

Lynchburg YMCA Swim Team
Head Coach Ryan Woodruff

Individual Records Report for 50MREC-L

2024 VA LC Age Group Championships 25-Jul-24 to 28-Jul-24 LC Meters

Female 13-14 50 Free

28.41	Emory Hill at 2021 VSI LC Age Group Championships	7/22/2021	LY -VA
28.39 **	Ann-Margaret Holt at 2024 VA L C Age Group Championships	7/25/2024	LY -VA

Female 13-14 800 Free

9:31.68	Broughton Webb at 2024 GCY Sprint and Distance	6/14/2024	LY -VA
9:27.33 **	Broughton Webb at 2024 VA LC A ge Group Championships	7/25/2024	LY -VA

Male 13-14 100 Breast

1:11.13	Broderick Nelson at 2024 EZ LC Speedo Super Sectional	5/16/2024	LY -VA
1:09.95 **	Broderick Nelson at 2024 VA LC Age Group Championships	7/25/2024	LY -VA
1:10.95	Broderick Nelson at 2024 VA LC Age Group Championships	7/25/2024	LY -VA

Male 13-14 200 Breast

2:34.03	Luke Hottle at 2023 VSI Senior Championships	7/13/2023	LY -VA
2:32.08 **	Broderick Nelson at 2024 VA LC Age Group Championships	7/25/2024	LY -VA

Male 13-14 400 IM

4:53.43	Luke Hottle at 2023 VSI Age Group Championships	7/20/2023	LY -VA
4:50.48 **	Broderick Nelson at 2024 VA LC Age Group Championships	7/25/2024	LY -VA
4:50.57	Broderick Nelson at 2024 VA LC Age Group Championships	7/25/2024	LY -VA