Lynchburg YMCA Swim Team Head Coach Ryan Woodruff

Relay Records Report for 50MREC-L

2024 VA LC Age Group Championships 25-Jul-24 to 28-Jul-24 LC Meters

Female 13-14 400 Medley Relay			
4:53.32	Lynchburg YMCA Swim Team	7/19/2012	LY -VA
	K. Childress, A. Reed, A. Meinke, A. Naylor		
4:48.32 **	Lynchburg YMCA Swim Team	7/25/2024	LY -VA
	K. King, E. Webb, T. Woodruff, A. Holt		

^{**}Indicates Best Record for Each Event