LY-VA	25	---	4.53
42.94L	F # 254B	Male 11-12 50 Back	LY-VA	34	---	0.89
48.10L	F # 256B	Male 11-12 50 Breast	LY-VA	17	---	0.97
1:47.41L	F # 260B	Male 11-12 100 Fly	LY-VA	23	---	11.71
35.24L	F # 352B	Male 11-12 50 Free	LY-VA	27	---	0.72
42.39L	F # 354B	Male 11-12 50 Fly	LY-VA	25	---	0.47
1:50.41L	F # 356B	Male 11-12 100 Breast	LY-VA	18	---	5.23
1:33.09L	F # 358B	Male 11-12 100 Back	LY-VA	25	---	4.48
Lainey Pennington (11) F						
2:34.51L	F # 251B	Female 11-12 200 Free	LY-VA	7	---	3.25
46.19L	F # 255B	Female 11-12 50 Breast	LY-VA	24	---	-1.63
1:11.45L	F # 257B	Female 11-12 100 Free	LY-VA	11	---	1.17
1:25.23L	F # 259B	Female 11-12 100 Fly	LY-VA	12	---	2.46
32.29L	F # 351B	Female 11-12 50 Free	LY-VA	13	---	0.19
35.90L	F # 353B	Female 11-12 50 Fly	LY-VA	9	---	-1.30
1:29.67L	F # 357B	Female 11-12 100 Back	LY-VA	20	---	-9.14
5:25.96L	F # 361B	Female 11-12 400 Free	LY-VA	6	---	7.55
Owen Porter (14) M						
6:10.53L	F # 104A	Male 13-14 400 IM	LY-VA	14	---	---
3:08.20L	P # 206A	Male 13-14 200 Breast	LY-VA	15	---	-12.65
36.66L	P # 210A	Male 13-14 50 Breast	LY-VA	4	---	-0.85
1:08.71L	P # 212A	Male 13-14 100 Free	LY-VA	35	---	-4.37

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Hudson Rice (15) M						
17:26.39L	F # 106B	Male 15 & Over 1500 Free	LY-VA	7	---	-37.47
2:20.02L	F # 202B	Male 15 & Over 200 IM	LY-VA	6	---	-2.15
2:23.37L	P # 202B	Male 15 & Over 200 IM	LY-VA	8	---	1.20
2:43.71L	F # 206B	Male 15 & Over 200 Breast	LY-VA	5	---	-3.46
2:46.16L	P # 206B	Male 15 & Over 200 Breast	LY-VA	4	---	-1.01
2:18.68L	F # 214B	Male 15 & Over 200 Fly	LY-VA	3	---	0.24
2:21.96L	P # 214B	Male 15 & Over 200 Fly	LY-VA	3	---	3.52
2:06.60L	P # 302B	Male 15 & Over 200 Free	LY-VA	13	---	-0.38
26.15L	P # 308B	Male 15 & Over 50 Free	LY-VA	6	---	0.07
1:04.74L	P # 312B	Male 15 & Over 100 Fly	LY-VA	10	---	2.40
Mitchell Rogers (13) M						
19:34.57L	F # 106A	Male 13-14 1500 Free	LY-VA	8	---	---
2:32.33L	F # 202A	Male 13-14 200 IM	LY-VA	5	---	-7.66
2:33.89L	P # 202A	Male 13-14 200 IM	LY-VA	7	---	-6.10
3:02.97L	P # 206A	Male 13-14 200 Breast	LY-VA	11	---	3.08
3:05.83L	F # 206A	Male 13-14 200 Breast	LY-VA	12	---	5.94
2:30.70L	F # 214A	Male 13-14 200 Fly	LY-VA	3	---	-8.20
2:33.74L	P # 214A	Male 13-14 200 Fly	LY-VA	3	---	-5.16
1:21.78L	P # 304A	Male 13-14 100 Breast	LY-VA	9	---	-0.12
1:08.88L	P # 312A	Male 13-14 100 Fly	LY-VA	8	---	-2.19
Ava Shopbell (15) F						
5:20.86L	F # 103B	Female 15 & Over 400 IM	LY-VA	3	---	0.85
2:35.53L	P # 201B	Female 15 & Over 200 IM	LY-VA	5	---	-0.49
2:36.41L	F # 201B	Female 15 & Over 200 IM	LY-VA	5	---	0.39
3:01.79L	P # 205B	Female 15 & Over 200 Breast	LY-VA	5	---	-1.36
3:02.05L	F # 205B	Female 15 & Over 200 Breast	LY-VA	6	---	-1.10
2:24.48L	P # 213B	Female 15 & Over 200 Fly	LY-VA	1	---	3.15
2:24.89L	F # 213B	Female 15 & Over 200 Fly	LY-VA	1	---	3.56
1:24.39L	F # 303B	Female 15 & Over 100 Breast	LY-VA	3	---	-1.04
1:25.79L	P # 303B	Female 15 & Over 100 Breast	LY-VA	2	---	0.36
2:38.14L	P # 305B	Female 15 & Over 200 Back	LY-VA	5	---	3.43
2:40.89L	F # 305B	Female 15 & Over 200 Back	LY-VA	7	---	6.18
1:06.67L	F # 311B	Female 15 & Over 100 Fly	LY-VA	2	---	-0.18
1:08.92L	P # 311B	Female 15 & Over 100 Fly	LY-VA	2	---	2.07
Max Smith (7) M						
3:56.58L	F # 252A	Male 10 & Under 200 Free	LY-VA	18	---	3.35
53.85L	F # 254A	Male 10 & Under 50 Back	LY-VA	31	---	-0.68
1:11.18L	F # 256A	Male 10 & Under 50 Breast	LY-VA	28	---	-7.32
1:47.68L	F # 258A	Male 10 & Under 100 Free	LY-VA	25	---	-0.77

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Brody Wall (14) M						
1:17.36L	F # 204A	Male 13-14 100 Back	LY-VA	15	---	---
1:18.29L	P # 204A	Male 13-14 100 Back	LY-VA	16	---	---
1:01.67L	F # 212A	Male 13-14 100 Free	LY-VA	9	---	---
1:02.69L	P # 212A	Male 13-14 100 Free	LY-VA	12	---	---
5:14.05L	F # 216A	Male 13-14 400 Free	LY-VA	11	---	---
2:23.17L	P # 302A	Male 13-14 200 Free	LY-VA	18	---	---
28.42L	P # 308A	Male 13-14 50 Free	LY-VA	6	---	---
1:14.37L	P # 312A	Male 13-14 100 Fly	LY-VA	18	---	---
Broughton Webb (14) F						
5:18.01L	F # 103A	Female 13-14 400 IM	LY-VA	1	---	7.65
2:35.22L	F # 201A	Female 13-14 200 IM	LY-VA	5	---	4.09
2:35.29L	P # 201A	Female 13-14 200 IM	LY-VA	2	---	4.16
2:55.10L	F # 205A	Female 13-14 200 Breast	LY-VA	3	---	5.49
2:55.24L	P # 205A	Female 13-14 200 Breast	LY-VA	2	---	5.63
4:44.11L	F # 215A	Female 13-14 400 Free	LY-VA	2	---	8.99
1:22.74L	F # 303A	Female 13-14 100 Breast	LY-VA	2	---	2.33
1:23.78L	P # 303A	Female 13-14 100 Breast	LY-VA	2	---	3.37
30.60L	F # 307A	Female 13-14 50 Free	LY-VA	10	---	-0.27
30.98L	P # 307A	Female 13-14 50 Free	LY-VA	12	---	0.11
9:31.68L	F # 313A	Female 13-14 800 Free	LY-VA	1	---	-1.73
Austin Woodruff (11) M						
2:36.77L	F # 252B	Male 11-12 200 Free	LY-VA	15	---	-0.44
47.17L	F # 256B	Male 11-12 50 Breast	LY-VA	14	---	-1.08
1:16.59L	F # 258B	Male 11-12 100 Free	LY-VA	26	---	2.42
1:34.49L	F # 260B	Male 11-12 100 Fly	LY-VA	20	---	-5.04
33.85L	F # 352B	Male 11-12 50 Free	LY-VA	19	---	0.29
39.75L	F # 354B	Male 11-12 50 Fly	LY-VA	19	---	-2.62
1:45.53L	F # 356B	Male 11-12 100 Breast	LY-VA	16	---	0.63
5:27.36L	F # 362B	Male 11-12 400 Free	LY-VA	10	---	-2.99
Graham Woodruff (15) M						
17:44.63L	F # 106B	Male 15 & Over 1500 Free	LY-VA	10	---	-63.84
9:27.50L	F # 106S	Male 13 & Over 800 Free	LY-VA	1	---	-3.44
1:09.93L	F # 204B	Male 15 & Over 100 Back	LY-VA	14	---	2.91
1:10.45L	P # 204B	Male 15 & Over 100 Back	LY-VA	17	---	3.43
57.95L	P # 212B	Male 15 & Over 100 Free	LY-VA	8	---	1.71
58.56L	F # 212B	Male 15 & Over 100 Free	LY-VA	8	---	2.32
4:35.97L	F # 216B	Male 15 & Over 400 Free	LY-VA	12	---	8.73
2:15.50L	P # 302B	Male 15 & Over 200 Free	LY-VA	32	---	10.59
NS	F # 308B	Male 15 & Over 50 Free	LY-VA	---	---	---
26.87L	P # 308B	Male 15 & Over 50 Free	LY-VA	19	---	1.80
NS	F # 312B	Male 15 & Over 100 Fly	LY-VA	---	---	---
1:12.70L	P # 312B	Male 15 & Over 100 Fly	LY-VA	28	---	8.86

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Taylor Woodruff (13) F						
1:12.33L	F # 203A	Female 13-14 100 Back	LY-VA	4	---	-2.37
1:14.63L	P # 203A	Female 13-14 100 Back	LY-VA	6	---	-0.07
1:06.88L	P # 211A	Female 13-14 100 Free	LY-VA	9	---	0.33
1:07.06L	F # 211A	Female 13-14 100 Free	LY-VA	7	---	0.51
2:32.94L	F # 213A	Female 13-14 200 Fly	LY-VA	3	---	4.58
2:33.88L	P # 213A	Female 13-14 200 Fly	LY-VA	2	---	5.52
2:24.27L	F # 301A	Female 13-14 200 Free	LY-VA	7	---	1.15
2:24.87L	P # 301A	Female 13-14 200 Free	LY-VA	7	---	1.75
29.64L	P # 307A	Female 13-14 50 Free	LY-VA	4	---	0.14
30.09L	F # 307A	Female 13-14 50 Free	LY-VA	8	---	0.59
1:12.50L	F # 311A	Female 13-14 100 Fly	LY-VA	6	---	1.26
1:12.68L	P # 311A	Female 13-14 100 Fly	LY-VA	6	---	1.44
Caleb Wu (13) M						
5:57.41L	F # 104A	Male 13-14 400 IM	LY-VA	13	---	-3.20
2:53.14L	F # 206A	Male 13-14 200 Breast	LY-VA	3	---	-6.84
2:56.07L	P # 206A	Male 13-14 200 Breast	LY-VA	3	---	-3.91
35.18L	F # 210A	Male 13-14 50 Breast	LY-VA	2	---	-2.70
35.23L	P # 210A	Male 13-14 50 Breast	LY-VA	2	---	-2.65
5:15.16L	F # 216A	Male 13-14 400 Free	LY-VA	13	---	4.21
2:25.62L	P # 302A	Male 13-14 200 Free	LY-VA	22	---	-0.05
1:17.16L	F # 304A	Male 13-14 100 Breast	LY-VA	2	---	-3.50
1:18.58L	P # 304A	Male 13-14 100 Breast	LY-VA	2	---	-2.08
29.05L	F # 308A	Male 13-14 50 Free	LY-VA	7	---	0.38
29.09L	P # 308A	Male 13-14 50 Free	LY-VA	8	---	0.42
Karis Wu (11) F						
3:53.96L	F # 101B	Female 11-12 200 IM	LY-VA	23	---	8.39
3:27.94L	F # 251B	Female 11-12 200 Free	LY-VA	42	---	5.00
53.44L	F # 253B	Female 11-12 50 Back	LY-VA	57	---	1.23
56.16L	F # 255B	Female 11-12 50 Breast	LY-VA	46	---	-3.93
1:34.72L	F # 257B	Female 11-12 100 Free	LY-VA	54	---	-7.49
40.49L	F # 351B	Female 11-12 50 Free	LY-VA	45	---	-3.33
53.41L	F # 353B	Female 11-12 50 Fly	LY-VA	29	---	3.49
2:02.08L	F # 355B	Female 11-12 100 Breast	LY-VA	34	---	0.48
7:17.30L	F # 361B	Female 11-12 400 Free	LY-VA	23	---	---

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Titus Wu (8) M						
3:31.69L	F # 102A	Male 10 & Under 200 IM	LY-VA	5	---	-6.25
3:07.55L	F # 252A	Male 10 & Under 200 Free	LY-VA	12	---	-1.06
44.84L	F # 254A	Male 10 & Under 50 Back	LY-VA	12	---	-6.89
54.75L	F # 256A	Male 10 & Under 50 Breast	LY-VA	11	---	-1.31
1:52.85L	F # 260A	Male 10 & Under 100 Fly	LY-VA	11	---	-19.85
37.17L	F # 352A	Male 10 & Under 50 Free	LY-VA	13	---	-4.47
1:52.39L	F # 356A	Male 10 & Under 100 Breast	LY-VA	10	---	-4.64
1:36.88L	F # 358A	Male 10 & Under 100 Back	LY-VA	10	---	-7.90
6:19.87L	F # 362A	Male 10 & Under 400 Free	LY-VA	7	---	-21.81